



SAINT MARK'S
EPISCOPAL CATHEDRAL
SEATTLE, WASHINGTON

THE HOLY EUCHARIST

THE FIFTEENTH SUNDAY AFTER PENTECOST

September 5, 2021 ♦ 9:00 AM

In-Person Coffee Hour

Coffee will be served outside on the front patio following the services (weather permitting).

Compline

EVERY SUNDAY AT 9:30 P.M.

Now opened to in-person attendance. Radio broadcast and livestream will continue: saintmarks.org/compline

Cathedral Yoga

EVERY MONDAY, 6:30 P.M., IN THE CATHEDRAL NAVE

The September 6 class will be led by Wendy Townsend. Masks must be worn at all times.

saintmarks.org/yoga

Weekly Tuesday Bible Study

EVERY TUESDAY, 11 A.M. TO 1:30 P.M.

The email newsletter announced in error that this offering was resuming in-person meetings. In fact, Tuesday Bible Study remains online-only at this time.

Forum in Response to the Afghan Crisis

THIS WEDNESDAY, SEPTEMBER 8, 7-8:30 P.M.

The organization Sahar has been working for education for girls in Afghanistan for 20 years. Executive Director Malahat Mazaher will join Program Manager Shogofa Amini and Ginna Brelsford to discuss the horrifying present and uncertain future of their work. saintmarks.org/events

Homecoming Sunday/Ministry Fair

NEXT SUNDAY, SEPTEMBER 12, AFTER 9 & 11 SERVICES

Learn about the many opportunities to engage with cathedral ministries, in person in the cathedral nave.

8 a.m. & 7 p.m. Sunday Services Resume

Beginning next Sunday, two beloved Sunday liturgies will resume in the exquisite, intimate Thomsen Memorial Chapel: the **8 a.m. Chapel Eucharist**, featuring the beautiful Fritts organ, and the **7 p.m. Contemplative Eucharist**, a unique liturgy with meditative music, candlelight, and silence.

The Radix Project 6: Encounters with God in Times of Transition

OPENING PLENARY: SUNDAY, SEPT. 19, 7-8:30 P.M.

The sixth iteration of The Radix Project begins soon! Registration for small groups closes September 15. All are welcome to the opening plenary presentation via Zoom. saintmarks.org/radix

Funeral Announcements

The funeral of Mary Baldwin Kennedy will be offered **Friday, September 17, at 4 p.m.** The funeral of Matt Briggs will be offered **Sunday, September 19, at 2 p.m.** These services will be livestreamed.

NOTE: The previously-announced forum on Saint Mark's *Statement of Lament and Commitment to Action* has been postponed and will be rescheduled.

Learn much more about cathedral offerings,
and sign up to cathedral email lists, at:

saintmarks.org/newsletter

Saint Mark's Cathedral acknowledges that we gather on the traditional land of the first people of Seattle, the Duwamish People, who are still here, and we honor with gratitude the land itself and the life of the Duwamish Tribe.

Welcome to Saint Mark's Cathedral's service of worship. Wherever you are on your spiritual journey, you are welcome here!

Signs in the nave indicate the distanced and undistanced sections. The distanced section on south side is for unvaccinated persons and any vaccinated persons who would like to remain masked and distanced. The undistanced sections are for vaccinated persons who may choose to remove their mask and sit undistanced with others. Hospitality ministers are available during

the liturgy should you have any questions or concerns.

Hearing assist devices are now available; simply ask an usher.

If you are new to Saint Mark's and would like to learn more, please consider completing a newcomer form, visit saintmarks.org/newcomers or simply contact one of the clergy. Grace and peace to you!



A brief organ voluntary offered a few minutes before the hour invites all into quiet prayer and preparation.

PRELUDE

Variations on Psalm 68 from *Der Fluyten Lust-hof*
("Flute's Garden of Delights," a collection of music for soprano recorder)

Jacob van Eyck (1590–1657)

About today's prelude: Blind from birth, 17th-century Dutch virtuoso carillon and recorder player Jacob van Eyck's *Der Fluyten Lust-hof* ("Flute's Garden of Delights") for soprano recorder represents the largest single collection of music for a solo woodwind instrument in the history of European music. It contains over 140 pieces, mostly sets of variations on popular songs, dance tunes, and religious tunes and psalms. The tune of his variations on Psalm 68 was also used for singing Psalm 36 at that time and may have been the inspiration for the later German hymn tune *Lasst uns erfreuen*, used for the hymns "All creatures of our God and King" and "Ye watchers and ye holy ones" in *The Hymnal 1982*.

