



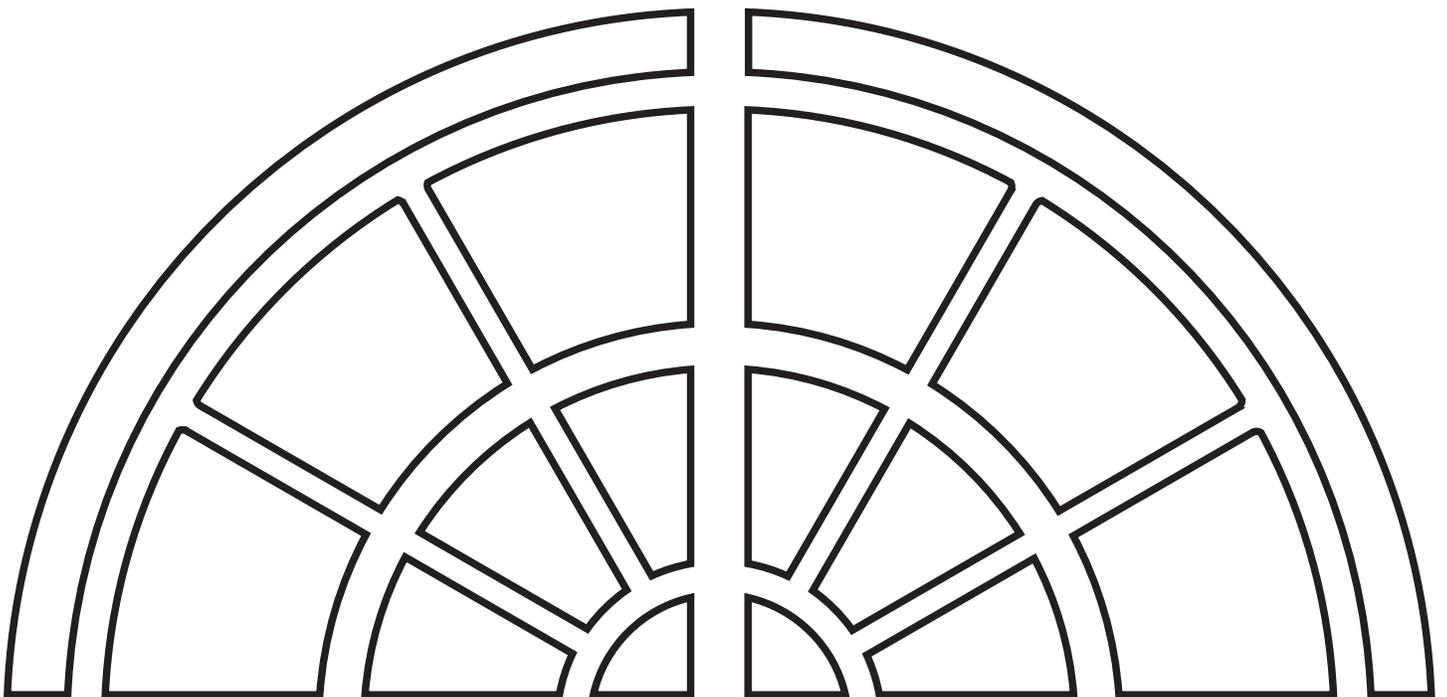
SAINT MARK'S
EPISCOPAL CATHEDRAL
SEATTLE, WASHINGTON

THE HOLY EUCHARIST

THE FIRST SUNDAY IN LENT

March 6, 2022

8:00 AM



Saint Mark's Cathedral acknowledges that we gather on the traditional land of the first people of Seattle, the Duwamish People, who are still here, and we honor with gratitude the land itself and the life of the Duwamish Tribe.

Welcome to Saint Mark's Cathedral. Wherever you are on your spiritual journey, you are welcome here!

Per the governor's current requirement, all are asked to wear masks during the service (except those under 2).

Signs indicate the distanced and undistanced pews.

If you are new to Saint Mark's and would like to learn more, please consider completing a newcomer form found in the pew rack, visit saintmarks.org/newcomers or simply contact one of the clergy. Grace and peace to you!



PRELUDE *Prelude on Ein feste Burg ist unser Gott*, BuxWV 184
(Hymn 688: "A mighty fortress is our God")

Dietrich Buxtehude (1637-1707)

LAND ACKNOWLEDGMENT

THE PENITENTIAL ORDER

All stand, as able.

