

THE HOLY EUCHARIST

THE FOURTH SUNDAY AFTER PENTECOST: PROPER 7A

June 25, 2023 ♦ 11:00 AM



SAINT MARK'S
EPISCOPAL CATHEDRAL
SEATTLE, WASHINGTON

LAND ACKNOWLEDGMENT & WELCOME

Saint Mark's Cathedral acknowledges that we gather on the traditional land of the first people of Seattle, the Duwamish People, who are still here, and we honor with gratitude the land itself and the life of all the Coast Salish tribes.

NEW TO SAINT MARK'S?

Welcome to Saint Mark's Cathedral. Wherever you are on your spiritual journey, and whether you are joining in the nave or via the livestream, you are welcome here! We invite you to complete a newcomer form, visit saintmarks.org/newcomers or connect with one of the clergy.

QUESTIONS?

Please ask. Ushers (wearing the purple welcome lanyards) can answer your questions or concerns, or provide a hearing assist device. All-gender restrooms are available in the northwest stairwell and on the 5th floor of Cathedral House, accessible by elevator or southwest stairwell.

TODAY'S GUEST CHOIR

We welcome Choir of the Sound, one of Seattle's finest community choruses, and one of Saint Mark's Artist-in-Residence Ensembles. Founded in 1977, Choir of the Sound today focuses on community outreach, particularly on engaging the next generation of choral singers, and prior to the pandemic, gave out two yearly scholarships to local high school vocalists. The choir continues to grow and expand, cementing its reputation as one of the premier choral ensembles in the Puget Sound region. Jeremy Matheis is their conductor and artistic director (since 2011), Anjali Chudasama is the Associate Director (today's conductor) and Avery Groenmann is their collaborative pianist.

A brief organ voluntary offered a few minutes before the hour bids all to keep silence for prayer and preparation.

PRELUDE Movement 2 from *Organ Sonata No. 2*

Paul Hindemith (1895–1963)

LAND ACKNOWLEDGMENT

THE ENTRANCE RITE

All stand, as able.

HYMN 537 *Christ for the world we sing* ♦ *The Hymnal 1982*

TUNE: *Moscow*

OPENING ACCLAMATION

Enriching Our Worship 1, p. 50

Presider Blessed be the one, holy, and living God.
Assembly **Glory to God for ever and ever.**

COLLECT FOR PURITY

Presider **A**Lmighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.
All **Amen.**

SONG OF PRAISE *Gloria in excelsis*

John Rutter (b. 1945)

One-in-a-bar; firmly *f*
Glo-ry to God in the high-est, ___ and peace to God's

mf
peo-ple on earth. ___ Lord God, heav'n-ly King, al-might - y God and Fa - ther, _

f
- we wor-ship you, we give you thanks, we praise you for your glo-ry. ___

p $\text{♩} = \text{♩}$ (same beat as before, not slower)

Lord Je-sus Christ, on-ly Son of the Fa-ther,— Lord God, Lamb of God, you take a -
 way the sin of the world: have mer-cy on us;— you are seat-ed at the right hand of the
 Fa-ther:— re - ceive our prayer. For you a - lone are the Ho-ly One, you a -
 lone are the Lord,— you a - lone are the Most High, Je - sus Christ, with the
 Ho - ly Spi - rit,— in the glo-ry of God the Fa - ther. A - - men.—

COLLECT OF THE DAY *Proper 7*

The Book of Common Prayer, p. 230

Presider God be with you.
Assembly **And also with you.**
Presider Let us pray.

OLORD, make us have perpetual love and reverence for your holy Name, for you never fail to help and govern those whom you have set upon the sure foundation of your loving-kindness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

All Amen.

THE LITURGY OF THE WORD

READING

Jeremiah 20:7-13

OLORD, you have enticed me, and I was enticed; you have overpowered me, and you have prevailed. I have become a laughingstock all day long; everyone mocks me. For whenever I speak, I must cry out, I must shout, "Violence and destruction!" For the word of the LORD has become for me a reproach and derision all day long. If I say, "I will not mention him, or speak any more in his name," then within me there is something like a burning fire shut up in my bones; I am weary with holding it in, and I cannot. For I hear many whispering: "Terror is all around! Denounce him! Let us denounce him!" All my close friends are watching for me to stumble. "Perhaps he can be enticed, and we can prevail against him, and take our revenge on him." But the LORD is with me like a dread warrior; therefore my persecutors will stumble, and they will not prevail. They will be greatly shamed, for they will not succeed. Their eternal dishonor will never be forgotten. O LORD of hosts, you test the righteous, you see the heart and the mind; let me see your retribution upon them, for to you I have committed my cause. Sing to the Lord; praise the LORD! For he has delivered the life of the needy from the hands of evildoers.

