



SAINT MARK'S
EPISCOPAL CATHEDRAL
SEATTLE, WASHINGTON

THE HOLY EUCHARIST

THE SECOND SUNDAY AFTER THE EPIPHANY

January 15, 2023 ♦ 11:00 AM

Saint Mark's Cathedral acknowledges that we gather on the traditional land of the first people of Seattle, the Duwamish People, who are still here, and we honor with gratitude the land itself and the life of all the Coast Salish tribes.

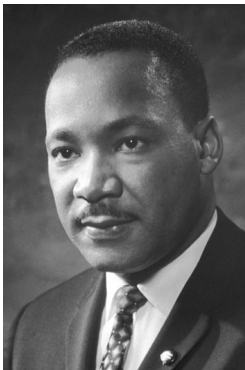
Welcome to Saint Mark's Cathedral. Wherever you are on your spiritual journey, and whether you are joining in the nave or via the livestream, you are welcome here!

Signs in the nave indicate the distanced and undistanced sections. Please note that masks are required only in the distanced sections on the south side of the nave. Masks are recommended everywhere else.

Signs in the nave indicate the distanced and undistanced sections. Ushers are available during the liturgy should you have any questions or concerns, or if you need a hearing assist device.

If you are new to Saint Mark's and would like to learn more, please consider completing a newcomer form, visit saintmarks.org/newcomers or simply contact one of the clergy. Grace and peace to you!

*The Assembly speaks aloud the **text in boldface**.*



Martin Luther King, Jr. was born on January 15, 1929, in Atlanta. As the son and grandson of Baptist preachers, he was steeped in the Black Church tradition. In 1954, King became pastor of a church in Montgomery, Alabama. While serving there, Black indignation at inhumane treatment on segregated buses culminated in December, 1955, in the arrest of Rosa Parks for refusing to give up her seat to a white man. King was catapulted into national prominence as the leader of the Montgomery bus boycott. He became increasingly the articulate prophet, who could not only rally the Black masses, but could also move the consciences of Whites.

King founded the Southern Christian Leadership Conference to spearhead non-violent mass demonstrations against racism. King's campaigns were instrumental to the passage of the Civil Rights Acts of 1964, 1965 and 1968. King then turned his attention to economic empowerment of the poor and opposition to the Vietnam War, contending that racism, poverty and militarism were intersectional forms of injustice. After preaching at Washington Cathedral on March 31, 1968, King went to Memphis in support of sanitation workers in their struggle for better wages. There, he proclaimed that he had been "to the mountain-top" and had seen "the Promised Land," and that he knew that one day he and his people would be "free at last." On the following day, April 4, he was murdered by an assassin's bullet.

Today we remember Dr. King's contributions in the cause of justice. Our entire society has more hope and is better because of him.

A brief organ voluntary offered a few minutes before the hour bids all to keep silence for prayer and preparation.

PRELUDE Adoration

Florence Price (1887–1953)

LAND ACKNOWLEDGMENT

All stand, as able.

INTROIT Spirit of the living God

WORDS & MUSIC: Daniel Iverson (1890–1977)

Spirit of the Living God, Fall fresh on me,
Spirit of the Living God, Fall fresh on me.
Melt me, mold me, Fill me, use me.
Spirit of the Living God, Fall fresh on me.

THE ENTRANCE RITE

OPENING HYMN Let streams of living justice flow

TUNE: Thaxted

1. Let streams of liv - ing jus - tice flow down up - on the earth;
2. For heal - ing of the na - tions, for peace that will not end,
3. Your ci - ty's built to mu - sic; we are the stones you seek;

give free - dom's light to cap - tives, let all the poor have worth.
for love that makes us lov - ers, God grant us grace to mend.
your har - mo - ny is lan - guage; we are the words you speak.

The hun - gry's hands are plead - ing, the work - ers claim their rights,
Weave our var - ied gifts to - geth - er; knit our lives as they are spun;
Our faith we find in ser - vice, our hope in oth - er's dreams,

the mourn - ers long for laugh - ter, the blind - ed seek for sight.
on your loom of time en - roll us till our thread of life is run.
our love in hand of neigh - bor; our home - land bright - ly gleams.