HYMN 448 *O love, how deep, how broad, how high* (sts. 1, 2 & 6) ♦ *The Hymnal 1982* TUNE: *Deus tuorum militum*

OPENING ACCLAMATION

Presider Bless the Lord who forgiveth all our sins.

Assembly **His mercy endureth forever.**

All kneel, as able. For those unable to kneel, a profound bow is an appropriate posture.

THE DECALOGUE

The Book of Common Prayer, p. 317

Presider God spake these words, and said:

I am the Lord thy God who brought thee out of the land of Egypt, out of the house of bondage. Thou shalt have none other gods but me.

Assembly **Lord have mercy upon us, and incline our hearts to keep this law.**

Presider Thou shalt not make to thyself any graven image, nor the likeness of any thing that is in heaven above, or in the earth beneath, or in the water under the earth; thou shalt not bow down to them, nor worship them.

Assembly **Lord have mercy upon us, and incline our hearts to keep this law.**

Presider Thou shalt not take the Name of the Lord thy God in vain.

Assembly **Lord have mercy upon us, and incline our hearts to keep this law.**

Presider Remember that thou keep holy the Sabbath day.

Assembly **Lord have mercy upon us, and incline our hearts to keep this law.**

Presider Honor thy father and thy mother.

Assembly **Lord have mercy upon us, and incline our hearts to keep this law.**

Presider Thou shalt do no murder.

Assembly **Lord have mercy upon us, and incline our hearts to keep this law.**

Presider Thou shalt not commit adultery.

Assembly **Lord have mercy upon us, and incline our hearts to keep this law.**

Presider Thou shalt not steal.

Assembly **Lord have mercy upon us, and incline our hearts to keep this law.**

Presider Thou shalt not bear false witness against thy neighbor.

Assembly **Lord have mercy upon us, and incline our hearts to keep this law.**

Presider Thou shalt not covet.

Assembly **Lord have mercy upon us,
and write all these thy laws in our hearts, we beseech thee.**

The Presider reads a sentence from scripture.

THE CONFESSION

The Book of Common Prayer, p. 320

Presider Let us humbly confess our sins unto Almighty God.

You are invited to stand or remain kneeling for the confession.

Presider Almighty and most merciful Father,

All we have erred and strayed from thy ways like lost sheep,
we have followed too much the devices and desires of our own hearts,
we have offended against thy holy laws,
we have left undone those things which we ought to have done,
and we have done those things which we ought not to have done.
But thou, O Lord, have mercy upon us,
spare thou those who confess their faults,
restore thou those who are penitent,
according to thy promises declared unto mankind
in Christ Jesus our Lord;
and grant, O most merciful Father, for his sake,
that we may hereafter live a godly, righteous, and sober life,
to the glory of thy holy Name. Amen.

The Presider pronounces God's forgiveness of our sins. All respond: Amen.

KYRIE ELEISON

Presider Lord, have mercy upon us.

Assembly **Christ, have mercy upon us.**

Presider Lord, have mercy upon us.

COLLECT OF THE DAY

The Book of Common Prayer, p. 166

Presider The Lord be with you.

Assembly **And with thy spirit.**

Presider Let us pray.

ALmighty God, whose blessed Son was led by the Spirit to be tempted of Satan:
Make speed to help thy servants who are assaulted by manifold temptations;
and, as thou knowest their several infirmities, let each one find thee mighty to save;
through Jesus Christ thy Son our Lord, who liveth and reigneth with thee and the
Holy Spirit, one God, now and for ever.

All Amen.

THE LITURGY OF THE WORD

READING

Deuteronomy 26:1-11

WHEN you have come into the land that the Lord your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the Lord your God is giving you, and you shall put it in a basket and go to the place that the Lord your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, "Today I declare to the Lord your God that I have come into the land that the Lord swore to our ancestors to give us." When the priest takes the basket from your hand and sets it down before the altar of the Lord your God, you shall make this response before the Lord your God: "A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labor on us, we cried to the Lord, the God of our ancestors; the Lord heard our voice and saw our affliction, our toil, and our oppression. The Lord brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O Lord, have given me." You shall set it down before the Lord your God and bow down before the Lord your God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the Lord your God has given to you and to your house.

Reader Hear what the Spirit is saying to God's people.

