



SAINT MARK'S  
EPISCOPAL CATHEDRAL  
SEATTLE, WASHINGTON

# THE HOLY EUCHARIST

## FIRST SUNDAY AFTER PENTECOST: TRINITY SUNDAY

June 12, 2022 ♦ 9:00 AM

*Saint Mark's Cathedral acknowledges that we gather on the traditional land of the first people of Seattle, the Duwamish People, who are still here, and we honor with gratitude the land itself and the life of the Duwamish Tribe.*

*Welcome to Saint Mark's Cathedral. Wherever you are on your spiritual journey, you are welcome here!*

*Signs in the nave indicate the distanced and undistanced sections. Please note that masks are currently required for all. Masks are available if needed (please ask an usher).*

*Ushers are available during the liturgy should you have any questions or concerns, or if you need a hearing assist device.*

*If you are new to Saint Mark's and would like to learn more, please consider completing a newcomer form, visit [saintmarks.org/newcomers](http://saintmarks.org/newcomers) or simply contact one of the clergy. Grace and peace to you!*

*The Assembly speaks aloud the **text in boldface**.*

*A brief organ voluntary offered a few minutes before the hour bids all to keep silence for prayer and preparation.*

**PRELUDE** *Trio Sonata in E-flat, BWV 525: 1<sup>st</sup> Movement*

J. S. Bach (1685–1750)

### LAND ACKNOWLEDGMENT

## THE ENTRANCE RITE

*All stand, as able.*

**HYMN 367** *Holy, holy, holy (stanzas 1–3) ♦ The Hymnal 1982*

TUNE: *Nicaea*

### OPENING ACCLAMATION

*Enriching Our Worship 1, p. 50*

Blessed be the one, holy, and living God. **Glory to God for ever and ever.**

### COLLECT FOR PURITY

*The Book of Common Prayer, p. 355*

**A**LMIGHTY GOD, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

1 I sing th'al - might - y power of God, that made the moun-tains rise,  
2 There's not a plant or flower be - low, but makes thy glo - ries known;  
that spread the flow - ing seas a - broad and built the loft - y skies.  
and clouds a - rise, and tem - pests blow, by or - der from thy throne;  
I sing the wis - dom that or - dained the sun to rule the day;  
while all that bor - rows life from thee is ev - er in thy care,  
the moon shines full at God's com - mand, and all the stars o - bey.  
and ev - ery - where that I could be, thou, God, art pre - sent there.

MUSIC: *The Hymnal 1982 #210*, WORDS: *The Hymnal 1982 #398*; public domain.

**COLLECT OF THE DAY** *The first Sunday after Pentecost: Trinity Sunday*

*Prayers for an Inclusive Church, adapt.*

God be with you. **And also with you.** Let us pray.

**H**OLY TRINITY,

you are neither monarch nor monologue

but an eternal harmony of gift and response:

through the Word made flesh and the Spirit of Truth

include us and all creation in your extravagant love;

through the Wisdom of God, who raises her voice to call us to life. **Amen.**

*Please be seated for the readings.*

## THE LITURGY OF THE WORD

**READING** *Proverbs 8:1-4, 22-31*

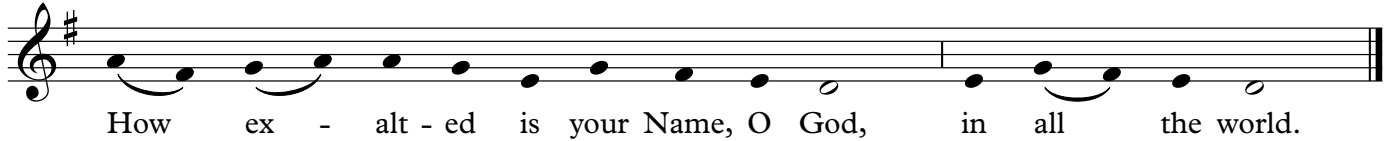
**D**OES not wisdom call, and does not understanding raise her voice? On the heights, beside the way, at the crossroads she takes her stand; beside the gates in front of the town, at the entrance of the portals she cries out: "To you, O people, I call, and my cry is to all that live. The Lord created me at the beginning of his work, the first of his acts of long ago. Ages ago I was set up, at the first, before the beginning of the earth. When there were no depths I was brought forth, when there were no springs abounding with water. Before the mountains had been shaped, before the hills, I was brought forth—when he had not yet made earth and fields, or the world's first bits of soil. When he established the heavens, I was

there, when he drew a circle on the face of the deep, when he made firm the skies above, when he established the fountains of the deep, when he assigned to the sea its limit, so that the waters might not transgress his command, when he marked out the foundations of the earth, then I was beside him, like a master worker; and I was daily his delight, rejoicing before him always, rejoicing in his inhabited world and delighting in the human race."

