

# THE HOLY EUCHARIST

# THE SIXTEENTH SUNDAY AFTER PENTECOST: PROPER 19A

September 17, 2023

11:00 AM



#### LAND ACKNOWLEDGMENT & WELCOME

Saint Mark's Cathedral acknowledges that we gather on the traditional land of the first people of Seattle, the Duwamish People, who are still here, and we honor with gratitude the land itself and the life of all the Coast Salish tribes.

#### **NEW TO SAINT MARK'S?**

Welcome to Saint Mark's Cathedral. Wherever you are on your spiritual journey, you are welcome here! We invite you to complete a newcomer form, visit <u>saintmarks.org/newcomers</u> or connect with one of the clergy.

#### QUESTIONS?

Please ask. Ushers (wearing the purple welcome lanyards) can answer your questions or concerns, or provide a hearing assist device. All-gender restrooms are available in the northwest stairwell and on the 5th floor of Cathedral House, accessible by elevator or southwest stairwell.

#### **ABOUT THE LITURGY**

Worship lies at the heart of the Christian life. It is in worship that we express our theology and define our identity. We encounter God within worship and are formed and transformed as the people of God. One of the hallmarks of the Episcopal Church is its liturgical worship. Liturgy literally is "the work of the people," and refers to the patterns, forms, words, and actions through which public worship is conducted.

# THE LITURGY OF THE WORD

The service usually begins with an organ prelude or other music designed to call us into worshipful presence.

**PRELUDE** 

Nun danket alle Gott (Tune of Hymn 397, "Now thank we all our God"), BWV 657

J. S. Bach

#### LAND ACKNOWLEDGMENT

All stand, as able.

**INTROIT** So the day dawn for me

Words: Timothy Dudley-Smith; Music: David Ashley White

So the day dawn for me, so the day break, Christ watching over me, Christ as I wake. Be the day shine for me, be the day bright, Christ my companion be, Christ be my light. Be the day dark to me, be the day drear, Christ shall my comfort be, Christ be my cheer.

Be the day swift to me, be the day long, Christ my contentment be, Christ be my song. So the day close for me, so the night fall, Christ watching over me, Christ be my all.

#### **HYMN** Praise my soul the God of heaven



Words: Henry F. Lyte (1793-1847), alt. Walter R. Bouman (1927-2005) Music: *Lauda anima*, John Goss (1800-1880)

#### **OPENING ACCLAMATION**

Presider Blessed be God: Father, Son, and Holy Spirit.

Assembly And blessed be God's kingdom, now and for ever. Amen.

#### **COLLECT FOR PURITY**

Presider A LMIGHTY GOD, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

All Amen.

The Gloria, or some other song of praise, centers the service on the Holy One we gather to praise in our worship.



The collect is the prayer designated for each Sunday that "collects" or captures the theme of the day or season of the Church year. It summarizes the attributes of God as revealed in the scriptures for the day.

#### COLLECT OF THE DAY Proper 19

The Book of Common Prayer 1979, p. 233

Presider The Lord be with you.

Assembly And also with you.

Presider Let us pray.

God, because without you we are not able to please you, mercifully grant that your Holy Spirit may in all things direct and rule our hearts; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.

All Amen.

Please be seated for the readings.

The first reading is usually drawn from the Hebrew Scriptures, inviting us to trace our heritage in God's historical covenant with the People of God.

#### **READING** Genesis 50:1-21

Realizing that their father was dead, Joseph's brothers said, "What if Joseph still bears a grudge against us and pays us back in full for all the wrong that we did to him?" So they approached Joseph, saying, "Your father gave this instruction before he died, 'Say to Joseph: I beg you, forgive the crime of your brothers and the wrong they did in harming you.' Now therefore please forgive the crime of the servants of the God of your father." Joseph wept when they spoke to him. Then his brothers also wept, fell down before him, and said, "We are here as your slaves." But Joseph said to them, "Do not be afraid! Am I in the place of God? Even though you intended to do harm to me, God intended it for good, in order to preserve a numerous people, as he is doing today. So have no fear; I myself will provide for you and your little ones." In this way he reassured them, speaking kindly to them."

