

# THE HOLY EUCHARIST

THE FIFTH SUNDAY AFTER PENTECOST:  
PROPER 8A

July 2, 2023 ♦ 9:00 AM



SAINT MARK'S  
EPISCOPAL CATHEDRAL  
SEATTLE, WASHINGTON

## LAND ACKNOWLEDGMENT & WELCOME

*Saint Mark's Cathedral acknowledges that we gather on the traditional land of the first people of Seattle, the Duwamish People, who are still here, and we honor with gratitude the land itself and the life of all the Coast Salish tribes.*

## NEW TO SAINT MARK'S?

*Welcome to Saint Mark's Cathedral. Wherever you are on your spiritual journey, you are welcome here! We invite you to complete a newcomer form, visit [saintmarks.org/newcomers](https://saintmarks.org/newcomers) or connect with one of the clergy.*

## QUESTIONS?

*Please ask. Ushers (wearing the purple welcome lanyards) can answer your questions or concerns, or provide a hearing assist device. All-gender restrooms are available in the northwest stairwell and on the 5th floor of Cathedral House, accessible by elevator or southwest stairwell.*

*A brief organ voluntary offered a few minutes before the hour bids all to keep silence for prayer and preparation.*

**PRELUDE**     *Toccata in G*

Heinrich Scheidemann

**LAND ACKNOWLEDGMENT**

## THE ENTRANCE RITE

*All stand, as able.*

**HYMN 518**     *Christ is made the sure foundation* (sts. 1 & 3) ♦ *The Hymnal 1982*

TUNE: *Westminster Abbey*

**OPENING ACCLAMATION**

*Enriching Our Worship 1, p. 50*

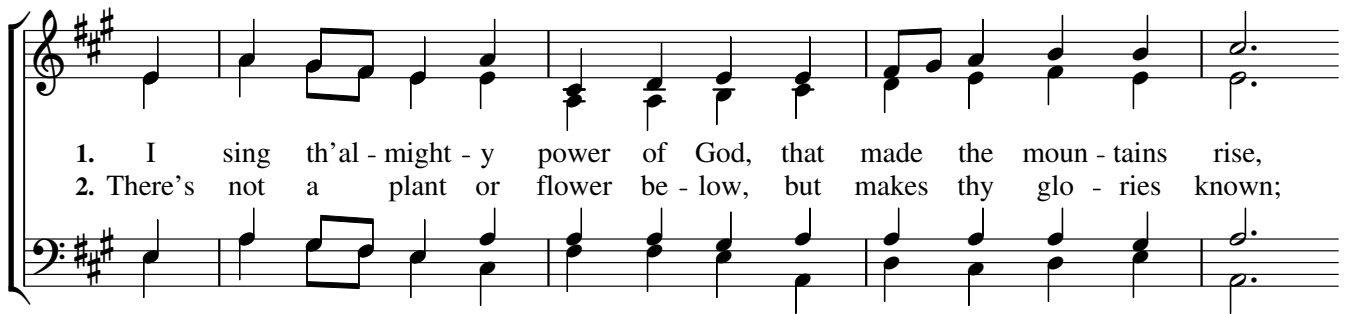
*Presider*    Blessed be the one, holy, and living God.

*Assembly*    **Glory to God for ever and ever.**

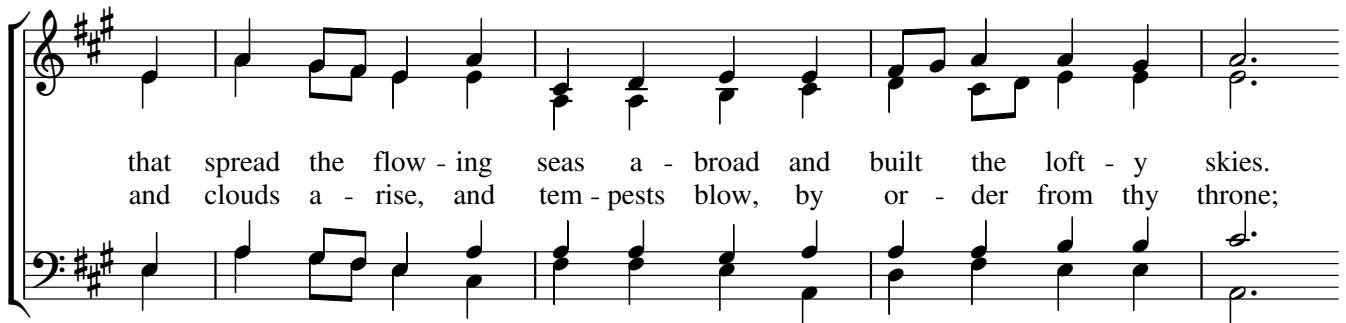
**COLLECT FOR PURITY**

*Presider*    **A**LMIGHTY God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

