



SAINT MARK'S
EPISCOPAL CATHEDRAL
SEATTLE, WASHINGTON

THE HOLY EUCHARIST
THE SIXTEENTH SUNDAY AFTER PENTECOST:
PROPER 19A

September 17, 2023

9:00 AM





LAND ACKNOWLEDGMENT & WELCOME

Saint Mark's Cathedral acknowledges that we gather on the traditional land of the first people of Seattle, the Duwamish People, who are still here, and we honor with gratitude the land itself and the life of all the Coast Salish tribes.

QUESTIONS?

Please ask. Ushers (wearing the purple welcome lanyards) can answer your questions or concerns, or provide a hearing assist device. All-gender restrooms are available in the northwest stairwell and on the 5th floor of Cathedral House, accessible by elevator or southwest stairwell.

NEW TO SAINT MARK'S?

Welcome to Saint Mark's Cathedral. Wherever you are on your spiritual journey, you are welcome here! We invite you to complete a newcomer form, visit saintmarks.org/newcomers or connect with one of the clergy.

ABOUT THE LITURGY

Worship lies at the heart of the Christian life. It is in worship that we express our theology and define our identity. We encounter God within worship and are formed and transformed as the people of God. One of the hallmarks of the Episcopal Church is its liturgical worship. Liturgy literally is "the work of the people," and refers to the patterns, forms, words, and actions through which public worship is conducted.

This liturgy is developed from various resources and is designed for our use during the Fall with themes of creation, justice, and hope.

THE LITURGY OF THE WORD

The service usually begins with an organ prelude or other music designed to call us into worshipful presence.

PRELUDE *Nun danket alle Gott* (Tune of Hymn 397, “Now thank we all our God”), BWV 657 J. S. Bach

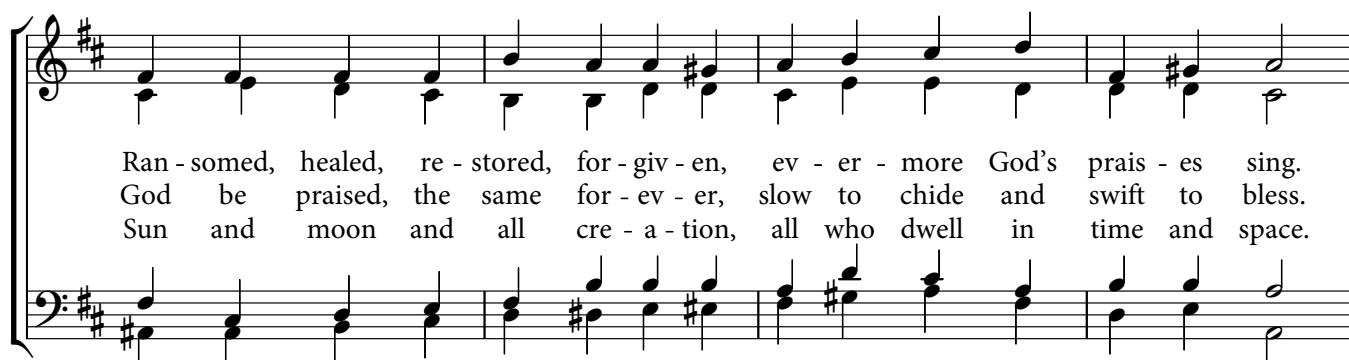
As a gathered community, we join together in praising God in song.

Please stand, as able, as the hymn is introduced by the organist.

HYMN *Praise my soul the God of heaven* (sts. 1, 2 & 4)



1 Praise, my soul, the God of hea - ven; joy - ful - ly your tri - bute bring.
2 God be praised for grace and fa - vor to our fore - bears in dis - tress.
4 An - gels sing in a - dor - a - tion, in God's pre - sence, face to face.



Ran - somed, healed, re - stored, for - giv - en, ev - er - more God's prais - es sing.
God be praised, the same for - ev - er, slow to chide and swift to bless.
Sun and moon and all cre - a - tion, all who dwell in time and space.



Al - le - lu - ia, al - le - lu - ia! Prais - es ev - er - last - ing ring!
Al - le - lu - ia, al - le - lu - ia! Glo - rious is God's faith - ful - ness!
Al - le - lu - ia, al - le - lu - ia! Praise with us the God of grace.

