



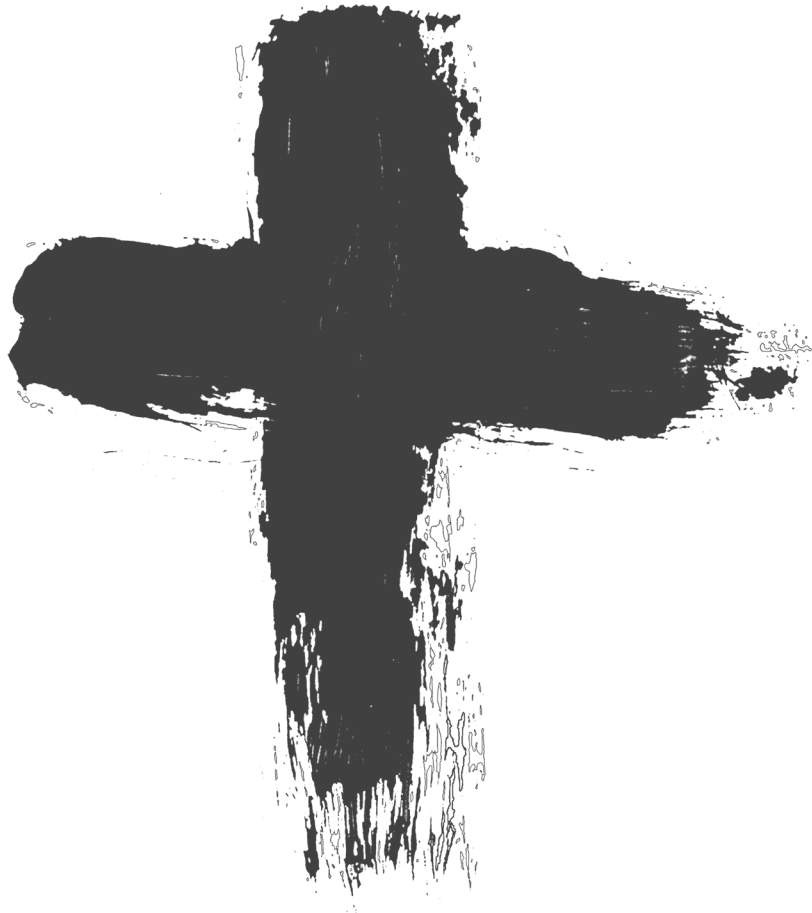
SAINT MARK'S
EPISCOPAL CATHEDRAL
SEATTLE, WASHINGTON

ASH WEDNESDAY

HOLY EUCHARIST with IMPOSITION OF ASHES

February 22, 2023

7:00 PM



Saint Mark's Cathedral acknowledges that we gather on the traditional land of the first people of Seattle, the Duwamish People, who are still here, and we honor with gratitude the land itself and the life of all the Coast Salish tribes.

Welcome to Saint Mark's Cathedral. Wherever you are on your spiritual journey, and whether you are joining in the nave or via the livestream, you are welcome here!

Signs in the nave indicate the distanced and undistanced sections. Please note that masks are required only in the distanced sections on the south side of the nave. Masks are recommended everywhere else.

Ushers are available during the liturgy should you have any questions or concerns, or if you need a hearing assist device. All-gender restrooms are available on the first and fifth floors of Cathedral House; ask an usher for directions.

If you are new to Saint Mark's and would like to learn more, please consider completing a newcomer form, visit saintmarks.org/newcomers or simply contact one of the clergy. Grace and peace to you!

*The Assembly speaks aloud the **text in boldface**.*

THE ENTRANCE RITE

A bell bids all to stand, as able, as the ministers of the liturgy enter in silence.

COLLECT OF THE DAY *Ash Wednesday*

The Book of Common Prayer, p. 264

Presider Let us pray.

ALMIGHTY and everlasting God, you hate nothing you have made and forgive the sins of all who are penitent: Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

All Amen.

Please be seated for the Liturgy of the Word.

