

THE HOLY EUCHARIST

THE THIRD SUNDAY AFTER PENTECOST:
PROPER 6A

June 18, 2023 ♦ 11:00 AM



SAINT MARK'S
EPISCOPAL CATHEDRAL
SEATTLE, WASHINGTON

LAND ACKNOWLEDGMENT & WELCOME

Saint Mark's Cathedral acknowledges that we gather on the traditional land of the first people of Seattle, the Duwamish People, who are still here, and we honor with gratitude the land itself and the life of all the Coast Salish tribes.

NEW TO SAINT MARK'S?

Welcome to Saint Mark's Cathedral. Wherever you are on your spiritual journey, and whether you are joining in the nave or via the livestream, you are welcome here! We invite you to complete a newcomer form, visit saintmarks.org/newcomers or connect with one of the clergy.

QUESTIONS?

Please ask. Ushers (wearing the purple welcome lanyards) can answer your questions or concerns, or provide a hearing assist device. All-gender restrooms are available in the northwest stairwell and on the 5th floor of Cathedral House, accessible by elevator or southwest stairwell.

A brief organ voluntary offered a few minutes before the hour bids all to keep silence for prayer and preparation.

PRELUDE Variations on *Nettleton*
(tune of Hymn 686, "Come, thou fount of every blessing")

Undine Smith Moore

LAND ACKNOWLEDGMENT

THE ENTRANCE RITE

All stand, as able.

HYMN 391 Before the Lord's eternal throne ♦ (see end of document)

TUNE: *Winchester New*

OPENING ACCLAMATION

Enriching Our Worship 1, p. 50

Presider Blessed be the one, holy, and living God.
Assembly **Glory to God for ever and ever.**

COLLECT FOR PURITY

Presider **A**LMIGHTY God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.
All **Amen.**

SONG OF PRAISE *Gloria in excelsis*

John Rutter (b. 1945)

One-in-a-bar; firmly *f*
Glo-ry to God in the high-est, ___ and peace to God's

mf
peo-ple on earth. ___ Lord God, heav'n-ly King, al-might - y God and Fa - ther, _

f
_ we wor-ship you, we give you thanks, we praise you for your glo-ry. ___

$\text{♩} = \text{♩}$ (same beat as before, not slower)

p

Lord Je-sus Christ, on-ly Son of the Fa-ther, Lord God, Lamb of God, you take a -
 way the sin of the world: have mer-cy on us; you are seat-ed at the right hand of the
 Fa-ther: re-ceive our prayer. For you a-lone are the Ho-ly One, you a -
 lone are the Lord, you a-lone are the Most High, Je-sus Christ, with the
 Ho-ly Spi-rit, in the glo-ry of God the Fa-ther. A - - men.

COLLECT OF THE DAY Proper 6

The Book of Common Prayer, p. 230

Presider God be with you.

Assembly **And also with you.**

Presider Let us pray.

KEEP, O Lord, your household the Church in your steadfast faith and love, that through your grace we may proclaim your truth with boldness, and minister your justice with compassion; for the sake of our Savior Jesus Christ, who lives and reigns with you and the Holy Spirit, one God, now and for ever.

All Amen.

THE LITURGY OF THE WORD

READING

Exodus 19:2-8a

THE ISRAELITES had journeyed from Rephidim, entered the wilderness of Sinai, and camped in the wilderness; Israel camped there in front of the mountain. Then Moses went up to God; the LORD called to him from the mountain, saying, "Thus you shall say to the house of Jacob, and tell the Israelites: You have seen what I did to the Egyptians, and how I bore you on eagles' wings and brought you to myself. Now therefore, if you obey my voice and keep my covenant, you shall be my treasured possession out of all the peoples. Indeed, the whole earth is mine, but you shall be for me a priestly kingdom and a holy nation. These are the words that you shall speak to the Israelites."

So Moses came, summoned the elders of the people, and set before them all these words that the LORD had commanded him. The people all answered as one: "Everything that the LORD has spoken we will do."

Reader Hear what the Spirit is saying to God's people.

Assembly **Thanks be to God.**

PSALM

Psalm 100 ♦ Jubilate Deo

Plainsong, Tone VIII.1

The Cantor introduces the Antiphon, all repeating it.

The Cantor chants the verses, all repeating the Antiphon as indicated.



Come be - fore God's pre - sence with a song.

BE JOYFUL in the LORD, all you lands; *
serve the LORD with gladness
and come before his presence with a song.

