

THE HOLY EUCHARIST

THE SEVENTH SUNDAY OF EASTER:
THE SUNDAY AFTER ASCENSION DAY

May 21, 2023

8:00 AM



Saint Mark's Cathedral acknowledges that we gather on the traditional land of the first people of Seattle, the Duwamish People, who are still here, and we honor with gratitude the land itself and the life of all the Coast Salish tribes.

Welcome to Saint Mark's Cathedral. Wherever you are on your spiritual journey, you are welcome here!

If you are new to Saint Mark's and would like to learn more, please consider completing a newcomer form found in the pew rack, visit saintmarks.org/newcomers or simply contact one of the clergy. Grace and peace to you!

PRELUDE

Plein Jeu and Fugue sur la Trompette, from Mass for the Convents

François Couperin

LAND ACKNOWLEDGMENT

THE ENTRANCE RITE

All stand, as able.

HYMN 214 Hail the day that sees him rise (stanzas 1 & 2) ◆ The Hymnal 1982

TUNE: Llanfair

OPENING ACCLAMATION

The Book of Common Prayer, p. 355

Presider Alleluia. Christ is risen.

Assembly The Lord is risen indeed. Alleluia.

COLLECT FOR PURITY

Presider

ALMIGHTY GOD, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

All Amen.

GLORIA

Glory to God in the highest, and peace to his people on earth.

Lord God, heavenly King, almighty God and Father,

we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God,

you take away the sin of the world: have mercy on us;

you are seated at the right hand of the Father: receive our prayer.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High,

Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

COLLECT OF THE DAY Seventh Sunday of Easter: The Sunday after Ascension Day The Book of Common Prayer, p. 226

Presider The Lord be with you.

Assembly And also with you.

Presider Let us pray.

God, the King of glory, you have exalted your only Son Jesus Christ with great triumph to your kingdom in heaven: Do not leave us comfortless, but send us your Holy Spirit to strengthen us, and exalt us to that place where our Savior Christ has gone before; who lives and reigns with you and the Holy Spirit, one God, in glory everlasting.

All Amen.

Please be seated.

THE LITURGY OF THE WORD

READING

Acts 1:6-14

A THEN the apostles had come together, they asked Jesus, "Lord, is this the time when you will restore the kingdom to Israel?" He replied, "It is not for you to know the times or periods that the Father has set by his own authority. But you will receive power when the Holy Spirit has come upon you; and you will be my witnesses in Jerusalem, in all Judea and Samaria, and to the ends of the earth." When he had said this, as they were watching, he was lifted up, and a cloud took him out of their sight. While he was going and they were gazing up toward heaven, suddenly two men in white robes stood by them. They said, "Men of Galilee, why do you stand looking up toward heaven? This Jesus, who has been taken up from you into heaven, will come in the same way as you saw him go into heaven."

Then they returned to Jerusalem from the mount called Olivet, which is near Jerusalem, a sabbath day's journey away. When they had entered the city, they went to the room upstairs where they were staying, Peter, and John, and James, and Andrew, Philip and Thomas, Bartholomew and Matthew, James son of Alphaeus, and Simon the Zealot, and Judas son of James. All these were constantly devoting themselves to prayer, together with certain women, including Mary the mother of Jesus, as well as his brothers.

Reader Hear what the Spirit is saying to God's people.

Assembly Thanks be to God.

Psalm 68:1-10,33-36 ◆ *Exsurgat Deus* **PSALM**

The Book of Common Prayer, p. 676

Please join the lector in reading the Psalm aloud, starting after the first asterisk.

ET GOD arise, and let his enemies be scattered; * ∡let those who hate him flee before him.

Let them vanish like smoke when the wind drives it away; * as the wax melts at the fire, so let the wicked perish at the presence of God.

But let the righteous be glad and rejoice before God; * let them also be merry and joyful.

Sing to God, sing praises to his Name; exalt him who rides upon the heavens; * YAHWEH is his Name, rejoice before him!

Father of orphans, defender of widows, * God in his holy habitation!

