



SAINT MARK'S  
EPISCOPAL CATHEDRAL  
SEATTLE, WASHINGTON

# THE HOLY EUCHARIST

## THE THIRD SUNDAY OF EASTER

May 1, 2022 ♦ 9:00 AM

*Saint Mark's Cathedral acknowledges that we gather on the traditional land of the first people of Seattle, the Duwamish People, who are still here, and we honor with gratitude the land itself and the life of the Duwamish Tribe.*

*Welcome to Saint Mark's Cathedral. Wherever you are on your spiritual journey, you are welcome here!*

*Signs in the nave indicate the distanced and undistanced sections. To protect our young children and others with health concerns, masks are required for everyone in the distanced sections. While*

*seated in the undistanced sections, masking is optional.*

*Ushers are available during the liturgy should you have any questions or concerns, or if you need a hearing assist device.*

*If you are new to Saint Mark's and would like to learn more, please consider completing a newcomer form, visit [saintmarks.org/newcomers](http://saintmarks.org/newcomers) or simply contact one of the clergy. Grace and peace to you!*

*The Assembly speaks aloud the **text in boldface**.*

*A brief organ voluntary offered a few minutes before the hour bids all to keep silence for prayer and preparation.*

**PRELUDE**      Improvisation on *St. Agnes*  
(Tune of Hymn 343, "Shepherd of souls, refresh and bless")

### LAND ACKNOWLEDGMENT

## THE ENTRANCE RITE

*All stand, as able.*

**HYMN 182**      *Christ is alive! Let Christians sing* (stanzas 1, 2, & 5) ♦ *The Hymnal 1982*

TUNE: *Truro*

### OPENING ACCLAMATION

*Enriching Our Worship 1, p. 50*

Alleluia. Christ is risen. **Christ is risen indeed. Alleluia.**

### COLLECT FOR PURITY

*The Book of Common Prayer, p. 355*

**A**LMIGHTY GOD, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

SONG OF PRAISE *Gloria in excelsis*

William Mathias (1934-1992)

Glo-ry to God in the highest, and peace to God's peo-ple on earth. Lord God, heav'n-ly King, al -  
might-y God and Fa-ther, we wor-ship you, we give you thanks, we praise you for your glo - ry. Lord Je - sus  
Christ, on - ly Son of the Fa-ther, Lord God, Lamb of God, you take away the sin of the world: have mer - cy  
on us; you are seat - ed at the right hand of the Fa - ther: re - ceive our prayer.  
For you alone are the Ho - ly One, you alone are the Lord, you alone are the Most High, Je - sus Christ, with the  
Ho - ly Spi - rit, in the glo - ry of God the Fa - ther. A - - men.

*The Hymnal 1982 #8-278, by permission of Oxford University Press*

COLLECT OF THE DAY *Third Sunday of Easter C*

*Prayers for an Inclusive Church, adapt.*

God be with you. **And also with you.** Let us pray.

**G**OD of the new fire and daybreak feasting;  
make us mindful of you in daily routine and in discomfort;  
call us to the way of the cross and the joy of resurrection;  
through Jesus Christ, the Lamb of God. **Amen.**

*Please be seated for the readings.*



# THE LITURGY OF THE WORD

## READING Acts 9:1-6

**S**AUL, still breathing threats and murder against the disciples of the Lord, went to the high priest and asked him for letters to the synagogues at Damascus, so that if he found any who belonged to the Way, men or women, he might bring them bound to Jerusalem. Now as he was going along and approaching Damascus, suddenly a light from heaven flashed around him. He fell to the ground and heard a voice saying to him, "Saul, Saul, why do you

persecute me?" He asked, "Who are you, Lord?" The reply came, "I am Jesus, whom you are persecuting. But get up and enter the city, and you will be told what you are to do."

