



SAINT MARK'S  
EPISCOPAL CATHEDRAL  
SEATTLE, WASHINGTON

# THE HOLY EUCHARIST

## THE SECOND SUNDAY OF EASTER

April 24, 2022 ♦ 11:00 AM

*Saint Mark's Cathedral acknowledges that we gather on the traditional land of the first people of Seattle, the Duwamish People, who are still here, and we honor with gratitude the land itself and the life of the Duwamish Tribe.*

*Welcome to Saint Mark's Cathedral. Wherever you are on your spiritual journey, and whether you are joining in the nave or via the livestream, you are welcome here!*

*Signs in the nave indicate the distanced and undistanced sections. To protect our young children and others with health concerns,*

*masks are required for everyone in the distanced sections. While seated in the undistanced sections, masking is optional.*

*Ushers are available during the liturgy should you have any questions or concerns, or if you need a hearing assist device.*

*If you are new to Saint Mark's and would like to learn more, please consider completing a newcomer form, visit [saintmarks.org/newcomers](https://saintmarks.org/newcomers) or simply contact one of the clergy. Grace and peace to you!*

*The Assembly speaks aloud the **text in boldface**.*

*A brief organ voluntary offered a few minutes before the hour bids all to keep silence for prayer and preparation.*

**PRELUDE** Vignette on *O filii et filiae*  
(Tune of Hymn 206, "O Sons and Daughters, let us sing")

Rebecca Groom te Velde (b. 1956)

**LAND ACKNOWLEDGMENT**

# THE ENTRANCE RITE

All stand, as able.

**HYMN 193** That Easter day with joy was bright ♦ The Hymnal 1982

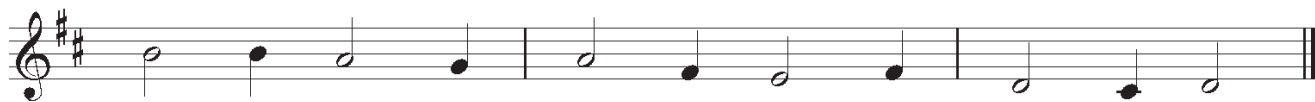
TUNE: *Puer nobis*



1 That Eas - ter day with joy was bright, the  
2 His ris - en flesh with ra - diance glowed; his  
3 O Je - sus, King of gen - tle - ness, do  
4 O Lord of all, with us a - bide in  
5 All praise, O ris - en Lord, we give to



1 sun shone out with fair - er light, when, to their long - ing  
2 wound - ed hands and feet he showed; those scars their sol - emn  
3 thou thy - self our hearts pos - sess that we may give thee  
4 this our joy - ful Eas - ter - tide; from ev - ery wea - pon  
5 thee, who, dead, a - gain dost live; to God the Fa - ther



1 eyes re - stored, the a - pos - tles saw their ris - en Lord.  
2 wit - ness gave that Christ was ris - en from the grave.  
3 all our days the will - ing tri - bute of our praise.  
4 death can wield thine own re - deemed for ev - er shield.  
5 e - qual praise, and God the Ho - ly Ghost, we raise.

Words: Latin, 5th cent.; ver. *Hymnal 1940* Copyright © The Church Pension Fund. Music: *Puer nobis*, melody from Trier MS., 15th cent.; adapt. Michael Praetorius (1571-1621); harm. *Hymns Ancient and Modern, Revised*, 1950; acc. John F. Erickson (b. 1938) Copyright ©1982 by John Erickson. All rights reserved. Used with permission.

## OPENING ACCLAMATION

*The Book of Common Prayer*, p. 355

Alleluia. Christ is risen. **The Lord is risen indeed. Alleluia.**

## COLLECT FOR PURITY

*The Book of Common Prayer*, p. 355

**A**Lmighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

SONG OF PRAISE *Gloria in excelsis*

William Mathias (1934-1992)

Glo-ry to God in the highest, and peace to God's peo-ple on earth. Lord God, heav'n-ly King, al-  
might-y God and Fa-ther, we wor-ship you, we give you thanks, we praise you for your glo - ry. Lord Je - sus  
Christ, on - ly Son of the Fa-ther, Lord God, Lamb of God, you take away the sin of the world: have mer - cy  
on us; you are seat - ed at the right hand of the Fa - ther: re - ceive our prayer.  
For you alone are the Ho - ly One, you alone are the Lord, you alone are the Most High, Je - sus Christ, with the  
Ho - ly Spi - rit, in the glo - ry of God the Fa - ther. A - - - men.

