

# THE HOLY EUCHARIST

## THE FOURTEENTH SUNDAY AFTER PENTECOST: PROPER 17A

September 3, 2023 ♦ 11:00 AM



SAINT MARK'S  
EPISCOPAL CATHEDRAL  
SEATTLE, WASHINGTON

### LAND ACKNOWLEDGMENT & WELCOME

*Saint Mark's Cathedral acknowledges that we gather on the traditional land of the first people of Seattle, the Duwamish People, who are still here, and we honor with gratitude the land itself and the life of all the Coast Salish tribes.*

### NEW TO SAINT MARK'S?

*Welcome to Saint Mark's Cathedral. Wherever you are on your spiritual journey, and whether you are joining in the nave or via the livestream, you are welcome here! We invite you to complete a newcomer form, visit [saintmarks.org/newcomers](https://saintmarks.org/newcomers) or connect with one of the clergy.*

### QUESTIONS?

*Please ask. Ushers (wearing the purple welcome lanyards) can answer your questions or concerns, or provide a hearing assist device. All-gender restrooms are available in the northwest stairwell and on the 5th floor of Cathedral House, accessible by elevator or southwest stairwell.*

### TODAY'S GUEST CHOIR

*We welcome Choir of the Sound, one of Seattle's finest community choruses, and one of Saint Mark's Artist-in-Residence Ensembles. Founded in 1977, Choir of the Sound today focuses on community outreach, particularly on engaging the next generation of choral singers, and prior to the pandemic, gave out two yearly scholarships to local high school vocalists. The choir continues to grow and expand, cementing its reputation as one of the premier choral ensembles in the Puget Sound region. Jeremy Matheis is their conductor and artistic director (since 2011), Anjali Chudasama is the Associate Director (today's conductor) and Avery Groenmann is their collaborative pianist.*

# THE LITURGY OF THE WORD

*A brief organ voluntary offered a few minutes before the hour bids all to keep silence for prayer and preparation.*

**PRELUDE** *Méditation*

Maurice Duruflé (1902–1986)

## LAND ACKNOWLEDGMENT

*All stand, as able.*

**HYMN 477** *All praise to thee, for thou, O King divine* ♦ *The Hymnal 1982*

TUNE: *Engelberg*

## OPENING ACCLAMATION

*Enriching Our Worship 1, p. 50*

*Presider* Blessed be the one, holy, and living God.  
*Assembly* **Glory to God for ever and ever.**

## COLLECT FOR PURITY

*Presider* **A**Lmighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

*All* **Amen.**

## SONG OF PRAISE *Gloria in excelsis*

John Rutter (b. 1945)

One-in-a-bar; firmly *f*

Glo-ry to God in the high-est, and peace to God's

peo-ple on earth. Lord God, heav'n-ly King, al-might-y God and Fa-ther,

we wor-ship you, we give you thanks, we praise you for your glo-ry.

Lord Je-sus Christ, on-ly Son of the Fa-ther, Lord God, Lamb of God, you take a

way the sin of the world: have mer-cy on us; you are seat-ed at the right hand of the

*p* = *p* (same beat as before, not slower)

Fa-ther: re-ceive our prayer. For you a-lone are the Ho-ly One, you a -  
 lone are the Lord, you a-lone are the Most High, Je-sus Christ, with the  
 Ho-ly Spi-rit, in the glo-ry of God the Fa-ther. A - - men.

**COLLECT OF THE DAY** *Proper 17*

*The Book of Common Prayer, p. 233*

*Presider* God be with you.

*Assembly* **And also with you.**

*Presider* Let us pray.

**L**ORD of all power and might, the author and giver of all good things: Graft in our hearts the love of your Name; increase in us true religion; nourish us with all goodness; and bring forth in us the fruit of good works; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God for ever and ever.

**All Amen.**

*Please be seated.*

**READING** *Jeremiah 15:15-21*

**O**LORD, you know;  
 remember me and visit me,  
 and bring down retribution for me on my persecutors.

In your forbearance do not take me away;  
 know that on your account I suffer insult.

Your words were found, and I ate them,  
 and your words became to me a joy  
 and the delight of my heart;

for I am called by your name,  
 O LORD, God of hosts.