God gives the solitary a home and brings forth prisoners into freedom; *

but the rebels shall live in dry places.

O God, when you went forth before your people, * when you marched through the wilderness,

The earth shook, and the skies poured down rain, at the presence of God, the God of Sinai, * at the presence of God, the God of Israel.

You sent a gracious rain, O God, upon your inheritance; * you refreshed the land when it was weary.

Your people found their home in it; * in your goodness, O God, you have made provision for the poor.

Sing to God, O kingdoms of the earth; * sing praises to the Lord.

He rides in the heavens, the ancient heavens; * he sends forth his voice, his mighty voice.

Ascribe power to God; * his majesty is over Israel; his strength is in the skies.

How wonderful is God in his holy places! * the God of Israel giving strength and power to his people! Blessed be God! •

READING 1 Peter 4:12-14;5:6-11

BELOVED, do not be surprised at the fiery ordeal that is taking place among you to test you, as though something strange were happening to you. But rejoice insofar as you are sharing Christ's sufferings, so that you may also be glad and shout for joy when his glory is revealed. If you are reviled for the name of Christ, you are blessed, because the spirit of glory, which is the Spirit of God, is resting on you.

Humble yourselves therefore under the mighty hand of God, so that he may exalt you in due time. Cast all your anxiety on him, because he cares for you. Discipline yourselves, keep alert. Like a roaring lion your adversary the devil prowls around, looking for someone to devour. Resist him, steadfast in your faith, for you know that your brothers and sisters in all the world are undergoing the same kinds of suffering. And after you have suffered for a little while, the God of all grace, who has called you to his eternal glory in Christ, will himself restore, support, strengthen, and establish you. To him be the power forever and ever. Amen.

Reader Hear what the Spirit is saying to God's people.

Assembly Thanks be to God.

All stand, as able.

THE HOLY GOSPEL John 14:15-21

Presider The Holy Gospel of our Lord Jesus Christ according to John.

Assembly Glory to you, Lord Christ.

JESUS SAID, "If you love me, you will keep my commandments. And I will ask the Father, and he will give you another Advocate, to be with you forever. This is the Spirit of truth, whom the world cannot receive, because it neither sees him nor knows him. You know him, because he abides with you, and he will be in you.

"I will not leave you orphaned; I am coming to you. In a little while the world will no longer see me, but you will see me; because I live, you also will live. On that day you will know that I am in my Father, and you in me, and I in you. They who have my commandments and keep them are those who love me; and those who love me will be loved by my Father, and I will love them and reveal myself to them."

Presider The Gospel of the Lord.

Assembly Praise to you, Lord Christ.

The Reverend Canon Britt Olson, Vicar, St. Luke's Episcopal Church, Seattle

HOMILY

THE NICENE CREED

We believe in one God, the Father, the Almighty, Maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary; and was made man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come.

Amen.

PRAYERS OF THE PEOPLE

After each petition:

Intercessor Risen Lord,

Assembly hear our prayer.

The Presider concludes the prayers with a collect. All respond: **Amen.**

THE PEACE

Presider The peace of the Lord be always with you.

Assembly And also with you.

All greet one another in the name of the Lord.

THE LITURGY OF THE TABLE

OFFERTORY

An offering of money is received. All worshipping in person are invited to place their offering in the plates as they are passed through through the rows.

For electronic giving options, visit saintmarks.org/give, or use the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right), or visit this link on your mobile device: https://venmo.com/saintmarkscathedralseattle. If Venmo asks you for a four-digit code, enter 2076.

All stand, as able.

THE GREAT THANKSGIVING Eucharistic Prayer B

The Book of Common Prayer, p. 367

Presider The Lord be with you. Assembly And also with you. Presider Lift up your hearts.

Assembly We lift them to the Lord.

Presider Let us give thanks to the Lord our God.

Assembly It is right to give God thanks and praise.

