



SAINT MARK'S  
EPISCOPAL CATHEDRAL  
SEATTLE, WASHINGTON

# THE HOLY EUCHARIST

THE SEVENTEENTH SUNDAY AFTER PENTECOST: PROPER 22C

October 2, 2022 ♦ 11:00 AM

*Saint Mark's Cathedral acknowledges that we gather on the traditional land of the first people of Seattle, the Duwamish People, who are still here, and we honor with gratitude the land itself and the life of all the Coast Salish Tribes.*

*Welcome to Saint Mark's Cathedral. Wherever you are on your spiritual journey, and whether you are joining in the nave or via the livestream, you are welcome here!*

*Signs in the nave indicate the distanced and undistanced sections. Please note that masks are required only in the distanced sections on the south side of the nave. In all other areas, masks are optional.*

*Ushers are available during the liturgy should you have any questions or concerns, or if you need a hearing assist device. All-gender restrooms are available on the 5th floor of Cathedral House, accessible via the elevator or southwest stairwell. Ushers can direct you.*

*If you are new to Saint Mark's and would like to learn more, please consider completing a newcomer form, visit [saintmarks.org/newcomers](http://saintmarks.org/newcomers) or simply contact one of the clergy. Grace and peace to you!*

*The Assembly speaks aloud the **text in boldface**.*

*A brief organ voluntary offered a few minutes before the hour bids all to keep silence for prayer and preparation.*

**PRELUDE** *Arietta and Melody*

Samuel Coleridge-Taylor (1875–1912)

## LAND ACKNOWLEDGMENT

**INTROIT** *Awake, my soul, and with the sun*

WORDS: Thomas Ken (1637–1711);

MUSIC: *Morning Hymn*, melody by F. H. Barthélémon (1741–1808); harm. *The Church Hymnal for the Church Year*, 1917

Awake, my soul, and with the sun  
thy daily stage of duty run;  
shake off dull sloth, and joyful rise  
to pay thy morning sacrifice.

Lord, I my vows to thee renew;  
disperse my sins as morning dew;  
guard my first springs of thought and will,  
and with thyself my spirit fill.

## THE ENTRANCE RITE

*All stand, as able.*

**HYMN 610** *Lord, whose love through humble service ♦ The Hymnal 1982*

TUNE: *Blaenhafren*

1 Lord, whose love through hum - ble ser - vice bore the weight of hu - man  
2 Still your chil - dren wan - der home - less; still the hun - gry cry for  
3 As we wor - ship, grant us vi - sion, till your love's re - veal - ing  
4 Called by wor - ship to your ser - vice, forth in your dear name we

need, who up - on the cross, for - sak - en, of - fered mer - cy's  
 bread; still the cap - tives long for free - dom; still in grief we  
 light, in its height and depth and great - ness, dawns up - on our  
 go, to the child, the youth, the a - ged love in liv - ing

per - fect deed, we, your ser - vants, bring the wor - ship  
 mourn our dead. As, O Lord, your deep com - pas - sion  
 quick - ened sight, mak - ing known the needs and bur - dens  
 deeds to show; hope and health, good will and com - fort,

not of voice a - lone, but heart, con - se - crat - ing  
 healed the sick and freed the soul, use the love your  
 your com - pas - sion bids us bear, stir - ring us to  
 coun - sel, aid, and peace we give, that your ser - vants,

**OPENING ACCLAMATION**

*The Book of Common Prayer, p. 355*

Blessed be God: Father, Son, and Holy Spirit.  
**And blessed be God's kingdom, now and for ever. Amen.**

**COLLECT FOR PURITY**

**A**LMIGHTY GOD, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

**SONG OF PRAISE** *Benedictus es, Domine*

John Rutter (b. 1945)

1. Glo-ry to you, Lord God of our fa-ters; you are worthy of praise; glo-ry to you.

2. Glo-ry to you for the rad-i-ance of your ho-ly Name; we will praise you and highly ex-alt you for ev-er.

3. Glo-ry to you in the splendor of your temple; on the throne of your ma-jesty, glo-ry to you.

4. Glo-ry to you, seated be-tween the Cher-u-bim; we will praise you and highly ex-alt you for ev-er.

5. Glo-ry to you, be-holding the depths; in the high vault of heaven, glo-ry to you. 6. Glo-ry to you, Father, Son, and Ho-ly Spi-rit; we will praise you and highly ex-alt you for ev-er.

