



SAINT MARK'S  
EPISCOPAL CATHEDRAL  
SEATTLE, WASHINGTON

# THE HOLY EUCHARIST

THE SIXTEENTH SUNDAY AFTER PENTECOST

September 12, 2021

8:00 AM



Welcome to Saint Mark's Cathedral. Wherever you are on your spiritual journey, you are welcome here!

Per the governor's current requirement, all are asked to wear masks during the service (except when leading worship).

Signs indicate the distanced and undistanced pews.

If you are new to Saint Mark's and would like to learn more, please consider completing a newcomer form found in the pew rack, visit [saintmarks.org/newcomers](http://saintmarks.org/newcomers) or simply contact one of the clergy. Grace and peace to you!

## THE ENTRANCE RITE

**PRELUDE** Variations from Organ Concerto Set 1, Op. 4, No. 1

G.F. Handel (1685–1759)

All stand, as able.

**HYMN 408** Sing praise to God ♦ The Hymnal 1982 #408

TUNE: Mit Freuden zart

**OPENING ACCLAMATION**

*The Book of Common Prayer*, p. 355

*Presider* Blessed be God: Father, Son, and Holy Spirit.

*Assembly* **And blessed be God's kingdom, now and for ever. Amen.**

**COLLECT FOR PURITY**

*Presider* **A**Lmighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

*All* **Amen.**

**GLORIA**

**Glory to God in the highest, and peace to his people on earth.  
Lord God, heavenly King, almighty God and Father,  
we worship you, we give you thanks, we praise you for your glory.  
Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God,  
you take away the sin of the world: have mercy on us;  
you are seated at the right hand of the Father: receive our prayer.  
For you alone are the Holy One, you alone are the Lord, you alone are the Most High,  
Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.**

**COLLECT OF THE DAY** Proper 19

*The Book of Common Prayer*, p. 233

*Presider* The Lord be with you.

*Assembly* **And also with you.**

*Presider* Let us pray.

**O** God, because without you we are not able to please you, mercifully grant that your Holy Spirit may in all things direct and rule our hearts; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.

*All* **Amen.**

# THE LITURGY OF THE WORD

**READING**     *Proverbs 1:20–33*

**W**ISDOM cries out in the street;  
in the squares she raises her voice.  
At the busiest corner she cries out;  
at the entrance of the city gates she speaks:  
“How long, O simple ones, will you love being simple?  
How long will scoffers delight in their scoffing  
and fools hate knowledge?  
Give heed to my reproof;  
I will pour out my thoughts to you;  
I will make my words known to you.  
Because I have called and you refused,  
have stretched out my hand and no one heeded,  
and because you have ignored all my counsel  
and would have none of my reproof,  
I also will laugh at your calamity;  
I will mock when panic strikes you,

*Reader* Hear what the Spirit is saying to God’s people.

**Assembly** **Thanks be to God.**

when panic strikes you like a storm,  
and your calamity comes like a whirlwind,  
when distress and anguish come upon you.  
Then they will call upon me, but I will not answer;  
they will seek me diligently, but will not find me.  
Because they hated knowledge  
and did not choose the fear of the Lord,  
would have none of my counsel,  
and despised all my reproof,  
therefore they shall eat the fruit of their way  
and be sated with their own devices.  
For waywardness kills the simple,  
and the complacency of fools destroys them;  
but those who listen to me will be secure  
and will live at ease, without dread of disaster.”

**PSALM**     *Psalm 19 ♦ Cæli enarrant*

*The Book of Common Prayer, p. 606*

*Please join the lector in reading the Psalm aloud, starting after the first asterisk.*

**T**HE HEAVENS declare the glory of God, \*  
and the firmament shows his handiwork.  
One day tells its tale to another, \*  
and one night imparts knowledge to another.  
Although they have no words or language, \*  
and their voices are not heard,  
Their sound has gone out into all lands, \*  
and their message to the ends of the world.  
In the deep has he set a pavilion for the sun; \*  
it comes forth like a bridegroom out of his chamber;  
it rejoices like a champion to run its course.  
It goes forth from the uttermost edge of the heavens  
and runs about to the end of it again; \*  
nothing is hidden from its burning heat.  
The law of the LORD is perfect and revives the soul; \*  
the testimony of the LORD is sure  
and gives wisdom to the innocent.  
The statutes of the LORD are just and rejoice the heart; \*  
the commandment of the LORD is clear  
and gives light to the eyes.

