



SAINT MARK'S
EPISCOPAL CATHEDRAL
SEATTLE, WASHINGTON

THE HOLY EUCHARIST

THE SEVENTH SUNDAY AFTER PENTECOST: PROPER 12C

July 24, 2022 ♦ 11:00 AM

Saint Mark's Cathedral acknowledges that we gather on the traditional land of the first people of Seattle, the Duwamish People, who are still here, and we honor with gratitude the land itself and the life of the Duwamish Tribe.

Welcome to Saint Mark's Cathedral. Wherever you are on your spiritual journey, and whether you are joining in the nave or via the livestream, you are welcome here!

Signs in the nave indicate the distanced and undistanced sections. Please note that masks are currently required for all. Masks are available if needed (please ask an usher).

Ushers are available during the liturgy should you have any questions or concerns, or if you need a hearing assist device. All-gender restrooms are available on the 5th floor of Cathedral House, accessible via the elevator or southwest stairwell. Ushers can direct you.

If you are new to Saint Mark's and would like to learn more, please consider completing a newcomer form, visit saintmarks.org/newcomers or simply contact one of the clergy. Grace and peace to you!

*The Assembly speaks aloud the **text in boldface**.*

A brief organ voluntary offered a few minutes before the hour bids all to keep silence for prayer and preparation.

PRELUDE *Cantilena in G, Op. 71, No. 1*

Arthur Foote (1853–1937)

LAND ACKNOWLEDGMENT

THE ENTRANCE RITE

All stand, as able.

HYMN 410 *Praise, my soul, the King of heaven ♦ The Hymnal 1982*

TUNE: *Lauda anima*

1 Praise, my soul, the King of heaven; to his feet thy tri - bute bring;
 2 Praise him for his grace and fa - vor to his peo - ple in dis - tress;
 3 Fa - ther - like he tends and spares us; well our fee - ble frame he knows;
 4 An - gels, help us to a - dore him; you be - hold him face to face;

ran - somed, healed, re - stored, for - giv - en, ev - er - more his prais - es sing:
 praise him still the same as ev - er, slow to chide, and swift to bless.
 in his hand he gent - ly bears us, res - cues us from all our foes.
 sun and moon, bow down be - fore him, dwell - ers all in time and space.

Al - le - lu - ia, al - le - lu - ia! Praise the ev - er - last - ing King.
 Al - le - lu - ia, al - le - lu - ia! Glo - rious in his faith - ful - ness.
 Al - le - lu - ia, al - le - lu - ia! Wide - ly yet his mer - cy flows.
 Al - le - lu - ia, al - le - lu - ia! Praise with us the God of grace.

OPENING ACCLAMATION

Enriching Our Worship 1, p. 50

Blessed be the one, holy, and living God. **Glory to God for ever and ever.**

COLLECT FOR PURITY

ALMIGHTY GOD, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

SONG OF PRAISE *Gloria in excelsis*

John Rutter (b. 1945)

Organ: *Everyone:*

Glory to God in the highest, and peace to God's people on earth. Lord

God, heav'nly King, al-might-y God and Fa-ther, we worship you, we give you thanks, we praise you for your

glo-ry. Lord Je-sus Christ, on-ly Son of the Fa-ther, Lord God, Lamb of God, you take a -

way the sin of the world: have mercy on us; you are seated at the right hand of the Fa-ther: re-ceive our

prayer. For you a-lone are the Ho-ly One, you a-lone are the Lord, you a-lone are the Most

High, Je-sus Christ, with the Ho-ly Spi-rit, in the glo-ry of God the Fa-ther. A - men.

COLLECT OF THE DAY *The seventh Sunday after Pentecost: Proper 12C*

The Book of Common Prayer, p. 231

God be with you. **And also with you.** Let us pray.

O GOD, the protector of all who trust in you, without whom nothing is strong, nothing is holy: Increase and multiply upon us your mercy; that, with you as our ruler and guide, we may so pass through things temporal, that we lose not the things eternal; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

Please be seated for the readings.

THE LITURGY OF THE WORD

READING *Hosea 1:2-10*

WHEN the LORD first spoke through Hosea, the LORD said to Hosea, "Go, take for yourself a wife of whoredom and have children of whoredom, for the land commits great whoredom by forsaking the LORD." So he went and took Gomer daughter of Diblaim, and she conceived and bore him a son.

And the LORD said to him, "Name him Jezreel; for in a little while I will punish the house of Jehu for the blood of Jezreel, and I will

put an end to the kingdom of the house of Israel. On that day I will break the bow of Israel in the valley of Jezreel."