I did not sit in the company of merrymakers,  
 nor did I rejoice;

under the weight of your hand I sat alone,  
 for you had filled me with indignation.

Why is my pain unceasing,  
 my wound incurable,  
 refusing to be healed?

Truly, you are to me like a deceitful brook,  
like waters that fail.

Therefore, thus says the LORD:

If you turn back, I will take you back,  
and you shall stand before me.

If you utter what is precious, and not what is worthless,  
you shall serve as my mouth.

It is they who will turn to you,  
not you who will turn to them.

And I will make you to this people  
a fortified wall of bronze;

they will fight against you,  
but they shall not prevail over you,

for I am with you  
to save you and deliver you,  
says the LORD.

I will deliver you out of the hand of the wicked,  
and redeem you from the grasp of the ruthless.

*Reader* Hear what the Spirit is saying to God's people.

*Assembly* **Thanks be to God.**

**PSALM**

*Psalm 26:1-8 ♦ Judica me, Domine*

Plainsong, Tone V1

*The cantor introduces the Antiphon, all repeating it.*

*The cantor chants the verses, all repeating the Antiphon as indicated.*



**G**IVE judgment for me, O LORD,  
for I have lived with integrity; \*  
I have trusted in the Lord and have not faltered.

Test me, O LORD, and try me; \*  
examine my heart and my mind. **ANTIPHON**

For your love is before my eyes; \*  
I have walked faithfully with you.

I have not sat with the worthless, \*  
nor do I consort with the deceitful.

I have hated the company of evildoers; \*  
I will not sit down with the wicked. **ANTIPHON**

I will wash my hands in innocence, O LORD, \*  
that I may go in procession round your altar,  
Singing aloud a song of thanksgiving \*  
and recounting all your wonderful deeds.  
LORD, I love the house in which you dwell \*  
and the place where your glory abides **ANTIPHON**

**READING** *Romans 12:9-21*

**L**ET love be genuine; hate what is evil, hold fast to what is good; love one another with mutual affection; outdo one another in showing honor. Do not lag in zeal, be ardent in spirit, serve the Lord. Rejoice in hope, be patient in suffering, persevere in prayer. Contribute to the needs of the saints; extend hospitality to strangers.

Bless those who persecute you; bless and do not curse them. Rejoice with those who rejoice, weep with those who weep. Live in harmony with one another; do not be haughty, but associate with the lowly; do not claim to be wiser than you are. Do not repay anyone evil for evil, but take thought for what is noble in the sight of all. If it is possible, so far as it depends on you, live peaceably with all. Beloved, never avenge yourselves, but leave room for the wrath of God; for it is written, "Vengeance is mine, I will repay, says the Lord." No, "if your enemies are hungry, feed them; if they are thirsty, give them something to drink; for by doing this you will heap burning coals on their heads." Do not be overcome by evil, but overcome evil with good.

*Reader* Hear what the Spirit is saying to God's people.

*Assembly* **Thanks be to God.**

*After a brief pause, the Presider stands; all rise, as able, for the proclamation of the Gospel..*

**HYMN 439** *What wondrous love is this ♦ The Hymnal 1982*

**TUNE:** *Wondrous Love*

**THE HOLY GOSPEL** *Matthew 16:21-28*

*Deacon* The Holy Gospel of our Lord Jesus Christ according to Matthew.

*Assembly* **Glory to you, Lord Christ.**

**J**ESUS began to show his disciples that he must go to Jerusalem and undergo great suffering at the hands of the elders and chief priests and scribes, and be killed, and on the third day be raised. And Peter took him aside and began to rebuke him, saying, "God forbid it, Lord! This must never happen to you." But he turned and said to Peter, "Get behind me, Satan! You are a stumbling block to me; for you are setting your mind not on divine things but on human things."

Then Jesus told his disciples, "If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake will find it. For what will it profit them if they gain the whole world but forfeit their life? Or what will they give in return for their life?"

“For the Son of Man is to come with his angels in the glory of his Father, and then he will repay everyone for what has been done. Truly I tell you, there are some standing here who will not taste death before they see the Son of Man coming in his kingdom.”

*Deacon* The Gospel of the Lord.  
*Assembly* Praise to you, Lord Christ.

