



SAINT MARK'S
EPISCOPAL CATHEDRAL
SEATTLE, WASHINGTON

THE HOLY EUCHARIST

THE THIRD SUNDAY OF ADVENT

December 11, 2022 ♦ 11:00 AM

Saint Mark's Cathedral acknowledges that we gather on the traditional land of the first people of Seattle, the Duwamish People, who are still here, and we honor with gratitude the land itself and the life of all the Coast Salish tribes.

Welcome to Saint Mark's Cathedral. Wherever you are on your spiritual journey, and whether you are joining in the nave or via the livestream, you are welcome here!

Signs in the nave indicate the distanced and undistanced sections. Please note that masks are required only in the distanced sections on the south side of the nave. In all other areas, masks are optional.

All-gender restrooms are available on the 5th floor of Cathedral House, accessible via the elevator or southwest stairwell. Ushers can direct you. Ushers are available during the liturgy should you have any questions or concerns, or if you need a hearing assist device.

If you are new to Saint Mark's and would like to learn more, please consider completing a newcomer form, visit saintmarks.org/newcomers or simply contact one of the clergy. Grace and peace to you!

*The Assembly speaks aloud the **text in boldface**.*

A brief organ voluntary offered a few minutes before the hour invites all into quiet prayer and preparation.

PRELUDE *Nun komm der Heiden Heiland* (Tune of Hymn 54, "Savior of the nations, come!")
Johann Gottfried Walther (1684–1748)

LAND ACKNOWLEDGMENT

All stand, as able.

INTROIT *Drop down, ye heavens, from above*
WORDS: from Isaiah 45 and Collect for Advent 3; MUSIC: Michael Kleinschmidt

Drop down, O heavens from above: and let the skies rain down righteousness.
Let the earth open, that salvation may flourish: and let it cause righteousness to spring up also.
Stir up your power, O Lord: and with great might come among us.

THE ENTRANCE RITE

HYMN 61 "Sleepers, wake!" a voice astounds us TUNE: *Wachet auf*

1 "Sleep - ers, wake!" A voice a - stounds us, the
 2 Zi - on hears the watch - men sing - ing; her
 3 Lamb of God, the heavens a - dore you; let

shout of ram - part - guards sur - rounds us: "A -
 heart with joy - ful hope is spring - ing, she
 saints and an - gels sing be - fore you, as

wake, Je - ru - sa - lem, a - rise!" Mid - night's peace their
 wakes and hur - ries through the night. Forth he comes, her
 harps and cym - bals swell the sound. Twelve great pearls, the

cry has bro - ken, their ur - gent sum - mons clear - ly spo -
 Bride-groom glo - rious in strength of grace, in truth vic - to -
 ci - ty's por - tals: through them we stream to join the im - mor -

ken: "The time has come, O maid - ens wise!
 rious: her star is risen, her light grows bright.
 tals as we with joy your throne sur - round.

Rise up, and give us light; the Bride - groom is in
 Now come, most wor - thy Lord, God's Son, In - car - nate
 No eye has known the sight, no ear heard such de -

sight. Al - le - lu - ia! Your lamps pre - pare and
 Word, Al - le - lu - ia! We fol - low all and
 light: Al - le - lu - ia! There - fore we sing to

has - ten there, that you the wed - ding feast may share."
 heed your call to come in - to the ban - quet hall.
 greet our King; for ev - er let our prais - es ring.

Words: Philipp Nicolai (1556-1608); tr. Carl P. Daw, Jr. (b. 1944). Copyright © 1982, by Hope Publishing Company, Carol Stream, IL 60188. All Rights Reserved. Used by permission. Music: *Wachet auf*, melody Hans Sachs (1494-1576); adapt. Philipp Nicolai (1556-1608); arr. and harm. Johann Sebastian Bach (1685-1750).

LIGHTING OF THE ADVENT WREATH

Shine forth, you that are enthroned upon the Cherubim;
stir up your strength and come to help us.