She conceived again and bore a daughter. Then the LORD said to him, "Name her Lo-ruhamah, for I will no longer have pity on the house of Israel or forgive them. But I will have pity on the house of Judah, and I will save them by the LORD their God; I will not save them by bow, or by sword, or by war, or by horses, or by horsemen."

When she had weaned Lo-ruhamah, she conceived and bore a son. Then the LORD said, "Name him Lo-ammi, for you are not my people and I am not your God."

Yet the number of the people of Israel shall be like the sand of the sea, which can be neither measured nor numbered; and in the

place where it was said to them, "You are not my people," it shall be said to them, "Children of the living God."

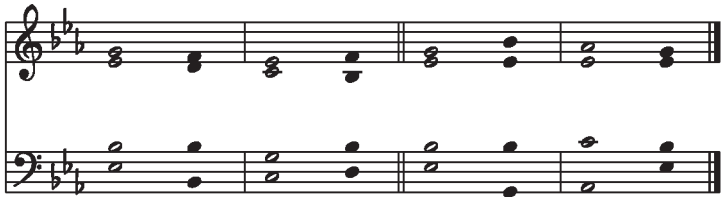
Hear what the Spirit is saying to God's people.

Thanks be to God.

PSALM Psalm 85 ♦ *Benedixisti, Domine*

Simplified Anglican chant

The organist will play through the chant once, then all chant the Psalm together.



You have been gracious to your land, O / LORD, *
you have restored the good fortune of / Jacob.
You have forgiven the iniquity of your / people *
and blotted out all their / sins.

You have withdrawn all your / fury *
and turned yourself from your wrathful indig-/nation.
Restore us then, O God our / Savior; *
let your anger depart from / us.

Will you be displeased with us for-/ ever? *
will you prolong your anger from age to / age?
Will you not give us life a-/gain, *
that your people may rejoice in / you?

Show us your mercy, O / LORD, *
and grant us your sal-/vation.
I will listen to what the Lord GOD is / saying, *
for he is speaking peace to his faithful people
and to those who turn their hearts to / him.

Truly, his salvation is very near to those who / fear him, *
that his glory may dwell in our / land.
Mercy and truth have met to-/gether; *
righteousness and peace have kissed each / other.

Truth shall spring up from the / earth, *
and righteousness shall look down from / heaven.
The LORD will indeed grant pros-/perity, *
and our land will yield its / increase.

Repeat 2nd half of chant:

Righteousness shall go be-/fore him, *
and peace shall be a pathway for his / feet.

The Hymnal 1982 #8-411; © 1979, Robert Knox Kennedy.

READING Colossians 2:6-15

As you have received Christ Jesus the Lord, continue to live your lives in him, rooted and built up in him and established in the faith, just as you were taught, abounding in thanksgiving.

See to it that no one takes you captive through philosophy and empty deceit, according to human tradition, according to the elemental spirits of the universe, and not according to Christ. For in him the whole fullness of deity dwells bodily, and you have come to fullness in him, who is the head of every ruler and authority. In him also you were circumcised with a spiritual circumcision, by putting off the body of the flesh in the circumcision of Christ;

when you were buried with him in baptism, you were also raised with him through faith in the power of God, who raised him from the dead. And when you were dead in trespasses and the uncircumcision of your flesh, God made you alive together with him, when he forgave us all our trespasses, erasing the record that stood against us with its legal demands. He set this aside, nailing it to the cross. He disarmed the rulers and authorities and made a public example of them, triumphing over them in it.

Hear what the Spirit is saying to God's people.

Thanks be to God.

After a brief silence the Presider stands; all rise, as able, for the proclamation of the Gospel.

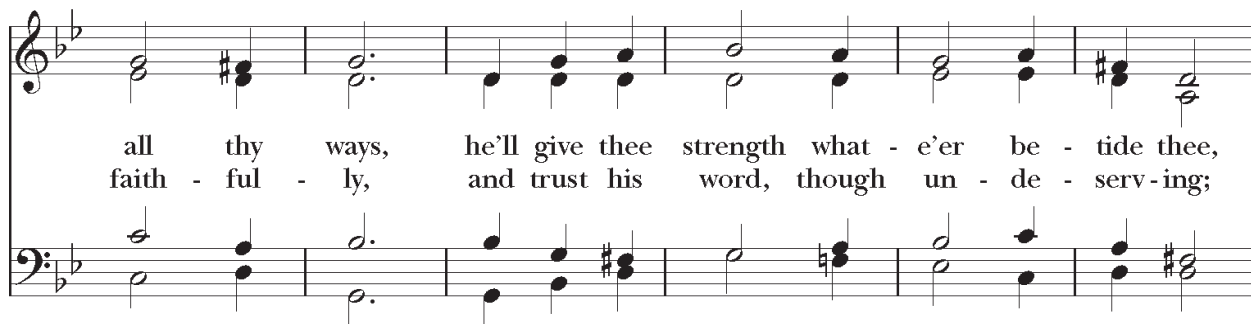
HYMN 635 *If thou but trust in God to guide thee* ♦ *The Hymnal 1982*

