



SAINT MARK'S  
EPISCOPAL CATHEDRAL  
SEATTLE, WASHINGTON

# THE HOLY EUCHARIST

## THE FIFTH SUNDAY IN LENT

April 3, 2022 ♦ 9:00 AM

*Saint Mark's Cathedral acknowledges that we gather on the traditional land of the first people of Seattle, the Duwamish People, who are still here, and we honor with gratitude the land itself and the life of the Duwamish Tribe.*

*Welcome to Saint Mark's Cathedral. Wherever you are on your spiritual journey, you are welcome here!*

*Signs in the nave indicate the distanced and undistanced sections. To protect our young children and others with health concerns, masks are required for everyone in the distanced sections. While*

*seated in the undistanced sections, masking is optional.*

*Ushers are available during the liturgy should you have any questions or concerns, or if you need a hearing assist device.*

*If you are new to Saint Mark's and would like to learn more, please consider completing a newcomer form, visit [saintmarks.org/newcomers](http://saintmarks.org/newcomers) or simply contact one of the clergy. Grace and peace to you!*

*The Assembly speaks aloud the **text in boldface**.*

*A brief organ voluntary offered a few minutes before the hour bids all to keep silence for prayer and preparation.*

**PRELUDE** Meditation on *Rockingham*  
(Tune of Hymn 474, "When I survey the wondrous cross")

C. Hubert H. Parry (1848-1918)

### LAND ACKNOWLEDGMENT

## THE PENITENTIAL ORDER

*All stand, as able.*

**HYMN 382** *King of glory, King of peace* ♦ *The Hymnal 1982*

TUNE: *General Seminary*

### OPENING ACCLAMATION

*Enriching Our Worship 1, p. 50*

Blessed be the God of our salvation: **who bears our burdens and forgives our sins.**

*The Presider reads a sentence from scripture.*

### CONFESSION & ABSOLUTION

Let us pray to God for the forgiveness of our sins.

*Silence is kept. You are invited to stand or kneel for the confession.*

Have mercy upon us, most merciful Father; **in your compassion forgive us our sins, known and unknown, things done and left undone; and so uphold us by your Spirit that we may live and serve you in newness of life, to the honor and glory of your Name; through Jesus Christ our Lord. Amen.**

*The Presider pronounces God's forgiveness of our sins. All respond: **Amen.***

**KYRIE ELEISON**

Alexandr Arkhangelsky (1846–1924), arr. Richard Proulx

1. Lord, have mer-cy. Lord, have mer-cy. Lord, have mer-cy up - on \_\_\_\_\_ us.  
 2. Christ, have mer-cy. Christ, have mer-cy. Christ, have mer-cy up - on \_\_\_\_\_ us.  
 3. Lord, have mer-cy. Lord, have mer-cy. Lord, have mer-cy up - on \_\_\_\_\_ us.

from *Missa Ecumenica*, ©1999 Oregon Catholic Press.

**COLLECT OF THE DAY** *Fifth Sunday in Lent C*

*Prayers for an Inclusive Church*, adapt.

God be with you. **And also with you.** Let us pray.

**E**XTRAVAGANT GOD, lavishing your love  
 on the poverty of our hearts:  
 inspire us to give without restraint,  
 and to lose life that we might find it again,  
 so the world will be filled with the fragrance of your love;  
 through Jesus Christ, who offers himself for us  
 as the Broken Bread of Life. **Amen.**

*Please be seated for the readings.*



## THE LITURGY OF THE WORD

**READING** *Isaiah 43:16-21*

**T**HUS says the LORD, who makes a way in the sea, a path in the mighty waters, who brings out chariot and horse, army and warrior; they lie down, they cannot rise, they are extinguished, quenched like a wick: Do not remember the former things, or consider the things of old. I am about to do a new thing; now it springs forth, do you not perceive it? I will make a way in the wilderness

and rivers in the desert. The wild animals will honor me, the jackals and the ostriches; for I give water in the wilderness, rivers in the desert, to give drink to my chosen people, the people whom I formed for myself so that they might declare my praise.

Hear what the Spirit is saying to God's people.