Make lib - er - ty a bea - con, strike down the i - ron pow'r;
O great weav - er of our fab - ric, bind church and world in one;
In - scribe our hearts with jus - tice; your way, the path un - tried;

a - bol - ish an - cient ven - geance: pro - claim your peo - ple's hour.
dye our tex - ture with your ra - diance, light our col - ors with your sun.
your truth, the heart of strang - er; your life, the Cru - ci - fied.

WORDS: William Whitla (b. 1934), © 1989 William Whitla; MUSIC: Gustav Holst (1874-1934); public domain.

OPENING ACCLAMATION*The Book of Common Prayer, p. 355*

Blessed be God: Father, Son, and Holy Spirit. **And blessed be God's kingdom, now and for ever. Amen.**

COLLECT FOR PURITY*The Book of Common Prayer, p. 355*

ALMIGHTY GOD, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

SONG OF PRAISE *The Third Song of Isaiah ♦ chanted by all*

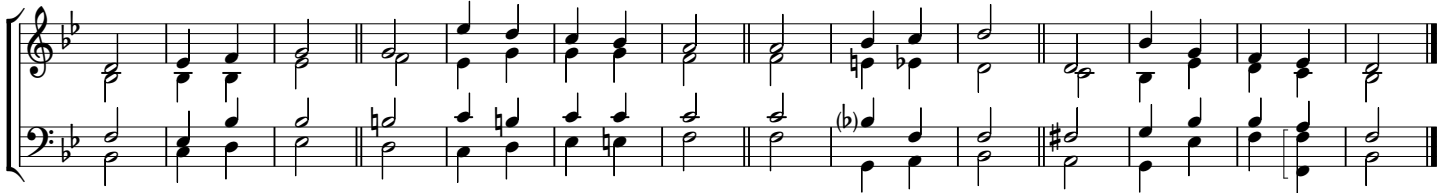
WORDS: Isaiah 60:1–3, 11a, 14b, 18–19

MUSIC: Anglican chant by W. H. Longhurst (1819–1904)

The first verses are chanted by the Choir alone. All join in chanting the remaining verses.

In this style of chanting, the slashes in the text correspond to the barlines in the chant.

When more than one syllable is sung on a black note, the dot • indicates the change of pitch.

*The Hymnal 1982 #S-226**Choir alone:*

Arise, shine, for your / light has / come,
and the glory of the / Lord has / dawned up / on you.
For behold, darkness / covers • the / land;
deep / gloom en - / shrouds the / peoples.

All:

But over you the / Lord will / rise,
and his / glory • will ap - / pear up - / on you.
Nations will / stream to • your / light,
and kings to the / brightness / of your / dawning.

Your gates will / always • be / open;
by day or / night • they will / never • be / shut.

They will call you, The / City • of the / Lord,
The Zion of the / Holy / One of / Israel.

Violence will no more be / heard in • your / land,
ruin or de - / struction • with - / in your / borders.
You will call your / walls, Sal - / vation,
and / all your / portals, / Praise.

The sun will no more be your / light by / day;
by night you will / not • need the / brightness • of the / moon.

The Lord will be your ever - / lasting / light,
and your / God will / be your / glory.

COLLECT OF THE DAY *Second Sunday after the Epiphany**The Book of Common Prayer, p. 215*

The Lord be with you. **And also with you.** Let us pray.

ALMIGHTY GOD, whose Son our Savior Jesus Christ is the light of the world: Grant that your people, illumined by your Word and Sacraments, may shine with the radiance of Christ's glory, that he may be known, worshipped, and obeyed to the ends of the earth; through Jesus Christ our Lord, who with you and the Holy Spirit lives and reigns, one God, now and for ever. **Amen.**

Please be seated for the readings.