## **HOMILY**

The Reverend Canon Jennifer King Daugherty

*Following the homily, the assembly is invited into a period of silence, reflecting on the scriptures and sermon.  
Please stand, as able, when the Presider stands as the liturgy continues.*

*All stand, as able.*

## **THE NICENE CREED**

*The Book of Common Prayer, p. 358*

**We believe in one God,  
the Father, the Almighty,  
Maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary;  
and was made man.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

**PRAYERS OF THE PEOPLE** *After each petition:*

*Intercessor* God of love,  
*Assembly* **hear our prayer.**

*The Presider concludes the prayers with a collect. All respond: Amen.*

**CONFESSION & ABSOLUTION**

*Enriching Our Worship 1, p. 56*

*Deacon* Let us confess our sins to God.  
*You are invited to stand or kneel for the confession.*

*Deacon* God of all mercy,  
**All** we confess that we have sinned against you,  
opposing your will in our lives.  
We have denied your goodness in each other,  
in ourselves, and in the world you have created.  
We repent of the evil that enslaves us,  
the evil we have done,  
and the evil done on our behalf.  
Forgive, restore, and strengthen us  
through our Savior Jesus Christ,  
that we may abide in your love  
and serve only your will. Amen.

*The Presider pronounces God's forgiveness of our sins. All respond: Amen.*

**THE PEACE**

*Presider* The peace of Christ be always with you.  
*Assembly* **And also with you.**

*All greet one another in the name of the Lord.*

## THE LITURGY OF THE TABLE

**OFFERTORY**

*An offering of money is received. Everyone participating in Saint Mark's Cathedral's worship at this time in any way is invited to make an offering as an expression of gratitude for God's generosity. Together, our gifts make possible this community of welcome, reconciliation and service. All worshipping in person are invited to place their offering in baskets as they are passed through the rows.*

*Links to donate to Saint Mark's online are located on the livestream page. Visit [saintmarks.org/give](https://saintmarks.org/give), or use the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right), or visit this link on your mobile device: <https://venmo.com/saintmarkscathedralseattle>. If Venmo asks you for a four-digit code, enter **2076**.*

*You may also mail your gift to the cathedral: 1245 10th Ave. E, Seattle, WA 98102.*



**ANTHEM**

Benedictus, from *Armed Man: A Mass for Peace*

Karl Jenkins (b. 1944)

*Benedictus qui venit in nomine Domini.  
Hosanna in excelsis.*

Blessed is the one who comes in the name of  
the Lord. Hosanna in the highest!

*All stand, as able.*

**THE GREAT THANKSGIVING** *Eucharistic Prayer 2*

*Enriching Our Worship 1, p. 60*

<i>Presider</i>	<i>Assembly</i>
God be with you. <b>And al-so with you.</b>	
<i>Presider</i>	<i>Assembly</i>
Lift up your hearts. <b>We lift them to the Lord.</b>	
<i>Presider</i>	<i>Assembly</i>
Let us give thanks to the Lord our God. <b>It is right to give God thanks and praise.</b>	

*Presider* We praise you and we bless you, holy and gracious God, source of life abundant. From before time you made ready the creation. Your Spirit moved over the deep and brought all things into being: sun, moon, and stars; earth, winds, and waters; and every living thing. You made us in your image, and taught us to walk in your ways. But we rebelled against you, and wandered far away; and yet, as a mother cares for her children, you would not forget us. Time and again you called us to live in the fullness of your love. And so this day we join with Saints and Angels in the chorus of praise that rings through eternity, lifting our voices to magnify you as we sing:

**SANCTUS & BENEDICTUS** *Simple Missa Brevis*

Peter R. Hallock (1924–2014)

<i>Organ:</i>	<i>Everyone:</i>
Ho - ly, ho - ly, ho - ly Lord God of hosts.	
Hea - ven and earth are full of your glo - ry Ho - san - na in the high - est.	
Blest is the one who comes in the name of our God. Ho - san - na in the high - est.	



*Presider* Glory and honor and praise to you, holy and living God. To deliver us from the power of sin and death and to reveal the riches of your grace, you looked with favor upon Mary, your willing servant, that she might conceive and bear a son, Jesus the holy child of God. Living among us, Jesus loved us. He broke bread with outcasts and sinners, healed the sick, and proclaimed good news to the poor. He yearned to draw all the world to himself yet we were heedless of his call to walk in love. Then, the time came for him to complete upon the cross the sacrifice of his life, and to be glorified by you.