Reader Hear what the Spirit is saying to God's people.

Assembly Thanks be to God.

The Psalm is a sung response to the previous reading. Psalms are the songbook of the Hebrew Scriptures. They express every emotion known to humankind.

**PSALM** 

Psalm 103:1-13 ◆ The Saint Helena Psalter

Anglican Chant (Highmore Skeats, Jr.)

Sung by the choir.

Benedic, anima mea

B LESS the Holy One, O my soul, \* and all that is within me, bless God's holy Name.

Bless the Holy One, O my soul, \* and forget not all the gifts of God.

O God, you forgive all our sins, \* and you heal all our infirmities;

You redeem our life from the grave \* and crown us with mercy and loving-kindness;

You satisfy us with good things, \* and our youth is renewed like an eagle's.

O God, you execute righteousness \* and judgment for all who are oppressed.

You made your ways known to Moses \* and your works to the children of Israel.

You are full of compassion and mercy, \* slow to anger and of great kindness.

You will not always accuse us, \* nor will you keep your anger forever.

You have not dealt with us according to our sins \* nor rewarded us according to our wickedness.

For as the heavens are high above the earth, \* so is your mercy great upon those who fear you.

As far as the east is from the west, \* so far have you removed our sins from us.

As a parent cares for a child, \* so do you care for those who fear you.

This reading, taken from the New Testament, is typically from a letter (epistle) to the early Church, the Acts of the Apostles, or the Revelation to John.

#### **READING**

Romans 14:1-12

Welcome those who are weak in faith, but not for the purpose of quarreling over opinions. Some believe in eating anything, while the weak eat only vegetables. Those who eat must not despise those who abstain, and those who abstain must not pass judgment on those who eat; for God has welcomed them. Who are you to pass judgment on servants of another? It is before their own lord that they stand or fall. And they will be upheld, for the Lord is able to make them stand.

Some judge one day to be better than another, while others judge all days to be alike. Let all be fully convinced in their own minds. Those who observe the day, observe it in honor of the Lord. Also those who eat, eat in honor of the Lord, since they give thanks to God; while those who abstain, abstain in honor of the Lord and give thanks to God.

We do not live to ourselves, and we do not die to ourselves. If we live, we live to the Lord, and if we die, we die to the Lord; so then, whether we live or whether we die, we are the Lord's. For to this end Christ died and lived again, so that he might be Lord of both the dead and the living.

Why do you pass judgment on your brother or sister? Or you, why do you despise your brother or sister? For we will all stand before the judgment seat of God. For it is written,

"As I live, says the Lord, every knee shall bow to me, and every tongue shall give praise to God."

So then, each of us will be accountable to God.

Reader Hear what the Spirit is saying to God's people.

Assembly Thanks be to God.

The sequence hymn or Gospel acclamation moves us toward the summit of the Liturgy of the Word—the reading of the Holy Gospel. Gospel means "good news"—specifically the "good news of Jesus Christ."

All stand, as able.

GOSPEL ACCLAMATION Mel Butler

The choir introduce the alleluias, all repeat them. The choir sing the verse below, then all repeat the alleluias.



*Verse*: Peter came to Jesus and asked, "Lord, if my brother sins agains me, how often should I forgive him? Seven times?" Jesus said to him, "Not seven times, but seventy times seven."

This reading is taken from one of the four Gospels (Matthew, Mark, Luke, and John), which depict the life, teachings, death, resurrection, and ascension of our Lord Jesus Christ. We stand for the Gospel reading to show the particular importance placed on Jesus's words and actions.

THE HOLY GOSPEL Matthew 18:21-35

Deacon The Holy Gospel of our Lord Jesus Christ according to Matthew.

Assembly Glory to you, Lord Christ.

