

THE HOLY EUCHARIST

THE SEVENTH SUNDAY AFTER PENTECOST: PROPER 10A

July 16, 2023 ♦ 11:00 AM



SAINT MARK'S
EPISCOPAL CATHEDRAL
SEATTLE, WASHINGTON

LAND ACKNOWLEDGMENT & WELCOME

Saint Mark's Cathedral acknowledges that we gather on the traditional land of the first people of Seattle, the Duwamish People, who are still here, and we honor with gratitude the land itself and the life of all the Coast Salish tribes.

NEW TO SAINT MARK'S?

Welcome to Saint Mark's Cathedral. Wherever you are on your spiritual journey, and whether you are joining in the nave or via the livestream, you are welcome here! We invite you to complete a newcomer form, visit saintmarks.org/newcomers or connect with one of the clergy.

QUESTIONS?

Please ask. Ushers (wearing the purple welcome lanyards) can answer your questions or concerns, or provide a hearing assist device. All-gender restrooms are available in the northwest stairwell and on the 5th floor of Cathedral House, accessible by elevator or southwest stairwell.

A brief organ voluntary offered a few minutes before the hour bids all to keep silence for prayer and preparation.

PRELUDE Fourth Tiento on the Seventh Tone,
featuring the treble voice of a divided keyboard

Francisco Correa de Arauxo

LAND ACKNOWLEDGMENT

THE ENTRANCE RITE

All stand, as able.

HYMN 427 When morning gilds the skies ♦ *The Hymnal 1982*

TUNE: *Laudes Domini*

OPENING ACCLAMATION

Enriching Our Worship 1, p. 50

Presider Blessed be the one, holy, and living God.
Assembly **Glory to God for ever and ever.**

COLLECT FOR PURITY

Presider **A**Lmighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.
All **Amen.**

SONG OF PRAISE *Gloria in excelsis*

John Rutter (b. 1945)

One-in-a-bar; firmly *f*
Glo-ry to God in the high-est, ___ and peace to God's

mf
peo-ple on earth. ___ Lord God, heav'n-ly King, al-might - y God and Fa - ther, _

f
_ we wor-ship you, we give you thanks, we praise you for your glo-ry. ___

$\text{♩} = \text{♩}$ (same beat as before, not slower)

Lord Je-sus Christ, on-ly Son of the Fa-ther, Lord God, Lamb of God, you take a -
 way the sin of the world: have mer-cy on us; you are seat-ed at the right hand of the
 Fa-ther: re - ceive our prayer. For you a - lone are the Ho-ly One, you a -
 lone are the Lord, you a - lone are the Most High, Je - sus Christ, with the
 Ho - ly Spi - rit, in the glo-ry of God the Fa - ther. A - - men.

COLLECT OF THE DAY Proper 10

The Book of Common Prayer, p. 231

Presider God be with you.

Assembly **And also with you.**

Presider Let us pray.

OLORD, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.

All Amen.

Please be seated for the Liturgy of the Word.

THE LITURGY OF THE WORD

READING

Isaiah 55:10-13

AS THE rain and the snow come down from heaven,
and do not return there until they have watered the earth,
making it bring forth and sprout,
giving seed to the sower and bread to the eater,
so shall my word be that goes out from my mouth;
it shall not return to me empty,
but it shall accomplish that which I purpose,
and succeed in the thing for which I sent it.
For you shall go out in joy,
and be led back in peace;
the mountains and the hills before you
shall burst into song,
and all the trees of the field shall clap their hands.
Instead of the thorn shall come up the cypress;
instead of the brier shall come up the myrtle;
and it shall be to the LORD for a memorial,
for an everlasting sign that shall not be cut off.

Reader Hear what the Spirit is saying to God's people.

Assembly **Thanks be to God.**

The choir introduces the Antiphon, all repeating it.

The cantor chants the verses, all repeating the Antiphon as indicated.



Let the val - leys shout for joy and sing!

YOU visit the earth and water it abundantly;
you make it very plenteous; *
the river of God is full of water.

You prepare the grain, *
for so you provide for the earth. **ANTIPHON**

You drench the furrows and smooth out the ridges; *
with heavy rain you soften the ground and bless its increase.

You crown the year with your goodness, *
and your paths overflow with plenty. **ANTIPHON**

May the fields of the wilderness be rich for grazing, *
and the hills be clothed with joy.