THE LITURGY OF THE WORD

READING *Isaiah 49:1-7*

LISTEN to me, O coastlands, pay attention, you peoples from far away! The LORD called me before I was born, while I was in my mother's womb he named me. He made my mouth like a sharp sword, in the shadow of his hand he hid me; he made me a polished arrow, in his quiver he hid me away. And he said to me, "You are my servant, Israel, in whom I will be glorified." But I said, "I have labored in vain, I have spent my strength for nothing and vanity; yet surely my cause is with the LORD, and my reward with my God." And now the LORD says, who formed me in the womb to be his servant, to bring Jacob back to him, and that Israel might be gathered to him, for I am honored in the sight of the LORD, and my God has become my strength— he says, "It is too light a thing

that you should be my servant to raise up the tribes of Jacob and to restore the survivors of Israel; I will give you as a light to the nations, that my salvation may reach to the end of the earth."

Thus says the LORD, the Redeemer of Israel and his Holy One, to one deeply despised, abhorred by the nations, the slave of rulers, "Kings shall see and stand up, princes, and they shall prostrate themselves, because of the LORD, who is faithful, the Holy One of Israel, who has chosen you."

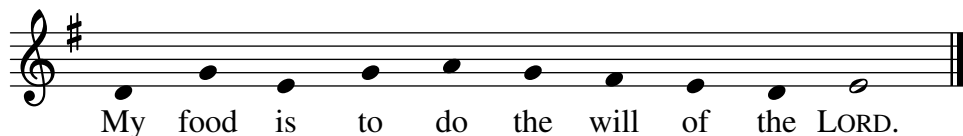
Hear what the Spirit is saying to God's people.

Thanks be to God.

PSALM *Psalms 40:1-12* ♦ *Expectans, expectavi*

Plainsong, Tone 2.1

The cantor chants the antiphon, all repeat. The cantor chants the verses, all repeat the antiphon.



IWAITED patiently upon the LORD; he stooped to me and heard my cry. He lifted me out of the desolate pit, out of the mire and clay; he set my feet upon a high cliff and made my footing sure. He put a new song in my mouth, a song of praise to our God; many shall see, and stand in awe, and put their trust in the LORD. Happy are they who trust in the LORD! they do not resort to evil spirits or turn to false gods. **ANTIPHON**

Great things are they that you have done, O LORD my God! how great your wonders and your plans for us! there is none who can be compared with you. Oh, that I could make them known and tell them! but they are more than I can count. In sacrifice and offering you take no pleasure (you have given me ears to hear you); Burnt-offering and sin-offering you have not required, and so I said, "Behold, I come. **ANTIPHON**

In the roll of the book it is written concerning me: 'I love to do your will, O my God; your law is deep in my heart.'" I proclaimed righteousness in the great congregation; behold, I did not restrain my lips; and that, O LORD, you know. Your righteousness have I not hidden in my heart; I have spoken of your faithfulness and your deliverance; I have not concealed your love and faithfulness from the great congregation. You are the LORD; do not withhold your compassion from me; let your love and your faithfulness keep me safe for ever. **ANTIPHON**

READING *1 Corinthians 1:1-9*

PAUL, called to be an apostle of Christ Jesus by the will of God, and our brother Sosthenes,

To the church of God that is in Corinth, to those who are sanctified in Christ Jesus, called to be saints, together with all those who in every place call on the name of our Lord Jesus Christ, both their Lord and ours:

Grace to you and peace from God our Father and the Lord Jesus Christ.

I give thanks to my God always for you because of the grace of God that has been given you in Christ Jesus, for in every way you have

been enriched in him, in speech and knowledge of every kind-- just as the testimony of Christ has been strengthened among you-- so that you are not lacking in any spiritual gift as you wait for the revealing of our Lord Jesus Christ. He will also strengthen you to the end, so that you may be blameless on the day of our Lord Jesus Christ. God is faithful; by him you were called into the fellowship of his Son, Jesus Christ our Lord.

Hear what the Spirit is saying to God's people.

Thanks be to God.

All stand, as able.

