



SAINT MARK'S
EPISCOPAL CATHEDRAL
SEATTLE, WASHINGTON

THE HOLY EUCHARIST
THE FOURTH SUNDAY OF ADVENT

December 18, 2022 ♦ 11:00 AM

Saint Mark's Cathedral acknowledges that we gather on the traditional land of the first people of Seattle, the Duwamish People, who are still here, and we honor with gratitude the land itself and the life of all the Coast Salish tribes.

Welcome to Saint Mark's Cathedral. Wherever you are on your spiritual journey, and whether you are joining in the nave or via the livestream, you are welcome here!

Signs in the nave indicate the distanced and undistanced sections. Please note that masks are required only in the distanced sections on the south side of the nave. In all other areas, masks are optional.

All-gender restrooms are available on the 5th floor of Cathedral House, accessible via the elevator or southwest stairwell. Ushers can direct you. Ushers are available during the liturgy should you have any questions or concerns, or if you need a hearing assist device.

If you are new to Saint Mark's and would like to learn more, please consider completing a newcomer form, visit saintmarks.org/newcomers or simply contact one of the clergy. Grace and peace to you!

*The Assembly speaks aloud the **text in boldface**.*

A brief organ voluntary offered a few minutes before the hour invites all into quiet prayer and preparation.

PRELUDE Three Antiphons (from Fifteen Pieces for Vespers on Feasts of Saint Mary the Virgin, Opus 18)
Marcel Dupré (1886–1971)

LAND ACKNOWLEDGMENT

All stand, as able.

INTROIT *A tender shoot* WORDS: William Bartholomew; MUSIC: Otto Goldschmidt

A tender shoot hath started
Up from a root of grace,
As ancient seers imparted
From Jesse's holy race;
It blooms without a blight,
Blooms in the cold bleak winter,
Turning our darkness into light.

This shoot, Isaiah taught us,
From Jesse's root should spring;
The Virgin Mary brought us
The branch of which we sing:
Our God of endless might
Gave her this child to save us,
Thus turning darkness into light.

THE ENTRANCE RITE

HYMN 56 *O come, O come, Emmanuel* (sts. 1-3 & 7) ♦ *The Hymnal 1982* TUNE: *Veni, veni, Emmanuel*



Choir alone 1. O come, O come, Em - ma - nu - el, and ran - som cap - tive Is - ra - el,
Choir alone 2. O come, thou Wis - dom from ___ on high, who or - derest all things might - i - ly;
All 3. O come, O come, thou Lord of might, who to thy tribes on Si - nai's height
Choir alone 4. O come, thou Branch of Jes - se's tree, free them from Sa - tan's ty - ran - ny
All 5. O come, thou Key of Da - vid, come, and o - pen wide our heaven - ly home;
Choir alone 6. O come, thou Day-spring from ___ on high, and cheer us by thy draw - ing nigh;
All 7. O come, De - sire of na - tions, bind in one the hearts of all ___ man - kind;
All 8. O come, O come, Em - ma - nu - el, and ran - som cap - tive Is - ra - el,



1. that mourns in lone - ly ex - ile here un - til the Son of God___ ap - pear.
2. to us the path of know - ledge show, and teach us in her ways___ to go.
3. in an - cient times didst give___ the law, in cloud, and ma - jes - ty,___ and awe.
4. that trust thy might - y power_ to save, and give them vic - tory o'er___ the grave.
5. make safe the way that leads_ on high, and close the path to mi - se - ry.
6. dis - perse the gloom - y clouds_ of night, and death's dark sha - dow put___ to flight.
7. bid thou our sad di - vi - sions cease, and be thy - self our King___ of Peace.
8. that mourns in lone - ly ex - ile here un - til the Son of God___ ap - pear.



Re-joice! Re-joice! Em - ma - nu - el shall come to thee, O Is - ra - el!