THE LITURGY OF THE WORD

READING *Joel 2:1-2,12-17*

BLOW the trumpet in Zion;
sound the alarm on my holy mountain!

Let all the inhabitants of the land tremble,
for the day of the LORD is coming, it is near—

a day of darkness and gloom,
a day of clouds and thick darkness!

Like blackness spread upon the mountains
a great and powerful army comes;

their like has never been from of old,
nor will be again after them
in ages to come.

Yet even now, says the LORD,
return to me with all your heart,
with fasting, with weeping, and with mourning;
rend your hearts and not your clothing.

Return to the LORD, your God,
for he is gracious and merciful,
slow to anger, and abounding in steadfast love,
and relents from punishing.

Who knows whether he will not turn and relent,
and leave a blessing behind him,

a grain offering and a drink offering
for the LORD, your God?

Blow the trumpet in Zion;
sanctify a fast;

Reader Hear what the Spirit is saying to God's people.

Assembly **Thanks be to God.**

call a solemn assembly;
gather the people.

Sanctify the congregation;
assemble the aged;

gather the children,
even infants at the breast.

Let the bridegroom leave his room,
and the bride her canopy.

Between the vestibule and the altar
let the priests, the ministers of the Lord, weep.

Let them say, "Spare your people, O LORD,
and do not make your heritage a mockery,
a byword among the nations.

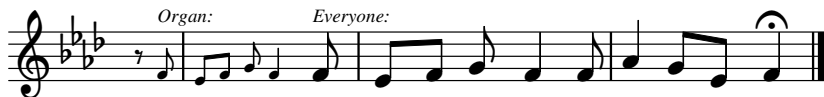
Why should it be said among the peoples,
'Where is their God?'"

PSALM *Psalm 103:8-14*

Peter R. Hallock (1924-2014)

The Choir introduces the antiphon, all repeat it.

The Choir chants the psalm verses, all repeating the antiphon as indicated.



The LORD remembers that we are but dust.

Benedic, anima mea

THE LORD is full of compassion and mercy, *
slow to anger and of great kindness.

9 He will not always accuse us, *

nor will he keep his anger for ever. **ANTIPHON**

10 He has not dealt with us according to our sins, *

nor rewarded us according to our wickedness.

11 For as the heavens are high above the earth, *

so is his mercy great upon those who fear him. **ANTIPHON**

12 As far as the east is from the west, *

so far has he removed our sins from us.

13 As a father cares for his children, *

so does the LORD care for those who fear him. **ANTIPHON**

READING

2 Corinthians 5:20b–6:10

WE ENTREAT you on behalf of Christ, be reconciled to God. For our sake he made him to be sin who knew no sin, so that in him we might become the righteousness of God.

As we work together with him, we urge you also not to accept the grace of God in vain. For he says,

“At an acceptable time I have listened to you,
and on a day of salvation I have helped you.”

See, now is the acceptable time; see, now is the day of salvation! We are putting no obstacle in anyone’s way, so that no fault may be found with our ministry, but as servants of God we have commended ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, riots, labors, sleepless nights, hunger; by purity, knowledge, patience, kindness, holiness of spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honor and dishonor, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet are well known; as dying, and see—we are alive; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything.

Reader Hear what the Spirit is saying to God’s people.

Assembly Thanks be to God.

After a brief silence the Presider stands; all stand, as able for the proclamation of the Gospel.

SEQUENCE HYMN *The glory of these forty days*

TUNE: *Erhalt uns, Herr*



1. The glo - ry of these for - ty days we cel - e - brate with songs of praise;
2. A - lone and fast - ing Mo - ses saw the lov - ing God who gave the law;
3. So Dan - iel trained his mys - tic sight, de - li - vered from the li - ons’ might;
4. Then grant us, Lord, like them to be full oft in fast and prayer with thee;
5. O Fa - ther, Son, and Spi - rit blest, to thee be ev - ery prayer ad - dressed,



1. for Christ, through whom all things were made, him - self has fast - ed and has prayed.
2. and to E - li - jah, fast - ing, came the steeds and char - i - ots of flame.
3. and John, the Bride - groom’s friend, be - came the her - ald of Mes - si - ah’s name.
4. our spi - rits strength - en with thy grace, and give us joy to see thy face.
5. who art in three - fold Name a - dored, from age to age, the on - ly Lord.

