



SAINT MARK'S  
EPISCOPAL CATHEDRAL  
SEATTLE, WASHINGTON

# THE HOLY EUCHARIST

## THE FIRST SUNDAY OF ADVENT

November 27, 2022 ♦ 11:00 AM

*Saint Mark's Cathedral acknowledges that we gather on the traditional land of the first people of Seattle, the Duwamish People, who are still here, and we honor with gratitude the land itself and the life of all the Coast Salish tribes.*

*Welcome to Saint Mark's Cathedral. Wherever you are on your spiritual journey, and whether you are joining in the nave or via the livestream, you are welcome here!*

*Signs in the nave indicate the distanced and undistanced sections. Please note that masks are required only in the distanced sections on the south side of the nave. In all other areas, masks are optional.*

*All-gender restrooms are available on the 5th floor of Cathedral House, accessible via the elevator or southwest stairwell. Ushers can direct you. Ushers are available during the liturgy should you have any questions or concerns, or if you need a hearing assist device.*

*If you are new to Saint Mark's and would like to learn more, please consider completing a newcomer form, visit [saintmarks.org/newcomers](https://saintmarks.org/newcomers) or simply contact one of the clergy. Grace and peace to you!*

*The Assembly speaks aloud the **text in boldface**.*



*A brief organ voluntary offered a few minutes before the hour invites all into quiet prayer and preparation.*

**PRELUDE**     *Wachet auf, ruft uns die Stimme*  
(Tune of Hymn 61, "Sleepers, wake! A voice astounds us")

J. S. Bach (1686–1750)

### LAND ACKNOWLEDGMENT

*All stand, as able.*

**INTROIT**     *Remember, O thou man*     WORDS: 16th-century English; MUSIC: Thomas Ravenscroft (ca.1582–ca.1635))

Remember, O thou man, thy time is spent:  
How thou art dead and gone,  
And I did what I can: Therefore repent!

Remember Adam's fall from heav'n to hell!  
How we were condemnèd all  
In hell perpetual, there for to dwell.

Remember God's goodnesse and his promise made!  
How he sent his sonne, doubtlesse,  
Our sinnes for to redresse: Be not afraid!

The angels all did sing upon the shepherds' hill  
Praises to our heavenly King,  
And peace to man living with a good will.

# THE ENTRANCE RITE

**OPENING HYMN** *Signs of ending all around us*

TUNE: *Ton-y-Botel*



1. Signs of end-ings all a - round us: dark - ness, death, and win - ter days  
2. Can it be that from our end - ings, new be - gin - nings you cre - ate?  
3. Speak, O God, your Word a - mong us; bar - ren lives your pre - sence fill.



shroud our lives in fear and sad - ness, numb - ing mouths that long to praise.  
Life from death, and from our rend - ings, realms of whole - ness ge - ne - rate?  
Swell our hearts with songs of glad - ness, ter - rors calm, fore - bod - ings still.



Come, O Christ, and dwell a - mong us! Hear our cries, come set us free.  
Take our fears, then, Lord, and turn them in - to hopes for life a - new:  
Let your pro - mised realm of jus - tice blos - som now through - out the earth;



Give us hope and faith and glad - ness. Show us what there yet can be.  
Fad - ing light and dy - ing sea - son sing their Glo - ri - as to you.  
your do - min - ion bring now near us; we a - wait the sav - ing birth.

*Wonder, Love, & Praise #721, WORDS: Dean W. Nelson (b. 1944), © 1988 Dean W. Nelson; MUSIC: Thomas John Williams (1869–1944), public domain.*

## LIGHTING OF THE ADVENT WREATH

Behold, the Lord will come, and all his saints with him,  
**and on that day there will be a great light, alleluia.**

## OPENING ACCLAMATION

*The Book of Common Prayer, p. 355*

Blessed be God: Father, Son, and Holy Spirit. **And blessed be God's kingdom, now and for ever. Amen.**

## COLLECT FOR PURITY

**A**LMIGHTY GOD, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

**TRISAGION**

Richard Fabian (b. 1942)

*Everyone*



Ho - ly God, Ho - ly and Might - y, Ho - ly Im - mor - tal One, have mer - cy up - on us.

