



SAINT MARK'S  
EPISCOPAL CATHEDRAL  
SEATTLE, WASHINGTON

# THE HOLY EUCHARIST

THE THIRD SUNDAY OF EASTER

April 23, 2023

9:00 AM

## LAND ACKNOWLEDGMENT & WELCOME

*Saint Mark's Cathedral acknowledges that we gather on the traditional land of the first people of Seattle, the Duwamish People, who are still here, and we honor with gratitude the land itself and the life of all the Coast Salish tribes.*

*Welcome to Saint Mark's Cathedral. Wherever you are on your spiritual journey, you are welcome here!*

## HAVE QUESTIONS?

*Ushers (wearing the purple Welcome lanyards) are available during the liturgy should you have any questions or concerns, or if you need a hearing assist device. All-gender restrooms are available on the 5th floor of Cathedral House, accessible via the elevator or southwest stairwell. There is also an all-gender restroom in the northwest stairwell. Ushers can direct you.*

## NEW TO SAINT MARK'S?

*If you are new to Saint Mark's and would like to learn more, please consider completing a newcomer form, visit [saintmarks.org/newcomers](https://saintmarks.org/newcomers) or simply contact one of the clergy. Grace and peace to you!*



*A brief organ voluntary offered a few minutes before the hour bids all to keep silence for prayer and preparation.*

**PRELUDE**      Variations on *Salzburg*  
                    (Tune of Hymn 174, “At the Lamb’s high feast we sing”)

Johann Pachelbel (1653–1706)

**LAND ACKNOWLEDGMENT**

# THE ENTRANCE RITE

*All stand, as able.*

**HYMN 174** *At the Lamb's high feast we sing* (sts. 1 & 4) ♦ *The Hymnal 1982*

**TUNE: Salzburg**

## OPENING ACCLAMATION

*Enriching our Worship 1, p. 50*

*Presider* Alleluia. Christ is risen.

*Assembly* **Christ is risen indeed. Alleluia.**

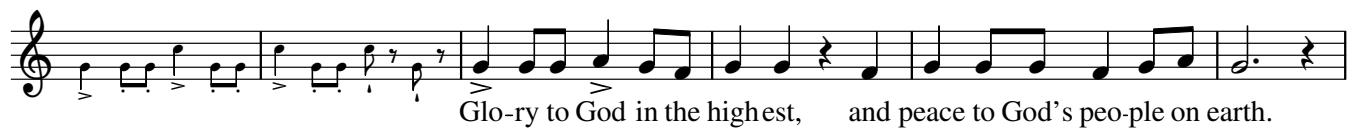
## COLLECT FOR PURITY

*Presider* **A**LMIGHTY GOD, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

*All* **Amen.**

## SONG OF PRAISE *Gloria in excelsis* ♦ *sung by all*

William Mathias (1934–1992)



For you alone are the Ho - ly One, you alone are the Lord,  
 you alone are the Most High, Je - sus Christ, with the Ho - ly Spi - rit,  
 in the glo - ry of God the Fa - ther. A - - men.

**COLLECT OF THE DAY** *The Third Sunday of Easter*

*The Book of Common Prayer, p. 224*

*Presider* God be with you.

**Assembly** **And also with you.**

*Presider* Let us pray.

**O** GOD, whose blessed Son made himself known to his disciples in the breaking of bread: Open the eyes of our faith, that we may behold him in all his redeeming work; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

**All** **Amen.**

*Please be seated for the Liturgy of the Word.*



# THE LITURGY OF THE WORD

## READING

*Acts 2:14a,36-41*

**P**ETER, standing with the eleven, raised his voice and addressed the crowd, “Let the entire house of Israel know with certainty that God has made him both Lord and Messiah, this Jesus whom you crucified.”

Now when they heard this, they were cut to the heart and said to Peter and to the other apostles, “Brothers, what should we do?” Peter said to them, “Repent, and be baptized every one of you in the name of Jesus Christ so that your sins may be forgiven; and you will receive the gift of the Holy Spirit. For the promise is for you, for your children, and for all who are far away, everyone whom the Lord our God calls to him.” And he testified with many other arguments and exhorted them, saying, “Save yourselves from this corrupt generation.” So those who welcomed his message were baptized, and that day about three thousand persons were added.

