



SAINT MARK'S  
EPISCOPAL CATHEDRAL  
SEATTLE, WASHINGTON

# EVENSONG

## ON THE THIRD SUNDAY IN LENT

March 7, 2021

4:30 PM

**C**HORAL EVENSONG in this cathedral is a tiny fragment of something else: it is part of the worship which is offered to God by Christian people every hour of the day and night, in every part of the world.

When you experience Evensong, it is as if you were dropping in on a conversation already in progress—a conversation between God and his people which began long before you were born and which will continue long after your death. So, do not be surprised or disturbed if there are some things which you do not understand straight away. For a brief moment, you step into the continual stream of worship which is being offered today and which will be offered to the end of time. You are one with those who worship here on earth and in heaven.

*—adapted from the Evensong bulletin of Saint Paul's Cathedral, London.*

*To all members of the Saint Mark's Cathedral community, and visitors and guests near and far, welcome to Saint Mark's Cathedral's livestream-only service of Choral Evensong.*

*Everyone participating in Saint Mark's Cathedral's worship at this time in any way is invited to make an offering as an expression of gratitude for God's generosity. Together, our gifts make possible this community of welcome, reconciliation and service. If you are joining this livestream from another congregation, please consider making a gift to your local church.*

*Links to donate to Saint Mark's online are located on the livestream page.*

*Visit [saintmarks.org/give](https://saintmarks.org/give), or use the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right).*

*If Venmo asks you for a four-digit code, enter 2076.*



*You may also mail a gift to the cathedral: 1245 10<sup>th</sup> Ave. E, Seattle, WA 98102.*

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## **Lenten Wednesday Evensong Services by Zoom, led by the Choristers of the Choir School**

*Three Wednesdays remain: March 10, 17, & 24*

*During the season of Lent, the choristers of the Choir School will host a weekly Evensong service over Zoom on Wednesdays at 4:30 p.m. Take a break in your week to be led in prayer by the voices of our cathedral choristers. Find out how to join at [saintmarks.org/evensong](https://saintmarks.org/evensong).*

**PRELUDE** *O Mensch, bewein dein Sünde groß*, BWV 622  
[“O man, lament your great sin”]

J.S. Bach (1685–1750)

*At the sound of a bell, all rise as able.*

## THE INVITATORY & PSALTER

**PRECES** *sung by the Officiant and Choir*

setting by Richard Ayleward (1626–1669)

*Officiant* O Lord, open thou our lips.

*Choir* And our mouth shall show forth thy praise.

*Officiant* O God, make speed to save us.

*Choir* O Lord, make haste to help us.

Glory be to the Father, and to the Son, and to the Holy Ghost.

As it was in the beginning, is now, and ever shall be:

world without end. Amen.

Praise ye the Lord.

The Lord’s Name be praised.

**PHOS HILARON** *O gladsome light* ♦ *sung by all, standing as able*

WORDS: Φῶς Ἰλαρόν, Greek, 3<sup>rd</sup> century  
paraphrase by F. Bland Tucker (1895–1984)

TUNE: *The Eighth Tune*, Thomas Tallis (c. 1505–1585)

*All are invited to sing this hymn in a round, ad lib.*



1. O gra-cious Light, Lord Je - sus Christ, in you the Fa - ther's glo - ry shone.

2. Now sun - set comes, but light shines forth, the lamps are lit to pierce the night.

3. Wor - thy are you of end - less praise, O Son of God, Life - giv - ing Lord;



Im - mor - tal, ho - ly, blest is he, and blest are you, his ho - ly Son.

Praise Fa - ther, Son, and Spi - rit: God who dwells in the e - ter - nal light.

where - fore you are through all the earth and in the high - est heav'n a - dored.

*The Hymnal 1982 #25*, WORDS: © The Church Pension Fund; MUSIC: public domain

*Please be seated.*

**PSALMODY** *Psalm 34 ♦ chanted by the Choir*

Anglican Chant by C. Hubert H. Parry (1848–1918)