PETER came and said to Jesus, "Lord, if another member of the church sins against me, how often should I forgive? As many as seven times?" Jesus said to him, "Not seven times, but, I tell you, seventy-seven times.

"For this reason the kingdom of heaven may be compared to a king who wished to settle accounts with his slaves. When he began the reckoning, one who owed him ten thousand talents was brought to him; and, as he could not pay, his lord ordered him to be sold, together with his wife and children and all his possessions, and payment to be made. So the slave fell on his knees before him, saying, 'Have patience with me, and I will pay you everything.' And out of pity for him, the lord of that slave released him and forgave him the debt. But that same slave, as he went out, came upon one of his fellow slaves who owed him a hundred denarii; and seizing him by the throat, he said, 'Pay what you owe.' Then his fellow slave fell down and pleaded with him, 'Have patience with me, and I will pay you.' But he refused; then he went and threw him into prison until he would pay the debt. When his fellow slaves saw what had happened, they were greatly distressed, and they went and reported to their lord all that had taken place. Then his lord summoned him and said to him, 'You wicked slave! I forgave you all that debt because you pleaded with me. Should you not have had mercy on your fellow slave, as I had mercy on you?' And in anger his lord handed him over to be tortured until he would pay his entire debt. So my heavenly Father will also do to every one of you, if you do not forgive your brother or sister from your heart."

Deacon The Gospel of the Lord.

Assembly Praise to you, Lord Christ.

The homily directly follows the Gospel because it is grounded in the scriptures. It illuminates the scriptural readings and relates them to daily life.

The Reverend Linzi Stahlecker

Following the homily, the assembly is invited into a period of silence, reflecting on the scriptures and sermon. Please stand, as able, when the Presider stands as the liturgy continues.

The word "creed" comes from the Latin "credo" for "I believe." First formulated at the Council of Nicaea in 325 CE and confirmed in 381 CE, the Nicene Creed is said at the Holy Eucharist and reflects what Christians believe regarding the relationship between the Father, Jesus, and the Holy Spirit: The Holy Trinity.

#### THE NICENE CREED

The Book of Common Prayer 1979, p. 358

We believe in one God, the Father, the Almighty, Maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary; and was made man. For our sake he was crucified under Pontius Pilate: he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

We pray for ourselves and particularly on behalf of others. Each week, we pray for the Universal Church, the nation and its leaders, the welfare of the world, the concerns of our community of faith, including those who are in need or suffer, and for the departed. We are reminded in prayer that we are part of a larger fellowship, the Church—the Body of Christ.

### **PRAYERS OF THE PEOPLE** After each petition:

Intercessor God of love,

Assembly hear our prayer.

The Presider concludes the prayers with a collect. All respond: Amen.

#### **CONFESSION & ABSOLUTION**

The Book of Common Prayer 1979, p. 360

Deacon Let us confess our sins against God and our neighbor.

You are invited to stand or kneel for the confession.

Deacon Most merciful God,

All we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone.

We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent.

For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Presider pronounces God's forgiveness of our sins. All respond: Amen.

The exchange of peace within the gathered community is an ancient Christian practice. It is a sign of reconciliation, love, and renewed relationships prior to coming to God's table for Eucharist.

#### THE PEACE

Presider The peace of the Lord be always with you.

Assembly And also with you.

All greet one another in the name of the Lord.

## THE LITURGY OF THE TABLE

Having listened to the Word of God, affirmed our faith, confessed our sins, received forgiveness, and shared in the peace, we are prepared for the mystery and miracle of the Holy Communion. At the offertory, we gratefully offer back to God some of what God has given us, symbolically in the bread and wine, and in the money we give.

#### **OFFERTORY**

An offering of money is received. Everyone participating in worship is invited to make an offering in gratitude for God's generosity. Together, these gifts make possible this community of welcome, reconciliation and service. Those worshiping in person may to place their offering in baskets as they are passed through through the rows.