Know this: The LORD himself is God; *
he himself has made us, and we are his;
we are his people and the sheep of his pasture. **ANTIPHON**

Enter his gates with thanksgiving;
go into his courts with praise; *
give thanks to him and call upon his Name.

For the LORD is good;
his mercy is everlasting; *
and his faithfulness endures from age to age. **ANTIPHON**

READING*Romans 5:1–8*

SINCE we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God’s love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person—though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us.

Reader Hear what the Spirit is saying to God’s people.

Assembly **Thanks be to God.”**

HYMN 455

O love of God, how strong and true ♦ (see end of document)

TUNE: *Dunedin*

THE HOLY GOSPEL *Matthew 9:35–10:23*

Presider The Holy Gospel of our Lord Jesus Christ according to Matthew.

Assembly **Glory to you, Lord Christ.**

JESUS went about all the cities and villages, teaching in their synagogues, and proclaiming the good news of the kingdom, and curing every disease and every sickness. When he saw the crowds, he had compassion for them, because they were harassed and helpless, like sheep without a shepherd. Then he said to his disciples, “The harvest is plentiful, but the laborers are few; therefore ask the Lord of the harvest to send out laborers into his harvest.”

THEN Jesus summoned his twelve disciples and gave them authority over unclean spirits, to cast them out, and to cure every disease and every sickness. These are the names of the twelve apostles: first, Simon, also known as Peter, and his brother Andrew; James son of Zebedee, and his brother John; Philip and Bartholomew; Thomas and Matthew the tax collector; James son of Alphaeus, and Thaddaeus; Simon the Cananaean, and Judas Iscariot, the one who betrayed him.

These twelve Jesus sent out with the following instructions: “Go nowhere among the Gentiles, and enter no town of the Samaritans, but go rather to the lost sheep of the house of Israel. As you go, proclaim the good news, ‘The kingdom of heaven has come near.’ Cure the sick, raise the dead, cleanse the lepers, cast out demons. You received without payment; give without payment. Take no gold, or silver, or copper in your belts, no bag for your journey, or two tunics, or sandals, or a staff; for laborers deserve their food. Whatever town or village you enter, find out who in it is worthy, and stay there until you leave. As you enter the house, greet it. If the house is worthy, let your peace come upon it; but if it is not worthy, let your peace return to you. If anyone will not welcome you or listen to your words, shake off the dust from your feet as you leave that house or town. Truly I tell you, it will be more tolerable for the land of Sodom and Gomorrah on the day of judgment than for that town.

“See, I am sending you out like sheep into the midst of wolves; so be wise as serpents and innocent as doves. Beware of them, for they will hand you over to councils and flog you in their synagogues; and you will be dragged before governors and kings because of me, as a testimony to them and the Gentiles. When they hand you over, do not worry about how you are to speak or what you are to say; for what you are to say will be given to you at that time; for it is not you who speak, but the Spirit of your Father speaking through you. Brother will betray brother to death, and a father his child, and children will rise against parents and have them put to death; and you will be hated by all because of my name. But the one who endures to the end will be saved. When they persecute you in one town, flee to the next; for truly I tell you, you will not have gone through all the towns of Israel before the Son of Man comes.”

Presider The Gospel of the Lord.
Assembly Praise to you, Lord Christ.

HOMILY

Phillip Lienau

Following the homily, the assembly is invited into a period of silence, reflecting on the scriptures and sermon. Please stand, as able, when the Presider stands as the liturgy continues.

All stand, as able.

THE NICENE CREED

The Book of Common Prayer, p. 358

**We believe in one God,
the Father, the Almighty,
Maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary;
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

PRAYERS OF THE PEOPLE *After each petition:*

Intercessor We pray,
Assembly may we accept the call to be bearers of peace.

The Presider concludes the prayers with a collect. All respond: Amen.

CONFESSION & ABSOLUTION

Enriching Our Worship 1, p. 56

Deacon Let us confess our sins to God.
You are invited to stand or kneel for the confession.

Deacon God of all mercy,
**All we confess that we have sinned against you,
opposing your will in our lives.
We have denied your goodness in each other,
in ourselves, and in the world you have created.
We repent of the evil that enslaves us,
the evil we have done,
and the evil done on our behalf.
Forgive, restore, and strengthen us
through our Savior Jesus Christ,
that we may abide in your love
and serve only your will. Amen.**

The Presider pronounces God's forgiveness of our sins. All respond: Amen.

THE PEACE

Presider The peace of Christ be always with you.
Assembly And also with you.

All greet one another in the name of the Lord.

