

THE RUBRIC

STORIES OF MINISTRY

SAINT MARK'S EPISCOPAL CATHEDRAL, SEATTLE, WA FALL 2023, VOL. 80, NO. 2





WELCOME

INSPIRE TRANSFORM SERVE

Wherever you are on your spiritual journey, you are welcome here.

THE VERY REV. STEVEN L. THOMASON Dean & Rector

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The Rubric is a publication of Saint Mark's Cathedral, Seattle, which celebrates who we are as a community—as a parish, as a cathedral for the Diocese of Olympia, as Episcopalians, and as Christians.

The Rubric received the Award of Excellence for "Best print publication—parish or cathedral" at the Polly Bond Awards for Excellence in Church Communications, awarded at the 2023 conference of Episcopal Communicators.

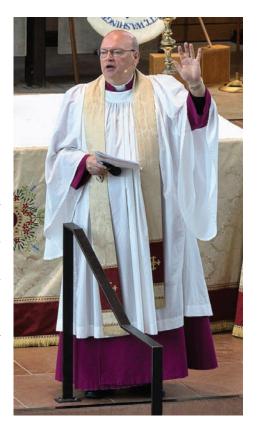
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GREETINGS from the DEAN

In her book Belonging: A Culture of Place, the late bell hooks wrote: "We are born and have our being in a place of memory...We know ourselves through the art and act of remembering...we are sustained by rituals of regard and recollecting." As Eucharistic people, who are invited weekly to share a meal of liturgical remembering, we know this to be profoundly true. Place matters as it shapes the spiritual journey of life, and we are innately drawn to ground ourselves in this truth. Saint Mark's Cathedral is a place of memory for many. It surely is for me, and I trust for you as well.

This issue of *The Rubric* is perhaps best perused through the lens of "place," where we situate ourselves in light of this cathedral community that engages with intention the work of remembering and retelling the stories that help shape our earthly pilgrimage in our time and in this place. We are formed by those who have gone before and by their legacy entrusted to their inheritors. We are formed by those who make the journey with us in this era, and we are formed by the commitment we have in laying down a path of memory for the generations that will follow in this place. The stories in the pages that follow invite us into this sacred work.

This cathedral was envisioned a century ago to serve as a house of prayer for all people. It is a gathering place in times of crisis, sorrow, and celebration, and the reconciling good news of the gospel of Christ is THE story in which we situate our story as a cathedral community seeking to serve the world in life-giving ways. There are so



many facets to that vocation, and I am deeply inspired and gratified by the ways this takes shape—sometimes with immediate impact, and other times the fruit may not be noticed until those who come after us are able to feast on it, or share it with the world to feast on. The patient ferment of the Church invites the long view, trusting that the Spirit is in it all, stirring in our midst, revealing her beauty in the fullness of time. This is why memory is so important, and why place affords the connection in any generation to the greater cloud of witnesses, to be sustained by the rituals of regard.

It is good for us to be here, in this place and in this time.

Blessings and peace,

Suct

The Very Rev. Steven L. Thomason Dean & Rector

LITURGICAL SCHEDULE

* indicates livestreamed service

SUNDAYS

8 A.M.

The Holy Eucharist

9 A.M.

The Holy Eucharist

11 A.M.

*The Holy Eucharist

4:30 P.M.

* Choral Evensong
(first Sunday of the month, October–June)

7 P.M.

Contemplative Eucharist

9:30 A.M.

* The Office of Compline

broadcast on KING 98.1 FM, and livestreamed at <u>saintmarks.org</u> and on Facebook & Youtube

WEEKDAYS

MONDAY-FRIDAY, 8:30 A.M. Morning Prayer online via Zoom from St. Paul's, Seattle

MONDAY-FRIDAY, 6 P.M. Evening Prayer online via Zoom

MONDAY, 6:30 P.M. Cathedral Yoga in person in the cathedral nave

TUESDAY, 7 P.M.Contemplative Prayer

in person in the cathedral nave (A *Taizé Service replaces Contemplative Prayer on September 12 & November 7)

WEDNESDAY, 6 P.M.Cathedral Commons

in-person community supper followed by a forum or presentation, usually also available online via Zoom

THURSDAY, 7 A.M.