*The Hymnal 1982 #S-236, © 1985, Oxford University Press, Inc.*

**COLLECT OF THE DAY** *The seventeenth Sunday after Pentecost: Proper 22C*

*The Book of Common Prayer, p. 234*

The Lord be with you. **And also with you.** Let us pray.

**A**LMIGHTY and everlasting God, you are always more ready to hear than we to pray, and to give more than we either desire or deserve: Pour upon us the abundance of your mercy, forgiving us those things of which our conscience is afraid, and giving us those good things for which we are not worthy to ask, except through the merits and mediation of Jesus Christ our Savior; who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

*Please be seated for the readings.*

# THE LITURGY OF THE WORD

## READING *Lamentations 1:1-6*

How lonely sits the city that once was full of people! How like a widow she has become, she that was great among the nations! She that was a princess among the provinces has become a vassal. She weeps bitterly in the night, with tears on her cheeks; among all her lovers she has no one to comfort her; all her friends have dealt treacherously with her, they have become her enemies. Judah has gone into exile with suffering and hard servitude; she lives now among the nations, and finds no resting place; her pursuers have all overtaken her in the midst of her distress. The roads to Zion mourn, for no one comes to the festivals; all her gates are desolate,

her priests groan; her young girls grieve, and her lot is bitter. Her foes have become the masters, her enemies prosper, because the Lord has made her suffer for the multitude of her transgressions; her children have gone away, captives before the foe. From daughter Zion has departed all her majesty. Her princes have become like stags that find no pasture; they fled without strength before the pursuer.

Hear what the Spirit is saying to God's people.

**Thanks be to God.**

## CANTICLE *Lamentations 3:19-26* ♦ *Qui habitat*

Simplified Anglican chant



*The Hymnal 1982 #8-408; © 1978, James Frazier.*

THE thought of my affliction and my / homelessness  
is wormwood and / gall!  
My soul continually thinks of / it  
and is bowed down with- / in me.

But this I call to / mind,  
and therefore I have / hope:  
The steadfast love of the Lord never / ceases,  
his mercies never come to an / end;

they are new every / morning;  
great is your / faithfulness.  
“The Lord is my portion,” says my / soul,  
“therefore I will hope in / him.”

The Lord is good to those who / wait for him,  
to the soul that / seeks him.  
It is good that one should wait / quietly  
for the salvation of the / Lord.

## READING *2 Timothy 1:1-14*

PAUL, an apostle of Christ Jesus by the will of God, for the sake of the promise of life that is in Christ Jesus,

To Timothy, my beloved child:

Grace, mercy, and peace from God the Father and Christ Jesus our Lord.

I am grateful to God—whom I worship with a clear conscience, as my ancestors did—when I remember you constantly in my prayers night and day. Recalling your tears, I long to see you so that I may be filled with joy. I am reminded of your sincere faith, a faith that lived first in your grandmother Lois and your mother Eunice and now, I am sure, lives in you. For this reason I remind you to rekindle the gift of God that is within you through the laying on of my hands; for God did not give us a spirit of cowardice, but rather a spirit of power and of love and of self-discipline.

Do not be ashamed, then, of the testimony about our Lord or of

me his prisoner, but join with me in suffering for the gospel, relying on the power of God, who saved us and called us with a holy calling, not according to our works but according to his own purpose and grace. This grace was given to us in Christ Jesus before the ages began, but it has now been revealed through the appearing of our Savior Christ Jesus, who abolished death and brought life and immortality to light through the gospel. For this gospel I was appointed a herald and an apostle and a teacher, and for this reason I suffer as I do. But I am not ashamed, for I know the one in whom I have put my trust, and I am sure that he is able to guard until that day what I have entrusted to him. Hold to the standard of sound teaching that you have heard from me, in the faith and love that are in Christ Jesus. Guard the good treasure entrusted to you, with the help of the Holy Spirit living in us.