*Benedicam Dominum*

**I** WILL bless the LORD at all times; \*  
his praise shall ever be in my mouth.

2 I will glory in the LORD; \*  
let the humble hear and rejoice.

3 Proclaim with me the greatness of the LORD; \*  
let us exalt his Name together.

4 I sought the LORD, and he answered me \*  
and delivered me out of all my terror.

5 Look upon him and be radiant, \*  
and let not your faces be ashamed.

6 I called in my affliction and the LORD heard me \*  
and saved me from all my troubles.

7 The angel of the LORD encompasses those who fear him, \*  
and he will deliver them.

8 Taste and see that the LORD is good; \*  
happy are they who trust in him!

9 Fear the LORD, you that are his saints, \*  
for those who fear him lack nothing.

10 The young lions lack and suffer hunger, \*  
but those who seek the LORD lack nothing that is good.

11 Come, children, and listen to me; \*  
I will teach you the fear of the LORD.

12 Who among you loves life \*  
and desires long life to enjoy prosperity?

13 Keep your tongue from evil-speaking \*  
and your lips from lying words.

14 Turn from evil and do good; \*  
seek peace and pursue it.

15 The eyes of the LORD are upon the righteous, \*  
and his ears are open to their cry.

16 The face of the LORD is against those who do evil, \*  
to root out the remembrance of them from the earth.

17 The righteous cry, and the LORD hears them \*  
and delivers them from all their troubles.

18 The LORD is near to the brokenhearted \*  
and will save those whose spirits are crushed.

19 Many are the troubles of the righteous, \*  
but the LORD will deliver him out of them all.

20 He will keep safe all his bones; \*  
not one of them shall be broken.

- 21 Evil shall slay the wicked, \*  
and those who hate the righteous will be punished.
- 22 The LORD ransoms the life of his servants, \*  
and none will be punished who trust in him.
- Glory to the Father and to the Son and to the Holy Spirit;  
as it was in the beginning, is now, and will be forever. Amen. ♦

## THE LESSONS

*Please remain seated.*

### READING

*Jeremiah 6:9–15*

**T**HUS says the LORD of hosts:  
Glean thoroughly as a vine  
the remnant of Israel;  
like a grape-gatherer, pass your hand again  
over its branches.

To whom shall I speak and give warning,  
that they may hear?  
See, their ears are closed,  
they cannot listen.  
The word of the LORD is to them an object of scorn;  
they take no pleasure in it.  
But I am full of the wrath of the Lord;  
I am weary of holding it in.

Pour it out on the children in the street,  
and on the gatherings of young men as well;  
both husband and wife shall be taken,  
the old folk and the very aged.  
Their houses shall be turned over to others,  
their fields and wives together;  
for I will stretch out my hand  
against the inhabitants of the land,  
says the LORD.

For from the least to the greatest of them,  
everyone is greedy for unjust gain;  
and from prophet to priest,  
everyone deals falsely.  
They have treated the wound of my people carelessly,  
saying, “Peace, peace,”  
when there is no peace.  
They acted shamefully, they committed abomination;  
yet they were not ashamed,  
they did not know how to blush.  
Therefore they shall fall among those who fall;  
at the time that I punish them, they shall be overthrown,  
says the LORD. ♦

*Please stand as you are able.*

**CANTICLE** *Luke 1:46–55 [The Song of Mary] ♦ sung by the Choir*

Plainsong Tone III,

*Magnificat*

with verses in fauxburdon by Healey Willan (1880–1968)

**M**Y SOUL doth magnify the Lord, \*  
and my spirit hath rejoiced in God my Savior.

For he hath regarded \*  
the lowliness of his handmaiden.

For behold from henceforth \*  
all generations shall call me blessed.

For he that is mighty hath magnified me, \*  
and holy is his Name.

And his mercy is on them that fear him \*  
throughout all generations.

He hath showed strength with his arm; \*  
he hath scattered the proud in the imagination of their hearts.

He hath put down the mighty from their seat, \*  
and hath exalted the humble and meek.

He hath filled the hungry with good things, \*  
and the rich he hath sent empty away.

He remembering his mercy hath holpen his servant Israel, \*  
as he promised to our forefathers, Abraham and his seed for ever.

Glory be to the Father, and to the Son, and to the Holy Ghost: \*  
as it was in the beginning, is now, and ever shall be, world without end. Amen.

*Please be seated.*

**READING** *Mark 5:1–20*

**J**ESUS and his disciples came to the other side of the sea, to the country of the Gerasenes. And when he had stepped out of the boat, immediately a man out of the tombs with an unclean spirit met him. He lived among the tombs; and no one could restrain him any more, even with a chain; for he had often been restrained with shackles and chains, but the chains he wrenched apart, and the shackles he broke in pieces; and no one had the strength to subdue him. Night and day among the tombs and on the mountains he was always howling and bruising himself with stones. When he saw Jesus from a distance, he ran and bowed down before him; and he shouted at the top of his voice, “What have you to do with me, Jesus, Son of the Most High God? I adjure you by God, do not torment me.” For he had said to him, “Come out of the man, you unclean spirit!” Then Jesus asked him, “What is your name?” He replied, “My name is Legion; for we are many.” He begged him earnestly not to send them out of the country. Now there on the hillside a great herd of swine was feeding; and the unclean spirits begged him, “Send us into the swine; let us enter them.” So he gave them permission. And the unclean spirits came out and entered the swine; and the herd, numbering about two thousand, rushed down the steep bank into the sea, and were drowned in the sea.