1st/3rd/5th Thursdays:

The Holy Eucharist

in person in Thomsen Chapel

2nd/4th Thursdays:

Morning Prayer via Zoom only



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ON THE COVER: The Rev. Linzi Stahlecker led a brief prayer and blessing before community members departed Saint Mark's to bike to Alki for a summertime meet-up on the beach.

ABOVE: In collaboration with the ACLU of Washington State, Saint Mark's projected the messages "PROTECT TRANS LIVES" and "PROTECT TRANS KIDS" for ten days in June. Read more in "Queer in Christ," p. 9.



by Emily Meeks

their greatest financial assets—property—as tangible spaces and places of mission and ministry. Saint Mark's has been doing this for years, serving as a resource for the Diocese of Olympia and more than 100 community non-profits that use the Cathedral campus for meetings, fundraisers, concerts, celebrations, and commencement programs. Many people see Saint Mark's Cathedral as their "commons"—a gathering place for all in times of crisis, sorrow, and celebration.

One year ago, the Vestry of Saint Mark's formed a committee to explore a new opportunity of place—affordable housing on campus, specifically on the St. Nicholas site.¹

"Prayerfully we are asking," said Senior Warden Scott Hulet, "What is the highest and best missional use of this valuable resource? What are unmet needs before us that could be met by how this property is used? How can we contribute to human thriving and honor God's Kingdom vision by its use?"

The burden of renting or buying an affordable home in Seattle continues to become increasingly unrealistic in Seattle. In the Seattle-Tacoma-Bellevue area, four in ten residents pay more than 30 percent of their income and one in five pay more than half on housing.² Affording a

median two-bedroom house in Seattle (\$609,950) requires an income of \$170,171 but the minimum wage in Seattle is \$18.69 per hour.³ Rising housing costs are one of the driving reasons for one in three residents who are considering moving away from Seattle.⁴ These statistics give only a glimpse at the implications and contributing factors that arise when housing is unstable or becomes out of reach.

Several factors make the timing now ideal to explore affordable housing, including a new City of Seattle ordinance that allows zoning modifications for property owned or controlled by religious organizations,⁵ and the reality of managing increasing financial costs for operating the St. Nicholas building.

"The Vestry takes seriously its responsibility and commitment to be good stewards of the St. Nicholas building and its parcel of land," said Hulet. "This is evidenced not only in how it currently is being utilized and maintained but also in recognizing that the age and condition of the building requires careful discernment regarding its viability for future use in its current form."

The Affordable Housing Committee, co-chaired by John Hoerster and Emily Meeks, is carefully assessing mission alignment, viability, and feasibility across a spectrum of affordable housing options. Hoerster, who also chaired

the prior St. Nicholas Exploratory Committee, observed, "Affordable housing provides an extraordinary opportunity to fulfill the Cathedral's mission objectives, meet community needs, and provide opportunities for parish engagement. To say the least, it is a far better fit than market rate housing."

One of the unique features for affordable housing on campus is not just increasing access and inventory but to do so in such an indelible location and place on North Capitol Hill. Saint Mark's physical location would connect future residents to strong schools, accessible green space, great public transit services, proximity to commercial services and stunning westerly views. And, said Hoerster, "We envision a project that would fit architecturally on the campus, is climate impact neutral or better, and fulfills the Cathedral's mission objectives."

While there is much work and assessment still needed, and no decision has been made, the Committee, along with a development consultant, have made great strides in initial feasibility to further refine development capacity and scaling through design and site analysis contextualized in the Cathedral's vision and mission.

During this exploratory work, Hulet said that the Committee has been guided by Saint Mark's Mutual Ministry goals, considering a foundational human need of the security of a place to call home (Restorative Justice and Systemic Change), a community of people of all ages and spaces for people to gather (Intergenerational and Innovative Community), and the methods in which Saint Mark's can most sustainably care and steward its buildings and property (Creation Care and Carbon Reduction).