LIGHTING OF THE ADVENT WREATH

O Wisdom, you came forth from the mouth of the Most High; and reach from one end of the earth to the other, mightily and sweetly ordering all things: **come and teach us the way of prudence.**

OPENING ACCLAMATION

The Book of Common Prayer, p. 355

Blessed be God: Father, Son, and Holy Spirit. **And blessed be God's kingdom, now and for ever. Amen.**

COLLECT FOR PURITY

ALmighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

TRISAGION

Richard Fabian (b. 1942)

Everyone

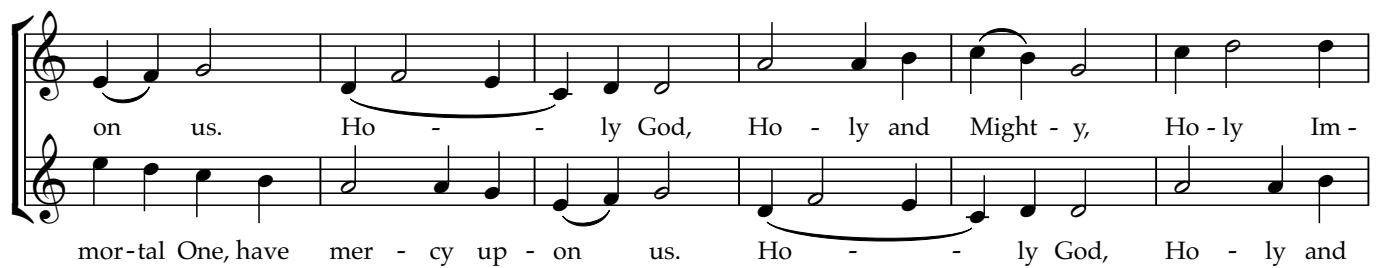
Ho - ly God, Ho - ly and Might - y, Ho-ly Im - mor - tal One, have mer - cy up - on us.

North side

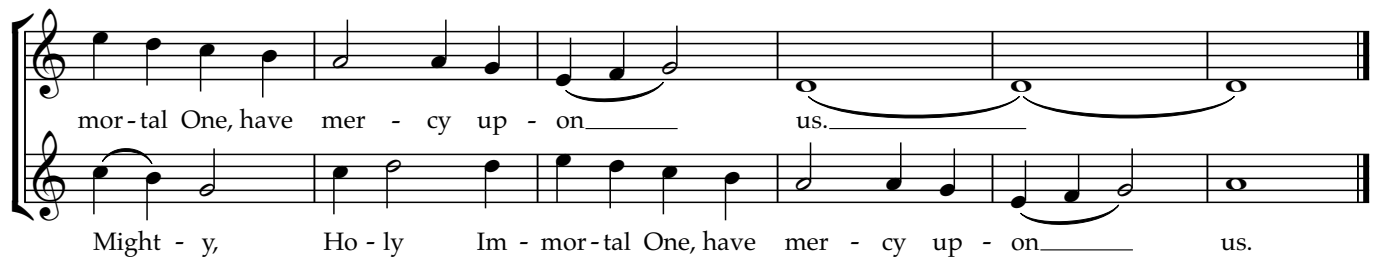
Ho - ly God, Ho - ly and Might - y, Ho-ly Im - mor - tal One, have mer - cy up - on us.

South side

Ho - ly God, Ho - ly and Might - y, Ho-ly Im - mor - tal One, have mer - cy up - on us.



on us. Ho - ly God, Ho - ly and Might - y, Ho - ly Im - mor - tal One, have mer - cy up - on us. Ho - ly God, Ho - ly and



mor - tal One, have mer - cy up - on us. Might - y, Ho - ly Im - mor - tal One, have mer - cy up - on us.

Wonder, Love, & Praise #844, alt. MK; © 1984 All Saints' Company. Used by permission.

COLLECT OF THE DAY *Fourth Sunday of Advent*

The Book of Common Prayer, p. 212

The Lord be with you. **And also with you.** Let us pray.

PURIFY our conscience, Almighty God, by your daily visitation, that your Son Jesus Christ, at his coming, may find in us a mansion prepared for himself; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

Please be seated for the readings.

THE LITURGY OF THE WORD

READING *Isaiah 7:10-16*

AGAIN the LORD spoke to Ahaz, saying, Ask a sign of the LORD your God; let it be deep as Sheol or high as heaven. But Ahaz said, I will not ask, and I will not put the LORD to the test. Then Isaiah said: "Hear then, O house of David! Is it too little for you to weary mortals, that you weary my God also? Therefore the LORD himself will give you a sign. Look, the young woman is with child and shall bear a son, and shall name him Immanuel. He shall eat

curds and honey by the time he knows how to refuse the evil and choose the good. For before the child knows how to refuse the evil and choose the good, the land before whose two kings you are in dread will be deserted."