THE LITURGY OF THE TABLE

OFFERTORY

An offering of money is received. Everyone participating in Saint Mark's Cathedral's worship at this time in any way is invited to make an offering as an expression of gratitude for God's generosity. Together, our gifts make possible this community of welcome, reconciliation and service. All worshipping in person are invited to place their offering in baskets as they are passed through through the rows.

Links to donate to Saint Mark's online are located on the livestream page. Visit saintmarks.org/give, or use the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right), or visit this link on your mobile device: <https://venmo.com/saintmarks cathedralseattle>. If Venmo asks you for a four-digit code, enter 2076.



You may also mail your gift to the cathedral: 1245 10th Ave. E, Seattle, WA 98102.

VOLUNTARY *Song of Peace*

Jean Langlais

All stand, as able.

THE GREAT THANKSGIVING *Eucharistic Prayer 2*

Enriching Our Worship 1, p. 60

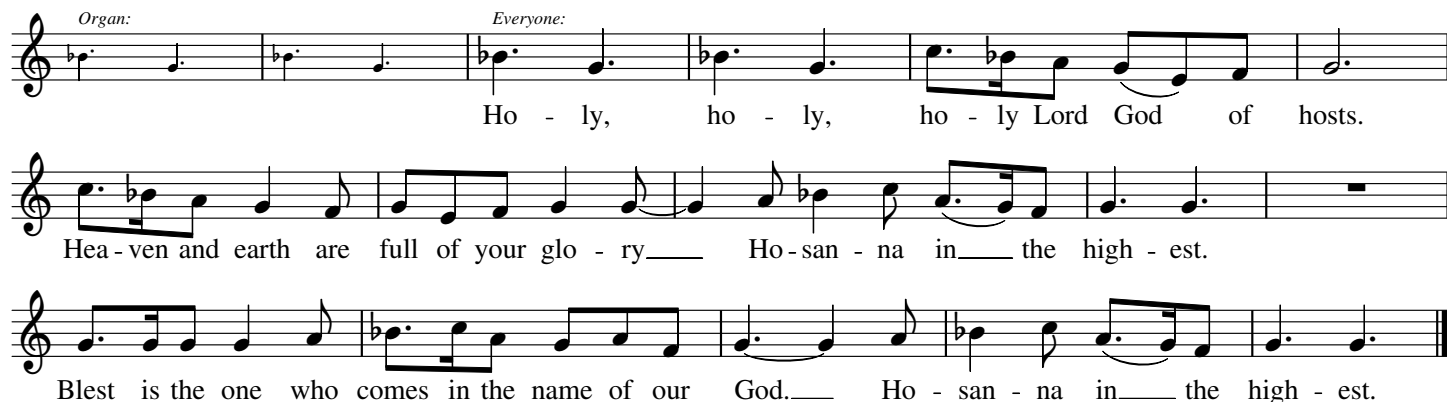
<i>Presider</i>	<i>Assembly</i>
<p style="text-align: center;">God be with you. And al-so with you.</p>	
<i>Presider</i>	<i>Assembly</i>
<p style="text-align: center;">Lift up your hearts. We lift them to the Lord.</p>	
<i>Presider</i>	<i>Assembly</i>
<p style="text-align: center;">Let us give thanks to the Lord our God. It is right to give God thanks and praise.</p>	

Presider We praise you and we bless you, holy and gracious God,
 source of life abundant.
 From before time you made ready the creation.
 Your Spirit moved over the deep
 and brought all things into being:
 sun, moon, and stars;
 earth, winds, and waters;
 and every living thing.
 You made us in your image,
 and taught us to walk in your ways.
 But we rebelled against you, and wandered far away;
 and yet, as a mother cares for her children,
 you would not forget us.
 Time and again you called us
 to live in the fullness of your love.

And so this day we join with Saints and Angels
 in the chorus of praise that rings through eternity,
 lifting our voices to magnify you as we sing:

SANCTUS & BENEDICTUS *Simple Missa Brevis*

Peter R. Hallock (1924–2014)



Organ: *Everyone:*
Ho - ly, ho - ly, ho - ly Lord God of hosts.
Hea - ven and earth are full of your glo - ry Ho - san - na in the high - est.
Blest is the one who comes in the name of our God. Ho - san - na in the high - est.

Presider Glory and honor and praise to you, holy and living God.
To deliver us from the power of sin and death
and to reveal the riches of your grace,
you looked with favor upon Mary, your willing servant,
that she might conceive and bear a son,
Jesus the holy child of God.
Living among us, Jesus loved us.
He broke bread with outcasts and sinners,
healed the sick, and proclaimed good news to the poor.
He yearned to draw all the world to himself
yet we were heedless of his call to walk in love.
Then, the time came for him to complete upon the cross
the sacrifice of his life,
and to be glorified by you.