*North side*



Ho - ly God, Ho - ly and Might - y, Ho - ly Im - mor - tal One, have mer - cy up -

*South side*



ly God, Ho - ly and Might - y, Ho - ly Im -



on us. Ho - ly God, Ho - ly and Might - y, Ho - ly Im - mor - tal One, have mer - cy up - on us. Ho - ly God, Ho - ly and



mor - tal One, have mer - cy up - on us. Might - y, Ho - ly Im - mor - tal One, have mer - cy up - on us.

*Wonder, Love, & Praise #844, alt. MK; © 1984 All Saints' Company. Used by permission.*

**COLLECT OF THE DAY** *First Sunday of Advent*

*The Book of Common Prayer, p. 211*

The Lord be with you. **And also with you.** Let us pray.

**A**Lmighty God, give us grace to cast away the works of darkness, and put on the armor of light, now in the time of this mortal life in which your Son Jesus Christ came to visit us in great humility; that in the last day, when he shall come again in his glorious majesty to judge both the living and the dead, we may rise to the life immortal; through him who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

*Please be seated for the readings.*

# THE LITURGY OF THE WORD

## READING *Isaiah 2:1-5*

**T**HE word that Isaiah son of Amoz saw concerning Judah and Jerusalem. In days to come the mountain of the LORD's house shall be established as the highest of the mountains, and shall be raised above the hills; all the nations shall stream to it. Many peoples shall come and say, "Come, let us go up to the mountain of the LORD, to the house of the God of Jacob; that he may teach us his ways and that we may walk in his paths." For out of Zion shall go forth instruction, and the word of the LORD from Jerusalem. He

shall judge between the nations, and shall arbitrate for many peoples; they shall beat their swords into plowshares, and their spears into pruning hooks; nation shall not lift up sword against nation, neither shall they learn war any more. O house of Jacob, come, let us walk in the light of the LORD!

Hear what the Spirit is saying to God's people.

**Thanks be to God.**

## PSALM *Psalm 122 ♦ Lætatus sum*

Peter R. Hallock (1924–2014)

*The choir introduces the Antiphon; all repeat it. The cantor chants the verses, all repeating the Antiphon as indicated.*

*Organ:* *Everyone:*  
I was glad when they said to  
me ——— "Let us go to the house of the Lord."———

**N**ow our feet are standing within your gates, O Jerusalem. Jerusalem is built as a city that is at unity with itself; To which the tribes go up, the tribes of the LORD, the assembly of Israel, to praise the Name of the LORD. **ANTIPHON**

For there are the thrones of judgment, the thrones of the house of David. Pray for the peace of Jerusalem: "May they prosper who love you. Peace be within your walls and quietness within your towers. **ANTIPHON**

For my brethren and companions' sake, I pray for your prosperity. Because of the house of the LORD our God, I will seek to do you good." **ANTIPHON**

## READING *Romans 13:11-14*

**Y**OU know what time it is, how it is now the moment for you to wake from sleep. For salvation is nearer to us now than when we became believers; the night is far gone, the day is near. Let us then lay aside the works of darkness and put on the armor of light; let us live honorably as in the day, not in reveling and drunkenness, not in debauchery and licentiousness, not in quarreling and jeal-

ousy. Instead, put on the Lord Jesus Christ, and make no provision for the flesh, to gratify its desires.

Hear what the Spirit is saying to God's people.