TUNE: *Wer nur den lieben Gott*

Unison or harmony



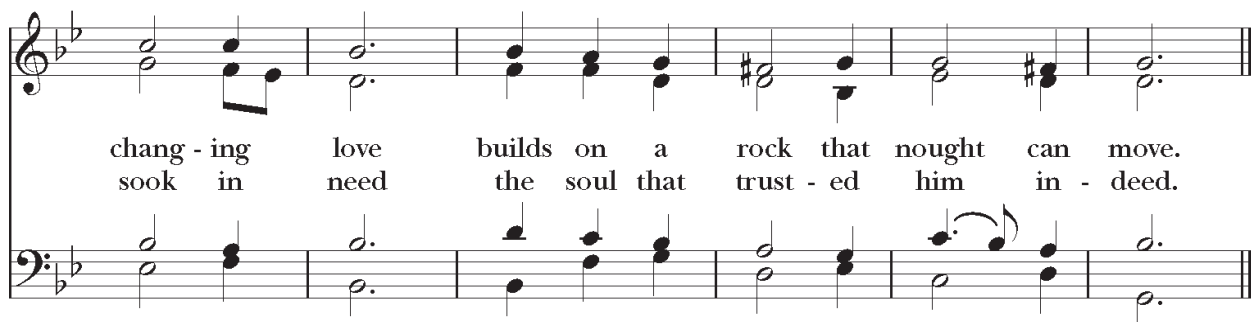
1 If thou but trust in God to guide thee, and hope in him through
2 Sing, pray, and keep his ways un - swerv - ing; so do thine own part



all thy ways, he'll give thee strength what - e'er be - tide thee,
faith - ful - ly, and trust his word, though un - de - serv - ing;



and bear thee through the e - vil days. Who trusts in God's un -
thou yet shalt find it true for thee; God nev - er yet for -



chang - ing love builds on a rock that nought can move.
sook in need the soul that trust - ed him in - deed.

Words: Georg Neumark (1621-1681); tr. Catherine Winkworth (1827-1878), alt. Music: *Wer nur lieben Gott*, Georg Neumark (1621-1681)

THE HOLY GOSPEL *Luke 11:1-13*

The Holy Gospel of our Lord Jesus Christ according to Luke. **Glory to you, Lord Christ.**

JESUS was praying in a certain place, and after he had finished, one of his disciples said to him, "Lord, teach us to pray, as John taught his disciples." He said to them, "When you pray, say:

Father, hallowed be your name.
Your kingdom come.
Give us each day our daily bread.
And forgive us our sins,
for we ourselves forgive everyone indebted to us.
And do not bring us to the time of trial."

And he said to them, "Suppose one of you has a friend, and you go to him at midnight and say to him, 'Friend, lend me three loaves of bread; for a friend of mine has arrived, and I have nothing to set before him.' And he answers from within, 'Do not bother me; the door has already been locked, and my children are with me in bed;

I cannot get up and give you anything.' I tell you, even though he will not get up and give him anything because he is his friend, at least because of his persistence he will get up and give him whatever he needs.

"So I say to you, Ask, and it will be given you; search, and you will find; knock, and the door will be opened for you. For everyone who asks receives, and everyone who searches finds, and for everyone who knocks, the door will be opened. Is there anyone among you who, if your child asks for a fish, will give a snake instead of a fish? Or if the child asks for an egg, will give a scorpion? If you then, who are evil, know how to give good gifts to your children, how much more will the heavenly Father give the Holy Spirit to those who ask him!"

The Gospel of the Lord. **Praise to you, Lord Christ.**

HOMILY

The Reverend Canon Eliacín Rosario-Cruz

Following the homily, the assembly is invited into a period of silence, reflecting on the scriptures and sermon.

Please stand, as able, when the Presider stands to introduce the Creed.