Words: Henry F. Lyte (1793-1847), alt. Walter R. Bouman (1927-2005)
Music: *Lauda anima*, John Goss (1800-1880)

GREETING

Presider The grace of our Savior Jesus Christ, the love of God,
and the friendship of the Holy Spirit be with you all.

Assembly **And also with you.**

Presider Let us pray.

OPENING PRAYER WITH LAND ACKNOWLEDGMENT

Presider **L**OVING GOD, we honor your name above all names: Thank you for the land on which we live and move and have our being; for the fresh and salt-water places, the animal and plant life around us. Thank you for the first peoples of this land, the Coast Salish peoples, who have always cared for this place. We acknowledge with gratitude the Duwamish people, who are still here, on whose traditional land we gather now. Help us to work together in genuine friendships with grace and goodwill. Guide us to hear and to speak the truth with respect, compassion and commitment to peace and justice, for you call us into the ways of creation and community that are life-giving for all

All **Amen.**

Presider Give thanks to our God.

Assembly **Rejoice and praise God’s name.**

The Gloria, or some other song of praise, centers the service on the Holy One we gather to praise in our worship.

SONG OF PRAISE *Glory to you*

John Rutter

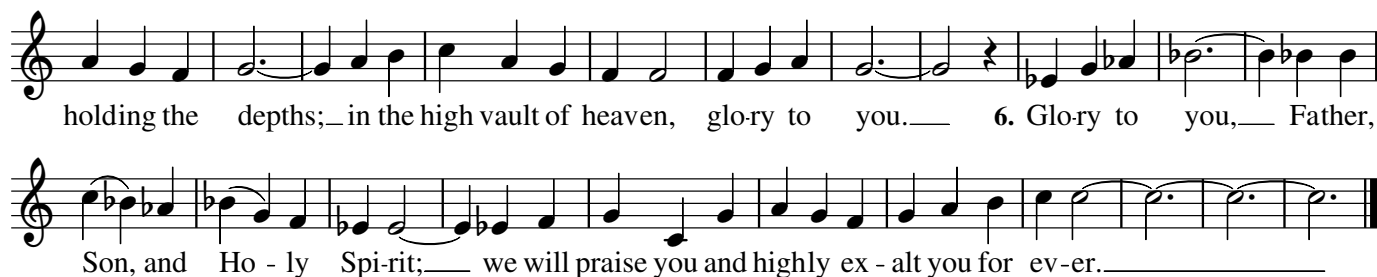
1. Glo-ry to you,___ Lord God of our fa-thers;_ you are worthy of praise; glo-ry to you.____

2. Glo-ry to you___ for the rad - i-ance of your ho-ly Name;_we will praise you and highly ex - alt you for ev-er.____

3. Glo-ry to you___ in the splendor of your tem-ple;___ on the throne of your ma-jesty, glo-ry to you.____

4. Glo-ry to you, seated be - tween the Cher - u - bim;___ we will praise you and highly ex - alt you for ev-er.____

5. Glo-ry to you,___ be-



The collect is the prayer designated for each Sunday that “collects” or captures the theme of the day or season of the Church year. It summarizes the attributes of God as revealed in the scriptures for the day.

COLLECT OF THE DAY *Proper 19*

The Book of Common Prayer 1979, p. 233

Presider God is here.

***Assembly* God’s Spirit is with us.**

Presider Let us pray.

O GOD, because without you we are not able to please you, mercifully grant that your Holy Spirit may in all things direct and rule our hearts; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.

All Amen.

Please be seated for the readings.

The first reading is usually drawn from the Hebrew Scriptures, inviting us to trace our heritage in God’s historical covenant with the People of God.

READING *Genesis 50:1-21*

REALIZING that their father was dead, Joseph’s brothers said, “What if Joseph still bears a grudge against us and pays us back in full for all the wrong that we did to him?” So they approached Joseph, saying, “Your father gave this instruction before he died, ‘Say to Joseph: I beg you, forgive the crime of your brothers and the wrong they did in harming you.’ Now therefore please forgive the crime of the servants of the God of your father.” Joseph wept when they spoke to him. Then his brothers also wept, fell down before him, and said, “We are here as your slaves.” But Joseph said to them, “Do not be afraid! Am I in the place of God? Even though you intended to do harm to me, God intended it for good, in order to preserve a numerous people, as he is doing today. So have no fear; I myself will provide for you and your little ones.” In this way he reassured them, speaking kindly to them.”

