



SAINT MARK'S
EPISCOPAL CATHEDRAL
SEATTLE, WASHINGTON

THE HOLY EUCHARIST

THE SIXTH SUNDAY AFTER PENTECOST: PROPER 11C

July 17, 2022 ♦ 11:00 AM

Saint Mark's Cathedral acknowledges that we gather on the traditional land of the first people of Seattle, the Duwamish People, who are still here, and we honor with gratitude the land itself and the life of the Duwamish Tribe.

Welcome to Saint Mark's Cathedral. Wherever you are on your spiritual journey, and whether you are joining in the nave or via the livestream, you are welcome here!

Signs in the nave indicate the distanced and undistanced sections. Please note that masks are currently required for all. Masks are

available if needed (please ask an usher).

Ushers are available during the liturgy should you have any questions or concerns, or if you need a hearing assist device.

If you are new to Saint Mark's and would like to learn more, please consider completing a newcomer form, visit saintmarks.org/newcomers or simply contact one of the clergy. Grace and peace to you!

*The Assembly speaks aloud the **text in boldface**.*

A brief organ voluntary offered a few minutes before the hour bids all to keep silence for prayer and preparation.

PRELUDE Trio on *Lobe den Herren*, BWV 650 J. S. Bach (1685–1750)
(tune of Hymn 390, "Praise to the Lord, the Almighty")

LAND ACKNOWLEDGMENT

All stand, as able.

INTROIT *Listen! You nations of the world* WORDS: John W. Arthur (1922–1980);
MUSIC: J. Bert Carlson (b. 1937)

Refrain:

*Listen! You nations of the world: listen to the Word of the Lord.
Announce it from coast to coast; declare it to distant islands.*

*The Lord who scattered Israel will gather his people again;
And he will keep watch over them as a shepherd watches his flock. Refrain*

*With shouts of joy they will come, their faces radiantly happy,
For the Lord is so generous to them; he showers his people with gifts. Refrain*

*Young women will dance for joy, and men young and old will make merry.
Like a garden refreshed by the rain, they will never be in want again. Refrain*

THE ENTRANCE RITE

HYMN 427 *When morning gilds the skies* ♦ *The Hymnal 1982*

TUNE: *Laudes Domini*

1. When morn-ing gilds the skies, my heart, a - wak-ing, cries, may Je-sus Christ be praised!
2. When mirth for mu - sic longs, this is my song of songs: may Je-sus Christ be praised!
3. No love-lier an - ti - phon in all high heaven is known than, Je-sus Christ be praised!
4. Ye na-tions of man - kind, in this your con-cord find: may Je-sus Christ be praised!
5. Sing, suns and stars of space, sing, ye that see his face, sing, Je-sus Christ be praised!

When eve-ning shadows fall, this rings my cur-few call, may Je - sus Christ be praised!
God's ho - ly house of prayer hath none that can com-pare with: Je - sus Christ be praised!
There to the e-ter - nal Word the e-ter - nal psalm is heard: may Je - sus Christ be praised!
Let all the earth a-round ring joy-ous with the sound: may Je - sus Christ be praised!
God's whole cre - a - tion o'er, both now and ev - er - more shall Je - sus Christ be praised!

OPENING ACCLAMATION

Enriching Our Worship 1, p. 50

Blessed be the one, holy, and living God. **Glory to God for ever and ever.**

COLLECT FOR PURITY

ALmighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

SONG OF PRAISE *Benedictus es, Domine*

John Rutter (b. 1945)

1. Glo-ry to you,___ Lord God of our fa - thers;_ you are worthy of praise; glo-ry to you. ___

2. Glo-ry to you___ for the rad - i-ance of your ho - ly Name; we will praise you and highly ex - alt you for ev - er. ___

3. Glo-ry to you___ in the splendor of your tem-ple;___ on the throne of your ma-jesty, glo-ry to you. ___

4. Glo-ry to you, seated be - tween the Cher-u - bim;___ we will praise you and highly ex - alt you for ev - er. ___

5. Glo-ry to you,___ be-holding the depths; in the high vault of heaven, glo-ry to you. ___ 6. Glo-ry to you,___ Father, Son, and Ho - ly Spi-rit;___ we will praise you and highly ex - alt you for ev - er. ___

The Hymnal 1982 #S-236, © 1985, Oxford University Press.