May the meadows cover themselves with flocks,
and the valleys cloak themselves with grain; *
let them shout for joy and sing. **ANTIPHON**

READING

Romans 8:1-11

THERE is no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law—indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

Reader Hear what the Spirit is saying to God's people.

Assembly **Thanks be to God.**

THE HOLY GOSPEL *Matthew 13:1-9,18-23*

Deacon The Holy Gospel of our Lord Jesus Christ according to Matthew.

Assembly **Glory to you, Lord Christ.**

JESUS went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!"

"Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

Deacon The Gospel of the Lord.

Assembly **Praise to you, Lord Christ.**

HOMILY

The Reverend Fadi Diab, *Rector, St. Andrew's Episcopal Church, Ramallah, Palestine*

Following the homily, the assembly is invited into a period of silence, reflecting on the scriptures and sermon.

Please stand, as able, when the Presider stands as the liturgy continues.

All stand, as able.

THE NICENE CREED

We believe in one God, the Father, the Almighty, Maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary; and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day

The Book of Common Prayer, p. 358

he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE *After each petition:*

Intercessor God, in your mercy,
Assembly **hear our prayer.**

The Presider concludes the prayers with a collect. All respond: Amen.

CONFESSION & ABSOLUTION

Enriching Our Worship 1, p. 56

Deacon Let us confess our sins to God.
You are invited to stand or kneel for the confession.

Deacon God of all mercy,
All **we confess that we have sinned against you,
opposing your will in our lives.
We have denied your goodness in each other,
in ourselves, and in the world you have created.
We repent of the evil that enslaves us,
the evil we have done,
and the evil done on our behalf.
Forgive, restore, and strengthen us
through our Savior Jesus Christ,
that we may abide in your love
and serve only your will. Amen.**

The Presider pronounces God's forgiveness of our sins. All respond: Amen.

THE PEACE

Presider The peace of Christ be always with you.
Assembly **And also with you.**

All greet one another in the name of the Lord.

sun, moon, and stars;
 earth, winds, and waters;
 and every living thing.
 You made us in your image,
 and taught us to walk in your ways.
 But we rebelled against you, and wandered far away;
 and yet, as a mother cares for her children,
 you would not forget us.
 Time and again you called us
 to live in the fullness of your love.

And so this day we join with Saints and Angels
 in the chorus of praise that rings through eternity,
 lifting our voices to magnify you as we sing:

SANCTUS & BENEDICTUS *Simple Missa Brevis*

Peter R. Hallock (1924–2014)

Organ: *Everyone:*
 Ho - ly, ho - ly, ho - ly Lord God of hosts.
 Hea - ven and earth are full of your glo - ry — Ho - san - na in — the high - est.
 Blest is the one who comes in the name of our God. — Ho - san - na in — the high - est.

Presider Glory and honor and praise to you, holy and living God.
 To deliver us from the power of sin and death
 and to reveal the riches of your grace,
 you looked with favor upon Mary, your willing servant,
 that she might conceive and bear a son,
 Jesus the holy child of God.
 Living among us, Jesus loved us.
 He broke bread with outcasts and sinners,
 healed the sick, and proclaimed good news to the poor.
 He yearned to draw all the world to himself
 yet we were heedless of his call to walk in love.
 Then, the time came for him to complete upon the cross
 the sacrifice of his life,
 and to be glorified by you.

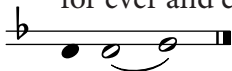
On the night before he died for us,
 Jesus was at table with his friends.
 He took bread, gave thanks to you,
 broke it, and gave it to them, and said:

“Take, eat:
 This is my Body, which is given for you.
 Do this for the remembrance of me.”

As supper was ending, Jesus took the cup of wine.
Again, he gave thanks to you,
gave it to them, and said:

“Drink this, all of you:
This is my Blood of the new Covenant,
which is poured out for you and for all
for the forgiveness of sins.
Whenever you drink it,
do this for the remembrance of me.”

Now gathered at your table, O God of all creation,
and remembering Christ, crucified and risen,
who was and is and is to come,
we offer to you our gifts of bread and wine,
and ourselves, a living sacrifice.
Pour out your Spirit upon these gifts
that they may be the Body and Blood of Christ.
Breathe your Spirit over the whole earth
and make us your new creation,
the Body of Christ given for the world you have made.
In the fullness of time bring us,
with Mary, Mark, and all your saints,
from every tribe and language and people and nation,
to feast at the banquet prepared
from the foundation of the world.
Through Christ and with Christ and in Christ,
in the unity of the Holy Spirit,
to you be honor, glory, and praise,
for ever and ever.



