

CREATION CARE MINISTRY

HERE'S HOW TO JOIN THE SAINT MARK'S CARBON TRACKER!

Sign up

1. Click/enter www.sustainislandhome.org.
2. At the top right or very bottom click GET STARTED (blue box).
3. Select State/Diocese (Olympia)/City/Church/SIGN UP.
4. Enter a password, email address, Household Name (your last name), name, etc., SAVE.
5. This is a good time to add to your favorites/bookmarks list.

Complete your household Energy Profile

1. Click the bar (first time around) or the icon for energy profile (the circle with dial in blue navigation bar on left).
2. Complete the questions as best you can. (We're not going for perfection here—we value your participation!) You can edit on your return later.
3. Click "Save and exit" before leaving! This gets you back to the home page—your Dashboard.

Explore/select sustainable actions you can take

1. Click the bar for "Take Actions" (first time around) or the star icon on the navigation bar.
2. Look around a bit by clicking categories in the top two rows. (See also page two.)
3. Try to select at least one action to take to get started.
4. You did it!
5. If you need help, please contact Ruth Mulligan, rmulligan@earthministry.org, or Carolyn White, car2olyn31@gmail.com. We're here to help!

To return next time

1. If you don't have it in your favorites/bookmarks, click/enter link in # 1 above.
2. "Log in" is next to the GET STARTED box at the top (very small!)

We're all in this together!

FURTHER HELPS IN CARBON TRACKER—GETTING INTO ACTIONS!

Don't wait too long to go back in after you've joined!

Interesting Tidbits

1. The tracker for our diocese is based on the King County tracker “We-Renew”, but it’s best to always go in through the www.sustainislandhome.org Episcopal website. Other groups (not in our diocese) can also use this tracker.
2. What do the points mean? One point = One pound CO₂e (carbon emission equivalent).

Navigating the Actions section

It helps at first to just play around a bit with how the section works!

1. Under “Action Categories” you will see two rows of categories at the top. Click a category, e.g., “Eat Green and Waste Less”, to show possible actions for that category.
2. Under “Recommended Actions” you will see recommendations based on your Energy Profile. This is especially helpful for renters.
3. The “Getting Started” category box provides a helpful overview and orientation.
4. Click on an action box, e.g., “Drive Wisely”. Read about the actions described, click “Get Started”, and designate if you already do it or if you want to start and the date you expect to complete.
5. To begin, look for actions you already do. You get credit for these!

Helpful Resources

1. For a helpful overview we recommend the 38min. video demo from the Diocese of California website: [Demo for the Carbon Tracker](#).
2. A great article: “Your Personal Action Guide for the Environment”, Dr. Jonathan Foley. <https://globalecoguy.org/a-personal-action-guide-for-the-environment-20d70fcdd840>

Things that were confusing for some people:

- Entering energy data—Your utility online accounts have your month by month data. Fill in your past two years of normal use before Covid began.
- Car mileage—no comma. There is a period in kilowatts (e.g., 12.3).

5/21/21

We are all on this planet together!