

# THE HOLY EUCHARIST

## THE TRANSIGURATION OF OUR LORD JESUS CHRIST

August 6, 2023 ♦ 11:00 AM



SAINT MARK'S  
EPISCOPAL CATHEDRAL  
SEATTLE, WASHINGTON

### LAND ACKNOWLEDGMENT & WELCOME

*Saint Mark's Cathedral acknowledges that we gather on the traditional land of the first people of Seattle, the Duwamish People, who are still here, and we honor with gratitude the land itself and the life of all the Coast Salish tribes.*

### NEW TO SAINT MARK'S?

*Welcome to Saint Mark's Cathedral. Wherever you are on your spiritual journey, and whether you are joining in the nave or via the livestream, you are welcome here! We invite you to complete a newcomer form, visit [saintmarks.org/newcomers](https://saintmarks.org/newcomers) or connect with one of the clergy.*

### QUESTIONS?

*Please ask. Ushers (wearing the purple welcome lanyards) can answer your questions or concerns, or provide a hearing assist device. All-gender restrooms are available in the northwest stairwell and on the 5th floor of Cathedral House, accessible by elevator or southwest stairwell.*

*A brief organ voluntary offered a few minutes before the hour bids all to keep silence for prayer and preparation.*

**PRELUDE**     *Echo Fantasia*

Jan Pieterszoon Sweelinck

## LAND ACKNOWLEDGMENT

# THE ENTRANCE RITE

*All stand, as able.*

**HYMN 137**     *O wondrous type! O vision fair ♦ The Hymnal 1982*

TUNE: Wareham

## OPENING ACCLAMATION

*Enriching Our Worship 1, p. 50*

*Presider*    Blessed be the one, holy, and living God.

*Assembly*    **Glory to God for ever and ever.**

## COLLECT FOR PURITY

*Presider*    **A**Lmighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

*All*    **Amen.**

## SONG OF PRAISE    *Gloria in excelsis*

John Rutter (b. 1945)

One-in-a-bar; firmly     *f*

Glo-ry to God in the high-est,\_\_\_ and peace to God's

*mf*

peo-ple on earth.\_\_\_ Lord God, heav'n-ly King, al-might - y God and Fa - ther, \_

*f*

\_ we wor-ship you, we give you thanks, we praise you for your glo-ry.\_\_\_

$\text{♩} = \text{♩}$  (same beat as before, not slower)

*p*

Lord Je-sus Christ, on-ly Son of the Fa-ther,— Lord God, Lamb of God, you take a -

way the sin of the world: have mer-cy on us;— you are seat-ed at the right hand of the

*f*  $\text{♩} = \text{♩}$

Fa-ther:— re - ceive our prayer. For you a - lone are the Ho-ly One, you a -

*mf*

lone are the Lord,— you a - lone are the Most High, Je - sus Christ, with the

*f cresc.* *ff* broaden

Ho - ly Spi - rit,— in the glo-ry of God the Fa - ther. A - - men.—

**COLLECT OF THE DAY** *The Transfiguration*

*The Book of Common Prayer, p. 243*

*Presider* God be with you.

*Assembly* **And also with you.**

*Presider* Let us pray.

**O** GOD, who on the holy mount revealed to chosen witnesses your well-beloved Son, wonderfully transfigured, in raiment white and glistening: Mercifully grant that we, being delivered from the disquietude of this world, may by faith behold the King in his beauty; who with you, O Father, and you, O Holy Spirit, lives and reigns, one God, for ever and ever.

**All Amen.**

*Please be seated for the Liturgy of the Word.*

# THE LITURGY OF THE WORD

## READING

*Exodus 34:29-35*

**M**oses came down from Mount Sinai. As he came down from the mountain with the two tablets of the covenant in his hand, Moses did not know that the skin of his face shone because he had been talking with God. When Aaron and all the Israelites saw Moses, the skin of his face was shining, and they were afraid to come near him. But Moses called to them; and Aaron and all the leaders of the congregation returned to him, and Moses spoke with them. Afterward all the Israelites came near, and he gave them in commandment all that the LORD had spoken with him on Mount Sinai. When Moses had finished speaking with them, he put a veil on his face; but whenever Moses went in before the LORD to speak with him, he would take the veil off, until he came out; and when he came out, and told the Israelites what he had been commanded, the Israelites would see the face of Moses, that the skin of his face was shining; and Moses would put the veil on his face again, until he went in to speak with him.