GOSPEL ACCLAMATION

Mel Butler (refrain) & Michael Kleinschmidt (verse)

The choir will introduce the Alleluias, all repeat them. The choir will chant the verse, all again repeat the Alleluias.

bells:

Al - le - lu - ia, al - le - lu - ia; al - le - lu - ia, al - le - lu - ia.

Verse: I saw the Spirit descending from heaven like a dove and it remained on him.
I myself have seen that this is the Son of God.

THE HOLY GOSPEL *John 1:29-42*

The Holy Gospel of our Lord Jesus Christ according to John. **Glory to you, Lord Christ.**

JOHAN saw Jesus coming toward him and declared, "Here is the Lamb of God who takes away the sin of the world! This is he of whom I said, 'After me comes a man who ranks ahead of me because he was before me.' I myself did not know him; but I came baptizing with water for this reason, that he might be revealed to Israel." And John testified, "I saw the Spirit descending from heaven like a dove, and it remained on him. I myself did not know him, but the one who sent me to baptize with water said to me, 'He on whom you see the Spirit descend and remain is the one who baptizes with the Holy Spirit.' And I myself have seen and have testified that this is the Son of God."

The next day John again was standing with two of his disciples, and as he watched Jesus walk by, he exclaimed, "Look, here is the Lamb

of God!" The two disciples heard him say this, and they followed Jesus. When Jesus turned and saw them following, he said to them, "What are you looking for?" They said to him, "Rabbi" (which translated means Teacher), "where are you staying?" He said to them, "Come and see." They came and saw where he was staying, and they remained with him that day. It was about four o'clock in the afternoon. One of the two who heard John speak and followed him was Andrew, Simon Peter's brother. He first found his brother Simon and said to him, "We have found the Messiah" (which is translated Anointed). He brought Simon to Jesus, who looked at him and said, "You are Simon son of John. You are to be called Cephas" (which is translated Peter).

The Gospel of the Lord. **Praise to you, Lord Christ.**

HOMILY

The Reverend Canon Carla Robinson, *Canon for Multicultural Ministries, Diocese of Olympia*

All stand, as able.

THE NICENE CREED

The Book of Common Prayer, p. 358

We believe in one God, the Father, the Almighty, Maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary; and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day

he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE

*adapted from A Litany for Social Justice,
Office of Young Adult and Campus Ministries of the Episcopal Church,
and from worship resources for observing Martin Luther King remembrance,
Trinity Episcopal Church in Toledo, Ohio*

Deacon Creator of All, you have promised to hear when we pray in the name of your Son.
Therefore in confidence and trust we pray for the Church.

Intercessor Holy One, enliven the Church for its mission,
People **that we may be salt of the earth and light to the world.**

Intercessor Breathe fresh life into your people.
People **Give us power to reveal Christ in word and action.**

Intercessor Creator of all, lead us and every people into ways of justice and peace,
People **that we may respect one another in freedom and truth.**

Intercessor Awaken in us a sense of wonder for the earth and all that is in it.
People **Teach us to care creatively for its resources.**

Intercessor God of truth, inspire with your wisdom those whose decisions affect the lives of others,
People **that all may act with integrity and courage.**

Intercessor Give grace to all whose lives are linked with ours.
People **May we serve Christ in one another, and love as he loves us.**

Intercessor Fill us with gratitude for all the blessings of our lives. We especially give thanks for [...] and all those blessings we now name [...]. Fill our hearts with your peace,
People **as we serve your world in gratitude and love.**

Intercessor We pray for those on our Cathedral Prayer List [...], and those we now name silently or aloud. God of hope, comfort and restore all who suffer in body, mind or spirit.
People **May they know the power of your healing love.**

Intercessor Make us willing agents of your compassion.
People **Strengthen us as we share in making people whole.**

Intercessor Grant eternal rest to those who have died, especially [...], and those we now name [...].
Give comfort to those who mourn,
People **and bring them peace in their time of loss.**

Intercessor We praise you for all your saints who have entered your eternal glory.
People **May their example inspire and encourage us.**

The Presider concludes the prayers with a collect; all respond: Amen.