The Committee's momentum has been supported by an initial grant from Enterprise Community Partners to assist with feasibility work. The Cathedral has also applied for an additional grant from Trinity Church Wall Street, whose Gift of Place program helps congregations, such as St. Luke's in Ballard, steward their property for vital social impact.

Both Enterprise Community Partners and Trinity Church Wall Street are leaders in equipping faith-based organizations with tools and resources to use their location to embody their unique calling through the land. These partnerships are key because navigating the process of affordable housing development is not without challenge or complexity.

"We are delighted with our collaborative partners in this effort, as conversation partners, sharing expertise, wise counsel, and resources that have helped refine the focus of our potential project," said Dean Steve Thomason.

LEARN MORE

There will be two forums in September to learn more about the project exploration, meet with committee members and cathedral leadership, share input and hear about next steps ahead. No decisions have been made, and the Vestry seeks input from the parish in the process ahead.

- Wednesday Evening, September 13, 6:45–8:15 p.m., in Bloedel Hall or via Zoom, with the option to attend a community dinner at 6 p.m.
- ◆ Sunday Morning, September 24, 10:10–10:50 a.m., in Bloedel Hall

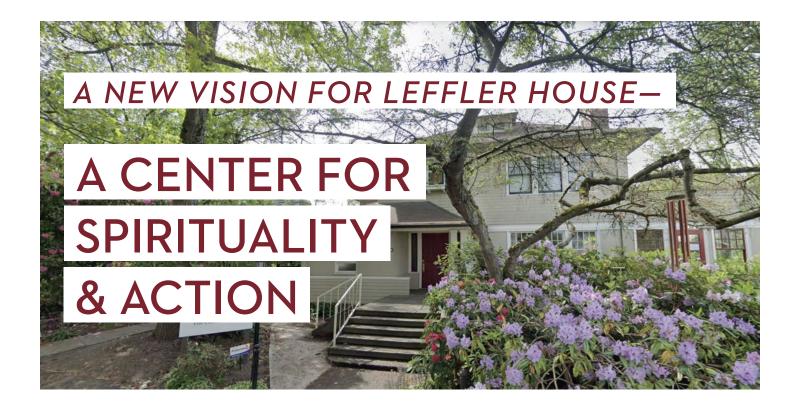
To learn more visit: <u>saintmarks.org/affordablehousing</u> or email <u>affordablehousing@saintmarks.org</u>

At the heart of the exploration is a desire to continue the work of cultivating community within a neighborhood—where people of all ages can live, work, connect, and play. For years the Cathedral campus has been an adaptive common space that has brought people together, nurtured relationships, and generated deep connections. Now Saint Mark's is positioned for a new possibility—welcoming generations of residents to affordable opportunities of place for years to come.

"We are clear that this initiative, should it come to pass, will be grounded in a commitment to see future residents as our neighbors whose presence will enrich the common life that takes shape on the cathedral campus," said Thomason. "We see dignity, respect, and mutuality as abiding values that will guide the relationships." •

NOTES

- 1. From August 2020 to February 2022, the St. Nicholas Exploratory Committee explored the possibility of market rate housing on the St. Nicholas site. Ultimately, the Committee and Vestry rejected market rate housing because it did not produce revenue to support mission-related initiatives at the level that had been projected by the Cathedral's real estate advisors and because it was not a good fit with the Cathedral's mission. In reaching this decision, the Committee identified affordable housing as a valuable, mission-positive alternative, but out of scope for the committee's focus on assessing market rate housing.
- 2. https://www.jchs.harvard.edu/son-2021-cost-burdens-map
- https://www.realtor.com/news/trends/how-much-first-time-homebuyersneed-to-earn-to-purchase-a-starter-home/
- 4. Seattle Times/Suffolk University Poll, June 2022.
- 5. The St. Nicholas site is zoned NR3 (neighborhood residential), but Seattle Municipal Code 23.42.055 provides a substantial density bonus for affordable housing located on property owned or controlled by a religious organization.



by The Rev. Canon Jennifer King Daugherty

AINT Mark's has long identified as a house of prayer for all people as well as a community that prioritizes service and social and environmental justice. As the cathedral considers the many possibilities for ministry using the rich resources of our campus assets, one exciting idea is the development of a center for spirituality and action. This center would follow the monastic tradition of "prayer and work" as a fundamental way of life, with hospitality and learning as core expressions of the spiritual journey. A key premise of the vision is that spiritual growth and contemplative practices are most transformative when connected with a commitment to action and service.

