



SAINT MARK'S
EPISCOPAL CATHEDRAL
SEATTLE, WASHINGTON

THE HOLY EUCHARIST

THE THIRD SUNDAY AFTER THE EPIPHANY

January 22, 2023 ♦ 9:00 AM

Saint Mark's Cathedral acknowledges that we gather on the traditional land of the first people of Seattle, the Duwamish People, who are still here, and we honor with gratitude the land itself and the life of all the Coast Salish tribes.

Welcome to Saint Mark's Cathedral. Wherever you are on your spiritual journey you are welcome here!

Signs in the nave indicate the distanced and undistanced sections. Please note that masks are required only in the distanced sections on the south side of the nave. Masks are recommended everywhere else.

All-gender restrooms are available on the 5th floor of Cathedral House, accessible via the elevator or southwest stairwell. Ushers can direct you. Ushers are available during the liturgy should you have any questions or concerns, or if you need a hearing assist device.

If you are new to Saint Mark's and would like to learn more, please consider completing a newcomer form, visit saintmarks.org/newcomers or simply contact one of the clergy. Grace and peace to you!

*The Assembly speaks aloud the **text in boldface**.*

A brief organ voluntary offered a few minutes before the hour bids all to keep silence for prayer and preparation.

PRELUDE *Te Deum laudamus, 3rd Movement:* David Hurd (b. 1950)
"When you became human to set us free you did not shun the Virgin's womb" (Canticle 21, v. 8)

LAND ACKNOWLEDGMENT

THE ENTRANCE RITE

All stand, as able.

HYMN 126 *The people who in darkness walked ♦ The Hymnal 1982*

TUNE: *Dundee*

OPENING ACCLAMATION

Enriching Our Worship 1, p. 50

Blessed be the one, holy, and living God. **Glory to God for ever and ever.**

COLLECT FOR PURITY

The Book of Common Prayer, p. 355

ALMIGHTY GOD, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

1. A - rise, your light has come! The Spi - rit's call o - bey;
 2. A - rise, your light has come! Fling wide the pri - son door;
 3. A - rise, your light has come! All you in sor - row born,
 4. A - rise, your light has come! The moun - tains burst in song!

show forth the glo - ry of your God which shines on you to - day.
 pro - claim the cap - tive's li - ber - ty, good tid - ings to the poor.
 bind up the bro - ken - heart - ed ones and com - fort those who mourn.
 Rise up like ea - gles on the wing; God's pow'r will make us strong.

WORDS: *The Third Song of Isaiah*; metrical para. Ruth Duck (b. 1947), © 1992 GIA Publications, Inc.; MUSIC: William H. Walter (1825-1893), public domain.

COLLECT OF THE DAY *Third Sunday after the Epiphany: Year A*

Prayers for an Inclusive Church, adapt.

God be with you. **And also with you.** Let us pray.

GOD OF ALL PEOPLE,
 you sent your Son into the shrouded borderlands of the world;
 may his dawning light give hope to the broken, the persecuted, and the excluded,
 that we might feel the kingdom drawing near and turn to follow him;
 through Jesus Christ, the morning star. **Amen.**

Please be seated for the readings.

THE LITURGY OF THE WORD

READING *Isaiah 9:1-4*

THERE will be no gloom for those who were in anguish. In the former time he brought into contempt the land of Zebulun and the land of Naphtali, but in the latter time he will make glorious the way of the sea, the land beyond the Jordan, Galilee of the nations. The people who walked in darkness have seen a great light; those who lived in a land of deep darkness— on them light has shined. You have multiplied the nation, you have increased its

joy; they rejoice before you as with joy at the harvest, as people exult when dividing plunder. For the yoke of their burden, and the bar across their shoulders, the rod of their oppressor, you have broken as on the day of Midian.

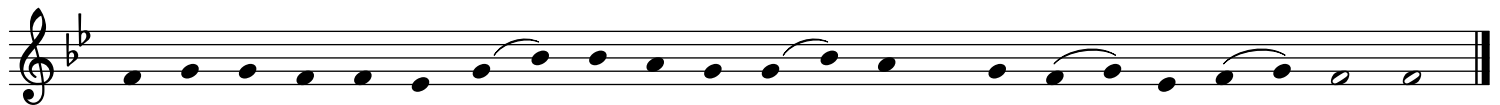
Hear what the Spirit is saying to God's people.

Thanks be to God.

PSALM *Psalms 27:1,5-13* ♦ *Dominus illuminatio*

Plainsong, Tone 8.1

The cantor chants the antiphon, all repeat. The cantor chants the verses, all repeat the antiphon.



I will of - fer in his dwell - ing an ob - la - tion with sounds of great glad-ness.

