



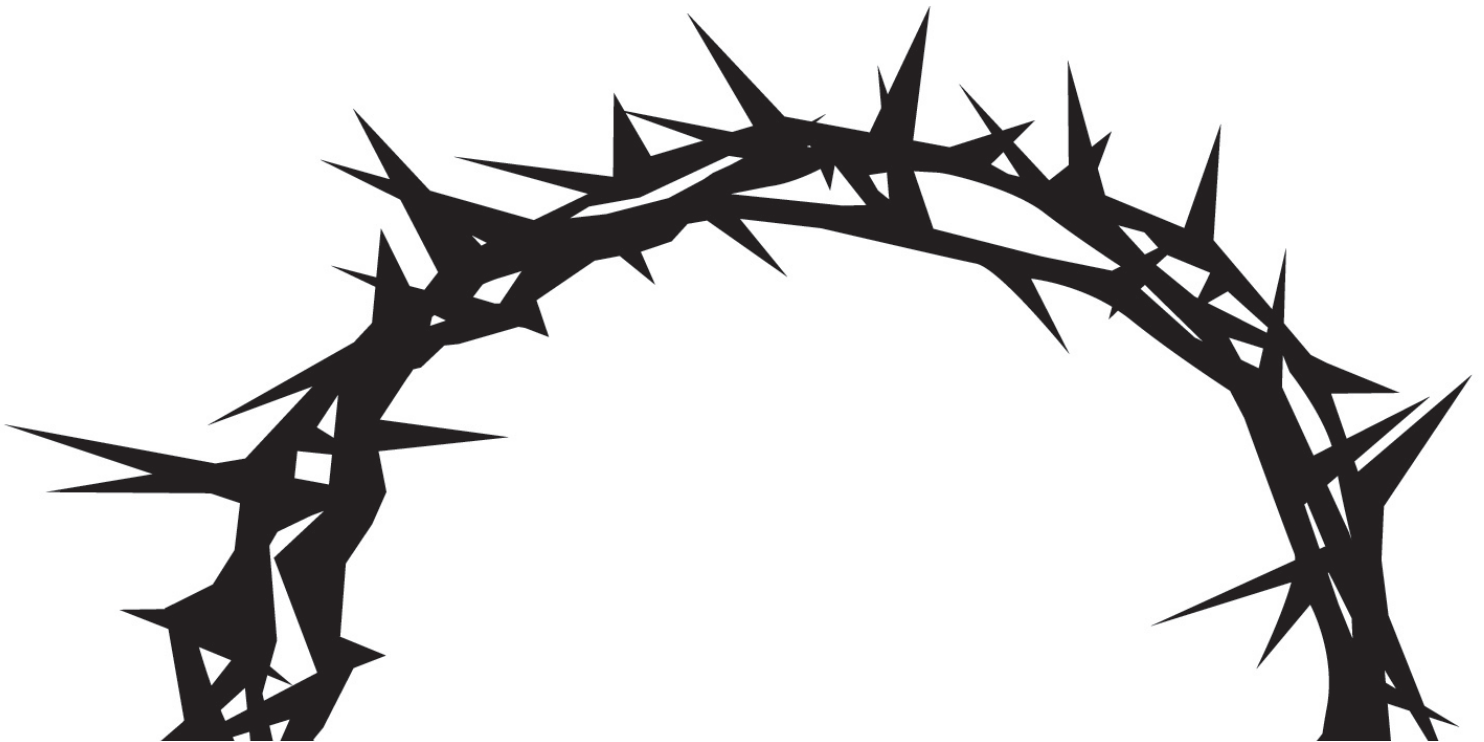
SAINT MARK'S
EPISCOPAL CATHEDRAL
SEATTLE, WASHINGTON

MONDAY IN HOLY WEEK

CONTEMPLATIVE EUCHARIST

April 3, 2023

7:00 PM



Saint Mark's Cathedral acknowledges that we gather on the traditional land of the first people of Seattle, the Duwamish People, who are still here, and we honor with gratitude the land itself and the life of all Coast Salish tribes.