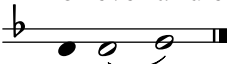
On the night before he died for us,
Jesus was at table with his friends.
He took bread, gave thanks to you,
broke it, and gave it to them, and said:

“Take, eat:
This is my Body, which is given for you.
Do this for the remembrance of me.”

As supper was ending, Jesus took the cup of wine.
Again, he gave thanks to you,
gave it to them, and said:

“Drink this, all of you:
This is my Blood of the new Covenant,
which is poured out for you and for all
for the forgiveness of sins.
Whenever you drink it,
do this for the remembrance of me.”

Now gathered at your table, O God of all creation,
and remembering Christ, crucified and risen,
who was and is and is to come,
we offer to you our gifts of bread and wine,
and ourselves, a living sacrifice.
Pour out your Spirit upon these gifts
that they may be the Body and Blood of Christ.
Breathe your Spirit over the whole earth
and make us your new creation,
the Body of Christ given for the world you have made.
In the fullness of time bring us,
with Mary, Mark, and all your saints,
from every tribe and language and people and nation,
to feast at the banquet prepared
from the foundation of the world.
Through Christ and with Christ and in Christ,
in the unity of the Holy Spirit,
to you be honor, glory, and praise,
for ever and ever.



All A - MEN.

THE LORD'S PRAYER

All **Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.**

In silence, the Presider breaks the consecrated bread.

THE BREAKING OF THE BREAD

Mode 6 melody; adapt. Mason Martens (b. 1933)

The cantor introduces the Antiphon, all repeat it.

The cantor chants the verses, all repeat the Antiphon as indicated.



Verse: The bread which we break, alleluia, is the communion of the body of Christ. **ANTIPHON**

Verse: One body are we, alleluia, for though many we share one bread. **ANTIPHON**

INVITATION TO COMMUNION

Presider The Gifts of God for the People of God.

All may be seated for the time of Communion. All seeking God are welcome at Christ's Table.

Please follow the directions of the Liturgical Ministers. Bread and wine are distributed at standing stations at the head of three aisles. The bread will be placed into your outstretched palm. If you prefer a gluten-free wafer, simply ask for one at the time of Communion. If you wish to receive a blessing instead, please cross your arms in front of your chest.

Intinction (dipping the bread in the wine) is not available at this time. If you do not wish to drink from the common cup, please cross your arms in front of your chest as you pass by the chalice. The full grace of the sacrament is received with only the bread.

VOLUNTARY Organ improvisation

HYMN 321 *My God, thy table now is spread* ♦ (see end of document)

TUNE: *Rockingham*

After singing the hymn, the assembly is invited to remain seated for a period of silence, contemplating the gifts of God given and received.

All stand, as able.

SENDING OF EUCHARISTIC VISITORS

Presider One body are we.

Assembly **For, though many, we share one bread and one cup.**

Deacon Go in peace, bearing holy gifts for holy people.

POSTCOMMUNION PRAYER

Enriching Our Worship 1, p. 69

Presider God of abundance,
**All you have fed us
with the bread of life and cup of salvation;
you have united us
with Christ and one another;
and you have made us one
with all your people in heaven and on earth.
Now send us forth
in the power of your Spirit,
that we may proclaim your redeeming love to the world
and continue for ever
in the risen life of Christ our Savior. Amen.**