*Reader* Hear what the Spirit is saying to God’s people.

*Assembly* **Thanks be to God.**

The choir introduces the antiphon, all repeat it. The cantor chants the verses, all repeat the antiphon as indicated.

**ANTIPHON**

Psalm 116: 11

*Organ:* *Everyone:*

I will lift up the cup of sal -  
va - tion and call up-on the Name of the Lord.

I LOVE the LORD, because he has heard the voice of  
my supplication, \*  
because he has inclined his ear to me whenever  
I called upon him. **ANTIPHON**

The cords of death entangled me;  
the grip of the grave took hold of me; \*  
I came to grief and sorrow.

Then I called upon the Name of the LORD: \*  
“O LORD, I pray you, save my life.” **ANTIPHON**

How shall I repay the LORD \*  
for all the good things he has done for me?

I will lift up the cup of salvation \*  
and call upon the Name of the LORD. **ANTIPHON**

I will fulfill my vows to the LORD \*  
in the presence of all his people.

Precious in the sight of the LORD \*  
is the death of his servants. **ANTIPHON**

O LORD, I am your servant; \*  
I am your servant and the child of your handmaid;  
you have freed me from my bonds.

I will offer you the sacrifice of thanksgiving \*  
and call upon the Name of the LORD. **ANTIPHON**

I will fulfill my vows to the LORD \*  
in the presence of all his people,

In the courts of the LORD’S house, \*  
in the midst of you, O Jerusalem.  
Hallelujah! **ANTIPHON**

**READING**

*1 Peter 1:17-23*

**I**F YOU invoke as Father the one who judges all people impartially according to their deeds, live in reverent fear during the time of your exile. You know that you were ransomed from the futile ways inherited from your ancestors, not with perishable things like silver or gold, but with the precious blood of Christ, like that of a lamb without defect or blemish. He was destined before the foundation of the world, but was revealed at the end of the ages for your sake. Through him you have come to trust in God, who raised him from the dead and gave him glory, so that your faith and hope are set on God.

Now that you have purified your souls by your obedience to the truth so that you have genuine mutual love, love one another deeply from the heart. You have been born anew, not of perishable but of imperishable seed, through the living and enduring word of God.

*Reader* Hear what the Spirit is saying to God's people.

*Assembly* **Thanks be to God.**

*After a brief silence the Presider stands; all rise, as able, for the proclamation of the Gospel.*

**GOSPEL ACCLAMATION**

music by Melchoir Vulpus (1560?-1616)

*The cantor introduces the refrain, all repeat it. The cantor chants the verse, all respond with the refrain.*



Al - le - lu - ia, \_\_\_\_\_ al - le - lu - ia, \_\_\_\_\_ al - le - lu - ia.

*Verse:* Open our minds, O Lord, to understand the Scriptures; make our hearts burn within us when you speak.

**THE HOLY GOSPEL** *Luke 24:13-35*

*Deacon* The Holy Gospel of our Lord Jesus Christ according to Luke.  
*Assembly* **Glory to you, Lord Christ.**

**N**OW ON that same day two of Jesus' disciples were going to a village called Emmaus, about seven miles from Jerusalem, and talking with each other about all these things that had happened. While they were talking and discussing, Jesus himself came near and went with them, but their eyes were kept from recognizing him. And he said to them, "What are you discussing with each other while you walk along?" They stood still, looking sad. Then one of them, whose name was Cleopas, answered him, "Are you the only stranger in Jerusalem who does not know the things that have taken place there in these days?" He asked them, "What things?" They replied, "The things about Jesus of Nazareth, who was a prophet mighty in deed and word before God and all the people, and how our chief priests and leaders handed him over to be condemned to death and crucified him. But we had hoped that he was the one to redeem Israel. Yes, and besides all this, it is now the third day since these things took place. Moreover, some women of our group astounded us. They were at the tomb early this morning, and when they did not find his body there, they came back and told us that they had indeed seen a vision of angels who said that he was alive. Some of those who were with us went to the tomb and found it just as the women had said; but they did not see him." Then he said to them, "Oh, how foolish you are, and how slow of heart to believe all that the prophets have declared! Was it not necessary that the Messiah should suffer these things and then enter into his glory?" Then beginning with Moses and all the prophets, he interpreted to them the things about himself in all the scriptures.