THHE LORD is my light and my salvation; whom then shall I fear? the LORD is the strength of my life; of whom then shall I be afraid? **ANTIPHON**

One thing have I asked of the LORD; one thing I seek; that I may dwell in the house of the LORD all the days of my life; To behold the fair beauty of the LORD and to seek him in his temple. For in the day of trouble he shall keep me safe in his shelter; he shall hide me in the secrecy of his dwelling and set me high upon a rock. **ANTIPHON**

Even now he lifts up my head above my enemies round about me. Therefore I will offer in his dwelling an oblation with sounds of great gladness; I will sing and make music to the LORD. Hearken to my voice, O LORD, when I call; have mercy on me and answer me. **ANTIPHON**

You speak in my heart and say, "Seek my face." Your face, LORD, will I seek. Hide not your face from me, nor turn away your servant in displeasure. You have been my helper; cast me not away; do not forsake me, O God of my salvation. **ANTIPHON**

READING *1 Corinthians 1:10-18*

Now I appeal to you, brothers and sisters, by the name of our Lord Jesus Christ, that all of you be in agreement and that there be no divisions among you, but that you be united in the same mind and the same purpose. For it has been reported to me by Chloe’s people that there are quarrels among you, my brothers and sisters. What I mean is that each of you says, “I belong to Paul,” or “I belong to Apollos,” or “I belong to Cephas,” or “I belong to Christ.” Has Christ been divided? Was Paul crucified for you? Or were you baptized in the name of Paul? I thank God that I baptized none of you except Crispus and Gaius, so that no one can say that

you were baptized in my name. (I did baptize also the household of Stephanas; beyond that, I do not know whether I baptized anyone else.) For Christ did not send me to baptize but to proclaim the gospel, and not with eloquent wisdom, so that the cross of Christ might not be emptied of its power.

For the message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God.

Hear what the Spirit is saying to God’s people.

Thanks be to God.

All stand, as able.

GOSPEL ACCLAMATION Tone 2; refrain from *Tibi, Christe, splendor Patris*, 12th cent.; adapt. Marilyn L. Haskel

The choir will introduce the Alleluias, all repeat them. The choir will chant the verse, all again repeat the Alleluias.



Verse: Jesus proclaimed the good news of the kingdom and cured every disease among the people.

Wonder, Love, & Praise, #847; © 1997 The Church Pension Fund.

THE HOLY GOSPEL *Matthew 4:12-23*

The Holy Gospel of our Lord Jesus Christ according to Matthew. **Glory to you, Lord Christ.**

WHEN JESUS heard that John had been arrested, he withdrew to Galilee. He left Nazareth and made his home in Capernaum by the sea, in the territory of Zebulun and Naphtali, so that what had been spoken through the prophet Isaiah might be fulfilled:

“Land of Zebulun, land of Naphtali,
on the road by the sea, across the Jordan,
Galilee of the Gentiles—
the people who sat in darkness
have seen a great light,
and for those who sat in the region and shadow of death
light has dawned.”

From that time Jesus began to proclaim, “Repent, for the kingdom of heaven has come near.”

As he walked by the Sea of Galilee, he saw two brothers, Simon, who is called Peter, and Andrew his brother, casting a net into the sea—for they were fishermen. And he said to them, “Follow me, and I will make you fish for people.” Immediately they left their nets and followed him. As he went from there, he saw two other brothers, James son of Zebedee and his brother John, in the boat with their father Zebedee, mending their nets, and he called them. Immediately they left the boat and their father, and followed him.

Jesus went throughout Galilee, teaching in their synagogues and proclaiming the good news of the kingdom and curing every disease and every sickness among the people.

The Gospel of the Lord. **Praise to you, Lord Christ.**

HOMILY

The Very Reverend Steven L. Thomason

Following the homily, the assembly is invited into a period of silence, reflecting on the scriptures and sermon.

Please stand, as able, when the Presider stands to introduce the Creed.

All stand, as able.

THE NICENE CREED

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate of the Holy Spirit and the Virgin Mary and became truly human. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in

Authorized for use by the 1997 General Convention

accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father, who with the Father and the Son is worshiped and glorified, who has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE

After each petition:

God, in your mercy, hear our prayer.

The Presider concludes the prayers with a collect; all respond: Amen.

CONFESSION & ABSOLUTION

Let us confess our brokenness to God.

Silence is kept. You are invited to stand or kneel for the confession.

Christ, Lover of all who struggle, we confess that we have fallen short of your goodness and love: we have not loved one another or creation, we have not loved you, Holy One; we have not loved ourselves. We cannot avoid what we are not; our faults and failures are before us, and we are sorry for our sins. You see us for who we are and yet still stand by us, offering us mercy and hope and forgiveness. Grant us the courage to receive these gifts that we may delight in your will, and walk in your ways. This is our solemn prayer. Amen.

