



SAINT MARK'S
EPISCOPAL CATHEDRAL
SEATTLE, WASHINGTON

THE HOLY EUCHARIST
FIRST SUNDAY AFTER PENTECOST: TRINITY SUNDAY

June 12, 2022 ♦ 11:00 AM

Saint Mark's Cathedral acknowledges that we gather on the traditional land of the first people of Seattle, the Duwamish People, who are still here, and we honor with gratitude the land itself and the life of the Duwamish Tribe.

Welcome to Saint Mark's Cathedral. Wherever you are on your spiritual journey, and whether you are joining in the nave or via the livestream, you are welcome here!

Signs in the nave indicate the distanced and undistanced sections. Please note that masks are currently required for all. Masks are

available if needed (please ask an usher).

Ushers are available during the liturgy should you have any questions or concerns, or if you need a hearing assist device.

If you are new to Saint Mark's and would like to learn more, please consider completing a newcomer form, visit saintmarks.org/newcomers or simply contact one of the clergy. Grace and peace to you!

*The Assembly speaks aloud the **text in boldface**.*

A brief organ voluntary offered a few minutes before the hour invites all into quiet prayer and preparation.

PRELUDE *Trio Sonata in E-flat, BWV 525*

J. S. Bach (1685–1750)

1. Allegro moderato
2. Adagio
3. Allegro

LAND ACKNOWLEDGMENT

All stand, as able.

INTROIT *Psalm 8*

WORDS: from the St. Helena Translation of the Psalter;

MUSIC: Plainsong, Tone 5.2, with verses in fauxbourdon by Gerre Hancock (1934–2012)

O God, our Governor, how exalted is your Name in all the world! Out of the mouths of infants and children, your majesty is praised above the heavens. You have set up a stronghold against your adversaries, to quell the enemy and the avenger. When I consider the heavens, the work of your fingers, the moon and the stars you have

set in their courses, What are we that you should be mindful of us, mere mortals that you should seek us out? You have made us but little lower than the angels; you adorn us with glory and honor; You give us mastery over the works of your hands: you put all things under our feet: All sheep and oxen, even the wild beasts

of the field, The birds of the air, the fish of the sea, and whatsoever walks in the paths of the sea. O God, our Governor, how exalted is your Name in all the world! Glory to God, Source of all being, Incarnate Word, and Holy Spirit, As it was in the beginning, is now, and will be forever. Amen.

THE ENTRANCE RITE

HYMN 370 *I bind unto myself today (stanzas 1, 2, 4, 6, & 7) ♦ The Hymnal 1982*

TUNE: *St. Patrick's Breastplate*



1. I bind un - to my - self to - day the strong Name of the Tri - ni - ty,



by in - vo - ca - tion of the same, the Three in One, and One in Three.



2. I bind this day to me for ev - er, by power of faith, Christ's In - car - na - tion;
3. I bind un - to my - self the power of the great love of cher - u - bim;
4. I bind un - to my - self to - day_ the vir - tues of the star - lit heav'n,
5. I bind un - to my - self to - day_ the power of God to hold and lead,



his bap - tism in the Jor - dan ri-ver; his death on cross for my sal - va - tion;
the sweet "Well done" in judg - ment hour; the ser - vice of the ser - a - phim;
the glo - rious sun's life - giv - ing ray,_ the white - ness of the moon at even,
his eye to watch, his might to stay,_ his ear to hear - en to my need;



his burst - ing from the spic - èd tomb; his rid - ing up the heav'n - ly way;
con - fess - ors' faith, a - pos - tles' word, the pa - triarchs' prayers, the pro - phets' scrolls;
the flash - ing of the light - ning free, the whirl - ing wind's tem - pes - tuous shocks,
the wis - dom of my God to teach, his hand to guide, his shield to ward;



his com - ing at the day of doom: I bind un - to my - self to - day.
all good deeds done un - to the Lord, and pu - ri - ty of vir - gin souls.
the sta - ble earth, the deep salt sea, a - round the old e - ter - nal rocks.
the word of God to give me speech, his heav'n - ly host to be my guard.