The fear of the LORD is clean and endures for ever; \*  
the judgments of the LORD are true  
and righteous altogether.  
More to be desired are they than gold,  
more than much fine gold, \*  
sweeter far than honey, than honey in the comb.  
By them also is your servant enlightened, \*  
and in keeping them there is great reward.  
Who can tell how often he offends? \*  
cleanse me from my secret faults.  
Above all, keep your servant from presumptuous sins;  
let them not get dominion over me; \*  
then shall I be whole and sound,  
and innocent of a great offense.  
Let the words of my mouth and the meditation of my heart  
be acceptable in your sight, \*  
O LORD, my strength and my redeemer. ♦

**READING***James 3:1–12*

**N**OT many of you should become teachers, my brothers and sisters, for you know that we who teach will be judged with greater strictness. For all of us make many mistakes. Anyone who makes no mistakes in speaking is perfect, able to keep the whole body in check with a bridle. If we put bits into the mouths of horses to make them obey us, we guide their whole bodies. Or look at ships: though they are so large that it takes strong winds to drive them, yet they are guided by a very small rudder wherever the will of the pilot directs. So also the tongue is a small member, yet it boasts of great exploits.

How great a forest is set ablaze by a small fire! And the tongue is a fire. The tongue is placed among our members as a world of iniquity; it stains the whole body, sets on fire the cycle of nature, and is itself set on fire by hell. For every species of beast and bird, of reptile and sea creature, can be tamed and has been tamed by the human species, but no one can tame the tongue-- a restless evil, full of deadly poison. With it we bless the Lord and Father, and with it we curse those who are made in the likeness of God. From the same mouth come blessing and cursing. My brothers and sisters, this ought not to be so. Does a spring pour forth from the same opening both fresh and brackish water? Can a fig tree, my brothers and sisters, yield olives, or a grapevine figs? No more can salt water yield fresh.

*Reader* Hear what the Spirit is saying to God's people.

*Assembly* **Thanks be to God.**

*All stand, as able.*

**THE HOLY GOSPEL** *Mark 8:27–38*

*Presider* The Holy Gospel of our Lord Jesus Christ according to Mark.

*Assembly* **Glory to you, Lord Christ.**

**J**ESUS went on with his disciples to the villages of Caesarea Philippi; and on the way he asked his disciples, "Who do people say that I am?" And they answered him, "John the Baptist; and others, Elijah; and still others, one of the prophets." He asked them, "But who do you say that I am?" Peter answered him, "You are the Messiah." And he sternly ordered them not to tell anyone about him.

Then he began to teach them that the Son of Man must undergo great suffering, and be rejected by the elders, the chief priests, and the scribes, and be killed, and after three days rise again. He said all this quite openly. And Peter took him aside and began to rebuke him. But turning and looking at his disciples, he rebuked Peter and said, "Get behind me, Satan! For you are setting your mind not on divine things but on human things."

He called the crowd with his disciples, and said to them, "If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake, and for the sake of the gospel, will save it. For what will it profit them to gain the whole world and forfeit their life? Indeed, what can they give in return for their life? Those who are ashamed of me and of my words in this adulterous and sinful generation, of them the Son of Man will also be ashamed when he comes in the glory of his Father with the holy angels."

*Presider* The Gospel of the Lord.

*Assembly* **Praise to you, Lord Christ.**

**HOMILY**

The Very Reverend Steven L. Thomason

**THE NICENE CREED**

We believe in one God,  
the Father, the Almighty,  
Maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate  
from the Virgin Mary;  
and was made man.

