

THE HOLY EUCHARIST

THE SIXTH SUNDAY AFTER PENTECOST:
PROPER 9A

July 9, 2023 ♦ 11:00 AM



SAINT MARK'S
EPISCOPAL CATHEDRAL
SEATTLE, WASHINGTON

LAND ACKNOWLEDGMENT & WELCOME

Saint Mark's Cathedral acknowledges that we gather on the traditional land of the first people of Seattle, the Duwamish People, who are still here, and we honor with gratitude the land itself and the life of all the Coast Salish tribes.

NEW TO SAINT MARK'S?

Welcome to Saint Mark's Cathedral. Wherever you are on your spiritual journey, and whether you are joining in the nave or via the livestream, you are welcome here! We invite you to complete a newcomer form, visit saintmarks.org/newcomers or connect with one of the clergy.

QUESTIONS?

Please ask. Ushers (wearing the purple welcome lanyards) can answer your questions or concerns, or provide a hearing assist device. All-gender restrooms are available in the northwest stairwell and on the 5th floor of Cathedral House, accessible by elevator or southwest stairwell.

A brief organ voluntary offered a few minutes before the hour bids all to keep silence for prayer and preparation.

PRELUDE Prelude in G, BWV 541a

J. S. Bach

LAND ACKNOWLEDGMENT

THE ENTRANCE RITE

All stand, as able.

HYMN 657 Love divine, all loves excelling ♦ The Hymnal 1982

TUNE: Hyfrydol

OPENING ACCLAMATION

Enriching Our Worship 1, p. 50

Presider Blessed be the one, holy, and living God.
Assembly **Glory to God for ever and ever.**

COLLECT FOR PURITY

Presider **A**Lmighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.
All **Amen.**

SONG OF PRAISE Gloria in excelsis

John Rutter (b. 1945)

One-in-a-bar; firmly *f*
Glo-ry to God in the high-est, and peace to God's

mf
peo-ple on earth. Lord God, heav'n-ly King, al-might-y God and Fa-ther,

f
- we wor-ship you, we give you thanks, we praise you for your glo-ry.

p $\text{♩} = \text{♩}$ (same beat as before, not slower)

Lord Je-sus Christ, on-ly Son of the Fa-ther, Lord God, Lamb of God, you take a -
 way the sin of the world: have mer-cy on us; you are seat-ed at the right hand of the
 Fa-ther: re - ceive our prayer. For you a - lone are the Ho-ly One, you a -
 lone are the Lord, you a - lone are the Most High, Je - sus Christ, with the
 Ho - ly Spi - rit, in the glo-ry of God the Fa - ther. A - - men.

COLLECT OF THE DAY *Proper 9*

The Book of Common Prayer, p. 230

Presider God be with you.

Assembly **And also with you.**

Presider Let us pray.

O GOD, you have taught us to keep all your commandments by loving you and our neighbor: Grant us the grace of your Holy Spirit, that we may be devoted to you with our whole heart, and united to one another with pure affection; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

All Amen.

Please be seated for the Liturgy of the Word.

THE LITURGY OF THE WORD

READING

Zechariah 9:9-12

REJOICE greatly, O daughter Zion!
Shout aloud, O daughter Jerusalem!

Lo, your king comes to you;
triumphant and victorious is he,

humble and riding on a donkey,
on a colt, the foal of a donkey.

He will cut off the chariot from Ephraim
and the war horse from Jerusalem;

and the battle bow shall be cut off,
and he shall command peace to the nations;

his dominion shall be from sea to sea,
and from the River to the ends of the earth.

As for you also, because of the blood of my covenant with you,
I will set your prisoners free from the waterless pit.

Return to your stronghold, O prisoners of hope;
today I declare that I will restore to you double.

Reader Hear what the Spirit is saying to God's people.

Assembly **Thanks be to God.**

PSALM

Psalm 145:8-15 (Saint Helena Psalter) ♦ Exaltabo te, Deus

Plainsong, Tone VIII.2

The cantor introduces the Antiphon, all repeating it.