Reader Hear what the Spirit is saying to God’s people.

***Assembly* Thanks be to God.**

The Psalm is a sung response to the previous reading. Psalms are the songbook of the Hebrew Scriptures. They express every emotion known to humankind.

PSALM

Psalm 103:1-13 ♦ The Saint Helena Psalter

Plainsong, Tone VIII.2

The choir introduces the Antiphon, all repeat it.

The cantor chants the verses, all repeat the Antiphon as indicated.



Bless the Ho-ly One, O my soul, and for-get not all the gifts of God.

Benedic, anima mea

BLESS the Holy One, O my soul, *
and all that is within me, bless God's holy Name. **ANTIPHON**

Bless the Holy One, O my soul, *
and forget not all the gifts of God.

O God, you forgive all our sins, *
and you heal all our infirmities;

You redeem our life from the grave *
and crown us with mercy and loving-kindness;

You satisfy us with good things, *
and our youth is renewed like an eagle's. **ANTIPHON**

O God, you execute righteousness *
and judgment for all who are oppressed.

You made your ways known to Moses *
and your works to the children of Israel. **ANTIPHON**

You are full of compassion and mercy, *
slow to anger and of great kindness.

You will not always accuse us, *
nor will you keep your anger forever.

You have not dealt with us according to our sins *
nor rewarded us according to our wickedness. **ANTIPHON**

For as the heavens are high above the earth, *
so is your mercy great upon those who fear you.

As far as the east is from the west, *
so far have you removed our sins from us.

As a parent cares for a child, *
so do you care for those who fear you. **ANTIPHON**

This reading, taken from the New Testament, is typically from a letter (epistle) to the early Church, the Acts of the Apostles, or the Revelation to John.

READING

Romans 14:1-12

WELCOME those who are weak in faith, but not for the purpose of quarreling over opinions. Some believe in eating anything, while the weak eat only vegetables. Those who eat must not despise those who abstain, and those who abstain must not pass judgment on those who eat; for God has welcomed them. Who are you to pass judgment on servants of another? It is before their own lord that they stand or fall. And they will be upheld, for the Lord is able to make them stand.

Some judge one day to be better than another, while others judge all days to be alike. Let all be fully convinced in their own minds. Those who observe the day, observe it in honor of the Lord. Also those who eat, eat in honor of the Lord, since they give thanks to God; while those who abstain, abstain in honor of the Lord and give thanks to God.

We do not live to ourselves, and we do not die to ourselves. If we live, we live to the Lord, and if we die, we die to the Lord; so then, whether we live or whether we die, we are the Lord's. For to this end Christ died and lived again, so that he might be Lord of both the dead and the living.

Why do you pass judgment on your brother or sister? Or you, why do you despise your brother or sister? For we will all stand before the judgment seat of God. For it is written,

“As I live, says the Lord, every knee shall bow to me,
and every tongue shall give praise to God.”

So then, each of us will be accountable to God.

Reader Hear what the Spirit is saying to God's people.

Assembly **Thanks be to God.**

The sequence hymn or Gospel acclamation moves us toward the summit of the Liturgy of the Word—the reading of the Holy Gospel. Gospel means “good news”—specifically the “good news of Jesus Christ.”

All stand, as able.

GOSPEL ACCLAMATION

South African, arr. Gobingca Mxadana

All sing the alleluias, in four-part harmony as able. The choir chants the verse below, then all repeat the alleluias.

Al - le - lu - ia, al le - lu - ia. Al - le - lu - ia, al le - lu - ia.

Al - le - lu - ia, al le - lu - ia. Al - le - lu - ia, al le - lu - ia.

Verse: I give you a new commandment, says the Lord; love one another as I have loved you.

This reading is taken from one of the four Gospels (Matthew, Mark, Luke, and John), which depict the life, teachings, death, resurrection, and ascension of our Lord Jesus Christ. We stand for the Gospel reading to show the particular importance placed on Jesus’s words and actions.