**Thanks be to God.**

*All stand, as able.*

## HYMN 454 *Jesus came, adored by angels ♦ The Hymnal 1982*

TUNE: *Lowry*

*Unison or harmony*

1 Je - sus came, a - dored by an - gels, came with peace from  
2 Je - sus comes a - gain in mer - cy, when our hearts are  
3 Je - sus comes to hearts re - joic - ing, bring - ing news of  
4 Je - sus comes on clouds tri - um - phant, when the heavens shall

realms on high; Je - sus came for our re - demp - tion,  
 bowed with care: Je - sus comes a - gain in an - swer  
 sins for - given; Je - sus comes in sounds of glad - ness,  
 pass a - way; Je - sus comes a - gain in glo - ry;

low - ly came on earth to die: Al - le - lu - ia,  
 to our ear - nest heart - felt prayer; Al - le - lu - ia,  
 lead - ing souls re - deemed to heaven; Al - le - lu - ia,  
 let us then our hom - age pay: Al - le - lu - ia,

al - le - lu - ia! came in deep hu - mil - i - ty.  
 al - le - lu - ia! comes to save us from de - spair.  
 al - le - lu - ia! now the gate of death is riven.  
 al - le - lu - ia! till the dawn of end - less day.

Words: Godfrey Thring (1823-1903), alt. Music: Lowry, Gerald Near (b. 1942) Copyright © The Church Pension Fund.  
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**THE HOLY GOSPEL** *Matthew 24:36-44*

The Holy Gospel of our Lord Jesus Christ according to Matthew. **Glory to you, Lord Christ.**

**J**ESUS said to the disciples, "But about that day and hour no one knows, neither the angels of heaven, nor the Son, but only the Father. For as the days of Noah were, so will be the coming of the Son of Man. For as in those days before the flood they were eating and drinking, marrying and giving in marriage, until the day Noah entered the ark, and they knew nothing until the flood came and swept them all away, so too will be the coming of the Son of Man. Then two will be in the field; one will be taken and one will be left. Two women will be grinding meal together; one will be taken and

one will be left. Keep awake therefore, for you do not know on what day your Lord is coming. But understand this: if the owner of the house had known in what part of the night the thief was coming, he would have stayed awake and would not have let his house be broken into. Therefore you also must be ready, for the Son of Man is coming at an unexpected hour."

The Gospel of the Lord. **Praise to you, Lord Christ.**

## HOMILY

The Very Reverend Steven L. Thomason

*Following the homily, the assembly is invited into a period of silence, reflecting on the scriptures and sermon.*

*Please stand, as able, when the Presider stands to introduce the Creed.*

*All stand, as able.*

## THE NICENE CREED

*The Book of Common Prayer, p. 358*

**We believe in one God, the Father, the Almighty, Maker of heaven and earth, of all that is, seen and unseen.**

**he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary; and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

## PRAYERS OF THE PEOPLE *The Assembly speaks aloud the text in boldface.*

*After each petition:*

We look to you in hope, **Come, Lord Jesus, come.**

*The Presider concludes the prayers with a collect; all respond: Amen.*

## CONFESSION & ABSOLUTION

*The Book of Common Prayer, p. 359*

Let us confess our sins against God and our neighbor.

*Silence is kept. You are invited to stand or kneel for the confession.*

Most merciful God, **we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

*The Presider pronounces God's forgiveness of our sins. All respond: Amen.*

## THE PEACE

The peace of the Lord be always with you. **And also with you.**

*All exchange a sign of peace, respecting others' desires for distance to be maintained.*

# THE LITURGY OF THE TABLE

## OFFERTORY

*An offering of money is received. Everyone participating in Saint Mark's Cathedral's worship at this time in any way is invited to make an offering as an expression of gratitude for God's generosity. Together, our gifts make possible this community of welcome, reconciliation and service. All worshipping in person are invited to place their offering in baskets as they are passed through through the rows.*

Links to donate to Saint Mark's online are located on the livestream page. Visit [saintmarks.org/give](https://saintmarks.org/give), or use the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right), or visit this link on your mobile device: <https://venmo.com/saintmarkscathedralseattle>. If Venmo asks you for a four-digit code, enter **2076**.



You may also mail your gift to the cathedral: 1245 10th Ave. E, Seattle, WA 98102.

