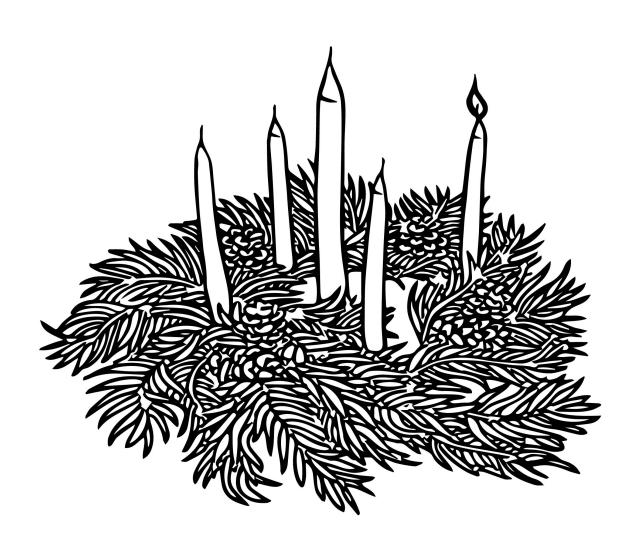


THE HOLY EUCHARIST

THE FIRST SUNDAY OF ADVENT

December 3, 2023

11:00 AM





LAND ACKNOWLEDGMENT & WELCOME

Saint Mark's Cathedral acknowledges that we gather on the traditional land of the first people of Seattle, the Duwamish People, who are still here, and we honor with gratitude the land itself and the life of all the Coast Salish tribes.

QUESTIONS?

Please ask. Ushers (wearing the purple welcome lanyards) can answer your questions or concerns, or provide a hearing assist device. All-gender restrooms are available in the northwest stairwell and on the 5th floor of Cathedral House, accessible by elevator or southwest stairwell.

NEW TO SAINT MARK'S?

Welcome to Saint Mark's Cathedral. Wherever you are on your spiritual journey, you are welcome here! We invite you to complete a newcomer form, visit <u>saintmarks.org/newcomers</u> or connect with one of the clergy.

ABOUT THE LITURGY

Worship lies at the heart of the Christian life. It is in worship that we express our theology and define our identity. We encounter God within worship and are formed and transformed as the people of God. One of the hallmarks of the Episcopal Church is its liturgical worship. Liturgy literally is "the work of the people," and refers to the patterns, forms, words, and actions through which public worship is conducted.

THE LITURGY OF THE WORD

The service usually begins with an organ prelude or other music designed to call us into worshipful presence.

PRELUDE

1. Meditation on *Burleigh* (tune of the Negro Spiritual, "My Lord, what a morning!")

Richard Billingham

2. Prelude on *Wachet auf, ruft uns die Stimme*

(Tune of Hymn 61, "Sleepers, wake!' A voice astounds us"), Opus 68, No. 5

Flor Peeters

LAND ACKNOWLEDGMENT

All stand, as able.

INTROIT Remember, O thou man Words: 16th-century English; Music: Thomas Ravenscroft (ca.1582-ca.1635)

Remember, O thou man, thy time is spent: How thou art dead and gone, And I did what I can: Therefore repent!

Remember Adam's fall from heav'n to hell! How we were condemnèd all In hell perpetual, there for to dwell.

Remember God's goodnesse and his promise made! How he sent his sonne, doubtlesse, Our sinnes for to redresse: Be not afraid!

The angels all did sing upon the shepherds' hill Praises to our heavenly King, And peace to all living with a good will.

As a gathered community, we join together in praising God in song.

HYMN 68 Rejoice! rejoice, believers ◆ The Hymnal 1982

Llangloffan

LIGHTING OF THE ADVENT WREATH

Presider Behold, the Lord will come, and all his saints with him, Assembly and on that day there will be a great light, alleluia.

OPENING ACCLAMATION

The Book of Common Prayer 1979, p. 355

Presider Blessed be God: Father, Son, and Holy Spirit.

Assembly And blessed be God's kingdom, now and for ever. Amen.