*The Hymnal 1982 #S-278, by permission of Oxford University Press*

COLLECT OF THE DAY *Second Sunday of Easter*

*The Book of Common Prayer, p. 224*

The Lord be with you. **And also with you.** Let us pray.

**A**LMIGHTY AND EVERLASTING GOD, who in the Paschal mystery established the new covenant of reconciliation: Grant that all who have been reborn into the fellowship of Christ's Body may show forth in their lives what they profess by their faith; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

*Please be seated for the readings.*



# THE LITURGY OF THE WORD

## READING Acts 5:27-32

WHEN the temple police had brought the apostles, they had them stand before the council. The high priest questioned them, saying, "We gave you strict orders not to teach in this name, yet here you have filled Jerusalem with your teaching and you are determined to bring this man's blood on us." But Peter and the apostles answered, "We must obey God rather than any human authority. The God of our ancestors raised up Jesus, whom you

had killed by hanging him on a tree. God exalted him at his right hand as Leader and Savior that he might give repentance to Israel and forgiveness of sins. And we are witnesses to these things, and so is the Holy Spirit whom God has given to those who obey him."

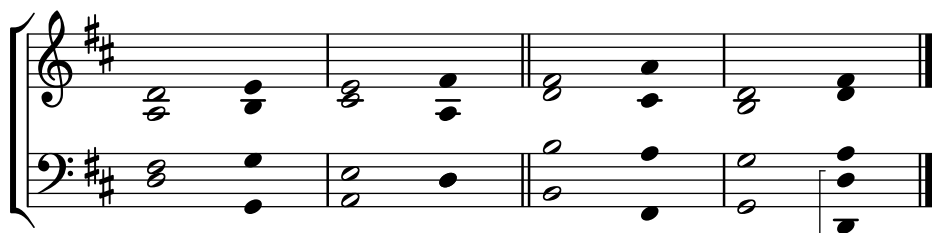
Hear what the Spirit is saying to God's people.

**Thanks be to God.**

## PSALM Psalm 150 ♦ *Laudate Dominum*

Simplified Anglican Chant, Jerome Meachen (b. 1930)

*The organ will play through the chant once, then all chant the Psalm together.*



HALLELUJAH! Praise God in his holy / temple; \*  
praise him in the firmament of his / power.

Praise him for his mighty / acts; \*

praise him for his excellent / greatness.

Praise him with the blast of the / ram's-horn; \*

praise him with lyre and / harp.

Praise him with timbrel and / dance; \*

praise him with strings and / pipe.

Praise him with resounding / cymbals; \*

praise him with loud-clanging / cymbals.

Let everything that has / breath \*

praise the LORD. Halle - / lujah!

*The Hymnal 1982 #8-415; © 1956, Jerome Webster Meachen.*

## READING Revelation 1:4-8

JOHN to the seven churches that are in Asia: Grace to you and peace from him who is and who was and who is to come, and from the seven spirits who are before his throne, and from Jesus Christ, the faithful witness, the firstborn of the dead, and the ruler of the kings of the earth.

To him who loves us and freed us from our sins by his blood, and made us to be a kingdom, priests serving his God and Father, to him be glory and dominion forever and ever. Amen.

Look! He is coming with the clouds; every eye will see him, even those who pierced him; and on his account all the tribes of the earth will wail. So it is to be. Amen. "I am the Alpha and the Omega," says the Lord God, who is and who was and who is to come, the Almighty.

Hear what the Spirit is saying to God's people.

**Thanks be to God.**

*After a brief silence the Presider stands; all rise, as able, for the proclamation of the Gospel.*

## GOSPEL ACCLAMATION

music by Melchoir Vulpius (1560?-1616)

*The cantor introduces the refrain, all repeat it. The cantor chants the verse and all respond with the refrain.*



*Verse:* You believe in me, Thomas, because you have seen me; Blessed are those who have not seen and yet believe.

**THE HOLY GOSPEL** *John 20:19-31*

The Holy Gospel of our Lord Jesus Christ according to John. **Glory to you, Lord Christ.**

**W**HEN it was evening on that day, the first day of the week, and the doors of the house where the disciples had met were locked for fear of the Jews, Jesus came and stood among them and said, "Peace be with you." After he said this, he showed them his hands and his side. Then the disciples rejoiced when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent me, so I send you." When he had said this, he breathed on them and said to them, "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven them; if you retain the sins of any, they are retained."