The cantor chants the verses, all repeating the Antiphon as indicated.



Yours, O God, is an ev - er - last - ing reign.

YOU are gracious and full of compassion, *
slow to anger and of great kindness.

You are loving to everyone, *
and your compassion is over all your works. **ANTIPHON**

All your works praise you, O God, *
and your faithful servants bless you.

They make known the glory of your realm *
and speak of your power,

That the peoples may know of your power *
and the glorious splendor of your dominion. **ANTIPHON**

Yours, O God, is an everlasting reign; *
your dominion endures throughout all ages.

You are faithful in all your words *
and merciful in all your deeds.

You uphold all those who fall; *
you lift up those who are bowed down. **ANTIPHON**

READING

Romans 7:15-25a

IDO not understand my own actions. For I do not do what I want, but I do the very thing I hate. Now if I do what I do not want, I agree that the law is good. But in fact it is no longer I that do it, but sin that dwells within me. For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. For I do not do the good I want, but the evil I do not want is what I do. Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me.

So I find it to be a law that when I want to do what is good, evil lies close at hand. For I delight in the law of God in my inmost self, but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. Wretched man that I am! Who will rescue me from this body of death? Thanks be to God through Jesus Christ our Lord!

Reader Hear what the Spirit is saying to God's people.

Assembly **Thanks be to God.**

HYMN 692

I heard the voice of Jesus say ♦ The Hymnal 1982

TUNE: *The Third Tune*

THE HOLY GOSPEL *Matthew 11:16-19, 25-30*

Deacon The Holy Gospel of our Savior Jesus Christ according to Matthew.
Assembly **Glory to you, Lord Christ.**

JESUS said to the crowd, “To what will I compare this generation? It is like children sitting in the marketplaces and calling to one another,

‘We played the flute for you, and you did not dance;
we wailed, and you did not mourn.’

For John came neither eating nor drinking, and they say, ‘He has a demon’; the Son of Man came eating and drinking, and they say, ‘Look, a glutton and a drunkard, a friend of tax collectors and sinners!’ Yet wisdom is vindicated by her deeds.”

At that time Jesus said, “I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him.

“Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.”

Deacon The Gospel of the Lord.
Assembly **Praise to you, Lord Christ.**

HOMILY

The Very Reverend Steven L. Thomason

*Following the homily, the assembly is invited into a period of silence, reflecting on the scriptures and sermon.
Please stand, as able, when the Presider stands as the liturgy continues.*

All stand, as able.

THE NICENE CREED

The Book of Common Prayer, p. 358

**We believe in one God,
the Father, the Almighty,
Maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary;
and was made man.**

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE *After each petition:*

Intercessor God, in your mercy,
Assembly hear our prayer.

The Presider concludes the prayers with a collect. All respond: Amen.

CONFESSION & ABSOLUTION

Enriching Our Worship 1, p. 56

Deacon Let us confess our sins to God.
You are invited to stand or kneel for the confession.

Deacon God of all mercy,
All we confess that we have sinned against you,
opposing your will in our lives.
We have denied your goodness in each other,
in ourselves, and in the world you have created.
We repent of the evil that enslaves us,
the evil we have done,
and the evil done on our behalf.
Forgive, restore, and strengthen us
through our Savior Jesus Christ,
that we may abide in your love
and serve only your will. Amen.

The Presider pronounces God's forgiveness of our sins. All respond: Amen.

THE PEACE

Presider The peace of Christ be always with you.
Assembly And also with you.

All greet one another in the name of the Lord.

THE LITURGY OF THE TABLE

OFFERTORY

An offering of money is received. Everyone participating in Saint Mark's Cathedral's worship at this time in any way is invited to make an offering as an expression of gratitude for God's generosity. Together, our gifts make possible this community of welcome, reconciliation and service. All worshipping in person are invited to place their offering in baskets as they are passed through through the rows.

Links to donate to Saint Mark's online are located on the livestream page. Visit saintmarks.org/give, or use the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right), or visit this link on your mobile device: <https://venmo.com/saintmarkscathedralseattle>. If Venmo asks you for a four-digit code, enter **2076**.