All A - MEN.

THE LORD'S PRAYER

All **Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.**

In silence, the Presider breaks the consecrated bread.

THE BREAKING OF THE BREAD

Mode 6 melody; adapt. Mason Martens (b. 1933)

The cantor introduces the Antiphon, all repeat it.

The cantor chants the verses, all repeat the Antiphon as indicated.



Verse: The bread which we break, alleluia, is the communion of the body of Christ. **ANTIPHON**

Verse: One body are we, alleluia, for though many we share one bread. **ANTIPHON**

INVITATION TO COMMUNION

Presider The Gifts of God for the People of God.

All may be seated for the time of Communion. All seeking God are welcome at Christ's Table.

Please follow the directions of the Liturgical Ministers. Bread and wine are distributed at standing stations at the head of three aisles. The bread will be placed into your outstretched palm. If you prefer a gluten-free wafer, simply ask for one at the time of Communion. If you wish to receive a blessing instead, please cross your arms in front of your chest.

Intinction (dipping the bread in the wine) is not available at this time. If you do not wish to drink from the common cup, please cross your arms in front of your chest as you pass by the chalice. The full grace of the sacrament is received with only the bread.

ANTHEM Lord, let my heart be good soil

MUSIC & TEXT: Handt Hanson

Lord, let my heart be good soil, open to the seed of your word.
Lord, let my heart be good soil, where love can grow and peace is understood.
When my heart is hard, break the stone away.
When my heart is cold, warm it with the day.
When my heart is lost, lead me on your way.
Lord, let my heart be good soil.

HYMN 589 Almighty God, your word is cast ♦ *The Hymnal 1982*

TUNE: *Walden*

After singing the hymn, the assembly is invited to remain seated for a period of silence, contemplating the gifts of God given and received.

All stand, as able.

SENDING OF EUCHARISTIC VISITORS

Presider One body are we.

Assembly **For, though many, we share one bread and one cup.**

Deacon Go in peace, bearing holy gifts for holy people.

POSTCOMMUNION PRAYER

Enriching Our Worship 1, p. 69

Presider God of abundance,
All you have fed us
with the bread of life and cup of salvation;
you have united us
with Christ and one another;
and you have made us one
with all your people in heaven and on earth.
Now send us forth
in the power of your Spirit,
that we may proclaim your redeeming love to the world
and continue for ever
in the risen life of Christ our Savior. Amen.

BLESSING *The Presider asks God's blessing on the assembly. All respond: Amen.*

HYMN 424 *For the fruit of all creation ♦ The Hymnal 1982*

TUNE: *East Aclam*

DISMISSAL

Deacon Let us go forth in the name of Christ.
Assembly **Thanks be to God.**

VOLUNTARY *Toccata in A minor*

Jan Pieterszoon Sweelinck

MINISTERS OF THE LITURGY

The Very Rev. Steven L. Thomason - Presider
The Rev. Fadi Diab - Preacher
The Rev. Cn. Jennifer King Daugherty;
The Rev. Cn. Eliacín Rosario-Cruz;
The Rev. Linzi Stahlecker - Assisting Priests
Emily Meeks - Assisting Lay Minister
Hilary McLeland-Wieser - Acolyte
Barbara Zito - Acolyte
Kevin Johnson - Acolyte
John Selberg - Chalice Bearer
TBD - Chalice Bearer
Kathy Minsch - Chalice Bearer
Erin Beary Andersen - Chalice Bearer
Rose Hazard - Chalice Bearer
James Davidson - Altar Guild
Carrie Davis - Altar Guild
Alexandra Thompson - Verger

