

THE HOLY EUCHARIST

THE SIXTH SUNDAY AFTER PENTECOST:
PROPER 9A

July 9, 2023 ♦ 8:00 AM



SAINT MARK'S
EPISCOPAL CATHEDRAL
SEATTLE, WASHINGTON

LAND ACKNOWLEDGMENT & WELCOME

Saint Mark's Cathedral acknowledges that we gather on the traditional land of the first people of Seattle, the Duwamish People, who are still here, and we honor with gratitude the land itself and the life of all the Coast Salish tribes.

NEW TO SAINT MARK'S?

Welcome to Saint Mark's Cathedral. Wherever you are on your spiritual journey, you are welcome here! We invite you to complete a newcomer form, visit saintmarks.org/newcomers or connect with one of the clergy.

QUESTIONS?

Please ask one of the liturgical ministers. Restrooms are available in the narthex; all-gender restrooms are available in the northwest stairwell of the nave and on the 5th floor of Cathedral House, accessible by the elevator or southwest stairwell.



A brief organ voluntary offered a few minutes before the hour bids all to keep silence for prayer and preparation.

PRELUDE *Prelude in G, BWV 541a*

J. S. Bach

LAND ACKNOWLEDGMENT

THE ENTRANCE RITE

All stand, as able.

HYMN 657 *Love divine, all loves excelling (sts. 1 & 2) ♦ The Hymnal 1982*

TUNE: *Hyfrydol*

OPENING ACCLAMATION

The Book of Common Prayer, p. 355

Presider Blessed be God: Father, Son, and Holy Spirit.

Assembly **And blessed be God's kingdom, now and for ever. Amen.**

COLLECT FOR PURITY

Presider **A**Lmighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

All **Amen.**

GLORIA

Presider Glory to God in the highest,
Assembly **and peace to his people on earth.**

**Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.**

**For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. Amen.**

COLLECT OF THE DAY *Proper 9*

The Book of Common Prayer, p. 230

Presider The Lord be with you.
Assembly **And also with you.**
Presider Let us pray.

O GOD, you have taught us to keep all your commandments by loving you and our neighbor: Grant us the grace of your Holy Spirit, that we may be devoted to you with our whole heart, and united to one another with pure affection; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

All Amen.

Please be seated for the Liturgy of the Word.

THE LITURGY OF THE WORD

READING

Zechariah 9:9-12

REJOICE greatly, O daughter Zion!
Shout aloud, O daughter Jerusalem!

Lo, your king comes to you;
triumphant and victorious is he,

humble and riding on a donkey,
on a colt, the foal of a donkey.

He will cut off the chariot from Ephraim
and the war horse from Jerusalem;

and the battle bow shall be cut off,
and he shall command peace to the nations;

his dominion shall be from sea to sea,
and from the River to the ends of the earth.

As for you also, because of the blood of my covenant with you,
I will set your prisoners free from the waterless pit.

Return to your stronghold, O prisoners of hope;
today I declare that I will restore to you double.

Reader Hear what the Spirit is saying to God's people.

Assembly **Thanks be to God.**

PSALM

Psalm 145:8-15 ♦ Exaltabo te, Deus

The Book of Common Prayer, p. 802

Please join the lector in reading the Psalm aloud, starting after the first asterisk.

THE LORD is gracious and full of compassion, *
slow to anger and of great kindness.

The LORD is loving to everyone *
and his compassion is over all his works.

All your works praise you, O LORD, *
and your faithful servants bless you.

They make known the glory of your kingdom *
and speak of your power;

That the peoples may know of your power *
and the glorious splendor of your kingdom.

Your kingdom is an everlasting kingdom; *
your dominion endures throughout all ages.

The LORD is faithful in all his words *
and merciful in all his deeds.

The LORD upholds all those who fall; *
he lifts up those who are bowed down. ♦

READING*Romans 7:15-25a*

IDO not understand my own actions. For I do not do what I want, but I do the very thing I hate. Now if I do what I do not want, I agree that the law is good. But in fact it is no longer I that do it, but sin that dwells within me. For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. For I do not do the good I want, but the evil I do not want is what I do. Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me.

So I find it to be a law that when I want to do what is good, evil lies close at hand. For I delight in the law of God in my inmost self, but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. Wretched man that I am! Who will rescue me from this body of death? Thanks be to God through Jesus Christ our Lord!

