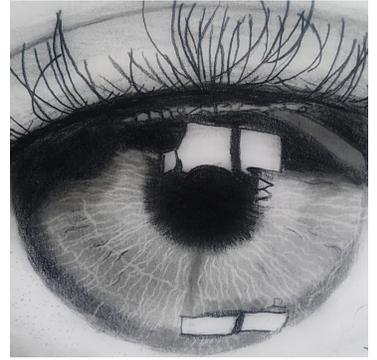
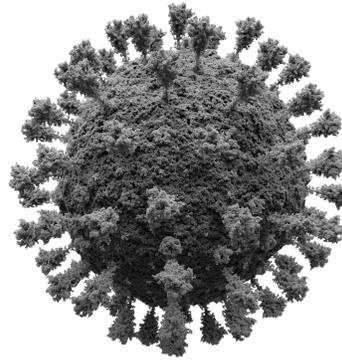
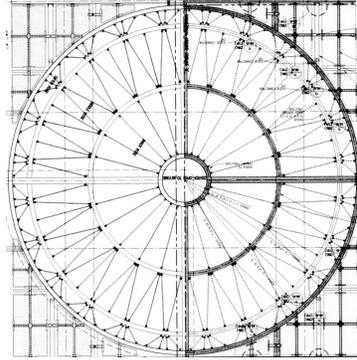


THE WISDOM SCHOOL

AT SAINT MARK'S CATHEDRAL



2021-2022 PROGRAM YEAR OFFERINGS

Now entering its sixth year, **The Wisdom School at Saint Mark's Cathedral** was created with a broad vision to invite people on diverse spiritual journeys to listen to and learn from each other in a vital practice of collaborative engagement.

Saint Mark's takes its place in the centuries-old understanding that cathedrals are gathering places, "commons," where a space for reasoned discourse, lifelong learning, and spiritual renewal is held sacred for all seekers. We hope you find opportunities to deepen and enrich your spiritual journey.



SAINT MARK'S
EPISCOPAL CATHEDRAL

1245 Tenth Avenue East
Seattle, WA 98102

EMAIL: info@saintmarks.org

WEB: www.saintmarks.org

PH: 206.323.0300

MISSION STATEMENT:

The Wisdom School at Saint Mark's Cathedral offers a balanced path for spiritual transformation grounded in prayer and practice, drawing on the Christian contemplative tradition while respecting the diversity of experiences born from contemplative practices of other traditions.

A Note about Offerings in Light of Pandemic-related Challenges.

Dear friends,

After more than a year of pandemic-related closures and cancellations, we are now plotting a course for the coming program year of Wisdom School offerings and are excited to gather again. We recognize there remains some need to hold these plans lightly, and we appreciate your understanding in that regard. But the invitation is made even now, with a desire and longing for us to continue our work with Wisdom, and to do so together. I hope you will peruse this brochure, and mark your calendar now for the offerings to come.



—The Very Rev. Steven L. Thomason

THEME FOR THE YEAR: A SPIRITUALITY OF DESIRE

Desire is often understood as existing in the realm of carnal experience, and is therefore to be denied or rejected. But mystics know a deeper truth—that desire is at the core of our spiritual awareness and informs all that we do and are, in response to God's desire for us, or alternatively, as a shadow that hinders that union through false attachments.

CONSPIRE 2021—The Final in a Seven-Year Series

Me/Us/The World: Living Inside God's Great Story

September 24–26, 2021

A livestreamed conference hosted locally at Saint Mark's Cathedral. Featuring conference presenters James Finley, Barbara Holmes, Jacqui Lewis, Brian McLaren, Richard Rohr, and Mirabai Starr.

In this time of great unknowing, how do we expand our sense of self to include love, healing, and forgiveness—not just for ourselves and those like us, but for the entire world? Join thousands of spiritual seekers across the world for an interactive global gathering to experience God's love, grace, and compassion.

Advance registration required. Fee: \$20, includes refreshments across the three-day conference.

OPENING PLENARY

A Spirituality of Desire

Wednesday, October 6, 2021, 6:45 p.m.–8:15 p.m. (optional light dinner served 6–6:30 p.m.), Bloedel Hall and via Zoom videoconference

FACILITATED BY DEAN STEVE THOMASON

Drawing on art, poetry, science, and theology, including writings of the mystics, we explore desire as a deeply-seated (and perhaps divinely hard-wired) spiritual gift that enables us to engage the Other in life-giving union while also reflecting on ways we fall prey to false attachments meant to fill the spiritual whole that only God can fill.

No fee, pre-registration required for Zoom link.