COLLECT OF THE DAY *The sixth Sunday after Pentecost: Proper 11C*

The Book of Common Prayer, p. 231

God be with you. **And also with you.** Let us pray.

ALmighty God, the fountain of all wisdom, you know our necessities before we ask and our ignorance in asking: Have compassion on our weakness, and mercifully give us those things which for our unworthiness we dare not, and for our blindness we cannot ask; through the worthiness of your Son Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

Please be seated for the readings.

THE LITURGY OF THE WORD

READING *Amos 8:1-12*

THIS is what the Lord GOD showed me—a basket of summer fruit. He said, “Amos, what do you see?” And I said, “A basket of summer fruit.” Then the LORD said to me,

“The end has come upon my people Israel; I will never again pass them by. The songs of the temple shall become wailings in that day,” says the Lord GOD; “the dead bodies shall be many, cast out in every place. Be silent!” Hear this, you that trample on the needy, and bring to ruin the poor of the land, saying, “When will the new moon be over so that we may sell grain; and the sabbath, so that we may offer wheat for sale? We will make the ephah small and the shekel great, and practice deceit with false balances, buying the poor for silver and the needy for a pair of sandals, and selling the sweepings of the wheat.” The LORD has sworn by the pride of Jacob: Surely I will never forget any of their deeds. Shall not the

land tremble on this account, and everyone mourn who lives in it, and all of it rise like the Nile, and be tossed about and sink again, like the Nile of Egypt? On that day, says the Lord GOD, I will make the sun go down at noon, and darken the earth in broad daylight. I will turn your feasts into mourning, and all your songs into lamentation; I will bring sackcloth on all loins, and baldness on every head; I will make it like the mourning for an only son, and the end of it like a bitter day. The time is surely coming, says the Lord GOD, when I will send a famine on the land; not a famine of bread, or a thirst for water, but of hearing the words of the LORD. They shall wander from sea to sea, and from north to east; they shall run to and fro, seeking the word of the LORD, but they shall not find it.

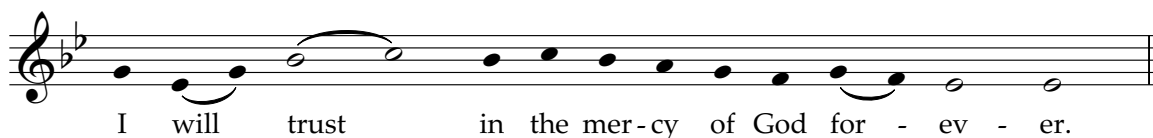
Hear what the Spirit is saying to God’s people.

Thanks be to God.

PSALM *Psalm 52 ♦ Quid gloriaris?*

Plainsong, Tone V.1

The choir sings the antiphon, all repeat. The choir sings the verses, all repeating the antiphon where indicated.



YOU tyrant, why do you boast of wickedness against the godly all day long? You plot ruin; your tongue is like a sharpened razor, O worker of deception. **ANTIPHON**

You love evil more than good and lying more than speaking the truth. You love all words that hurt, O you deceitful tongue. Oh, that God would demolish you utterly, topple you, and snatch you from your dwelling, and root you out of the land of the living! **ANTIPHON**

The righteous shall see and tremble, and they shall laugh at him, saying, “This is the one who did not take God for a refuge, but trusted in great wealth and relied upon wickedness.” But I am like a green olive tree in the house of God; I trust in the mercy of God for ever and ever. I will give you thanks for what you have done and declare the goodness of your Name in the presence of the godly. **ANTIPHON**

READING *Colossians 1:15-28*

CHRIST Jesus is the image of the invisible God, the firstborn of all creation; for in him all things in heaven and on earth were created, things visible and invisible, whether thrones or dominions or rulers or powers—all things have been created through him and for him. He himself is before all things, and in him all things hold together. He is the head of the body, the church; he is the beginning, the firstborn from the dead, so that he might come to have first place in everything. For in him all the fullness of God was pleased to dwell, and through him God was pleased to reconcile to himself all things, whether on earth or in heaven, by making peace through the blood of his cross.