OPENING ACCLAMATION

The Book of Common Prayer, p. 355

Blessed be God: Father, Son, and Holy Spirit. **And blessed be God's kingdom, now and for ever. Amen.**

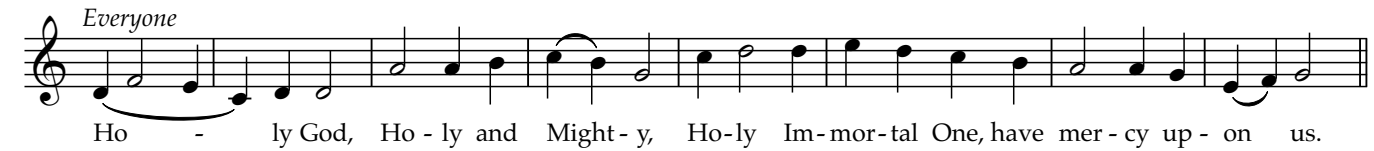
COLLECT FOR PURITY

ALmighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

TRISAGION


Richard Fabian (b. 1942)

Everyone




Ho - ly God, Ho - ly and Might - y, Ho - ly Im - mor - tal One, have mer - cy up - on us.

North side

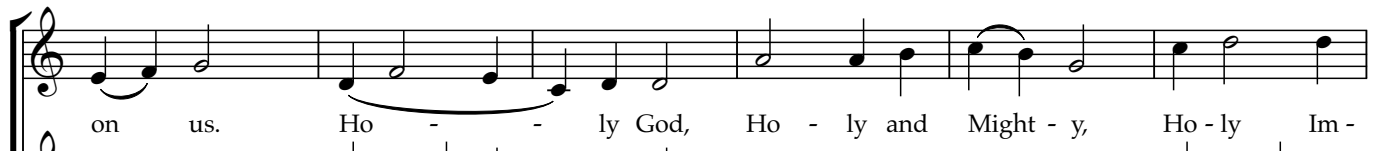


Ho - ly God, Ho - ly and Might - y, Ho - ly Im - mor - tal One, have mer - cy up -


South side




Ho - ly God, Ho - ly and Might - y, Ho - ly Im -



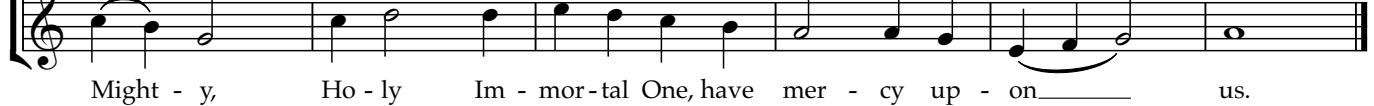
on us. Ho - ly God, Ho - ly and Might - y, Ho - ly Im -



mor - tal One, have mer - cy up - on us. Ho - ly God, Ho - ly and



mor - tal One, have mer - cy up - on us.



Might - y, Ho - ly Im - mor - tal One, have mer - cy up - on us.

Wonder, Love, & Praise #844, alt. MK; © 1984 All Saints' Company. Used by permission.

COLLECT OF THE DAY *Third Sunday of Advent*

The Book of Common Prayer, p. 212

The Lord be with you. **And also with you.** Let us pray.

STIR up your power, O Lord, and with great might come among us; and, because we are sorely hindered by our sins, let your bountiful grace and mercy speedily help and deliver us; through Jesus Christ our Lord, to whom, with you and the Holy Spirit, be honor and glory, now and for ever. **Amen.**

Please be seated for the readings.

THE LITURGY OF THE WORD

READING *Isaiah 35:1-10*

THE wilderness and the dry land shall be glad, the desert shall rejoice and blossom; like the crocus it shall blossom abundantly, and rejoice with joy and singing. The glory of Lebanon shall be given to it, the majesty of Carmel and Sharon. They shall see the glory of the LORD, the majesty of our God. Strengthen the weak hands, and make firm the feeble knees. Say to those who are of a fearful heart, "Be strong, do not fear! Here is your God. He will come with vengeance, with terrible recompense. He will come and save you."