**Thanks be to God.**

**PSALM**

*Psalm 126 ♦ In convertendo*

Peter R. Hallock (1924-2014)

*The choir sings the antiphon, all repeat. The cantor chants the Psalm, all repeating the antiphon where indicated.*

The LORD has done great things for us and we are glad in - deed.

**W**HEN the LORD restored the fortunes of Zion, then were we like those who dream. Then was our mouth filled with laughter, and our tongue with shouts of joy. **ANTIPHON**

Then they said among the nations, "The LORD has done great things for them." The LORD has done great things for us, and we are glad indeed. **ANTIPHON**

Restore our fortunes, O LORD, like the watercourses of the Negev. Those who sowed with tears will reap with songs of joy. **ANTIPHON**

Those who go out weeping, carrying the seed, will come again with joy, shouldering their sheaves. **ANTIPHON**

**READING** *Philippians 3:4b-14*

**I**F ANYONE else has reason to be confident in the flesh, I have more: circumcised on the eighth day, a member of the people of Israel, of the tribe of Benjamin, a Hebrew born of Hebrews; as to the law, a Pharisee; as to zeal, a persecutor of the church; as to righteousness under the law, blameless.

Yet whatever gains I had, these I have come to regard as loss because of Christ. More than that, I regard everything as loss because of the surpassing value of knowing Christ Jesus my Lord. For his sake I have suffered the loss of all things, and I regard them as rubbish, in order that I may gain Christ and be found in him, not having a righteousness of my own that comes from the law, but one that comes through faith in Christ, the righteousness from God

based on faith. I want to know Christ and the power of his resurrection and the sharing of his sufferings by becoming like him in his death, if somehow I may attain the resurrection from the dead.

Not that I have already obtained this or have already reached the goal; but I press on to make it my own, because Christ Jesus has made me his own. Beloved, I do not consider that I have made it my own; but this one thing I do: forgetting what lies behind and straining forward to what lies ahead, I press on toward the goal for the prize of the heavenly call of God in Christ Jesus.

Hear what the Spirit is saying to God's people.

**Thanks be to God.**

*After a brief silence the Presider stands; all rise, as able, for the proclamation of the Gospel.*

**GOSPEL ACCLAMATION**

Marty Haugen (b. 1950)

*The choir introduces the refrain, all repeat it. The choir sings the verse below, then all repeat the refrain.*

Re - turn to God with all your heart, the Source of grace and  
mer - cy; Come, seek the ten - der faith - ful ness of God.

*Verse:* Forgetting what lies behind and straining forward to what lies ahead,  
I press on toward the goal for the prize of the heavenly call of God in Christ Jesus.

**THE HOLY GOSPEL** John 12:1-8

The Holy Gospel of our Lord Jesus Christ according to John. **Glory to you, Lord Christ.**

**S**IX DAYS before the Passover Jesus came to Bethany, the home of Lazarus, whom he had raised from the dead. There they gave a dinner for him. Martha served, and Lazarus was one of those at the table with him. Mary took a pound of costly perfume made of pure nard, anointed Jesus' feet, and wiped them with her hair. The house was filled with the fragrance of the perfume. But Judas Iscariot, one of his disciples (the one who was about to betray him), said, "Why was this perfume not sold for three hundred denarii and the money

given to the poor?" (He said this not because he cared about the poor, but because he was a thief; he kept the common purse and used to steal what was put into it.) Jesus said, "Leave her alone. She bought it so that she might keep it for the day of my burial. You always have the poor with you, but you do not always have me."

The Gospel of the Lord. **Praise to you, Lord Christ.**

**HOMILY**

The Reverend Doctor Bradley S. Hauff, *Missioner for Indigenous Ministries of The Episcopal Church*

*Following the homily, the assembly is invited into a period of silence, reflecting on the scriptures and sermon.*

*Please stand, as able, when the Presider stands to introduce the Creed.*

**THE NICENE CREED**

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate of the Holy Spirit and the Virgin Mary and became truly human. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in**

*Authorized for use by the 1997 General Convention*

**accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father, who with the Father and the Son is worshiped and glorified, who has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

**PRAYERS OF THE PEOPLE**

*After each petition:*

God, in your mercy, **hear our prayer.**

*The Presider concludes the prayers with a collect; all respond: Amen.*

**THE PEACE**

The peace of Christ be always with you. **And also with you.**

*All exchange a sign of peace, respecting others' desires for distance to be maintained.*