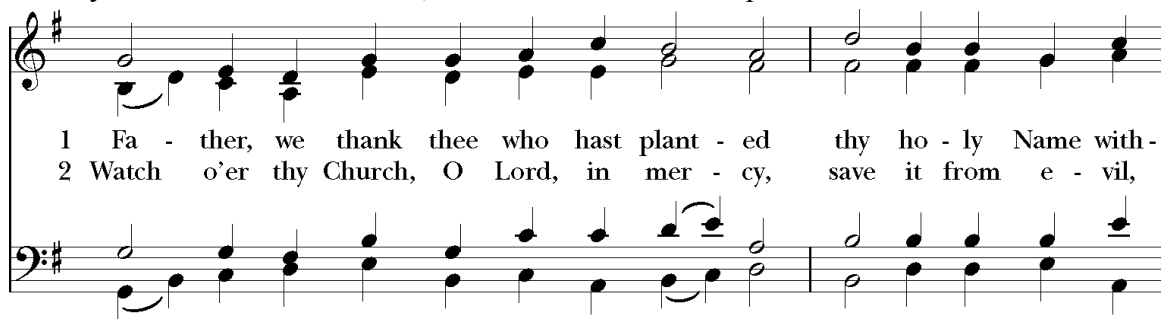
Barbara Erickson - Greeter
Mary Frederick - Greeter
Rachel Baker - Greeter
Vinh Do - Usher
Kathy Sodergren - Usher
Janet Miller - Usher
Nancy Cleminshaw - Oblation Bearer
TBD - Oblation Bearer
TBD - Land Acknowledgment
Ruth McRee - Lector
Roberta Nestaas - Lector
Rachel Baker - Intercessor
Michael Perera - Sound Board
Timothy Shore - Video
Campers of the Saint Mark's Choir School
Choir Camp, 2023; Rebekah Gilmore, Director
Canon Michael Kleinschmidt - Organist

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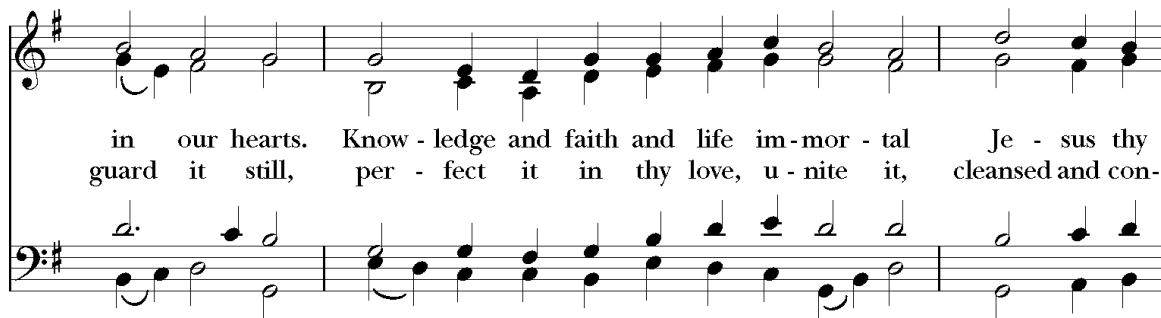
1. When morn-ing gilds the skies, my heart, a - wak-ing, cries, may Je-sus Christ be praised!
 2. When mirth for mu - sic longs, this is my song of songs: may Je-sus Christ be praised!
 3. No love-lier an - ti - phon in all high heaven is known than, Je-sus Christ be praised!
 4. Ye na - tions of man - kind, in this your con-cord find: may Je-sus Christ be praised!
 5. Sing, suns and stars of space, sing, ye that see his face, sing, Je-sus Christ be praised!

When eve-ning shadows fall, this rings my cur-few call, may Je - sus Christ be praised!
 God's ho - ly house of prayer hath none that can com-pare with: Je - sus Christ be praised!
 There to the e-ter - nal Word the e-ter - nal psalm is heard: may Je - sus Christ be praised!
 Let all the earth a-round ring joy-ous with the sound: may Je - sus Christ be praised!
 God's whole cre - a - tion o'er, both now and ev - er - more shall Je - sus Christ be praised!