As they came near the village to which they were going, he walked ahead as if he were going on. But they urged him strongly, saying, "Stay with us, because it is almost evening and the day is now nearly over." So he went in to stay with them. When he was at the table with them, he took bread, blessed and broke it, and gave it to them. Then their eyes were opened, and they recognized him; and he vanished from their sight. They said to each other, "Were not our hearts burning within us while he was talking to us on the road, while he was opening the scriptures to us?" That same hour they got up and returned to Jerusalem; and they found the eleven and their companions gathered together. They were saying, "The Lord has risen indeed, and he has appeared to Simon!" Then they told what had happened on the road, and how he had been made known to them in the breaking of the bread.

*Deacon* The Gospel of the Lord.  
*Assembly* **Praise to you, Lord Christ.**

**HOMILY**

The Very Reverend Steven L. Thomason

*Following the homily, the assembly is invited into a period of silence, reflecting on the scriptures and sermon. Please stand, as able, when the Presider stands to introduce the Creed.*



**THE NICENE CREED**

*Authorized for use by the 1997 General Convention*

*Presider* We believe in one God,  
*All* the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
through him all things were made.

For us and for our salvation  
he came down from heaven,  
was incarnate of the Holy Spirit  
and the Virgin Mary  
and became truly human.

For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.

On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father,  
who with the Father and the Son is worshiped and glorified,  
who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,

and the life of the world to come.

Amen.

**PRAYERS OF THE PEOPLE**

*In the course of the silence after each bidding, the People are invited to offer their own prayers, either silently or aloud.*

*The Presider concludes the prayers with a collect; all respond: **Amen.***

**THE PEACE** *All greet one another in the name of the Lord.*

*Presider* The peace of Christ be always with you.

*Assembly* **And also with you.**



# THE LITURGY OF THE TABLE

## OFFERTORY

*An offering of money is received. Everyone participating in Saint Mark's Cathedral's worship at this time in any way is invited to make an offering as an expression of gratitude for God's generosity. Together, our gifts make possible this community of welcome, reconciliation and service. All worshipping in person are invited to place their offering in baskets as they are passed through through the rows.*

*Links to donate to Saint Mark's online are located on the livestream page. Visit [saintmarks.org/give](https://saintmarks.org/give), or use the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right), or visit this link on your mobile device: <https://venmo.com/saintmarkscathedralseattle>. If Venmo asks you for a four-digit code, enter **2076**.*



*You may also mail your gift to the cathedral: 1245 10th Ave. E, Seattle, WA 98102.*

## ANTHEM

*Hilariter*

WORDS: Friedrich vos Spee (1591-1635), tr. Percy Dearmer (1867-1936);  
MUSIC: Michael McCabe (b. 1941)

The whole bright world rejoices now,  
*hilariter, hilariter!* (“Hilariter” is Latin for “joyfully.”)  
The birds do sing on every bough,  
alleluia, alleluia!

Then shout beneath the racing skies,  
*hilariter, hilariter!*  
to him who rose that we might rise,  
alleluia, alleluia!

And all you living things make praise,  
*hilariter, hilariter!*  
He guideth you on all your ways,  
alleluia, alleluia!

To Father, Son, and Holy Ghost,  
*hilariter, hilariter!*  
our God most high, our joy and boast,  
Alleluia, alleluia!

*All stand, as able.*

**THE GREAT THANKSGIVING**

*The Scottish Episcopal Church, adapt.*

*Presider* The Lord be with you.

*Assembly* **And also with you.**

*Presider* Lift up your hearts.