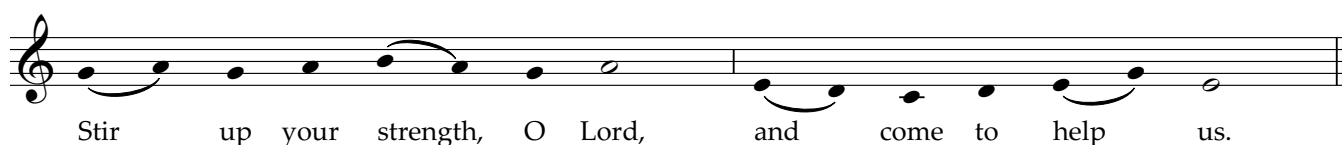
Hear what the Spirit is saying to God's people.

Thanks be to God.

PSALM *Psalms 80:1-7, 16-18* ♦ *Qui regis Israel*

Plainchant

The cantor introduces the Antiphon; all repeat it. The cantor chants the verses, all repeating the Antiphon as indicated.



HEAR, O Shepherd of Israel, leading Joseph like a flock; shine forth, you that are enthroned upon the cherubim. In the presence of Ephraim, Benjamin, and Manasseh, stir up your strength and come to help us. Restore us, O God of hosts; show the light of your countenance, and we shall be saved. **ANTIPHON**

O Lord GOD of hosts, how long will you be angered despite the prayers of your people? You have fed them with the bread of tears; you have given them bowls of tears to drink. You have made us the derision of our neighbors, and our enemies laugh us to scorn. Restore us, O God of hosts; show the light of your countenance, and we shall be saved. **ANTIPHON**

Let your hand be upon the man of your right hand, the son of man you have made so strong for yourself. And so will we never turn away from you; give us life, that we may call upon your Name. Restore us, O Lord GOD of hosts; show the light of your countenance, and we shall be saved. **ANTIPHON**

READING *Romans 1:1-7*

PAUL, a servant of Jesus Christ, called to be an apostle, set apart for the gospel of God, which he promised beforehand through his prophets in the holy scriptures, the gospel concerning his Son, who was descended from David according to the flesh and was declared to be Son of God with power according to the spirit of holiness by resurrection from the dead, Jesus Christ our Lord, through whom we have received grace and apostleship to bring about the obedience of faith among all the Gentiles for the sake of his name,

including yourselves who are called to belong to Jesus Christ,

To all God's beloved in Rome, who are called to be saints:

Grace to you and peace from God our Father and the Lord Jesus Christ.

Hear what the Spirit is saying to God's people.

Thanks be to God.

All stand, as able.

HYMN 265 *The angel Gabriel from heaven came* (sts. 1 & 4) ♦ *The Hymnal 1982*

TUNE: *Gabriel's Message*

1. The an - gel Ga - bri-el from hea - ven came, — his wings as drift - ed snow, his
 4. Of her, Em-man - u-el, the Christ, was born — in Beth - le-hem, all on a

eyes — as flame; — “All hail,” said he, “thou low - ly mai - den Ma - ry, —
 Christ - mas morn, — and Chris - tian folk through-out the world will ev - er say: —

most high - ly fa - vored la - dy,” Glo - - - ri - a! —
 “Most high - ly fa - vored la - dy!” Glo - - - ri - a! —

THE HOLY GOSPEL *Matthew 1:18-25*

The Holy Gospel of our Lord Jesus Christ according to Matthew. **Glory to you, Lord Christ.**

Now the birth of Jesus the Messiah took place in this way. When his mother Mary had been engaged to Joseph, but before they lived together, she was found to be with child from the Holy Spirit. Her husband Joseph, being a righteous man and unwilling to expose her to public disgrace, planned to dismiss her quietly. But just when he had resolved to do this, an angel of the Lord appeared to him in a dream and said, "Joseph, son of David, do not be afraid to take Mary as your wife, for the child conceived in her is from the Holy Spirit. She will bear a son, and you are to name him Jesus, for he will save his people from their sins." All this took place to fulfill what

had been spoken by the Lord through the prophet:

"Look, the virgin shall conceive and bear a son,
and they shall name him Emmanuel,"

which means, "God is with us." When Joseph awoke from sleep, he did as the angel of the Lord commanded him; he took her as his wife, but had no marital relations with her until she had borne a son; and he named him Jesus.