Welcome to Saint Mark's Cathedral. Wherever you are on your spiritual journey, you are welcome here!

If you are new to Saint Mark's and would like to learn more, please consider completing a newcomer form found in the pew rack, visit saintmarks.org/newcomers or simply contact one of the clergy. Grace and peace to you!

GATHERING

The Assembly gathers quietly while music is offered. Then, a chime is rung and the Presider begins:

Presider O God, you manifest in your servants the signs of your presence: Send forth upon us the spirit of love, that in companionship with one another your abounding grace may increase among us; through Jesus Christ our Lord.

All Amen.

The Presider continues:

Presider Create in us clean hearts, O God;

Assembly And sustain us with your Holy Spirit.

Presider Let us pray.

Christ Jesus, stay with us,

**All for evening is at hand and the day is past;
be our companion in the way, kindle our hearts, and awaken hope,
that we may know you as you are revealed in Scripture
and the breaking of bread. Grant this for the sake of your love. Amen.**

POEM/MEDITATION

*All remain seated to listen to the poem or meditation,
followed by 1-2 minutes of silence, begun and ended by the chime of the singing bowl.*

GOSPEL READING

All remain seated for the Gospel reading. A brief reflection follows, begun and ended with a chime.

PRAYERS

All remain seated while prayers are offered. At the conclusion, all respond: Amen.

THE EXCHANGE OF PEACE

All stand, as able, and exchange a sign of Christ's peace with one another.

OFFERTORY

All may be seated. An offering of money is received via offering plates in the back of the chapel, or passed through the pews. Electronic giving options may be found at www.saintmarks.org/give, or by using our Venmo @SaintMarksCathedralSeattle or scan the QR code (enter 2076 if prompted).



All stand, as able, when the Presider motions all to rise.

MAKING EUCHARIST

Presider God be with you.

Assembly **And also with you.**

Presider Let us lift our hearts to God.

Assembly **It is a right, good and joyful thing to give God thanks and praise.**

Presider Holy One, we give thanks to you, our Creator. Your Spirit brings all things into being: sun, moon, and stars; earth, wind, and water, and every living thing. You sent your Son, Jesus, to teach us to love and to show us the Way. And so we praise your name, using ancient words of holy faith:

**All Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory. Hosanna in the highest.
Blessed is the one who comes in the name of the Lord. Hosanna in the highest.**

The Presider prays over the bread and wine.

THE LORD'S PRAYER *(prayed by all)*

**All Heavenly Father, heavenly Mother, holy and blessed is your name.
We pray for your reign of peace to come,
We pray that your will be done, on earth as it is in heaven.
Give us this day the bread we need, give it to those who have not enough.
Let forgiveness flow between us. Deliver us from evil.
For yours is the power and the glory and the mercy now and forever. Amen.**

THE FRACTION *The Presider breaks the consecrated bread, followed by a period of silence.*

INVITATION TO COMMUNION

All who seek God and a deeper life in Christ are welcome to receive communion. Rice wafers for those with wheat allergies are available—simply ask for one at the time of communion. Intinction (dipping the bread in the wine) is not available at this time. The full grace of the sacrament is received with only the bread or the wine.

REFLECTION *All are seated. Silence for reflection is kept, begun and ended with the chime of a singing bowl.*

All stand, as able, when the singing bowl is rung to close the reflection.

POSTCOMMUNION PRAYER *(prayed by all)*

Presider Gracious God,

All we have broken the bread which is Christ's body; we have tasted the wine of his new life. We thank you for these gifts by which we are made one in him and drawn into that new creation which is your will for all humanity; through Christ our Savior. Amen.

BLESSING *The Presider asks God's blessing on the Assembly; all respond Amen.*

DISMISSAL *The Presider dismisses the Assembly; all respond Thanks be to God.*

Following the dismissal, Priests will be available throughout the nave to offer laying on of hands and prayers and anointing for healing to anyone who desires that. You are also welcome to remain in quiet prayer or to leave in silence.

PRESIDER

The Reverend Canon Jennifer King Daugherty



SAINT MARK'S
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