

# THE HOLY EUCHARIST

## THE FOURTEENTH SUNDAY AFTER PENTECOST: PROPER 17A

September 3, 2023 ♦ 9:00 AM



SAINT MARK'S  
EPISCOPAL CATHEDRAL  
SEATTLE, WASHINGTON

### LAND ACKNOWLEDGMENT & WELCOME

*Saint Mark's Cathedral acknowledges that we gather on the traditional land of the first people of Seattle, the Duwamish People, who are still here, and we honor with gratitude the land itself and the life of all the Coast Salish tribes.*

### NEW TO SAINT MARK'S?

*Welcome to Saint Mark's Cathedral. Wherever you are on your spiritual journey, you are welcome here! We invite you to complete a newcomer form, visit [saintmarks.org/newcomers](https://saintmarks.org/newcomers) or connect with one of the clergy.*

### QUESTIONS?

*Please ask. Ushers (wearing the purple welcome lanyards) can answer your questions or concerns, or provide a hearing assist device. All-gender restrooms are available in the northwest stairwell and on the 5th floor of Cathedral House, accessible by elevator or southwest stairwell.*

# THE LITURGY OF THE WORD

*A brief organ voluntary offered a few minutes before the hour bids all to keep silence for prayer and preparation.*

**PRELUDE** *Méditation*

Maurice Duruflé (1902–1986)

## LAND ACKNOWLEDGMENT

*All stand, as able.*

**HYMN 707** *Take my life and let it be consecrated* ♦ *The Hymnal 1982*

TUNE: *Hollingside*

## OPENING ACCLAMATION

*Enriching Our Worship 1, p. 50*

*Presider* Blessed be the one, holy, and living God.

*Assembly* **Glory to God for ever and ever.**

## COLLECT FOR PURITY

*Presider* **A**LMIGHTY God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

*All* **Amen.**

## SONG OF PRAISE *For the beauty of the earth*

TUNE: *Dix*

1. For the beaut - y of the earth, for the beau - ty of the skies,  
2. For the beau - ty of each hour of the day and of the night,

for the love which from our birth o - ver and a - round us lies,  
hill and vale, and tree and flower, sun and moon, and stars of light,

*Refrain*  
Christ our God, to thee we raise this our hymn of grate - ful praise.

*Presider* God be with you.

*Assembly* **And also with you.**

*Presider* Let us pray.

**L**ORD of all power and might, the author and giver of all good things: Graft in our hearts the love of your Name; increase in us true religion; nourish us with all goodness; and bring forth in us the fruit of good works; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God for ever and ever.

**All Amen.**

*Please be seated.*

**READING** *Jeremiah 15:15-21*

**O**LORD, you know;  
remember me and visit me,  
and bring down retribution for me on my persecutors.

In your forbearance do not take me away;  
know that on your account I suffer insult.

Your words were found, and I ate them,  
and your words became to me a joy  
and the delight of my heart;

for I am called by your name,  
O LORD, God of hosts.

I did not sit in the company of merry-makers,  
nor did I rejoice;

under the weight of your hand I sat alone,  
for you had filled me with indignation.

Why is my pain unceasing,  
my wound incurable,  
refusing to be healed?

Truly, you are to me like a deceitful brook,  
like waters that fail.

Therefore, thus says the LORD:

If you turn back, I will take you back,  
and you shall stand before me.

If you utter what is precious, and not what is worthless,  
you shall serve as my mouth.

It is they who will turn to you,  
not you who will turn to them.

And I will make you to this people  
a fortified wall of bronze;

they will fight against you,  
but they shall not prevail over you,

for I am with you  
to save you and deliver you,  
says the LORD.

I will deliver you out of the hand of the wicked,  
and redeem you from the grasp of the ruthless.

*Reader* Hear what the Spirit is saying to God's people.

*Assembly* **Thanks be to God.**

**PSALM**

*Psalm 26:1-8 ♦ Judica me, Domine*

Plainsong, Tone V1

*The cantor introduces the Antiphon, all repeating it.*

*The cantor chants the verses, all repeating the Antiphon as indicated.*



I have trust - ed in the Lord and have not fal - tered.

**G**IVE judgment for me, O LORD,  
for I have lived with integrity; \*  
I have trusted in the Lord and have not faltered.

Test me, O LORD, and try me; \*  
examine my heart and my mind. **ANTIPHON**

For your love is before my eyes; \*  
I have walked faithfully with you.

I have not sat with the worthless, \*  
nor do I consort with the deceitful.