THE HOLY GOSPEL *Matthew 18:21-35*

Deacon The Holy Gospel of our Lord Jesus Christ according to Matthew.

Assembly **Glory to you, O Christ.**

PETER came and said to Jesus, “Lord, if another member of the church sins against me, how often should I forgive? As many as seven times?” Jesus said to him, “Not seven times, but, I tell you, seventy-seven times.

“For this reason the kingdom of heaven may be compared to a king who wished to settle accounts with his slaves. When he began the reckoning, one who owed him ten thousand talents was brought to him; and, as he could not pay, his lord ordered him to be sold, together with his wife and children and all his possessions, and payment to be made. So the slave fell on his knees before him, saying, ‘Have patience with me, and I will pay you everything.’ And out of pity for him, the lord of that slave released him and forgave him the debt. But that same slave, as he went out, came upon one of his fellow slaves who owed him a hundred denarii; and seizing him by the throat, he said, ‘Pay what you owe.’ Then his fellow slave fell down and pleaded

with him, 'Have patience with me, and I will pay you.' But he refused; then he went and threw him into prison until he would pay the debt. When his fellow slaves saw what had happened, they were greatly distressed, and they went and reported to their lord all that had taken place. Then his lord summoned him and said to him, 'You wicked slave! I forgave you all that debt because you pleaded with me. Should you not have had mercy on your fellow slave, as I had mercy on you?' And in anger his lord handed him over to be tortured until he would pay his entire debt. So my heavenly Father will also do to every one of you, if you do not forgive your brother or sister from your heart."

Deacon The Gospel of the Lord.
Assembly Praise to you, O Christ.

The homily directly follows the Gospel because it is grounded in the scriptures. It illuminates the scriptural readings and relates them to daily life.

HOMILY

The Reverend Linzi Stahlecker

*Following the homily, the assembly is invited into a period of silence, reflecting on the scriptures and sermon.
Please stand, as able, when the Presider stands as the liturgy continues.*

The word "creed" comes from the Latin "credo" for "I believe." First formulated at the Council of Nicaea in 325 CE and confirmed in 381 CE, the Nicene Creed is said at the Principal Sunday service and reflects what Christians believe regarding the relationship between the Father, Jesus, and the Holy Spirit: The Holy Trinity. At this service we use other Trinitarian creedal forms as our Affirmation of Faith.

AFFIRMATION OF FAITH

Adapted from resources by the Uniting Church in Australia

**We believe in God, who created the world in love,
who led the First Peoples to this land,
who rescued Israel from slavery in Egypt,
who sent the ancestors and the prophets to judge and to bless,
who returns the exiles to their home,
whom Jesus called Abba.**

**We believe in Jesus Christ, born of Mary,
Heir of David and God's Own Child,
proclaimer of God's peace with justice,
healer and teacher,
sacrament of God's love,
Who was tortured and crucified,
then rose again to reconcile all the world,
and is coming again to make the world new.**

**We believe in the Holy Spirit,
whose breath gave life to creation,
who speaks through ancestors and prophets,**

**who is the love between Parent and Child,
who came upon Jesus at his baptism,
who gives birth to the church,
Christ's body,
who pours out gifts for the ministry of love,
who works night and day to renew all that is alive.**

**We believe in God,
Lover, Beloved and Spirit of Love.
Amen.**

We pray for ourselves and particularly on behalf of others. Each week, we pray for the Universal Church, the nation and its leaders, the welfare of the world, the concerns of our community of faith, including those who are in need or suffer, and for the departed. We are reminded in prayer that we are part of a larger fellowship, the Church—the Body of Christ.

PRAYERS OF THE PEOPLE *silence held between each intercession*

Deacon Gracious God, you call us to love you with our whole being, and to love our neighbors as ourselves: open our hearts to your Spirit of grace and wisdom, that we may be strengthened to do your will.

Intercessor In this time of continuing upheaval and distress for nations and people across our world, and in the Church, may your love hold us together. Make us instruments of your peace.

Silence.

Intercessor Christ Jesus our Shepherd, bring comfort and strength, healing and peace, to all who are in need or distress, loneliness or illness, fear or uncertainty. We pray especially for [...], and those we now name.

Silence.