And you who were once estranged and hostile in mind, doing evil deeds, he has now reconciled in his fleshly body through death, so as to present you holy and blameless and irreproachable before him—provided that you continue securely established and steadfast in the faith, without shifting from the hope promised by the

gospel that you heard, which has been proclaimed to every creature under heaven. I, Paul, became a servant of this gospel.

I am now rejoicing in my sufferings for your sake, and in my flesh I am completing what is lacking in Christ’s afflictions for the sake of his body, that is, the church. I became its servant according to God’s commission that was given to me for you, to make the word of God fully known, the mystery that has been hidden throughout the ages and generations but has now been revealed to his saints. To them God chose to make known how great among the Gentiles are the riches of the glory of this mystery, which is Christ in you, the hope of glory. It is he whom we proclaim, warning everyone and teaching everyone in all wisdom, so that we may present everyone mature in Christ.

Hear what the Spirit is saying to God’s people.

Thanks be to God.

After a brief silence the Presider stands; all rise, as able, for the proclamation of the Gospel.

HYMN

Listen, God is calling

TUNE: *Neno lake mungu*

The choir alone will sing the refrain to introduce it. All repeat it, then continue with the verses, singing as indicated.

REFRAIN

Choir Everyone
Lis - ten, lis ten, God is call - ing through the Word in - vit - ing, of - fer - ing for - give - ness,
com - fort and joy. 1. Je - sus gave his man - date: share the good
2. Let none be for - tot - ten through - out the
3. Help us to be faith - ful, stand - ing stead -
Choir Everyone REFRAIN
news that he came to save us and set us free.
world. In the tri - une name of God go and bap - tize.
fast, walk - ing in your pre - cepts, led by your Word.

MUSIC: Tanzanian tune; arr. Austin C. Lovelace (1919-2010), WORDS: Tanzanian trad; tr. Howard S. Olson (1922-2010); © Lutheran Theological College, Maukumira, Tanzania, admin. Augsburg Fortress.

THE HOLY GOSPEL *Luke 10:38-42*

The Holy Gospel of our Lord Jesus Christ according to Luke. **Glory to you, Lord Christ.**

As Jesus and his disciples went on their way, Jesus entered a certain village, where a woman named Martha welcomed him into her home. She had a sister named Mary, who sat at the Lord's feet and listened to what he was saying. But Martha was distracted by her many tasks; so she came to him and asked, "Lord, do you not care that my sister has left me to do all the work by myself? Tell

her then to help me." But the Lord answered her, "Martha, Martha, you are worried and distracted by many things; there is need of only one thing. Mary has chosen the better part, which will not be taken away from her."

The Gospel of the Lord. **Praise to you, Lord Christ.**

HOMILY

The Reverend Canon Eliacín Rosario-Cruz

Following the homily, the assembly is invited into a period of silence, reflecting on the scriptures and sermon.

Please stand, as able, when the Presider stands to introduce the Creed.

THE NICENE CREED

The Book of Common Prayer, p. 358

We believe in one God, the Father, the Almighty, Maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary; and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day

he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE

After each petition:

Creator God, **awaken us to your presence and love.** *The Presider concludes the prayers with a collect; all respond: Amen.*

CONFESSION & ABSOLUTION

Enriching Our Worship 1, p. 56

Let us confess our sins to God.

Silence is kept. You are invited to stand or kneel for the confession.

God of all mercy, **we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.**

The Presider pronounces God's forgiveness of our sins. All respond: Amen.

THE PEACE

The peace of Christ be always with you. **And also with you.**

All exchange a sign of peace, respecting others' desires for distance to be maintained.

THE LITURGY OF THE TABLE

OFFERTORY

An offering of money is received. Everyone participating in Saint Mark's Cathedral's worship at this time in any way is invited to make an offering as an expression of gratitude for God's generosity. Together, our gifts make possible this community of welcome, reconciliation and service. All worshipping in person are invited to place their offering in baskets as they are passed through through the rows.

Links to donate to Saint Mark's online are located on the livestream page. Visit saintmarks.org/give, or use the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right), or visit this link on your mobile device: <https://venmo.com/saintmarkscathedralseattle>. If Venmo asks you for a four-digit code, enter **2076**.