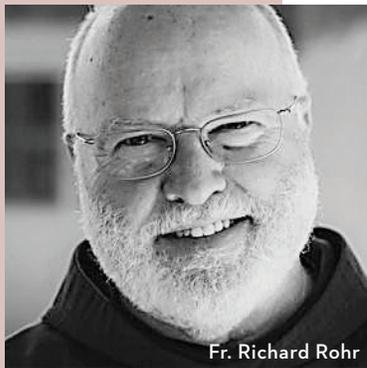
Following Jesus to a New Counter-Cultural, Post-Pandemic Normal

A Saturday gathering: January 15, 2022, 9:30 a.m.–3 p.m.

LED BY BISHOP JENNIFER BASKERVILLE-BURROWS

The year 2022 is already being called “the year of all things,” as the world attempts to catch up on two years of pandemic postponements. But Jesus, ever attentive to the present moment, calls us to liberation from the tyranny of being overcommitted and offers us the invitation to rest, heal, and be well. This workshop will explore the resources of our faith tradition for grounded and connected life and ministry for all of God's people.

No fee, but advance registration required.



Fr. Richard Rohr

“Without the great stories that free us, we remain trapped in small cultural and private worlds. True transcendence frees us from the tyranny of I Am and the idolatry of We Are.”

—FR. RICHARD ROHR



The Rt. Rev. Jennifer Baskerville-Burrows

THE WISDOM SCHOOL ♦ 2021-22 PROGRAM YEAR OFFERINGS

Creation Spirituality: Delight, Wonder, & Reverence

Wednesdays, February 16 & 23, 2022, 6:45 p.m.–8:15 p.m.
(optional light dinner served 6–6:30 p.m.)

Bloedel Hall and via Zoom videoconference



Join Canon Daugherty over the course of two Wednesday evenings to explore the riches of creation-based spirituality in the Celtic tradition. She'll share some of what she learned while on sabbatical in Ireland and Iona, and we'll practice rhythms of embodied prayer and openness to daily encounters with the holy.

No fee, pre-registration required for Zoom link.

Spirituality of the Meal

Saturday, March 19, 2022, 9:30 a.m.–12 p.m.

FACILITATED BY CHEF MARC AUBERTIN
& DEAN STEVE THOMASON

Food is a profound portal into spiritual growth even as it often carries trappings of stress and shame for many. It doesn't have to. Sharing a meal is a holy experience, if we avail ourselves to the opportunity to practice presence and see the bounty before us as opportunity to practice gratitude. Brief reflections across the day will include history of the meal, reflecting on food as spiritual metaphor, and participants will engage in sensate tasting and will share a meal prepared by all present.

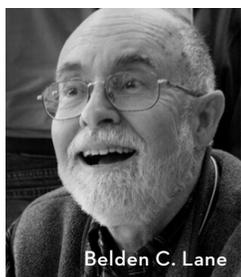


Fee: \$25, includes resources and food. Registration required. Capacity is limited, so register early!

Belden Lane

Ravished by Nature's Beauty: Christian Mystics and the Longing for God

Friday, April 22, 2022, 6:30–8:30 p.m.,
and Saturday, April 23, 9:30 a.m.–3 p.m.



Belden C. Lane

Christian mysticism can be deeply earthy and sensual in its yearning for union with the Divine. Hildegard of Bingen and Teresa of Avila found a wondrous God in trees and flowing water. Catherine of Siena and Ignatius Loyola were drawn by the brightness of fire and the darkness of the cave. These mystics call us back to a "Great Conversation"

with the natural world, reconnecting our spiritual lives with the earth. Renowned theologian and best-selling author Belden Lane will guide this wholesome exploration through images, storytelling, poetry, and guided meditation.

Advance registration required. Fee: \$60

WOMEN'S RETREAT Desire and Holy Longing

May 13–15, 2022, at Camp Casey on Whidbey Island

FACILITATED BY CANON JENNIFER KING DAUGHERTY



What is God's desire for you and how might you live more fully into God's holy longing for you? Spend a weekend away with Saint Mark's clergy women to connect with each other and listen for the movement of the Spirit in our lives. Time will be set aside for prayer, reflection, creative expression, worship, and enjoying each other's company.

Fee: \$250; includes two nights lodging (single rooms in the conference center) and all meals. Partial scholarships are available. Space is limited to 25 and is first-come, first-serve. A \$100 non-refundable deposit is required to hold your space. Payment in full is due April 15, 2022. Contact Erik Donner (edonner@saintmarks.org) to reserve your spot.