Presider It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father

Almighty, Creator of heaven and earth. But chiefly are we bound to praise you for the glorious resurrection of your Son Jesus Christ our Lord; for he is the true Paschal Lamb, who was sacrificed for us, and has taken away the sin of the world. By his death he has destroyed death, and by his rising to life again he has won for us everlasting life. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of

heaven, who for ever sing this hymn to proclaim the glory of your Name:

All Holy, holy, holy Lord, God of power and might,

heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is the one who comes in the name of the Lord.

Hosanna in the highest.

Presider We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

> On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After Supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

All We remember his death,

We proclaim his resurrection,

We await his coming in glory;

Presider And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Mary, Mark, and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

All AMEN.

THE LORD'S PRAYER

All Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.

THE BREAKING OF THE BREAD

Presider Alleluia. Christ our passover is sacrificed for us.

Assembly Therefore let us keep the feast. Alleluia.

INVITATION TO COMMUNION

Presider The Gifts of God for the People of God.

All seeking God are welcome at Christ's Table.

If you need communion brought to your seat, please let any of the liturgical ministers know. Rice wafers for those who do not eat wheat are available; simply ask for one at the time of communion.

- You are welcome to stand or kneel to receive communion.
- Hold out your hand to receive the bread and then eat. Guide the chalice of wine to your mouth and then drink.
- Intinction (dipping the bread in the wine) is not available at this time.
- To receive a blessing instead of the bread or wine, simply cross your arms over your chest.

All stand, as able.

PRAYER AFTER COMMUNION

The Book of Common Prayer, p. 365

Presider Eternal God.

All heavenly Father,

you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

BLESSING The Presider asks God's blessing on the Assembly. All respond: **Amen.**

HYMN 460 Alleluia! sing to Jesus (stanzas 1 & 2) ◆ The Hymnal 1982 TUNE: Hyfrydol

DISMISSAL

Preacher Let us go forth in the name of Christ. Alleluia. Alleluia.

Assembly Thanks be to God. Alleluia. Alleluia.

VOLUNTARY Caprice sur les Grands jeux

Louis-Nicolas Clérambault

MINISTERS OF THE LITURGY

PRESIDER

The Very Reverend Steven L. Thomason

PREACHER

The Reverend Canon Britt Olson, Vicar, St. Luke's Episcopal Church, Seattle

ASSISTING LAY MINISTER
Kerry Allman

LECTOR & INTERCESSOR
Kerry Allman

ORGANISTPaul Mitchell

SAINT MARK'S EPISCOPAL CATHEDRAL + SEATTLE, WASHINGTON

CATHEDRAL NEWSLETTER

More details can be found in the email newsletter. Scan the code, or visit: saintmarks.org/newsletter

May 21, 2023 • The Seventh Sunday of Easter—The Sunday after Ascension Day

ANNOUNCEMENTS

Guest Preacher and Forum: The Rev. Canon Britt Olson

SUNDAY, MAY 21. SERMON AT ALL MORNING SERVICES.

"FRIENDS TALKING" FORUM WITH DEAN THOMASON AT 10:10 A.M., BLOEDEL HALL

We are delighted to welcome The Rev. Canon Britt Olson, vicar of St. Luke's Episcopal Church in Ballard, as guest preacher Sunday, May 21 at all three morning services. She has guided the church replant and St. Luke's redevelopment project which will soon include church space, retail, and affordable housing spanning the entire city block. She is recognized as a leader in congregational development and parish systems, having served as Canon to the Ordinary and Canon for Evangelism and Congregational Development in two California dioceses, as well as serving parishes in Oregon, before coming to Seattle eight years ago.

Godly Play will be offered in the 10 a.m. hour this morning, in the classroom in the St Nicholas Bldg, 2nd floor, sharing *The Synagogue and the Upper Room*. This will be the final offering of Godly Play for the program year. It will resume in the fall. Contact Canon Barrie with questions: wbarrie@saintmarks.org

Organ by Night

TONIGHT, MAY 21, 10 P.M. (AFTER COMPLINE)

Christopher Stroh will offer this month's *Organ by Night* music following Compline this Sunday, May 21. He presently serves as Assistant Director of Music and Organist at St. James Cathedral. He will play works by Jehan Alain, Healey Willan, Mary Elizabeth Downey, and Jessica French. On every third Sunday of the month, organists offer 20 minutes of music on the mighty Flentrop organ, and encourage listeners to join them in the gallery to see and hear the organ and organist up close. They are also happy to answer questions about the music and the organ itself.