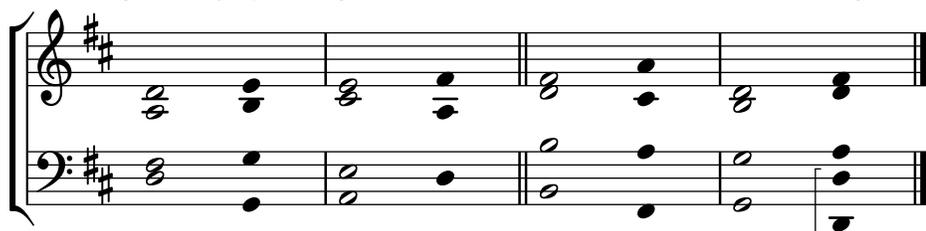
Hear what the Spirit is saying to God's people.

**Thanks be to God.**

## PSALM Psalm 30 ♦ *Laudate Dominum*

Simplified Anglican Chant, Jerome Meachen (b. 1930)

*The organ will play through the chant once, then all chant the Psalm together.*



**I**WILL exalt you, O Lord,  
because you have lifted me / up \*  
and have not let my enemies triumph / over me.  
O Lord my God, I cried out to/ you, \*  
and you restored me to / health.

You brought me up, O Lord, from the / dead; \*  
you restored my life as I was going down to the / grave.  
Sing to the Lord, you servants of / his; \*  
give thanks for the remembrance of his / holiness.

For his wrath endures but the twinkling of an / eye, \*  
his favor for a / lifetime.

Weeping may spend the / night, \*  
but joy comes in the / morning.

While I felt secure, I said,  
"I shall never be dis-/ turbed. \*"

You, Lord, with your favor, made me as strong as  
the / mountains."

Then you hid your / face, \*  
and I was filled with / fear.

I cried to you, O / Lord; \*

I pleaded with the Lord, / saying,  
"What profit is there in my blood,  
if I go down to the / Pit? \*"

will the dust praise you or declare your / faithfulness?

Hear, O Lord, and have mercy u-/ pon me; \*  
O Lord, be my / helper."

You have turned my wailing into / dancing; \*  
you have put off my sack-cloth  
and clothed me with / joy.

*Repeat 2nd half of chant:*

Therefore my heart sings to you without / ceasing; \*  
O Lord my God, I will give you thanks for / ever.

*The Hymnal 1982 #8-415; © 1956, Jerome Webster Meachen.*

## READING Revelation 5:11-14

**I**LOOKED, and I heard the voice of many angels surrounding the throne and the living creatures and the elders; they numbered myriads of myriads and thousands of thousands, singing with full voice,

"Worthy is the Lamb that was slaughtered to receive power and wealth and wisdom and might and honor and glory and blessing!"

Then I heard every creature in heaven and on earth and under the

earth and in the sea, and all that is in them, singing,

"To the one seated on the throne and to the Lamb be blessing and honor and glory and might forever and ever!"

And the four living creatures said, "Amen!" And the elders fell down and worshiped.

Hear what the Spirit is saying to God's people.

**Thanks be to God.**

After a brief silence the Presider stands; all rise, as able, for the proclamation of the Gospel.

## GOSPEL ACCLAMATION

music by Melchoir Vulpius (1560?-1616)

The choir introduces the refrain, all repeat it. The choir chants the verse and all respond with the refrain.



Verse: Christ being raised from the dead will never die again; death no longer has dominion over him.

Wonder, Love, & Praise #848; refrain after *Gelobt sei Gott*, © 1996 John L. Hooker.

## THE HOLY GOSPEL *John 21:1-19*

The Holy Gospel of our Lord Jesus Christ according to John. **Glory to you, Lord Christ.**

**J**ESUS showed himself again to the disciples by the Sea of Tiberias; and he showed himself in this way. Gathered there together were Simon Peter, Thomas called the Twin, Nathanael of Cana in Galilee, the sons of Zebedee, and two others of his disciples. Simon Peter said to them, "I am going fishing." They said to him, "We will go with you." They went out and got into the boat, but that night they caught nothing.