6. Christ be with me, Christ with-in me, Christ be - hind me, Christ be - fore me,
Christ be - neath me, Christ a - bove me, Christ in qui - et, Christ in dan - ger,

Christ be - side me, Christ to win me, Christ to com - fort and re - store me,
Christ in hearts of all that love me, Christ in mouth of friend and strang - er.

7. I bind un - to my - self the Name, the strong Name of the Tri - ni - ty, by in - vo - ca - tion

of the same, the Three in One, and One in Three. Of whom all na - ture hath cre - ation, e - ter - nal

Fa - ther, Spi - rit, Word: praise to the Lord of my sal - vation, sal - va - tion is of Christ the Lord!

OPENING ACCLAMATION

Enriching Our Worship 1, p. 50

Blessed be the one, holy, and living God. **Glory to God for ever and ever.**

COLLECT FOR PURITY

ALMIGHTY GOD, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

SONG OF PRAISE *Gloria in excelsis*

John Rutter (b. 1945)

Organ: Everyone:
 Glory to God in the highest, and peace to God's people on earth. Lord
 God, heav'nly King, al-might-y God and Fa-ther, we worship you, we give you thanks, we praise you for your
 glo-ry. Lord Je-sus Christ, on-ly Son of the Fa-ther, Lord God, Lamb of God, you take a -
 way the sin of the world: have mercy on us; you are seated at the right hand of the Fa-ther: re-ceive our
 prayer. For you a-lone are the Ho-ly One, you a-lone are the Lord, you a-lone are the Most
 High, Je-sus Christ, with the Ho-ly Spi-rit, in the glo-ry of God the Fa-ther. A - men.

COLLECT OF THE DAY *The first Sunday after Pentecost: Trinity Sunday*

The Book of Common Prayer, p. 228

God be with you. **And also with you.** Let us pray.

ALMIGHTY and everlasting God, you have given to us your servants grace, by the confession of a true faith, to acknowledge the glory of the eternal Trinity, and in the power of your divine Majesty to worship the Unity: Keep us steadfast in this faith and worship, and bring us at last to see you in your one and eternal glory, O Father; who with the Son and the Holy Spirit live and reign, one God, for ever and ever. **Amen.**

Please be seated for the readings.

THE LITURGY OF THE WORD

READING *Proverbs 8:1-4, 22-31*

DOES not wisdom call, and does not understanding raise her voice? On the heights, beside the way, at the crossroads she takes her stand; beside the gates in front of the town, at the entrance of the portals she cries out: "To you, O people, I call, and my cry is to all that live. The Lord created me at the beginning of his work, the first of his acts of long ago. Ages ago I was set up, at the first, before the beginning of the earth. When there were no depths I was brought forth, when there were no springs abounding with water. Before the mountains had been shaped, before the hills, I was brought forth—when he had not yet made earth and fields, or the world's first bits of soil. When he established the heavens, I was

there, when he drew a circle on the face of the deep, when he made firm the skies above, when he established the fountains of the deep, when he assigned to the sea its limit, so that the waters might not transgress his command, when he marked out the foundations of the earth, then I was beside him, like a master worker; and I was daily his delight, rejoicing before him always, rejoicing in his inhabited world and delighting in the human race."

Hear what the Spirit is saying to God's people.

Thanks be to God.

CANTICLE *Benedictus es Domine* ♦ *Song of the Three Young Men, 29-34*

Peter R. Hallock (1924–2014)

The choir sings the antiphon, all repeat. The choir chants the Psalm, all repeat the antiphon where indicated.



Glory to you, Father, Son, and Ho-ly Spirit.

GLORY to you, Lord God of our fathers; you are worthy of praise; glory to you. Glory to you for the radiance of your holy Name; we will praise you and highly exalt you for ever. **ANTIPHON**

Glory to you in the splendor of your temple; on the throne of your majesty, glory to you. Glory to you, seated between the Cherubim; we will praise you and highly exalt you for ever. **ANTIPHON**

Glory to you, beholding the depths; in the high vault of heaven, glory to you. Glory to you, Father, Son, and Holy Spirit; we will praise you and highly exalt you for ever. **ANTIPHON**

READING *Romans 5:1-5*

SINCE we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and

hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

Hear what the Spirit is saying to God's people.