You may also mail your gift to the cathedral: 1245 10th Ave. E, Seattle, WA 98102.

ANTHEM

The Call of Wisdom

WORDS: adapt. Proverbs 8 by Michael Hampel; MUSIC: Will Todd (b. 1970)

Lord of wisdom, Lord of truth, Lord of justice, Lord of mercy; Walk beside us down the years till we see you in your glory. Striving to attain the heights, turning in a new direction, Entering a lonely place, welcoming a friend or stranger. I am here, I am with you. I have called: do you hear me? Silver is of passing worth, gold is not of constant value, Jewels sparkle for a while; what you long for is not lasting. Rulers govern under me with my insight and my wisdom. Those who know me know my love, those who seek me find their answer. God the Father and the Son, Holy Spirit coeternal. Glory be ascribed to you, now and to the end of ages.

All stand, as able.

THE GREAT THANKSGIVING *Eucharistic Prayer 1*

Enriching Our Worship 1, p. 57

God be with you. **And al-so with you.** Lift up your hearts. **We lift them to the Lord.**

Let us give thanks to the Lord our God. **It is right to give God thanks and praise.**

It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy. You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body.

Through your Spirit you replenish us and call us to fullness of life. Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing:

SANCTUS & BENEDICTUS *Simple Missa Brevis*

Peter R. Hallock (1924–2014)

Organ: Ho - ly, ho - ly, ho - ly Lord God of hosts.

Everyone: Hea - ven and earth are full of your glo - ry — Ho - san - na in — the high - est.

Blest is the one who comes in the name of our God. — Ho - san - na in — the high - est.

Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace.

But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people.

Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Christ has died. Christ is risen. Christ will come again.

Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with Mary, Mark, all your saints, past, present, and yet to come, we may praise your Name for ever.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever.



THE LORD'S PRAYER

Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.

In silence, the Presider breaks the consecrated bread.

THE BREAKING OF THE BREAD *The disciples knew the Lord Jesus* Mode 6 melody; adapt. Mason Martens (b. 1933)

The choir sings the antiphon, all repeat. The choir sings the verses, all repeating the antiphon as indicated.



The Hymnal 1982 #S-167, ©1971 by Mason Martens.

Verse: The bread which we break, alleluia, is the communion of the body of Christ. **ANTIPHON**

Verse: One body are we, alleluia, for though many we share one bread. **ANTIPHON**

INVITATION TO COMMUNION

The Gifts of God for the People of God.

All may be seated for the time of Communion. All seeking God are welcome at Christ's Table.

Please follow the directions of the Liturgical Ministers. Bread and wine are distributed at standing stations at the head of three aisles. The bread will placed into your outstretched palm taking care not to touch your hand. If you prefer a gluten-free wafer, simply ask for one at the time of Communion. If you wish to receive a blessing instead, please cross your arms in front of your chest.

Intinction (dipping the bread in the wine) is not available at this time. If you do not wish to drink from the common cup, please cross your arms in front of your chest as you pass by the chalice. The full grace of the sacrament is received with only the bread.

Those worshipping at home are invited to pray:

PRAYER AT THE TIME OF COMMUNION

from *Saint Augustine's Prayer Book* (Forward Movement, 2014)

O Christ, I believe that you are truly present in the Holy Sacrament, and, since I cannot at this time receive communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace. Amen.

ANTHEM *The Call from Five Mystical Songs*

Ralph Vaughan Williams (1872–1958)

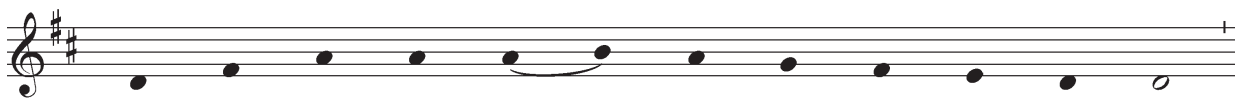
Come, my Way, my Truth, my Life:
Such a Way, as gives us breath:
Such a Truth, as ends all strife:
Such a Life, as killeth death.