A Season for Gun Violence Prevention

Earlier this week Dean Thomason sent out a message to the community regarding the horrific epidemic of gun violence in our nation, and announcing that the cathedral will be participating in A Season for Gun Violence Prevention organized by Episcopal Peace Fellowship. All will be encouraged to participate in Wear Orange Weekend, June 2–4. Read the Dean's complete message and learn more at <u>saintmarks.org/community</u>

New Handrail for the Ambo

The Saint Mark's Habitat for Humanity crew frequently performs construction and repair projects both large and small in and around the cathedral buildings. Their most recent project was adding a second handrail for the ambo on the altar platform. ("Ambo" is the technical term for our combination lectern/pulpit.) For many years the stairs taken by readers, intercessors, and preachers has only had a handrail on the left side, but thanks to the efforts of John Selberg, Tom Kmitta, and Gordon Miller, there is now one on the right side as well—and it looks as if it's always been there. A huge thank you to the crew for their great work.

Saint Mark's Book Group Selection for May: The Faith Club

SUNDAY, MAY 21, 12:30-2 P.M., IN CATHEDRAL HOUSE ROOM 210 OR ONLINE VIA ZOOM.

Three women, a Muslim, a Jew, and a Christian begin a conversation. The genesis wasn't a worn out joke but the earnest desire to write a children's book to teach their own children tolerance in the wake of 9/11. They discovered they had a lot to learn themselves about differences and similarities of the Abrahamic faiths and about their own prejudices and, yes, even about their own faith. They began a series of conversations, each one keeping their own journal; *The Faith Club* (2006) by Ranya Idliby, Suzanne Oliver, and Priscilla Warner is the result of those meetings. *saintmarks.org/bookgroup*

UPCOMING EVENTS

Cathedral Yoga Cathedral Yoga will be offered as usual on **Monday, May 22**, at 6:30 p.m. Class will be taught by a substitute, as regular teacher Luna Miller is currently sick. Please pray for her speedy recovery!

The **Tuesday Noon Bible Study** group meets every Tuesday, 12 p.m., online via Zoom only. Contact Lynne Cobb for more information and to get the Zoom link to join online: bhs76er@comcast.net

Centering Prayer meets in the cathedral on Tuesdays at 7 p.m. for a period of silence followed by discussion. Learn more at: *saintmarks.org/centeringprayer*

CATHEDRAL COMMONS

Dr. Christena Cleveland & the Black Madonnas: Pilgrimage of a Womanist Theologian

PART 2: MAY 24, 6:45-8:15 P.M., IN PERSON IN BLOEDEL HALL AND ONLINE VIA ZOOM.

The Rev. Canon Carla Robinson will lead a discussion of the book *God Is a Black Woman* by Dr. Christena Cleveland, as seen through the lens of pilgrimage. The book itself came out of her journey to see the Black Madonnas of France. Dr. Cleveland will be visiting the cathedral the weekend of June 3, and in this sessions participants will continue to prepare for her visit to Saint Mark's. Learn more at: *saintmarks.org/commons*

Please note that this Wedensday night, May 24, will be **the final Wednesday Night Community Dinner before the summer hiatus**. It will resume in the fall.

20s/30s TGIF Meetup

FRIDAY, MAY 26, 8 A.M., AT SAINT BREAD, 1421 NE BOAT STREET, SEATTLE

Start the day with fellowship and reflection at Saint Bread, a bakery and community space on the Portage Bay waterfront near UW in Seattle. Questions? Email Emily: emcmeeks@gmail.com

Pentecost Polar Plunge!