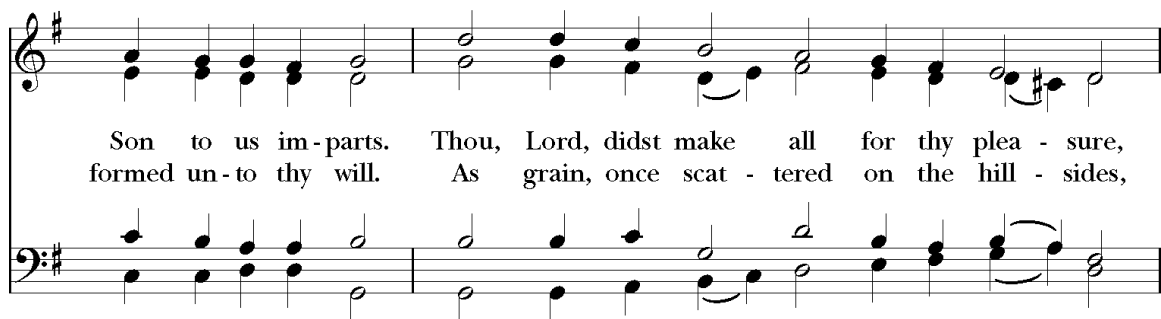
The Hymnal 1982 - #302 Father, we thank thee who hast planted



1 Fa - ther, we thank thee who hast plant - ed thy ho - ly Name with -
2 Watch o'er thy Church, O Lord, in mer - cy, save it from e - vil,



in our hearts. Know - ledge and faith and life im - mor - tal Je - sus thy
guard it still, per - fect it in thy love, u - nite it, cleansed and con -



Son to us im - parts. Thou, Lord, didst make all for thy plea - sure,
formed un - to thy will. As grain, once scat - tered on the hill - sides,



didst give us food for all our days, giv - ing in Christ the
was in this bro - ken bread made one, so from all lands thy

Bread e - ter - nal; thine is the power, be thine the praise.
 Church be gath - ered in - to thy king - dom by thy Son.

Words: Greek, ca. 110; tr. F. Bland Tucker (1895-1984), rev. Copyright © The Church Pension Fund. All rights reserved. Used with permission.
 Music: *Rendez à Dieu*, melody and harm. att. Louis Bourgeois (1510?-1561?)

- 1 Father, we thank thee who hast planted
 thy holy Name within our hearts.
 Knowledge and faith and life immortal
 Jesus thy Son to us imparts.
- 2 Thou, Lord, didst make all for thy pleasure,
 didst give us food for all our days,
 giving in Christ the Bread eternal;
 thine is the power, be thine the praise.
- 3 Watch o'er thy Church, O Lord, in mercy,
 save it from evil, guard it still,
 perfect it in thy love, unite it,
 cleansed and conformed unto thy will.
- 4 As grain, once scattered on the hillsides,
 was in this broken bread made one,
 so from all lands thy Church be gathered
 into thy kingdom by thy Son.

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Almighty God, your word is cast

The Hymnal 1982, #589



1 Al - might - y God, your word is cast like seed up - on the ground,
2 Let not our self - ish - ness and hate this ho - ly seed re - move,
3 Let not the world's de - ceit - ful cares the ris - ing plant des - troy,



now let the dew of heaven de - scend and right - eous fruits a - bound.
but give it root in ev - ery heart to bring forth fruits of love.
but let it yield a hun - dred - fold the fruits of peace and joy.

Words: John Cawood (1775-1852), alt. Music: *Walden*, Jane Manton Marshall (b. 1924). Copyright © 1983, Jane M. Marshall.

- 1 Almighty God, your word is cast
like seed upon the ground,
now let the dew of heaven descend
and righteous fruits abound.
- 2 Let not our selfishness and hate
this holy seed remove,
but give it root in every heart
to bring forth fruits of love.
- 3 Let not the world's deceitful cares
the rising plant destroy,
but let it yield a hundredfold
the fruits of peace and joy.

Almighty God, your word is cast, #589 from *The Hymnal 1982* — Words: John Cawood (1775-1852), alt. Music: *Walden*, Jane Manton Marshall (b. 1924). Copyright © 1983, Jane M. Marshall.



1. For the fruit of all cre - a - tion, thanks be to God. For his gifts to ev - ery na - tion,
2. In the just re - ward of la - bor, God's will be done. In the help we give our neigh - bor,
3. For the har - vests of the Spi - rit, thanks be to God. For the good we all in - her - it,



thanks be to God. For the plow - ing, sow - ing, reap - ing, si - lent growth while
God's will be done. In our world - wide task of car - ing for the hun - gry
thanks be to God. For the won - ders that as - tound us, for the truths that



we are sleep - ing, fu - ture needs in earth's safe - keep - ing, thanks be to God.
and de - spair - ing, in the har - vests we are shar - ing, God's will be done.
still con - found us, most of all that love has found us, thanks be to God.