Intercessor We give thanks, O Christ, for the blessings of this life, especially [...], and those blessings we now name.

Silence.

Intercessor We commend to your loving care all who have died, especially [...], and those we now name.

Silence.

The Presider concludes the prayers with a collect. All respond: Amen.

CONFESSION & ABSOLUTION

Adapted from resources by the Uniting Church in Australia

Deacon Continuing in prayer, in these moments of stillness and silence, we reflect on the way we live our days.

You are invited to stand or kneel for the confession.

Deacon Loving God,

All We confess that despite our faith, we are prone to wandering and aimlessness, worry and anxiety, threat and difficulty.

Despite our desire for goodness,

we cause harm to ourselves and others, and to your Creation.

Despite our yearning for you, we let fear overtake us,

forgetting the one who guards and comforts us and leads us out into the paths of life.

We are sorry and we seek forgiveness.

Help us to live with glad and generous hearts,

in your goodness and mercy that follow us, now and always. Amen.

Presider Friends, we do not dwell on our wounds—for Christ has risen to heal us! We do not dwell on our fears and failings—for Christ has risen to restore our souls! God loves you dearly, has mercy on you, and forgives you your sins.

Assembly **Thanks be to God. Amen.**

The exchange of peace within the gathered community is an ancient Christian practice. It is a sign of reconciliation, love, and renewed relationships prior to coming to God's table for Eucharist.

THE PEACE

Presider The peace of Christ be always with you.

Assembly **And also with you.**

All greet one another in the name of the Lord.

THE LITURGY OF THE TABLE

Having listened to the Word of God, affirmed our faith, confessed our sins, received forgiveness, and shared in the peace, we are prepared for the mystery and miracle of the Holy Communion. At the offertory, we gratefully offer back to God some of what God has given us, symbolically in the bread and wine, and in the money we give.

OFFERTORY

An offering of money is received. Everyone participating in worship is invited to make an offering in gratitude for God's generosity. Together, these gifts make possible this community of welcome, reconciliation and service. Those worshiping in person may to place their offering in baskets as they are passed through through the rows.

Visit saintmarks.org/give, or use the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right). If Venmo asks you for a four-digit code, enter 2076.



ANTHEM*Draw us in the Spirit's tether*

Words: Percy Dearmer; Music: Harold Friedell

Draw us in the Spirit's tether;
 for when humbly, in thy name,
 two or three are met together,
 thou art in the midst of them:
 Alleluya! Alleluya!
 Touch we now thy garment's hem.

As the brethren used to gather
 in the name of Christ to sup,
 then with thanks to God the Father
 break the bread and bless the cup.
 Alleluya! Alleluya!
 So knit thou our friendship up.

All our meals and all our living
 make as sacraments of thee,
 that by caring, helping, giving,
 we may true disciples be.
 Alleluya! Alleluya!
 We will serve thee faithfully.

In the Great Thanksgiving, we do what Jesus himself asked us: thank God and recall all that God has done for us in the life, death, and resurrection of Christ. The Great Thanksgiving, or Eucharistic Prayer, is a lengthy prayer with several intentions. We recount the story of Jesus at the Last Supper, where he took, blessed, broke, and gave bread and wine as sacraments of his body and blood. We begin the Great Thanksgiving with the *Sursum corda*, meaning "Lift up your hearts."

*All stand, as able.***THE GREAT THANKSGIVING***adapted from resources by South Sydney Uniting Church, Australia, and by Garry Worete Deverell (Gondwana Theology)**Presider* The Lord be with you.***Assembly* And also with you.***Presider* Lift up your hearts.***Assembly* We lift them to the Lord.***Presider* Let us give thanks to the Lord our God.***Assembly* It is right to give God thanks and praise.**