The Gospel of the Lord. **Praise to you, Lord Christ.**

HOMILY

The Reverend Linzi Stahlecker

*Following the homily, the assembly is invited into a period of silence, reflecting on the scriptures and sermon.
Please stand, as able, when the Presider stands to introduce the Creed.*

All stand, as able.

THE NICENE CREED

The Book of Common Prayer, p. 358

We believe in one God, the Father, the Almighty, Maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary; and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day

he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE *The Assembly speaks aloud the text in boldface.*

After each petition:

We look to you in hope, **Come, Lord Jesus, come.**

The Presider concludes the prayers with a collect; all respond: Amen.

CONFESSION & ABSOLUTION

The Book of Common Prayer, p. 359

Let us confess our sins against God and our neighbor.

Silence is kept. You are invited to stand or kneel for the confession.

Most merciful God, **we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

The Presider pronounces God's forgiveness of our sins. All respond: Amen.

THE PEACE

The peace of the Lord be always with you. **And also with you.**

All exchange a sign of peace, respecting others' desires for distance to be maintained.



THE LITURGY OF THE TABLE

OFFERTORY

An offering of money is received. Everyone participating in Saint Mark's Cathedral's worship at this time in any way is invited to make an offering as an expression of gratitude for God's generosity. Together, our gifts make possible this community of welcome, reconciliation and service. All worshipping in person are invited to place their offering in baskets as they are passed through through the rows.

*Links to donate to Saint Mark's online are located on the livestream page. Visit saintmarks.org/give, or use the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right), or visit this link on your mobile device: <https://venmo.com/saintmarkscathedralseattle>. If Venmo asks you for a four-digit code, enter **2076**.*



You may also mail your gift to the cathedral: 1245 10th Ave. E, Seattle, WA 98102.

ANTHEM

A Hymn to the Virgin

WORDS: Anonymous, circa 1300; MUSIC: Benjamin Britten (1913-1976)

Of one that is so fair and bright

Velut maris stella, [as the star of the sea]
Brighter than the day is light,

Parens et puella: [parent and daughter]
I cry to thee, thou see to me,

Lady, pray thy Son for me,

Tam pia, [so holy]

That I may come to thee,

Maria.

All this world was forlorn

Eva peccatrice [because of Eve, the sinner]
Till our Lord was y-born

De te genetrix. [by you, the Mother]

With "Ave" it went away

Darkest night, and comes the day

Salutis; [of salvation]

The well springeth out of thee,

Virtutis. [of virtue]

Lady, flow'r of ev'rything,

Rose sine spina, [rose without thorn]
Thou bare Jesu, Heaven's King,

Gratia divina: [through divine grace]

Of all thou bear'st the prize,

Lady, queen of paradise

Electa: [O chosen one]

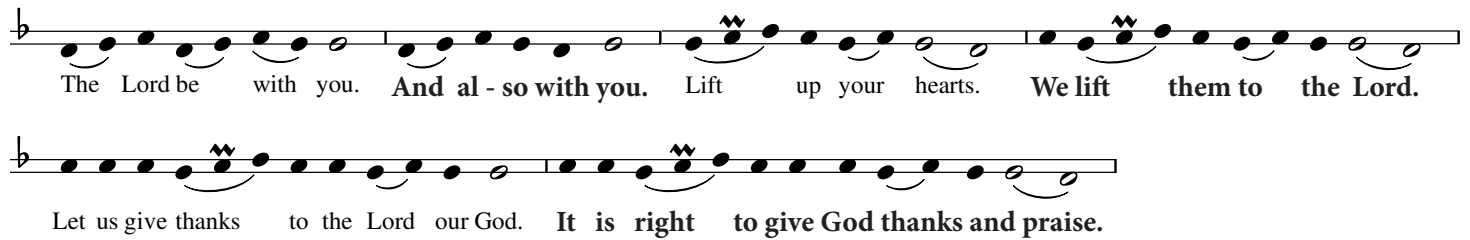
Maid mild, mother

Es Effecta. [thus were you created]

All stand, as able.