You may also mail your gift to the cathedral: 1245 10th Ave. E, Seattle, WA 98102.



VOLUNTARY Organ improvisation

All stand, as able.

THE GREAT THANKSGIVING Eucharistic Prayer 2

Enriching Our Worship 1, p. 60

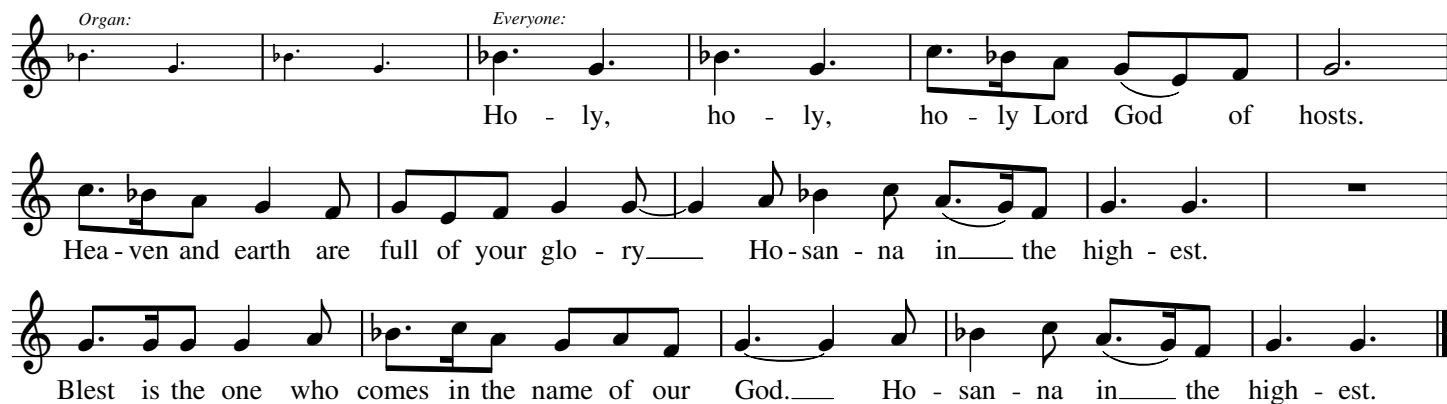
<i>Presider</i>	<i>Assembly</i>
God be with you. And al-so with you.	
<i>Presider</i>	<i>Assembly</i>
Lift up your hearts. We lift them to the Lord.	
<i>Presider</i>	<i>Assembly</i>
Let us give thanks to the Lord our God. It is right to give God thanks and praise.	

Presider We praise you and we bless you, holy and gracious God,
source of life abundant.
From before time you made ready the creation.
Your Spirit moved over the deep
and brought all things into being:
sun, moon, and stars;
earth, winds, and waters;
and every living thing.
You made us in your image,
and taught us to walk in your ways.
But we rebelled against you, and wandered far away;
and yet, as a mother cares for her children,
you would not forget us.
Time and again you called us
to live in the fullness of your love.

And so this day we join with Saints and Angels
in the chorus of praise that rings through eternity,
lifting our voices to magnify you as we sing:

SANCTUS & BENEDICTUS *Simple Missa Brevis*

Peter R. Hallock (1924–2014)

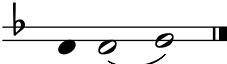


Organ: *Everyone:*
Ho - ly, ho - ly, ho - ly Lord God of hosts.
Hea - ven and earth are full of your glo - ry. Ho - san - na in the high - est.
Blest is the one who comes in the name of our God. Ho - san - na in the high - est.

Presider Glory and honor and praise to you, holy and living God.
To deliver us from the power of sin and death
and to reveal the riches of your grace,
you looked with favor upon Mary, your willing servant,
that she might conceive and bear a son,
Jesus the holy child of God.
Living among us, Jesus loved us.
He broke bread with outcasts and sinners,
healed the sick, and proclaimed good news to the poor.
He yearned to draw all the world to himself
yet we were heedless of his call to walk in love.
Then, the time came for him to complete upon the cross
the sacrifice of his life,
and to be glorified by you.