SUNDAY, MAY 28, 7 A.M., MEET AT MADISON PARK BEACH

Let's gather for an early morning dip in Lake Washington that promises to wake up the senses and have us feeling fully alive and ready to celebrate Pentecost! We'll meet at the Bathhouse, at Madison Park Beach at 7 a.m., pray then plunge, then head over to Leffler House for a shared breakfast. We'll be dried-off and well-fed in plenty of time for the 9 a.m. liturgy! Dip in whatever you're happy getting wet (doesn't have to be a swimsuit) and bring a towel! Be in touch with Rev. Linzi if you have questions or would like to bring something to share for breakfast. saintmarks.org/community

Ride/Run/Roll at Seward Park on the Day of Pentecost

SUNDAY, MAY 28, 3-4:30 P.M., SEWARD PARK, LAKE WASHINGTON BLVD. S., SEATTLE

Calling all bikers, scooters, walkers, rollerbladers, runners, unicycles and so forth to join in a Pentecost Sunday Ride/Run/Roll around Seward Park in Southeast Seattle. We will meet on the lawn near the Seward Park Playground at 3 p.m. From there, we will head around the Seward Park 2-mile paved and flat loop. The day ends with the traditional **root beer floats**! All ages and generations are encouraged to join in. Families with children should plan to chaperone their own children around the loop as needed. The park is a popular place on Sunday afternoons so allow time for parking. Write to Canon Barrie with questions: wbarrie@saintmarks.org

The Annual **All-Choirs Banquet** will be held Friday, June 2, 6 p.m. in Bloedel Hall. Members of all of the cathedral's choirs and Choir School should have received an email invitation earlier this week. Don't forget to submit your registration form! If you did not receive an invitation and think you should have, contact Canon Kleinschmidt.

The next **Climate Conversation** will be offered via Zoom on **Thursday, June 8**, 6:30 p.m., on the topic of *Practical Ideas to Use Renewable Energy*. The conversation will address practical solutions for solar panels in homes, accessing community solar, installing heat pumps, driving EVs and more. There will be information about grants and rebates for renewable energy too. Find a link to more information, along with video and materials from previous conversations, at: *saintmarks.org/creation*

THE WISDOM SCHOOL AT SAINT MARK'S

Mothered by God: Divine Feminine and the Black Madonna

SATURDAY, JUNE 3, 9 A.M.-2:30 P.M., IN PERSON IN BLOEDEL HALL AND ONLINE VIA ZOOM The Divine is not limited to one gender or race, but for many people the dominant image of God they've experienced is that of a white male. Such a poverty of metaphor limits not only our understanding of the Holy One who overflows all human categories but also reinforces white supremacy and patriarchy. Join Dr. Christena Cleveland as she explores the Divine Feminine, especially in the context of her 400-mile walking pilgrimage across central France in search of ancient Black Madonna statues. Dr. Christena Cleveland is a social psychologist, public theologian, author, and activist. She is the author of Disunity in Christ: Uncovering the Hidden Forces that Keep Us Apart (2013), and God is a Black Woman (2022)...

Cost: \$65 (for both online and in-person participants). Scholarships available. Learn more and find a link to register at: *saintmarks.org/wisdom*

20S/30S GROUP

A Mobile Feast

SUNDAY, JUNE 11, 12:30-5 P.M.

Join other 20s/30s for an afternoon of festivity to celebrate the Feast Day of St. Barnabas. We'll begin at Saint Mark's on the labyrinth with a brief liturgy and then start our mobile feast with stops at several Capitol Hill restaurants for refreshment. At each stop, we'll learn more about the life of Barnabas—an early Christian who was one of the first to welcome Paul and accompanied him on his missionary journeys. Find more information and a link to register at: saintmarks.org/20s30s

QUEER IN CHRIST MINISTRY

Saint Mark's at Pride Night of the Seattle Mariners and Seattle Storm

MARINERS: TUESDAY, JUNE 13, 6:40 P.M., T-MOBILE PARK (OR MEET AT THE CATHEDRAL AT 5:15 P.M.)