## ANTHEM *Better be ready*

Negro Spiritual, arr. R. Nathaniel Dett (1882–1943)

Refrain: *Better be ready to try on your long white robe!*

O shout you Christians, you're gaining ground,  
we'll shout old Satan's kingdom down! *Refrain*

Oh! Rise up children, get your crown,  
and by your Savior's side sit down. *Refrain*

I soon shall reach that golden shore,  
and sing the songs we sang before. *Refrain*

What a glorious morning that will be,  
our friends and Jesus we shall see. *Refrain*

*All stand, as able.*

## THE GREAT THANKSGIVING *Eucharistic Prayer B*

*The Book of Common Prayer, p. 367*

The Lord be with you. **And al - so with you.** Lift up your hearts. **We lift them to the Lord.**

Let us give thanks to the Lord our God. **It is right to give God thanks and praise.**

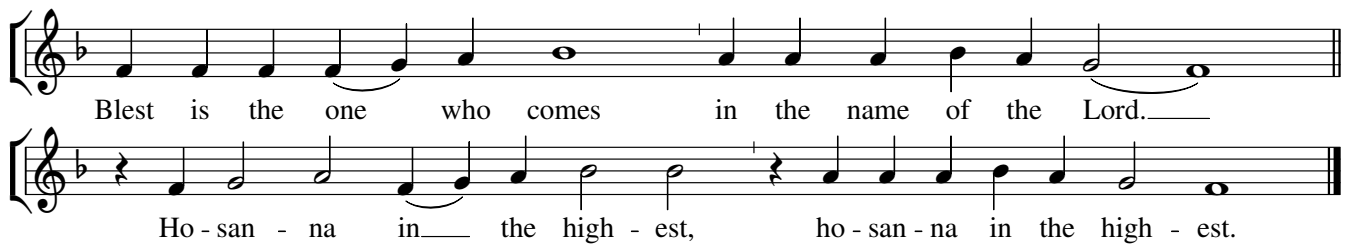
It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Because you sent your beloved Son to redeem us from sin and death, and to make us heirs in him of everlasting life; that when he shall come again in power and great triumph to judge

the world, we may without shame or fear rejoice to behold his appearing. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

## SANCTUS & BENEDICTUS

Traditional Russian Orthodox, adapt. Richard Proulx

Ho - ly, ho - ly, ho - ly Lord, God of power and might, —  
heav'n and earth — are full of your glo - ry. Ho - san - na in the high - est.



Blest is the one who comes in the name of the Lord.\_\_\_\_  
 Ho - san - na in the high - est, ho - san - na in the high - est.

from *Missa Oecumenica*, ©1999 Oregon Catholic Press.

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father:

**We remember his death, We proclaim his resurrection, We await his coming in glory;**

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Mary, Mark and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

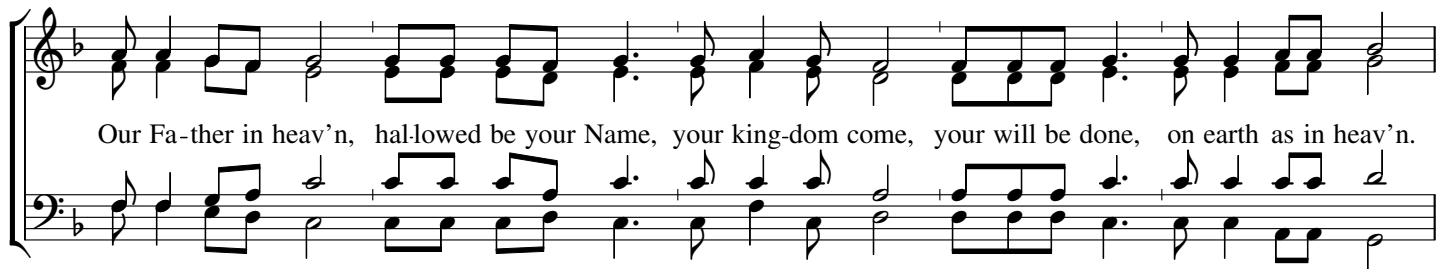
By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.



A - MEN.