## BIRTHDAY & ANNIVERSARY BLESSINGS

*Those celebrating birthdays and anniversaries this month are invited to come forward to receive a blessing. All stand, as able, and joins the Presider in saying the prayers.*

*Birthdays:*

Watch over your children, O Lord, as their days increase; bless and guide them wherever they may be. Strengthen them when they stand; comfort them when discouraged or sorrowful; raise them up if they fall; and in their hearts may your peace, which passes understanding, abide all the days of their lives; through Jesus Christ our Savior. Amen.

*Anniversaries:*

Loving God, in the mystery of the Holy Trinity, you reveal yourself as a community of self-giving love. We thank you for bringing us together into families. Bless we pray these couples who celebrate the anniversaries of their commitments to one another, and grant that they may grow in grace, fidelity and mutual affection all the days of their lives, through Jesus Christ our Savior. Amen.



# THE LITURGY OF THE TABLE

## OFFERTORY

*An offering of money is received. Everyone participating in Saint Mark's Cathedral's worship at this time in any way is invited to make an offering as an expression of gratitude for God's generosity. Together, our gifts make possible this community of welcome, reconciliation and service. All worshipping in person are invited to place their offering in baskets as they are passed through through the rows.*

*Links to donate to Saint Mark's online are located on the livestream page. Visit [saintmarks.org/give](https://saintmarks.org/give), or use the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right), or visit this link on your mobile device: <https://venmo.com/saintmarkscathedralseattle>. If Venmo asks you for a four-digit code, enter 2076.*



*You may also mail your gift to the cathedral: 1245 10th Ave. E, Seattle, WA 98102.*

## ANTHEM

*A Native American Prayer*

WORDS: Traditional Beauty Way Native Prayer;  
MUSIC: Nolan E. Schmit (b. 1969)

Let me walk in beauty.  
Make my eyes ever behold the red and purple sunset.  
Make my hands respect the things that you have made.  
Make my ears sharp to hear your voice.  
*O Great Spirit, whose voice I hear in the winds,  
and whose breath lives life to all the world,  
Hear me! I am small weak. I need your strength and wisdom.*  
Make me wise so I may understand the things you've taught my people.  
*O Great Spirit...*  
I seek strength, not to be greater than my brother,  
but to fight my greatest enemy, myself.  
Make me always ready to come to you with clean hands and straight eyes,  
so when life fades as the sunset, my spirit may come to you without shame.  
*O Great Spirit...*

All stand, as able.

## THE GREAT THANKSGIVING

Prayers for an Inclusive Church, adapt.

God be with you. **And also with you.**

Lift up your hearts. **We lift them to God.**

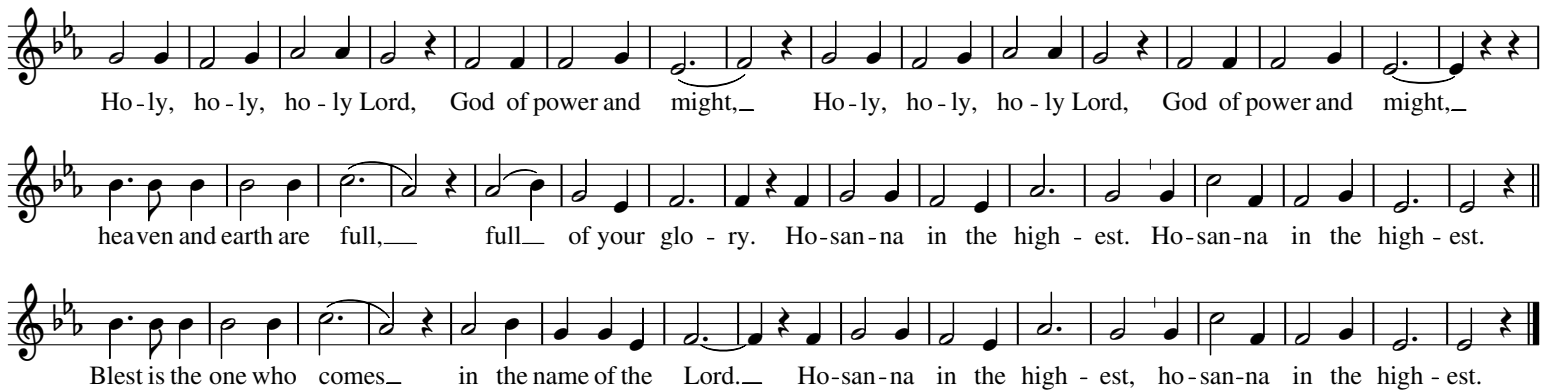
Let us give thanks to the Lord our God. **It is right to give God thanks and praise.**