Reader Hear what the Spirit is saying to God's people.

Assembly **Thanks be to God.**

PSALM

Psalm 69:8-11, 18-20 ♦ *Salvum me fac*

Plainsong, Tone III.4

The Cantor introduces the Antiphon, all repeating it.

The Cantor chants the verses, all repeating the Antiphon as indicated.



In your great mer-cy, O God, an-swer me with your un - fail - ing help.

SURELY, for your sake have I suffered reproach, *
and shame has covered my face.

I have become a stranger to my own kindred, *
an alien to my mother's children. **ANTIPHON**

Zeal for your house has eaten me up; *
the scorn of those who scorn you has fallen upon me.

I humbled myself with fasting, *
but that was turned to my reproach. **ANTIPHON**

Answer me, O LORD, for your love is kind; *
in your great compassion, turn to me.

"Hide not your face from your servant; *
be swift and answer me, for I am in distress.

Draw near to me and redeem me; *
because of my enemies deliver me. **ANTIPHON**

READING

Romans 6:1b-11

SHOULD we continue in sin in order that grace may abound? By no means! How can we who died to sin go on living in it? Do you not know that all of us who have

been baptized into Christ Jesus were baptized into his death? Therefore we have been buried with him by baptism into death, so that, just as Christ was raised from the dead by the glory of the Father, so we too might walk in newness of life.

For if we have been united with him in a death like his, we will certainly be united with him in a resurrection like his. We know that our old self was crucified with him so that the body of sin might be destroyed, and we might no longer be enslaved to sin. For whoever has died is freed from sin. But if we have died with Christ, we believe that we will also live with him. We know that Christ, being raised from the dead, will never die again; death no longer has dominion over him. The death he died, he died to sin, once for all; but the life he lives, he lives to God. So you also must consider yourselves dead to sin and alive to God in Christ Jesus.

Reader Hear what the Spirit is saying to God's people.

Assembly **Thanks be to God.**

HYMN 484 *Praise the Lord through every nation ♦ The Hymnal 1982*

TUNE: *Wachet auf*

THE HOLY GOSPEL *Matthew 10:24-39*

Deacon The Holy Gospel of our Lord Jesus Christ according to Matthew.

Assembly **Glory to you, Lord Christ.**

JESUS said to the twelve disciples, "A disciple is not above the teacher, nor a slave above the master; it is enough for the disciple to be like the teacher, and the slave like the master. If they have called the master of the house Beelzebul, how much more will they malign those of his household!

"So have no fear of them; for nothing is covered up that will not be uncovered, and nothing secret that will not become known. What I say to you in the dark, tell in the light; and what you hear whispered, proclaim from the housetops. Do not fear those who kill the body but cannot kill the soul; rather fear him who can destroy both soul and body in hell. Are not two sparrows sold for a penny? Yet not one of them will fall to the ground apart from your Father. And even the hairs of your head are all counted. So do not be afraid; you are of more value than many sparrows.

"Everyone therefore who acknowledges me before others, I also will acknowledge before my Father in heaven; but whoever denies me before others, I also will deny before my Father in heaven.

"Do not think that I have come to bring peace to the earth; I have not come to bring peace, but a sword.

For I have come to set a man against his father,
and a daughter against her mother,
and a daughter-in-law against her mother-in-law;
and one's foes will be members of one's own household.

Whoever loves father or mother more than me is not worthy of me; and whoever loves son or daughter more than me is not worthy of me; and whoever does not take up the cross and follow me is not worthy of me. Those who find their life will lose it, and those who lose their life for my sake will find it."

Deacon The Gospel of the Lord.

Assembly **Praise to you, Lord Christ.**

HOMILY

The Very Reverend Steven L. Thomason

*Following the homily, the assembly is invited into a period of silence, reflecting on the scriptures and sermon.
Please stand, as able, when the Presider stands as the liturgy continues.*

All stand, as able.

THE NICENE CREED

The Book of Common Prayer, p. 358

**We believe in one God,
the Father, the Almighty,
Maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary;
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

PRAYERS OF THE PEOPLE *After each petition:*

Intercessor Gracious God,
Assembly **hear our heartfelt prayers.**

The Presider concludes the prayers with a collect. All respond: Amen.

CONFESSION & ABSOLUTION

Enriching Our Worship 1, p. 56

Deacon Let us confess our sins to God.
You are invited to stand or kneel for the confession.