The Presider pronounces God's forgiveness of our sins. All respond: Amen.

THE PEACE

The peace of Christ be always with you. **And also with you.**

All exchange a sign of peace, respecting others' desires for distance to be maintained.

THE LITURGY OF THE TABLE

OFFERTORY

An offering of money is received. Everyone participating in Saint Mark's Cathedral's worship at this time in any way is invited to make an offering as an expression of gratitude for God's generosity. Together, our gifts make possible this community of welcome, reconciliation and service. All worshipping in person are invited to place their offering in baskets as they are passed through through the rows.

Links to donate to Saint Mark's online are located on the livestream page. Visit saintmarks.org/give, or use the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right), or visit this link on your mobile device: <https://venmo.com/saintmarkscathedalseattle>. If Venmo asks you for a four-digit code, enter 2076.



You may also mail your gift to the cathedral: 1245 10th Ave. E, Seattle, WA 98102.

ANTHEM

Dear Lord and Father of mankind

WORDS: John Greenleaf Whittier (1807–1892);

MUSIC: Hubert Parry (1848–1918)

Dear Lord and Father of mankind,
forgive our foolish ways!
Reclothe us in our rightful mind,
in purer lives thy service find,
in deeper reverence, praise.

Drop thy still dews of quietness,
till all our strivings cease;
take from our souls the strain and stress,
and let our ordered lives confess
the beauty of thy peace.

In simple trust like theirs who heard,
beside the Syrian sea,
the gracious calling of the Lord,
let us, like them, without a word,
rise up and follow thee.

Breathe through the heats of our desire
thy coolness and thy balm;
let sense be dumb, let flesh retire;
speak through the earthquake, wind, and fire,
O still, small voice of calm.

All stand, as able.

THE GREAT THANKSGIVING

Prayers for an Inclusive Church, adapt.

God be with you. **And also with you.**

Lift up your hearts. **We lift them to God.**

Let us give thanks to the Lord our God. **It is right to give God thanks and praise.**

We praise you, God of many names, whose Spirit runs freely throughout the earth, whose image lies deep in every mortal soul. In your grace your Word is made known to all people, calling forth their goodness; your Beloved is immersed in the waters of creation,

healing the chaos that floods our world; your Son is the guest who offers new wine and warms hearts grown cold and withered. Therefore, we celebrate the rays of morning light that bathe the world in glory and kindle a new song:

SANCTUS & BENEDICTUS *sung by all*

William Mathias (1934–1992)

Organ: *Everyone:*

Ho - ly, ho - ly, ho - ly Lord, God of po-wer and might,
heav'n and earth are full_ of your glo-ry. Ho san-na in the high-est.
Bless-ed is the one who comes in the name of the Lord. Ho-san-na in the high-est.

We ask that your Holy Spirit fall upon us and upon these gifts, that these fragile, earthly things may be to us the body and blood of our Lord and brother, Jesus Christ.

On the night he was betrayed, Jesus gathered with his faltering friends. He took bread, gave thanks, broke it and said: "This is my body, which is given for you. Do this in remembrance of me." In the same way after supper, he took the cup of wine, saying: "This cup is the new covenant in my blood. Do this, whenever you drink it, in remembrance of me."

As on that night, so here and now he offers himself in touch and taste beyond all that words can hold. And so we proclaim the great mystery of faith, saying:

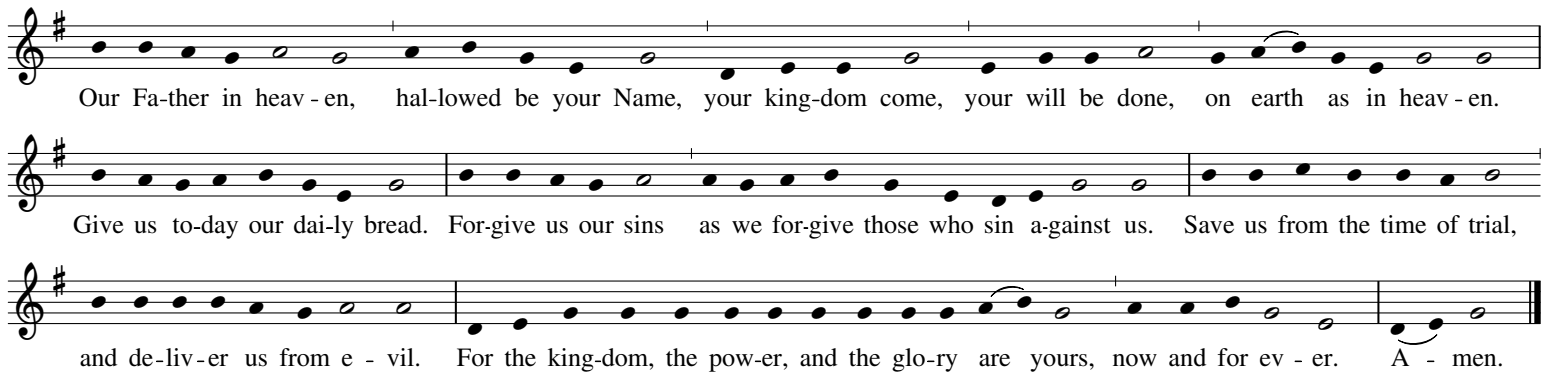
**Christ has died. Christ is risen.
Christ will come again.**