The swineherds ran off and told it in the city and in the country. Then people came to see what it was that had happened. They came to Jesus and saw the demoniac sitting there, clothed and in his right mind, the very man who had had the legion; and

they were afraid. Those who had seen what had happened to the demoniac and to the swine reported it. Then they began to beg Jesus to leave their neighborhood. As he was getting into the boat, the man who had been possessed by demons begged him that he might be with him. But Jesus refused, and said to him, “Go home to your friends, and tell them how much the Lord has done for you, and what mercy he has shown you.” And he went away and began to proclaim in the Decapolis how much Jesus had done for him; and everyone was amazed. ♦

*Please stand as you are able.*

**CANTICLE** *Luke 2:29–32 [The Song of Simeon] ♦ sung by the Choir*

Willan, fauxburdon setting

*Nunc dimittis*

**L**ORD, now lettest thou thy servant depart in peace, \*  
according to thy word;  
For mine eyes have seen thy salvation, \*  
which thou hast prepared before the face of all people,  
To be a light to lighten the Gentiles, \*  
and to be the glory of thy people Israel.  
Glory to the Father and to the Son and to the Holy Spirit;  
as it was in the beginning, is now, and will be forever. Amen. ♦

**THE APOSTLES' CREED** *chanted by all on a monotone, remaining standing as able*

*Officiant* I believe in God,

*All* **the Father almighty,  
creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord.  
He was conceived by the power of the Holy Spirit  
and born of the Virgin Mary.  
He suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended to the dead.  
On the third day he rose again.  
He ascended into heaven,  
and is seated at the right hand of the Father.  
He will come again to judge the living and the dead.**

**I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.**

# THE PRAYERS

## **SALUTATION & LESSER LITANY** *sung by the Officiant and Choir*

setting by Richard Ayleward

*Officiant* The Lord be with you.

*Choir* And with thy spirit.

*Officiant* Let us pray.

*Choir* Lord, have mercy upon us.

Christ, have mercy upon us.

Lord, have mercy upon us.

## **THE LORD'S PRAYER** *chanted by all on a monotone, standing or kneeling*

*Officiant* Our Father,

**All who art in heaven,**

**hallowed be thy Name,**

**thy kingdom come,**

**thy will be done,**

**on earth as it is in heaven.**

**Give us this day our daily bread.**

**And forgive us our trespasses,**

**as we forgive those who trespass against us.**

**And lead us not into temptation,**

**but deliver us from evil.**

**For thine is the kingdom,**

**and the power, and the glory,**

**for ever and ever.**

**Amen.**

## **SUFFRAGES**

Ayleward

*Officiant* O Lord, show thy mercy upon us.

*Choir* And grant us thy salvation.

*Officiant* O Lord, save the state.

*Choir* And mercifully hear us when we call upon thee.

*Officiant* Endue thy ministers with righteousness.

*Choir* And make thy chosen people joyful.

*Officiant* O Lord, save thy people.

*Choir* And bless thine inheritance.

*Officiant* Give peace in our time, O Lord.

*Choir* Because there is none other that fighteth for us, but only thou, O God.

*Officiant* O God, make clean our hearts within us.

*Choir* And take not thy Holy Spirit from us.



**COLLECT FOR THE THIRD SUNDAY IN LENT**

*Officiant* **A**Lmighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

*Choir* Amen.

**A COLLECT FOR PEACE**

*Officiant* **M**ost holy God, the source of all good desires, all right judgments, and all just works: Give to us, your servants, that peace which the world cannot give, so that our minds may be fixed on the doing of your will, and that we, being delivered from the fear of all enemies, may live in peace and quietness; through the mercies of Christ Jesus our Savior.

*Choir* Amen.

**A COLLECT FOR MISSION**

*Officiant* **K**EEP watch, dear Lord, with those who work, or watch, or weep this night, and give your angels charge over those who sleep. Tend the sick, Lord Christ; give rest to the weary, bless the dying, soothe the suffering, pity the afflicted, shield the joyous; and all for your love's sake.

