

# SACRED GROUND: RESOURCE LIST

Thank you for attending our virtual discussion on food justice. Our Creation Care team has gathered these resources for you to further explore as you learn more. Every action matters.



## LISTEN

<a href="#"><u><i>USC Conversation: Connecting Faith, Climate and Justice</i></u></a>	Faith leaders of different traditions share how their beliefs inform advocacy and action.
<a href="#"><u><i>Seed of Possibility: Meditation and Reflection</i></u></a>	A meditation and reflection practice guiding you through a journey of carrying, planting and tending a seed of possibility, born from gratefulness. Audio and text available.
<a href="#"><u><i>Soil: The Dirty Climate Solution</i></u></a>	Learn about two very different farmers who are both hyper focused on soil and how to use it in ways that help our planet.

## WATCH

<a href="#"><u><i>Gather</i></u></a>	Tells the story of resilience and renaissance of Native food systems. Available on iTunes, Amazon and Vimeo on demand. On May 6, the High Desert Museum will host a film discussion. Register <a href="#"><u>here</u></a> .
<a href="#"><u><i>Kiss the Ground</i></u></a>	Shows how regenerating the world's soils has the potential to stabilize our climate, restore lost ecosystems and create abundant food supplies. The film has been chosen as the featured film of Interfaith Power and Light's Faith Climate Action Week and you can <a href="#"><u>view</u></a> it at no cost from April 10-26.
<a href="#"><u><i>The Biggest Little Farm</i></u></a>	Follow a couple through their successes and failures of developing a sustainable farm while seeing the breadth and beauty of biodiversity.

## READ

<p><a href="#"><u><i>Harvesting Abundance: Local Initiatives of Food and Faith</i></u></a> by Brian Sellers Peterson</p>	<p>A perspective on how the church can be part of developing projects to combine food and faith through sharing of 25 communities.</p>
<p><a href="#"><u><i>A Nearly True Story: The Tale of the Hamlet</i></u></a> by Tim Rinne, <i>Yes Magazine</i></p>	<p>Describes how food, as a common denominator, can bring neighbors together to create a different way of feeding and sustaining their community.</p>
<p><a href="#"><u><i>How These Danish Bees Give Hope to Refugees</i></u></a> by Agostino Petroni, <i>Yes Magazine</i></p>	<p>A story of how one Danish man has created a business that produces local honey and creates jobs for refugees and immigrants.</p>
<p><a href="#"><u><b>Faith Statements on Food and Agriculture</b></u></a> - Interfaith Power and Light</p>	<p>From Buddhist to Episcopalian traditions, Interfaith Power and Light has compiled links of different faith statements on connecting climate, food, agriculture and faith,</p>

## DO

<p><b>Dispose of food items correctly</b></p>	<p>A <a href="#"><u>tool</u></a> for knowing what to compost, recycle or trash from Seattle Public Utilities.</p>
<p><b>Practice solutions for reducing your footprint with food choices</b></p>	<p>A <a href="#"><u>personal action guide</u></a> for the environment with a section on food solutions.</p>
<p><b>How to use leftovers</b></p>	<p>Ends and Stems provides a <a href="#"><u>search function</u></a> to get ideas on using up items in your fridge.</p>
<p><b>Shop a farmer's market</b></p>	<p>Find a farmer's market on this <a href="#"><u>interactive map</u></a>.</p>
<p><b>Volunteer</b></p>	<p><i>Learn how to grow food, conserve resources and honor the land around you.</i></p> <ul style="list-style-type: none"> <li>• <a href="#"><u>Nurturing Roots</u></a></li> <li>• <a href="#"><u>Oxbow Farm</u></a></li> <li>• <a href="#"><u>The Common Acre</u></a></li> <li>• <a href="#"><u>Harbor Roots</u></a></li> <li>• <a href="#"><u>Seattle Tilth</u></a></li> <li>• <a href="#"><u>Greenplate Special</u></a></li> <li>• <a href="#"><u>Fare Start - Food Bank Farm</u></a></li> <li>• <a href="#"><u>Beacon Hill Food Forest</u></a></li> </ul> <p><i>Help with food distribution.</i></p> <ul style="list-style-type: none"> <li>• <a href="#"><u>Food Lifeline</u></a></li> </ul> <p><i>Serve a meal.</i></p> <ul style="list-style-type: none"> <li>• <a href="#"><u>Community Lunch Capitol Hill</u></a></li> <li>• <a href="#"><u>Edible Hope Kitchen - St. Luke's</u></a></li> </ul>

## LEARN

<p><b>Locate food banks and meal sites</b></p>	<ul style="list-style-type: none"> <li>• A <a href="#">listing</a> of Seattle food banks and pantries.</li> <li>• A <a href="#">listing</a> of food banks, pantries and soup kitchens in King County.</li> <li>• <a href="#">Senior Farmers Market Nutrition Program</a> - provides vouchers for fresh fruits and vegetables</li> </ul>
<p><b>Food resources &amp; COVID-19</b></p>	<ul style="list-style-type: none"> <li>• A <a href="#">map</a> showing available emergency food resources available in Seattle.</li> <li>• <a href="#">Website</a> provides information about food access programs and services to help support King County residents during the pandemic.</li> </ul>
<p><b>Food insecurity</b></p>	<ul style="list-style-type: none"> <li>• <a href="#">Northwest Harvest</a></li> <li>• <a href="#">Emergency Feeding Program</a></li> <li>• <a href="#">How a Seattle Neighborhood Confronted Food Insecurity in the Pandemic</a> - Yes magazine</li> </ul>
<p><b>Food impact on environment</b></p>	<ul style="list-style-type: none"> <li>• <a href="#">Food systems responsible for 'one third' of human caused emissions</a> - Carbon Brief</li> <li>• <a href="#">Confronting Climate Change to End Hunger</a> - Bread for the World</li> <li>• <a href="#">Food, Agriculture, and Land Use</a> - Project Drawdown</li> </ul>
<p><b>Healthy eating and nutrition education</b></p>	<ul style="list-style-type: none"> <li>• <a href="#">Solid Ground</a></li> </ul>
<p><b>Understanding the food journey</b></p>	<ul style="list-style-type: none"> <li>• <a href="#">Infographic</a> from John Hopkins that highlights key questions to ask at each stage of the journey from farm to table.</li> </ul>
<p><b>The Episcopal Church &amp; Creation Care initiatives</b></p>	<ul style="list-style-type: none"> <li>• <a href="#">Good News Gardens</a> - focused on planting, praying and proclaiming to transform the mind, body and soul.</li> <li>• <a href="#">Creation Care at Saint Mark's</a></li> <li>• <a href="#">Creation Care for The Episcopal Church</a></li> </ul>