With these gifts we are filled with the life-giving presence of Christ; we proclaim him as creation's host, transforming poverty into plenty with his generous love. Inspire us with the hope that one day death and greed will be no more, and people will come from east and west, north and south to share a feast of abundance.

We ask this through Jesus Christ our Savior, by whom and with whom and in whom, in the unity of the Holy Spirit, all honor and glory be yours, Mother of blessings, for ever and ever. **AMEN.**

THE LORD'S PRAYER

MUSIC: McNeil Robinson II (1943-2015)



The Hymnal 1982 #s-149; from Music for the Lord's Supper, ©1984 Theodore Presser Co.

THE BREAKING OF THE BREAD *We who are many*

Plainsong Mode 6

The Choir introduces the antiphon, all repeat it. The Choir chants the verse; all repeat the antiphon as indicated.



Verse: Happy are they who come to the Supper of the Lamb. **ANTIPHON**

The Hymnal 1982 #s-167, ©1971 Mason Martens

INVITATION TO COMMUNION

The Gifts of God for the People of God.

All may be seated for the time of Communion. All seeking God are welcome at Christ's Table.

Please follow the directions of the Liturgical Ministers. Bread and wine are distributed at standing stations at the head of three aisles. The bread will be placed into your outstretched palm taking care not to touch your hand. If you prefer a gluten-free wafer, simply ask for one at the time of Communion. If you wish to receive a blessing instead, please cross your arms in front of your chest.

Intinction (dipping the bread in the wine) is not available at this time. If you do not wish to drink from the common cup, please cross your arms in front of your chest as you pass by the chalice. The full grace of the sacrament is received with only the bread.

The assembly is invited to remain seated for a period of silence, contemplating the gifts of God given and received.

All stand, as able.

SENDING OF EUCHARISTIC VISITORS

On some Sundays, ministers take Holy Communion to sick or housebound members of the community.

One body are we. **For though many, we share one bread and one cup.**
Go in peace, bearing holy gifts for holy people.

POSTCOMMUNION PRAYER

Prayers for an Inclusive Church, adapt.

Let us pray. **Lord of the wedding feast, we thank you for sharing with us the abundance of your life: in the beauty of humility may we receive with joy the gift of the stranger, the grace of the water, and the living bread of love's desire. Amen.**

BLESSING *The Presider asks God's blessing on the Assembly. All respond: Amen.*

HYMN 661 *They cast their nets in Galilee* ♦ *The Hymnal 1982*

TUNE: *Georgetown*

DISMISSAL *The Deacon dismisses the Assembly. The Assembly responds: Thanks be to God.*

VOLUNTARY *Trumpet Voluntary*

Thomas Sanders Dupuis (1733–1796)



MINISTERS OF THE LITURGY

PRESIDER The Reverend Canon Jennifer King Daugherty; **PREACHER** The Very Reverend Steven L. Thomason; **DEACON** The Reverend Earl Grout; **ASSISTING LAY MINISTER** Marc Aubertin; **EUCHARISTIC MINISTERS** Norm Harris, Re Knack, The Reverend Linzi Stahlecker; **ALTAR GUILD** Sue Tait; **CRUCIFER** Sandy Nelson; **LECTORS** Sue Tait, Sam Herring; **INTERCESSOR** Kristen Austin; **GREETER** Sam Herring; **USHERS** Karrie Sutkus, Don Sutkus; **OBLATION BEARERS** TBD; **FLOWER MINISTERS** Beatrix Roemheld-Hamm, *team captain*; **LAND ACKNOWLEDGMENT** Sam Herring; **MUSICIANS** The Schola and Sr. Choristers of Saint Mark's Choir School; Saint Mark's Singers; **SOUND BOARD** Michael Perera

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Portions of this liturgy were adapted from Prayers for an Inclusive Church by Steven Shakespeare, © 2008, Church Publishing, Inc.