COLLECT FOR PURITY

Presider

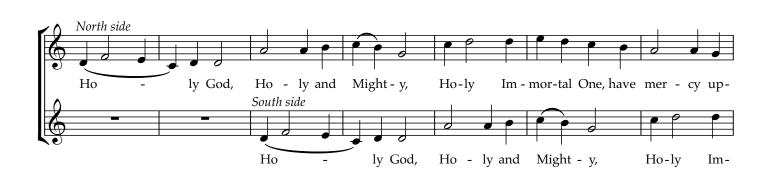
ALMIGHTY GOD, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

All Amen.

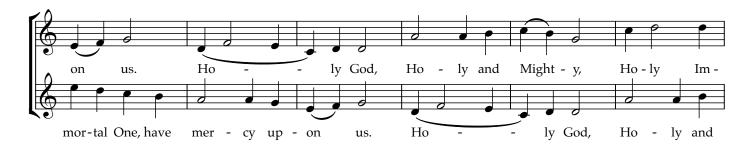
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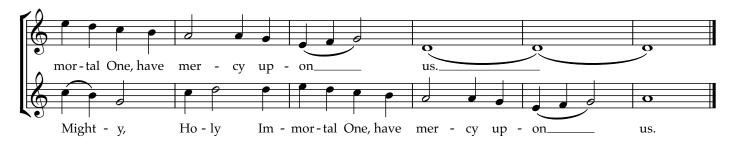
The Gloria, or some other song of praise, centers the service on the Holy One we gather to praise in our worship.





ly God, Ho - ly and Might - y, Ho-ly Im-mor-tal One, have mer - cy up - on





The collect is the prayer designated for each Sunday that "collects" or captures the theme of the day or season of the Church year. It summarizes the attributes of God as revealed in the scriptures for the day.

COLLECT OF THE DAY First Sunday of Advent

The Book of Common Prayer 1979, p. 211

Presider The Lord be with you.

Assembly And also with you.

Presider Let us pray.

ALMIGHTY GOD, give us grace to cast away the works of darkness, and put on the armor of light, now in the time of this mortal life in which your Son Jesus Christ came to visit us in great humility; that in the last day, when he shall come again in his glorious majesty to judge both the living and the dead, we may rise to the life immortal; through him who lives and reigns with you and the Holy Spirit, one God, now and for ever.

All Amen.

Please be seated for the readings.

The first reading is usually drawn from the Hebrew Scriptures, inviting us to trace our heritage in God's historical covenant with the People of God.

READING Isaiah 64:1–9

OTHAT you would tear open the heavens and come down, so that the mountains would quake at your presence—

as when fire kindles brushwood and the fire causes water to boil—

to make your name known to your adversaries, so that the nations might tremble at your presence!

When you did awesome deeds that we did not expect, you came down, the mountains quaked at your presence.

From ages past no one has heard, no ear has perceived,

no eye has seen any God besides you, who works for those who wait for him.

You meet those who gladly do right, those who remember you in your ways.

But you were angry, and we sinned; because you hid yourself we transgressed.

We have all become like one who is unclean, and all our righteous deeds are like a filthy cloth.

We all fade like a leaf, and our iniquities, like the wind, take us away.

There is no one who calls on your name, or attempts to take hold of you;

for you have hidden your face from us, and have delivered us into the hand of our iniquity.

Yet, O LORD, you are our Father; we are the clay, and you are our potter; we are all the work of your hand.

Do not be exceedingly angry, O LORD, and do not remember iniquity forever. Now consider, we are all your people.

Reader Hear what the Spirit is saying to God's people. **Assembly** Thanks be to God.

The Psalm is a sung response to the previous reading. Psalms are the songbook of the Hebrew Scriptures. They express every emotion known to humankind.

PSALM Psalm 80:1-7,16-18 ◆ The Book of Common Prayer (1979)

Plainsong Tone IV.4

The cantor introduces the Antiphon, all repeat. The cantor chants the verses, all repeat the Antiphon as indicated.