Reader Hear what the Spirit is saying to God's people.

Assembly **Thanks be to God.**

All stand, as able.

THE HOLY GOSPEL *Matthew 11:16-19, 25-30*

Presider The Holy Gospel of our Savior Jesus Christ according to Matthew.

Assembly **Glory to you, Lord Christ.**

JESUS said to the crowd, "To what will I compare this generation? It is like children sitting in the marketplaces and calling to one another,

‘We played the flute for you, and you did not dance;
we wailed, and you did not mourn.’

For John came neither eating nor drinking, and they say, ‘He has a demon’; the Son of Man came eating and drinking, and they say, ‘Look, a glutton and a drunkard, a friend of tax collectors and sinners!’ Yet wisdom is vindicated by her deeds.”

At that time Jesus said, “I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him.

“Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.”

Presider The Gospel of the Lord.

Assembly **Praise to you, Lord Christ.**

HOMILY

The Very Reverend Steven L. Thomason

All stand, as able.

THE NICENE CREED

The Book of Common Prayer, p. 358

We believe in one God,
the Father, the Almighty,
Maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary;
and was made man.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE

After each petition:

Intercessor God, in your mercy,
Assembly hear our prayer.

The Presider concludes the prayers with a collect. All respond: Amen.

CONFESSION & ABSOLUTION

Presider Let us confess our sins against God and our neighbor.

You are invited to stand or kneel for the confession.

Presider Most merciful God,

**All we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.**

**We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.**

We are truly sorry and we humbly repent.

For the sake of your Son Jesus Christ,

have mercy on us and forgive us;

that we may delight in your will,

and walk in your ways,

to the glory of your Name. Amen.

The Presider pronounces God's forgiveness of our sins. All respond: Amen.

THE PEACE

Presider The peace of the Lord be always with you.

Assembly **And also with you.**

All greet one another in the name of the Lord.



THE LITURGY OF THE TABLE

OFFERTORY

An offering of money is received. All worshipping in person are invited to place their offering in the plates as they are passed through through the rows.

*For electronic giving options, visit saintmarks.org/give, or use the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right), or visit this link on your mobile device: <https://venmo.com/saintmarkscathedralseattle>. If Venmo asks you for a four-digit code, enter **2076**.*



All stand, as able.

THE GREAT THANKSGIVING Eucharistic Prayer B

The Book of Common Prayer, p. 367

Presider The Lord be with you.

Assembly **And also with you.**

Presider Lift up your hearts.

Assembly **We lift them to the Lord.**

Presider Let us give thanks to the Lord our God.

Assembly **It is right to give God thanks and praise.**

Presider It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. For you are the source of light and life, you made us in your image, and called us to new life in Jesus Christ our Lord. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

**All Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is the one who comes in the name of the Lord.

Hosanna in the highest.

Presider We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After Supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

**All We remember his death,
we proclaim his resurrection,
we await his coming in glory;**

Presider And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Mary, Mark, and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

All AMEN.

THE LORD'S PRAYER

All Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.

THE BREAKING OF THE BREAD

Presider Alleluia. Christ our passover is sacrificed for us.
Assembly Therefore let us keep the feast. Alleluia.

INVITATION TO COMMUNION

Presider The Gifts of God for the People of God.

All seeking God are welcome at Christ's Table.

If you need communion brought to your seat, please let any of the liturgical ministers know.

Rice wafers for those who do not eat wheat are available; simply ask for one at the time of communion.

- ◆ *You are welcome to stand or kneel to receive communion.*
- ◆ *Hold out your hand to receive the bread and then eat. Guide the chalice of wine to your mouth and then drink.*
- ◆ *Intinction (dipping the bread in the wine) is not available at this time.*
- ◆ *To receive a blessing instead of the bread or wine, simply cross your arms over your chest.*

All stand, as able.

PRAYER AFTER COMMUNION

The Book of Common Prayer, p. 365

Presider Eternal God,

All heavenly Father,

you have graciously accepted us

as living members

of your Son our Savior Jesus Christ,

and you have fed us with spiritual food

in the Sacrament of his Body and Blood.

Send us now into the world in peace,

and grant us strength and courage

to love and serve you

with gladness and singleness of heart;

through Christ our Lord. Amen.