*Reader* Hear what the Spirit is saying to God's people.

*Assembly* **Thanks be to God.**

## PSALM

*Psalm 99 ♦ Dominus regnavit (Saint Helena Psalter)*

Plainsong, Tone VII.1

*The cantor introduces the Antiphon, all repeating it.*

*The cantor chants the verses, all repeating the Antiphon as indicated.*



**G**OD reigns;  
let the people tremble; \*  
God is enthroned upon the cherubim;  
let the earth shake.

God is great in Zion; \*  
and is high above all peoples. **ANTIPHON**

Let them confess God's Name, which is great and awesome; \*  
God the Holy One.

"O mighty Ruler, lover of justice,  
you have established equity; \*  
you have executed justice and righteousness in Jacob."

We proclaim your greatness, O God,  
and fall down before your footstool; \*  
you are the Holy One. **ANTIPHON**

Moses and Aaron among your priests,  
and Samuel among those who call upon your Name, \*  
they called upon you, and you answered them.

You spoke to them out of the pillar of cloud; \*  
they kept your testimonies and the decree that you gave them. **ANTIPHON**

O Holy God, you answered them indeed; \*  
you were a God who forgave them,  
yet punished them for their evil deeds.

Proclaim the greatness of our God  
and worship on God's holy hill; \*  
for our God is the Holy One. **ANTIPHON**

**READING** *2 Peter 1:13-21*

**I**THINK it right, as long as I am in this body, to refresh your memory, since I know that my death will come soon, as indeed our Lord Jesus Christ has made clear to me. And I will make every effort so that after my departure you may be able at any time to recall these things.

For we did not follow cleverly devised myths when we made known to you the power and coming of our Lord Jesus Christ, but we had been eyewitnesses of his majesty. For he received honor and glory from God the Father when that voice was conveyed to him by the Majestic Glory, saying, "This is my Son, my Beloved, with whom I am well pleased." We ourselves heard this voice come from heaven, while we were with him on the holy mountain.

So we have the prophetic message more fully confirmed. You will do well to be attentive to this as to a lamp shining in a dark place, until the day dawns and the morning star rises in your hearts. First of all you must understand this, that no prophecy of scripture is a matter of one's own interpretation, because no prophecy ever came by human will, but men and women moved by the Holy Spirit spoke from God.

*Reader* Hear what the Spirit is saying to God's people.

*Assembly* **Thanks be to God.**

**HYMN 129** *Christ upon the mountain peak ♦ The Hymnal 1982*

TUNE: *Mowsley*

**THE HOLY GOSPEL**    *Luke 9:28-36*

*Deacon*    The Holy Gospel of our Lord Jesus Christ according to Luke.

*Assembly*    **Glory to you, Lord Christ.**

**J**ESUS took with him Peter and John and James, and went up on the mountain to pray. And while he was praying, the appearance of his face changed, and his clothes became dazzling white. Suddenly they saw two men, Moses and Elijah, talking to him. They appeared in glory and were speaking of his departure, which he was about to accomplish at Jerusalem. Now Peter and his companions were weighed down with sleep; but since they had stayed awake, they saw his glory and the two men who stood with him. Just as they were leaving him, Peter said to Jesus, “Master, it is good for us to be here; let us make three dwellings, one for you, one for Moses, and one for Elijah” —not knowing what he said. While he was saying this, a cloud came and overshadowed them; and they were terrified as they entered the cloud. Then from the cloud came a voice that said, “This is my Son, my Chosen; listen to him!” When the voice had spoken, Jesus was found alone. And they kept silent and in those days told no one any of the things they had seen.

*Deacon*    The Gospel of the Lord.

*Assembly*    **Praise to you, Lord Christ.**

**HOMILY**

The Very Reverend Steven L. Thomason

*Following the homily, the assembly is invited into a period of silence, reflecting on the scriptures and sermon.*

*Please stand, as able, when the Presider stands as the liturgy continues.*

*All stand, as able.*

**THE NICENE CREED**

*The Book of Common Prayer, p. 358*

**We believe in one God,  
the Father, the Almighty,  
Maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.**

**Through him all things were made.**

**For us and for our salvation**

**he came down from heaven:**

**by the power of the Holy Spirit**

**he became incarnate from the Virgin Mary;**

**and was made man.**

**For our sake he was crucified under Pontius Pilate;**

**he suffered death and was buried.**

On the third day he rose again  
in accordance with the scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

**PRAYERS OF THE PEOPLE** *After each petition:*

*Intercessor* Creator God,  
*Assembly* awaken us to your presence and love.