We thank you, God of the wilderness, that in the valley of dry bones you create hearts of flesh quickened by the Spirit's breath. We thank you that you shared your Beloved Child who spurns might and glory and turns toward all who are broken in mind, body or spirit. We count the cross as folly to the world of violence

and coercion, and true wisdom to all who would follow you on the journey of selfless love. Therefore, with the whole communion of saints who glimpsed the glory in the humanity you shared, we worship you in holy majesty, as we sing:

## SANCTUS & BENEDICTUS *Deutsche Messe*

Franz Schubert (1797–1828), arr. Richard Proulx



Ho-ly, ho-ly, ho-ly Lord, God of power and might, Ho-ly, ho-ly, ho-ly Lord, God of power and might,  
heaven and earth are full, full of your glo-ry. Ho-san-na in the high-est. Ho-san-na in the high-est.  
Blest is the one who comes in the name of the Lord. Ho-san-na in the high-est, ho-san-na in the high-est.

*The Hymnal 1982 #8-130, adaptation © 1985 G.I.A. Publications, Inc.*

We ask that your Holy Spirit fall upon us and upon these gifts, that these fragile, earthly things may be to us the body and blood of our Lord and brother, Jesus Christ.

On the night he was betrayed, Jesus gathered with his faltering friends. He took bread, gave thanks, broke it and said: "This is my body, which is given for you. Do this in remembrance of me."

In the same way after supper, he took the cup of wine, saying, "This cup is the new covenant in my blood. Do this, whenever you drink it, in remembrance of me."

As on that night, so here and now he offers himself in touch and taste beyond all that words can hold. And so we proclaim the great

mystery of faith, saying:

**Christ has died. Christ is risen.  
Christ will come again.**

With these gifts we are filled with the life-giving presence of Christ; we proclaim him as creation's host, transforming poverty into plenty with his generous love. Inspire us with the hope that one day death and greed will be no more, and people will come from east and west, north and south to share a feast of abundance.

We ask this through Jesus Christ our Savior, by whom and with whom and in whom, in the unity of the Holy Spirit, all honor and glory be yours, Mother of blessings, for ever and ever. **AMEN.**

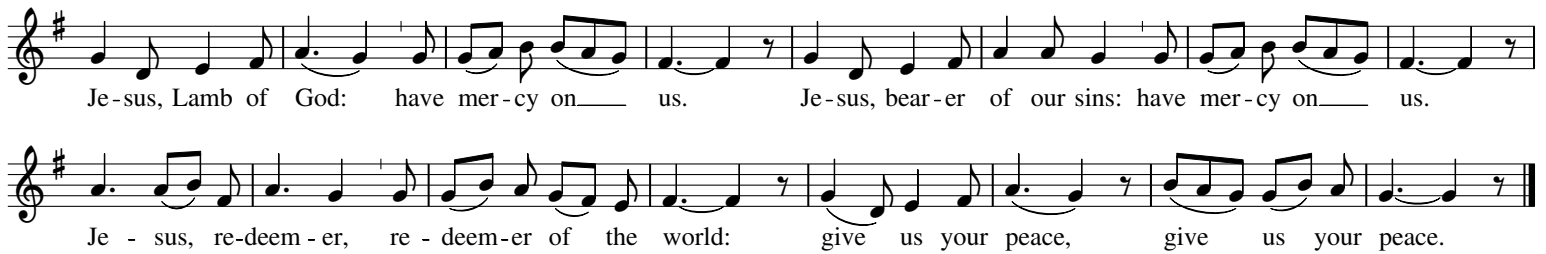
## THE LORD'S PRAYER

**Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.**

*In silence, the Presider breaks the consecrated bread.*

**BREAKING OF THE BREAD** *Deutsche Messe*

Schubert, arr. Proulx



Je-sus, Lamb of God: have mer-cy on\_\_\_ us. Je-sus, bear-er of our sins: have mer-cy on\_\_\_ us.