*Choir* Amen.

*Please be seated for the anthem.*

**ANTHEM**      *Geistliches Lied* [Spiritual Song], Op. 30

WORDS: Paul Fleming (1609–1640)

MUSIC: Johannes Brahms (1833–1897)

*Laß dich nur nichts nicht dauren  
mit Trauren,*

*sei stille,  
wie Gott es fügt,  
so sei vergnügt  
mein Wille!*

*Was willst du heute sorgen  
auf Morgen?*

*Der Eine  
steht allem für,  
der gibt auch dir  
das Deine.*

*Sei nur in allem Handel  
ohn' Wandel,*

*steh' feste,  
was Gott beschleußt,  
das ist und heißt  
das Beste.*

*Amen.*

Let no sad thought oppress  
or distress you.

Be still,  
and delight  
in the ways of God,  
O my soul!

Why worry today  
about tomorrow?

The One  
who provides for all  
will also give to you  
that which is yours.

Be steadfast  
in all your doings,  
wandering not away;  
that which God has decreed  
is and must be  
the best.

Amen.

*Please stand or kneel as you are able.*

## **PRAYERS OF INTERCESSION**

*The Officiant offers prayers for the Church and the world.*

## **THE GENERAL THANKSGIVING**

*Officiant* Almighty God, Father of all mercies,

*All* we your unworthy servants give you humble thanks  
for all your goodness and loving-kindness  
to us and to all whom you have made.

We bless you for our creation, preservation,  
and all the blessings of this life;

but above all for your immeasurable love  
in the redemption of the world by our Lord Jesus Christ;  
for the means of grace, and for the hope of glory.

And, we pray, give us such an awareness of your mercies,  
that with truly thankful hearts we may show forth your praise,  
not only with our lips, but in our lives,

by giving up our selves to your service,  
and by walking before you

in holiness and righteousness all our days;  
through Jesus Christ our Lord,  
to whom, with you and the Holy Spirit,  
be honor and glory throughout all ages. Amen.



Sung by all.

THE OFFICE HYMN *Thine arm, O Lord, in days of old*

WORDS: Edward Hayes Plumptre (1821-1891)  
TUNE: *St. Matthew*, attr. William Croft (1678-1727)

1. Thine arm, O Lord, in days of old was strong to heal and save;  
2. And lo! thy touch brought life and health, gave hear - ing, strength, and sight;  
3. Be thou our great de - liv - erer still, thou Lord of life and death;

it tri - umphed o'er dis - ease and death, o'er dark - ness and the grave.  
and youth re - newed and fren - zy calmed owned thee, the Lord of light:  
re - store and quick - en, soothe and bless, with thine al - might - y breath:

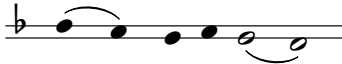
To thee they went, the blind, the deaf, the pal - sied, and the lame,  
and now, O Lord, be near to bless, al - might - y as of yore,  
to hands that work and eyes that see, give wis - dom's heav'n - ly lore,

the lep - er set a - part and shunned, the sick with fe - vered frame.  
in crowd - ed street, by rest - less couch, as by Gen - ne - saret's shore.  
that whole and sick, and weak and strong, may praise thee ev - er - more.

**DISMISSAL**



*Officiant* Let us bless the Lord.



*All* Thanks be to God.

**THE GRACE**

*Officiant* The grace of our Lord Jesus Christ, and the love of God,  
and the fellowship of the Holy Spirit, be with us all evermore.

*All* Amen.

**VOLUNTARY** Improvisation on *St. Matthew*  
[tune of Hymn #578: “Thine arm, O Lord, in days of old”]

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## MINISTERS OF THE LITURGY

**OFFICIANT**

The Very Reverend Steven L. Thomason

**LECTORS**

Amy Treakle  
Miles Treakle

**SACRISTAN**

Michael Seewer

**VIDEOGRAPHY**

Christopher Brown

**SOUND**

Micah Hayes

**MUSICIANS**

Twelve members of the Evensong Choir:

Clara Berg	Marc Aubertin
Rebekah Gilmore	Gregory Bloch
Charity Rasmussen	John Garlid
Carmen Brady	Matt Brady
Amanda Davis	Nick Chrisman
Jessica Gibbons	James Wilcox

Canon Michael Kleinschmidt, *conducting*

John Stuntebeck, *organist*

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