*The Presider concludes the prayers with a collect. All respond: Amen.*

**CONFESSION & ABSOLUTION**

*Enriching Our Worship 1, p. 56*

*Deacon* Let us confess our sins to God.  
*You are invited to stand or kneel for the confession.*

*Deacon* God of all mercy,  
**All** we confess that we have sinned against you,  
opposing your will in our lives.  
We have denied your goodness in each other,  
in ourselves, and in the world you have created.  
We repent of the evil that enslaves us,  
the evil we have done,  
and the evil done on our behalf.  
Forgive, restore, and strengthen us  
through our Savior Jesus Christ,  
that we may abide in your love  
and serve only your will. Amen.

*The Presider pronounces God's forgiveness of our sins. All respond: Amen.*

**THE PEACE**

*Presider* The peace of Christ be always with you.  
*Assembly* And also with you.

*All greet one another in the name of the Lord.*

# THE LITURGY OF THE TABLE

## OFFERTORY

*An offering of money is received. Everyone participating in Saint Mark's Cathedral's worship at this time in any way is invited to make an offering as an expression of gratitude for God's generosity. Together, our gifts make possible this community of welcome, reconciliation and service. All worshipping in person are invited to place their offering in baskets as they are passed through through the rows.*

*Links to donate to Saint Mark's online are located on the livestream page. Visit [saintmarks.org/give](https://saintmarks.org/give), or use the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right), or visit this link on your mobile device: <https://venmo.com/saintmarkscathedralseattle>. If Venmo asks you for a four-digit code, enter **2076**.*



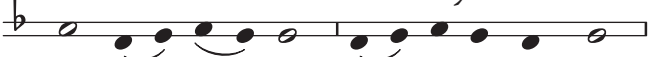
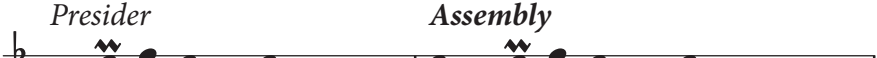

*You may also mail your gift to the cathedral: 1245 10th Ave. E, Seattle, WA 98102.*

## VOLUNTARY Organ improvisation

*All stand, as able.*

### THE GREAT THANKSGIVING Eucharistic Prayer 2

*Enriching Our Worship 1, p. 60*

|  |                 |
|--|-----------------|
| <i>Presider</i>  | <i>Assembly</i> |
|    |                 |
| God be with you. And al-so with you.   |                 |
| <i>Presider</i>  | <i>Assembly</i> |
|  |                 |
| Lift up your hearts. We lift them to the Lord.                                       |                 |
| <i>Presider</i>  | <i>Assembly</i> |
|  |                 |
| Let us give thanks to the Lord our God. It is right to give God thanks and praise.   |                 |

*Presider* We praise you and we bless you, holy and gracious God,  
source of life abundant.  
From before time you made ready the creation.  
Your Spirit moved over the deep  
and brought all things into being:  
sun, moon, and stars;  
earth, winds, and waters;  
and every living thing.

You made us in your image,  
 and taught us to walk in your ways.  
 But we rebelled against you, and wandered far away;  
 and yet, as a mother cares for her children,  
 you would not forget us.  
 Time and again you called us  
 to live in the fullness of your love.

And so this day we join with Saints and Angels  
 in the chorus of praise that rings through eternity,  
 lifting our voices to magnify you as we sing:

**SANCTUS & BENEDICTUS** *Simple Missa Brevis*

Peter R. Hallock (1924–2014)

*Organ:* *Everyone:*  
 Ho - ly, ho - ly, ho - ly Lord God of hosts.  
 Hea - ven and earth are full of your glo - ry Ho - san - na in the high - est.  
 Blest is the one who comes in the name of our God. Ho - san - na in the high - est.

*Presider* Glory and honor and praise to you, holy and living God.  
 To deliver us from the power of sin and death  
 and to reveal the riches of your grace,  
 you looked with favor upon Mary, your willing servant,  
 that she might conceive and bear a son,  
 Jesus the holy child of God.  
 Living among us, Jesus loved us.  
 He broke bread with outcasts and sinners,  
 healed the sick, and proclaimed good news to the poor.  
 He yearned to draw all the world to himself  
 yet we were heedless of his call to walk in love.  
 Then, the time came for him to complete upon the cross  
 the sacrifice of his life,  
 and to be glorified by you.