But Thomas (who was called the Twin), one of the twelve, was not with them when Jesus came. So the other disciples told him, "We have seen the Lord." But he said to them, "Unless I see the mark of the nails in his hands, and put my finger in the mark of the nails and my hand in his side, I will not believe."

A week later his disciples were again in the house, and Thomas was with them. Although the doors were shut, Jesus came and stood among them and said, "Peace be with you." Then he said to Thomas, "Put your finger here and see my hands. Reach out your hand and put it in my side. Do not doubt but believe." Thomas answered him, "My Lord and my God!" Jesus said to him, "Have you believed because you have seen me? Blessed are those who have not seen and yet have come to believe."

Now Jesus did many other signs in the presence of his disciples, which are not written in this book. But these are written so that you may come to believe that Jesus is the Messiah, the Son of God, and that through believing you may have life in his name.

The Gospel of the Lord. **Praise to you, Lord Christ.**

**HOMILY**

The Reverend Linzi Stahlecker

*Following the homily, the assembly is invited into a period of silence, reflecting on the scriptures and sermon.*

*Please stand, as able, when the Presider stands to introduce the Creed.*

**THE NICENE CREED**

*The Book of Common Prayer, p. 358*

**We believe in one God, the Father, the Almighty, Maker of heaven and earth, of all that is, seen and unseen.**

**he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary; and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

**PRAYERS OF THE PEOPLE**

*After each petition:*

**Risen Lord, hear our prayer.**

*The Presider concludes the prayers with a collect; all respond: Amen.*

## THE PEACE

The peace of the Lord be always with you. **And also with you.**

*All exchange a sign of peace, respecting others' desires for distance to be maintained.*



# THE LITURGY OF THE TABLE

## OFFERTORY

*An offering of money is received. Everyone participating in Saint Mark's Cathedral's worship at this time in any way is invited to make an offering as an expression of gratitude for God's generosity. Together, our gifts make possible this community of welcome, reconciliation and service. All worshipping in person are invited to place their offering in baskets as they are passed through through the rows.*

*Links to donate to Saint Mark's online are located on the livestream page. Visit [saintmarks.org/give](https://saintmarks.org/give), or use the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right), or visit this link on your mobile device: <https://venmo.com/saintmarkscathedralseattle>. If Venmo asks you for a four-digit code, enter **2076**.*



*You may also mail your gift to the cathedral: 1245 10th Ave. E, Seattle, WA 98102.*

**ANTHEM** *The whole bright world rejoices now!* WORDS: Friedrich von Spee (1591-1635), tr. Percy Dearmer (1867-1936);  
MUSIC: *Hilariter*, Richard Wayne Dirksen (1921-2003)

The whole bright world rejoices now,  
*hilariter, hilariter!* \*  
The birds do sing on every bough,  
alleluia, alleluia!

Then shout beneath the racing skies,  
*hilariter, hilariter!*  
to him who rose that we might rise,  
alleluia, alleluia!

And all you living things make praise,  
*hilariter, hilariter!*  
He guideth you on all your ways,  
alleluia, alleluia!

To Father, Son, and Holy Ghost,  
*hilariter, hilariter!*  
our God most high, our joy and boast,  
Alleluia, alleluia!

\* "*Hilariter*" is Latin for "joyfully."

All stand, as able.

**THE GREAT THANKSGIVING** *Eucharistic Prayer D*

*The Book of Common Prayer, p. 372*

The Lord be with you. And al - so with you. Lift up your hearts. We lift them to the Lord.

Let us give thanks to the Lord our God. It is right to give God thanks and praise.

It is truly right to glorify you, Father, and to give you thanks; for you alone are God, living and true, dwelling in light inaccessible from before time and for ever.

Fountain of life and source of all goodness, you made all things and fill them with your blessing; you created them to rejoice in the splendor of your radiance.

Countless throngs of angels stand before you to serve you night and day; and, beholding the glory of your presence, they offer you unceasing praise. Joining with them, and giving voice to every creature under heaven, we acclaim you, and glorify your Name, as we sing,

**SANCTUS & BENEDICTUS** *sung by all*

Mathias

*Organ:* Ho - ly, ho - ly, ho - ly Lord, God of power and might,  
*Everyone:* heav'n and earth are full of your glo-ry. Ho san na in the high-est.  
Bless-ed is the one who comes in the name of the Lord. Ho-san-na in the high-est.