BLESSING *The Presider asks God's blessing on the Assembly. All respond: Amen.*

HYMN 544 *Jesus shall reign* (sts. 1 & 2) ♦ *The Hymnal 1982*

TUNE: *Hyfrydol*

DISMISSAL

Presider Let us go forth in the name of Christ.
Assembly **Thanks be to God.**

PRELUDE *Fugue in G*, BWV 541b

J. S. Bach

MINISTERS OF THE LITURGY

PRESIDER & PREACHER

The Very Reverend Steven L. Thomason

ASSISTING LAY MINISTER

Susan Knirk

LECTOR & INTERCESSOR

Mary Dickinson

ORGANIST

Canon Michael Kleinschmidt

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SAINT MARK'S EPISCOPAL CATHEDRAL ♦ SEATTLE, WASHINGTON

CATHEDRAL NEWSLETTER

NEWS, ANNOUNCEMENTS, OFFERINGS & EVENTS... ON SUNDAYS AND BEYOND

July 9, 2023 ♦ The Sixth Sunday after Pentecost



More details can be found
in the email newsletter.
Scan the code, or visit:
saintmarks.org/newsletter

ANNOUNCEMENTS

Hunger Offering Today

On the second Sunday of the month a special offering is collected to support several food programs in the Seattle area. Please give generously in the boxes in the rear of the nave, or electronically. Choose “Hunger offering” on saintmarks.org/give, or use Venmo (information on the back page of the leaflet) and write “Hunger Offering” in the memo line. This ministry is currently helping the following hunger programs: Ballard Food Bank, Lifelong AIDS Alliance, Pike Market Food Bank, Immanuel Community Services, The Food Bank @ St. Mary's, and St. Brigid's Banquet. Contact Vicky Greenbaum to learn more or to get involved: vgreenbaum1@gmail.com

Second Sunday Book Group

SUNDAY, JULY 9, 12:30 P.M., ROOM 210 OR VIA ZOOM

The Saint Mark's Book Group selection for July is *Out of the Ashes* by Cathedral member Sallie Crotty. In it, she shares the story of her journey with bipolar disorder, in order to help remove the stigma that surrounds mental illness and give hope to others. Sallie led a Cathedral Commons forum in March about the issues in the book—you can find a video of the forum at saintmarks.org/forum—but this is an opportunity to engage with the book itself. She will be present at to this afternoon's meeting. Learn more at: saintmarks.org/bookgroup

20s/30s Parent Connect

SUNDAY, JULY 9, 2-3:30 P.M., CATHEDRAL LAWN

What's it like to be a young adult and parent of faith? Join for a gathering to connect and share in fellowship together. Snacks, juice and lawn activities for children of all ages will be available. Bring a snack and/or camp chair if you would like. Drop in or out as your schedule allows. Questions? Email Emily: emcmeeks@gmail.com

QUEER IN CHRIST MINISTRY

Pauli Murray Forum

WEDNESDAY, JULY 12, 6 P.M., IN BLOEDEL HALL AND ONLINE VIA ZOOM

Noted author (and creator of the Brave Sis Project) Rozella Kennedy will present an evening hybrid forum in Bloedel Hall and on Zoom, exploring who Pauli Murray was, their life as a priest, activist, scholar, and poet, and why her story is important to us today. A Zoom registration link is now available at: saintmarks.org/queer (no registration needed to attend in person.)

Concluding Evensong Liturgy for Choir Camp 2023

FRIDAY, JULY 14, 4:30 P.M., CATHEDRAL NAVE

Senior Chorister Choir Camp runs from July 10–14 this year, and the week concludes with the campers presenting what they have learned in a liturgy of Choral Evensong to which all are invited. The service will include canticles from David Hogan's beloved *Washington Service*. The campers will also be offering music at the 11 a.m. service on Sunday, July 16.