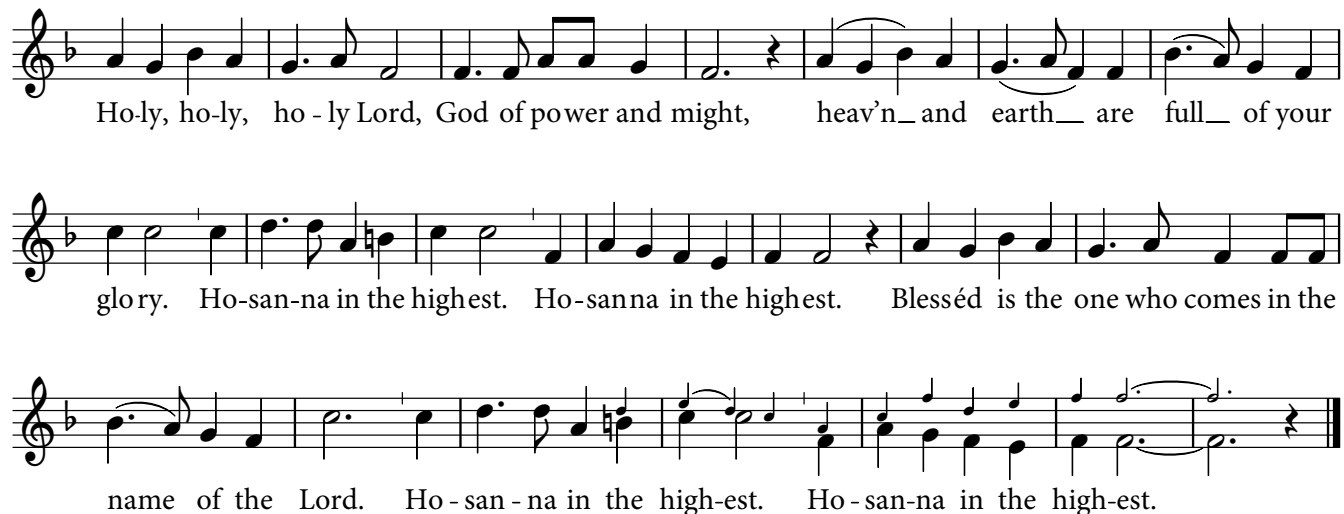
Presider It is right and a joy to give you praise, O God, for by the resurrection of your Beloved you make all things new. You have dwelt among us forever, your presence known in our fragile flesh. Because you love us, you restore our souls and bodies. In Christ, you are our God and we are your people. Christ came singing a song of redemption. What you intended, he accomplished.

Now all who cry out in grief or pain may look in hope to a future when every tear will be wiped away and every broken heart comforted. Therefore, with angels and saints, and with all creation, we sing:

The Sanctus (Holy, Holy, Holy) is the hymn of praise that never ceases before God and is based on Isaiah 6:3.

SANCTUS & BENEDICTUS *A Community Mass*

Richard Proulx



Ho-ly, ho-ly, ho - ly Lord, God of power and might, heav'n_ and earth_ are full_ of your
glory. Ho-san-na in the highest. Ho-sanna in the highest. Blesséd is the one who comes in the
name of the Lord. Ho - san - na in the high-est. Ho - san - na in the high-est.

We recall God's acts of salvation history. The presider says the "Words of Institution" that Jesus said at the Last Supper. At the Memorial Acclamation we remember Christ's death, resurrection, and promise to return at the end of the age. During the prayer, the Holy Spirit is invoked to bless and sanctify the gifts of bread and wine.

Presider Living God, we thank you for Jesus Christ, who enters homes and hearts, to eat and drink with all who seek to be healed.

We remember that on the night he was betrayed, Jesus sat at table with his friends. He took bread, and after he had given thanks, broke it and gave it to them, saying: "Take and eat. This is my body, which is given for you. Do this in remembrance of me."

In the same way after supper, he took the cup of wine, saying: "This is the cup of the New Covenant in my blood. Do this, as often as you drink it, in remembrance of me."

Send your Holy Spirit upon these gifts. Let them be for us the Body and Blood of your Son. And grant that we who eat this bread and drink this cup may be filled with your life and goodness.

Through Christ, and with Christ, and in Christ, all honor and glory are yours, Eternal God, in the unity of the Holy Spirit, forever and forever.

The Great Amen unites the congregation in one great voice as we concur with all that the presider has prayed. It is the only "AMEN" in all capitals found in the Book of Common Prayer, signifying the importance of the congregation's response.

All AMEN.

We pray together the prayer that Jesus taught his disciples to pray. The link between our daily bread and the spiritual food we receive in the Eucharist is an ancient connection.