THE NICENE CREED

The Book of Common Prayer, p. 358

We believe in one God, the Father, the Almighty, Maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary; and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day

he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE

After each petition:

Creator God, **awaken us to your presence and love.** *The Presider concludes the prayers with a collect; all respond: Amen.*

CONFESSION & ABSOLUTION

Enriching Our Worship 1, p. 56

Let us confess our sins to God.

Silence is kept. You are invited to stand or kneel for the confession.

God of all mercy, **we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.**

The Presider pronounces God's forgiveness of our sins. All respond: Amen.

THE PEACE

The peace of Christ be always with you. **And also with you.**

All exchange a sign of peace, respecting others' desires for distance to be maintained.



THE LITURGY OF THE TABLE

OFFERTORY

An offering of money is received. Everyone participating in Saint Mark's Cathedral's worship at this time in any way is invited to make an offering as an expression of gratitude for God's generosity. Together, our gifts make possible this community of welcome, reconciliation and service. All worshipping in person are invited to place their offering in baskets as they are passed through through the rows.

*Links to donate to Saint Mark's online are located on the livestream page. Visit saintmarks.org/give, or use the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right), or visit this link on your mobile device: <https://venmo.com/saintmarkscathedralseattle>. If Venmo asks you for a four-digit code, enter **2076**.*



You may also mail your gift to the cathedral: 1245 10th Ave. E, Seattle, WA 98102.

VOLUNTARY *Organ improvisation*

All stand, as able.

THE GREAT THANKSGIVING *Eucharistic Prayer 1*

Enriching Our Worship 1, p. 57

God be with you. **And al-so with you.** Lift up your hearts. **We lift them to the Lord.**

Let us give thanks to the Lord our God. **It is right to give God thanks and praise.**

It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy. You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body.

Through your Spirit you replenish us and call us to fullness of life. Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing:

SANCTUS & BENEDICTUS *Simple Missa Brevis*

Peter R. Hallock (1924-2014)

Organ: Ho - ly, ho - ly, ho - ly Lord God of hosts.

Everyone: Hea - ven and earth are full of your glo - ry — Ho - san - na in — the high - est.

Blest is the one who comes in the name of our God. — Ho - san - na in — the high - est.

Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace.

But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people.

Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Christ has died. Christ is risen. Christ will come again.

Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with Mary, Mark, all your saints, past, present, and yet to come, we may praise your Name for ever.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever.

A - MEN.

THE LORD'S PRAYER

Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.

In silence, the Presider breaks the consecrated bread.

THE BREAKING OF THE BREAD *The disciples knew the Lord Jesus* Mode 6 melody; adapt. Mason Martens (b. 1933)

The choir sings the antiphon, all repeat. The choir sings the verses, all repeating the antiphon as indicated.



The dis - ci - ples__ knew the Lord Je - sus in the break - ing__ of the bread.

The Hymnal 1982 #s-167, ©1971 by Mason Martens.

Verse: The bread which we break, alleluia, is the communion of the body of Christ. **ANTIPHON**

Verse: One body are we, alleluia, for though many we share one bread. **ANTIPHON**

INVITATION TO COMMUNION

The Gifts of God for the People of God.

All may be seated for the time of Communion. All seeking God are welcome at Christ's Table.

Please follow the directions of the Liturgical Ministers. Bread and wine are distributed at standing stations at the head of three aisles. The bread will be placed into your outstretched palm taking care not to touch your hand. If you prefer a gluten-free wafer, simply ask for one at the time of Communion. If you wish to receive a blessing instead, please cross your arms in front of your chest.

Intinction (dipping the bread in the wine) is not available at this time. If you do not wish to drink from the common cup, please cross your arms in front of your chest as you pass by the chalice. The full grace of the sacrament is received with only the bread.