Assembly **Thanks be to God.**

PSALM

Psalm 91:1-2,9-16 ♦ Qui habitat

The Book of Common Prayer, p. 719

Please join the lector in reading the Psalm aloud, starting after the first asterisk.

HE WHO dwells in the shelter of the Most High, *
abides under the shadow of the Almighty.

He shall say to the LORD,

"You are my refuge and my stronghold, *
my God in whom I put my trust."

Because you have made the LORD your refuge, *
and the Most High your habitation,

There shall no evil happen to you, *
neither shall any plague come near your dwelling.

For he shall give his angels charge over you, *
to keep you in all your ways.

They shall bear you in their hands, *
lest you dash your foot against a stone.

You shall tread upon the lion and the adder; *
you shall trample the young lion and the serpent
under your feet.

Because he is bound to me in love,
therefore will I deliver him; *

I will protect him, because he knows my Name.

He shall call upon me, and I will answer him; *

I am with him in trouble;

I will rescue him and bring him to honor.

With long life will I satisfy him, *
and show him my salvation. ♦

READING*Romans 10:8B-13*

“The word is near you,
on your lips and in your heart”

(that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, "No one who believes in him will be put to shame." For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, "Everyone who calls on the name of the Lord shall be saved."

Reader Hear what the Spirit is saying to God's people.

Assembly **Thanks be to God.**

All stand, as able.

THE HOLY GOSPEL *Luke 4:1-13*

Presider The Holy Gospel of our Lord Jesus Christ according to Luke.

Assembly **Glory to you, Lord Christ.**

AFTER his baptism, Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, "If you are the Son of God, command this stone to become a loaf of bread." Jesus answered him, "It is written, 'One does not live by bread alone.'"

Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, "To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours." Jesus answered him, "It is written,

‘Worship the Lord your God,
and serve only him.’"

Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down from here, for it is written,

‘He will command his angels concerning you,
to protect you,’

and

‘On their hands they will bear you up,
so that you will not dash your foot against a stone.’"

Jesus answered him, "It is said, 'Do not put the Lord your God to the test.'" When the devil had finished every test, he departed from him until an opportune time.

Presider The Gospel of the Lord.

Assembly **Praise to you, Lord Christ.**

HOMILY

The Very Reverend Steven L. Thomason

THE NICENE CREED

I believe in one God,
the Father Almighty,
maker of heaven and earth,
and of all things visible and invisible;

And in one Lord Jesus Christ,
the only-begotten Son of God,
begotten of his Father before all worlds,
God of God, Light of Light,
very God of very God,
begotten, not made,
being of one substance with the Father;
by whom all things were made;
who for us men and for our salvation
came down from heaven,
and was incarnate by the Holy Ghost of the Virgin Mary,
and was made man;
and was crucified also for us under Pontius Pilate;
he suffered and was buried;
and the third day he rose again according to the Scriptures,
and ascended into heaven,
and sitteth on the right hand of the Father;
and he shall come again, with glory,
to judge both the quick and the dead;
whose kingdom shall have no end.

And I believe in the Holy Ghost the Lord, and Giver of Life,
who proceedeth from the Father and the Son;
who with the Father and the Son together is worshiped and glorified;
who spake by the Prophets.

And I believe one holy Catholic and Apostolic Church;
I acknowledge one Baptism for the remission of sins;
and I look for the resurrection of the dead,
and the life of the world to come.

Amen.

PRAYERS OF THE PEOPLE

After each petition:

Intercessor God, in your mercy,

***Assembly* hear our prayer.**

The Presider concludes the prayers with a collect. All respond: Amen.

THE COMFORTABLE WORDS

The Presider reads sentences of scripture.

The Book of Common Prayer, p. 332

THE PEACE

Presider The peace of the Lord be always with you.

***Assembly* And with thy spirit.**

All greet one another in the name of the Lord.



THE LITURGY OF THE TABLE

OFFERTORY

An offering of money is received. All worshipping in person are invited to place their offering in the plates as they are passed through through the rows.

*For electronic giving options, visit saintmarks.org/give, or use the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right), or visit this link on your mobile device: <https://venmo.com/saintmarkscathedralseattle>. If Venmo asks you for a four-digit code, enter **2076**.*



All stand, as able.

THE GREAT THANKSGIVING *Eucharistic Prayer II*

The Book of Common Prayer, p. 340

Presider The Lord be with you.