Hear what the Spirit is saying to God's people.

**Thanks be to God.**

The cantor sings the antiphon, all repeat. The cantor chants the Psalm, all repeat the antiphon where indicated.



**O** GOD, our Governor, how exalted is your Name in all the world! Out of the mouths of infants and children, your majesty is praised above the heavens. You have set up a stronghold against your adversaries, to quell the enemy and the avenger. **ANTIPHON**

When I consider the heavens, the work of your fingers, the moon and the stars you have set in their courses, What are we that you should be mindful of us, mere mortals that you should seek us out? You have made us but little lower than the angels; you adorn us with glory and honor; **ANTIPHON**

You give us mastery over the works of your hands: you put all things under our feet: All sheep and oxen, even the wild beasts of the field, The birds of the air, the fish of the sea, and whatsoever walks in the paths of the sea. O God, our Governor, how exalted is your Name in all the world! **ANTIPHON**

**READING** Romans 5:1-5

**S**INCE we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and

hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

Hear what the Spirit is saying to God's people.

**Thanks be to God.**

After a brief silence the Presider stands; all rise, as able, for the proclamation of the Gospel.

**GOSPEL ACCLAMATION**

Plainchant Tone I.2

The cantor introduces the refrain, all repeat it. The cantor chants the verse and all respond with the refrain.



Verse: Glory to the Father, the Son, and the Holy Spirit; to God who is, who was, and who is to come.

**THE HOLY GOSPEL** John 16:12-15

The Holy Gospel of our Lord Jesus Christ according to John. **Glory to you, Lord Christ.**

**J**ESUS said to the disciples, "I still have many things to say to you, but you cannot bear them now. When the Spirit of truth comes, he will guide you into all the truth; for he will not speak on his own, but will speak whatever he hears, and he will declare to you the things that are to come. He will glorify me, because he will take what is

mine and declare it to you. All that the Father has is mine. For this reason I said that he will take what is mine and declare it to you."

The Gospel of the Lord. **Praise to you, Lord Christ.**

**HOMILY**

The Reverend Linzi Stahlecker

Following the homily, the assembly is invited into a period of silence, reflecting on the scriptures and sermon.

Please stand, as able, when the Presider stands to introduce the Creed.

## THE NICENE CREED

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate of the Holy Spirit and the Virgin Mary and became truly human. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in

*Authorized for use by the 1997 General Convention*

accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father, who with the Father and the Son is worshiped and glorified, who has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

## PRAYERS OF THE PEOPLE *After each petition:*

Holy Trinity, one God, **hear our prayer.** *The Presider concludes the prayers with a collect; all respond: Amen.*

## CONFESSION & ABSOLUTION

*Enriching Our Worship 1, p. 56*

Let us confess our sins to God.

*Silence is kept. You are invited to stand or kneel for the confession.*

God of all mercy, **we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.**

*The Presider pronounces God's forgiveness of our sins. All respond: Amen.*

## THE PEACE

The peace of Christ be always with you. **And also with you.**

*All exchange a sign of peace, respecting others' desires for distance to be maintained.*

## BIRTHDAY & ANNIVERSARY BLESSINGS

*Those celebrating birthdays and anniversaries this month are invited to come forward to receive a blessing. The Assembly stands as able and joins the Presider in saying the prayers.*

*Birthdays:*

**Watch over your children, O Lord, as their days increase; bless and guide them wherever they may be. Strengthen them when they stand; comfort them when discouraged or sorrowful; raise them up if they fall; and in their hearts may your peace, which passes understanding, abide all the days of their lives; through Jesus Christ our Savior. Amen.**

*Anniversaries:*

**Loving God, in the mystery of the Holy Trinity, you reveal yourself as a community of self-giving love. We thank you for bringing us together into families. Bless we pray these couples who celebrate the anniversaries of their commitments to one another, and grant that they may grow in grace, fidelity and mutual affection all the days of their lives, through Jesus Christ our Savior. Amen.**

# THE LITURGY OF THE TABLE

## OFFERTORY

*An offering of money is received. Everyone participating in Saint Mark's Cathedral's worship at this time in any way is invited to make an offering as an expression of gratitude for God's generosity. Together, our gifts make possible this community of welcome, reconciliation and service. All worshipping in person are invited to place their offering in baskets as they are passed through through the rows.*

*Links to donate to Saint Mark's online are located on the livestream page. Visit [saintmarks.org/give](https://saintmarks.org/give), or use the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right), or visit this link on your mobile device: <https://venmo.com/saintmarkscathedralseattle>. If Venmo asks you for a four-digit code, enter 2076.*



*You may also mail your gift to the cathedral: 1245 10th Ave. E, Seattle, WA 98102.*

**ANTHEM**      *A Canon for Choir: Praise the God of all creation*

WORDS & MUSIC: Eric H. F. Law (1992)

Praise the God of all creation. Alleluia.  
Praise the same God in our hearts: Alleluia.