*Assembly* **We lift them to God.**

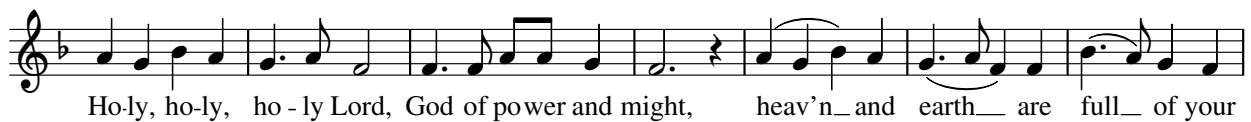
*Presider* Let us give thanks to the Lord our God.

*Assembly* **It is right to give God thanks and praise.**

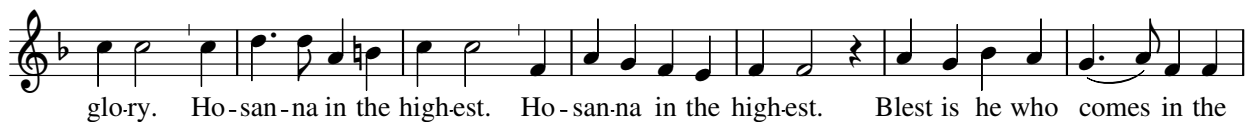
*Presider* Worship and praise belong to you, Author of all being. Your power sustains, your love restores our broken world. Christ, raised from the dead, proclaims the dawn of hope. He lives in us that we may walk in light. Your Spirit is fire in us, your breath is power to purge our sin and warm our hearts to love. As children of your redeeming purpose, freed by him who burst from the tomb and opened the gate of life, we offer you our praise, with angels and archangels and the whole company of heaven, singing the hymn of your unending glory,

**SANCTUS & BENEDICTUS** *A Community Mass*

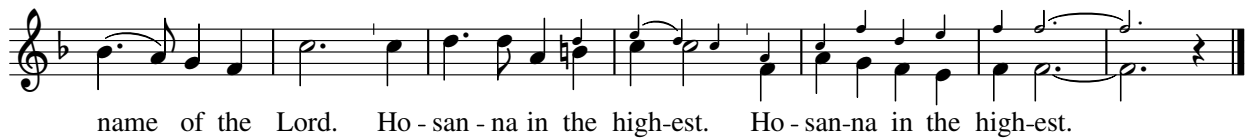
Richard Proulx (b. 1937)



Ho-ly, ho-ly, ho - ly Lord, God of power and might, heav'n\_ and earth\_ are full\_ of your



glo-ry. Ho-san-na in the highest. Ho-san-na in the highest. Blest is he who comes in the



name of the Lord. Ho-san-na in the high-est. Ho-san-na in the high-est.

*Presider* Praise and thanksgiving be to you, God of all:  
In the first light of Easter glory broke from the tomb and changed the women's sorrow into joy.  
From the Garden the mystery dawned that he whom they had loved and lost  
is with us now in every place for ever.  
Making himself known in the breaking of the bread,  
speaking peace to the fearful disciples,  
he renewed the promise of his presence  
and of new birth in the Spirit  
who sets the seal of freedom on your sons and daughters.

*Presider* Before he was given up to suffering and death,  
at supper with his disciples he took bread and offered you thanks.  
He broke the bread, and gave it to them, saying:  
“Take, eat. This is my Body: it is broken for you.”

After supper, he took the cup, he offered you thanks, and gave it to them saying:  
“Drink this, all of you. This is my Blood of the new covenant;  
it is poured out for you, and for all. Do this in remembrance of me.”

We now obey your Son’s command, saying together:

**All We recall his blessed passion and death,  
his glorious resurrection and ascension;  
and we look for the coming of his Kingdom.**

*Presider* Made one with him, we offer you these gifts and with them ourselves a holy living sacrifice.  
Hear us, most Holy One,  
and send your Holy Spirit upon us and upon this bread and this wine,  
that they may be the Body and Blood of your Son,  
and we may be kindled with the fire of your love and renewed for the service of your Reign.  
Help us, who are gathered into the fellowship of Christ’s Body  
to live and work to your praise and glory;  
may we grow together in unity and love until at last, in your new creation,  
we enter into our heritage in the company of Mary, Mark and all the apostles and prophets,  
and of all our brothers and sisters living and departed.

