



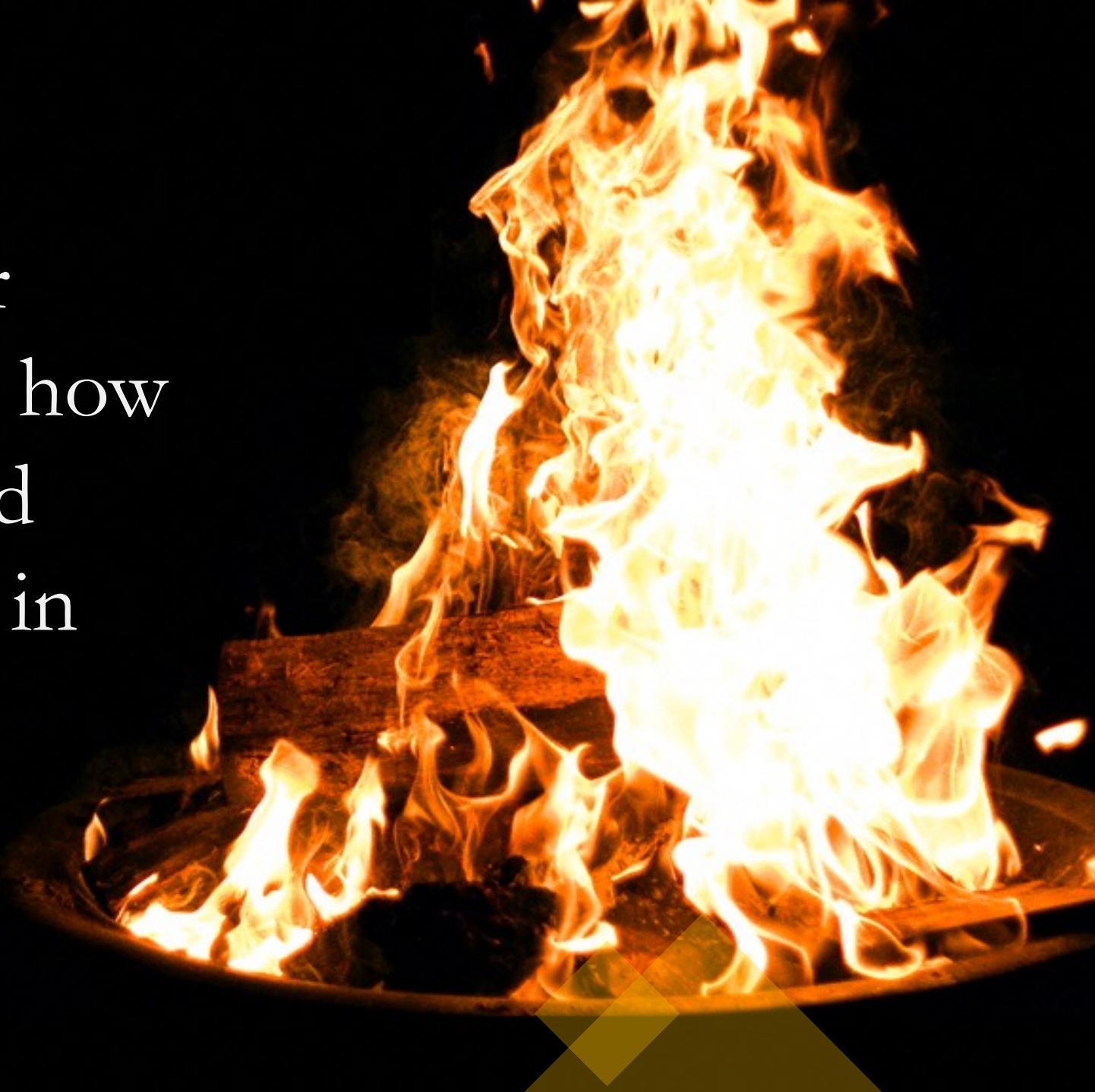
I set my heart on God.

&

Let us pray.



How does setting your heart on God changes how you view the world and how you choose to be in the world?



Which of the three persons of the Trinity do you most often address in your prayers?

Why?



‘Faith then is the plunge into that longing that awaken our soul, the dive into the quiet immensity of presence, the submersion into the abysmal generosity of God.

I believe that only this givenness into God, this jump into the Divine as a child jump from a swing into their parents' arms, is the only thing that can carry us through the mystery life.’

Does these expression/images of faith resonate with you? Why?