On the night before he died for us,  
 Jesus was at table with his friends.  
 He took bread, gave thanks to you,  
 broke it, and gave it to them, and said:

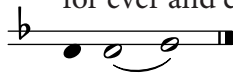
“Take, eat:

This is my Body, which is given for you.  
 Do this for the remembrance of me.”

As supper was ending, Jesus took the cup of wine.  
Again, he gave thanks to you,  
gave it to them, and said:

“Drink this, all of you:  
This is my Blood of the new Covenant,  
which is poured out for you and for all  
for the forgiveness of sins.  
Whenever you drink it,  
do this for the remembrance of me.”

Now gathered at your table, O God of all creation,  
and remembering Christ, crucified and risen,  
who was and is and is to come,  
we offer to you our gifts of bread and wine,  
and ourselves, a living sacrifice.  
Pour out your Spirit upon these gifts  
that they may be the Body and Blood of Christ.  
Breathe your Spirit over the whole earth  
and make us your new creation,  
the Body of Christ given for the world you have made.  
In the fullness of time bring us,  
with Mary, Mark, and all your saints,  
from every tribe and language and people and nation,  
to feast at the banquet prepared  
from the foundation of the world.  
Through Christ and with Christ and in Christ,  
in the unity of the Holy Spirit,  
to you be honor, glory, and praise,  
for ever and ever.



*All* A - MEN.

#### **THE LORD'S PRAYER**

*All* Our Father in heaven,  
hallowed be your Name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those  
who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.

*In silence, the Presider breaks the consecrated bread.*

### THE BREAKING OF THE BREAD

Mode 6 melody; adapt. Mason Martens (b. 1933)

*The cantor introduces the Antiphon, all repeat it.*

*The cantor chants the verses, all repeat the Antiphon as indicated.*



Verse: The bread which we break, alleluia, is the communion of the body of Christ. **ANTIPHON**

Verse: One body are we, alleluia, for though many we share one bread. **ANTIPHON**

### INVITATION TO COMMUNION

*Presider* The Gifts of God for the People of God.

*All may be seated for the time of Communion. All seeking God are welcome at Christ's Table.*

*Please follow the directions of the Liturgical Ministers. Bread and wine are distributed at standing stations at the head of three aisles. The bread will placed into your outstretched palm. If you prefer a gluten-free wafer, simply ask for one at the time of Communion. If you wish to receive a blessing instead, please cross your arms in front of your chest.*

*Intinction (dipping the bread in the wine) is not available at this time. If you do not wish to drink from the common cup, please cross your arms in front of your chest as you pass by the chalice. The full grace of the sacrament is received with only the bread.*

### VOLUNTARY Organ improvisation

**HYMN 383** *Fairest Lord Jesus ♦ The Hymnal 1982*

**TUNE:** *St. Elizabeth*

*After singing the hymn, the assembly is invited to remain seated for a period of silence, contemplating the gifts of God given and received.*

*All stand, as able.*

### SENDING OF EUCHARISTIC VISITORS

*Presider* One body are we.

*Assembly* **For, though many, we share one bread and one cup.**

*Deacon* Go in peace, bearing holy gifts for holy people.

## POSTCOMMUNION PRAYER

*Enriching Our Worship 1, p. 69*

*Presider* God of abundance,  
*All* you have fed us  
with the bread of life and cup of salvation;  
you have united us  
with Christ and one another;  
and you have made us one  
with all your people in heaven and on earth.  
Now send us forth  
in the power of your Spirit,  
that we may proclaim your redeeming love to the world  
and continue for ever  
in the risen life of Christ our Savior. Amen.

**BLESSING** *The Presider asks God's blessing on the assembly. All respond: Amen.*

**HYMN 542** *Christ is the world's true Light ♦ The Hymnal 1982*

TUNE: *St. Joan*

## DISMISSAL

*Deacon* Let us go forth in the name of Christ.  
*Assembly* Thanks be to God.