CONFESSION & ABSOLUTION

This prayer of confession was written by Dr. King and offered in a radio broadcast from Ebenezer Baptist Church in 1953

Deacon Let us confess our sins against God and our neighbor.

Silence is kept. You are invited to stand or kneel for the confession.

Deacon Our Holy Father,

All we confess the weakness and sinfulness of our lives.

We have often turned away from you to seek our own desires.

**And often when we have done no evil, we have undertaken nothing of good,
and so have been guilty of uselessness and neglect.**

From this sin of idleness and indifference set us free.

Lead us into fruitful effort, and deliver us from profitless lives.

To you we look for whatever good the future holds.

We are not satisfied with the world as we have found it.

It is too little the kingdom of God as yet.

Grant us the privilege of a part in its regeneration.

We are looking for a new earth in which dwells righteousness.

It is our prayer that we may be children of light,

the kind of people for whose coming and ministry the world is waiting. Amen.

The Presider pronounces God's forgiveness of our sins. All respond: Amen.

THE PEACE

The peace of the Lord be always with you. **And also with you.**

All exchange a sign of peace, respecting others' desires for distance to be maintained.



THE LITURGY OF THE TABLE

OFFERTORY

An offering of money is received. Everyone participating in Saint Mark's Cathedral's worship at this time in any way is invited to make an offering as an expression of gratitude for God's generosity. Together, our gifts make possible this community of welcome, reconciliation and service. All worshipping in person are invited to place their offering in baskets as they are passed through through the rows.

Links to donate to Saint Mark's online are located on the livestream page. Visit saintmarks.org/give, or use the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right), or visit this link on your mobile device: <https://venmo.com/saintmarkscathedralseattle>. If Venmo asks you for a four-digit code, enter **2076**.



You may also mail your gift to the cathedral: 1245 10th Ave. E, Seattle, WA 98102.

ANTHEM

Behold a star from Jacob shining

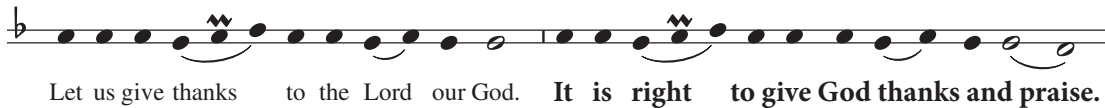
WORDS: arr. Henry Wilder Foot, from Numbers 24:17;
MUSIC: Felix Mendelssohn (1809–1847).

Behold a star from Jacob shining, and a scepter from Israel rising, to reign in glory over the nations.
Like some bright morning star is he, the promise of the coming day, beyond the night of sorrow.
Break forth, O light! We, our joyful hearts uplifting with thanksgiving, hail the brightness of thy rising.

All stand, as able.

THE GREAT THANKSGIVING *Eucharistic Prayer B*

The Book of Common Prayer, p. 367



It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your

glory in the face of your son Jesus Christ our Lord. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

SANCTUS & BENEDICTUS *sung by all*

William Mathias (1934–1992)



The Hymnal 1982 #S-128 © Oxford University Press

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father:

We remember his death, We proclaim his resurrection, We await his coming in glory;

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Mary, Mark and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.



THE LORD'S PRAYER

Nikolai Rimsky-Korsakov (1844-1908),
adapt. George Black

Our Fa-ther in heav'n, hal-lowed be your Name, your king-dom come, your will be done, on earth as in heav'n.

Give us today our daily bread. Forgive us our sins as we forgive those who sin a- gainst us. Save us from the time of trial,

and de-li-ver us from e - vil. For the king-dom, the pow'r, and the glo - ry are yours, now and for ev-er. A-men.

In silence, the Presider breaks the consecrated bread.

THE BREAKING OF THE BREAD *The disciples knew the Lord Jesus*

Mark Sedio (b. 1954)

The choir introduces the refrain, all repeat it. The choir sings the verses, all repeat the refrain as indicated.



The dis - ci-ples knew the Lord Je - sus in the break-ing of the bread. bread.