*The Hymnal 1982 #8-128 © Oxford University Press*

We acclaim you, holy Lord, glorious in power. Your mighty works reveal your wisdom and love. You formed us in your own image, giving the whole world into our care, so that, in obedience to you, our Creator, we might rule and serve all your creatures. When our disobedience took us far from you, you did not abandon us to the power of death. In your mercy you came to our help, so that in seeking you we might find you. Again and again you called us into covenant with you, and through the prophets you taught us to hope for salvation.

Father, you loved the world so much that in the fullness of time you sent your only Son to be our Savior. Incarnate by the Holy Spirit, born of the Virgin Mary, he lived as one of us, yet without sin. To the poor he proclaimed the good news of salvation; to prisoners, freedom; to the sorrowful, joy. To fulfill your purpose he gave himself up to death; and, rising from the grave, destroyed death, and made the whole creation new.

And, that we might live no longer for ourselves, but for him who died and rose for us, he sent the Holy Spirit, his own

first gift for those who believe, to complete his work in the world, and to bring to fulfillment the sanctification of all.

When the hour had come for him to be glorified by you, his heavenly Father, having loved his own who were in the world, he loved them to the end; at supper with them he took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Father, we now celebrate this memorial of our redemption. Recalling Christ's death and his descent among the dead, proclaiming his resurrection and ascension to your right hand, awaiting his coming in glory; and offering to you, from the gifts you have given us, this bread and this cup, we praise you and we bless you.

**We praise you, we bless you, we give thanks to you, and we pray to you, Lord our God.**

Lord, we pray that in your goodness and mercy your Holy Spirit may descend upon us, and upon these gifts, sanctifying them and showing them to be holy gifts for your holy people, the bread of life and the cup of salvation, the Body and Blood of your Son Jesus Christ.

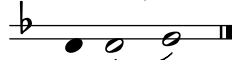
Grant that all who share this bread and cup may become one body and one spirit, a living sacrifice in Christ, to the praise of your Name.

Remember, Lord, your one holy catholic and apostolic Church, redeemed by the blood of your Christ. Reveal its

unity, guard its faith, and preserve it in peace.

And grant that we may find our inheritance with the Blessed Virgin Mary, with patriarchs, prophets, apostles, and martyrs, with Mark and all the saints who have found favor with you in ages past. We praise you in union with them and give you glory through your Son Jesus Christ our Lord.

Through Christ, and with Christ, and in Christ, all honor and glory are yours, Almighty God and Father, in the unity of the Holy Spirit, for ever and ever.



A - MEN.

### THE LORD'S PRAYER

*Ambrosian chant*

Our Fa-ther in hea-ven, ha-lloed be your Name, your king-dom come, your will be done, on earth as in hea-ven.  
Give us to-day our dai-ly bread. For-give us our sins as we for-give those who sin a-against us. Save us from the time of trial,  
and de-li-ver us from e - vil. For the king-dom, the po-wer, and the glo-ry are yours, now and for ev - er. A - men.

*The Hymnal 1982 #s-148, adapt. Mason Martens (b. 1933) © 1971 by Mason Martens.*

*In silence, the Presider breaks the consecrated bread.*

### THE BREAKING OF THE BREAD *The disciples knew the Lord Jesus* Mode 6 melody; adapt. Mason Martens (b. 1933)

*All sing the antiphon. The choir sings the verses, all repeating the antiphon as indicated.*

The dis - ci - ples\_ knew the Lord Je - sus in the break - ing\_ of the bread.

*The Hymnal 1982 #s-167, ©1971 by Mason Martens.*

*Verse:* The bread which we break, alleluia, is the communion of the body of Christ. **ANTIPHON**

### INVITATION TO COMMUNION

The Gifts of God for the People of God.

*All may be seated for the time of Communion. All seeking God are welcome at Christ's Table.*

*Please follow the directions of the Liturgical Ministers. Bread and wine are distributed at standing stations at the head of three aisles. The bread will be placed into your outstretched palm taking care not to touch your hand. If you prefer a gluten-free wafer, simply ask for one at the time of Communion. If you wish to receive a blessing instead, please cross your arms in front of your chest.*

*Intinction (dipping the bread in the wine) is not available at this time. If you do not wish to drink from the common cup, please cross your arms in front of your chest as you pass by the chalice. The full grace of the sacrament is received with only the bread.*



Those worshipping at home are invited to pray:

**PRAYER AT THE TIME OF COMMUNION**

from *Saint Augustine's Prayer Book* (Forward Movement, 2014)

O Christ, I believe that you are truly present in the Holy Sacrament, and, since I cannot at this time receive communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace. Amen.