Then the eyes of the blind shall be opened, and the ears of the deaf unstopped; then the lame shall leap like a deer, and the tongue of the speechless sing for joy. For waters shall break forth in the wilderness, and streams in the desert; the burning sand shall become

a pool, and the thirsty ground springs of water; the haunt of jackals shall become a swamp, the grass shall become reeds and rushes. A highway shall be there, and it shall be called the Holy Way; the unclean shall not travel on it, but it shall be for God's people; no traveler, not even fools, shall go astray. No lion shall be there, nor shall any ravenous beast come up on it; they shall not be found there, but the redeemed shall walk there. And the ransomed of the LORD shall return, and come to Zion with singing; everlasting joy shall be upon their heads; they shall obtain joy and gladness, and sorrow and sighing shall flee away.

Hear what the Spirit is saying to God's people.

Thanks be to God.

PSALM *Psalm 146:4-9 ♦ Lauda, anima mea*

Peter R. Hallock (1924–2014)

The cantor introduces the Antiphon; all repeat it. The cantor chants the verses, all repeating the Antiphon as indicated.



HAPPY are they who have the God of Jacob for their help! whose hope is in the LORD their God; Who made heaven and earth, the seas, and all that is in them; who keeps his promise for ever; **ANTIPHON**

Who gives justice to those who are oppressed, and food to those who hunger. The LORD sets the prisoners free; the LORD opens the eyes of the blind; the LORD lifts up those who are bowed down; **ANTIPHON**

The LORD loves the righteous; the LORD cares for the stranger; he sustains the orphan and widow, but frustrates the way of the wicked. The LORD shall reign for ever, your God, O Zion, throughout all generations. Hallelujah! **ANTIPHON**

READING *James 5:7-10*

BE PATIENT, therefore, beloved, until the coming of the Lord. The farmer waits for the precious crop from the earth, being patient with it until it receives the early and the late rains. You also must be patient. Strengthen your hearts, for the coming of the Lord is near. Beloved, do not grumble against one another, so that

you may not be judged. See, the Judge is standing at the doors! As an example of suffering and patience, beloved, take the prophets who spoke in the name of the Lord.

Hear what the Spirit is saying to God's people.

Thanks be to God.

All stand, as able.

HYMN 76 *On Jordan's bank the Baptist's cry ♦ The Hymnal 1982*

TUNE: *Winchester New*

The Hymnal 1982 - #76 On Jordan's bank the Baptist's cry

1 On Jor - dan's bank the Bap - tist's cry an -
 2 Then cleansed be ev - ery breast from sin; make
 3 For thou art our sal - va - tion, Lord, our
 4 To heal the sick stretch out thine hand, and
 5 All praise, e - ter - nal Son, to thee, whose

1 noun - ces that the Lord is nigh; a - wake and heark - en,
 2 straight the way for God with - in, and let each heart pre -
 3 re - fuge, and our great re - ward; with - out thy grace we
 4 bid the fall - en sin - ner stand; shine forth, and let thy
 5 ad - vent doth thy peo - ple free; whom with the Fa - ther

1 for he brings glad tid - ings of the King of kings.
 2 pare a home where such a might - y guest may come.
 3 waste a - way like flowers that with - er and de - cay.
 4 light re - store earth's own true love - li - ness once more.
 5 we a - dore and Ho - ly Spi - rit ev - er - more.

Words: Charles Coffin (1676-1749); tr. Charles Winfred Douglas (1867-1944), after John Chandler (1806-1876); alt.
 Music: *Winchester New*, melody from *Musicalishes Hand-Buch*, 1690; harm. William Henry Monk (1823-1889), alt.