*All stand, as able.*

**THE GREAT THANKSGIVING**      *Eucharistic Prayer 1*

*Enriching Our Worship 1, p. 57*

God be with you. **And also with you.**

Lift up your hearts. **We lift them to God.**

Let us give thanks to the Lord our God. **It is right to give God thanks and praise.**

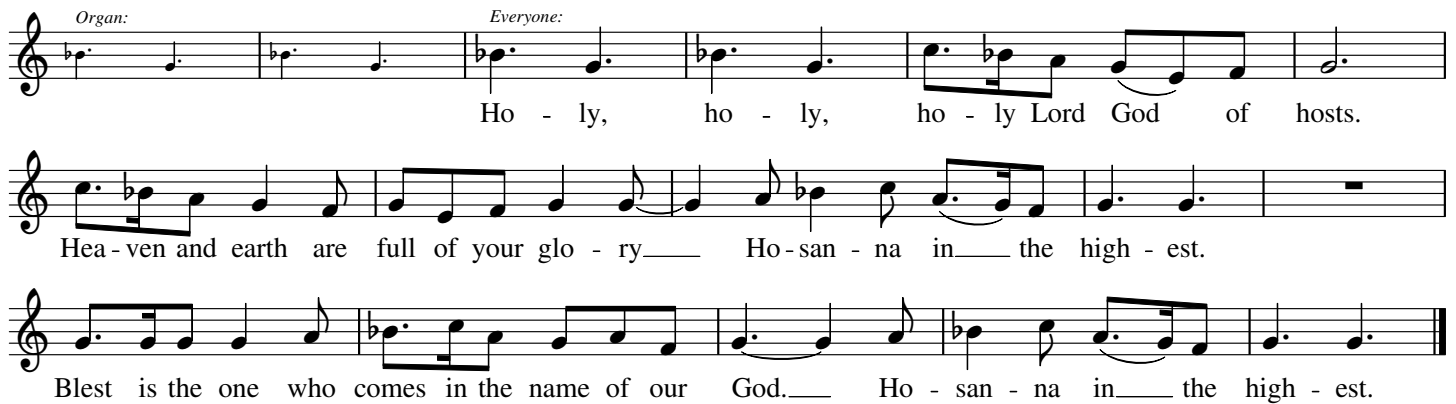
You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body. Through your Spirit you replenish us and call us to fullness of life.

Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing:

**SANCTUS & BENEDICTUS** *Simple Missa Brevis*

Peter R. Hallock (1924–2014)

*Organ:* *Everyone:*



Ho - ly, ho - ly, ho - ly Lord God of hosts.  
 Hea - ven and earth are full of your glo - ry Ho - san - na in the high - est.  
 Blest is the one who comes in the name of our God. Ho - san - na in the high - est.

Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace.

But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people.

Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: “Take, eat: This is my Body which is given for you. Do this for the remembrance of me.”

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: “Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Therefore we proclaim the mystery of faith:

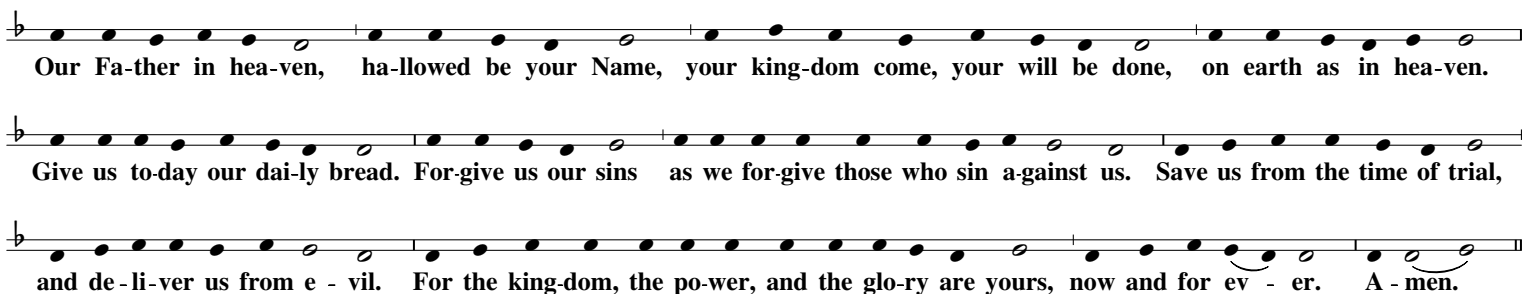
**Christ has died. Christ is risen. Christ will come again.**

Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ’s Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with Mary, Mark, all your saints, past, present, and yet to come, we may praise your Name for ever.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN.**

**THE LORD’S PRAYER**

*Ambrosian chant*



Our Fa-ther in hea-ven, ha-llowed be your Name, your king-dom come, your will be done, on earth as in hea-ven.  
 Give us to-day our dai-ly bread. For-give us our sins as we for-give those who sin a-gainst us. Save us from the time of trial,  
 and de-li-ver us from e - vil. For the king-dom, the po-wer, and the glo-ry are yours, now and for ev - er. A - men.

*The Hymnal 1982 #S-148, adapt. Mason Martens (b. 1933) © 1971 by Mason Martens.*

*In silence, the Presider breaks the consecrated bread.*

**THE BREAKING OF THE BREAD** *The disciples knew the Lord Jesus* Mode 6 melody; adapt. Mason Martens (b. 1933)

*The cantor sings the antiphon, all repeat. The cantor sings the verses, all repeating the antiphon as indicated.*



*The Hymnal 1982 #S-167, ©1971 by Mason Martens.*

*Verse:* The bread which we break, alleluia, is the communion of the body of Christ. **ANTIPHON**

*Verse:* One body are we, alleluia, though many we share one bread. **ANTIPHON**

### **INVITATION TO COMMUNION**

The Gifts of God for the People of God.

*All may be seated for the time of Communion. All seeking God are welcome at Christ's Table.*

*Please follow the directions of the Liturgical Ministers. Bread and wine are distributed at standing stations at the head of three aisles. The bread will be placed into your outstretched palm taking care not to touch your hand. If you prefer a gluten-free wafer, simply ask for one at the time of Communion. If you wish to receive a blessing instead, please cross your arms in front of your chest.*

*Intinction (dipping the bread in the wine) is not available at this time. If you do not wish to drink from the common cup, please cross your arms in front of your chest as you pass by the chalice. The full grace of the sacrament is received with only the bread.*

**VOLUNTARY** *Organ improvisation*

**HYMN 512** *Come, gracious Spirit* ♦ *The Hymnal 1982*

TUNE: *Mendon*

*The assembly is invited to remain seated for a period of silence, contemplating the gifts of God given and received.*

*Please stand, as able, when the Presider stands and returns to the Altar.*



## SENDING OF EUCHARISTIC VISITORS

*On some Sundays, ministers take Holy Communion to sick or housebound members of the community.*

One body are we. **For though many, we share one bread and one cup.**

Go in peace, bearing holy gifts for holy people.

## POSTCOMMUNION PRAYER

*Enriching Our Worship 1, p. 69*

God of abundance, **you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth.** Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. Amen.

**BLESSING** *The Presider asks God's blessing on the Assembly. All respond: Amen.*

**HYMN 370** *I bind unto myself today* (stanzas 1–2 & 6–7) ♦ *The Hymnal 1982* TUNE: *St. Patrick's Breastplate*

**DISMISSAL** *The Deacon dismisses the Assembly. The Assembly responds: Thanks be to God.*

**VOLUNTARY** *Trio Sonata in E-flat, BWV 525: 3<sup>rd</sup> movement*

Bach



## MINISTERS OF THE LITURGY

**PRESIDER** The Reverend Canon Jennifer King Daugherty; **PREACHER** The Reverend Linzi Stahlecker; **DEACON** The Reverend Emily Austin; **ASSISTING LAY MINISTER** Judy Andrews; **EUCHARISTIC MINISTERS** Pamela Bradburn, Nan Sullins, The Reverend Mark Miller; **ALTAR GUILD** Deborah Person; **CRUCIFER** TBD; **LECTORS** Eliza Davidson, Ray Miller; **INTERCESSOR** Mark Uyeda; **GREETER** Preston Tucker; **USHERS** Randy Urmston, Eliza Davidson; **OBLATION BEARERS** The Mills Family; **FLOWER MINISTERS** Molly Henderson, *team captain*; **LAND ACKNOWLEDGMENT** Barbara Zito; **MUSICIANS** Saint Mark's Singers; Rebekah Gilmore, *cantor*; **SOUND BOARD** Michael Perera

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