Verse: The bread which we break, alleluia, is the communion of the body of Christ. **REFRAIN**

Verse: One body are we, alleluia, though many we share one bread. **REFRAIN**

Wonder, Love, & Praise #877, © 1996 Mark Sedio

INVITATION TO COMMUNION

The Gifts of God for the People of God.

All may be seated for the time of Communion. All seeking God are welcome at Christ's Table.

Please follow the directions of the Liturgical Ministers. Bread and wine are distributed at standing stations at the head of three aisles. The bread will be placed into your outstretched palm taking care not to touch your hand. If you prefer a gluten-free wafer, simply ask for one at the time of Communion. If you wish to receive a blessing instead, please cross your arms in front of your chest.

Intinction (dipping the bread in the wine) is not available at this time. If you do not wish to drink from the common cup, please cross your arms in front of your chest as you pass by the chalice. The full grace of the sacrament is received with only the bread.

HYMN 800 *Precious Lord, take my hand* ♦ *Wonder, Love, & Praise*

1. Pre-cious Lord, take my hand, lead me on, let me stand, I am tired, I am
 2. When my way grows drear, pre-cious Lord, lin-ger near, when my life is
 3. When the dark - ness ap - pears and the night draws near, and the day is

weak, I am worn; through the storm, through the night, lead me on to the
 al - most gone; hear my cry, hear my call, hold my hand, lest I
 past and gone; at the riv - er I stand, guide my feet, hold my

light, take my hand, pre-cious Lord, lead me on.
 fall, take my hand, pre-cious Lord, lead me on.
 hand, take my hand, pre-cious Lord, lead me on.

Wonder, Love, & Praise #800, WORDS: Thomas A. Dorsey (1899-1993), public domain;
 MUSIC: George N. Allen (1812-1877), adapt. Thomas A. Dorsey, arr. Horace Clarence Boyer (b. 1935); © 1938 by Unichappel Music, Inc.

All stand, as able.

SENDING OF EUCHARISTIC VISITORS

On some Sundays, ministers take Holy Communion to sick or housebound members of the community.

One body are we. For though many, we share one bread and one cup.

Go in peace, bearing holy gifts for holy people.

POSTCOMMUNION PRAYER

The Book of Common Prayer, p. 365

Let us pray. Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

BLESSING *The Presider asks God's blessing on the Assembly. All respond: Amen.*

HYMN 599 *Lift every voice and sing* ♦ *The Hymnal 1982*

TUNE: *Lift Every Voice*

1. Lift ev - ery voice and sing till earth and hea - ven ring,
2. Ston - y the road we trod, bit - ter the chas - tening rod,
3. God of our wear - y years, God of our si - lent tears,

ring with the har - mo - nies of li - ber - ty.
felt in the days when hope un - born had died;
thou who hast brought us thus far on the way;

Let our re - joic - ing rise high as the lis - tening skies;
yet, with a stead - y beat, have not our wear - y feet
thou who hast by thy might led us in - to the light;

let it re - sound loud as the roll - ing sea.
come to the place for which our pa - rents sighed?
keep us for ev - er in the path, we pray.

Sing a song full of the faith that the dark past has taught us;
 We have come o - ver a way that with tears has been wa - tered;
 Lest our feet stray from the plac - es, our God, where we met thee;

sing a song full of the hope that the pre - sent has brought us;
 we have come, tread - ing our path through the blood of the slaugh - tered,
 lest, our hearts drunk with the wine of the world, we for - get thee;

fac - ing the ris - ing sun of our new day be - gun,
 out from the gloom - y past, till now we stand at last
 sha - dowed be - neath thy hand may we for ev - er stand,

let us march on, till vic - to - ry is won.
 where the white gleam of our bright star is cast.
 true to our God, true to our na - tive land.

DISMISSAL *The Deacon dismisses the Assembly. The Assembly responds: Thanks be to God.*

Please remain standing, as able, for the concluding voluntary and closing procession.

VOLUNTARY *Jubilate*

Fela Sowande (1905–1987)