THE HOLY GOSPEL *Matthew 11:2-11*

The Holy Gospel of our Lord Jesus Christ according to Matthew. **Glory to you, Lord Christ.**

WHEN John heard in prison what the Messiah was doing, he sent word by his disciples and said to him, “Are you the one who is to come, or are we to wait for another?” Jesus answered them, “Go and tell John what you hear and see: the blind receive their sight, the lame walk, the lepers are cleansed, the deaf hear, the dead are raised, and the poor have good news brought to them. And blessed is anyone who takes no offense at me.”

As they went away, Jesus began to speak to the crowds about John: “What did you go out into the wilderness to look at? A reed shaken

by the wind? What then did you go out to see? Someone dressed in soft robes? Look, those who wear soft robes are in royal palaces. What then did you go out to see? A prophet? Yes, I tell you, and more than a prophet. This is the one about whom it is written, ‘See, I am sending my messenger ahead of you, who will prepare your way before you.’ Truly I tell you, among those born of women no one has arisen greater than John the Baptist; yet the least in the kingdom of heaven is greater than he.

The Gospel of the Lord. **Praise to you, Lord Christ.**

HOMILY

The Reverend Elizabeth Walker, *guest preacher*

Following the homily, the assembly is invited into a period of silence, reflecting on the scriptures and sermon.

Please stand, as able, when the Presider stands to introduce the Creed.

All stand, as able.

THE NICENE CREED

The Book of Common Prayer, p. 358

We believe in one God, the Father, the Almighty, Maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary; and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day

he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE *The Assembly speaks aloud the text in boldface.*

After each petition:

We look to you in hope, **Come, Lord Jesus, come.**

The Presider concludes the prayers with a collect; all respond: Amen.

CONFESSION & ABSOLUTION

The Book of Common Prayer, p. 359

Let us confess our sins against God and our neighbor.

Silence is kept. You are invited to stand or kneel for the confession.

Most merciful God, **we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

The Presider pronounces God's forgiveness of our sins. All respond: Amen.

THE PEACE

The peace of the Lord be always with you. **And also with you.**

All exchange a sign of peace, respecting others' desires for distance to be maintained.



THE LITURGY OF THE TABLE

OFFERTORY

An offering of money is received. Everyone participating in Saint Mark's Cathedral's worship at this time in any way is invited to make an offering as an expression of gratitude for God's generosity. Together, our gifts make possible this community of welcome, reconciliation and service. All worshipping in person are invited to place their offering in baskets as they are passed through through the rows.

*Links to donate to Saint Mark's online are located on the livestream page. Visit saintmarks.org/give, or use the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right), or visit this link on your mobile device: <https://venmo.com/saintmarkscathedralseattle>. If Venmo asks you for a four-digit code, enter **2076**.*



You may also mail your gift to the cathedral: 1245 10th Ave. E, Seattle, WA 98102.

ANTHEM

How lovely are the messengers

WORDS: St. Paul (Romans 10:15, 18), quoting Isaiah 52:7 & Psalm 19:4;
Music: Felix Mendelssohn (1809-1847), from his Oratorio, *St. Paul*, Opus 36

How lovely are the messengers
that preach us the Gospel of peace!
To all the nations is gone forth the sound of their words,
throughout all the lands their glad tidings.

All stand, as able.

THE GREAT THANKSGIVING Eucharistic Prayer B

The Book of Common Prayer, p. 367

The Lord be with you. **And al - so with you.** Lift up your hearts. **We lift them to the Lord.**

Let us give thanks to the Lord our God. **It is right to give God thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Because you sent your beloved Son to redeem us from sin and death, and to make us heirs in him of everlasting life; that when he shall come again in power and great triumph to judge

the world, we may without shame or fear rejoice to behold his appearing. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

SANCTUS & BENEDICTUS

Traditional Russian Orthodox, adapt. Richard Proulx

Ho - ly, ho - ly, ho - ly Lord, God of power and might, —
 heav'n and earth — are full of your glo - ry. Ho - san - na in the high - est.
 Blest is the one who comes in the name of the Lord. —
 Ho - san - na in — the high - est, ho - san - na in the high - est.

from *Missa Oecumenica*, ©1999 Oregon Catholic Press.