**VOLUNTARY** *Organ improvisation*

**HYMN 209** *We walk by faith* ♦ *The Hymnal 1982*

TUNE: *St. Botolph*

1. We walk by faith, and not by sight; no gra - cious words we hear  
2. We may not touch his hands and side, nor fol - low where he trod;  
3. Help then, O Lord, our un - be - lief; and may our faith a - bound,  
4. That, when our life of faith is done, in realms of clear - er light,

from him who spoke as none e'er spoke, but we be - lieve him near.  
but in his pro - mise we re - jice and cry, "My Lord and God!"  
to call on you when you are near and seek where You are found.  
may we be - hold you as you are, with full and end - less sight.

*The assembly is invited to remain seated for a period of silence, contemplating the gifts of God given and received.  
Please stand, as able, when the Presider stands and returns to the Altar.*

## SENDING OF EUCHARISTIC VISITORS

*On some Sundays, ministers take Holy Communion to sick or housebound members of the community.*

One body are we. **For though many, we share one bread and one cup.**

Go in peace, bearing holy gifts for holy people.

## POSTCOMMUNION PRAYER

*The Book of Common Prayer, p. 365*


Eternal God, heavenly Father, **you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

**BLESSING** *The Presider asks God's blessing on the Assembly. All respond: Amen.*


**HYMN 206** *O sons and daughters* ♦ *The Hymnal 1982*

TUNE: *O filii et filiae*


*Antiphon (at the beginning)*




Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia!



1 O sons and daught - ers, let us sing!  
2 That night the a - pos - tles met in fear;  
3 When Thom - as first the tid - ings heard,  
4 "My pierc - ed side, O Thom - as, see;  
5 No long - er Thom - as then de - nied,  
6 How blest are they who have not seen,



1 The King of heaven, the glo - rious King,  
2 a - midst them came their Lord most dear,  
3 how they had seen the ris - en Lord,  
4 my hands, my feet, I show to thee;  
5 he saw the feet, the hands, the side;  
6 and yet whose faith has con - stant been,



1 o'er death and hell rose tri - umph - ing. Al - le - lu - ia!  
2 and said, "My peace be on all here." Al - le - lu - ia!  
3 he doubt - ed the dis - ci - ples' word. Al - le - lu - ia!  
4 not faith - less, but be - liev - ing be." Al - le - lu - ia!  
5 "Thou art my Lord and God," he cried. Al - le - lu - ia!  
6 for they e - ter - nal life shall win. Al - le - lu - ia! [Ant.]

*Antiphon (at the end)*

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia!

**DISMISSAL** *The Deacon dismisses the Assembly. The Assembly responds: **Thanks be to God.***

**VOLUNTARY** *Nun lob, mein' Seel', den Herren* ("My soul, now bless thy Maker!") Michael Praetorius (1571-1621)



## MINISTERS OF THE LITURGY

**PRESIDER** The Reverend Canon Eliacín Rosario-Cruz; **PREACHER** The Reverend Linzi Stahlecker; **DEACON** The Reverend Linzi Stahlecker; **EUCCHARISTIC MINISTERS** Kevin Johnson, Nathan Clark, Russ Campbell, Adam Oberstadt, The Reverend Doctor Dennis Tierney; **ASSISTING LAY MINISTER** Walter Stuteville; **ALTAR GUILD** Jenny Donner, Sharon Ferguson; **VERGERS** Erik Donner, Nancy Cleminshaw; **ACOLYTES** Morgan Bawcom-Randall, Russ Campbell, Kate Halamay, Kevin Johnson, Ray Miller; **LECTORS** John Carroll, Vicky Greenbaum; **INTERCESSOR** Vinh Do; **GREETERS** Hisako Beasley, Carolyn White; **USHERS** Kathy Sodergren | Emily Meeks, Chris Rigos; **OBLATION BEARERS** The Heath-McCormick Family; **LAND ACKNOWLEDGMENT** Clara Berg; **MUSICIANS** Anneka Herring, *cantor*; Saint Mark's Singers; **SOUND BOARD** Michael Perera; **VIDEOGRAPHY** Chris Brown

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