Just after daybreak, Jesus stood on the beach; but the disciples did not know that it was Jesus. Jesus said to them, "Children, you have no fish, have you?" They answered him, "No." He said to them, "Cast the net to the right side of the boat, and you will find some." So they cast it, and now they were not able to haul it in because there were so many fish. That disciple whom Jesus loved said to Peter, "It is the Lord!" When Simon Peter heard that it was the Lord, he put on some clothes, for he was naked, and jumped into the sea. But the other disciples came in the boat, dragging the net full of fish, for they were not far from the land, only about a hundred yards off.

When they had gone ashore, they saw a charcoal fire there, with fish on it, and bread. Jesus said to them, "Bring some of the fish that you have just caught." So Simon Peter went aboard and hauled the net ashore, full of large fish, a hundred fifty-three of them; and though there were so many, the net was not torn. Jesus said to them, "Come

and have breakfast." Now none of the disciples dared to ask him, "Who are you?" because they knew it was the Lord. Jesus came and took the bread and gave it to them, and did the same with the fish. This was now the third time that Jesus appeared to the disciples after he was raised from the dead.

When they had finished breakfast, Jesus said to Simon Peter, "Simon son of John, do you love me more than these?" He said to him, "Yes, Lord; you know that I love you." Jesus said to him, "Feed my lambs." A second time he said to him, "Simon son of John, do you love me?" He said to him, "Yes, Lord; you know that I love you." Jesus said to him, "Tend my sheep." He said to him the third time, "Simon son of John, do you love me?" Peter felt hurt because he said to him the third time, "Do you love me?" And he said to him, "Lord, you know everything; you know that I love you." Jesus said to him, "Feed my sheep. Very truly, I tell you, when you were younger, you used to fasten your own belt and to go wherever you wished. But when you grow old, you will stretch out your hands, and someone else will fasten a belt around you and take you where you do not wish to go." (He said this to indicate the kind of death by which he would glorify God.) After this he said to him, "Follow me."

The Gospel of the Lord. **Praise to you, Lord Christ.**

## HOMILY

The Reverend Canon Eliacín Rosario-Cruz

Following the homily, the assembly is invited into a period of silence, reflecting on the scriptures and sermon.

Please stand, as able, when the Presider stands to introduce the Creed.

## THE NICENE CREED

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate of the Holy Spirit and the Virgin Mary and became truly human. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in

*Authorized for use by the 1997 General Convention*

accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father, who with the Father and the Son is worshiped and glorified, who has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

## PRAYERS OF THE PEOPLE

*After each petition:*

Risen Lord, **hear our prayer.**

*The Presider concludes the prayers with a collect; all respond: Amen.*

## THE PEACE

The peace of Christ be always with you. **And also with you.**

*All exchange a sign of peace, respecting others' desires for distance to be maintained.*

## BIRTHDAY & ANNIVERSARY BLESSINGS

*Those celebrating birthdays and anniversaries this month are invited to come forward to receive a blessing. All stand, as able, and joins the Presider in saying the prayers.*

*Birthdays:*

Watch over your children, O Lord, as their days increase; bless and guide them wherever they may be. Strengthen them when they stand; comfort them when discouraged or sorrowful; raise them up if they fall; and in their hearts may your peace, which passes understanding, abide all the days of their lives; through Jesus Christ our Savior. Amen.

*Anniversaries:*

Loving God, in the mystery of the Holy Trinity, you reveal yourself as a community of self-giving love. We thank you for bringing us together into families. Bless we pray these couples who celebrate the anniversaries of their commitments to one another, and grant that they may grow in grace, fidelity and mutual affection all the days of their lives, through Jesus Christ our Savior. Amen.

# THE LITURGY OF THE TABLE

## OFFERTORY

An offering of money is received. Everyone participating in Saint Mark's Cathedral's worship at this time in any way is invited to make an offering as an expression of gratitude for God's generosity. Together, our gifts make possible this community of welcome, reconciliation and service. All worshipping in person are invited to place their offering in baskets as they are passed through through the rows.

