



SAINT MARK'S
EPISCOPAL CATHEDRAL
SEATTLE, WASHINGTON

TRIDUUM: THE SACRED THREE DAYS

HOLY SATURDAY

April 8, 2023

12:15 PM



Saint Mark's Cathedral acknowledges that we gather on the traditional land of the first people of Seattle, the Duwamish People, who are still here, and we honor with gratitude the land itself and the life of all Coast Salish tribes.

Welcome to Saint Mark's Cathedral. Wherever you are on your spiritual journey, you are welcome here!

If you are new to Saint Mark's and would like to learn more, please consider completing a newcomer form found in the pew rack, visit saintmarks.org/newcomers or simply contact one of the clergy. Grace and peace to you!

CONTEMPLATIVE SILENCE

The Assembly gathers in quiet. All may remain seated for the entirety of the service.

The Officiant rings a singing bowl to signal the start of an extended period of contemplative silence.

At the end of the silence, the Officiant rings the singing bowl once again, and continues:

OPENING COLLECT *Holy Saturday*

The Book of Common Prayer, p. 283

Officiant Let us pray.

O GOD, Creator of heaven and earth: Grant that, as the crucified body of your dear Son was laid in the tomb and rested on this holy Sabbath, so we may await with him the coming of the third day, and rise with him to newness of life; who now lives and reigns with you and the Holy Spirit, one God, for ever and ever

All **Amen.**

READING *Job 14:1-14*

JOB SAID, "A mortal, born of woman, few of days and full of trouble, comes up like a flower and withers, flees like a shadow and does not last.

Do you fix your eyes on such a one?

Do you bring me into judgment with you?

Who can bring a clean thing out of an unclean?

No one can.

Since their days are determined,
and the number of their months is known to you,
and you have appointed the bounds that they cannot pass,

look away from them, and desist,
that they may enjoy, like laborers, their days.

"For there is hope for a tree,
if it is cut down, that it will sprout again,
and that its shoots will not cease.

Though its root grows old in the earth,
and its stump dies in the ground,

yet at the scent of water it will bud
and put forth branches like a young plant.

But mortals die, and are laid low;
humans expire, and where are they?

As waters fail from a lake,
and a river wastes away and dries up,

so mortals lie down and do not rise again;
until the heavens are no more, they will not awake
or be roused out of their sleep.

Oh that you would hide me in Sheol,
that you would conceal me until your wrath is past,
that you would appoint me a set time,
and remember me!

If mortals die, will they live again?
All the days of my service I would wait
until my release should come."

Reader Hear what the Spirit is saying to God's people.

People **Thanks be to God.**

A time for silent reflection is kept after the reading, begun and ended by the sound of the singing bowl.

Please join the lector in reading the Psalm aloud, starting after the first asterisk.

IN YOU, O LORD, have I taken refuge;
let me never be put to shame; *
deliver me in your righteousness.

Incline your ear to me; *
make haste to deliver me.

Be my strong rock, a castle to keep me safe,
for you are my crag and my stronghold; *
for the sake of your Name, lead me and guide me.

Take me out of the net that they have secretly set for me, *
for you are my tower of strength.

My times are in your hand; *
rescue me from the hand of my enemies,
and from those who persecute me.

Make your face to shine upon your servant, *
and in your loving-kindness save me.” ♦

READING *1 Peter 4:1-8*

SINCE Christ suffered in the flesh, arm yourselves also with the same intention (for whoever has suffered in the flesh has finished with sin), so as to live for the rest of your earthly life no longer by human desires but by the will of God. You have already spent enough time in doing what the Gentiles like to do, living in licentiousness, passions, drunkenness, revels, carousing, and lawless idolatry. They are surprised that you no longer join them in the same excesses of dissipation, and so they blaspheme. But they will have to give an

accounting to him who stands ready to judge the living and the dead. For this is the reason the gospel was proclaimed even to the dead, so that, though they had been judged in the flesh as everyone is judged, they might live in the spirit as God does.

The end of all things is near; therefore be serious and discipline yourselves for the sake of your prayers. Above all, maintain constant love for one another, for love covers a multitude of sins.

Reader Hear what the Spirit is saying to God's people.

People **Thanks be to God.**

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READING *John 19:38-42*

JOSEPH of Arimathea, who was a disciple of Jesus, though a secret one because of his fear of the Jews, asked Pilate to let him take away the body of Jesus. Pilate gave him permission; so he came and removed his body. Nicodemus, who had at first come to Jesus by night, also came, bringing a mixture of myrrh and aloes, weighing about a hundred pounds. They took the body of Jesus and wrapped it with

the spices in linen cloths, according to the burial custom of the Jews. Now there was a garden in the place where he was crucified, and in the garden there was a new tomb in which no one had ever been laid. And so, because it was the Jewish day of Preparation, and the tomb was nearby, they laid Jesus there.

Reader Hear what the Spirit is saying to God's people.

People **Thanks be to God.**

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ANTHEM*In the midst of life**The Book of Common Prayer, p. 492**A cantor introduces the Antiphon; all repeat it. A cantor chants the verses, all repeating the Antiphon as indicated.*

Ho - ly God, Ho - ly and Might - y, Ho - ly and mer - ci - ful Sa - vior,
de - li - ver us not in - to the bit - ter - ness of e - ter - nal death.

In the midst of life we are in death;
from whom can we seek help?
From you alone, O Lord,
who by our sins are justly angered.

ANTIPHON

Lord, you know
the secrets of our hearts;
shut not your ears to our prayers,
but spare us, O Lord.

ANTIPHON

O worthy and eternal Judge,
do not let the pains of death
turn us away from you
at our last hour.

ANTIPHON**THE LORD'S PRAYER** (*prayed by all*)

Officiant Our Father in heaven,
All **hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.**

THE GRACE

Officiant The grace of our Lord Jesus Christ, and the love of God,
and the fellowship of the Holy Spirit, be with us all evermore.
All **Amen.**

You are welcome to remain in quiet prayer while others leave in silence, or continue their work in this space.

OFFICIANT
The Reverend Linzi Stahlecker

REFLECTION
Emily Meeks