On the night before he died for us,
Jesus was at table with his friends.
He took bread, gave thanks to you,
broke it, and gave it to them, and said:
“Take, eat:
This is my Body, which is given for you.
Do this for the remembrance of me.”
As supper was ending, Jesus took the cup of wine.
Again, he gave thanks to you,
gave it to them, and said:
“Drink this, all of you:
This is my Blood of the new Covenant,
which is poured out for you and for all
for the forgiveness of sins.
Whenever you drink it,
do this for the remembrance of me.”

Now gathered at your table, O God of all creation,
and remembering Christ, crucified and risen,
who was and is and is to come,
we offer to you our gifts of bread and wine,
and ourselves, a living sacrifice.
Pour out your Spirit upon these gifts
that they may be the Body and Blood of Christ.
Breathe your Spirit over the whole earth
and make us your new creation,
the Body of Christ given for the world you have made.
In the fullness of time bring us,
with Mary, Mark, and all your saints,
from every tribe and language and people and nation,
to feast at the banquet prepared
from the foundation of the world.
Through Christ and with Christ and in Christ,
in the unity of the Holy Spirit,
to you be honor, glory, and praise,
for ever and ever.



All A - MEN.

THE LORD'S PRAYER

All Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.

In silence, the Presider breaks the consecrated bread.

THE BREAKING OF THE BREAD

Mode 6 melody; adapt. Mason Martens (b. 1933)

The cantor introduces the Antiphon, all repeat it.

The cantor chants the verses, all repeat the Antiphon as indicated.



Verse: The bread which we break, alleluia, is the communion of the body of Christ. **ANTIPHON**

Verse: One body are we, alleluia, for though many we share one bread. **ANTIPHON**

INVITATION TO COMMUNION

Presider The Gifts of God for the People of God.

All may be seated for the time of Communion. All seeking God are welcome at Christ's Table.

Please follow the directions of the Liturgical Ministers. Bread and wine are distributed at standing stations at the head of three aisles. The bread will be placed into your outstretched palm. If you prefer a gluten-free wafer, simply ask for one at the time of Communion. If you wish to receive a blessing instead, please cross your arms in front of your chest.

Intinction (dipping the bread in the wine) is not available at this time. If you do not wish to drink from the common cup, please cross your arms in front of your chest as you pass by the chalice. The full grace of the sacrament is received with only the bread.

VOLUNTARY Organ improvisation

HYMN 644 How sweet the name of Jesus sounds ♦ *The Hymnal 1982*

TUNE: *St. Peter*

After singing the hymn, the assembly is invited to remain seated for a period of silence, contemplating the gifts of God given and received.

All stand, as able.

SENDING OF EUCHARISTIC VISITORS

Presider One body are we.

Assembly For, though many, we share one bread and one cup.

Deacon Go in peace, bearing holy gifts for holy people.

POSTCOMMUNION PRAYER

Enriching Our Worship 1, p. 69

Presider God of abundance,
All you have fed us
with the bread of life and cup of salvation;
you have united us
with Christ and one another;
and you have made us one
with all your people in heaven and on earth.
Now send us forth
in the power of your Spirit,
that we may proclaim your redeeming love to the world
and continue for ever
in the risen life of Christ our Savior. Amen.