HYMN 698 *Eternal Spirit of the living Christ* ♦ *The Hymnal 1982*

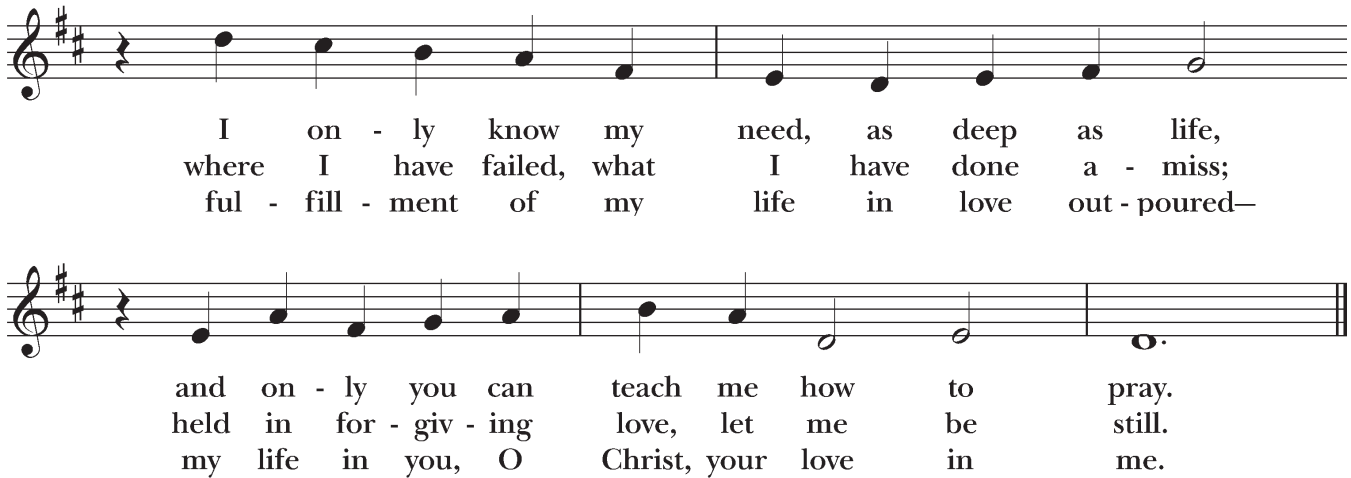
TUNE: *Flentge*



1 E - ter - nal Spi - rit of the liv - ing Christ,
2 Come, pray in me the prayer I need this day;
3 Come with the vi - sion and the strength I need



I know not how to ask or what to say;
help me to see your pur - pose and your will—
to serve my God, and all hu - man - i - ty;



I on - ly know my need, as deep as life,
 where I have failed, what I have done a - miss;
 ful - fill - ment of my life in love out - poured—

and on - ly you can teach me how to pray.
 held in for - giv - ing love, let me be still.
 my life in you, O Christ, your love in me.

*The assembly is invited to remain seated for a period of silence, contemplating the gifts of God given and received.
 Please stand, as able, when the Presider stands and returns to the Altar.*

SENDING OF EUCHARISTIC VISITORS

On some Sundays, ministers take Holy Communion to sick or housebound members of the community.

One body are we. **For though many, we share one bread and one cup.**
 Go in peace, bearing holy gifts for holy people.

POSTCOMMUNION PRAYER

Enriching Our Worship 1, p. 69

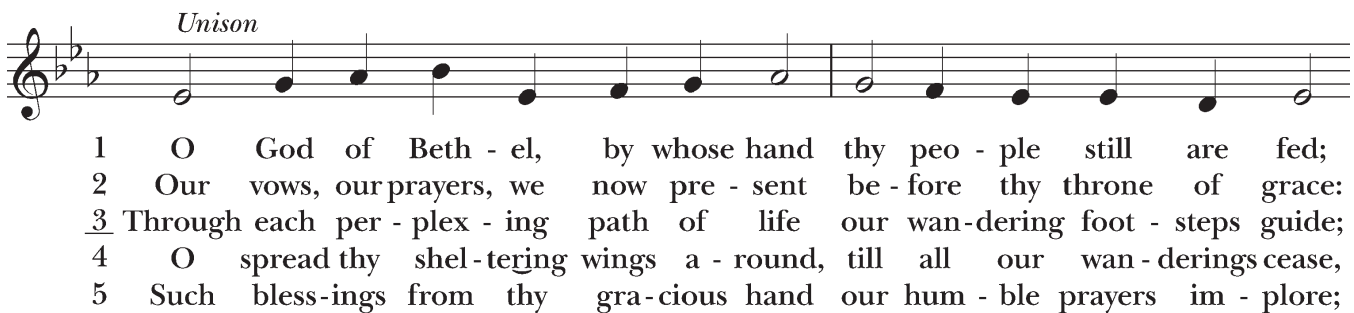
God of abundance, **you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. Amen.**

BLESSING *The Presider asks God's blessing on the Assembly. All respond: Amen.*

HYMN 709 *O God of Bethel, by whose hand* ♦ *The Hymnal 1982*

TUNE: *Dundee*

Unison



1 O God of Beth - el, by whose hand thy peo - ple still are fed;
 2 Our vows, our prayers, we now pre - sent be - fore thy throne of grace;
 3 Through each per - plex - ing path of life our wan - dering foot - steps guide;
 4 O spread thy shel - tering wings a - round, till all our wan - derings cease,
 5 Such bless - ings from thy gra - cious hand our hum - ble prayers im - plore;