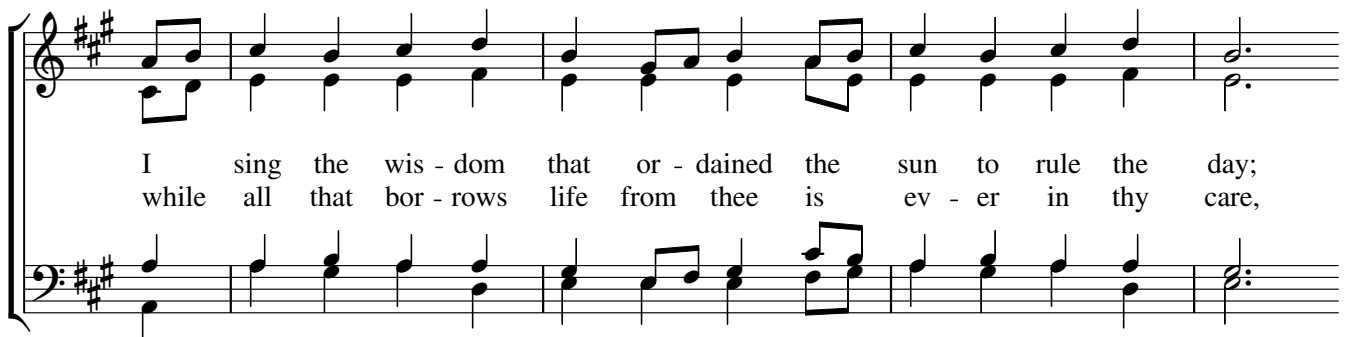
*All*    **Amen.**



1. I sing th'al-might-y power of God, that made the moun-tains rise,  
2. There's not a plant or flower be-low, but makes thy glo-ries known;



that spread the flow-ing seas a-broad and built the loft-y skies.  
and clouds a-rise, and tem-pests blow, by or-der from thy throne;



I sing the wis-dom that or-dained the sun to rule the day;  
while all that bor-rows life from thee is ev-er in thy care,



the moon shines full at God's com-mand, and all the stars o-bey.  
and ev-ery-where that I could be, thou, God, art pre-sent there.

**COLLECT OF THE DAY** *Proper 8**The Book of Common Prayer, p. 230**Presider* God be with you.*Assembly* **And also with you.***Presider* Let us pray.

**A**Lmighty God, you have built your Church upon the foundation of the apostles and prophets, Jesus Christ himself being the chief cornerstone: Grant us so to be joined together in unity of spirit by their teaching, that we may be made a holy temple acceptable to you; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

**All Amen.***Please be seated for the Liturgy of the Word.*

# THE LITURGY OF THE WORD

## READING *Jeremiah 28:5-9*

**T**HE prophet Jeremiah spoke to the prophet Hananiah in the presence of the priests and all the people who were standing in the house of the Lord; and the prophet Jeremiah said, "Amen! May the Lord do so; may the Lord fulfill the words that you have prophesied, and bring back to this place from Babylon the vessels of the house of the Lord, and all the exiles. But listen now to this word that I speak in your hearing and in the hearing of all the people. The prophets who preceded you and me from ancient times prophesied war, famine, and pestilence against many countries and great kingdoms. As for the prophet who prophesies peace, when the word of that prophet comes true, then it will be known that the Lord has truly sent the prophet."

*Reader* Hear what the Spirit is saying to God's people.  
*Assembly* **Thanks be to God.**

## PSALM *Psalm 89:1-4, 15-18* ♦ *Misericordias Domini*

Plainsong, Tone V.1

*The cantor introduces the Antiphon, all repeating it.*

*The cantor chants the verses, all repeating the Antiphon as indicated.*



Righteous-ness and just-tice, O God, are the foun-da-tions of your throne.

**Y**OUR love, O LORD, for ever will I sing; \*  
from age to age my mouth will proclaim your faithfulness.

For I am persuaded that your love is established for ever; \*  
you have set your faithfulness firmly in the heavens. **ANTIPHON**

"I have made a covenant with my chosen one; \*  
I have sworn an oath to David my servant:

'I will establish your line for ever, \*  
and preserve your throne for all generations.'" **ANTIPHON**

Happy are the people who know the festal shout! \*  
they walk, O LORD, in the light of your presence.