Thanks be to God.

After a brief silence the Presider stands; all rise, as able, for the proclamation of the Gospel.

SEQUENCE HYMN *If you believe and I believe*

TUNE: *Traditional, Zimbabwe*

To be sung twice: first by choir alone, then again by all.

The musical score is written for voice and piano. It consists of four systems of music. Each system has a vocal line (treble clef) and a piano accompaniment (bass clef). The key signature is one sharp (F#), and the time signature is 4/4. The lyrics are: "If you be - lieve and I be - lieve and we to - ge - ther pray, — the Ho - ly Spi - rit must come down and set God's peo - ple free, — and set God's peo - ple free, — and set God's peo - ple free; — the Ho - ly Spi - rit must come down and set God's peo - ple free. —". The piano accompaniment features a steady bass line and chords that support the vocal melody. The score ends with a double bar line and repeat dots.

THE HOLY GOSPEL *John 16:12-15*

The Holy Gospel of our Lord Jesus Christ according to John. **Glory to you, Lord Christ.**

JESUS said to the disciples, "I still have many things to say to you, but you cannot bear them now. When the Spirit of truth comes, he will guide you into all the truth; for he will not speak on his own, but will speak whatever he hears, and he will declare to you the things that are to come. He will glorify me, because he will take what is

mine and declare it to you. All that the Father has is mine. For this reason I said that he will take what is mine and declare it to you."

The Gospel of the Lord. **Praise to you, Lord Christ.**

HOMILY

The Reverend Linzi Stahlecker

Following the homily, the assembly is invited into a period of silence, reflecting on the scriptures and sermon.

Please stand, as able, when the Presider stands to introduce the Creed.

THE NICENE CREED

The Book of Common Prayer, p. 358

We believe in one God, the Father, the Almighty, Maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary; and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day

he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE

After each petition:

Holy Trinity, one God, hear our prayer. *The Presider concludes the prayers with a collect; all respond: Amen.*

CONFESSION & ABSOLUTION

Enriching Our Worship 1, p. 56

Let us confess our sins to God.

Silence is kept. You are invited to stand or kneel for the confession.

God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.

The Presider pronounces God's forgiveness of our sins. All respond: Amen.

THE PEACE

The peace of Christ be always with you. **And also with you.**

All exchange a sign of peace, respecting others' desires for distance to be maintained.

THE LITURGY OF THE TABLE

OFFERTORY

An offering of money is received. Everyone participating in Saint Mark's Cathedral's worship at this time in any way is invited to make an offering as an expression of gratitude for God's generosity. Together, our gifts make possible this community of welcome, reconciliation and service. All worshipping in person are invited to place their offering in baskets as they are passed through through the rows.

Links to donate to Saint Mark's online are located on the livestream page. Visit saintmarks.org/give, or use the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right), or visit this link on your mobile device: <https://venmo.com/saintmarkscathedralseattle>. If Venmo asks you for a four-digit code, enter **2076**.



You may also mail your gift to the cathedral: 1245 10th Ave. E, Seattle, WA 98102.

ANTHEM *As truly as God is our Father* WORDS: Julian of Norwich (b. 1342); MUSIC: William Mathias (1934–1992)

As truly as God is our Father, so just as truly is he our Mother. In our Father, God Almighty, we have our being; in our merciful Mother we are remade and restored. Our fragmented lives are knit together. And by giving and yielding ourselves, through grace, to the Holy Spirit we are made whole. It is I, the strength and goodness of Fatherhood. It is I, the wisdom of Motherhood. It is I, the light and grace of holy love. It is I, the Trinity. It is I, the Unity. I am the sovereign goodness in all things. It is I who teach you to love. It is I who teach you to desire. It is I who am the reward of all true desiring. All shall be well, and all shall be well, and all manner of thing shall be well. Amen.

All stand, as able.