Re-Imagining the Apostles Creed

p.81

I believe in God, the Father almighty,
creator of heaven and earth;

I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.

He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins
the resurrection of the body,
and the life everlasting. Amen.





Let us pray.

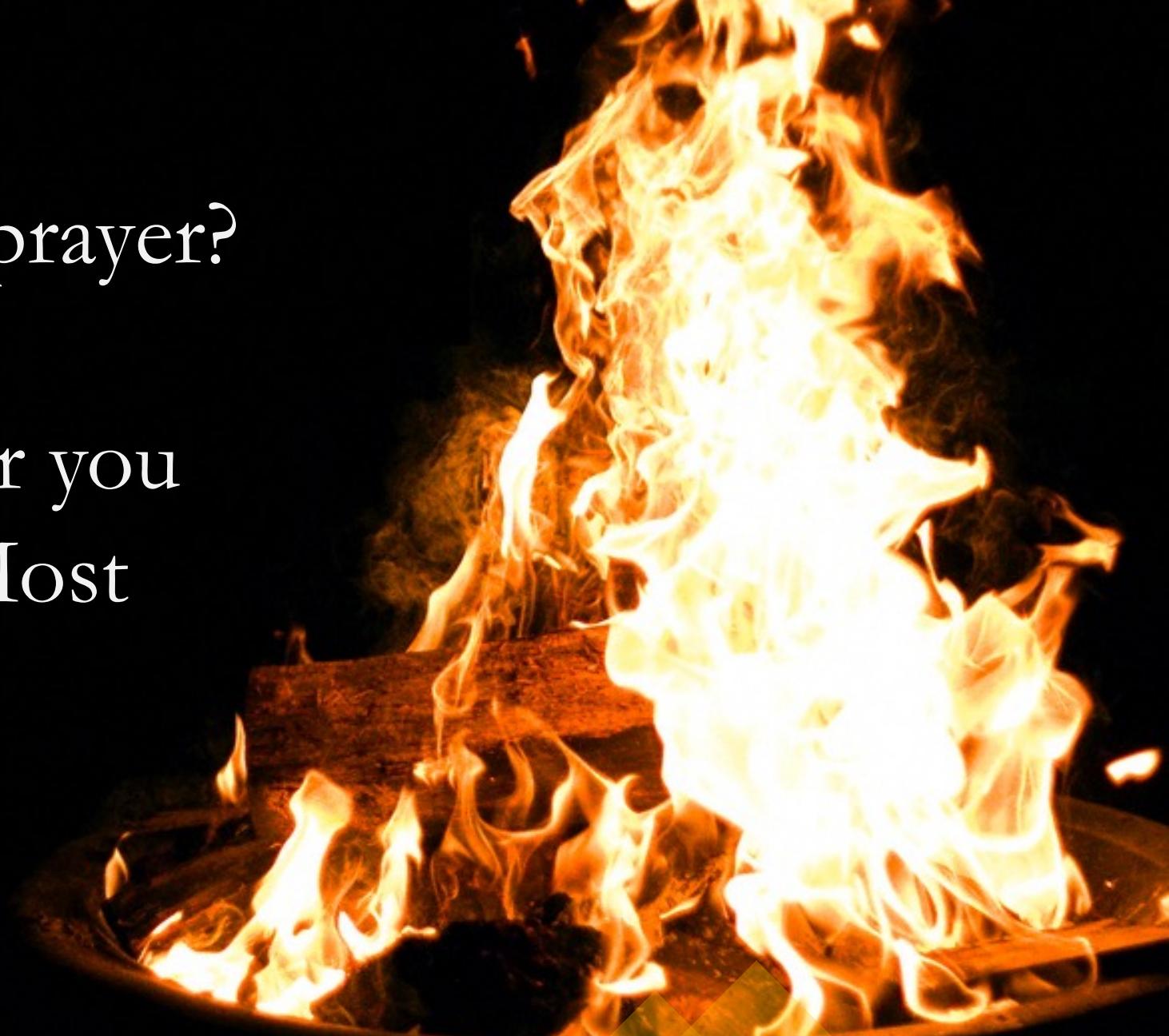




How do you define prayer?

What types of prayer you find most helpful? Most difficult?

Why





What image of God do you have when you pray? Is it helpful? Or does it hinder your prayers?



Q. What is prayer?

A. Prayer is responding to God, by thought and by deeds, with or without words.

If so, then let's imagine together ways in which we can respond to God in prayer.