I have hated the company of evildoers; \*  
I will not sit down with the wicked. **ANTIPHON**

I will wash my hands in innocence, O LORD, \*  
that I may go in procession round your altar,

Singing aloud a song of thanksgiving \*  
and recounting all your wonderful deeds.

LORD, I love the house in which you dwell \*  
and the place where your glory abides **ANTIPHON**

**READING***Romans 12:9-21*

**L**ET love be genuine; hate what is evil, hold fast to what is good; love one another with mutual affection; outdo one another in showing honor. Do not lag in zeal, be ardent in spirit, serve the Lord. Rejoice in hope, be patient in suffering, persevere in prayer. Contribute to the needs of the saints; extend hospitality to strangers.

Bless those who persecute you; bless and do not curse them. Rejoice with those who rejoice, weep with those who weep. Live in harmony with one another; do not be haughty, but associate with the lowly; do not claim to be wiser than you are. Do not repay anyone evil for evil, but take thought for what is noble in the sight of all. If it is possible, so far as it depends on you, live peaceably with all. Beloved, never avenge yourselves, but leave room for the wrath of God; for it is written, "Vengeance is mine, I will repay, says the Lord." No, "if your enemies are hungry, feed them; if they are thirsty, give them something to drink; for by doing this you will heap burning coals on their heads." Do not be overcome by evil, but overcome evil with good.

*Reader* Hear what the Spirit is saying to God's people.

*Assembly* **Thanks be to God.**

**GOSPEL ACCLAMATION**

*The cantor introduces the Alleluias, all repeat them. The cantor chants the verse and all repeat the Alleluias.*



*Verse:* Those who want to save their life will lose it, and those who lose their life for my sake will find it.

**THE HOLY GOSPEL** *Matthew 16:21-28*

*Deacon* The Holy Gospel of our Lord Jesus Christ according to Matthew.

*Assembly* **Glory to you, Lord Christ.**

**J**ESUS began to show his disciples that he must go to Jerusalem and undergo great suffering at the hands of the elders and chief priests and scribes, and be killed, and on the third day be raised. And Peter took him aside and began to rebuke him, saying, "God forbid it, Lord! This must never happen to you." But he turned and said to Peter, "Get behind me, Satan! You are a stumbling block to me; for you are setting your mind not on divine things but on human things."

Then Jesus told his disciples, "If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake will find it. For what will it profit them if they gain the whole world but forfeit their life? Or what will they give in return for their life?"

"For the Son of Man is to come with his angels in the glory of his Father, and then he will repay everyone for what has been done. Truly I tell you, there are some standing here who will not taste death before they see the Son of Man coming in his kingdom."

*Deacon* The Gospel of the Lord.

*Assembly* **Praise to you, Lord Christ.**

*Following the homily, the assembly is invited into a period of silence, reflecting on the scriptures and sermon.  
Please stand, as able, when the Presider stands as the liturgy continues.*

## **THE NICENE CREED**

*Authorized for use by the 1997 General Convention*

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
through him all things were made.  
For us and for our salvation  
he came down from heaven,  
was incarnate of the Holy Spirit and the Virgin Mary  
and became truly human.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father,  
who with the Father and the Son is worshiped and glorified,  
who has spoken through the prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

## **PRAYERS OF THE PEOPLE**

*After each petition:*

*Intercessor* God of love,  
*Assembly* hear our prayer.

*The Presider concludes the prayers with a collect. All respond: Amen.*

## CONFESSION & ABSOLUTION

*Enriching Our Worship 1, p. 56*

*Deacon* Let us confess our sins to God.

*You are invited to stand or kneel for the confession.*

*Deacon* God of all mercy,

**All we confess that we have sinned against you,  
opposing your will in our lives.**

**We have denied your goodness in each other,  
in ourselves, and in the world you have created.**

**We repent of the evil that enslaves us,  
the evil we have done,  
and the evil done on our behalf.**

**Forgive, restore, and strengthen us  
through our Savior Jesus Christ,  
that we may abide in your love  
and serve only your will. Amen.**

*The Presider pronounces God's forgiveness of our sins. All respond: Amen.*

## THE PEACE

*Presider* The peace of Christ be always with you.

*Assembly* And also with you.