LAND ACKNOWLEDGMENT

The Assembly speaks aloud the text in boldface.

THE ENTRANCE RITE

All stand, as able.

HYMN 371 *Thou, whose almighty word* ♦ *The Hymnal 1982 #371*

TUNE: *Moscow*

OPENING ACCLAMATION

Enriching Our Worship 1, p. 50

Blessed be the one, holy, and living God.

Glory to God for ever and ever.

COLLECT FOR PURITY

The Book of Common Prayer, p. 355

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

GLORIA IN EXCELSIS ♦ *sung by all*

John Rutter (b. 1945)

Organ: Everyone:
 Glory to God in the highest, and peace to God's people on earth. Lord
 God, heav'nly King, al-might-y God and Fa-ther, we worship you, we give you thanks, we praise you for your
 glo-ry. Lord Je-sus Christ, on-ly Son of the Fa-ther, Lord God, Lamb of God, you take a-
 way the sin of the world: have mercy on us; you are seated at the right hand of the Fa-ther: re-ceive our
 prayer. For you a-lone are the Ho-ly One, you a-lone are the Lord, you a-lone are the Most
 High, Je-sus Christ, with the Ho-ly Spi-rit, in the glo-ry of God the Fa-ther. A-men.

©1972 Oxford University Press

COLLECT OF THE DAY *Proper 18*

The Book of Common Prayer, p. 233

God be with you.

And also with you.

Let us pray.

GRANT us, O Lord, to trust in you with all our hearts; for, as you always resist the proud who confide in their own strength, so you never forsake those who make their boast of your mercy; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

Please be seated for the readings.

THE LITURGY OF THE WORD

READING *Proverbs 22:1-2, 8-9, 22-23*

A GOOD name is to be chosen rather than great riches,
and favor is better than silver or gold.

The rich and the poor have this in common:
the LORD is the maker of them all.

Whoever sows injustice will reap calamity,
and the rod of anger will fail.

Those who are generous are blessed,
for they share their bread with the poor.

Do not rob the poor because they are poor,
or crush the afflicted at the gate;

for the LORD pleads their cause
and despoils of life those who despoil them..

Hear what the Spirit is saying to God's people.

Thanks be to God.

PSALM *Psalm 125*

Plainsong, Tone 2.1

The cantor introduces the antiphon, all repeat it. The cantor sings the verses, all repeating the antiphon as indicated.



The LORD stands round a - bout his peo - ple.

Qui confidunt

THOSE who trust in the Lord are like Mount Zion, which cannot be moved, but stands fast for ever.
The hills stand about Jerusalem; so does the Lord stand round about his people,
from this time forth for evermore.

The scepter of the wicked shall not hold sway over the land allotted to the just, so that the just shall not
put their hands to evil. **ANTIPHON**

Show your goodness, O Lord, to those who are good and to those who are true of heart.

As for those who turn aside to crooked ways, the Lord will lead them away with the evildoers;
but peace be upon Israel. **ANTIPHON**

READING *James 2:1-10, 14-17*

MY BROTHERS AND SISTERS, do you with your acts of favoritism really believe in our glorious Lord Jesus Christ? For if a person with gold rings and in fine clothes comes into your assembly, and if a poor person in dirty clothes also comes in, and if you take notice of the one wearing the fine clothes and say, "Have a seat here, please," while to the one who is poor you say, "Stand there," or, "Sit at my feet," have you not made distinctions among yourselves, and become judges with evil thoughts? Listen, my beloved brothers and sisters. Has not God chosen the poor in the world to be rich in faith and to be heirs of the kingdom that he has promised to those who love him? But you have dishonored the poor. Is it not the rich who oppress you? Is it not they who drag you into court? Is it not they who blaspheme the excellent name that was invoked over you?

You do well if you really fulfill the royal law according to the scripture, "You shall love your neighbor as yourself." But if you show partiality, you commit sin and are convicted by the law as transgressors. For whoever keeps the whole law but fails in one point has become accountable for all of it.

What good is it, my brothers and sisters, if you say you have faith but do not have works? Can faith save you? If a brother or sister is naked and lacks daily food, and one of you says to them, "Go in peace; keep warm and eat your fill," and yet you do not supply their bodily needs, what is the good of that? So faith by itself, if it has no works, is dead..

Hear what the Spirit is saying to God's people.

Thanks be to God.

All stand, as able.

GOSPEL ACCLAMATION

Plainchant Tone I.2

The cantor introduces the alleluias; all repeat them. The cantor chants the verse, and all respond with the alleluias.



Verse: : Rejoice in the Lord always; again I will say, rejoice.