Visit <u>saintmarks.org/give</u>, or use the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right). If Venmo asks you for a four-digit code, enter **2076**.

**ANTHEM** Bless the Lord, O my soul

Words from Psalm 103; Music: Mikhail Ippolitov-Ivanov

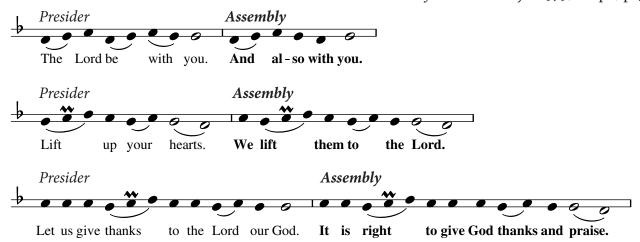
Bless the Lord, O my soul, blessed art thou, O Lord.
Bless the Lord, O my soul, bless the Lord and forget not all his benefits.
Bless the Lord, O my soul, and all that is within me, bless his holy name.
Who redeemeth thy life from destruction; who crowneth thee with loving-kindness.
He will not always chide: neither will he keep his anger forever.

In the Great Thanksgiving, we do what Jesus himself asked us: thank God and recall all that God has done for us in the life, death, and resurrection of Christ. The Great Thanksgiving, or Eucharistic Prayer, is a lengthy prayer with several intentions. We recount the story of Jesus at the Last Supper, where he took, blessed, broke, and gave bread and wine as sacraments of his body and blood. We begin the Great Thanksgiving with the Sursum corda, meaning "Lift up your hearts."

All stand, as able.

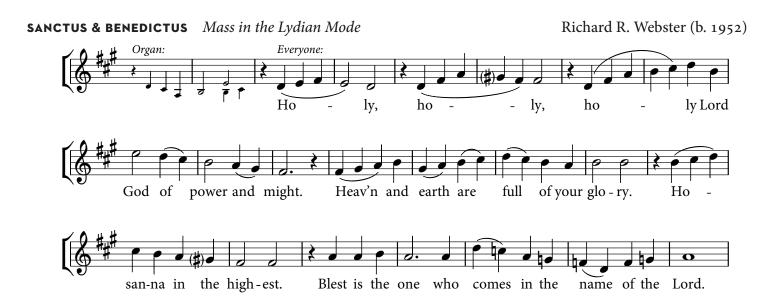
#### THE GREAT THANKSGIVING

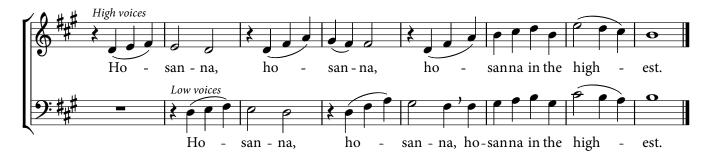
The Book of Common Prayer 1979, adapt., p. 360



Presider It is right, and a good and joyful thing, always and every where to give thanks to you, the Creator of heaven and earth. For you are the source of light and life, you made us in your image, and called us to new life in Jesus Christ our Lord. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

The Sanctus (Holy, Holy, Holy) is the hymn of praise that never ceases before God and is based on Isaiah 6:3.





We recall God's acts of salvation history. The presider says the "Words of Institution" that Jesus said at the Last Supper. At the Memorial Acclamation we remember Christ's death, resurrection, and promise to return at the end of the age.

During the prayer, the Holy Spirit is invoked to bless and sanctify the gifts of bread and wine.

Presider O God, you are holy and gracious: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, our Rock and our Foundation.

Jesus stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, Jesus took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, Jesus took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, we proclaim the mystery of faith:

#### All Christ has died. Christ is risen. Christ will come again.

Presider We celebrate the memorial of our redemption, Most Holy God, in this sacrifice of praise and thanksgiving. Recalling Christ's death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in Christ. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal Reign.