THE GREAT THANKSGIVING *Eucharistic Prayer 1*

Enriching Our Worship 1, p. 57

God be with you. **And al-so with you.** Lift up your hearts. **We lift them to the Lord.**

Let us give thanks to the Lord our God. **It is right to give God thanks and praise.**

You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body. Through your Spirit you replenish us and call us to fullness of life.

Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing:

SANCTUS & BENEDICTUS *Simple Missa Brevis*

Peter R. Hallock (1924–2014)

Organ: Ho - ly, ho - ly, ho - ly Lord God of hosts.

Everyone: Hea - ven and earth are full of your glo - ry — Ho - san - na in — the high - est.

Blest is the one who comes in the name of our God. — Ho - san - na in — the high - est.

Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace.

But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people.

Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Christ has died. Christ is risen. Christ will come again.

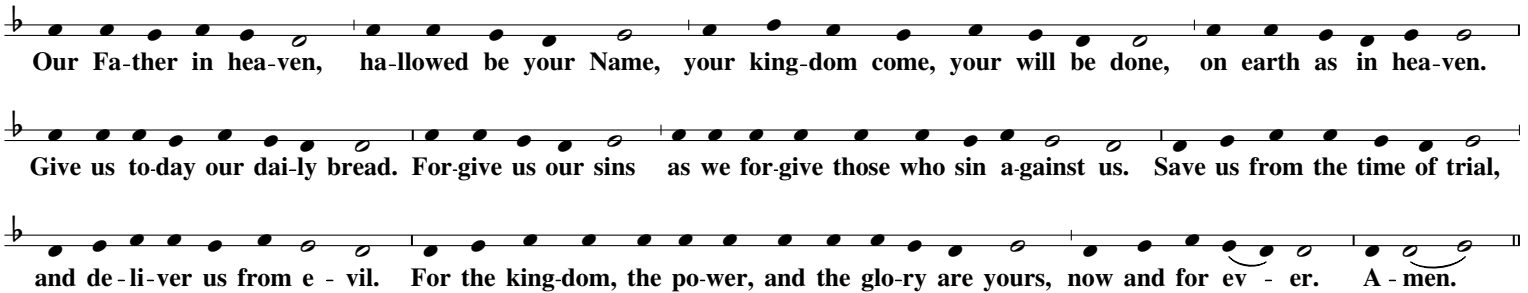
Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with Mary, Mark, all your saints, past, present, and yet to come, we may praise your Name for ever.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever.



THE LORD'S PRAYER

Ambrosian chant



The Hymnal 1982 #s-148, adapt. Mason Martens (b. 1933) © 1971 by Mason Martens.

In silence, the Presider breaks the consecrated bread.

THE BREAKING OF THE BREAD *The disciples knew the Lord Jesus* Mode 6 melody; adapt. Mason Martens (b. 1933)

The cantor sings the antiphon, all repeat. The cantor sings the verses, all repeating the antiphon as indicated.



The Hymnal 1982 #s-167, ©1971 by Mason Martens.

Verse: The bread which we break, alleluia, is the communion of the body of Christ. **ANTIPHON**

Verse: One body are we, alleluia, though many we share one bread. **ANTIPHON**

INVITATION TO COMMUNION

The Gifts of God for the People of God.

All may be seated for the time of Communion. All seeking God are welcome at Christ's Table.

Please follow the directions of the Liturgical Ministers. Bread and wine are distributed at standing stations at the head of three aisles. The bread will be placed into your outstretched palm taking care not to touch your hand. If you prefer a gluten-free wafer, simply ask for one at the time of Communion. If you wish to receive a blessing instead, please cross your arms in front of your chest.

Intinction (dipping the bread in the wine) is not available at this time. If you do not wish to drink from the common cup, please cross your arms in front of your chest as you pass by the chalice. The full grace of the sacrament is received with only the bread.

Those worshipping at home are invited to pray:

PRAYER AT THE TIME OF COMMUNION

from *Saint Augustine's Prayer Book* (Forward Movement, 2014)

O Christ, I believe that you are truly present in the Holy Sacrament, and, since I cannot at this time receive communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace. Amen.