The Hymnal 1982 #143, WORDS: © Oxford University Press

THE HOLY GOSPEL *Matthew 6:1–6,16–21*

Deacon The Holy Gospel of our Lord Jesus Christ according to Matthew.
Assembly **Glory to you, Lord Christ.**

JESUS SAID, “Beware of practicing your piety before others in order to be seen by them; for then you have no reward from your Father in heaven.

“So whenever you give alms, do not sound a trumpet before you, as the hypocrites do in the synagogues and in the streets, so that they may be praised by others. Truly I tell you, they have received their reward. But when you give alms, do not let your left hand know what your right hand is doing, so that your alms may be done in secret; and your Father who sees in secret will reward you.

“And whenever you pray, do not be like the hypocrites; for they love to stand and pray in the synagogues and at the street corners, so that they may be seen by others. Truly I tell you, they have received their reward. But whenever you pray, go into your room and shut the door and pray to your Father who is in secret; and your Father who sees in secret will reward you.

“And whenever you fast, do not look dismal, like the hypocrites, for they disfigure their faces so as to show others that they are fasting. Truly I tell you, they have received their reward. But when you fast, put oil on your head and wash your face, so that your fasting may be seen not by others but by your Father who is in secret; and your Father who sees in secret will reward you.

“Do not store up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal; but store up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there your heart will be also.”

Deacon The Gospel of the Lord.
Assembly **Praise to you, Lord Christ.**

HOMILY

The Reverend Linzi Stahlecker

All stand, as able.

INVITATION TO THE OBSERVANCE OF A HOLY LENT

Presider **D**EAR PEOPLE OF GOD: The first Christians observed with great devotion the days of our Lord’s passion and resurrection, and it became the custom of the Church to prepare for them by a season of penitence and fasting. This season of Lent provided a time in which converts to the faith were prepared for Holy Baptism. It was also a time when those who, because of notorious sins, had been separated from the body of the faithful were reconciled by penitence and forgiveness, and restored to the fellowship of the Church. Thereby, the whole congregation was put in mind of the message of pardon and absolution set forth in the Gospel of our Savior, and of the need which all Christians continually have to renew their repentance and faith.

I invite you, therefore, in the name of the Church, to the observance of a holy Lent, by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God’s holy Word. And, to make a right beginning of repentance, and as a mark of our mortal nature, let us now kneel or bow before the Lord, our maker and redeemer.

*All kneel, as able, for a period of silence, and remain kneeling while the Presider prays over the ashes.
For those unable to kneel, a profound bow is an appropriate posture.*

PRAYER OVER THE ASHES

Presider Almighty God, you have created us out of the dust of the earth: Grant that these ashes may be to us a sign of our mortality and penitence, that we may remember that it is only by your gracious gift that we are given everlasting life; through Jesus Christ our Savior.

All Amen.

IMPOSITION OF ASHES

Everyone is invited to come forward to receive ashes, a sign of our repentance and mortality. If you need ashes brought to you at your seat, please let an usher know. Please be seated when you return to your pew.

PSALM DURING THE IMPOSITION OF ASHES *Psalm 51 ♦ chanted by cantors*

Miserere mei, Deus

Have mercy on me, O God, according to your loving-kindness; *
in your great compassion blot out my offenses.
Wash me through and through from my wickedness *
and cleanse me from my sin.
For I know my transgressions, *
and my sin is ever before me.
Against you only have I sinned *
and done what is evil in your sight.
And so you are justified when you speak *
and upright in your judgment.
Indeed, I have been wicked from my birth, *
a sinner from my mother's womb.
For behold, you look for truth deep within me, *
and will make me understand wisdom secretly.
Purge me from my sin, and I shall be pure;
wash me, and I shall be clean indeed.
Make me hear of joy and gladness, *
that the body you have broken may rejoice.