BLESSING *The Presider asks God's blessing on the assembly. All respond: Amen.*

HYMN 539 *O Zion, haste, thy mission high fulfilling ♦ (see end of document)*

TUNE: *Tidings*

DISMISSAL

Deacon Let us go forth in the name of Christ.
Assembly **Thanks be to God.**

VOLUNTARY *Dialogue for the Mixtures*

Langlais

MINISTERS OF THE LITURGY

The Very Rev. Steven L. Thomason - Presider	Paul Tonnes - Verger
Phillip Lienau - Preacher	Nancy Cleminshaw - Verger
The Rev. Earl Grout - Deacon	Mary Frederick - Greeter
The Rev. Linzi Stahlecker - Assisting Priest	Rachel Baker - Greeter
The Rev. Edie Weller - Assisting Priest	Vinh Do - Usher
Jeremy Crawford - Assisting Lay Minister	Kathy Sodergren - Usher
Russ Campbell - Acolyte	Janet Miller - Usher
Kate Halamay - Acolyte	Nancy George - Oblation Bearer
Krista Olson - Acolyte	Carrie Kahler - Oblation Bearer
Hilary McLeland-Wieser - Acolyte	Greg Hamm - Land Acknowledgment
Ray Miller - Acolyte	Emily Meeks - Lector
Deborah Person - Chalice Bearer	Vinh Do - Lector
John Selberg - Chalice Bearer	Norva Osborn - Intercessor
Justin Shelley - Chalice Bearer	Michael Perera - Sound Board
Rose Hazard - Chalice Bearer	Chris Brown - Video
Erin Beary Andersen - Chalice Bearer	Carmen Brady - Cantor
James Davidson - Altar Guild	Canon Michael Kleinschmidt - Organist
Carrie Davis - Altar Guild	

1 Be - fore the Lord's e - ter - nal throne, ye
 2 His sov - ereign Power with - out our aid formed
 3 We are his peo - ple, we his care, our
 4 We'll crowd thy gates with thank - ful songs, high
 5 Wide as the world is thy com - mand, vast

1 na - tions, bow with sa - cred joy; know that the Lord is
 2 us of clay and gave us breath; and when like wan - dering
 3 souls, and all our mor - tal frame: what last - ing hon - ors
 4 as the heavens our voic - es raise; and earth, with her ten
 5 as e - ter - ni - ty thy love; firm as a rock thy

1 God a - lone; he can cre - ate, and he des - troy.
 2 sheep we strayed, he saved us from the power of death.
 3 shall we rear, al - might - y Ma - ker, to thy Name?
 4 thou - sand tongues, shall fill thy courts with sound - ing praise.
 5 truth must stand, when roll - ing years shall cease to move.

Words: Isaac Watts (1674-1748), alt.; para. of Psalm 100. Music: *Winchester New*, melody from *Musicalishes Hand-Buch*, 1690; harm. William Henry Monk (1823-1889).



1. O love of God, how strong and true, e - ter - nal and yet ev - er new;
2. O wide - em - brac - ing, won - drous Love, we read thee in the sky a - bove;
3. We read thee best in him who came to bear for us the cross of shame,
4. We read thy power to bless and save e'en in the dark - ness of the grave;



un - com - pre - hend - ed and un - bought, be - yond all know - ledge and all thought.
we read thee in the earth be - low, in seas that swell and streams that flow.
sent by the Fa - ther from on high, our life to live, our death to die.
still more in re - sur - rec - tion light we read the full - ness of thy might.

1 My God, thy ta - ble now is spread, thy cup with
 2 O let thy ta - ble hon - ored be, and fur - nished
 3 Drawn by thy quick - ening grace, O Lord, in coun - tless
 4 Nor let thy spread - ing Gos - pel rest till through the

love doth o - ver - flow; be all thy chil - dren
 well with joy - ful guests; and may each soul sal -
 num - bers let them come and gath - er from their
 world thy truth has run, till with this Bread shall

thith - er led, and let them thy sweet mer - cies know.
 va - tion see, that here its sa - cred pledg - es tastes.
 Fa - ther's board the Bread that lives be - yond the tomb.
 all be blessed who see the light or feel the sun.

Words: Sts. 1-3, Philip Doddridge (1702-1751), alt.; st. 4, Isaac Watts (1674-1748), alt. Music: *Rockingham*, melody from *Second Supplement to Psalmody in Miniature*, ca. 1780; adapt. Edward Miller (1731-1807); harm. Samuel Webbe (1740-1816)

O Zi - on, haste, thy mis - sion high ful - fill - ing,
 Pro - claim to ev - ery peo - ple, tongue, and na - tion
 Send her - alds forth to bear the mes - sage glo - rious;
 He comes a - gain! O Zi - on, ere thou meet him,

to tell to all the world that God is Light;
 that God, in whom they live and move, is Love:
 give of thy wealth to speed them on their way;
 make known to ev - ery heart his sav - ing grace;

that he who made all na - tions is not will - ing
 tell how he stooped to save his lost cre - a - tion,
 pour out thy soul for them in prayer vic - to - rious
 let none whom he hath ran - somed fail to greet him,

one soul should fail to know his love and might.
 and died on earth that all might live a - bove.
 till God shall bring his king - dom's joy - ful day.
 through thy ne - glect, un - fit to see his face.

Refrain

Pub - lish glad ti - dings: ti - dings of peace,

ti - dings of Je - sus, re - demp - tion and re - lease.

Words: Mary Ann Thomson (1834-1923), alt. Music: *Tidings*, James Walch (1837-1901)