All this we ask through your Son Jesus Christ: By whom, and with whom, and in whom, in the unity of the Holy Spirit all honor and glory are yours, Most Blessed One, now and for ever.

The Great Amen unites the congregation in one great voice as we concur with all that the presider has prayed. It is the only "AMEN" in all capitals found in the Book of Common Prayer, signifying the importance of the congregation's response.



We pray together the prayer that Jesus taught his disciples to pray. The link between our daily bread and the spiritual food we receive in the Eucharist is an ancient connection.



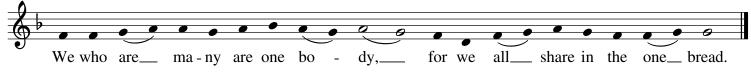
*In silence, the Presider breaks the consecrated bread.* 

#### THE BREAKING OF THE BREAD We who are many

Plainsong, Mode 6

The cantor introduces the Antiphon, all repeat it.

The cantor chants the verses, all repeat the Antiphon as indicated.



Verse: We break this bread to share in the Body of Christ. ANTIPHON

Verse: Happy are they who come to the Supper of the Lamb. ANTIPHON

#### INVITATION TO COMMUNION

*Presider* The Gifts of God for the People of God.

All may be seated for the time of Communion. All seeking God are welcome at Christ's Table.

Please follow the directions of the Liturgical Ministers. Bread and wine are distributed at standing stations at the head of three aisles. The bread will placed into your outstretched palm. If you prefer a gluten-free wafer, simply ask for one at the time of Communion. If you wish to receive a blessing instead, please cross your arms in front of your chest.

Intinction (dipping the bread in the wine) is not available at this time. If you do not wish to drink from the common cup, please cross your arms in front of your chest as you pass by the chalice. The full grace of the sacrament is received with only the bread.

**HYMN 593** 

TUNE: Dickinson College

After singing the hymn, the assembly is invited to remain seated for a period of silence, contemplating the gifts of God given and received.

From the earliest days of the Church, members of the congregation took bread to those who were ill or could not be present in person.

All stand, as able.

#### SENDING OF EUCHARISTIC VISITORS

Presider One body are we.

Assembly For, though many, we share one bread and one cup.

Deacon Go in peace, bearing holy gifts for holy people.

Before concluding the service, we give thanks to God for the gifts received, and the Presider pronounces a blessing in God's name upon the assembly. A closing hymn and the dismissal conclude the liturgy.

#### **POSTCOMMUNION PRAYER**

The Book of Common Prayer 1979, p. 365

Presider Eternal God, heavenly Father,

All you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

**BLESSING** The Presider asks God's blessing on the assembly. All respond: **Amen.** 

**HYMN 397** Now thank we all our God ◆ The Hymnal 1982 TUNE: Nun danket alle Gott

#### DISMISSAL

Deacon Let us go forth in the name of Christ.

Assembly Thanks be to God.

# MINISTERS OF THE LITURGY

#### **PRESIDER**

The Very Rev. Steven L. Thomason

#### **PREACHER**

The Rev. Linzi Stahlecker

#### **ASSISTING LAY MINISTER**

Jeremy Crawford

#### **EUCHARISTIC MINISTERS**

Russ Campbell, Rose Hazard, Peter Snyder, Debra Waddell, The Rev. Canon Jennifer King Daugherty, The Rev. Edie Weller