BLESSING *The Presider asks God's blessing on the assembly. All respond: Amen.*

HYMN 544 *Jesus shall reign ♦ The Hymnal 1982*

TUNE: *Duke Street*

DISMISSAL

Deacon Let us go forth in the name of Christ.
Assembly **Thanks be to God.**

PRELUDE *Fugue in G, BWV 541b*

J. S. Bach

MINISTERS OF THE LITURGY

The Rev. Linzi Stahlecker - Presider
The Very Rev. Steven L. Thomason - Preacher
The Rev. Cn. Eliacín Rosario-Cruz;
The Rev. Mark Miller - Assisting Priests
Peter Snyder - Assisting Lay Minister
Kevin Johnson - Acolyte
Ray Miller - Acolyte
Adrienne Hubbard - Acolyte
Kathy Minsch - Chalice Bearer
Rose Hazard - Chalice Bearer
Kelsey Herschberger - Chalice Bearer
Justin Shelley - Chalice Bearer
Deborah Person - Altar Guild - Altar Guild
Walter Stuteville - Altar Guild - Altar Guild

Nancy Cleminshaw - Verger
TBD - Verger
Barbara Selberg - Greeter
John Selberg - Greeter
Wayne Duncan - Usher
Jeff Sackett - Usher
Hilary McLeland-Wieser - Usher
Nancy George - Oblation Bearer
Lara Shibata - Land Acknowledgment
Erik Donner - Lector
Vicky Greenbaum - Lector
Norva Osborn - Intercessor
Josette Falzone - Cantor
Canon Michael Kleinschmidt - Organist

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1. Love di - vine, all loves ex - cell - ing, joy of heaven, to earth come down,
 2. Come, a - lmight - y to de - li - ver, let us all thy life re - ceive;
 3. Fin - ish then thy new cre - a - tion; pure and spot - less let us be;

fix in us thy hum - ble dwell - ing, all thy faith - ful mer - cies crown.
 sud - den - ly re - turn, and nev - er, nev - er - more thy tem - ples leave.
 let us see thy great sal - va - tion per - fect - ly re - stored in thee:

Je - sus, thou art all com - pas - sion, pure, un - bound - ed love thou art
 Thee we would be al - way bless - ing, serve thee as thy hosts a - bove,
 changed from glo - ry in - to glo - ry, till in heaven we take our place,

vi - sit us with thy sal - va - tion, en - ter ev - ery trembl - ing heart.
 pray, and praise thee with - out ceas - ing, glo - ry in thy per - fect love.
 till we cast our crowns be - fore thee, lost in won - der, love, and praise.

1. I heard the voice of Je - sus say, "Come un - to me and rest;
 2. I heard the voice of Je - sus say, "Be - hold, I free - ly give
 3. I heard the voice of Je - sus say, "I am this dark world's light;

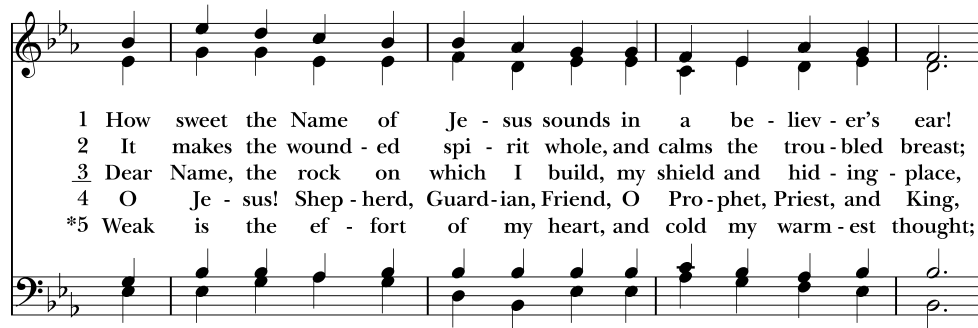
and in your wear - i - ness lay down your head up - on my breast."
 the liv - ing wa - ter; thirst - y one, stoop down and drink, and live."
 look un - to me, thy morn shall rise, and all your day be bright."