Assembly **And with thy spirit.**

Presider Lift up your hearts.

Assembly **We lift them up unto the Lord.**

Presider Let us give thanks unto our Lord God.

Assembly **It is meet and right so to do.**

Presider It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God. Who dost bid thy faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that, fervent in prayer and in works of mercy, and renewed by thy Word and Sacraments, they may come to the fullness of grace which thou hast prepared for those who love thee. Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

**All Holy, holy, holy, Lord God of hosts:
heaven and earth are full of thy glory
Glory be to thee, O Lord most high.
Blessed is he that cometh in the name of the Lord.
Hosanna in the highest.**

Presider All glory be to thee, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks to thee, he broke it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly-beloved Son Jesus Christ.

And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, our selves, our souls and bodies. Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord;

By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end.

All AMEN.

THE LORD'S PRAYER

The Book of Common Prayer, p. 336

Presider And now, as our Savior Christ hath taught us, we are bold to say,

All **Our Father,
who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

THE BREAKING OF THE BREAD

Presider Christ our passover is sacrificed for us.

Assembly **Therefore let us keep the feast.**

AGNUS DEI

Presider O Lamb of God, that takest away the sins of the world,
All have mercy upon us.

Presider O Lamb of God, that takest away the sins of the world,
All have mercy upon us.

Presider O Lamb of God, that takest away the sins of the world,
All grant us thy peace.

PRAYER OF HUMBLE ACCESS

The Book of Common Prayer, p. 337

All We do not presume to come to this thy Table, O merciful Lord,
trusting in our own righteousness,
but in thy manifold and great mercies.
We are not worthy
so much as to gather up the crumbs under thy Table.
But thou art the same Lord
whose property is always to have mercy.
Grant us therefore, gracious Lord,
so to eat the flesh of thy dear Son Jesus Christ,
and to drink his blood,
that we may evermore dwell in him, and he in us.
Amen.

INVITATION TO COMMUNION

Presider The Gifts of God for the People of God:
Take them in remembrance that Christ died for you,
and feed on him in your hearts by faith, with thanksgiving.

All seeking God are welcome at Christ's Table.

If you need communion brought to your seat, please let any of the liturgical ministers know.

Rice wafers for those who do not eat wheat are available; simply ask for one at the time of communion.

- ◆ *You are welcome to stand or kneel to receive communion.*
- ◆ *Hold out your hand to receive the bread and then eat. Guide the chalice of wine to your mouth and then drink.*
- ◆ *Intinction (dipping the bread in the wine) is not available at this time.*
- ◆ *To receive a blessing instead of the bread or wine, simply cross your arms over your chest.*

All stand, as able.

PRAYER AFTER COMMUNION

The Book of Common Prayer, p. 339

Presider Let us pray.

All Almighty and everliving God,
we most heartily thank thee
for that thou dost feed us, in these holy mysteries,
with the spiritual food of the most precious Body and Blood
of thy Son our Savior Jesus Christ;
and dost assure us thereby
of thy favor and goodness towards us;
and that we are very members incorporate
in the mystical body of thy Son,
the blessed company of all faithful people;
and are also heirs, through hope, of thy everlasting kingdom.
And we humbly beseech thee, O heavenly Father,
so to assist us with thy grace,
that we may continue in that holy fellowship,
and do all such good works as thou hast prepared for us to walk in;
through Jesus Christ our Lord,
to whom, with thee and the Holy Ghost,
be all honor and glory,
world without end. Amen.

PRAYER OVER THE ASSEMBLY *The Presider prays over the Assembly. All respond: Amen.*

HYMN 143 *The glory of these forty days (stanzas 1-4) ♦ The Hymnal 1982 #143*

TUNE: *Erhalt uns, Herr*

DISMISSAL *The Presider dismisses the Assembly. The Assembly responds: Thanks be to God.*

VOLUNTARY *Postlude on Ein feste Burg ist unser Gott*
(Hymn 688: "A mighty fortress is our God")

Johann Pachelbel (1653-1706)

MINISTERS OF THE LITURGY

PRESIDER & PREACHER

The Very Reverend Steven L. Thomason

ASSISTING LAY MINISTER

Susan Knirk

LECTOR & INTERCESSOR

John Weintraub

FLOWER MINISTER

Beatrix Roemheld-Hamm

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John Stuntebeck