Qui regis Israel

Hear, O Shepherd of Israel, leading Joseph like a flock; * shine forth, you that are enthroned upon the cherubim.

In the presence of Ephraim, Benjamin, and Manasseh, *

stir up your strength and come to help us.

Restore us, O God of hosts, *

show the light of your countenance, and we shall be saved. ANTIPHON

O God of hosts, *

how long will you be angered

despite the prayers of your people?

You have fed them with the bread of tears; *

you have given them bowls of tears to drink.

You have made us the derision of our neighbors, *

and our enemies laugh us to scorn.

Restore us, O God of hosts; *

show the light of your countenance, and we shall be saved. **ANTIPHON**

Let your hand be upon the anointed one at your right hand *

the one you have made so strong for yourself.

And so will we never turn away from you; *

give us life, that we may call upon your Name.

Restore us, O God of hosts; *

show the light of your countenance, and we shall be saved. ANTIPHON

This reading, taken from the New Testament, is typically from a letter (epistle) to the early Church, the Acts of the Apostles, or the Revelation to John.

READING

1 Corinthians 1:3-9

JRACE to you and peace from God our Father and the Lord Jesus Christ.

I give thanks to my God always for you because of the grace of God that has been given you in Christ Jesus, for in every way you have been enriched in him, in speech and knowledge of every kind—just as the testimony of Christ has been strengthened among you—so that you are not lacking in any spiritual gift as you wait for the revealing of our Lord Jesus Christ. He will also strengthen you to the end, so that you may be blameless on the day of our Lord Jesus Christ. God is faithful; by him you were called into the fellowship of his Son, Jesus Christ our Lord.

Reader Hear what the Spirit is saying to God's people.

Assembly Thanks be to God.

The sequence hymn or Gospel acclamation moves us toward the summit of the Liturgy of the Word-the reading of the Holy Gospel. Gospel means "good news" specifically the "good news of Jesus Christ."

All stand, as able.

Jesus came, adored by angels (sts. 1 & 2) ◆ *The Hymnal* 1982 **HYMN 454**

Lowry

This reading is taken from one of the four Gospels (Matthew, Mark, Luke, and John), which depict the life, teachings, death, resurrection, and ascension of our Lord Jesus Christ. We stand for the Gospel reading to show the particular importance placed on Jesus's words and actions.

THE HOLY GOSPEL Mark 13:24-37

Deacon The Holy Gospel of our Lord Jesus Christ according to Mark.

Assembly Glory to you, Lord Christ.

ESUS said, "In those days, after that suffering,

the sun will be darkened, and the moon will not give its light,

and the stars will be falling from heaven, and the powers in the heavens will be shaken.

Then they will see 'the Son of Man coming in clouds' with great power and glory. Then he will send out the angels, and gather his elect from the four winds, from the ends of the earth to the ends of heaven.

"From the fig tree learn its lesson: as soon as its branch becomes tender and puts forth its leaves, you know that summer is near. So also, when you see these things taking place, you know that he is near, at the very gates. Truly I tell you, this generation will not pass away until all these things have taken place. Heaven and earth will pass away, but my words will not pass away.

"But about that day or hour no one knows, neither the angels in heaven, nor the Son, but only the Father. Beware, keep alert; for you do not know when the time will come. It is like a man going on a journey, when he leaves home and puts his slaves in charge, each with his work, and commands the doorkeeper to be on the watch. Therefore, keep awake—for you do not know when the master of the house will come, in the evening, or at midnight, or at cockcrow, or at dawn, or else he may find you asleep when he comes suddenly. And what I say to you I say to all: Keep awake."

Deacon The Gospel of the Lord.

Assembly Praise to you, Lord Christ.

The homily directly follows the Gospel because it is grounded in the scriptures. It illuminates the scriptural readings and relates them to daily life.

HOMILY

The Reverend Doctor Wil Gafney

Following the homily, the assembly is invited into a period of silence, reflecting on the scriptures and sermon. Please stand, as able, when the Presider stands as the liturgy continues.