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father:

We remember his death, We proclaim his resurrection, We await his coming in glory;

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Mary, Mark and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

A - MEN.

THE LORD'S PRAYER

Nikolai Rimsky-Korsakov (1844-1908), adapt. George Black

Our Fa-ther in heav'n, hal-lowed be your Name, your king-dom come, your will be done, on earth as in heav'n.

Give us today our daily bread. Forgive us our sins as we forgive those who sin a-gainst us. Save us from the time of trial,

and de-li-ver us from e - vil. For the king-dom, the pow'r, and the glo-ry are yours, now and for ever-er. A-men.

Enriching Our Music 2 #138, ©2004 George Black.

In silence, the Presider breaks the consecrated bread.

THE BREAKING OF THE BREAD *A Simple Missa Brevis*

Hallock

Organ:

Everyone:

O Lamb of God, you take a-way the

sins of the world; have mer - cy on us.

rit. *a tempo*

O Lamb of God, you take a-way the sins of the world; grant us your peace.

INVITATION TO COMMUNION

The Gifts of God for the People of God.

All may be seated for the time of Communion. All seeking God are welcome at Christ's Table.

Please follow the directions of the Liturgical Ministers. Bread and wine are distributed at standing stations at the head of three aisles. The bread will be placed into your outstretched palm taking care not to touch your hand. If you prefer a gluten-free wafer, simply ask for one at the time of Communion. If you wish to receive a blessing instead, please cross your arms in front of your chest.

Intinction (dipping the bread in the wine) is not available at this time. If you do not wish to drink from the common cup, please cross your arms in front of your chest as you pass by the chalice. The full grace of the sacrament is received with only the bread.

Those worshipping at home are invited to pray:

PRAYER AT THE TIME OF COMMUNION

from *Saint Augustine's Prayer Book* (Forward Movement, 2014)

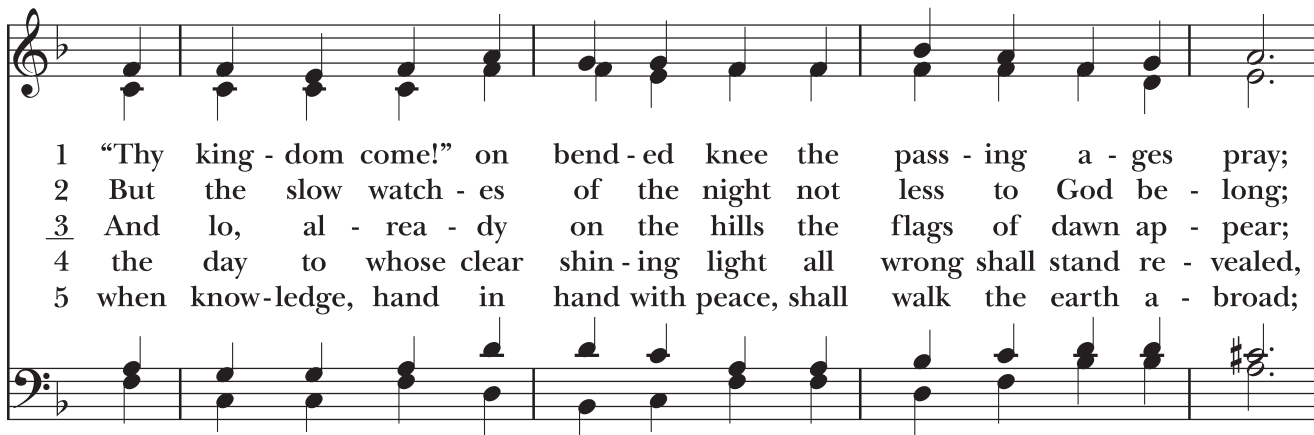
O Christ, I believe that you are truly present in the Holy Sacrament, and, since I cannot at this time receive communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace. Amen.