THE GREAT THANKSGIVING Eucharistic Prayer B

The Book of Common Prayer, p. 367



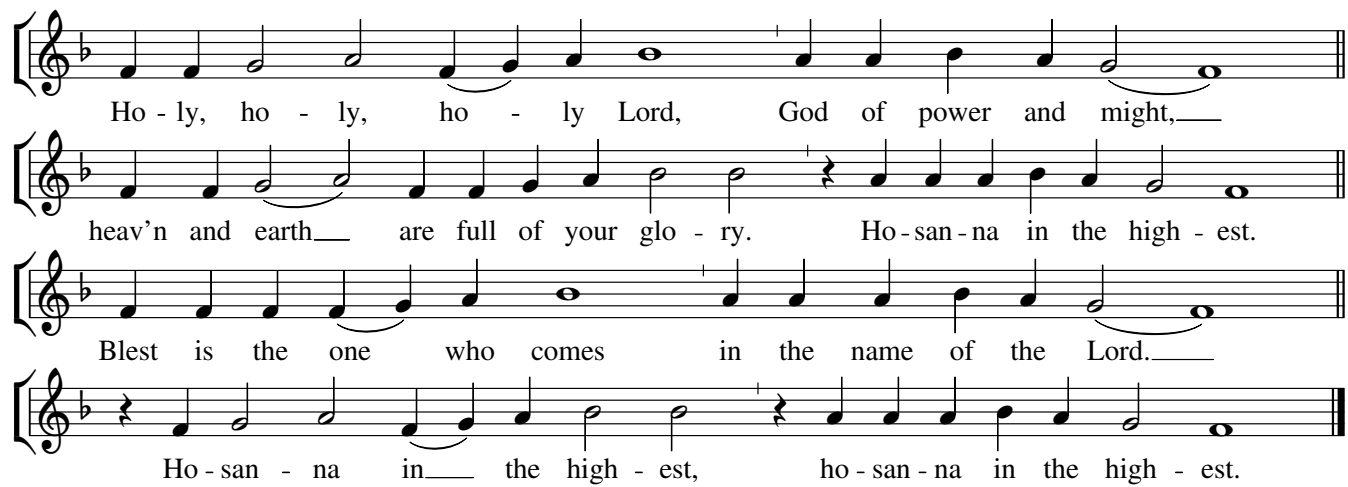
The Lord be with you. And al - so with you. Lift up your hearts. We lift them to the Lord.
 Let us give thanks to the Lord our God. It is right to give God thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Because you sent your beloved Son to redeem us from sin and death, and to make us heirs in him of everlasting life; that when he shall come again in power and great triumph to judge

the world, we may without shame or fear rejoice to behold his appearing. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

SANCTUS & BENEDICTUS

Traditional Russian Orthodox, adapt. Richard Proulx



Ho - ly, ho - ly, ho - ly Lord, God of power and might,
 heav'n and earth are full of your glo - ry. Ho - san - na in the high - est.
 Blest is the one who comes in the name of the Lord.
 Ho - san - na in the high - est, ho - san - na in the high - est.

from *Missa Oecumenica*, ©1999 Oregon Catholic Press.

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father:

We remember his death, We proclaim his resurrection, We await his coming in glory;

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Mary, Mark and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.



A - MEN.

THE LORD'S PRAYER

Nikolai Rimsky-Korsakov (1844-1908), adapt. George Black

Our Fa-ther in heav'n, hal-lowed be your Name, your king-dom come, your will be done, on earth as in heav'n.

Give us today our daily bread. Forgive us our sins as we forgive those who sin a-gainst us. Save us from the time of trial,

and de-li-ver us from e - vil. For the king-dom, the pow'r, and the glo-ry are yours, now and for ever-er. A-men.

Enriching Our Music 2 #138, ©2004 George Black.

In silence, the Presider breaks the consecrated bread.

THE BREAKING OF THE BREAD *A Simple Missa Brevis*

Hallock

Organ: *Everyone:*

O Lamb of God, you take a-way the

sins of the world; have mer - cy on us.

O Lamb of God, you take a-way the sins of the world; grant us your peace.

INVITATION TO COMMUNION

The Gifts of God for the People of God.

All may be seated for the time of Communion. All seeking God are welcome at Christ's Table.