The word "creed" comes from the Latin "credo" for "I believe." First formulated at the Council of Nicaea in 325 CE and confirmed in 381 CE, the Nicene Creed is said at the Holy Eucharist and reflects what Christians believe regarding the relationship between the Father, Jesus, and the Holy Spirit: The Holy Trinity.

THE NICENE CREED

The Book of Common Prayer 1979, p. 358

We believe in one God, the Father, the Almighty, Maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary; and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

We pray for ourselves and particularly on behalf of others. Each week, we pray for the Universal Church, the nation and its leaders, the welfare of the world, the concerns of our community of faith, including those who are in need or suffer, and for the departed. We are reminded in prayer that we are part of a larger fellowship, the Church—the Body of Christ.

PRAYERS OF THE PEOPLE After each petition:

Intercessor We look to you in hope; Assembly come Lord Jesus, come.

The Presider concludes the prayers with a collect. All respond: **Amen.**

CONFESSION & ABSOLUTION

The Book of Common Prayer 1979, p. 360

Deacon Let us confess our sins against God and our neighbor.

You are invited to stand or kneel for the confession.

Deacon Most merciful God,

All we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone.

We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Presider pronounces God's forgiveness of our sins. All respond: Amen.

The exchange of peace within the gathered community is an ancient Christian practice. It is a sign of reconciliation, love, and renewed relationships prior to coming to God's table for Eucharist.

THE PEACE

Presider The peace of the Lord be always with you.

Assembly And also with you.

All greet one another in the name of the Lord.

THE LITURGY OF THE TABLE

Having listened to the Word of God, affirmed our faith, confessed our sins, received forgiveness, and shared in the peace, we are prepared for the mystery and miracle of the Holy Communion. At the offertory, we gratefully offer back to God some of what God has given us, symbolically in the bread and wine, and in the money we give.

OFFERTORY

An offering of money is received. Everyone participating in worship is invited to make an offering in gratitude for God's generosity. Together, these gifts make possible this community of welcome, reconciliation and service. Those worshiping in person may to place their offering in baskets as they are passed through through the rows.

Visit <u>saintmarks.org/give</u>, or use the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right). If Venmo asks you for a four-digit code, enter **2076**.



ANTHEM

A Hymn of Saint Columba

Words attributed to St. Columba (521-597), poetic English trans. John Andrewes; Music: Benjamin Britten

Regis regum rectissimi prope est dies domini, dies irae et vindictae, tenebrarum et nebulae, Regis regum rectissimi.

Diesque mirabilium tonitruorum fortium, dies quoque angustiae, maeroris ac tristitiae. Regis regum rectissimi.

In quo cessabit mulierum amor et desiderium, nominumque contentio mundi hujus et cupido, Regis regum rectissimi. King of kings and of lords most high, Comes his day of judgment nigh: Day of wrath and vengeance stark, Day of shadows and cloudy dark, King of kings and of lords most high.

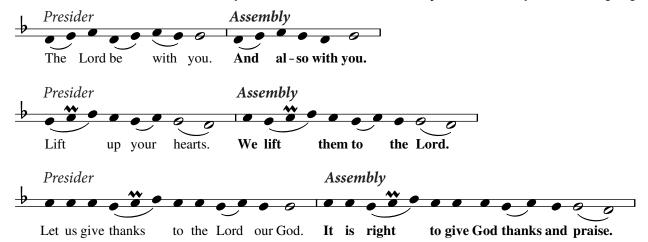
Thunder shall rend that day apart, Wonder amaze each fearful heart. Anguish and pain and deep distress Shall mark that day of bitterness. King of kings and of lords most high.

That day the pangs of lust will cease, Man's questing heart shall be at peace; Then shall the great no more contend And worldly fame be at an end. King of kings and of lords most high. In the Great Thanksgiving, we do what Jesus himself asked us: thank God and recall all that God has done for us in the life, death, and resurrection of Christ. The Great Thanksgiving, or Eucharistic Prayer, is a lengthy prayer with several intentions. We recount the story of Jesus at the Last Supper, where he took, blessed, broke, and gave bread and wine as sacraments of his body and blood. We begin the Great Thanksgiving with the Sursum corda, meaning "Lift up your hearts."