THE HOLY GOSPEL Mark 7:24-37

The Holy Gospel of our Lord Jesus Christ according to Mark.
Glory to you, Lord Christ.

JESUS set out and went away to the region of Tyre. He entered a house and did not want anyone to know he was there. Yet he could not escape notice, but a woman whose little daughter had an unclean spirit immediately heard about him, and she came and bowed down at his feet. Now the woman was a Gentile, of Syrophenician origin. She begged him to cast the demon out of her daughter. He said to her, "Let the children be fed first, for it is not fair to take the children's food and throw it to the dogs." But she answered him, "Sir, even the dogs under the table eat the children's crumbs." Then he said to her, "For saying that, you may go—the demon has left your daughter." So she went home, found the child lying on the bed, and the demon gone.

Then he returned from the region of Tyre, and went by way of

Sidon towards the Sea of Galilee, in the region of the Decapolis. They brought to him a deaf man who had an impediment in his speech; and they begged him to lay his hand on him. He took him aside in private, away from the crowd, and put his fingers into his ears, and he spat and touched his tongue. Then looking up to heaven, he sighed and said to him, "Ephphatha," that is, "Be opened." And immediately his ears were opened, his tongue was released, and he spoke plainly. Then Jesus ordered them to tell no one; but the more he ordered them, the more zealously they proclaimed it. They were astounded beyond measure, saying, "He has done everything well; he even makes the deaf to hear and the mute to speak."

The Gospel of the Lord.

Praise to you, Lord Christ.

HOMILY

The Reverend Canon Doctor Marda Steedman Sanborn



All stand, as able.

THE NICENE CREED

Authorized for use by the 1997 General Convention

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation
he came down from heaven,
was incarnate of the Holy Spirit
and the Virgin Mary
and became truly human.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

**On the third day he rose again
in accordance with the Scriptures;**

**he ascended into heaven
and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father,
who with the Father and the Son is worshiped and glorified,
who has spoken through the prophets.**

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

**We look for the resurrection of the dead,
and the life of the world to come.**

Amen.

Today's Prayers of the People and Confession are adapted from Prayers Honoring God in Creation, developed by the Standing Commission for Liturgy and Music of the General Convention of the Episcopal Church.

PRAYERS OF THE PEOPLE

After each petition:

**God, giver of life,
hear our prayer.**

CONFESSION & ABSOLUTION

Prayers Honoring God in Creation, adapt.

Let us confess our sins against God and God's creation.

Silence is kept. You are invited to stand or kneel for the confession.

God of compassion,

have mercy upon us.

Heal our relationship with all creation.

Forgive us for our mistreatment and neglect of the creatures who share the earth with us.

**We are truly sorry and we humbly repent for the harm we have done,
and for what we have left undone.**

**Fill us with your Spirit, that we may care for one another and for all creatures,
according to your will and in the fullness of your love;
through Jesus Christ our Redeemer. Amen.**

The Presider pronounces God's forgiveness of our sins. All respond: Amen.

THE PEACE

The peace of Christ be always with you.

And also with you.

All exchange a sign of peace, respecting others' desires for distance to be maintained.

BIRTHDAY & ANNIVERSARY BLESSINGS

Those celebrating birthdays and anniversaries this month are invited to come forward to receive a blessing.

The Assembly stands as able and joins the Presider in saying the prayers.

Birthdays:

Watch over your children, O Lord, as their days increase; bless and guide them wherever they may be. Strengthen them when they stand; comfort them when discouraged or sorrowful; raise them up if they fall; and in their hearts may your peace, which passes understanding, abide all the days of their lives; through Jesus Christ our Savior. Amen.

Anniversaries:

Loving God, in the mystery of the Holy Trinity, you reveal yourself as a community of self-giving love. We thank you for bringing us together into families. Bless we pray these couples who celebrate the anniversaries of their commitments to one another, and grant that they may grow in grace, fidelity and mutual affection all the days of their lives, through Jesus Christ our Savior. Amen.

THE LITURGY OF THE TABLE

OFFERTORY

An offering of money is received. Everyone participating in Saint Mark's Cathedral's worship at this time in any way is invited to make an offering as an expression of gratitude for God's generosity. Together, our gifts make possible this community of welcome, reconciliation and service. Due to COVID precautions, the offertory plates will not be passed at this time. All worshipping in person are invited to place their offering in baskets at the head of the aisles when you come to Communion.

Links to donate to Saint Mark's online are located on the livestream page. Visit saintmarks.org/give, or use the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right), or visit this link on your mobile device: <https://venmo.com/saintmarkscathedralseattle>. If Venmo asks you for a four-digit code, enter **2076**.