VOLUNTARY *Organ improvisation*

HYMN 516 *Come down, O love divine* ♦ *The Hymnal 1982*

TUNE: *Down Ampney*

1 Come down, O Love di - vine, seek thou this soul of mine,
2 O let it free - ly burn, till earth - ly pas - sions turn
3 And so the year - ing strong, with which the soul will long,

and vis - it it with thine own ar - dor glow - ing;
to dust and ash - es in its heat con - sum - ing;
shall far out - pass the power of hu - man tell - ing;

O Com - fort - er, draw near, with - in my heart ap - pear,
and let thy glo - rious light shine ev - er on my sight,
for none can guess its grace, till Love cre - ate a place

and kin - dle it, thy ho - ly flame be - stow - ing.
and clothe me round, the while my path il - lum - ing.
where - in the Ho - ly Spi - rit makes a dwell - ing.

The assembly is invited to remain seated for a period of silence, contemplating the gifts of God given and received.
Please stand, as able, when the Presider stands and returns to the Altar.

SENDING OF EUCHARISTIC VISITORS

On some Sundays, ministers take Holy Communion to sick or housebound members of the community.

One body are we. **For though many, we share one bread and one cup.**

Go in peace, bearing holy gifts for holy people.

POSTCOMMUNION PRAYER

Enriching Our Worship 1, p. 69

God of abundance, **you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. Amen.**

BLESSING *The Presider asks God's blessing on the Assembly. All respond: Amen.*

HYMN 362 *Holy, holy, holy ♦ The Hymnal 1982*

TUNE: *Nicaea*

1. Ho - ly, ho - ly, ho - ly! Lord God Al - might - y!
2. Ho - ly, ho - ly, ho - ly! All the saints a - dore thee,
3. Ho - ly, ho - ly, ho - ly! Though the dark - ness hide thee,
4. Ho - ly, ho - ly, ho - ly! Lord God Al - might - y!

Ear - ly in the morn - ing our song shall rise to thee:
cast - ing down their gold - en crowns a - round the glass - y sea;
though the sin - ful hu - man eye thy glo - ry may not see,
All thy works shall praise thy Name, in earth, and sky, and sea;



Ho - ly, ho - ly, ho - ly! Mer - ci - ful and might - y,
che - ru - bim and ser - a - phim fall - ing down be - fore thee,
on - ly thou art ho - ly; there is none be - side thee,
Ho - ly, ho - ly, ho - ly! Mer - ci - ful and might - y,

God in three Per - sons, bless - ed Tri - ni - ty.
which wert, and art, and ev - er - more shalt be.
per - fect in power, in love, and pu - ri - ty.
God in three Per - sons, bless - ed Tri - ni - ty.

DISMISSAL *The Deacon dismisses the Assembly. The Assembly responds: Thanks be to God.*

VOLUNTARY *Fugue in E-flat, BWV 552ii*

Bach



MINISTERS OF THE LITURGY

PRESIDER The Reverend Canon Jennifer King Daugherty; **PREACHER** The Reverend Linzi Stahlecker; **DEACON** The Reverend Emily Austin; **ASSISTING LAY MINISTER** Michael Seewer; **EUCCHARISTIC MINISTERS** Nathan Clark, Kelsey Herschberger, Kathy Thomason, Jeremy Crawford, The Reverend Mark Miller, The Reverend Doctor Dennis Tierney; **VERGERS** Kate Halamay, Nancy Cleminshaw; **ALTAR GUILD** James Davidson, Hannah Hochkeppel, Emily Meeks; **ACOLYTES** Krista Olson, Rollin Salsbery, TBD; **LECTORS** Ruth McRee, John Carroll; **INTERCESSOR** Vicky Greenbaum; **GREETERS** Barbara Selberg, John Selberg; **USHERS** Janet Miller | Deborah Person, Jeff Sackett; **OBLATION BEARERS** TBD; **FLOWER MINISTERS** Molly Henderson, *team captain*; **LAND ACKNOWLEDGMENT** Ray Miller; **MUSICIANS** The Cathedral Choir, Rebekah Gilmore, *conducting*; **SOUND BOARD** Michael Perera; **VIDEOGRAPHY** Chris Brown

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