On the night before he died for us, Jesus was at table with his friends. He took bread, gave thanks to you, broke it, and gave it to them, and said: "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine. Again, he gave thanks to you, gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Now gathered at your table, O God of all creation, and remembering Christ, crucified and risen, who was and is and is to come, we offer to you our gifts of bread and wine, and ourselves, a living sacrifice. Pour out your Spirit upon these gifts that they may be the Body and Blood of Christ. Breathe your Spirit over the whole earth and make us your new creation, the Body of Christ given for the world you have made. In the fullness of time bring us, with Mary, Mark, and all your saints, from every tribe and language and people and nation, to feast at the banquet prepared from the foundation of the world.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever.



*All* A - MEN.

#### **THE LORD'S PRAYER**

*All* **Our Father in heaven,  
hallowed be your Name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those  
who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.**

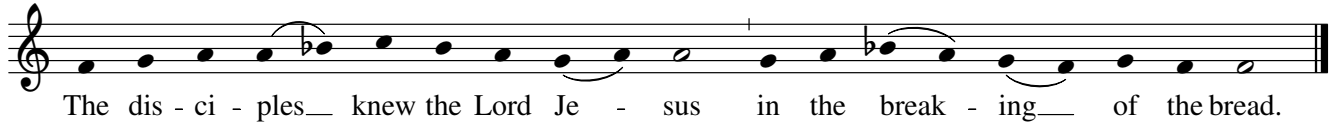
*In silence, the Presider breaks the consecrated bread.*

**THE BREAKING OF THE BREAD**

Mode 6 melody; adapt. Mason Martens (b. 1933)

*The cantor introduces the Antiphon, all repeat it.*

*The cantor chants the verses, all repeat the Antiphon as indicated.*



*Verse:* The bread which we break, alleluia, is the communion of the body of Christ. **ANTIPHON**

*Verse:* One body are we, alleluia, for though many we share one bread. **ANTIPHON**

**INVITATION TO COMMUNION**

*Presider* The Gifts of God for the People of God.

*All may be seated for the time of Communion. All seeking God are welcome at Christ's Table.*

*Please follow the directions of the Liturgical Ministers. Bread and wine are distributed at standing stations at the head of three aisles. The bread will be placed into your outstretched palm. If you prefer a gluten-free wafer, simply ask for one at the time of Communion. If you wish to receive a blessing instead, please cross your arms in front of your chest.*

*Intinction (dipping the bread in the wine) is not available at this time. If you do not wish to drink from the common cup, please cross your arms in front of your chest as you pass by the chalice. The full grace of the sacrament is received with only the bread.*

**ANTHEM**

*Agnus Dei, from Armed Man: A Mass for Peace*

Jenkins

Agnus Dei qui tollis peccata mundi:  
miserere nobis.  
Agnus Dei qui tollis peccata mundi:  
miserere nobis.  
Agnus Dei qui tollis peccata mundi:  
dona nobis pacem.

Lamb of God, you take away the sin of the world, have mercy on us.  
Lamb of God, you take away the sin of the world, have mercy on us.  
Lamb of God, you take away the sin of the world, grant us your peace.

**HYMN 707**

*Take my life and let it be consecrated ♦ The Hymnal 1982*

TUNE: *Hollingside*

*After singing the hymn, the assembly is invited to remain seated for a period of silence, contemplating the gifts of God given and received.*

*All stand, as able.*

**SENDING OF EUCHARISTIC VISITORS**

*Presider* One body are we.

*Assembly* **For, though many, we share one bread and one cup.**

*Deacon* Go in peace, bearing holy gifts for holy people.

**POSTCOMMUNION PRAYER**

*Enriching Our Worship 1, p. 69*

*Presider* God of abundance,

*All* you have fed us  
with the bread of life and cup of salvation;  
you have united us  
with Christ and one another;  
and you have made us one  
with all your people in heaven and on earth.

Now send us forth  
in the power of your Spirit,  
that we may proclaim your redeeming love to the world  
and continue for ever  
in the risen life of Christ our Savior. Amen.