Je - sus, re-deem - er, re - deem-er of the world: give us your peace, give us your peace.

*The Hymnal 1982 #S-130, adaptation © 1985 G.I.A. Publications, Inc.*

**INVITATION TO COMMUNION**

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

*All may be seated for the time of Communion. All seeking God are welcome at Christ's Table.*

*Please follow the directions of the Liturgical Ministers. Bread and wine are distributed at standing stations at the head of three aisles. The bread will be placed into your outstretched palm taking care not to touch your hand. If you prefer a gluten-free wafer, simply ask for one at the time of Communion. If you wish to receive a blessing instead, please cross your arms in front of your chest.*

*Intinction (dipping the bread in the wine) is not available at this time. If you do not wish to drink from the common cup, please cross your arms in front of your chest as you pass by the chalice. The full grace of the sacrament is received with only the bread.*

**ANTHEM**

*Ave verum corpus*

WORDS. attributed to Pope Innocent VI; MUSIC: W. A. Mozart (1756-1791)

Ave verum corpus, natum  
de Maria Virgine,  
Vere passum, immolatum  
in cruce pro homine:  
Cujus latus perforatum  
fluxit aqua et sanguine,  
Esto nobis praegustatum,  
mortis in examine.

*Hail, true body, born  
of the Virgin Mary,  
Who truly suffered, sacrificed  
on the cross for mankind,  
From whose pierced side  
flowed water and blood,  
Be for us a foretaste  
In death's final test.*

*The assembly is invited to remain seated for a period of silence, contemplating the gifts of God given and received.*

*Please stand, as able, when the Presider stands and returns to the Altar.*

## SENDING OF EUCHARISTIC VISITORS

*On some Sundays, ministers take Holy Communion to sick or housebound members of the community.*

One body are we. **For though many, we share one bread and one cup.**

Go in peace, bearing holy gifts for holy people.

## POSTCOMMUNION PRAYER

*Prayers for an Inclusive Church, adapt.*

Lord of the feast of boundless love; **we thank you for meeting us in our brokenness so that none might be lost: liberate us now to share the living bread of good news with our neighbor, each receiving from the other what we need to live according to your will. Amen.**

**SOLEMN PRAYER OVER THE ASSEMBLY** *The Presider prays over the Assembly. All respond: Amen*

**HYMN 474** *When I survey the wondrous cross (stanzas 1, 2, & 4) ♦ The Hymnal 1982* TUNE: Rockingham

**DISMISSAL** *The Deacon dismisses the Assembly. The Assembly responds: Thanks be to God.*

**VOLUNTARY** *Jesu, meine Freude* Johann Ludwig Krebs (1713-1780)  
(Tune of Hymn 701, "Jesus, all my gladness")



## MINISTERS OF THE LITURGY

**PRESIDER** The Very Reverend Steven L. Thomason; **PREACHER** The Reverend Doctor Bradley S. Hauff, *Missioner for Indigenous Ministries of The Episcopal Church*; **DEACON** The Reverend Linzi Stahlecker; **EUCHARISTIC MINISTERS** Nan Sullins, Doug Thorpe, The Reverend Canon Eliacín Rosario-Cruz, The Reverend Canon Jennifer King Daugherty; **ASSISTING LAY MINISTER** Judy Andrews; **ALTAR GUILD** Sue Tait; **CRUCIFER** Krista Olson; **LECTORS** Pamela Bradburn, Christopher Brown; **INTERCESSOR** Kristen Austin; **GREETER** Steve Quinn; **USHERS** Karrie Sutkus, Don Sutkus; **OBLATION BEARERS** Loy & Michael Dahl; **LAND ACKNOWLEDGMENT** Re Knack; **MUSICIANS** The Junior & Senior Choristers of Saint Mark's Choir School; Rebekah Gilmore, *cantor*; Saint Mark's Singers; **SOUND BOARD** Michael Perera

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