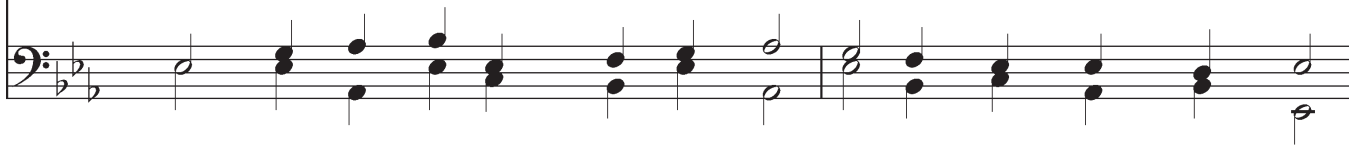


1 who through this earth - ly pil - grim - age hast all thine Is - rael led:
2 O God of Is - rael, be the God of this suc - ceed - ing race.
3 give us each day our dai - ly bread, and rai - ment fit pro - vide.
4 and at our Fa - ther's loved a - bode our souls ar - rive in peace!
5 and thou shalt be our cov - enant God and por - tion ev - er - more.

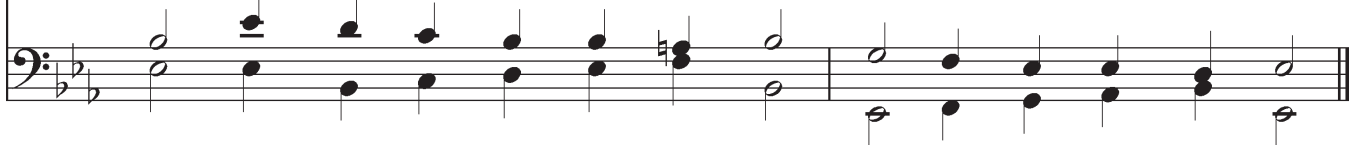
Harmony (the melody is in the tenor)



1 O God of Beth - el, by whose hand thy peo - ple still are fed;
2 Our vows, our prayers, we now pre - sent be - fore thy throne of grace;
3 Through each per - plex - ing path of life our wan - dering foot - steps guide;
4 O spread thy shel - tering wings a - round, till all our wan - derings cease,
5 Such bless - ings from thy gra - cious hand our hum - ble prayers im - plore;



1 who through this earth - ly pil - grim - age hast all thine Is - rael led:
2 O God of Is - rael, be the God of this suc - ceed - ing race.
3 give us each day our dai - ly bread, and rai - ment fit pro - vide.
4 and at our Fa - ther's loved a - bode our souls ar - rive in peace!
5 and thou shalt be our cov - enant God and por - tion ev - er - more.



DISMISSAL *The Deacon dismisses the Assembly. The Assembly responds: Thanks be to God.*

VOLUNTARY *Exultemus, Psalm 81: 1-3, from Seven Sketches on Verses from the Psalms (1934) Percy Whitlock (1903-1946)*



MINISTERS OF THE LITURGY

PRESIDER The Reverend Linzi Stahlecker; **PREACHER** The Reverend Canon Eliacín Rosario-Cruz; **DEACON** The Reverend Earl Grout; **ASSISTING LAY MINISTER** Peter Snyder; **EUCCHARISTIC MINISTERS** Russ Campbell, TBD, Vinnu Komanapalli, John Selberg, The Reverend Stephen Garratt; **VERGERS** Paul Tonnes, Kate Halamay; **ALTAR GUILD** Lorelei Amato, Morgan Bawcom-Randall; **ACOLYTES** Erik Donner, Jenny Donner, Ray Miller, Krista Olson, Rollin Salsbery; **LECTORS** Colleen Boyns, Miles Treackle; **INTERCESSOR** Lara Shibata; **GREETERS** Hisako Beasley, Vicky Greenbaum; **USHERS** Jaime Rubio | Nathan Clark, Chris Rigos; **OBLATION BEARERS** The Heath-McCormick Family; **LAND ACKNOWLEDGMENT** Mark Uyeda; **MUSICIANS** Rebekah Gilmore, *cantor*; John Stuntebeck, *organist*; **SOUND BOARD** Gregory Bloch; **VIDEOGRAPHY** Chris Brown

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