Deacon God of all mercy,
**All we confess that we have sinned against you,
opposing your will in our lives.
We have denied your goodness in each other,
in ourselves, and in the world you have created.
We repent of the evil that enslaves us,
the evil we have done,
and the evil done on our behalf.
Forgive, restore, and strengthen us
through our Savior Jesus Christ,
that we may abide in your love
and serve only your will. Amen.**

The Presider pronounces God's forgiveness of our sins. All respond: Amen.

THE PEACE

Presider The peace of Christ be always with you.
Assembly **And also with you.**

All greet one another in the name of the Lord.

THE LITURGY OF THE TABLE

OFFERTORY

An offering of money is received. Everyone participating in Saint Mark's Cathedral's worship at this time in any way is invited to make an offering as an expression of gratitude for God's generosity. Together, our gifts make possible this community of welcome, reconciliation and service. All worshipping in person are invited to place their offering in baskets as they are passed through through the rows.

*Links to donate to Saint Mark's online are located on the livestream page. Visit saintmarks.org/give, or use the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right), or visit this link on your mobile device: <https://venmo.com/saintmarkscathedralseattle>. If Venmo asks you for a four-digit code, enter **2076**.*

You may also mail your gift to the cathedral: 1245 10th Ave. E, Seattle, WA 98102.



SANCTUS & BENEDICTUS *Simple Missa Brevis*

Peter R. Hallock (1924–2014)

Organ: *Everyone:*
Ho - ly, ho - ly, ho - ly Lord God of hosts.
Hea - ven and earth are full of your glo - ry Ho - san - na in the high - est.
Blest is the one who comes in the name of our God. Ho - san - na in the high - est.

Presider Glory and honor and praise to you, holy and living God.
To deliver us from the power of sin and death
and to reveal the riches of your grace,
you looked with favor upon Mary, your willing servant,
that she might conceive and bear a son,
Jesus the holy child of God.
Living among us, Jesus loved us.
He broke bread with outcasts and sinners,
healed the sick, and proclaimed good news to the poor.
He yearned to draw all the world to himself
yet we were heedless of his call to walk in love.
Then, the time came for him to complete upon the cross
the sacrifice of his life,
and to be glorified by you.

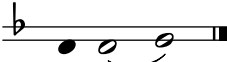
On the night before he died for us,
Jesus was at table with his friends.
He took bread, gave thanks to you,
broke it, and gave it to them, and said:

“Take, eat:
This is my Body, which is given for you.
Do this for the remembrance of me.”

As supper was ending, Jesus took the cup of wine.
Again, he gave thanks to you,
gave it to them, and said:

“Drink this, all of you:
This is my Blood of the new Covenant,
which is poured out for you and for all
for the forgiveness of sins.
Whenever you drink it,
do this for the remembrance of me.”

Now gathered at your table, O God of all creation,
and remembering Christ, crucified and risen,
who was and is and is to come,
we offer to you our gifts of bread and wine,
and ourselves, a living sacrifice.
Pour out your Spirit upon these gifts
that they may be the Body and Blood of Christ.
Breathe your Spirit over the whole earth
and make us your new creation,
the Body of Christ given for the world you have made.
In the fullness of time bring us,
with Mary, Mark, and all your saints,
from every tribe and language and people and nation,
to feast at the banquet prepared
from the foundation of the world.
Through Christ and with Christ and in Christ,
in the unity of the Holy Spirit,
to you be honor, glory, and praise,
for ever and ever.



All A - MEN.

THE LORD'S PRAYER

All **Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.**

In silence, the Presider breaks the consecrated bread.

THE BREAKING OF THE BREAD

Mode 6 melody; adapt. Mason Martens (b. 1933)

The cantor introduces the Antiphon, all repeat it.

The cantor chants the verses, all repeat the Antiphon as indicated.



Verse: The bread which we break, alleluia, is the communion of the body of Christ. **ANTIPHON**

Verse: One body are we, alleluia, for though many we share one bread. **ANTIPHON**

INVITATION TO COMMUNION

Presider The Gifts of God for the People of God.

All may be seated for the time of Communion. All seeking God are welcome at Christ's Table.

Please follow the directions of the Liturgical Ministers. Bread and wine are distributed at standing stations at the head of three aisles. The bread will be placed into your outstretched palm. If you prefer a gluten-free wafer, simply ask for one at the time of Communion. If you wish to receive a blessing instead, please cross your arms in front of your chest.

Intinction (dipping the bread in the wine) is not available at this time. If you do not wish to drink from the common cup, please cross your arms in front of your chest as you pass by the chalice. The full grace of the sacrament is received with only the bread.

VOLUNTARY Agnus Dei, from *Armed Man: A Mass for Peace*

Jenkins

*Agnus Dei qui tollis peccata mundi:
miserere nobis.*

Lamb of God, you take away the sin of the world,
have mercy on us.