I came to Je - sus as I was, so wear - y, worn, and sad;
 I came to Je - sus, and I drank of that life - giv - ing stream;
 I looked to Je - sus, and I found in him my Star, my Sun;

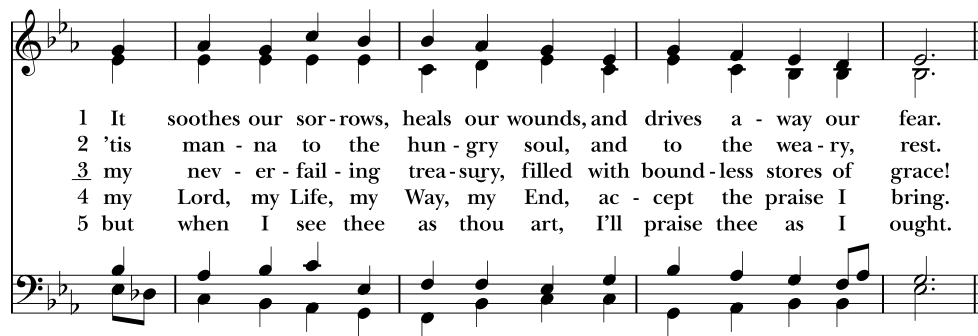
I found in him a rest - ing place, and he has made me glad.
 my thirst was quenched, my soul re - vived, and now I live in him.
 and in that light of life I'll walk till pil - grim days are done.

How sweet the Name of Jesus sounds

The Hymnal 1982, #644



1 How sweet the Name of Je - sus sounds in a be - liev - er's ear!
2 It makes the wound - ed spi - rit whole, and calms the trou - bled breast;
3 Dear Name, the rock on which I build, my shield and hid - ing - place,
4 O Je - sus! Shep - herd, Guard - ian, Friend, O Pro - phet, Priest, and King,
*5 Weak is the ef - fort of my heart, and cold my warm - est thought;



1 It soothes our sor - rows, heals our wounds, and drives a - way our fear.
2 'tis man - na to the hun - gry soul, and to the wea - ry, rest.
3 my nev - er - fail - ing trea - sury, filled with bound - less stores of grace!
4 my Lord, my Life, my Way, my End, ac - cept the praise I bring.
5 but when I see thee as thou art, I'll praise thee as I ought.

Words: John Newton (1725-1807), alt. Music: *St. Peter*, Alexander Robert Reinagle (1799-1877).

- 1 How sweet the Name of Jesus sounds
in a believer's ear!
It soothes our sorrows, heals our wounds,
and drives away our fear.
- 2 It makes the wounded spirit whole,
and calms the troubled breast;
'tis manna to the hungry soul,
and to the weary, rest.
- 3 Dear Name, the rock on which I build,
my shield and hiding-place,
my never-failing treasury, filled
with boundless stores of grace!
- 4 O Jesus! Shepherd, Guardian, Friend,
O Prophet, Priest, and King,
my Lord, my Life, my Way, my End,
accept the praise I bring.
- 5 Weak is the effort of my heart,

The Hymnal 1982 - #544 Jesus shall reign where'er the sun

1 Je - sus shall reign wher - e'er the sun doth his suc -
 2 To him shall end - less prayer be made, and prais - es
 3 Peo - ple and realms of ev - ery tongue dwell on his
 4 Bless - ings a - bound wher - e'er he reigns: the pris - oners
 5 Let ev - ery crea - ture rise and bring pe - cu - liar

1 ces - sive jour - neys run; his king - dom stretch from
 2 throng to crown his head; his Name like sweet per -
 3 love with sweet - est song; and in - fant voic - es
 4 leap to lose their chains, the wea - ry find e -
 5 hon - ors to our King; an - gels de - scend with

1 shore to shore, till moons shall wax and wane no more.
 2 fume shall rise with ev - ery morn - ing sac - ri - fice.
 3 shall pro - claim their ear - ly bless - ings on his Name.
 4 ter - nal rest, and all who suf - fer want are blest.
 5 songs a - gain, and earth re - peat the loud a - men.

Words: Isaac Watts (1674-1748), alt. Music: *Duke Street*, John Hatton (d. 1793)

- 1 Jesus shall reign where'er the sun
doth his successive journeys run;
his kingdom stretch from shore to shore,
till moons shall wax and wane no more.
- 2 To him shall endless prayer be made,
and praises throng to crown his head;
his Name like sweet perfume shall rise
with every morning sacrifice.