Through Jesus Christ, with whom, and in whom, in the unity of the Holy Spirit,  
all honor and glory be to you, God of all creation, world without end.

**All AMEN.**

## **THE LORD’S PRAYER**

Parker Palmer, adapt.

*Presider* Heavenly Father, heavenly Mother,

**All Holy and blessed is your name.  
We pray for your reign of peace to come,  
We pray that your will be done,  
On earth as it is in heaven.  
Give us this day the bread we need,  
Give it to those who have not enough.  
Let forgiveness flow between us.  
Deliver us from evil.  
For yours is the power and the glory and the mercy  
now and forever. Amen.**

*In silence, the Presider breaks the consecrated bread.*

**THE BREAKING OF THE BREAD** *This is the feast of victory for our God*

Richard Hillert (1923–2010)

*All sing the antiphon. The choir sings the verses, all repeating the antiphon as indicated.*

This is the feast of victory for our God. Al-le -  
lu - ia, al - le - lu - ia, al - le - lu - ia! lu - ia!

*Verse:* Worthy is Christ, the Lamb who was slain, whose blood set us free to be people of God. **ANTIPHON**

*Verse:* Power, riches, wisdom, and strength, and honor, blessing, and glory are his. **ANTIPHON**

#### **INVITATION TO COMMUNION**

*Presider* The Gifts of God for the People of God.

*All may be seated for the time of Communion. All seeking God are welcome at Christ's Table.*

*Please follow the directions of the Liturgical Ministers. Bread and wine are distributed at standing stations at the head of three aisles. The bread will be placed into your outstretched palm taking care not to touch your hand. If you prefer a gluten-free wafer, simply ask for one at the time of Communion. If you wish to receive a blessing instead, please cross your arms in front of your chest.*

*Intinction (dipping the bread in the wine) is not available at this time. If you do not wish to drink from the common cup, please cross your arms in front of your chest as you pass by the chalice. The full grace of the sacrament is received with only the bread.*

**ANTHEM** *Clare Benediction*

WORDS & MUSIC: John Rutter (b. 1945)

May the Lord show his mercy upon you;  
May the light of his presence be your guide:  
May he guard you and uphold you;  
May his spirit be ever by your side.

When you sleep, may his angels watch over you;  
When you wake, may he fill you with his grace:  
May you love him and serve him all your days,  
Then in heaven may you see his face.

*After singing the hymn, the assembly is invited to remain seated for a period of silence, contemplating the gifts of God given and received.*

*All stand, as able, when the Presider stands and returns to the altar.*

**SENDING OF EUCHARISTIC VISITORS**

*On some Sundays, ministers take Holy Communion to sick or housebound members of the community.*

*Presider* One body are we.

***All* For though many, we share one bread and one cup.**

*Deacon* Go in peace, bearing holy gifts for holy people.

**POSTCOMMUNION PRAYER**

*Prayers for an Inclusive Church, adapt.*

*Presider* Gracious God,

***All* we have broken the bread which is Christ's body;  
we have tasted the wine of his new life.**

**We thank you for these gifts  
by which we are made one in him  
and drawn into that new creation  
which is your will for all humanity;  
through Christ our Savior. Amen.**

**BLESSING** *The Presider asks God's blessing on the Assembly. All respond: Amen.*

**HYMN 432** *O praise ye the Lord!* (sts. 1, 2, & 4) ♦ *The Hymnal 1982*

TUNE: *Laudate Dominum*

**DISMISSAL** *The Deacon dismisses the Assembly.*  
*The Assembly responds: Thanks be to God. Alleluia, alleluia.*

**VOLUNTARY** *Heut triumphieret Gottes Sohn, BWV 630*  
“Today the Son of God triumphs,”

Bach

**PRESIDER**

The Reverend Canon Eliacín Rosario-Cruz

**PREACHER**

The Very Reverend Steven L. Thomason

**DEACON**

The Reverend Earl Grout

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