Links to donate to Saint Mark's online are located on the livestream page. Visit [saintmarks.org/give](https://saintmarks.org/give), or use the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right), or visit this link on your mobile device: <https://venmo.com/saintmarkscathedralseattle>. If Venmo asks you for a four-digit code, enter **2076**.



You may also mail your gift to the cathedral: 1245 10th Ave. E, Seattle, WA 98102.

## ANTHEM *Let us come to the table of God*

WORDS & MUSIC: Karen Marrolli (2015)

Let us come to the table of God,  
for the banquet is spread:  
Cup of Life, Living Bread.  
Let us come to the table of God.

Let us feast on the love of our God:  
Cup of Hope, Bread of Heav'n,  
peace restored, healing giv'n.  
Let us feast on the love of our God.

Let us go to the people of God,  
granting love, granting grace,  
in ev'ry time and place.  
Let us go to the people of God.

*All stand, as able.*

## THE GREAT THANKSGIVING

*Prayers for an Inclusive Church, adapt.*

God be with you. **And also with you.**

Lift up your hearts. **We lift them to God.**

Let us give thanks to the Lord our God. **It is right to give God thanks and praise.**

Eternal God, in the abundance of your love you have caused all things to be; from dust and spirit you have woven our humanity; in all our wanderings you never cease to call us to fullness of life.

You gave us Jesus, son of Mary, the bread of life broken for the world; he fed us and feasted with us, he healed us and suffered for

us; his dying and rising have set us free from the poverty of sin and the famine of death.

Therefore, with all whom you have made, with all who hunger for your kingdom, with the saints and all the choirs of angels, we take up the song of your praise.

## SANCTUS & BENEDICTUS *A Community Mass*

Richard Proulx (b. 1937)

Ho-ly, ho-ly, ho - ly Lord, God of po-wer and might, heav'n and earth are full of your glo-ry. Ho - san - na in the high-est. Ho - san-na in the high-est. Blessed is the one who comes in the name of the Lord. Ho - san - na in the high-est. Ho - san-na in the high-est.

We ask that your Holy Spirit fall upon us and upon these gifts, that these fragile, earthly things may be to us the body and blood of our Lord and brother, Jesus Christ.

On the night he was betrayed, Jesus gathered with his faltering friends. He took bread, gave thanks, broke it and said: "This is my body, which is given for you. Do this in remembrance of me."

In the same way after supper, he took the cup of wine, saying, "This cup is the new covenant in my blood. Do this, whenever you drink it, in remembrance of me."

As on that night, so here and now he offers himself in touch and taste beyond all that words can hold. And so we proclaim the great mystery of faith, saying:

**Christ has died. Christ is risen.  
Christ will come again.**

Therefore, we come in memory and hope, responding to your call and the promise that echoes from the dawn of time.

May mind and heart be held by your self-giving love as we stand before the cross, approach the empty tomb, and praise the one whose name is lifted high above all earthly power.

Receive our broken offering through Christ's grace and bind us in communion with all who share your gifts; through Jesus Christ, in whom all ages and all worlds are drawn into the undying love of God, our Mother, Lover, and Friend, now and forever. **AMEN.**

### THE LORD'S PRAYER

*Ambrosian chant*

Our Fa-ther in hea-ven, ha-llo-wed be your Name, your king-dom come, your will be done, on earth as in hea-ven.  
Give us to-day our dai-ly bread. For-give us our sins as we for-give those who sin a-gainst us. Save us from the time of trial,  
and de-li-ver us from e - vil. For the king-dom, the po-wer, and the glo-ry are yours, now and for ev - er. A - men.