SAINT MARK'S EPISCOPAL CATHEDRAL ♦ SEATTLE, WASHINGTON

CATHEDRAL NEWSLETTER

NEWS, ANNOUNCEMENTS, OFFERINGS & EVENTS... ON SUNDAYS AND BEYOND

January 22, 2023 ♦ The Third Sunday after the Epiphany



More details can be found
in the email newsletter.
Scan the code, or visit:
saintmarks.org/newsletter

ANNOUNCEMENTS

“Friends Talking” Forum—Phil Cousineau

THIS MORNING, JANUARY 22, 10:10 A.M., BLOEDEL

Phil Cousineau is an award-winning writer and filmmaker, story consultant and editor, travel leader and inspirational speaker on myth in the modern world. He has published more than 40 books, including *The Hero's Journey: Joseph Campbell on His Life and Work*, *The Oldest Story in the World*, and *The Art of Pilgrimage: The Seeker's Guide to Making Travel Sacred*. He led a Saturday workshop on pilgrimage yesterday, and will participate in a “Friends Talking” Forum with Dean Thomason between morning services this morning.

Renaming Liturgy for Rose Hazard

THIS MORNING, JANUARY 22, FOLLOWING THE 11 A.M. SERVICE

All are invited to join Rose Hazard for a brief liturgy of renaming this Sunday after the 11 a.m. service. Rose joined the Saint Mark's community during the pandemic and is active in the 20s/30s Group and as a Liturgical Minister. She wishes to claim her new name in the context of her spiritual life and with the blessing and prayers of her faith community. Gather around the baptismal font after the organ postlude after the 11 a.m. service on Sunday; the renaming liturgy will begin around 12:15 pm. Questions, contact Canon Daugherty at: jkdaugherty@saintmarks.org

Annual Parish Meeting and Elections

SUNDAY, FEBRUARY 5, 12:30 P.M., IN BLOEDEL HALL AND VIA ZOOM

All cathedral parish communicants in good standing are encouraged to attend the Annual Parish Meeting at which we will elect new vestry members and convention delegates and vote to amend the by-laws. We will also celebrate our common life, and Dean Thomason will share Pro Christo Awards and a Cathedral Cross to individuals. Note: We will not have a full potluck lunch this year. Light refreshments will be available in Bloedel Hall, and you are welcome to bring your own food.

SAVE THE DATE

Concert for the Human Family

SATURDAY, MARCH 4, 7:30 P.M., CATHEDRAL NAVE.

TICKETS \$20-35

Co-sponsored by Abbey Arts, Saint Mark's Cathedral, and the Office of the Presiding Bishop of the Episcopal Church.

“What movement could begin, what conversation could take the stage, if everything else got out of the way? This event is an inspiring collaborative between award-winning musicians and church leaders who believe in the power of music and storytelling to foster Beloved Community. Experience genre-bending original music that bridges jazz, hip-hop and bluegrass, performed by a multicultural team led by Nashville pianist and composer Kory Caudill and hip-hop artist Wordsmith. All woven with sacred stories to launch conversation around reconciliation, healing and justice in the communities we call home. It's the power of music, for the sake of love.” The International Academy of Digital Arts and Sciences named the first Concert for the Human Family webcast as **Best Event and Live Stream Video** in the 26th Annual Webby Awards in April 2022. Find a ticket link at: fremontabbey.org/events

THE WISDOM SCHOOL

“Is Christianity Worth Saving?”—A One-Day Interactive Event with Brian McLaren

FRIDAY, MARCH 17, 2023, 9:30 A.M.-4 P.M., IN CATHEDRAL NAVE; REGISTRATION REQUIRED

Join renowned leader Brian McLaren for a dynamic interactive event exploring the future of Christian faith in the 21st century. Brian will engage in a series of civil and substantive exchanges with special guests—subject matter experts, practitioners, advocates, critics, and folks in the audience. Cost: Regular, \$39 | “Bring a Friend,” \$69 | “Team” (up to five people), \$99. Find the registration link at saintmarks.org/wisdom

Brian D. McLaren is an author, speaker, activist, and public theologian. A former college English teacher and pastor, he is a passionate advocate for “a new kind of Christianity”—just, generous, and working with people of all faiths for the common good. He is the author of many books, including, most recently, *Do I Stay Christian? A Guide for the Doubters, the Disappointed, and the Disillusioned* (2022).