*All greet one another in the name of the Lord.*

## BIRTHDAY & ANNIVERSARY BLESSINGS

*Those celebrating birthdays and anniversaries this month are invited to come forward to receive a blessing.*

*The Assembly stands as able and joins the Presider in saying the prayers.*

*Birthdays:*

**Watch over your children, O Lord, as their days increase; bless and guide them wherever they may be. Strengthen them when they stand; comfort them when discouraged or sorrowful; raise them up if they fall; and in their hearts may your peace, which passes understanding, abide all the days of their lives; through Jesus Christ our Savior. Amen.**

*Anniversaries:*

**Loving God, in the mystery of the Holy Trinity, you reveal yourself as a community of self-giving love. We thank you for bringing us together into families. Bless we pray these couples who celebrate the anniversaries of their commitments to one another, and grant that they may grow in grace, fidelity and mutual affection all the days of their lives, through Jesus Christ our Savior. Amen.**

# THE LITURGY OF THE TABLE

## OFFERTORY

*An offering of money is received. Everyone participating in Saint Mark's Cathedral's worship at this time in any way is invited to make an offering as an expression of gratitude for God's generosity. Together, our gifts make possible this community of welcome, reconciliation and service. All worshipping in person are invited to place their offering in baskets as they are passed through through the rows.*

*Links to donate to Saint Mark's online are located on the livestream page. Visit [saintmarks.org/give](https://saintmarks.org/give), or use the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right), or visit this link on your mobile device: <https://venmo.com/saintmarkscathedralseattle>. If Venmo asks you for a four-digit code, enter **2076**.*



*You may also mail your gift to the cathedral: 1245 10th Ave. E, Seattle, WA 98102.*

## VOLUNTARY *Organ improvisation*

*All stand, as able.*

## THE GREAT THANKSGIVING *Eucharistic Prayer 2*

*Enriching Our Worship 1, p. 60*

*Presider* God be with you.

*Assembly* **And also with you.**

*Presider* Lift up your hearts.

*Assembly* **We lift them to the Lord.**

*Presider* Let us give thanks to the Lord our God.

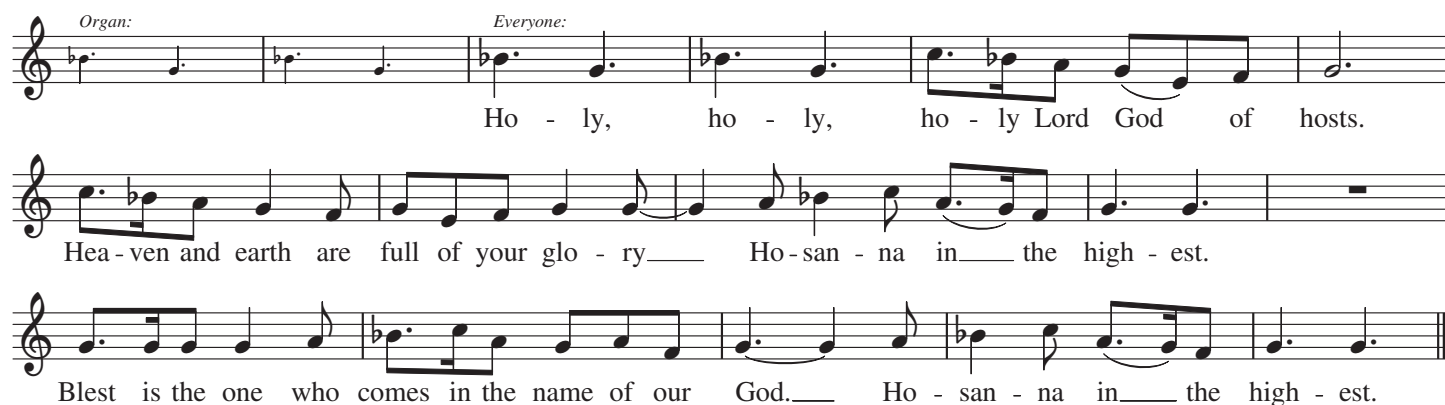
*Assembly* **It is right to give God thanks and praise.**

*Presider* We praise you and we bless you, holy and gracious God, source of life abundant. From before time you made ready the creation. Your Spirit moved over the deep and brought all things into being: sun, moon, and stars; earth, winds, and waters; and every living thing. You made us in your image, and taught us to walk in your ways. But we rebelled against you, and wandered far away; and yet, as a mother cares for her children, you would not forget us. Time and again you called us to live in the fullness of your love. And so this day we join with Saints and Angels in the chorus of praise that rings through eternity, lifting our voices to magnify you as we sing:

## SANCTUS & BENEDICTUS *Simple Missa Brevis*

Peter R. Hallock (1924–2014)

*Organ:* *Everyone:*



Ho - ly, ho - ly, ho - ly Lord God of hosts.

Hea - ven and earth are full of your glo - ry. Ho - san - na in the high - est.

Blest is the one who comes in the name of our God. Ho - san - na in the high - est.