They rejoice daily in your Name; \*  
they are jubilant in your righteousness. **ANTIPHON**

For you are the glory of their strength, \*  
and by your favor our might is exalted.

Truly, the LORD is our ruler; \*  
the Holy One of Israel is our King. **ANTIPHON**

## READING *Romans 6:12-23*

**D**O NOT let sin exercise dominion in your mortal bodies, to make you obey their passions. No longer present your members to sin as instruments of wickedness, but present yourselves to God as those who have been brought from death to life, and present your members to God as instruments of righteousness. For sin will

have no dominion over you, since you are not under law but under grace.

What then? Should we sin because we are not under law but under grace? By no means! Do you not know that if you present yourselves to anyone as obedient slaves, you are slaves of the one whom you obey, either of sin, which leads to death, or of obedience, which leads to righteousness? But thanks be to God that you, having once been slaves of sin, have become obedient from the heart to the form of teaching to which you were entrusted, and that you, having been set free from sin, have become slaves of righteousness. I am speaking in human terms because of your natural limitations. For just as you once presented your members as slaves to impurity and to greater and greater iniquity, so now present your members as slaves to righteousness for sanctification.

When you were slaves of sin, you were free in regard to righteousness. So what advantage did you then get from the things of which you now are ashamed? The end of those things is death. But now that you have been freed from sin and enslaved to God, the advantage you get is sanctification. The end is eternal life. For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.

*Reader* Hear what the Spirit is saying to God's people.

*Assembly* **Thanks be to God.**

#### GOSPEL ACCLAMATION

*The cantor introduces the Alleluias, all repeat them. The cantor chants the verse and all repeat the Alleluias.*



*Verse:* Whoever welcomes you welcomes me,  
and whoever welcomes me welcomes the one who sent me.

#### THE HOLY GOSPEL *Matthew 10:40-42*

*Deacon* The Holy Gospel of our Lord Jesus Christ according to Matthew.

*Assembly* **Glory to you, Lord Christ.**

**J**ESUS said, "Whoever welcomes you welcomes me, and whoever welcomes me welcomes the one who sent me. Whoever welcomes a prophet in the name of a prophet will receive a prophet's reward; and whoever welcomes a righteous person in the name of a righteous person will receive the reward of the righteous; and whoever gives even a cup of cold water to one of these little ones in the name of a disciple—truly I tell you, none of these will lose their reward."

*Deacon* The Gospel of the Lord.

*Assembly* **Praise to you, Lord Christ.**

#### HOMILY

The Reverend Canon Jennifer King Daugherty

*Following the homily, the assembly is invited into a period of silence, reflecting on the scriptures and sermon.*

*Please stand, as able, when the Presider stands as the liturgy continues.*

## THE NICENE CREED

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate of the Holy Spirit and the Virgin Mary and became truly human. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in

*Authorized for use by the 1997 General Convention*

accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father, who with the Father and the Son is worshiped and glorified, who has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

## PRAYERS OF THE PEOPLE

*After each petition:*

*Intercessor* God, in your mercy,  
*Assembly* hear our prayer.

*The Presider concludes the prayers with a collect. All respond: Amen.*

## CONFESSION & ABSOLUTION

*Enriching Our Worship 1, p. 56*

*Deacon* Let us confess our sins to God.

*You are invited to stand or kneel for the confession.*

*Deacon* God of all mercy,

**All** we confess that we have sinned against you,  
opposing your will in our lives.  
We have denied your goodness in each other,  
in ourselves, and in the world you have created.  
We repent of the evil that enslaves us,  
the evil we have done,  
and the evil done on our behalf.  
Forgive, restore, and strengthen us  
through our Savior Jesus Christ,  
that we may abide in your love  
and serve only your will. Amen.

*The Presider pronounces God's forgiveness of our sins. All respond: Amen.*

## THE PEACE

*Presider* The peace of Christ be always with you.  
*Assembly* And also with you.