**VOLUNTARY** *Praeludium in C*

Georg Böhm

## MINISTERS OF THE LITURGY

The Rev. Linzi Stahlecker - Presider  
The Very Rev. Steven L. Thomason - Preacher  
The Rev. Cn. Dr. Marda Steedman Sanborn -  
Assisting Priest  
Peter Snyder - Assisting Lay Minister  
Erik Donner - Acolyte  
Kate Halamay - Acolyte  
Alexandra Thompson - Acolyte  
Rose Hazard - Chalice Bearer  
Debra Waddell - Chalice Bearer  
Emily Meeks - Chalice Bearer  
Erin Beary Andersen - Chalice Bearer  
Justin Shelley - Chalice Bearer  
Deborah Person - Altar Guild - Altar Guild  
James Davidson - Altar Guild - Altar Guild

Paul Tonnes - Verger  
Julia Logan - Greeter  
NOT FILLED - Greeter  
Wayne Duncan - Usher  
Jeff Sackett - Usher  
Hilary McLeland-Wieser - Usher  
Carrie Kahler - Oblation Bearer  
Rachel Baker - Land Acknowledgment  
Betsy Heimburger - Lector  
Miles Treakle - Lector  
Ruth McRee - Intercessor  
Michael Perera - Sound Board  
Chris Brown - Video  
Elora Coble - Cantor  
Canon Michael Kleinschmidt - Organist

*Music under copyright is reprinted by permission under OneLicense.net #A-706820*

# O wondrous type! O vision fair

The Hymnal 1982, #137

*Descant*

4 And faith - ful hearts are raised on high by this great

1 O won - drous type! O vi - sion fair of glo - ry  
2 With Mo - ses and E - li - jah nigh the in - car - nate  
3 With shin - ing face and bright ar - ray, Christ deigns to  
4 And faith - ful hearts are raised on high by this great  
5 O Fa - ther, with the e - ter - nal Son, and Ho - ly

vi - sion's mys - ter - y; for which in joy - ful

1 that the Church may share, which Christ up - on the  
2 Lord holds con - verse high; and from the cloud, the  
3 man - i - fest to - day what glo - ry shall be  
4 vi - sion's mys - ter - y; for which in joy - ful  
5 Spi - rit, ev - er One, vouch - safe to bring us

strains we raise the voice of prayer, the hymn of praise.

1 moun - tain shows, where bright - er than the sun he glows!  
2 Ho - ly One bears re - cord to the on - ly Son.  
3 theirs a - bove who joy in God with per - fect love.  
4 strains we raise the voice of prayer, the hymn of praise.  
5 by thy grace to see thy glo - ry face to face.

Words: Latin, 15th cent.; tr. *Hymns Ancient and Modern*, 1861, after John Mason Neale (1848-1866), alt. Music: Wareham, melody William Knapp (1698-1768); alt.; harm. *Hymns Ancient and Modern*, 1875, after James Turler (1802-1882); desc. Sydney Hugo Nicholson (1875-1947). Descant by permission of the Royal School of Church Music.

The Hymnal 1982 - #129 Christ upon the mountain peak

1 Christ up - on the moun - tain peak stands a - lone in  
 2 Trem - bling at his feet we saw Mo - ses and E -  
 3 Swift the cloud of glo - ry came. God pro - claim - ing  
 4 This is God's be - lov - ed Son! Law and pro - phets

glo - ry blaz - ing; let us, if we dare to speak,  
 li - jah speak - ing. All the pro - phets and the Law  
 in its thun - der Je - sus as his Son by name!  
 fade be - fore him; first and last and on - ly One,

with the saints and an - gels praise him. Al - le - lu - ia!  
 shout through them their joy - ful greet - ing. Al - le - lu - ia!  
 Na - tions cry a - loud in won - der! Al - le - lu - ia!  
 let cre - a - tion now a - dore him! Al - le - lu - ia!