Creation Care Stories

The Creation Care Ministry is creating a **Story Sharing Project** to allow parishioners to share actions they are taking related to Creation Care, as a way for parishioners to share their good work and to encourage others to help reduce climate change. What actions are you taking? Let the community know! Stories can be about anything you are doing, large or small, to care for Creation and mitigate climate change. Stories can take the form of a brief written essay, a video, a photo album, an infographic, or a piece of podcast-style audio. Sharing these stories can help others to learn, lead to new ideas about what to do, and be an inspiration for others to take action too. Find a link to how to submit your own story at: saintmarks.org/creation

The Creation Care Ministry page also contains a link to the first stories to be shared. In the first installment, Elizabeth Clark-Stern reflects on choosing to eat vegan, Marjorie Ringness shares a strategy for saving water in the kitchen, and Richard Hartung writes about buying second-hand.

UPCOMING EVENTS

Cathedral Yoga will be offered on Monday, July 10, 6:30 p.m., led by instructor Luna Miller. saintmarks.org/yoga

The **Tuesday Noon Bible Study** group continues to meet each week online via Zoom only. The discussion begins at noon, or join early at 11:30 for social time. The gathering will take a hiatus in the month of August. For more information and to get the Zoom link to join online email: bhs76er@comcast.net

Climate Conversation for July: *Changing our Daily Routine to Save the Planet*

THURSDAY, JULY 13, 6:30-7:30 P.M., ONLINE VIA ZOOM

From the time we get up in the morning until the time we go to bed, we usually follow a similar set of daily habits. Make breakfast, brush teeth, commute to school or the office, drink coffee, eat lunch, stream a video, and more. What we usually don't do is think about the climate impact of those actions. In this discussion we'll take a look at the climate impact of each of those things we usually do during the day. How much carbon emissions does breakfast create, for example, and how much water do we use? We'll then look at how to be more mindful of our impact and what we can do to have less effect on the climate. Our discussion will center around how we can make changes to care for creation better.

These Climate Conversations happen on the second Thursday of each month and include various topics. The Zoom link stays the same each month. Learn more at: saintmarks.org/creation

Special Guests to Visit from the Holy Land

GUEST SERMON: SUNDAY, JULY 16, AT 9 & 11 A.M.
"FRIENDS TALKING" FORUM: 10:10 A.M., BLOEDEL

Saint Mark's cathedral is delighted to welcome **The Rev. Fadi Diab, Rector of St. Andrew's Episcopal Church in Ramallah, Palestine**, his wife Ruba and son Andrew to our diocese in July. They will share with us about the lives of Christians in the Holy Land today. Palestinian families who make up most of the Episcopal Diocese of Jerusalem are descendants of the original Christians first baptized at Pentecost. They seek to uphold the work and teachings of Christ in the very places where he ministered in his earthly life. Fr. Fadi will preach at both the 9 and 11 a.m. services, and a conversation with all three members of the family is scheduled for the 10 a.m. "Friends Talking" Forum.

Behind the Scenes with the Mighty Flentrop and Your Favorite Hymns

SUNDAY, JULY 16, 12:30-2 P.M., ORGAN LOFT

Join Canon Michael Kleinschmidt for a fabulous "back-stage" pass experience of Saint Mark's famous Flentrop Organ. First, we'll gather after the 11 a.m. service for light refreshments and conversation in the nave. At 12:30 pm, we'll head up to the organ loft where Michael will offer a "tour" and demonstration of the instrument with opportunity for questions. At 1 p.m. we'll join in a singalong of our favorite hymns. This event is hosted by the 20s/30s group, but everyone is invited. Email Bryan (bpansing@gmail.com) for questions or to request your favorite hymn title from *The Hymnal 1982*.

Hike on the Naches Peak Loop with Picnic Lunch & Outdoor Eucharist

SATURDAY, JULY 22, MEET AT 10:30 A.M., HIKE CONCLUDES ~1 P.M. RSVP FOR LOCATION AND DETAILS.

All are invited to an Intergenerational Hike on the Naches Peak Loop, which passes through Mount Rainier National Park. The hike will be kid-friendly (only 200 ft elevation gain) and will include a lunch break and outdoor Eucharist. Naches Peak Loop is one of the most beautiful and easily accessed trails in the central Cascades. Capacity is limited—RSVP to Canon Barrie for details: wbarrie@saintmarks.org

40s/50s Brunch

SUNDAY, JULY 23, 12:30 P.M., LEFFLER HOUSE

40s/50s of Saint Mark's, it's time to do brunch again! All community members in their 40s and 50s are invited to Leffler House following the 11 a.m. service on July 23 service for food and fellowship. There will be an opportunity to discuss future 40s/50s offerings as well. If you'd like to bring something to share, please sign up using this form. Contact Kristine Ekman with questions: krisekman@aol.com