**BLESSING** *The Presider asks God's blessing on the assembly. All respond: Amen.*

**HYMN 675** *Take up your cross, the Savior said ♦ The Hymnal 1982*

TUNE: *Bourbon*

**DISMISSAL**

*Deacon* Let us go forth in the name of Christ.

*Assembly* **Thanks be to God.**

**VOLUNTARY** *Carillon de Westminster, Op. 53, No. 4*

Louis Vierne (1870–1937)

The Hymnal 1982 - #477 All praise to thee, for thou, O King divine

*Descant*

5 Let ev - ery tongue con - fess with one ac - cord

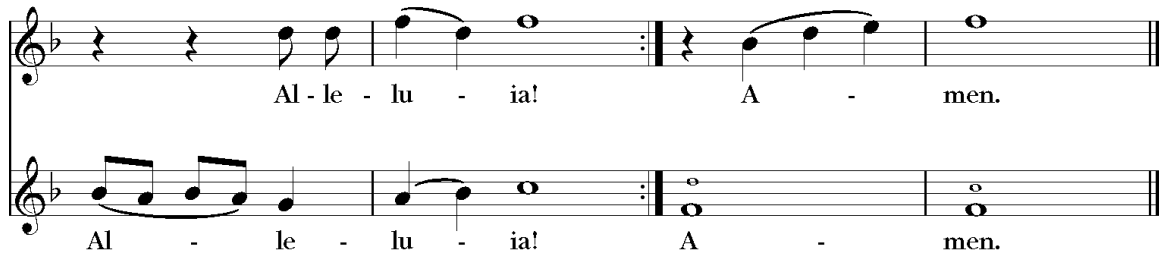
1 All praise to thee, for thou, O King di - vine, \_\_\_\_\_  
 2 Thou cam'st to us in low - li - ness of thought; \_\_\_\_\_  
 3 Let this mind be in us which was in thee, \_\_\_\_\_  
 4 Where - fore, by God's e - ter - nal pur - pose, thou \_\_\_\_\_  
 5 Let ev - ery tongue con - fess with one ac - cord \_\_\_\_\_

Je - sus Christ is Lord;

1 didst yield the glo - ry that of right was thine, \_\_\_\_\_  
 2 by thee the out - cast and the poor were sought; \_\_\_\_\_  
 3 who wast a ser - vant that we might be free, \_\_\_\_\_  
 4 art high ex - alt - ed o'er all crea - tures now, \_\_\_\_\_  
 5 in heaven and earth that Je - sus Christ is Lord; \_\_\_\_\_

and God the Fa - ther be by all a - dored.

1 that in our dark - ened hearts thy grace might shine. \_\_\_\_\_  
 2 and by thy death was God's sal - va - tion wrought. \_\_\_\_\_  
 3 hum - bling thy - self to death on Cal - va - ry. \_\_\_\_\_  
 4 and given the Name to which all knees shall bow. \_\_\_\_\_  
 5 and God the Fa - ther be by all a - dored. \_\_\_\_\_




Words: F. Bland Tucker (1895-1984) Music: *Engelberg*, Charles Villiers Stanford (1852-1924); desc. Richard Proulx (b. 1937) Copyright ©1979, G.I.A. Publications, Inc. All rights reserved. Used with permission.

- 1 All praise to thee, for thou, O King divine,  
didst yield the glory that of right was thine,  
that in our darkened hearts thy grace might shine.  
Alleluia!
- 2 Thou cam'st to us in lowliness of thought;  
by thee the outcast and the poor were sought;  
and by thy death was God's salvation wrought.  
Alleluia!
- 3 Let this mind be in us which was in thee,  
who wast a servant that we might be free,  
humbling thyself to death on Calvary.  
Alleluia!
- 4 Wherefore, by God's eternal purpose, thou  
art high exalted o'er all creatures now,  
and given the Name to which all knees shall bow.  
Alleluia!
- 5 Let every tongue confess with one accord  
in heaven and earth that Jesus Christ is Lord;  
and God the Father be by all adored.  
Alleluia! Amen.


Your ritesong purchase includes a one-time use reprint license for congregational use. This song may be printed in congregational song sheets for one-time use. No permission is granted to include this song in a hymnal or other permanent or semi-permanent collection of songs. No other form of the music, whether for use by a choir, organ or other accompaniments is covered by this license. Please contact the publishers for these permissions.