UPCOMING EVENTS

Cathedral Yoga on **Monday, January 23**, at 6:30 p.m. in the cathedral nave will be a Yin Yoga class led by Leah Adams. Yin Yoga is style of yoga characterized by gentle, passive stretches held for a long period, combining the bodily engagement of traditional yoga with mindfulness meditation. The experience is balancing, centering, and accessible. saintmarks.org/yoga

CATHEDRAL COMMONS

Religion in the Public Square: A Year at Newsweek

WEDNESDAY, JANUARY 25, 6:45-8:15 P.M., ONLINE VIA ZOOM ONLY, BUT THOSE WHO WISH TO SHARE THE PARISH SUPPER IN BLOEDEL HALL AT 6 P.M. WILL PARTICIPATE TOGETHER IN ROOM 210

Julia Duin, *Newsweek's* contributing editor for religion as well as the daughter of long-time Saint Mark's parishioners Robert and Phyllis Duin, shares what were the top religion stories for 2022 and how she covered them. Ranging from the Trump prophets and a praying football coach in Bremerton to Mormons' increasing embrace of "Heavenly Mother" God, the reparations movement in churches, evangelical adoptions and of course the demise of *Roe v. Wade*, not to mention the death of a pope. 2022 was a big year for religion news! We'll discuss the role of religion in the public square and how it impacts our daily lives and relationships. Learn more about Julia and find the link to register at: saintmarks.org/commons

Gaza: Continuous Trauma and Social Devastation, or Caring for All?

THURSDAY, JANUARY 26, 7 P.M., IN BLOEDEL HALL OR VIA ZOOM

The Gaza Community Mental Health Programme is the leading mental health non-governmental organization in the Gaza Strip. At this Symposium, Gaza Strip psychiatrist Dr. Yasser Abu-Jamei will visit in person and give an update on current conditions. Panelists and the audience will discuss intersections with "glocal" social divisions and the best ways forward. Participants will include **Imraan Siddiqi**, Council on American-Islamic Relations, Washington chapter, **Damon Shadid**, Seattle Municipal Court judge, **Jonathan Kanter**, Center for the Science of Social Connection at the University of Washington, **Brian Baird**, PhD, psychologist and former Congressman. Attend in person in Bloedel Hall, or online via Zoom. Register to attend online using this link: <http://bit.ly/3k1Aflv>

SAINT MARK'S MUSIC SERIES

Sighs too Deep for Words with James Falzone

FRIDAY, JANUARY 27, 2023, 7:30 P.M., IN THE CATHEDRAL NAVE (TICKETED LIVESTREAM ALSO AVAILABLE)

Join acclaimed clarinetist, penny whistle player, composer and improviser (and Saint Mark's parishioner) James Falzone for a night of original music composed specifically for the distinct acoustical environment of Saint Mark's Cathedral. Joining James will be vocalist and sound artist **Johnaye Kendrick**; pianist, vocalist, and sound artist **Kaley Lane Eaton**; and Palestinian/American oud player and vocalist **Ronnie Malley**. Tickets: \$20-25. More information about all the upcoming Music Series concerts, and links for tickets, can be found at: saintmarks.org/concerts

Instructed Eucharist at 9 a.m.

SUNDAY, JANUARY 29, 9 A.M. LITURGY ONLY

Saint Mark's will have another Instructed Eucharist on Sunday, January 29 as part of the 9 a.m. liturgy that day. This service will include additional explanation, both printed in the bulletin and spoken aloud, about why elements of the liturgy are the way they are, where they come from, and what they mean. Saint Mark's aims to offer an Instructed Eucharist about once a year, so whichever service you normally attend, consider coming at 9 a.m. for this special offering.

Sunday Forum with Casa Latina

SUNDAY, JANUARY 29, 10:10 A.M. IN PERSON IN BLOEDEL HALL OR ONLINE VIA ZOOM

Saint Mark's welcomes back Casa Latina! Come and hear the inspiring personal stories of challenges, transformation, and their work in affirming rights for Latinx workers. Saint Mark's is so grateful to be in relationship with Casa Latina, and to hear first-hand how our Latinx neighbors are making a difference in the community. Find the link to join online at: saintmarks.org/forum

New 40s/50s Ministry: Let's Do Brunch!