Hear what the Spirit is saying to God's people.

**Thanks be to God.**

*After a brief silence the Presider stands; all rise, as able, for the proclamation of the Gospel.*

## GOSPEL ACCLAMATION

Michael Kleinschmidt

*The choir introduces the alleluia, all repeat. The choir sings the verse, all repeat the alleluia.*

Hand bells

Al-le-lu-ia, al-le-lu-ia, al-le-lu-ia.

*Verse:* Take delight in the Lord, and he shall give you your heart's desire.

Commit your way to the Lord and put your trust in him, and he will bring it to pass.

## THE HOLY GOSPEL *Luke 17:5-10*

The Holy Gospel of our Lord Jesus Christ according to Luke. **Glory to you, Lord Christ.**

**T**HE apostles said to the Lord, "Increase our faith!" The Lord replied, "If you had faith the size of a mustard seed, you could say to this mulberry tree, 'Be uprooted and planted in the sea,' and it would obey you.

"Who among you would say to your slave who has just come in from plowing or tending sheep in the field, 'Come here at once and take your place at the table'? Would you not rather say to him,

'Prepare supper for me, put on your apron and serve me while I eat and drink; later you may eat and drink'? Do you thank the slave for doing what was commanded? So you also, when you have done all that you were ordered to do, say, 'We are worthless slaves; we have done only what we ought to have done!'"

The Gospel of the Lord. **Praise to you, Lord Christ.**

## HOMILY

The Very Reverend Steven L. Thomason

*Following the homily, the assembly is invited into a period of silence, reflecting on the scriptures and sermon.*

*Please stand, as able, when the Presider stands to introduce the Creed.*

## THE NICENE CREED

*The Book of Common Prayer, p. 358*

We believe in one God, the Father, the Almighty, Maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary; and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day

he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

## PRAYERS OF THE PEOPLE

*After each petition:*

God of love, **hear our prayer.** *The Presider concludes the prayers with a collect; all respond: Amen.*

## CONFESSION & ABSOLUTION

*The Book of Common Prayer, p. 360*

Let us confess our sins against God and our neighbor.

*Silence is kept. You are invited to stand or kneel for the confession.*

Most merciful God, **we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

*The Presider pronounces God's forgiveness of our sins. All respond: Amen.*

## THE PEACE

The peace of the Lord be always with you. **And also with you.**

*All exchange a sign of peace, respecting others' desires for distance to be maintained.*

# THE LITURGY OF THE TABLE

## OFFERTORY

*An offering of money is received. Everyone participating in Saint Mark's Cathedral's worship at this time in any way is invited to make an offering as an expression of gratitude for God's generosity. Together, our gifts make possible this community of welcome, reconciliation and service. All worshipping in person are invited to place their offering in baskets as they are passed through through the rows.*

*Links to donate to Saint Mark's online are located on the livestream page. Visit [saintmarks.org/give](https://saintmarks.org/give), or use the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right), or visit this link on your mobile device: <https://venmo.com/saintmarkscathedralseattle>. If Venmo asks you for a four-digit code, enter **2076**.*



*You may also mail your gift to the cathedral: 1245 10th Ave. E, Seattle, WA 98102.*

## ANTHEM

*O Lord, increase my faith*


WORDS & MUSIC: attributed to Orlando Gibbons (1583–1625)

O Lord, increase my faith, strengthen me and confirm me in Thy true faith;  
Endue me with wisdom, charity, and patience, in all my adversity help me to say Amen.

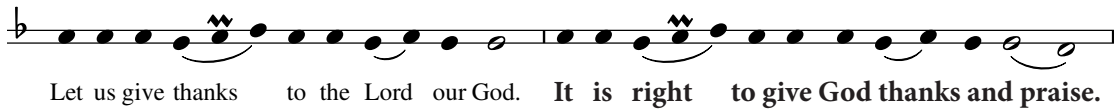
All stand, as able.

**THE GREAT THANKSGIVING** Eucharistic Prayer A

The Book of Common Prayer, p. 361



The Lord be with you. And al - so with you. Lift up your hearts. We lift them to the Lord.