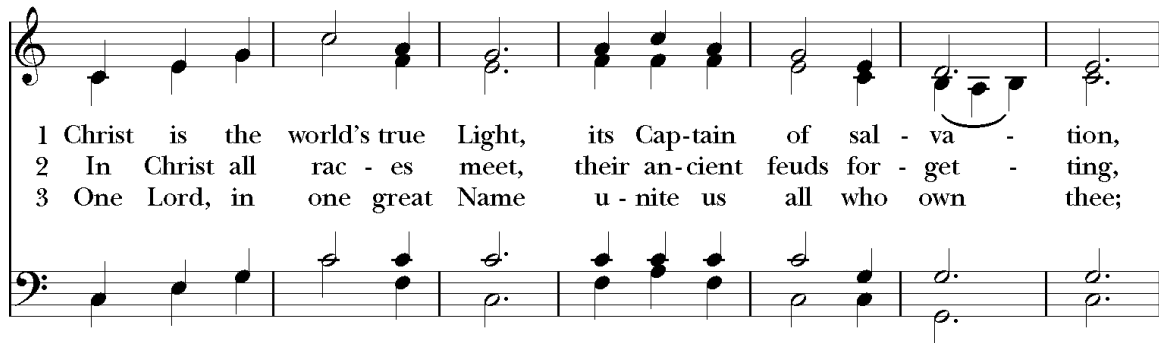
Words: Brian A. Wren (b. 1936) Copyright ©1977 by Hope Publishing Company. Music: *Mowseley*, Cyril Vincent Taylor (b. 1907)  
 Copyright ©1985 by Hope Publishing Company. All rights reserved. Used with permission.

- 1 Christ upon the mountain peak  
 stands alone in glory blazing;  
 let us, if we dare to speak,  
 with the saints and angels praise him.  
 Alleluia!
- 2 Trembling at his feet we saw  
 Moses and Elijah speaking.  
 All the prophets and the Law  
 shout through them their joyful greeting.

1. Fair - est Lord Je - sus, Ru - ler of all na - ture, O thou of God and man the Son;  
2. Fair are the mea-dows, fair-er still the wood-lands, robed in the bloom - ing garb of spring;  
3. Fair is the sun-shine, fair-er still the moon-light, and all the twink - ling. star - ry host:

thee will I cher - ish, thee will I hon - or, thou, my soul's glo-ry, joy and crown.  
Je - sus is fair - er, Je - sus is pur - er, who makes the woe-ful heart to sing.  
Je - sus shines bright-er, Je - sus shines pur - er than all the an-gels heaven can boast.

The Hymnal 1982 - #542 Christ is the world's true Light



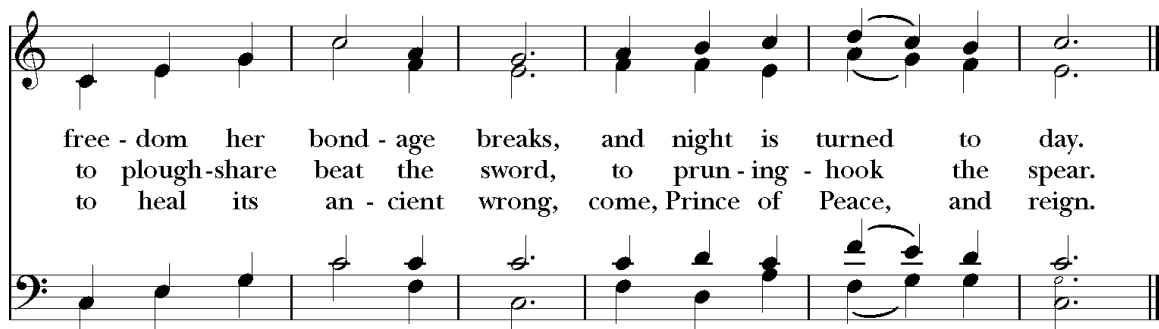
1 Christ is the world's true Light, its Cap-tain of sal - va - tion,  
2 In Christ all rac - es meet, their an-cient feuds for - get - ting,  
3 One Lord, in one great Name u - nite us all who own thee;



the Day - star clear and bright of ev - ery race and na - tion;  
the whole round world com - plete, from sun-rise to its set - ting;  
cast out our pride and shame that hin - der to en - throne thee;



new life, new hope a - wakes, for all who own his sway:  
when Christ is throned as Lord all shall for - sake their fear,  
the world has wait - ed long, has tra - vailed long in pain;



free - dom her bond - age breaks, and night is turned to day.  
to plough-share beat the sword, to prun - ing - hook the spear.  
to heal its an - cient wrong, come, Prince of Peace, and reign.

Words: George Wallace Briggs (1875-1959), alt. Copyright © by permission Oxford University Press. Music: *St. Joan*, Percy E. B. Collier (b. 1895)  
Copyright © The Church Pension Fund. All rights reserved. Used with permission.

1 Christ is the world's true Light,  
its Captain of salvation,