**THE LORD'S PRAYER**

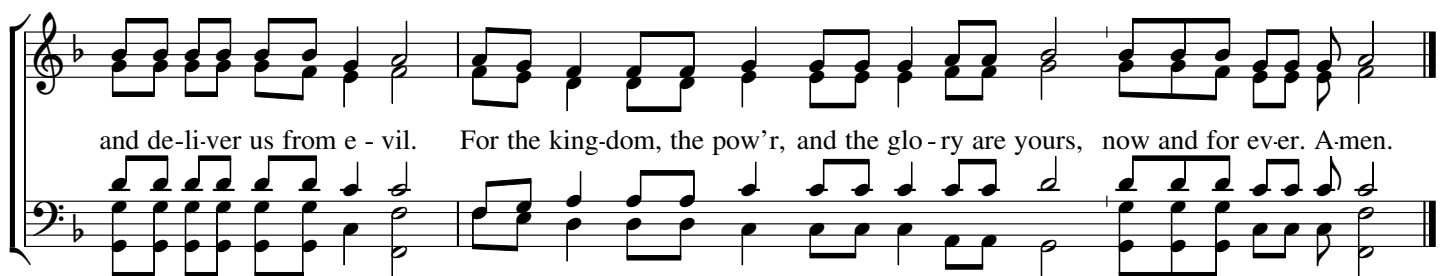
Nikolai Rimsky-Korsakov (1844-1908), adapt. George Black



Our Fa-ther in heav'n, hal-lowed be your Name, your king-dom come, your will be done, on earth as in heav'n.



Give us today our daily bread. Forgive us our sins as we forgive those who sin a- gainst us. Save us from the time of trial,



and de-li-ver us from e - vil. For the king-dom, the pow'r, and the glo - ry are yours, now and for ev-er. A-men.




In silence, the Presider breaks the consecrated bread.

**THE BREAKING OF THE BREAD** *A Simple Missa Brevis*


Hallock

*Organ:*

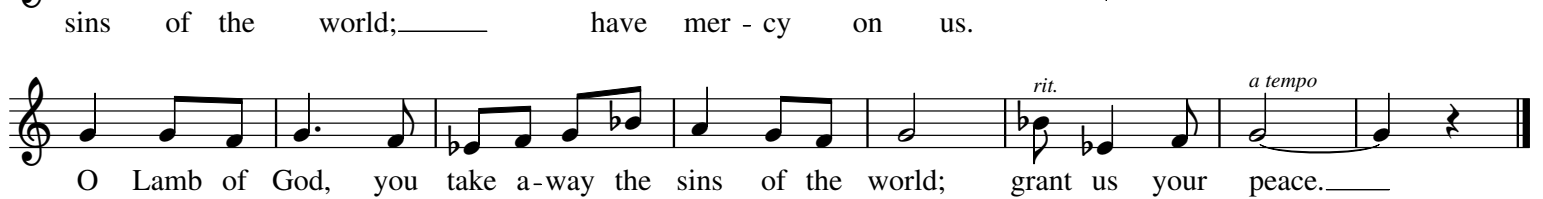


*Everyone:*

O Lamb of God, you take a-way the



sins of the world; \_\_\_\_\_ have mer - cy on us.



O Lamb of God, you take a-way the sins of the world; grant us your peace. \_\_\_\_\_

**INVITATION TO COMMUNION**

The Gifts of God for the People of God.

*All may be seated for the time of Communion. All seeking God are welcome at Christ's Table.*

*Please follow the directions of the Liturgical Ministers. Bread and wine are distributed at standing stations at the head of three aisles. The bread will be placed into your outstretched palm taking care not to touch your hand. If you prefer a gluten-free wafer, simply ask for one at the time of Communion. If you wish to receive a blessing instead, please cross your arms in front of your chest.*

*Intinction (dipping the bread in the wine) is not available at this time. If you do not wish to drink from the common cup, please cross your arms in front of your chest as you pass by the chalice. The full grace of the sacrament is received with only the bread.*

*Those worshiping at home are invited to pray:*

**PRAYER AT THE TIME OF COMMUNION**

from *Saint Augustine's Prayer Book* (Forward Movement, 2014)

O Christ, I believe that you are truly present in the Holy Sacrament, and, since I cannot at this time receive communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace. Amen.