Come, my Light, my Feast, my Strength:
Such a Light, as shows a feast:
Such a Feast, as mends in length:
Such a Strength, as makes his guest.

Come, my Joy, my Love, my Heart:
Such a Joy, as none can move:
Such a Love, as none can part:
Such a Heart as joys in love.

HYMN 314 *Humbly I adore thee* ♦ *The Hymnal 1982*

TUNE: *Adoro devote*



1 Hum - bly I a - dore thee, Ver - i - ty un - seen,
2 Taste and touch and vi - sion to dis - cern thee fail;
3 O me - mo - rial won - drous of the Lord's own death;
4 Je - sus, whom now hid - den, I by faith be - hold,



who thy glo - ry hid - est 'neath these sha - dows mean;
faith, that comes by hear - ing, pierc - es through the veil.
liv - ing Bread that giv - est all thy crea - tures breath,
what my soul doth long for, that thy word fore - told:



lo, to thee sur - ren - dered, my whole heart is bowed,
I be - lieve what - e'er the Son of God hath told;
grant my spi - rit ev - er by thy life may live,
face to face thy splen - dor, I at last shall see,



tranced as it be - holds thee, shrined with - in the cloud.
what the Truth hath spo - ken, that for truth I hold.
to my taste thy sweet - ness nev - er - fail - ing give.
in the glo - rious vi - sion, bless - ed Lord, of thee.

*The assembly is invited to remain seated for a period of silence, contemplating the gifts of God given and received.
Please stand, as able, when the Presider stands and returns to the Altar.*

SENDING OF EUCHARISTIC VISITORS

On some Sundays, ministers take Holy Communion to sick or housebound members of the community.

One body are we. **For though many, we share one bread and one cup.**

Go in peace, bearing holy gifts for holy people.

POSTCOMMUNION PRAYER

Enriching Our Worship 1, p. 69

God of abundance, **you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. Amen.**

BLESSING *The Presider asks God's blessing on the Assembly. All respond: Amen.*

HYMN 488 *Be thou my vision* ♦ *The Hymnal 1982*

TUNE: *Slane*



1. Be thou my vi-sion, O Lord of my heart; all else be nought to me, save that thou art—
2. Be thou my wisdom, and thou my true word; I ev-er with thee and thou with me, Lord;
3. High King of hea-ven, when vic-tory is won, may I reach hea-ven's joys, bright heaven's Sun!



thou my best thought, by day or by night, wak-ing or sleep-ing, thy pre-sence my light.
thou my great Fa-ther; thine own may I be; thou in me dwell-ing, and I one with thee.
Heart of my heart, what-ev-er be-fall, still be my vis-ion, O Ru-ler of all.

DISMISSAL *The Deacon dismisses the Assembly. The Assembly responds: Thanks be to God.*

VOLUNTARY Carillon (Longpont), Op. 31, No. 21 from *24 Pièces en style libre*

Louis Vierne (1870-1937)

MINISTERS OF THE LITURGY

PRESIDER The Reverend Linzi Stahlecker; **PREACHER** The Reverend Canon Eliacín Rosario-Cruz; **DEACON** The Reverend Emily Austin;
ASSISTING LAY MINISTER Walter Stuteville; **EUCHARISTIC MINISTERS** Nathan Clark, Adam Oberstadt, Kelsey Herschberger, Peter Snyder, The Reverend Mark Miller; **VERGERS** Carrie Davis, Erik Donner; **ALTAR GUILD** Jenny Donner, Sharon Ferguson; **ACOLYTES** Morgan Bawcom-Randall, Russ Campbell, Ray Miller, Kevin Johnson, Alexandra Thompson; **LECTORS** Mark Uyeda, Vicky Greenbaum;
INTERCESSOR Norva Osborn; **GREETER** Rachel Baker; **USHERS** Janet Miller | Sarah McCord, Wayne Duncan; **OBLATION BEARER** Laura Muther; **LAND ACKNOWLEDGMENT** John Carroll; **MUSICIANS** The Junior and Senior Choristers of Saint Mark's Choir Camp, Rebekah Gilmore, *director*; **SOUND BOARD** Micah Hayes; **VIDEOGRAPHY** Chris Brown

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