The Women's Compline Choir Returns

SUNDAYS, JULY 30 & AUGUST 6, 2023, 9:30 P.M., IN THE CATHEDRAL NAVE, BROADCAST, AND LIVESTREAMED

Following their debut in the summer of 2019, the Women's Compline Choir, led by Saint Mark's Associate Musician Rebekah Gilmore, has become an annual tradition at Saint Mark's, chanting the Office of Compline in place of the all-male Compline

Choir and presenting special repertoire for women's voices, including world-premiere compositions and arrangements. This year's services will be July 30 and August 6, and repertoire will include *Grace Before Sleep* by contemporary composer Susan LaBarr and *Beautiful Savior* arranged by Ryan Murphy. Watch this space for more details as they become available. Photos and video of all the past iterations can be seen at: saintmarks.org/womenscompline

SMC to Alki Bike Ride & Alki Beach Meetup

SUNDAY, JULY 30, BEGINS ON THE CATHEDRAL FRONT LAWN AT 12:30 P.M.; MEETUP AT ALKI BEACH AT 2 P.M.

What better community activity in July than a gathering on the beach? Following the 11 a.m. Sunday Eucharist, meet on the labyrinth for a blessing and pre-ride snacks and connection. Then gather again at Alki Beach, meeting at the Statue of Liberty around 2 p.m. for post-ride fellowship. Alki Beach offers many choices for take out food and snacks. Bring a swimsuit for a post-ride dip. Questions? Email Emily: emcmeeks@gmail.com

There are four ways to experience this event:

Option 1: Bike 10 miles

From Saint Mark's to Alki Beach via Aloha/12th/Yesler to downtown.

Option 2: Bike 3 miles

Drive to Jack Block Park, and then bike to Alki Beach. Find bike route maps at: saintmarks.org/community

Option 3: Bus/Water Taxi/Walk

From Saint Mark's via bus downtown followed by the Metro Water Taxi, then take another bus or walk about 2 miles to the meeting spot.

Option 4: Travel to Alki on your own

Drive to Alki and meet up with the groups there. Be aware that parking can take some time near Alki Beach, especially on a sunny day.

INTERGENERATIONAL EVENT

Jefferson Park Lawn Bowling Club Night

FRIDAY, AUGUST 4, 6-9 P.M., 4103 BEACON AVE S.; FREE, BUT \$5 DONATION APPRECIATED

Enjoy the sunset, great views of the city, food and community while learning the basics of lawn bowling from parishioner Tom Sunderland. All ages welcome but no pets. Please wear soft-soled shoes without a heel. Bring a snack or side dish to share for a potluck picnic. More information and directions may be found at saintamarks.org/community If you are interested in carpooling, please email Kristen Kelly: klk87@hotmail.com

Schola Camp (for high school singers) will be August 14-18, and the registration deadline is **August 7**. Much more information at: saintmarks.org/choircamp

North Capitol Hill Annual Community Emergency Practice Drill

SUNDAY, AUGUST 27, 3-5 P.M., MEET IN THE PARKING LOT OF THE SEVENTH DAY ADVENTIST CHURCH, 13TH AVE. E. AND E. ALOHA ST.

A Seattle Community Emergency Hub is a pre-determined location where neighbors and community members are likely to gather to begin exchanging information and resources among themselves without outside assistance from city services. Hubs are organized and run entirely by volunteers. All are invited to participate in the upcoming North Capitol Hill Emergency Practice Drill. Volunteers are needed to be "Hubsters" as well as to play the role of neighbors affected by an emergency. Your participation will help test our Hub's systems. Meet at 3 p.m. at the North Capitol Hill neighborhood Hub, located in the church parking lot at 13th Ave. E. and E Aloha. For more information visit: seattleemergencyhubs.org or email ncaphillhub@gmail.com

OTHER ANNOUNCEMENTS

It's not too late to sign up for weekly box of local organic produce from **Oxbow Farm & Conservation Center**, with convenient pick-up at Saint Mark's every Saturday, 10 a.m.-2 p.m. Learn more at: oxbow.org

Tent City 3 Meals Report

Friday's email newsletter contains a report and photos each week from the **Sunday evening meals** shared in Bloedel Hall with our guests in Tent City 3, who will be in residence in the lower parking lot until early September. All the weekly reports and more photos can be found at: saintmarks.org/community

Sign up for cathedral emails at: saintmarks.org/newsletters

Updates from the Bishop Search Committee

The search committee for the next Bishop of Olympia has created a comprehensive website containing explanations of the role, the process, and the timeline, and providing regular updates about their work. Check out the site here: olympiabishopsearch.ecww.org and sign up for Diocesan newsletters to stay updated.