If you have purchased ritesong individual songs you have the rite for a single one-time use as described above. You will need to purchase them again for any other use.

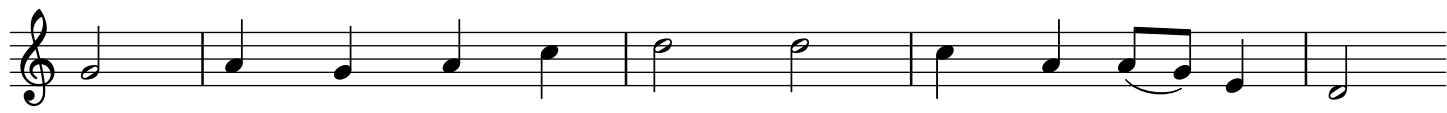
If you have made an annual purchase of ritesong, these rights expire when your annual purchase lapses. You must maintain an annual purchase to maintain license rights described above.



1. What won - drous love is this, O my soul, O my soul!  
2. To God and to the Lamb I will sing, I will sing,  
3. And when from death I'm free, I'll sing on, I'll sing on,



What won - drous love is this, O my soul!  
to God and to the Lamb I will sing.  
and when from death I'm free, I'll sing on.



What won - drous love is this that caused the Lord of bliss  
To God and to the Lamb, who is the great I AM  
And when from death I'm free I'll sing and joy - ful be,



to lay a - side his crown for my soul, for my soul,  
while mil - lions join the theme, I will sing, I will sing,  
and through e - ter - ni - ty I'll sing on, I'll sing on,



to lay a - side his crown for my soul!  
while mil - lions join the theme, I will sing!  
and through e - ter - ni - ty I'll sing on!

1. Take my life, and let it be con - se - crat - ed, Lord, to thee;  
2. Take my voice, and let me sing al - ways, on - ly, for my King;

Take my mo - ments and my days, let them flow in cease - less praise.  
Take my in - tel - lect, and use ev - ery power as thou shalt choose.

Take my hands, and let them move at the im - pulse of thy love;  
Take my will and make it thine; it shall be no long - er mine.

Take my heart, it is thine own; it shall be thy ro - yal throne.  
Take my - self, and I will be ev - er, on - ly, all for thee.

The Hymnal 1982 - #675 Take up your cross, the Savior said



1 Take up your cross, the Sa - vior said, if  
 2 Take up your cross, let not its weight fill  
 3 Take up your cross, heed not the shame, and  
 4 Take up your cross, then, in his strength, and  
 5 Take up your cross, and fol - low Christ, nor



1 you would my dis - ci - ple be; take up your cross with  
 2 your weak spi - rit with a - larm; his strength shall bear your  
 3 let your fool - ish heart be still; the Lord for you ac -  
 4 calm - ly ev - ery dan - ger brave; it guides you to a -  
 5 think till death to lay it down; for on - ly those who



1 will - ing heart, and hum - bly fol - low af - ter me.  
 2 spi - rit up, and brace your heart, and nerve your arm.  
 3 cept - ed death up - on a cross, on Cal - vary's hill.  
 4 bun - dant life and leads to vic - tory o'er the grave.  
 5 bear the cross may hope to wear the glo - rious crown.

Words: Charles William Everest (1814-1877), alt. Music: *Bourbon*, melody att. Freeman Lewis (1780-1859);  
 harm. John Leon Hooker (b. 1944) Copyright ©1984, John Hooker. All rights reserved. Used with permission.

- 1 Take up your cross, the Savior said,  
 if you would my disciple be;  
 take up your cross with willing heart,  
 and humbly follow after me.
- 2 Take up your cross, let not its weight  
 fill your weak spirit with alarm;  
 his strength shall bear your spirit up,  
 and brace your heart, and nerve your arm.
- 3 Take up your cross, heed not the shame,  
 and let your foolish heart be still;  
 the Lord for you accepted death  
 upon a cross, on Calvary's hill.
- 4 Take up your cross, then, in his strength,  
 and calmly every danger brave:  
 it guides you to abundant life  
 and leads to victory o'er the grave.
- 5 Take up your cross, and follow Christ,  
 nor think till death to lay it down;  
 for only those who bear the cross