SUNDAY, JANUARY 29, 12:15 P.M., LEFFLER HOUSE

A new ministry for folks in their 40s and 50s is forming. Gather for brunch on Sunday, January 29, served in Leffler Living Room, starting after the 11 a.m. liturgy ends. (Leffler Living Room is on the south side of the Cathedral Campus, just across the parking lot). Curate Linzi Stahlecker will join for conversation. Questions? Contact Sacristan Michael Seewer: mseewer@saintmarks.org

The next offering of **Candlelit Prayer in the Style of Taizé** will be offered on **Tuesday, January 31**, at 7 p.m., in person or via livesteam. saintmarks.org/taize

Please note that the regular Tuesday evening **Centering Prayer** gathering will not meet that evening due to the Taizé liturgy

THE WISDOM SCHOOL **A Not-So-Quiet Day**

SATURDAY, FEBRUARY 4, 9:30 A.M.–2:30 P.M., IN PERSON ONLY, THROUGHOUT THE CATHEDRAL CAMPUS

This offering for children, youth, and adults is an intentionally intergenerational exploration of embodied spiritual practices. Experiences include walking the labyrinth, Praying in Color, Ignatian imaginative prayer, silence, music-making, movement, and yoga. Come for the morning, or the afternoon, or stay for the full session. A light lunch will be provided. Watch this space for a full schedule and RSVP information! saintmarks.org/wisdom

20s/30s First Tuesday Centering Prayer and Dinner

BEGINS TUESDAY, FEBRUARY 7, 6 P.M., IN LEFFLER HOUSE

Come share a meal with us and practice sacred stillness with the wider cathedral community. On the first Tuesday of each month, join members of the 20s/30s group for a potluck dinner at 6pm in Leffler House. We will then join the Centering Prayer group from 7–8 p.m. No prior experience with Centering Prayer or meditation is required. Dinner will be a simple potluck—please bring a dish to share, but no one will be turned away! Upcoming dates are February 7, March 7, April 4, and May 2. RSVPs encouraged but not required. Please contact Luke Abdow at labdow@saintmarks.org with any questions or to RSVP.

Queer Theology Workshop

SATURDAY, FEBRUARY 18, 2023, 9-11 A.M., ONLINE VIA ZOOM

In this workshop, we will understand what queer theology is, analyze the relationship between theology, sexuality, gender and sexual orientation, and critique the assumptions institutional religions have about

FUNERALS

A funeral for Therese Day will be offered **Saturday, January 28, 10 a.m.**, in the cathedral nave.

A funeral for Kit Herrod will be offered **Thursday, February 9, 1:30 p.m.**, in Thomsen Chapel

A funeral for Roy Hughes will be offered **Friday, February 17, 12 p.m.**, in the cathedral nave

A funeral for John Weller will be offered **Saturday, March 8, 2 p.m.**, in the cathedral nave

A funeral for Stephen Bayne will be offered **Wednesday, May 10, 1:30 p.m.**, in the cathedral nave

gender and sexuality. Registration required; find the link to register at saintmarks.org/community

About the Facilitator: Hugo Alas is a member of the Ministry of Sexual Diversity of the Anglican Episcopal Church of El Salvador with advanced studies in Global Queer Theologies from the Higher Institute of Interreligious and Social Studies (ISDEIS) of Argentina. With the Sophia Institute of the USA, he has studied Theology and History of Christianity. He is an industrial engineer with a master's degree in quality management and twelve years of experience as a university professor.

OTHER ANNOUNCEMENTS

NOTICE OF INTENT TO AMEND BYLAWS

The Annual Parish Meeting will be held on **Sunday, February 5, 2023**, at 12:30 p.m. As in past years, we will vote to elect new members to the Vestry and delegates and alternates to Diocesan Convention. In addition, there will be a vote to approve the Second Restated Bylaws. In 2022, the Washington legislature revised the Non-Profit Corporations Act (RCW 24.03A) which applies to St. Mark's. The Vestry undertook to revise the St. Mark's Bylaws to comply with the new statute. The most significant revisions relate to rights of transparency and participation by members in a non-profit. While The Vestry usually votes on any Bylaws revisions, because the revisions under the new statute impact member rights they will be voted on by Parish Communicants in Good Standing at the Annual Meeting. More information and a copy of the revisions to the Bylaws at: saintmarks.org/bylaws



SUNDAY SERVICES

* indicates livestreamed services

8 A.M.

The Holy Eucharist, *Thomsen Chapel*

9 A.M.

The Holy Eucharist, *Cathedral Nave*

11 A.M.

* **The Holy Eucharist**, *Cathedral Nave*

4:30 P.M. [first Sunday of the month only]

* **Choral Evensong**, *Cathedral Nave*

7 P.M.

Contemplative Eucharist, *Thomsen Chapel*

9:30 P.M.

* **Compline**, *Cathedral Nave*

also broadcast live on Classical KING-FM 98.1

WEEKDAY OFFERINGS

MONDAY–FRIDAY, 6 P.M.

Daily Evening Prayer

Wednesdays: *in person in Thomsen Chapel*
Mondays, Tuesdays, Thursdays, & Fridays:
online via Zoom only.

MONDAY, 6:30 P.M.

Cathedral Yoga *in person in the cathedral nave*

TUESDAY, 12 P.M.