Please follow the directions of the Liturgical Ministers. Bread and wine are distributed at standing stations at the head of three aisles. The bread will be placed into your outstretched palm taking care not to touch your hand. If you prefer a gluten-free wafer, simply ask for one at the time of Communion. If you wish to receive a blessing instead, please cross your arms in front of your chest.

Intinction (dipping the bread in the wine) is not available at this time. If you do not wish to drink from the common cup, please cross your arms in front of your chest as you pass by the chalice. The full grace of the sacrament is received with only the bread.

Those worshipping at home are invited to pray:

PRAYER AT THE TIME OF COMMUNION

from Saint Augustine's Prayer Book (Forward Movement, 2014)

O Christ, I believe that you are truly present in the Holy Sacrament, and, since I cannot at this time receive communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace. Amen.

VOLUNTARY *Organ improvisation*

HYMN 66 *Come, thou long expected Jesus* ♦ *The Hymnal 1982*

TUNE: *Stuttgart*

1. Come, thou long - ex - pect - ed Je - sus born to set thy peo - ple free;
2. Is - rael's strength and con - so - la - tion, hope of all the earth thou art;
3. Born thy peo - ple to de - li - ver, born a child, and yet a King,
4. By thine own e - ter - nal Spi - rit rule in all our hearts a - lone;

from our fears and sins re - lease us, let us find our rest in thee.
dear de - sire of ev - ery na - tion, joy of ev - ery long - ing heart.
born to reign in us for - ev - er, now thy gra - cious king - dom bring.
by thine all - suf - fi - cient mer - it, raise us to thy glo - rious throne.

*The assembly is invited to remain seated for a period of silence, contemplating the gifts of God given and received.
Please stand, as able, when the Presider stands and returns to the Altar.*

SENDING OF EUCHARISTIC VISITORS

On some Sundays, ministers take Holy Communion to sick or housebound members of the community.

One body are we. **For though many, we share one bread and one cup.**
Go in peace, bearing holy gifts for holy people.

POSTCOMMUNION PRAYER

The Book of Common Prayer, p. 365

Let us pray. **Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

BLESSING *The Presider asks God's blessing on the Assembly. All respond: Amen.*



1. Hark! the glad sound! the Sa - vior comes, the Sa - vior pro - mised long;
 2. He comes, the pris - oners to re - lease in Sa - tan's bon - dage held;
 3. He comes, the bro - ken heart to bind, the bleed - ing soul to cure;
 4. Our glad ho - san - nas, Prince of Peace, thy wel - come shall pro - claim;



let ev - ery heart pre - pare a throne, and ev - ery voice a song.
 the gates of brass be - fore him burst, the i - ron fet - ters yield.
 and with the trea - sures of his grace to en - rich the hum - ble poor.
 and heaven's e - ter - nal arch - es ring with thy be - lov - ed Name.

DISMISSAL *The Deacon dismisses the Assembly. The Assembly responds: Thanks be to God.*

VOLUNTARY *Rorate Caeli desuper, "Drop down heavens from above"*

Jack Oades (b. 1994)

MINISTERS OF THE LITURGY

PRESIDER The Very Reverend Steven L. Thomason; **PREACHER** The Reverend Linzi Stahlecker; **DEACON** The Reverend Emily Austin; **ASSISTING LAY MINISTER** Emily Meeks; **EUCCHARISTIC MINISTERS** Kathy Thomason, Shelley Mackaman, John Selberg, TBD, The Reverend Canon Jennifer King Daugherty, The Reverend Canon Eliacín Rosario-Cruz; **ALTAR GUILD** Deborah Person, Walter Stuteville; **VERGERS** Erik Donner, Sharon Ferguson; **ACOLYTES** Carrie Davis, Krista Olson, Rollin Salsbery; **LECTORS** Vicky Greenbaum, TBD; **INTERCESSOR** Christine Szabadi; **GREETERS** Carolyn White, Ray Miller; **USHERS** Janet Miller | Erin Beary Andersen, Wayne Duncan; **OBLATION BEARERS** TBD; **FLOWER MINISTERS** Beatrix Roemheld-Hamm, *team captain*; **LAND ACKNOWLEDGMENT** Vicky Greenbaum; **MUSICIANS** The Cathedral Choir; **SOUND BOARD** Michael Perera; **VIDEO** Chris Brown

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