*Agnus Dei qui tollis peccata mundi:
miserere nobis.*

Lamb of God, you take away the sin of the world,
have mercy on us.

*Agnus Dei qui tollis peccata mundi:
dona nobis pacem.*

Lamb of God, you take away the sin of the world,
grant us your peace.

HYMN 336 Come with us, O blessed Jesus ♦ *The Hymnal 1982*

TUNE: *Werde munter*

After singing the hymn, the assembly is invited to remain seated for a period of silence, contemplating the gifts of God given and received.

All stand, as able.

SENDING OF EUCHARISTIC VISITORS

Presider One body are we.

Assembly For, though many, we share one bread and one cup.

Deacon Go in peace, bearing holy gifts for holy people.

POSTCOMMUNION PRAYER

Enriching Our Worship 1, p. 69

Presider God of abundance,
**All you have fed us
with the bread of life and cup of salvation;
you have united us
with Christ and one another;
and you have made us one
with all your people in heaven and on earth.
Now send us forth
in the power of your Spirit,
that we may proclaim your redeeming love to the world
and continue for ever
in the risen life of Christ our Savior. Amen.**

BLESSING *The Presider asks God's blessing on the assembly. All respond: Amen.*

HYMN 530 *Spread, O spread, thou mighty word ♦ The Hymnal 1982* TUNE: *Gott sei Dank*

DISMISSAL

Deacon Let us go forth in the name of Christ.
Assembly **Thanks be to God.**

VOLUNTARY Movement 1 from *Organ Sonata No. 2* Hindemith

MINISTERS OF THE LITURGY

The Rev. Cn. Jennifer King Daugherty - Presider	Hisako Beasley - Greeter
The Very Rev. Steven L. Thomason - Preacher	Tony Deleganos - Greeter
The Rev. Linzi Stahlecker, The Rev. Cn. Dr. Marda Steedman Sanborn - Assisting Priests	Mary Frederick - Greeter
Peter Snyder - Assisting Lay Minister	Rebecca Haley - Usher
Carrie Davis - Acolyte	Chris Rigos - Usher
Rollin Salsbery - Acolyte	Jeff Sackett - Usher
Ray Miller - Acolyte	The Heath McCormick Family - Oblation Bearers
Kevin Johnson - Acolyte	Chris Rigos - Land Acknowledgment
Barbara Zito - Acolyte	Christine Szabadi - Lector
Erin Beary Andersen - Chalice Bearer	James Davidson - Lector
Shelley Mackaman - Chalice Bearer	Bob Carter - Intercessor
Deborah Person - Chalice Bearer	Michael Perera - Sound Board
Jenny Donner - Altar Guild	Chris Brown - Video
Ashley Hedeem - Altar Guild	Choir of the Sound, Anjali Chudasama, conducting
Kate Halamay - Verger	Amanda Davis - Cantor
Erik Donner - Verger	Canon Michael Kleinschmidt - Organist

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Christ for the world we sing

The Hymnal 1982, #537

1 Christ for the world we sing! The world to
2 Christ for the world we sing! The world to
3 Christ for the world we sing! The world to
4 Christ for the world we sing! The world to

Christ we bring with lov - ing zeal; the poor, and
Christ we bring with fer - vent prayer; the way - ward
Christ we bring with one ac - cord; with us the
Christ we bring with joy - ful song; the new - born

them that mourn, the faint and o - ver - borne,
and the lost, by rest - less pas - sions tossed,
work to share, with us re - proach to dare,
souls, whose days, re - claimed from er - ror's ways,

sin - sick and sor - row - worn, whom Christ doth heal.
re - deemed at count - less cost from dark de - spair.
with us the cross to bear, for Christ our Lord.
in - spired with hope and praise, to Christ be - long.

Words: Samuel Wolcott (1813-1886). Music: *Moscow*, melody Felice de Giardini (1716-1796); harm. *The New Hymnal*, 1916 based on *Hymns Ancient and Modern*, 1875, and Lowell Mason (1792-1892).