Bible Study *has returned to meeting online via Zoom only: saintmarks.org/classes*

THURSDAY, 7 A.M.

Holy Eucharist *in person in Thomsen Chapel,*
1st/3rd/5th Thursdays only

Morning Prayer *online via Zoom*
2nd/4th Thursdays

Weekday services are occasionally canceled due to holidays or conflicts. Check the cathedral events calendar at saintmarks.org/calendar

CATHEDRAL OFFICE HOURS

MONDAY–FRIDAY, 9 A.M.–4:30 P.M.

Main office number: 206.323.0300

General email: info@saintmarks.org

PASTORAL CARE

For urgent spiritual needs, the **24/7 Pastoral Care Hotline** is now available by calling the main cathedral office number, and then entering extension 100: **206.323.0300 X100.**

Clergy are also available for individual pastoral appointments. To schedule an appointment, please call the main office.

Wherever you are on your spiritual journey, you are welcome here.

NEWSLETTERS

A number of special email newsletters and announcements are sent out regularly by the cathedral, including those for Liturgical Ministries, 20s/30s Group, Mideast Focus, Creation Care, and more. You can sign up for each list individually. Find the link at: saintmarks.org/newsletter

SAINT MARK'S ONLINE

The cathedral website contains a great deal of information and resources, including archive videos of all livestreamed services, audio recordings and written transcripts of sermons, a calendar of events, a directory of cathedral ministries, and much more: saintmarks.org

The "Community Life" page on the website contains events, reports, personal reflections, and more: saintmarks.org/community

Please follow the cathedral on social media:

Facebook: [SaintMarksSeattle](https://www.facebook.com/SaintMarksSeattle)

Instagram: [saintmarksseattle](https://www.instagram.com/saintmarksseattle)

YouTube: [@saintmarksseattle](https://www.youtube.com/@saintmarksseattle)

NEWCOMERS

You are welcome to all aspects of the life of this cathedral! Please help us know how best to serve you by completing a Visitor Card in the cathedral nave, or by using the form at saintmarks.org/newcomers. Contact the welcome team at: newcomers@saintmarks.org.



DONATIONS

You may make a donation to Saint Mark's at any time using the electronic giving page at saintmarks.org/give, or using the Venmo mobile app—scan the code, or search for [@SaintMarksCathedralSeattle](https://www.venmo.com/@SaintMarksCathedralSeattle)



PRAYER LIST

The complete cathedral prayer list, including recent and long-term prayer requests, as well as the Anglican, Diocesan, and Cathedral cycles of prayer, is posted each week at: saintmarks.org/prayer



CATHEDRAL LEADERSHIP & STAFF

The Very Rev. Steven L. Thomason, *Dean & Rector* sthomason@saintmarks.org
The Rev. Canon Jennifer King Daugherty, *Canon for Engagement & Connection*

. jkdaugherty@saintmarks.org

The Rev. Canon Eliacín Rosario-Cruz, *Cathedral Canon* erosario@saintmarks.org

The Rev. Linzi Stahlecker, *Curate* lstahlecker@saintmarks.org

The Rev. Earl Grout, *Deacon* egrout@saintmarks.org

The Rev. Emily Austin, *Deacon* eaustin@saintmarks.org

Canon Michael Kleinschmidt, *Canon for Cathedral Music* mkleinschmidt@saintmarks.org

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Michael Seewer, *Cathedral Sacristan & Head Verger* mseewer@saintmarks.org

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Rebekah Gilmore, *Associate Musician, Choir School Director & Interim Director of Youth Ministry* rgilmore@saintmarks.org

Canon Wendy Claire Barrie, *Canon for Intergenerational Ministries* wbarrie@saintmarks.org

Luke Abdow, *Seattle Service Corps Director & Staff Support for 20s/30s* labdow@saintmarks.org

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Christopher Brown, *Cathedral Buildings & Grounds & AV Ministry Coordinator* cbrown@saintmarks.org

VESTRY

DEAN & RECTOR The Very Rev. Steven L. Thomason; **BISHOP'S REPRESENTATIVE** The Rev.

Canon Arianne Davison; **SENIOR WARDEN** Emily Meeks; **JUNIOR WARDENS** Clara Berg,

Walter Stuteville, Chris Rigos; **VESTRY MEMBERS** Doug Thorpe, Carmen Brady, Scott Kovacs,

Kathy Minsch, Wayne Duncan, Scott Hulet, Kristen Kelly, Justin Mills; **DIOCESAN VESTRY**

MEMBERS Katie Prettyman, Tina Blondino; **CHANCELLOR** Re Knack; **CLERK** Barbara Erickson;

TREASURER Lynne Cobb

SAINT MARK'S EPISCOPAL CATHEDRAL

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