All stand, as able.

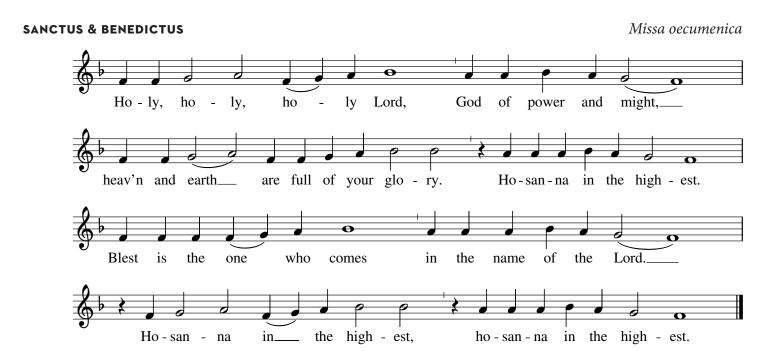
THE GREAT THANKSGIVING Eucharistic Prayer B

The Book of Common Prayer 1979, adapt., p. 360



Presider It is right, and a good and joyful thing, always and every where to give thanks to you, the Maker of heaven and earth. Because you sent your beloved Son to redeem us from sin and death, and to make us heirs in Christ of everlasting life; that when he shall come again in power and great triumph to judge the world, we may without shame or fear rejoice to behold his appearing. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

The Sanctus (Holy, Holy, Holy) is the hymn of praise that never ceases before God and is based on Isaiah 6:3.



We recall God's acts of salvation history. The presider says the "Words of Institution" that Jesus said at the Last Supper. At the Memorial Acclamation we remember Christ's death, resurrection, and promise to return at the end of the age.

During the prayer, the Holy Spirit is invoked to bless and sanctify the gifts of bread and wine.

Presider We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. Through Mary's Holy Child, you have delivered us from evil and made us worthy to stand before you. You have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, Jesus took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, Jesus took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O God:

All We remember his death, we proclaim his resurrection, we await his coming in glory;

Presider And we offer our sacrifice of praise and thanksgiving to you, Dear One; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, gather all things into the circle of Christ's love, and bring us to that heavenly country where with Mary, Mark, and all your saints, we may enter the everlasting heritage of all your children; through Jesus Christ, the firstborn of all creation, the head of the Church, and the author of our salvation.

By whom, and with whom, and in whom, in the unity of the Holy Spirit all honor and glory is yours, Most Blessed One, now and forever.

The Great Amen unites the congregation in one great voice as we concur with all that the presider has prayed. It is the only "AMEN" in all capitals found in the Book of Common Prayer, signifying the importance of the congregation's response.



We pray together the prayer that Jesus taught his disciples to pray. The link between our daily bread and the spiritual food we receive in the Eucharist is an ancient connection.

THE LORD'S PRAYER

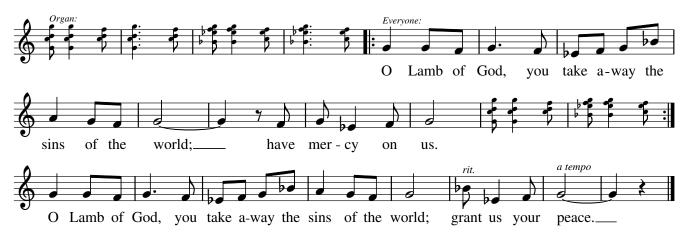
Nikolai Rimsky-Korsakov, adapt. George Black



In silence, the Presider breaks the consecrated bread.

THE BREAKING OF THE BREAD

Agnus Dei from Hallock Simple Missa brevis



INVITATION TO COMMUNION

Presider The Gifts of God for the People of God.

All may be seated for the time of Communion. All seeking God are welcome at Christ's Table.

Please follow the directions of the Liturgical Ministers. Bread and wine are distributed at standing stations at the head of three aisles. The bread will placed into your outstretched palm. If you prefer a gluten-free wafer, simply ask for one at the time of Communion. If you wish to receive a blessing instead, please cross your arms in front of your chest.