Let us give thanks to the Lord our God. It is right to give God thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. For you are the source of light and life, you made us in your image, and called us to new life in Jesus Christ our Lord. Therefore we

praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

**SANCTUS & BENEDICTUS** A Community Mass

Richard R. Webster (b. 1952)



*Organ:* *Everyone:*  
Ho - ly, ho - ly, ho - ly Lord



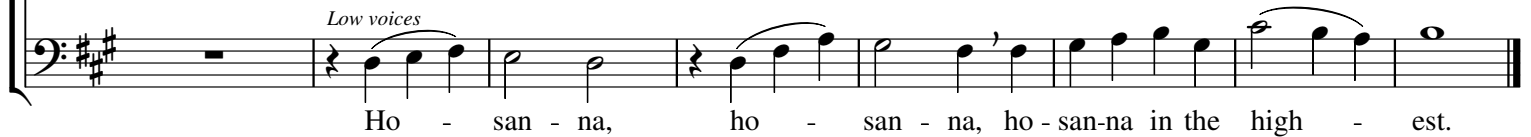
God of power and might. Heav'n and earth are full of your glo - ry. Ho -



san-na in the high - est. Blest is the one who comes in the name of the Lord.



*High voices*  
Ho - san - na, ho - san - na, ho - san-na in the high - est.



*Low voices*  
Ho - san - na, ho - san - na, ho - san-na in the high - est.

Enriching Our Music #63; © 2001 Richard Webster.

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

**Christ has died. Christ is risen.**

**Christ will come again.**

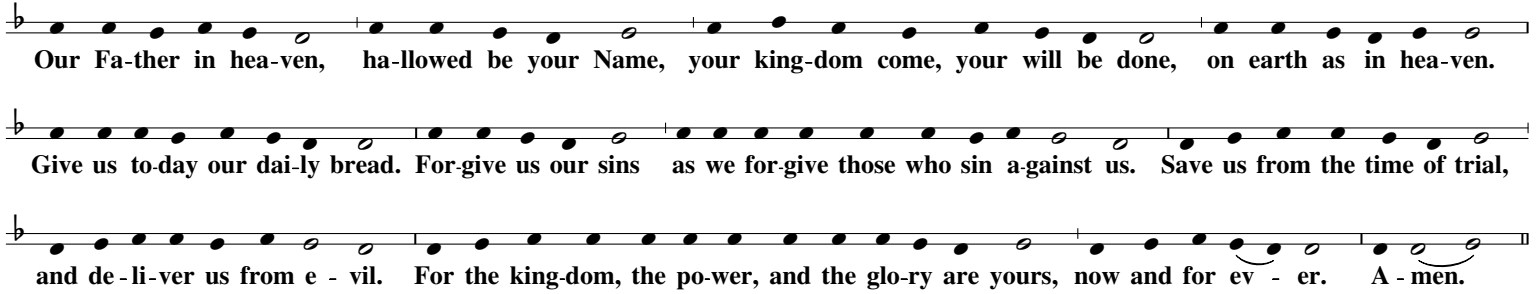
We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.



A - MEN.

## THE LORD'S PRAYER



Our Fa-ther in hea-ven, ha-lloved be your Name, your king-dom come, your will be done, on earth as in hea-ven.  
Give us to-day our dai-ly bread. For-give us our sins as we for-give those who sin a-gainst us. Save us from the time of trial,  
and de-li-ver us from e - vil. For the king-dom, the po-wer, and the glo-ry are yours, now and for ev - er. A - men.

*The Hymnal 1982 #S-148; ©1971 Mason Martens; choir harmony by Mark Howe*

## THE BREAKING OF THE BREAD *We who are many*

Plainsong Mode 6

*The cantor introduces the antiphon, all repeat it. The cantor sings the verses; all repeat the antiphon as indicated.*



We who are\_\_ ma - ny are one bo - dy,\_\_ for we all\_\_ share in the one\_\_ bread.

Verse: We break this bread to share in the Body of Christ. **ANTIPHON**

Verse: Happy are they who come to the Supper of the Lamb. **ANTIPHON**

*Enriching Our Music 2; based on Ubi caritas, adapt. David Hurd; © 2004 Church Publishing.*

## INVITATION TO COMMUNION

The Gifts of God for the People of God.