MEN'S RETREAT

"Our Shelter from the Stormy Blast"— Spiritual Reflections on 9/11, Pandemic, and Change

Friday evening through Sunday noon, June 10–12, 2022,
at St. Andrew's House Retreat Center on beautiful Hood Canal

FACILITATED BY THE REV. DR. STUART HOKE
& DEAN STEVE THOMASON



The world has changed...again. As a priest on staff at Trinity Church Wall Street in New York City, The Rev. Dr. Stuart Hoke happened to be standing under the North Tower of the World Trade Center when it was attacked on September 11, 2001. For his talks at our retreat, Stuart will narrate his eyewitness accounts of the day's events and the recovery efforts that followed in his parish church and neighborhood in the ensuing months. He will also reflect

on the many spiritual awakenings that emerged from the ashes—learnings that touch all of us as we navigate life in the 21st century, especially in the wake of a global pandemic. Join Dr. Hoke and Dean Steve Thomason for this weekend of spiritual reflection and renewal.

Fee: \$250; includes two nights lodging (single rooms in the conference center) and all meals. Partial scholarships are available. Space is limited to 25 and is first-come, first-serve. A \$100 non-refundable deposit is required to hold your space. Payment in full is due May 1, 2022. Contact Erik Donner (edonner@saintmarks.org) to reserve your spot.

CAPSTONE

Following in Celtic Footsteps: A Pilgrimage to Iona and Ancient Missions of Britain

July 17–29, 2022

LED BY THE VERY REV. STEVEN L. THOMASON
& THE REV. CANON JENNIFER KING DAUGHERTY



Rescheduled from August 2020 due to the pandemic, but open to anyone at this point, the shape of this 11-day trip is contemplative and communal, drawing on the ancient wisdom of Celtic spirituality and the monastic rhythms of worship, prayer, and life in community, while also delighting in the serene beauty of the landscape. We will fly to Glasgow where we will spend one night before heading to the island of Iona, known as a “thin place” of holy presence. Four nights on Iona will create the space for the contemplative spirit to awaken. From there we travel to Edinburgh for two nights, attending Sunday worship in the great cathedral and visiting historic sites in the region. We depart early to time our visit to the Holy Island of Lindsfarne and the tidal rhythms that allow safe passage before heading to Durham for four nights, with lodging just down from magnificent Durham Cathedral, containing Cuthbert’s shrine and Bede’s tomb. With Durham as our base, we will move about the ancient missions of Northumbria. Inspiration along our journey will draw on the lives of early saints like Columba, Aidan, and Bede as well as writings by modern spiritualists like John Phillip Newell, John O’Donohue, and Esther de Waal. There will be two pre-pilgrimage gatherings for those who make the trip.

Space is limited. A deposit will be required to hold your place. A full brochure, including information about cost and registration forms, will be available in September 2021 at saintmarks.org/iona.

SEASONAL PRACTICES

Advent Quiet Morning

Saturday December 4, 2021, 9 a.m.–12:30 p.m., at St. Andrew’s, 111 NE 80th St., Seattle

Lenten Quiet Morning

Saturday March 26, 2022, 9 a.m.–12:30 p.m., at Saint Mark’s Cathedral

Enter more deeply into these sacred seasons with prayer, meditation, and silence.

New Year’s Eve Labyrinth Walk ♦ December 31, 2021, 6 p.m.–midnight

Since 1999, Seattle’s most peaceful New Year’s tradition.

ONGOING OFFERINGS

Cathedral Yoga ♦ Mondays, 6:30–7:30 p.m., Cathedral Nave

A spiritual practice open to all, now resumed on a new night. Pay what you can.

Contemplative Eucharist ♦ Sundays, 7 p.m., Thomsen Chapel

An evening service of Holy Eucharist with candlelight, meditative music, and silence.

Morning Prayer Online ♦ Wednesdays, 8:30 a.m.; and 2nd, 4th & 5th Thursdays, 7 a.m.

A spoken prayer service to frame the day before us, offered online via Zoom.

Daily Evening Prayer ♦ Monday–Friday, 6:30–7 p.m.

Traditional spoken service of praise and thanksgiving for the day just past, offered in person in Thomsen Chapel on Tuesdays; via Zoom on other weekdays.

Compline ♦ Sundays, 9:30–10 p.m., Cathedral Nave

A sung service of nighttime prayers—a beloved Seattle tradition since 1956, broadcast live on KING-FM 98.1, and livestreamed at saintmarks.org/livestream.

Learn more, including links to join online services, at: saintmarks.org/wisdomschool

“God is very much at work in tragedy, always bringing good out of evil and light out of darkness—sometimes immediate, and sometimes later on.”

—THE REV. DR STUART HOKE



The Rev. Dr. Stuart Hoke