SUNDAY SERVICES

* indicates livestreamed services

8 A.M.

The Holy Eucharist, *Thomsen Chapel*

9 A.M.

The Holy Eucharist, *Cathedral Nave*

11 A.M.

* **The Holy Eucharist**, *Cathedral Nave*

4:30 P.M.

* **Choral Evensong**, *Cathedral Nave*
[on hiatus until October 1]

7 P.M.

Contemplative Eucharist, *Thomsen Chapel*
[on hiatus until September 10]

9:30 P.M.

* **Compline**, *Cathedral Nave*
also broadcast live on Classical KING-FM 98.1

WEEKDAY OFFERINGS

MONDAY–FRIDAY, 6 P.M.

Daily Evening Prayer online via Zoom only.
saintmarks.org/prayer

MONDAY, 6:30 P.M.

Cathedral Yoga
in the cathedral nave: saintmarks.org/yoga

TUESDAY, 12 P.M.

Bible Study via Zoom: saintmarks.org/classes

TUESDAY, 7 P.M. [on hiatus until September]

Centering Prayer in the cathedral nave
[on hiatus until September]
(A * **Taizé service** replaces Centering Prayer
on September 12, & November 7.)

THURSDAY, 7 A.M.

Holy Eucharist in Thomsen Chapel,
1st/3rd/5th Thursdays only

Morning Prayer online via Zoom
2nd/4th Thursdays. saintmarks.org/prayer

Weekday services are occasionally canceled due to holidays or conflicts. Check the cathedral events calendar at saintmarks.org/calendar

CATHEDRAL OFFICE HOURS

MONDAY–FRIDAY, 9 A.M.–4:30 P.M.

Main office number: 206.323.0300
General email: info@saintmarks.org

PASTORAL CARE

For urgent spiritual needs, the **24/7 Pastoral Care Hotline** is now available by calling the main cathedral office number, and then entering extension 100: **206.323.0300 X100**.

Clergy are also available for individual pastoral appointments. To schedule an appointment, please call the main office.

Wherever you are on your spiritual journey, you are welcome here.

NEWSLETTERS

A number of special email newsletters and announcements are sent out regularly by the cathedral, including those for Liturgical Ministries, 20s/30s Group, Mideast Focus, Creation Care, and more. You can sign up for each list individually. Find the link at: saintmarks.org/newsletter

SAINT MARK'S ONLINE

The cathedral website contains a great deal of information and resources, including archive videos of all livestreamed services, audio recordings and written transcripts of sermons, a calendar of events, a directory of cathedral ministries, and much more: saintmarks.org

The "Community Life" page on the website contains events, reports, personal reflections, and more: saintmarks.org/community

Please follow the cathedral on social media:

Facebook: [SaintMarksSeattle](https://www.facebook.com/SaintMarksSeattle)

Instagram: [saintmarksseattle](https://www.instagram.com/saintmarksseattle)

YouTube: [@saintmarksseattle](https://www.youtube.com/@saintmarksseattle)

NEWCOMERS

You are welcome to all aspects of the life of this cathedral! Please help us know how best to serve you by completing a Visitor Card in the cathedral nave, or by using the form at saintmarks.org/newcomers. Contact the welcome team at: newcomers@saintmarks.org.



DONATIONS

You may make a donation to Saint Mark's at any time using the electronic giving page at saintmarks.org/give, or using the Venmo mobile app—scan the code, or search for [@SaintMarksCathedralSeattle](https://www.venmo.com/@SaintMarksCathedralSeattle)



PRAYER LIST

The complete cathedral prayer list, including recent and long-term prayer requests, as well as the Anglican, Diocesan, and Cathedral cycles of prayer, is posted each week at: saintmarks.org/prayer



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