Intinction (dipping the bread in the wine) is not available at this time. If you do not wish to drink from the common cup, please cross your arms in front of your chest as you pass by the chalice. The full grace of the sacrament is received with only the bread.

VOLUNTARY Organ improvisation

HYMN 615 "Thy kingdom come!" on bended knee ◆ The Hymnal 1982

St. Flavian

After singing the hymn, the assembly is invited to remain seated for a period of silence, contemplating the gifts of God given and received.

From the earliest days of the Church, members of the congregation took bread to those who were ill or could not be present in person.

All stand, as able.

SENDING OF EUCHARISTIC VISITORS

Presider One body are we.

Assembly For, though many, we share one bread and one cup.

Deacon Go in peace, bearing holy gifts for holy people.

Before concluding the service, we give thanks to God for the gifts received, and the Presider pronounces a blessing in God's name upon the assembly. A closing hymn and the dismissal conclude the liturgy.

POSTCOMMUNION PRAYER

The Book of Common Prayer 1979, p. 365

Presider Eternal God, heavenly Father,

All you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood.

Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

BLESSING The Presider asks God's blessing on the assembly. All respond: Amen.

Helmsley

stanza 1: all sing

stanza 2: soprano & alto voices stanza 3: tenor & bass voices

stanza 4: all sing



Words: Charles Wesley (1707-1788) Music: Helmsley, melody Augustine Arne (1710-1778); harm. Ralph Vaughan Williams (1872-1958), alt.

DISMISSAL The Deacon dismisses the Assembly. All respond: **Thanks be to God.**

VOLUNTARY Toccata on "Helmsley" (Tune of Hymn 57, "Lo! He comes, with clouds descending")

Emma Lou Diemer



MINISTERS OF THE LITURGY

PRESIDER

The Very Rev. Steven L. Thomason

PREACHER

The Rev. Dr. Wil Gafney

ASSISTING LAY MINISTER

Rose Hazard

EUCHARISTIC MINISTERS

Erin Beary Andersen, Amy Gardner, The Rev. Canon Jennifer King Daugherty, Shelley Mackaman, Kathy Minsch, John Selberg, The Rev. Linzi Stahlecker, The Rev. Edie Weller

ALTAR GUILD

James Davidson, Hannah Hochkeppel

VERGERS

Kate Halamay, Nancy Cleminshaw

WREATH LIGHTERS

The Selberg family

ACOLYTES

Hilary McLeland-Wieser, Rollin Salsbery, Alexandra Thompson, Jen Younggren, Carrie Davis