Hide your face from my sins *
and blot out all my iniquities.
Create in me a clean heart, O God, *
and renew a right spirit within me.
Cast me not away from your presence *
and take not your holy Spirit from me.
Give me the joy of your saving help again *
and sustain me with your bountiful Spirit.
I shall teach your ways to the wicked, *
and sinners shall return to you.
Deliver me from death, O God, *
and my tongue shall sing of your righteousness,
O God of my salvation.
Open my lips, O Lord, *
and my mouth shall proclaim your praise.
Had you desired it, I would have offered sacrifice; *
but you take no delight in burnt-offerings.
The sacrifice of God is a troubled spirit; *
a broken and contrite heart, O God, you will not despise.

All kneel, as able.

LITANY OF PENITENCE

The Book of Common Prayer, p. 267

Presider Most holy and merciful Father:

All **We confess to you and to one another,
and to the whole communion of saints
in heaven and on earth,
that we have sinned by our own fault
in thought, word, and deed;
by what we have done, and by what we have left undone.**

Presider We have not loved you with our whole heart, and mind, and strength.
We have not loved our neighbors as ourselves.

We have not forgiven others, as we have been forgiven.

Assembly Have mercy on us, Lord.

Presider We have been deaf to your call to serve, as Christ served us.
We have not been true to the mind of Christ.
We have grieved your Holy Spirit.

Assembly Have mercy on us, Lord.

Presider We confess to you, Lord, all our past unfaithfulness:
the pride, hypocrisy, and impatience of our lives,

Assembly We confess to you, Lord.

Presider Our self-indulgent appetites and ways,
and our exploitation of other people,

Assembly We confess to you, Lord.

Presider Our anger at our own frustration,
and our envy of those more fortunate than ourselves,

Assembly We confess to you, Lord.

Presider Our intemperate love of worldly goods and comforts,
and our dishonesty in daily life and work,

Assembly We confess to you, Lord.

Presider Our negligence in prayer and worship,
and our failure to commend the faith that is in us,

Assembly We confess to you, Lord.

Presider Accept our repentance, Lord, for the wrongs we have done:
for our blindness to human need and suffering,
and our indifference to injustice and cruelty,

Assembly Accept our repentance, Lord.

Presider For all false judgments, for uncharitable thoughts toward our neighbors,
and for our prejudice and contempt toward those who differ from us,

Assembly Accept our repentance, Lord.

Presider For our waste and pollution of your creation,
and our lack of concern for those who come after us,

Assembly Accept our repentance, Lord.

Presider Restore us, good Lord, and let your anger depart from us;

Assembly Favorably hear us, for your mercy is great.

Presider Accomplish in us the work of your salvation,

Assembly That we may show forth your glory in the world.

Presider By the cross and passion of your Son our Lord,

Assembly Bring us with all your saints to the joy of his resurrection.

Presider Almighty God, the Father of our Lord Jesus Christ, who desires not the death of sinners, but rather that they may turn from their wickedness and live, has given power and commandment to his ministers to declare and pronounce to his people, being penitent, the absolution and remission of their sins. He pardons and absolves all those who truly repent, and with sincere hearts believe his holy Gospel.

Therefore we beseech him to grant us true repentance and his Holy Spirit, that those things may please him which we do on this day, and that the rest of our life hereafter may be pure and holy, so that at the last we may come to his eternal joy; through Jesus Christ our Lord.

All Amen.

All stand, as able.

THE PEACE

Presider The peace of the Lord be always with you.

Assembly **And also with you.**

All greet one another in the name of the Lord.

THE LITURGY OF THE TABLE

OFFERTORY

An offering of money is received. Everyone participating in Saint Mark's Cathedral's worship at this time in any way is invited to make an offering as an expression of gratitude for God's generosity. Together, our gifts make possible this community of welcome, reconciliation and service. All worshipping in person are invited to place their offering in baskets as they are passed through through the rows.

Links to donate to Saint Mark's online are located on the livestream page. Visit saintmarks.org/give, or use the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right), or visit this link on your mobile device: <https://venmo.com/saintmarkscathedraseattle>. If Venmo asks you for a four-digit code, enter **2076**.