VOLUNTARY Meditation on *Nun komm der Heiden Heiland*, BUXWV 211
(Tune of Hymn 54, "Savior of the nations, come!")

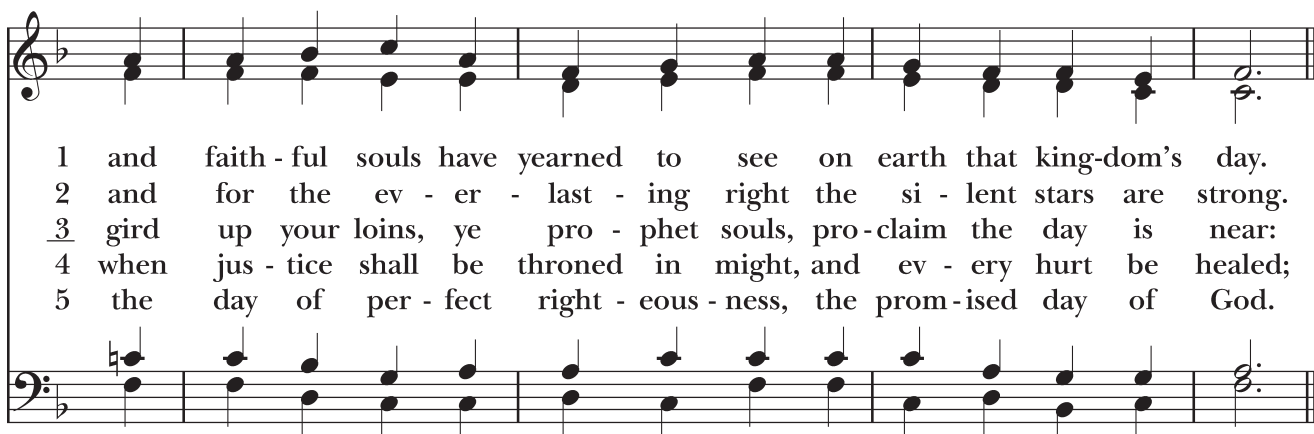
Dieterich Buxtehude (1637–1707)

HYMN 615 "Thy kingdom come!" on bended knee ♦ *The Hymnal* 1982

TUNE: *St. Flavian*



1 "Thy king - dom come!" on bend - ed knee the pass - ing a - ges pray;
2 But the slow watch - es of the night not less to God be - long;
3 And lo, al - rea - dy on the hills the flags of dawn ap - pear;
4 the day to whose clear shin - ing light all wrong shall stand re - vealed,
5 when know - ledge, hand in hand with peace, shall walk the earth a - broad;



1 and faith - ful souls have yearned to see on earth that king - dom's day.
2 and for the ev - er - last - ing right the si - lent stars are strong.
3 gird up your loins, ye pro - phet souls, pro - claim the day is near:
4 when jus - tice shall be throned in might, and ev - ery hurt be healed;
5 the day of per - fect right - eous - ness, the prom - ised day of God.

Words: Frederick Lucian Hosmer (1840-1929). Music: *St. Flavian*, melody from *Day's Psalter*, 1562; adapt. and harm. Richard Redhead (1820-1901).

The assembly is invited to remain seated for a period of silence, contemplating the gifts of God given and received.

Please stand, as able, when the Presider stands and returns to the Altar.

SENDING OF EUCHARISTIC VISITORS

On some Sundays, ministers take Holy Communion to sick or housebound members of the community.

One body are we. **For though many, we share one bread and one cup.**

Go in peace, bearing holy gifts for holy people.