You may also mail your gift to the cathedral: 1245 10th Ave. E, Seattle, WA 98102.

VOLUNTARY Sarabande from Solo pour une flûte traversière, BWV 1013/3

J.S. Bach (1685–1750)

All stand, as able.

THE GREAT THANKSGIVING Eucharistic Prayer 1

Enriching Our Worship 1, p. 57

God be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks unto our Lord God.

It is right to give God thanks and praise.

It is truly right, and good and joyful,
to give you thanks, all-holy God,
source of life and fountain of mercy.
You have filled us and all creation with your blessing
and fed us with your constant love;
you have redeemed us in Jesus Christ
and knit us into one body.
Through your Spirit you replenish us
and call us to fullness of life.
Therefore, joining with Angels and Archangels
and with the faithful of every generation,
we lift our voices with all creation as we sing:

SANCTUS & BENEDICTUS

Peter R. Hallock (1924–2014)

Organ: *Everyone:*

Ho - ly, ho - ly, ho - ly Lord God of hosts.
Hea - ven and earth are full of your glo - ry — Ho - san - na in — the high - est.
Blest is the one who comes in the name of our God. — Ho - san - na in — the high - est.

Blessed are you, gracious God,
creator of the universe and giver of life.
You formed us in your own image
and called us to dwell in your infinite love.
You gave the world into our care
that we might be your faithful stewards
and show forth your bountiful grace.
But we failed to honor your image
in one another and in ourselves;
we would not see your goodness in the world around us;
and so we violated your creation,
abused one another,
and rejected your love.
Yet you never ceased to care for us,
and prepared the way of salvation for all people.
Through Abraham and Sarah
you called us into covenant with you.
You delivered us from slavery,
sustained us in the wilderness,
and raised up prophets
to renew your promise of salvation.
Then, in the fullness of time,
you sent your eternal Word,
made mortal flesh in Jesus.
Born into the human family,
and dwelling among us,
he revealed your glory.
Giving himself freely to death on the cross,
he triumphed over evil,
opening the way of freedom and life.
On the night before he died for us,
Our Savior Jesus Christ took bread,
and when he had given thanks to you,
he broke it, and gave it to his friends, and said:
“Take, eat: This is my Body which is given for you.
Do this for the remembrance of me.”

THE LORD’S PRAYER

**Our Father in heaven, hallowed be your Name,
your kingdom come, your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power, and the glory are yours,
now and for ever. Amen.**

As supper was ending, Jesus took the cup of wine,
and when he had given thanks,
he gave it to them, and said:
“Drink this, all of you:
This is my Blood of the new Covenant,
which is poured out for you and for all
for the forgiveness of sins.
Whenever you drink it,
do this for the remembrance of me.”
Therefore we proclaim the mystery of faith:

Christ has died.

Christ is risen.

Christ will come again.

Remembering his death and resurrection,
we now present to you from your creation
this bread and this wine.
By your Holy Spirit may they be for us
the Body and Blood of our Savior Jesus Christ.
Grant that we who share these gifts
may be filled with the Holy Spirit
and live as Christ’s Body in the world.
Bring us into the everlasting heritage
of your daughters and sons,
that with Mary, Mark, and all your saints,
past, present, and yet to come,
we may praise your Name for ever.
Through Christ and with Christ and in Christ,
in the unity of the Holy Spirit,
to you be honor, glory, and praise,
for ever and ever.

AMEN.

In silence, the Presider breaks the consecrated bread.

FRACTION ANTHEM *The disciples knew the Lord Jesus*

Plainsong Mode 6

The cantor introduces the antiphon, all repeat it. The cantor sings the verse; all repeat the antiphon as indicated.



The dis - ci - ples knew the Lord Je - sus in the break - ing of the bread.

Verse: The bread which we break, alleluia, is the communion of the body of Christ. **ANTIPHON**

The Hymnal 1982 #s-167, ©1971 Mason Martens

INVITATION TO COMMUNION

The Gifts of God for the People of God.

All may be seated for the time of Communion.

All seeking God are welcome at Christ's Table.

Please follow the directions of the Liturgical Ministers. Bread is distributed by priests at standing stations at the head of three aisles. Before receiving the bread, please sanitize your hands. The priest will place the bread into your outstretched palm taking care not to touch your hand.

- ♦ *If you prefer a gluten-free wafer, simply ask the priest for one at the time of Communion.*
- ♦ *Communion is currently being offered in one kind. The full grace of the sacrament is received with only the bread.*

VOLUNTARY *Fantasia 1 from 12 fantaisies à traversière sans basse, TWV 40:2*

G.P. Telemann (1681–1767)

All stand, as able.