- 1 Christ for the world we sing!
The world to Christ we bring
with loving zeal;
the poor, and them that mourn,

Praise the Lord through every nation

The Hymnal 1982, #484

1 Praise the Lord through ev - ery na - tion; his ho - ly
2 Je - sus, Lord, our Cap - tain glo - rious, o'er sin, and

arm hath wrought sal - va - tion; ex - alt him on his
death, and hell vic - to - rious, wis - dom and might to

Fa - ther's throne. Praise your King, ye Chris - tian le -
thee be - long: we con - fess, pro - claim, a - dore

gions, who now pre - pares in heaven - ly re -
thee; we bow the knee, we fall be - fore

gions un - fail - ing man - sions for his own: with
thee; thy love hence - forth shall be our song. The

The musical score is written for two voices (Soprano and Alto) and a piano accompaniment. It consists of five systems of music. Each system has a vocal line (treble clef) and a piano line (bass clef). The lyrics are printed below the vocal line. The key signature is one sharp (F#), and the time signature is 4/4. The score includes various musical notations such as notes, rests, and accidentals.



voice and min - strel - sy ex - tol his ma - jes -
cross mean-while we bear, the crown ere-long to

ty: Al - le - lu - ia! His praise shall sound all
wear: Al - le - lu - ia! Thy reign ex - tend world

na - ture round, and hymns on ev - ery tongue a - bound.
with - out end; let praise from all to thee a - scend.

Words: Rhijnvis Feith (1753-1824); para. James Montgomery (1771-1854), alt. Music: *Wachet auf*, melody Hans Sachs (1494-1576); adapt. Philipp Nicolai (1556-1608); arr. and harm. Johann Sebastian Bach (1685-1750).

- 1 Praise the Lord through every nation;
his holy arm hath wrought salvation;
exalt him on his Father's throne.
Praise your King, ye Christian legions,
who now prepares in heavenly regions
unfailing mansions for his own:
with voice and minstrelsy
extol his majesty:
Alleluia!
His praise shall sound all nature round,
and hymns on every tongue abound.
- 2 Jesus, Lord, our Captain glorious,
o'er sin, and death, and hell victorious,
wisdom and might to thee belong:
we confess, proclaim, adore thee;
we bow the knee, we fall before thee;
thy love henceforth shall be our song.

1. Come with us, O bless - ed Je - sus, with us ev - er - more to be;
 2. Come with us, O might - y Sa - vior, God from God, and Light from Light;
 3. Come with us, O King of glo - ry, by an - gel - ic voic - es praised;

and though leav - ing now thine al - tar, let us nev - er - more leave thee.
 thou art God, thy glo - ry veil - ing, So that we may bear the sight.
 in our hearts as in thy hea - ven, be en - rap - tured an - thems raised.

Be thou one with us for ev - er, in our life thy love di - vine
 Now we go to seek and serve thee, through our work as through our prayer;
 Let the might - y cho - rus ev - er sing its glad ex - ul - tant songs;

our own flesh and blood has tak - en, and to us thou giv - est thine.
 grant us light to see and know thee, in thy peo - ple ev - ery - where.
 let its hymn be heard for ev - er— peace for which cre - a - tion longs.

Spread, O spread, thou mighty word

The Hymnal 1982, #530

The image shows a musical score for the hymn 'Spread, O spread, thou mighty word'. It consists of two systems of music. Each system has a vocal line (treble clef) and a piano accompaniment line (bass clef). The lyrics are printed below the vocal line. The first system contains the first four lines of the hymn, and the second system contains the last five lines. The music is in a common time signature and features a simple, hymn-like melody.

1 Spread, O spread, thou might - y word, spread the king - dom of the Lord,
2 word of how the Fa - ther's will made the world, and keeps it, still;
3 word of how the Sa - vior's love earth's sore bur - den doth re - move;
4 word of how the Spi - rit came bring - ing peace in Je - sus' name;
5 Word of life, most pure and strong, word for which the na - tions long,
1 that to earth's re - mot - est bound all may heed the joy - ful sound;
2 how his on - ly Son he gave, earth from sin and death to save;
3 how for - ev - er, in its need, through his death the world is freed;
4 how his nev - er - fail - ing love guides us on to heaven a - bove.
5 spread a - broad, un - til from night all the world a - wakes to light.

Words: Jonathan Friedrich Bahnmaier (1774-1841); tr. Arthur William Farlander (1898-1952) and Charles Winfred Douglas (1867-1944), alt. St. 4, F. Bland Tucker (1895-1984). Copyright © The Church Pension Fund. Music: *Gott sei Dank*, melody from *Geistreiches Gesangbuch*, 1704; adapt. and harm. William Henry Havergel (1793-1870).

- 1 Spread, O spread, thou mighty word,
spread the kingdom of the Lord,
that to earth's remotest bound
all may heed the joyful sound;
- 2 word of how the Father's will
made the world, and keeps it, still;
how his only Son he gave,
earth from sin and death to save;
- 3 word of how the Savior's love
earth's sore burden doth remove;
how forever, in its need,
through his death the world is freed;
- 4 word of how the Spirit came
bringing peace in Jesus' name;
how his never-failing love
guides us on to heaven above.