THE LORD'S PRAYER

adapted from South Sydney Uniting Church, Australia

All Father and Mother of us all,
May all proclaim your worth.
Your kingdom come, your will be done
in heaven and on Earth.
Give us today the things we need,
our shelter, our money, our food.
Forgive us our debts as we agree
to treat others as you would.
Lead us in ways that do not tempt us
or put us to the test.
Save us from faults or compromise
that would rob us of our best.
For you are the heart of the kingdom,
your power and glory extend
through time and space forever and ever,
and so shall it be. Amen.

In silence, the Presider breaks the consecrated bread.

THE BREAKING OF THE BREAD

Gary James

The choir introduces the Antiphon, all repeat it.

The choir chants the verses, all repeat the Antiphon as indicated.



Be known to us Lord Je-sus, in the breaking of the bread.

Verse: The bread which we break, alleluia, is the communion of the body of Christ. **ANTIPHON**

Verse: One body are we, alleluia, for though many we share one bread. **ANTIPHON**

INVITATION TO COMMUNION

Presider Friends, it is Christ who is the bread of life and cup of hope, Who satisfies our hunger and thirst and makes us one. Therefore, receive what you long for. Christ is given for you.

All may be seated for the time of Communion. All seeking God are welcome at Christ's Table.

Please follow the directions of the Liturgical Ministers. Bread and wine are distributed at standing stations at the head of three aisles. The bread will be placed into your outstretched palm. If you prefer a gluten-free wafer, simply ask for one at the time of Communion. If you wish to receive a blessing instead, please cross your arms in front of your chest.

Intinction (dipping the bread in the wine) is not available at this time. If you do not wish to drink from the common cup, please cross your arms in front of your chest as you pass by the chalice. The full grace of the sacrament is received with only the bread.

VOLUNTARY *Organ improvisation*

HYMN 603 *When Christ was lifted from the earth* ♦ *The Hymnal 1982*

TUNE: *St. Botolph*

After singing the hymn, the assembly is invited to remain seated for a period of silence, contemplating the gifts of God given and received.

From the earliest days of the Church, members of the congregation took bread to those who were ill or could not be present in person.

All stand, as able.

SENDING OF EUCHARISTIC VISITORS

Presider One body are we.

Assembly **For, though many, we share one bread and one cup.**

Deacon Go in peace, bearing holy gifts for holy people.

Before concluding the service, we give thanks to God for the gifts received, and the Presider pronounces a blessing in God's name upon the assembly. A closing hymn and the dismissal conclude the liturgy.

POSTCOMMUNION PRAYER

Adapted from resources by Bathurst Uniting Church, Australia

Presider We thank you, O God,

All **for all that we receive at your table.**

We thank you, O Christ,

for the invitation which brought us here and makes us one—

and which we now take with us into the world:

the invitation to all, to come to you and find abundant Life.

We thank you, O Spirit, for restoring our souls. Amen.

BLESSING *The Presider asks God's blessing on the assembly. All respond: Amen.*

HYMN 397 *Now thank we all our God ♦ The Hymnal 1982*

TUNE: *Nun danket alle Gott*

DISMISSAL

Deacon Let us go forth in the name of Christ.
Assembly **Thanks be to God.**

VOLUNTARY *Allegro assai vivace from Sonata 1, Op. 65*

Felix Mendelssohn

MINISTERS OF THE LITURGY

PRESIDER

The Very Rev. Steven L. Thomason

PREACHER

The Rev. Linzi Stahlecker

ASSISTING LAY MINISTER

Marc Aubertin

EUCCHARISTIC MINISTERS

Jon Achee, Emily Meeks, Maris Olsen,
The Rev. Canon Jennifer King Daugherty

ACOLYTE

TBD

GREETER

Jaime Rubio

USHERS

Loy & Michael Dahl

OBLATION BEARERS

Natalie Willis

LECTOR

TBD

LECTOR & INTERCESSOR

Josh Judd-Herzfeldt

SOUND BOARD

Michael Perera

MUSICIANS

The Senior Choristers of Saint Mark's Cathedral Choir
School, Rebekah Gilmore, director;
Saint Mark's Singers, Michael Kleinschmidt, director;
Canon Michael Kleinschmidt & John Stuntebeck,
organists

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