SENDING OF EUCHARISTIC VISITORS

On some Sundays, ministers take Holy Communion to sick or housebound members of the community.

One body are we.

For though many, we share one bread and one cup.

Go in peace, bearing holy gifts for holy people.

POSTCOMMUNION PRAYER

Enriching Our Worship 1, p.69

God of abundance,

you have fed us with the bread of life and cup of salvation;

you have united us with Christ and one another;

and you have made us one with all your people in heaven and on earth.

Now send us forth in the power of your Spirit,

that we may proclaim your redeeming love to the world

and continue for ever in the risen life of Christ our Savior. Amen.

BLESSING *The Presider asks God's blessing on the Assembly. All respond: Amen.*

HYMN 493 *O for a thousand tongues to sing (stanzas 1, 2, 5 & 6) ♦ The Hymnal 1982 #493*

TUNE: Azmon

DISMISSAL *The Deacon dismisses the Assembly. The Assembly responds: Thanks be to God.*

VOLUNTARY *Toccata in A minor*

Jan Pieterszoon Sweelinck (1562–1621)

MINISTERS OF THE LITURGY

PRESIDER

The Very Reverend Steven L. Thomason

PREACHER

The Reverend Canon Doctor Marda Steedman Sanborn

ASSISTING CLERGY

The Reverend Edie Weller

DEACON

The Reverend Emily Austin

ASSISTING LAY MINISTER

Rachel Crosbie

CRUCIFER

Peter McClung

LECTORS

Barbara Zito

David Thompson

INTERCESSOR

Maris Olsen

ALTAR GUILD

Sue Tait

USHERS

Ralph Ermoian

Hilary Mayhan

LAND ACKNOWLEDGMENT

Re Knack

MUSICIANS

Charles Coldwell, *recorders*

Rebekah Gilmore, *cantor*

Canon Michael Kleinschmidt, *organist*

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SOUND BOARD

Michael Perera



Wherever you are on
your spiritual journey,
you are welcome here.

WEEKDAY SERVICES

Find Zoom links at saintmarks.org/prayer

MONDAY–FRIDAY, 6:30 P.M.

Daily Evening Prayer

in person in Thomsen Chapel *Tuesdays only*
Mon. & Wed.–Fri.: online via Zoom.

MONDAY, 6:30 P.M.

Cathedral Yoga in person in the cathedral nave

WEDNESDAY, 8:30 A.M.

Morning Prayer

online only via Zoom

THURSDAY, 7 A.M.

Holy Eucharist in person in Thomsen Chapel,
1st and 3rd Thursdays only

Morning Prayer online via Zoom

2nd, 4th & 5th Thursdays

CATHEDRAL OFFICE HOURS

MONDAY–FRIDAY, 9 A.M.–4:30 P.M.

The main number is 206.323.0300,
or email info@saintmarks.org

CATHEDRAL STAFF & LEADERSHIP

- Adam Conley, *Seattle Service Corps Director & Staff Support for 20s/30s Group* . . . aconley@saintmarks.org
- Andrea Gradinaru, *Interim Sunday Morning Children’s Ministry Coordinator* . . . agradinaru@saintmarks.org
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- Stephen Eddy, *Bookkeeper & Scheduler* seddy@saintmarks.org
- Steve Thomason, *Dean & Rector* sthomason@saintmarks.org

2021–2022 VESTRY

Dean & Rector: The Very Rev. Steven L. Thomason; *Bishop’s Representative:* The Rev. Canon Arienne Davison; *Senior Warden:* Peter McClung; *Junior Wardens:* Clara Berg and Walter Stuteville; Kristen Austin, Carmen Brady, James Buskirk, Scott Kovacs, Emily Meeks, Kathy Minsch, Marjorie Ringness, Chris Rigos. *Diocesan Members:* Katie Prettyman, Micah Kurtz, and Karla Koon *Chancellor:* Re Knack; *Clerk:* Barbara Erickson; *Treasurer:* Phil Lloyd

PASTORAL CARE (UPDATED)

For urgent spiritual needs, the **24/7 Pastoral Care Hotline** is now available by calling the main cathedral office number, and then entering extension 100: **206.323.0300 x100.**

Clergy are also available for individual pastoral appointments. To schedule an appointment, please call the main office.

You may make a donation to Saint Mark’s at any time using the Venmo mobile app. Scan the code or search for @SaintMarksCathedralSeattle