GREETERS

Nancy George, Julia Logan

USHERS

Janet Miller | Wayne Duncan, Kathy Sodergren

OBLATION BEARERS

Nancy George, Carrie Kahler

LAND ACKNOWLEDGMENT

Rebekah Gilmore

LECTORS

Colleen Boyns, Emily Meeks

INTERCESSOR

Betsy Heimburger

SOUND BOARD

Michael Perera

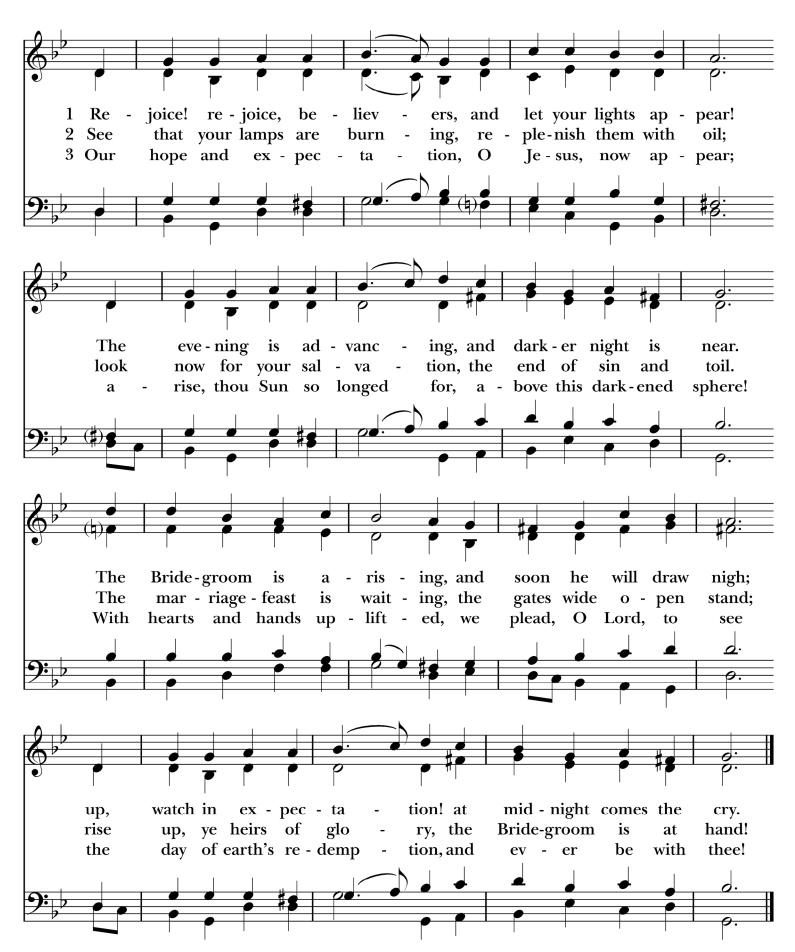
LIVESTREAM

David Wild

MUSICIANS

The Cathedral Choir, Canon Michael Kleinschmidt and John Stuntebeck, *conducting*;
Rebekah Gilmore, *cantor*;
Michael Kleinschmidt and John Stuntebeck, *organists*

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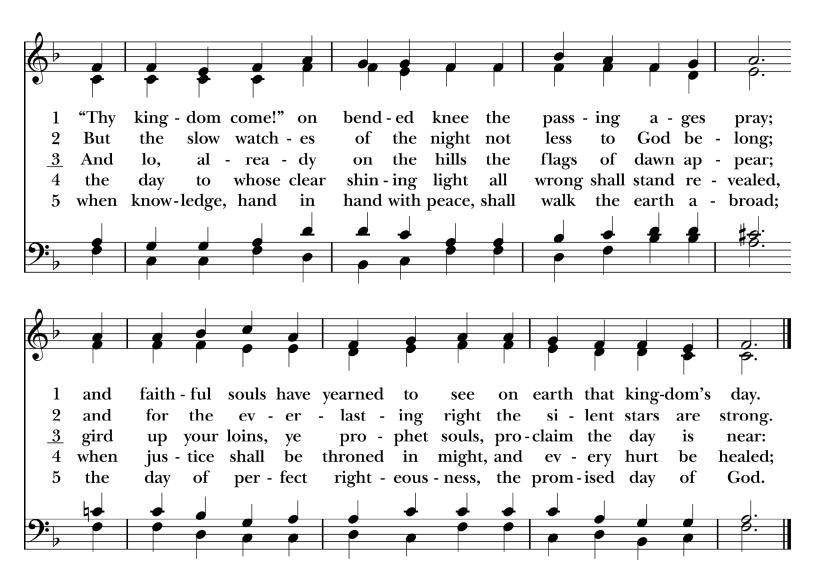


Words: Laurentius Laurenti (1660-1722); tr. Sarah B. Findlater (1823-1907), alt. Music: *Llangloffan*, melody from *Hymnau a Thonau er Gwasanaeth yr Eglwys yng Nghymru*, 1865.

The Hymnal 1982 - #454 Jesus came, adored by angels



Words: Godfrey Thring (1823-1903), alt. Music: Lowry, Gerald Near (b. 1942) Copyright @ The Church Pension Fund. All rights reserved. Used with permission.



Words: Frederick Lucian Hosmer (1840-1929). Music: St. Flavian, melody from Day's Psalter, 1562; adapt. and harm. Richard Redhead (1820-1901).