You may also mail your gift to the cathedral: 1245 10th Ave. E, Seattle, WA 98102.

ANTHEM

Parce mihi Domine

WORDS: Job 7:16-21; MUSIC: Cristóbal de Morales (ca. 1500-1553)

*Parce mihi, Domine, nihil enim sunt dies mei.
Quid est homo, quia magnificas eum? Aut quid apponis
erga eum cor tuum?
Visitas eum diluculo et subito probas illum.
Usquequo non parcis mihi, nec dimittis me, ut glutiam
salivam meam?
Peccavi, quid faciam tibi, o custos hominum? Quare
posuisti me contrarium tibi, et factus sum mihi met ipsi
gravis?
Cur non tolles peccatum meum, et quare non aufers
iniquitatem meam? Ecce, nunc in pulvere dormiam, et si
mane me quaesieris, non subsistam.*

Let me alone, for my days are a breath.
What are human beings, that you make so much of
them, that you set your mind on them, visit them every
morning, test them every moment?
Will you not look away from me for a while,
let me alone until I swallow my spittle?
If I sin, what do I do to you, you watcher of humanity?
Why have you made me your target?
Why have I become a burden to you?
Why do you not pardon my transgression
and take away my iniquity? For now I shall lie in the
earth; you will seek me, but I shall not be.

All stand, as able.

THE GREAT THANKSGIVING *Eucharistic Prayer C*

The Book of Common Prayer, p. 369

Presider The Lord be with you.

Assembly **And also with you.**

Presider Lift up your hearts.

Assembly **We lift them to the Lord.**

Presider Let us give thanks to the Lord our God.

Assembly **It is right to give God thanks and praise.**

Presider God of all power, Ruler of the Universe, you are worthy of glory and praise.

Assembly **Glory to you for ever and ever.**

Presider At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

Assembly **By your will they were created and have their being.**

Presider From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

Assembly **Have mercy, Lord, for we are sinners in your sight.**

Presider Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

Assembly **By his blood, he reconciled us.
By his wounds, we are healed.**

Presider And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

SANCTUS & BENEDICTUS *Deutsche Messe*

Franz Schubert (1797–1828), arr. Richard Proulx

Ho - ly, ho - ly, ho - ly Lord, God of power and might,____
Ho - ly, ho - ly, ho - ly Lord, God of power and might,____
hea - ven and earth are full,____ full____ of your glo - ry. Ho -
san - na in the high - est. Ho - san - na in the high - est.
Blest is the one who comes____ in the name of the Lord.____ Ho -
san - na in the high - est, ho - san - na in the high - est.

The Hymnal 1982 #8-130, ©1985 G.I.A. Publications, Inc.

Presider And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, “Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.”

After supper, he took the cup of wine, gave thanks, and said, “Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

Assembly **We celebrate his death and resurrection,
as we await the day of his coming.**

Presider Lord God of our ancestors; God of Abraham and Sarah, Isaac and Rebekah, Jacob and Leah and Rachel; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

Assembly **Risen Lord, be known to us in the breaking of the Bread.**

Presider Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation.

All AMEN.

THE LORD'S PRAYER

All Our Father in heaven,
 hallowed be your Name,
 your kingdom come,
 your will be done, on earth as in heaven.
 Give us today our daily bread.
 Forgive us our sins
 as we forgive those who sin against us.
 Save us from the time of trial,
 and deliver us from evil.
 For the kingdom, the power,
 and the glory are yours,
 now and for ever.
 Amen.

In silence, the Presider breaks the consecrated bread.

FRACTION ANTHEM *Deutsche Messe*

Schubert, arr. Proulx

Je - sus, Lamb of God: have mer - cy on us.

Je - sus, bear - er of our sins: have mer - cy on us.

Je - sus, re - deem - er, re - deem - er of the world:

give us your peace, give us your peace.

INVITATION TO COMMUNION

Presider The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

All may be seated for the time of Communion. All seeking God are welcome at Christ's Table.