*Presider* Glory and honor and praise to you, holy and living God. To deliver us from the power of sin and death and to reveal the riches of your grace, you looked with favor upon Mary, your willing servant, that she might conceive and bear a son, Jesus the holy child of God. Living among us, Jesus loved us. He broke bread with outcasts and sinners, healed the sick, and proclaimed good news to the poor. He yearned to draw all the world to himself yet we were heedless of his call to walk in love. Then, the time came for him to complete upon the cross the sacrifice of his life, and to be glorified by you.

On the night before he died for us, Jesus was at table with his friends. He took bread, gave thanks to you, broke it, and gave it to them, and said: "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine. Again, he gave thanks to you, gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Now gathered at your table, O God of all creation, and remembering Christ, crucified and risen, who was and is and is to come, we offer to you our gifts of bread and wine, and ourselves, a living sacrifice. Pour out your Spirit upon these gifts that they may be the Body and Blood of Christ. Breathe your Spirit over the whole earth and make us your new creation, the Body of Christ given for the world you have made. In the fullness of time bring us, with Mary, Mark, and all your saints, from every tribe and language and people and nation, to feast at the banquet prepared from the foundation of the world.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever.

**All AMEN.**

#### **THE LORD'S PRAYER**

**All Our Father in heaven,  
hallowed be your Name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those  
who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.**

*In silence, the Presider breaks the consecrated bread.*

**THE BREAKING OF THE BREAD**

Mode 6 melody; adapt. Mason Martens (b. 1933)

*The cantor introduces the Antiphon, all repeat it.*

*The cantor chants the verses, all repeat the Antiphon as indicated.*



*Verse:* The bread which we break, alleluia, is the communion of the body of Christ. **ANTIPHON**

*Verse:* One body are we, alleluia, for though many we share one bread. **ANTIPHON**

**INVITATION TO COMMUNION**

*Presider* The Gifts of God for the People of God.

*All may be seated for the time of Communion. All seeking God are welcome at Christ's Table.*

*Please follow the directions of the Liturgical Ministers. Bread and wine are distributed at standing stations at the head of three aisles. The bread will be placed into your outstretched palm. If you prefer a gluten-free wafer, simply ask for one at the time of Communion. If you wish to receive a blessing instead, please cross your arms in front of your chest.*

*Intinction (dipping the bread in the wine) is not available at this time. If you do not wish to drink from the common cup, please cross your arms in front of your chest as you pass by the chalice. The full grace of the sacrament is received with only the bread.*

**VOLUNTARY** Organ improvisation

**HYMN 439** What wondrous love is this ♦ The Hymnal 1982

TUNE: Wondrous Love

*After singing the hymn, the assembly is invited to remain seated for a period of silence, contemplating the gifts of God given and received.*

*All stand, as able.*

**SENDING OF EUCHARISTIC VISITORS**

*Presider* One body are we.

*Assembly* **For, though many, we share one bread and one cup.**

*Deacon* Go in peace, bearing holy gifts for holy people.

**POSTCOMMUNION PRAYER**

*Enriching Our Worship 1, p. 69*

*Presider* God of abundance,

*All* **you have fed us  
with the bread of life and cup of salvation;  
you have united us  
with Christ and one another;  
and you have made us one  
with all your people in heaven and on earth.**

**Now send us forth in the power of your Spirit,  
that we may proclaim your redeeming love to the world  
and continue for ever  
in the risen life of Christ our Savior. Amen.**

**BLESSING** *The Presider asks God's blessing on the assembly. All respond: Amen.*

**HYMN 675** *Take up your cross, the Savior said ♦ The Hymnal 1982*

TUNE: *Bourbon*

**DISMISSAL**

*Deacon* Let us go forth in the name of Christ.

*Assembly* **Thanks be to God.**

**VOLUNTARY** *Carillon de Westminster, Op. 53, No. 4*

Louis Vierne (1870–1937)

# MINISTERS OF THE LITURGY

## **PRESIDER**

The Rev. Linzi Stahlecker

## **PREACHER**

The Rev. Canon Jennifer King Daugherty

## **ASSISTING LAY MINISTER**

Rachel Crosbie

## **EUCCHARISTIC MINISTERS**

Jon Achee, John Carroll, TBD, The Very Rev. Steven L. Thomason

## **ACOLYTE**

Allen Barnes

## **GREETER**

Steve Quinn

## **USHERS**

Don Sutkus, Karrie Stukus

## **OBLATION BEARERS**

Loy & Michael Dahl

## **LECTORS**

David Thompson, John Carroll

## **INTERCESSOR**

David Thompson

## **SOUND BOARD**

Michael Perera

## **MUSICIANS**

Rebekah Gilmore, *cantor*;  
John Stuntebeck, *organist*