*All may be seated for the time of Communion. All seeking God are welcome at Christ's Table.*

*Please follow the directions of the Liturgical Ministers. Bread and wine are distributed at standing stations at the head of three aisles. The bread will be placed into your outstretched palm taking care not to touch your hand. If you prefer a gluten-free wafer, simply ask for one at the time of Communion. If you wish to receive a blessing instead, please cross your arms in front of your chest.*

*Intinction (dipping the bread in the wine) is not available at this time. If you do not wish to drink from the common cup, please cross your arms in front of your chest as you pass by the chalice. The full grace of the sacrament is received with only the bread.*

*Those worshiping at home are invited to pray:*

## PRAYER AT THE TIME OF COMMUNION

from *Saint Augustine's Prayer Book* (Forward Movement, 2014)

O Christ, I believe that you are truly present in the Holy Sacrament, and, since I cannot at this time receive communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace. Amen.

## VOLUNTARY *Organ improvisation*

## HYMN 659 *O master, let me walk with thee* ♦ *The Hymnal 1982*

TUNE: *de Tar*



1 O Mas - ter, let me walk with thee in low - ly  
2 (Help me the slow of heart to) move by some clear,  
3 (Teach me thy pa - tience; still with) thee in clos - er,  
4 (in hope that sends a shin - ing) ray far down the



paths of ser - vice free; tell me thy sec - ret; help me  
 win - ning word of love; teach me the way - ward feet to  
 dear - er com - pa - ny, in work that keeps faith sweet and  
 fu - ture's broad - ening way, in peace that on - ly thou canst

bear the strain of toil, the fret of  
 stay, and guide them in the home - ward  
 strong, in trust that tri - umphs o - ver  
 give, with thee, O Mas - ter, let me

care. 2 Help me the slow of heart to  
 way. 3 Teach me thy pa - tience; still with  
 wrong, 4 in hope that sends a shin - ing  
 live.

*The assembly is invited to remain seated for a period of silence, contemplating the gifts of God given and received.  
 Please stand, as able, when the Presider stands and returns to the Altar.*

**SENDING OF EUCHARISTIC VISITORS**

*On some Sundays, ministers take Holy Communion to sick or housebound members of the community.*

One body are we. **For though many, we share one bread and one cup.**  
 Go in peace, bearing holy gifts for holy people.

**POSTCOMMUNION PRAYER**

*The Book of Common Prayer, p. 365*

Let us pray. **Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

**BLESSING** *The Presider asks God's blessing on the Assembly. All respond: Amen.*

**HYMN 535** *Ye servants of God, your Master proclaim* ♦ *The Hymnal 1982*

TUNE: *Paderborn*

**DISMISSAL** *The Deacon dismisses the Assembly. The Assembly responds: Thanks be to God.*

**VOLUNTARY** *Toccata in 7*

John Rutter (b. 1945)



## MINISTERS OF THE LITURGY

**PRESIDER** The Reverend Canon Eliacín Rosario-Cruz; **PREACHER** The Very Reverend Steven L. Thomason; **DEACON** The Reverend Emily Austin; **ASSISTING LAY MINISTER** Peter Snyder; **EUCCHARISTIC MINISTERS** Erin Beary Andersen, Russ Campbell, TBD, TBD, The Reverend Linzi Stahlecker; **VERGERS** Erik Donner, Nancy Cleminshaw; **ALTAR GUILD** James Davidson, Emily Meeks; **ACOLYTES** Austin LeSure, Ray Miller, Barbara Zito; **LECTORS** Miles Treakle, Mark Uyeda; **INTERCESSOR** Vinh Do; **GREETERS** Julia Logan, Norva Osborn; **USHERS** Janet Miller | Wayne Duncan, Kathy Sodergren; **OBLATION BEARERS** Carrie Kahler & Michael Lee; **LAND ACKNOWLEDGMENT** Carmen Brady; **MUSICIANS** The Cathedral Choir; **SOUND BOARD** Michael Perera; **VIDEOGRAPHY** Chris Brown

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