*The Hymnal 1982 #s-148, adapt. Mason Martens (b. 1933) © 1971 by Mason Martens.*

*In silence, the Presider breaks the consecrated bread.*

### THE BREAKING OF THE BREAD *This is the feast of victory for our God*

TUNE: *Festival Canticle*

*All sing the antiphon. The choir sings the verses, all repeating the antiphon as indicated.*

This is the feast of vic - to-ry for our God. Al - le -  
lu - ia, al - le - lu - ia, al - le - lu - ia! lu - ia!  
1-2. 3.

*Verse:* Worthy is Christ, the Lamb who was slain, whose blood set us free to be people of God. **ANTIPHON**

*Verse:* Power, riches, wisdom, and strength, and honor, blessing, and glory are his **ANTIPHON**

*The Hymnal 1982 #417, ©1978 by permission of Augsburg Publishing House.*

### INVITATION TO COMMUNION

The Gifts of God for the People of God.

*All may be seated for the time of Communion. All seeking God are welcome at Christ's Table.*

*Please follow the directions of the Liturgical Ministers. Bread and wine are distributed at standing stations at the head of three aisles. The bread will be placed into your outstretched palm taking care not to touch your hand. If you prefer a gluten-free wafer, simply ask for one at the time of Communion. If you wish to receive a blessing instead, please cross your arms in front of your chest.*

*Intinction (dipping the bread in the wine) is not available at this time. If you do not wish to drink from the common cup, please cross your arms in front of your chest as you pass by the chalice. The full grace of the sacrament is received with only the bread.*

**VOLUNTARY** *Organ improvisation*

**HYMN 306** *Come, risen Lord, and deign to be our guest* ♦ *The Hymnal 1982*

TUNE: *Sursum Corda*

*The assembly is invited to remain seated for a period of silence, contemplating the gifts of God given and received.  
Please stand, as able, when the Presider stands and returns to the Altar.*

### **SENDING OF EUCHARISTIC VISITORS**

*On some Sundays, ministers take Holy Communion to sick or housebound members of the community.*

One body are we. **For though many, we share one bread and one cup.**  
Go in peace, bearing holy gifts for holy people.

### **POSTCOMMUNION PRAYER**

*Prayers for an Inclusive Church, adapt.*

Gracious God, we have broken the bread which is Christ's body; we have tasted the wine of his new life. We thank you for these gifts by which we are made one in him and drawn into that new creation which is your will for all humanity; through Christ our Savior. Amen.

**BLESSING** *The Presider asks God's blessing on the Assembly. All respond: Amen.*

**HYMN 492** *Sing, ye faithful, sing with gladness* ♦ *The Hymnal 1982*

TUNE: *Finnian*

**DISMISSAL** *The Deacon dismisses the Assembly. The Assembly responds: Thanks be to God. Alleluia. Alleluia.*

**VOLUNTARY** *Prelude and Toccata on Victimae Paschali Laudes*  
(Tune of Hymn 183, "Christians, to the Paschal victim")

Denis Bédard (b. 1950)



## MINISTERS OF THE LITURGY

**PRESIDER** The Very Reverend Steven L. Thomason; **PREACHER** The Reverend Canon Eliacín Rosario-Cruz; **DEACON** The Reverend Emily Austin; **EUCHARISTIC MINISTERS** Doug Thorpe, Nathan Clark, The Reverend Canon Doctor Marda Steedman Sanborn; **ASSISTING LAY MINISTER** Lynne Markova; **ALTAR GUILD** Sue Tait; **CRUCIFER** Gabriel Rosario-Kilmer; **LECTORS** Wendy Claire Barrie, Kristen Austin; **INTERCESSOR** Ray Miller; **GREETER** TBD; **USHERS** Don Sutkus, Karrie Sutkus; **OBLATION BEARERS** Loy & Michael Dahl; **LAND ACKNOWLEDGMENT** Peter Snyder; **MUSICIANS** The Junior and Senior Choristers of Saint Mark's Choir School; Saint Mark's Singers; **SOUND BOARD** Michael Perera

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