*All greet one another in the name of the Lord.*

## BIRTHDAY & ANNIVERSARY BLESSINGS

*Those celebrating birthdays and anniversaries this month are invited to come forward to receive a blessing. The Assembly stands as able and joins the Presider in saying the prayers.*

*Birthdays:*

**Watch over your children, O Lord, as their days increase; bless and guide them wherever they may be. Strengthen them when they stand; comfort them when discouraged or sorrowful; raise them up if they fall; and in their hearts may your peace, which passes understanding, abide all the days of their lives; through Jesus Christ our Savior. Amen.**

*Anniversaries:*

**Loving God, in the mystery of the Holy Trinity, you reveal yourself as a community of self-giving love. We thank you for bringing us together into families. Bless we pray these couples who celebrate the anniversaries of their commitments to one another, and grant that they may grow in grace, fidelity and mutual affection all the days of their lives, through Jesus Christ our Savior. Amen.**

# THE LITURGY OF THE TABLE

## OFFERTORY

*An offering of money is received. Everyone participating in Saint Mark's Cathedral's worship at this time in any way is invited to make an offering as an expression of gratitude for God's generosity. Together, our gifts make possible this community of welcome, reconciliation and service. All worshipping in person are invited to place their offering in baskets as they are passed through through the rows.*

*Links to donate to Saint Mark's online are located on the livestream page. Visit [saintmarks.org/give](https://saintmarks.org/give), or use the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right), or visit this link on your mobile device: <https://venmo.com/saintmarkscathedralseattle>. If Venmo asks you for a four-digit code, enter **2076**.*

*You may also mail your gift to the cathedral: 1245 10th Ave. E, Seattle, WA 98102.*



**VOLUNTARY** *Organ improvisation*

*All stand, as able.*

**THE GREAT THANKSGIVING** *Eucharistic Prayer 2*

*Enriching Our Worship 1, p. 60*

*Presider* God be with you.

**Assembly** **And also with you.**

*Presider* Lift up your hearts.

**Assembly** **We lift them to the Lord.**

*Presider* Let us give thanks to the Lord our God.

**Assembly** **It is right to give God thanks and praise.**

*Presider* We praise you and we bless you, holy and gracious God,  
 source of life abundant.  
 From before time you made ready the creation.  
 Your Spirit moved over the deep  
 and brought all things into being:  
 sun, moon, and stars;  
 earth, winds, and waters;  
 and every living thing.  
 You made us in your image,  
 and taught us to walk in your ways.  
 But we rebelled against you, and wandered far away;  
 and yet, as a mother cares for her children,  
 you would not forget us.  
 Time and again you called us  
 to live in the fullness of your love.

And so this day we join with Saints and Angels  
 in the chorus of praise that rings through eternity,  
 lifting our voices to magnify you as we sing:

**SANCTUS & BENEDICTUS** *Simple Missa Brevis*

Peter R. Hallock (1924–2014)

*Organ:* *Everyone:*  
 Ho - ly, ho - ly, ho - ly Lord God of hosts.  
 Hea - ven and earth are full of your glo - ry\_\_\_ Ho - san - na in\_\_\_ the high - est.  
 Blest is the one who comes in the name of our God.\_\_\_ Ho - san - na in\_\_\_ the high - est.

*Presider* Glory and honor and praise to you, holy and living God.  
 To deliver us from the power of sin and death  
 and to reveal the riches of your grace,  
 you looked with favor upon Mary, your willing servant,  
 that she might conceive and bear a son,  
 Jesus the holy child of God.  
 Living among us, Jesus loved us.  
 He broke bread with outcasts and sinners,  
 healed the sick, and proclaimed good news to the poor.  
 He yearned to draw all the world to himself  
 yet we were heedless of his call to walk in love.  
 Then, the time came for him to complete upon the cross  
 the sacrifice of his life,  
 and to be glorified by you.

On the night before he died for us,  
 Jesus was at table with his friends.  
 He took bread, gave thanks to you,  
 broke it, and gave it to them, and said:



“Take, eat:

This is my Body, which is given for you.

Do this for the remembrance of me.”

As supper was ending, Jesus took the cup of wine.

Again, he gave thanks to you,

gave it to them, and said:

“Drink this, all of you:

This is my Blood of the new Covenant,

which is poured out for you and for all

for the forgiveness of sins.

Whenever you drink it,

do this for the remembrance of me.”

Now gathered at your table, O God of all creation,

and remembering Christ, crucified and risen,

who was and is and is to come,

we offer to you our gifts of bread and wine,

and ourselves, a living sacrifice.

Pour out your Spirit upon these gifts

that they may be the Body and Blood of Christ.

Breathe your Spirit over the whole earth

and make us your new creation,

the Body of Christ given for the world you have made.

In the fullness of time bring us,

with Mary, Mark, and all your saints,

from every tribe and language and people and nation,

to feast at the banquet prepared

from the foundation of the world.

Through Christ and with Christ and in Christ,

in the unity of the Holy Spirit,

to you be honor, glory, and praise,

for ever and ever.

*All* AMEN.