#### ALTAR GUILD

Jenny Donner, Sharon Ferguson

#### **VERGERS**

Michael Seewer, Rollin Salsbery

#### **ACOLYTES**

Russ Campbell, Ray Miller, Alexander Snow, Jen Younggren, Barbara Zito

#### **GREETERS**

Rachel Baker, Mary Frederick

#### **USHERS**

Rebecca Haley | Wayne Duncan, Jeff Sackett

#### **OBLATION BEARERS**

Nancy Cleminshaw, Nancy George

#### LAND ACKNOWLEDGMENT

**Scott Kovacs** 

#### **LECTORS**

James Davidson, Rachel Baker

#### INTERCESSOR

Vinh Do

#### SOUND BOARD

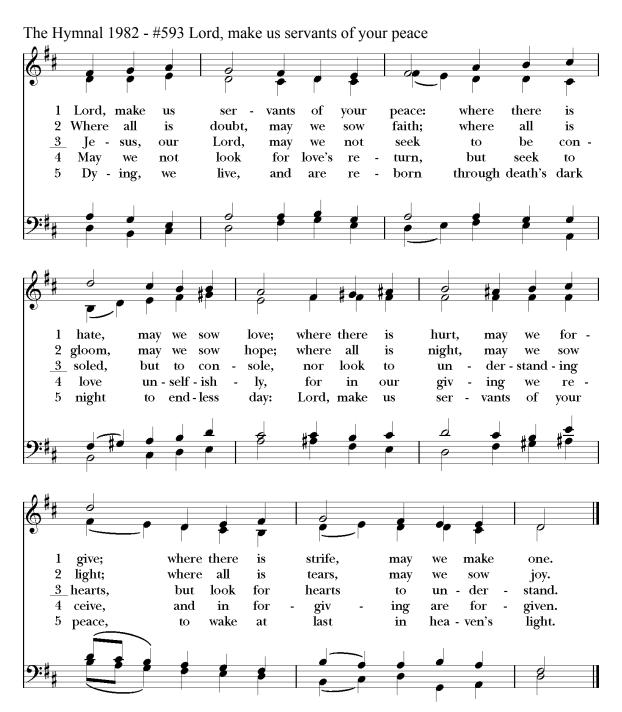
Michael Perera

#### **LIVESTREAM**

Timothy Shore

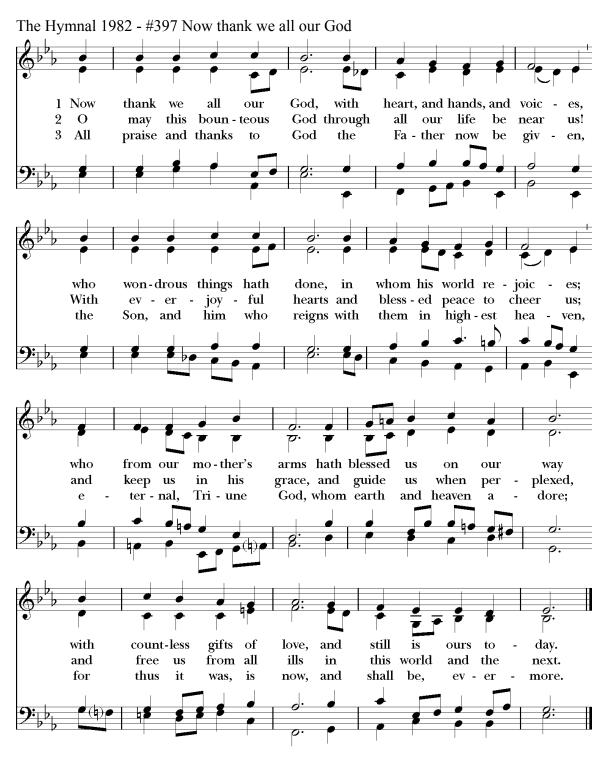
#### MUSICIANS

The Cathedral Choir Canon Michael Kleinschmidt, *conductor and organist* John Stuntebeck, *organist* 



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- 1 Lord, make us servants of your peace: where there is hate, may we sow love; where there is hurt, may we forgive; where there is strife, may we make one.
- 2 Where all is doubt, may we sow faith;



Words: Martin Rinckart (1586-1649); tr. Catherine Winkworth (1827-1878), alt.

Music: Nun danket alle Gott, melody Johann Cruger (1598-1662); harm. William Henry Monk (1823-1889), after Felix Mendelssohn (1809-1847)

1 Now thank we all our God, with heart, and hands, and voices,