For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come.  
Amen.

**PRAYERS OF THE ASSEMBLY**

*After each petition:*

*Intercessor* Lord, in your mercy,  
*Assembly* Hear our prayer.

*The Presider concludes the prayers with a collect. All respond: Amen.*

**CONFESSION & ABSOLUTION**

*Presider* Let us confess our sins against God and our neighbor.

*You are invited to stand or kneel for the confession.*

*Presider* Most merciful God,  
*All* we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.

*The Presider pronounces God's forgiveness of our sins. All respond: Amen.*

**THE PEACE**

*Presider* The peace of the Lord be always with you.  
*Assembly* And also with you.

*All greet one another in the name of the Lord.*

# THE LITURGY OF THE TABLE

## OFFERTORY

*An offering of money is received. All worshipping in person are invited to place their offering in the plates as they are passed through through the rows.*

*For electronic giving options, visit [saintmarks.org/give](https://saintmarks.org/give), or use the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right), or visit this link on your mobile device: <https://venmo.com/saintmarkscathedraseattle>. If Venmo asks you for a four-digit code, enter **2076**.*



*All stand, as able.*

## THE GREAT THANKSGIVING *Eucharistic Prayer B*

*The Book of Common Prayer, p. 367*

*Presider* The Lord be with you.

*Assembly* **And also with you.**

*Presider* Lift up your hearts.

*Assembly* **We lift them to the Lord.**

*Presider* Let us give thanks to the Lord our God.

*Assembly* **It is right to give God thanks and praise.**

*Presider* It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

**All Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is the one who comes in the name of the Lord.**

**Hosanna in the highest.**

*Presider* We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After Supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

**All We remember his death,  
We proclaim his resurrection,  
We await his coming in glory;**

*Presider* And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Mary, Mark, and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

**All AMEN.**

#### **THE LORD'S PRAYER**

**All Our Father in heaven,  
hallowed be your Name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those  
who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.**

#### **THE BREAKING OF THE BREAD**

*Presider* Christ our passover is sacrificed for us.

***Assembly* Therefore let us keep the feast.**

#### **INVITATION TO COMMUNION**

*Presider* The Gifts of God for the People of God.

*All may be seated for the time of Communion.*

*All seeking God are welcome at Christ's Table.*

*Before receiving the bread, please sanitize your hands. The priest will place the bread into your outstretched palm taking care not to touch your hand. Communion is currently being offered in one kind. The full grace of the sacrament is received with only the bread. If you prefer a gluten-free wafer, simply ask the priest for one at the time of Communion.*

*All stand, as able.*

**PRAYER AFTER COMMUNION**

*The Book of Common Prayer, p. 365*

*Presider* Eternal God,  
*All* heavenly Father,  
you have graciously accepted us  
as living members  
of your Son our Savior Jesus Christ,  
and you have fed us with spiritual food  
in the Sacrament of his Body and Blood.  
Send us now into the world in peace,  
and grant us strength and courage  
to love and serve you  
with gladness and singleness of heart;  
through Christ our Lord. Amen.

**BLESSING** *The Presider asks God's blessing on the Assembly. All respond: Amen.*

**HYMN 675** *Take up your cross ♦ The Hymnal 1982 #675*  
stanzas 1, 3, & 4

TUNE: *Bourbon*

**DISMISSAL**

*Presider* Let us go forth in the name of Christ.  
*Assembly* Thanks be to God.

**VOLUNTARY** *Voluntary in D*

John Alcock (1715-1806)

## MINISTERS OF THE LITURGY

**PRESIDER & PREACHER**

The Very Reverend Steven L. Thomason

**ASSISTING LAY MINISTER**

Kerry Allman

**LECTOR & INTERCESSOR**

Mary Dickinson

**MUSICIAN**

John Stuntebeck, *organist*