Please follow the directions of the Liturgical Ministers. Bread and wine are distributed at standing stations at the head of three aisles. The bread will be placed into your outstretched palm taking care not to touch your hand. If you prefer a gluten-free wafer, simply ask for one at the time of Communion. If you wish to receive a blessing instead, please cross your arms in front of your chest.

Intinction (dipping the bread in the wine) is not available at this time. If you do not wish to drink from the common cup, please cross your arms in front of your chest as you pass by the chalice. The full grace of the sacrament is received with only the bread.

COMMUNION VOLUNTARY Improvisation for clarinet and organ

COMMUNION HYMN *Bless the Lord, my soul* ♦ *sung by all*

Taizé

The image shows a musical score for a hymn. It consists of two systems of music, each with a vocal line and a piano accompaniment line. The key signature is one flat (B-flat), and the time signature is 4/4. The lyrics are: "Bless the Lord, my soul, and bless God's ho - ly Name." and "Bless the Lord, my soul, who leads me in - to life." The piano accompaniment features a steady bass line and chords that support the vocal melody.

Wonder Love & Praise #825, WORDS: Psalm 103,
MUSIC: Jacques Berthier (1923-1994), © 1984 Taizé, admin. GIA Publications, Inc.

All stand, as able.

PRAYER AFTER COMMUNION

Presider Almighty and everliving God,

***All* we thank you for feeding us with the spiritual food
of the most precious Body and Blood
of your Son our Savior Jesus Christ;
and for assuring us in these holy mysteries
that we are living members of the Body of your Son,
and heirs of your eternal kingdom.**

**And now, Father, send us out to do the work you have given us to do,
to love and serve you as faithful witnesses of Christ our Lord.
To him, to you, and to the Holy Spirit,
be honor and glory, now and for ever. Amen.**

SOLEMN PRAYER OVER THE ASSEMBLY

Deacon Let us bow down in the presence of God.

All bow their heads, and remain bowed as the Presider prays over the Assembly. All respond: **Amen.**

HYMN 149 *Eternal Lord of love, behold your church* ♦ *The Hymnal 1982*

TUNE: *Old 124th*

E - ter - nal Lord of love, be - hold your Church walk - ing once
So dai - ly dy - ing to the way of self, so dai - ly
If dead in you, so in you we a - rise, you the first -

more the pil - grim way of Lent, led by your cloud by
liv - ing to your way of love, we walk the road, Lord
born of all the faith - ful dead; and as through ston - y

day, by night your fire, moved by your love and
Je - sus, that you trod, know - ing our - selves bap -
ground the green shoots break, glo - rious in spring - time

toward your pres - ence bent: far off yet here— the goal of all de - sire.
tized in - to your death: so we are dead and live with you in God.
dress of leaf and flower, so in the Fa - ther's glo - ry shall we wake.

DISMISSAL

Deacon Let us go forth in the name of Christ.
Assembly **Thanks be to God.**



MINISTERS OF THE LITURGY

PRESIDER The Very Reverend Steven L. Thomason; **PREACHER** The Reverend Linzi Stahlecker; **DEACON** The Reverend Emily Austin; **ASSISTING LAY MINISTER** Rose Hazard; **EUCCHARISTIC MINISTERS** Emily Meeks, Amy Gardner, Russ Campbell, Shelley Mackaman, The Reverend Canon Jennifer King Daugherty, The Reverend Canon Eliacín Rosario-Cruz; **SACRISTAN** Michael Seewer; **ALTAR GUILD** TBD; **VERGERS** Marc Aubertin, Kate Halamay; **ACOLYTES** Ray Miller, Russ Campbell, Erik Donner; **LECTORS** Kathy Minsch, John Weintraub; **GREETERS** Steve Quinn, Hisako Beasley; **USHERS** Liz Shea | Wayne Duncan, Ralph Ermoian; **OBLATION BEARERS** Judy Andrews, Justin Shelley; **MUSICIANS** The Schola of Saint Mark's Choir School; James Falzone, *clarinet*; **SOUND BOARD** Michael Perera; **VIDEO** Chris Brown

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