#### **THE LORD’S PRAYER**

*All* **Our Father in heaven,**

**hallowed be your Name,**

**your kingdom come,**

**your will be done,**

**on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins**

**as we forgive those**

**who sin against us.**

**Save us from the time of trial,**

**and deliver us from evil.**

**For the kingdom, the power,**

**and the glory are yours,**

**now and for ever. Amen.**

*In silence, the Presider breaks the consecrated bread.*

## THE BREAKING OF THE BREAD

Mode 6 melody; adapt. Mason Martens (b. 1933)

*The cantor introduces the Antiphon, all repeat it.*

*The cantor chants the verses, all repeat the Antiphon as indicated.*



*Verse:* The bread which we break, alleluia, is the communion of the body of Christ. **ANTIPHON**

*Verse:* One body are we, alleluia, for though many we share one bread. **ANTIPHON**

## INVITATION TO COMMUNION

*Presider* The Gifts of God for the People of God.

*All may be seated for the time of Communion. All seeking God are welcome at Christ's Table.*

*Please follow the directions of the Liturgical Ministers. Bread and wine are distributed at standing stations at the head of three aisles. The bread will be placed into your outstretched palm. If you prefer a gluten-free wafer, simply ask for one at the time of Communion. If you wish to receive a blessing instead, please cross your arms in front of your chest.*

*Intinction (dipping the bread in the wine) is not available at this time. If you do not wish to drink from the common cup, please cross your arms in front of your chest as you pass by the chalice. The full grace of the sacrament is received with only the bread.*

**VOLUNTARY** Organ improvisation

**HYMN 609** Where cross the crowded ways of life ♦ *The Hymnal* 1982

TUNE: *Gardiner*

*After singing the hymn, the assembly is invited to remain seated for a period of silence, contemplating the gifts of God given and received.*

*All stand, as able.*

## SENDING OF EUCHARISTIC VISITORS

*Presider* One body are we.

**Assembly** For, though many, we share one bread and one cup.

*Deacon* Go in peace, bearing holy gifts for holy people.

## POSTCOMMUNION PRAYER

*Enriching Our Worship* 1, p. 69

*Presider* God of abundance,

**All** you have fed us

**with the bread of life and cup of salvation;**

**you have united us**

**with Christ and one another;**

**and you have made us one**

**with all your people in heaven and on earth.**

**Now send us forth in the power of your Spirit,**

**that we may proclaim your redeeming love to the world**

**and continue for ever**

**in the risen life of Christ our Savior. Amen.**

**BLESSING**     *The Presider asks God's blessing on the assembly. All respond: Amen.*

**HYMN**     *We all are one in mission (sts. 1, 2, & 4)*

TUNE: *Aurelia*

1. We all are one in mis - sion, we all are one in call,  
2. We all are called for ser - vice to wit - ness in God's name.  
4. Now let us be u - nit - ed and let our song be heard.

our var - ied gifts u - nit - ed by Christ, the Lord of all.  
Our min - is - tries are dif - f'rent, our pur - pose is the same:  
Now let us be a ves - sel for God's re - deem - ing Word.

A sin - gle, great com - mis - sion com - pels us from a - bove  
to touch the lives of oth - ers by God's sur - pris - ing grace,  
We all are one in mis - sion, we all are one in call,

to plan and work to - geth - er that all may know Christ's love.  
so peo - ple of all na - tions may feel God's warm em - brace.  
our var - ed gifts u - nit - ed by Christ, the Lord of all.

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MUSIC: *The Hymnal* 1982 #525, Samuel Sebastian Wesley. Public Domain.

**DISMISSAL**

*Deacon* Let us go forth in the name of Christ.  
*Assembly* **Thanks be to God.**

**VOLUNTARY** Toccata (Juba) from *Suite No. 1 for Organ*

Florence Price



## MINISTERS OF THE LITURGY

The Rev. Cn. Eliacín Rosario-Cruz - Presider  
The Rev. Cn. Jennifer King Daugherty - Preacher  
The Rev. Linzi Stahlecker; The Very Rev. Steven L.  
Thomason - Assisting Priests  
Rachel Crosbie - Assisting Lay Minister  
TBD - Acolyte  
Maris Olsen - Chalice Bearer  
TBD - Chalice Bearer  
Steve Quinn - Greeter

Rick Wyckoff - Usher  
Liz Shea - Usher  
Loy Dahl - Oblation Bearer  
Michael Dahl - Oblation Bearer  
Kristen Kelly - Land Acknowledgment  
Norm Harris - Lector & Intercessor  
Tovi Harris - Lector  
Michael Perera - Sound Board  
Nick Chrisman - Cantor  
Canon Michael Kleinschmidt - Organist