STORM: THURSDAY, JUNE 22, 7 P.M., CLIMATE PLEDGE ARENA

Join Queer in Christ ministry group members and friends for the Mariner's Pride Night at T-Mobile Park on Tuesday, June 13! The game starts at 6:40 p.m., and those who wish to travel together are invited to meet at Saint Mark's at 5:15 to walk together to the Capitol Hill light rail station. Tickets cost \$19. For questions about the Mariners game, write to Rose Hazard at: pinuprose90@gmail.com

The following week, on Thursday, June 22, you are invited to join together at Seattle Storm's Pride Night at Climate Pledge Arena. For the Storm event, the ticket cost is contingent upon us getting a minimum of 20 reservations, and then each ticket will cost \$45. For questions about the Storm game, write to Michael Seewer at: mseewer@saintmarks.org

Deadline to reserve your tickets for either event is end of day on Sunday, June 4. You will be asked to pay for your ticket if you submit a reservation, even if you are not able to attend in the end. If you purchase a ticket and end up not being able to attend, you can gift your ticket to somebody else. Find links to regsiter at <u>saintmarks.org/queer</u>

Seattle Service Corps Celebration

TUESDAY, JUNE 20, 7-8:30 P.M., IN THE CATHEDRAL NAVE

You're invited! Please join Service Corps members past and present to celebrate the life of the Seattle Service Corps ministry at Saint Mark's. It will be an evening of memories, photographs, stories and gratitude. There will also be a short liturgy to commemorate the closing of the program. We will have desserts and beverages to share. All are welcome! Please RSVP to Luke Abdow using the form found here. Questions? Reach out to Luke at: labdow@saintmarks.org

OTHER ANNOUNCEMENTS

Saint Marks Farm Share Opportunity— Oxbow Farm Pickup at the Cathedral

Saint Mark's is excited to be offering Saturday pickups for Oxbow's Farm Share program. Oxbow Farm & Conservation Center is a nonprofit organization located on 240 acres of forest and farmland bordering the Snoqualmie River in Carnation, Washington. Invest in Oxbow's Farm Share (formally called a CSA) and they will bring fresh organic veggies from their farm in Carnation, Washington to be picked up at Saint Mark's on Saturdays between 10 a.m. and noon. (Pickup is also available on Mercer Island on Sundays.) Find the link for more information at: saintmarks.org/community

Organist Una Hwang will present a recital on the new organ of St. Dunstan's, Shoreline, **this afternoon** at 3 p.m. <u>www.sdchp.org</u>



SUNDAY SERVICES

* indicates livestreamed services

8 A.M.

The Holy Eucharist, Thomsen Chapel

9 A.M.

The Holy Eucharist, Cathedral Nave

11 A.M.

* The Holy Eucharist, Cathedral Nave

4:30 P.M. [first Sunday of the month only] *** Choral Evensong**, Cathedral Nave

7 P.M.

Contemplative Eucharist, Thomsen Chapel

9:30 P.M.

*** Compline**, Cathedral Nave also broadcast live on Classical KING-FM 98.1

WEEKDAY OFFERINGS

MONDAY-FRIDAY, 6 P.M.

Daily Evening Prayer online via Zoom only. <u>saintmarks.org/prayer</u>

MONDAY. 6:30 P.M.

Cathedral Yoga

in the cathedral nave: saintmarks.org/yoga

TUESDAY, 12 P.M.

Bible Study via Zoom: saintmarks.org/classes

TUESDAY, 7 P.M.

Centering Prayer in the cathedral nave (A * Taizé service replaces Centering Prayer on May 9, September 12, & November 7.)

THURSDAY, 7 A.M.