**VOLUNTARY** Meditation on "My Lord, what a morning"

Richard Billingham (fl. late 20th-century, Chicago)

**HYMN 601** *O Day of God, draw nigh* ♦ *The Hymnal 1982*

TUNE: *St. Michael*



1 O day of God, draw nigh in beau - ty and in power, come  
 2 Bring to our trou - bled minds, un - cer - tain and a - fraid, the  
 3 Bring jus - tice to our land, that all may dwell se - cure, and  
 4 Bring to our world of strife thy sov - ereign word of peace, that  
 5 O day of God, draw nigh as at cre - a - tion's birth, let

1 with thy time - less judg - ment now to match our pres - ent hour.  
 2 qui - et of a stead - fast faith, calm of a call o - beyed.  
 3 fine - ly build for days to come foun - da - tions that en - dure.  
 4 war may haunt the earth no more and des - o - la - tion cease.  
 5 there be light a - gain, and set thy judg - ments in the earth.

Words: Robert Balgarnie Young Scott (b. 1899) Copyright © Emmanuel College, Toronto. All rights reserved. Used with permission.  
 Music: *St. Michael*, Louis Bourgeois (1510?-1561?); harm. William Henry Monk (1823-1889)

*The assembly is invited to remain seated for a period of silence, contemplating the gifts of God given and received.  
 Please stand, as able, when the Presider stands and returns to the Altar.*

**SENDING OF EUCHARISTIC VISITORS**

*On some Sundays, ministers take Holy Communion to sick or housebound members of the community.*

One body are we. **For though many, we share one bread and one cup.**  
 Go in peace, bearing holy gifts for holy people.

**POSTCOMMUNION PRAYER**

*The Book of Common Prayer, p. 365*

Let us pray. **Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

**BLESSING** *The Presider asks God's blessing on the Assembly. All respond: Amen.*

**HYMN 57** *Lo, he comes with clouds descending ♦ The Hymnal 1982*

TUNE: *Helmsley*

*Stanza 1: all; stanza 2: soprano & alto voices; stanza 3: tenor and bass voices; stanza 4: all*

1 Lo! he comes, with clouds de - scend - ing, once for  
 2 Ev - ery eye shall now be - hold him, robed in  
 3 Those dear tok - ens of his pas - sion still his  
 4 Yea, a - men! let all a - dore thee, high on  
 our sal - va - tion slain; thou - sand thou - sand  
 dread - ful ma - jes - ty; those who set at  
 daz - zling bo - dy bears, cause of end - less  
 thine e - ter - nal throne; Sa - vior, take the

saints at - tend - ing swell the tri - umph of his  
nought and sold him, pierced, and nailed him to the  
ex - ul - ta - tion to his ran - somed wor - ship -  
power and glo - ry; claim the king - dom for thine

train: Al - le - lu - ia! Al - le - lu - ia!  
tree, deep - ly wail - ing, deep - ly wail - ing,  
ers; with what rap - ture, with what rap - ture,  
own: Al - le - lu - ia! Al - le - lu - ia!

Al - le - lu - ia! Christ the Lord re - turns to reign.  
deep - ly wail - ing, shall the true Mes - si - ah see.  
with what rap - ture gaze we on those glo - rious scars!  
Al - le - lu - ia! Thou shalt reign, and thou a - lone.

Words: Charles Wesley (1707-1788) Music: *Helmsley*, melody Augustine Arne (1710-1778); harm. Ralph Vaughan Williams (1872-1958), alt.

**DISMISSAL** *The Deacon dismisses the Assembly. The Assembly responds: Thanks be to God.*

**VOLUNTARY** Toccata on “O come, O come, Emmanuel”

Adolphus Hailstork (b. 1941)