POSTCOMMUNION PRAYER

The Book of Common Prayer, p. 365

Let us pray. **Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

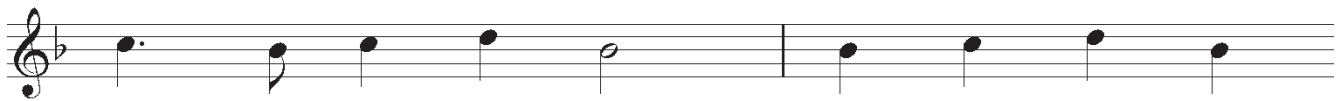
BLESSING *The Presider asks God's blessing on the Assembly. All respond: Amen.*

HYMN 54 *Savior of the nations, come! ♦ The Hymnal 1982*

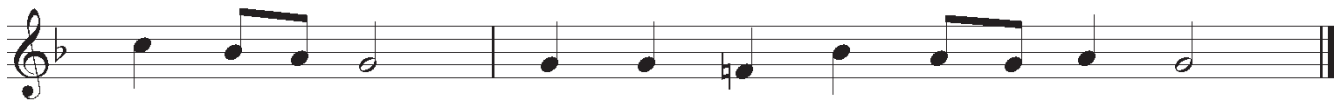
TUNE: *Nun komm, der Heiden Heiland*



1 Sa - vior of the na - tions, come! Vir - gin's
2 Won - drous birth! Oh, won - drous child of the
3 Thus on earth the Word ap - pears, grac - ing
4 Come, O Fa - ther's sav - ing Son, who o'er



Son, make here your home. Mar - vel now, both
Vir - gin un - de - filed! Might - y God and
his cre - a - ted spheres; hence to death and
sin the vic - tory won. Bound - less shall your



heaven and earth, that the Lord chose such a birth.
Ma - ry's son, ea - ger now his race to run!
hell de - scends, then the heaven - ly throne a - scends.
king - dom be; grant that we its glo - ries see.

Words: Martin Luther (1483-1546) after Ambrose of Milan (340-397); tr. William M. Reynolds (1812-1876) and James Waring McCrady (b. 1938)
St. 3-4, Copyright ©1982, James Waring McCrady. All rights reserved. Used with permission. Music: *Nun komm, der Heiden Heiland*, melody from
Erfurt Enchiridia, 1524; harm. Melchoir Vulpius (1560?-1616)

DISMISSAL *The Deacon dismisses the Assembly. The Assembly responds: Thanks be to God.*

PRELUDE *Trio on Nun komm der Heiden Heiland (Tune of Hymn 54, "Savior of the nations, come!") BWV 660
J. S. Bach (1685-1750)*



MINISTERS OF THE LITURGY

PRESIDER The Very Reverend Steven L. Thomason; **PREACHER** The Reverend Elizabeth Walker, *guest preacher*; **DEACON** The Reverend Earl Grout; **ASSISTING LAY MINISTER** Peter Snyder; **EUCCHARISTIC MINISTERS** Amy Gardner, Rose Hazard, Emily Meeks, Justin Shelley, The Reverend Linzi Stahlecker, The Reverend Canon Jennifer King Daugherty, The Reverend Canon Eliacín Rosario-Cruz; **ALTAR GUILD** Morgan Bawcom-Randall, Ashley Hedeem; **VERGERS** Sharon Ferguson, Nancy Cleminshaw; **ACOLYTES** Morgan Bawcom-Randall, Russ Campbell, Kate Halamay, Kevin Johnson, Alexandra Thompson; **LECTORS** Barbara Zito, Erik Donner; **INTERCESSOR** Ray Miller; **GREETERS** Barbara Selberg, John Selberg; **USHERS** David Wild | Jay Quarterman, Jeff Sackett; **OBLATION BEARERS** TBD; **FLOWER MINISTERS** Judy Andrews, *team captain*; **LAND ACKNOWLEDGMENT** Clara Berg; **MUSICIANS** The Cathedral Choir; **SOUND BOARD** Michael Perera; **VIDEO** Chris Brown

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