Holy Eucharist *in Thomsen Chapel*, 1st/3rd/5th Thursdays only

Morning Prayer *online via Zoom* 2nd/4th Thursdays. *saintmarks.org/prayer*

Weekday services are occasionally canceled due to holidays or conflicts. Check the cathedral events calendar at *saintmarks.org/calendar*

CATHEDRAL OFFICE HOURS

MONDAY-FRIDAY, 9 A.M.-4:30 P.M.
Main office number: 206.323.0300
General email: info@saintmarks.org

PASTORAL CARE

For urgent spiritual needs, the **24/7 Pastoral Care Hotline** is now available by calling the main cathedral office number, and then entering extension 100: **206.323.0300** ×100.

Clergy are also available for individual pastoral appointments. To schedule an appointment, please call the main office.

Wherever you are on your spiritual journey, you are welcome here.

NEWSLETTERS

A number of special email newsletters and announcements are sent out regularly by the cathedral, including those for Liturgical Ministries, 20s/30s Group, Mideast Focus, Creation Care, and more. You can sign up for each list individually. Find the link at: saintmarks.org/newsletter

SAINT MARK'S ONLINE

The cathedral website contains a great deal of information and resources, including archive videos of all livestreamed services, audio recordings and written transcripts of sermons, a calendar of events, a directory of cathedral ministries, and much more: *saintmarks.org*

The "Community Life" page on the website contains events, reports, personal reflections, and more: *saintmarks.org/community*

Please follow the cathedral on social media:

Facebook: SaintMarksSeattle Instagram: saintmarksseattle YouTube: @saintmarksseattle

NEWCOMERS

You are welcome to all aspects of the life of this cathedral! Please help us know how best to serve you by completing a Visitor Card



in the cathedral nave, or by using the form at <u>saintmarks.org/newcomers</u>. Contact the welcome team at: <u>newcomers@saintmarks.org</u>.

DONATIONS

You may make a donation to Saint Mark's at any time using the electronic giving page at saintmarks.org/give, or using the Venmo mobile app—scan the code, or search for @SaintMarksCathedralSeattle

PRAYER LIST

The complete cathedral prayer list, including recent and long-term prayer requests, as well as the Anglican, Diocesan, and Cathedral cycles of prayer, is posted each week at: saintmarks.org/prayer

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CATHEDRAL LEADERSHIP & STAFF The Very Per Staven L. Thomseon Dean & Peater

The Very Rev. Steven L. Thomason, Dean & Rector sthomason@saintmarks.org The Rev. Canon Jennifer King Daugherty, Canon for Engagement & Connection
The Rev. Canon Eliacín Rosario-Cruz, Cathedral Canon erosario@saintmarks.org The Rev. Linzi Stahlecker, Curate lstahlecker@saintmarks.org The Rev. Earl Grout, Deacon egrout@saintmarks.org The Rev. Emily Austin, Deacon eaustin@saintmarks.org
Canon Michael Kleinschmidt, Canon for Cathedral Music mkleinschmidt@saintmarks.org Dr. Jason Anderson, Compline Choir Director director@complinechoir.org Michael Seewer, Cathedral Sacristan & Head Verger mseewer@saintmarks.org John Stuntebeck, Associate Organist jstuntebeck@saintmarks.org Laura Loge, Music Series Coordinator lloge@saintmarks.org Jim Van Horn, Music Librarian jvanhorn@saintmarks.org Rebekah Gilmore, Associate Musician, Choir School Director & Interim Director of Youth Ministry . rgilmore@saintmarks.org
Canon Wendy Claire Barrie, Canon for Intergenerational Ministries

VESTRY

DEAN & RECTOR The Very Rev. Steven L. Thomason; BISHOP'S REPRESENTATIVE The Rev. Canon Arienne Davison; SENIOR WARDEN Scott Hulet; JUNIOR WARDENS Scott Kovacs, Greg Hamm, Chris Rigos; VESTRY MEMBERS Carmen Brady, Kathy Minsch, Wayne Duncan, Kristen Kelly, Justin Mills, Doug Thorpe, Peter Snyder, Alexandra Thompson; DIOCESAN VESTRY MEMBERS Katie Prettyman, Tina Blondino, Becky Kacel; CHANCELLOR Re Knack; CLERK Barbara Erickson; TREASURER Lynne Cobb