The center for spirituality will form new community both on Saint Mark's Seattle campus and virtually as a hybrid ministry. Participants in several well-established ministries, such as the Wisdom School, Cathedral Yoga, Centering Prayer, and pilgrimage opportunities, will have the opportuni-

spiritual practices. In addition, by re- and a radical hospitality as "cathedral imagining key campus assets, the ca- commons." The center will be dethedral will host retreats, workshops, signed to draw from a diverse populaand spiritual direction.

nities to engage the work of justice as spiritual exercise. Building on the cathedral's established social justice ministries as well as the community's consideration for the use of campus assets in direct service. For example, Carriage House and/or Leffler House could serve as home base for a community organization that serves vulnerable or marginalized populations. Another idea is a day respite center for unhoused in our city. There is tremendous need for this in Seattle, and it resonates with Saint Mark's guiding principle of service to the poor and those in need while seeking to be good stewards of the earth.

Saint Mark's is inherently oriented to this way of being in the world, with

ty to collaborate and join classes in a commitment to prayer and justice, tion that crosses socioeconomic, eth-Equally important are the opportu- nic, and religious affiliations where mutuality is honored, questions explored, and people served in Christ's name. Programming for the center for spirituality would potentially indeep commitment to loving, inclusive corporate hospitality roles in direct hospitality, several ideas are under service activities as well as participating in tending the community garden.

> Dean Thomason, Canon Daugherty, and other cathedral leadership have formed a robust planning team to develop this vision and establish priorities for its mission. There are many opportunities to partner with other service organizations and spiritual teachers and practitioners. The heart of the vision is a center for prayer and action, a 21st century expression of the 2000-year-old tradition of monastic practice. More updates to come! •

CARING FOR CREATION AT SAINT MARK'S

The earth is the LORD's and all that is in it, the world, and those who live in it.

—Psalm 24:1

by Katherine Minsch

URING 2023, much of the planet has experienced alarming extremes of temperature, drought, fires, floods, glacial melting, desertification, and a warming ocean; it's clear humans have fallen as stewards of what God has provided to us. However, scientists tell us it's not too late to halt the pace of global temperature increases, through reducing carbon emissions.

Stewarding the Earth and its natural resources to support all creatures created by God, including humans—that's what God calls us to do and is at the core of one of Saint Mark's Cathedral's justice ministries, Creation Care. The Saint Mark's community—clergy, staff, and the congregation—has been working on various versions of environmental justice for over 30 years. The current iteration, the Creation Care Ministry, was reconstituted in the fall of 2019. The group first developed a Mission, Vision, and Objectives focused on addressing climate change impacts in order to become carbon neutral by 2030.1 They then recommended a Creation Care Mutual Ministry goal, adopted by the Vestry in 2021: "In solidarity with future generations, grounded in our Christian duty to preserve and protect God's creation and promote justice, we will educate, empower, and support the cathedral and its members to become carbon neutral by 2030". We are implementing this goal by working together to measure, reduce and offset our carbon footprints collectively.



CATHEDRAL BUILDINGS

To reach the 2030 carbon neutral goal for the buildings on campus, all of which are aging, multiple short- and long-term maintenance, repair and replacement projects have and are being planned and implemented. These include projects for the cathedral nave, Bloedel Hall, Thomsen Chapel, the St. Nicholas building, Leffler House, and the Carriage House. Saint Mark's has contracted with Solarc Energy Group for a variety of HVAC system improvements as part of a Greenhouse Gas Reduction Strategy. The primary goal is to reduce natural gas use over time through both short- and long-term projects, with building retrofits completed by 2030. The secondary goal is to improve ventilation allowing for more fresh air. Oil and gas heating systems are being converted to more efficient electric air-to-water heat pumps, and gas hot water heaters are being replaced with electric water heaters. Programmable thermostats are being installed to replace old inefficient controls. Failed steam traps are being replaced. Pipes are being insulated. Some work has been accomplished; much more is planned. The list is long and detailed, but a few highlights for each building are:

- **Thomsen Chapel**—new programmable thermostat installed; hot water coils to be retrofitted soon with an air-source heat pump; replacement of gas boiler with dual min-split system (within next 12 months).
- Bloedel Hall/Cathedral House—clogged radiators have been cleaned out in Bloedel to again provide heat to staff offices; a timeclock has been added to reduce excess gas usage and to allow for even temperature flows throughout the floors; air-to-water heat pumps will be installed. Electric ranges are replacing the old gas ones in Bloedel kitchen.
- Leffler House and Carriage House—gas furnaces to be replaced with heat pumps.
- **St. Nicholas Building**—dozens of failed steam traps replaced; hot water pipes insulated; gas condensing water heater to be replaced with a heat pump water heater.

- Cathedral Nave—new electronic steam valves installed to improve heat flow to the Nave; soon controls will be added for the choir loft to keep the organ temperature between 64-68 degrees.
- Single pane windows in all the buildings will be replaced with double pane windows to conserve energy in hot and cold weather.

Each of these projects includes measures of greenhouse gas reduction. Additionally, Saint Mark's is eligible for rebates from Puget Sound Energy—a one-time rebate of \$1,500 for the cathedral building, and \$8,000/year for St. Nicholas for three years. Some expenses are allocated in

"WE ARE FOCUSED ON

ACTIONS..."

RAISING AWARENESS AROUND

THE CLIMATE CRISIS AND THE

IMPORTANCE OF INDIVIDUAL

the budget, and more funds are expected to be raised in future years. A project is underway to replace old incandescent lighting fixtures in the cathedral nave with energy efficient dimmable LEDs. It is an exciting time for these buildings! or infographic. So far six people have shared their stories, with more on the way.

Advocacy and the power of collective action on a broader scale are also a focus. A small group tracked the progress of environmental bills in the 2022 and 2023 state legislative sessions and submitted comments. The two recent climate summits—COP26 and COP27—generated keen interest, and thanks to two of our Creation Care leaders, Dr. Lisa Graumlich and John Kydd, being appointed members of the Episcopal Church delegation, we were able to follow the discussions. To inform others, our ministry held a few follow-up forums, and the Diocese

of Olympia held two online conversations.

The Creation Care Ministry holds monthly meetings on third Tuesdays at 6:30 p.m., at which we first engage in spiritual reflections and then report on and discuss current and upcoming activities. We held two in-per-

son retreats—fall 2022 and spring 2023—to dive deeper into climate grief and hopes, and to envision future work. We plan to hold these annually. We have a monthly Creation Care Newsletter to which anyone can contribute. We are planning field trips for the fall of 2023.

One way to mitigate climate impacts is to contribute to a carbon offset fund. For example, Saint Mark's members are encouraged to offset air travel. The Vestry supported this practice in 2022 by approving a recommendation to offset the carbon footprint of staff travel. Parishioners and the Cathedral have contributed over \$10,000 to this fund since 2021, which is then split between Carbon Offsets to Eliminate Poverty (COTAP) and the Carbon Offset Cooperative Mission with the Diocese of Southern Philippines.²

All these activities and more can be found at the Creation Care website: *saintmarks.org/creation-care*

We believe everyone needs to do their part, whether a large company or an individual. Collectively, working together as Episcopalians with others, we can still make a difference. •

EDUCATION, OUTREACH, & ACTIVITIES

The Creation Care Ministry is a vibrant one, with many opportunities to get engaged. Overall, we are focused on raising awareness around the climate crisis and the importance of individual actions in reducing our carbon footprints. A key tool is the Carbon Tracker, found at <u>sustainislandhome.org</u>, which provides a way for those who sign up to track their household and transportation practices. About 100 households are participating. We have held several forums and training sessions on how to use the tracker, which includes how to use more sustainable energy, water, waste, and transportation practices.

In the past two years our ministry has launched two new ways for people to learn, share, and be inspired about actions they can take to reduce their climate impact. In June 2022, we launched **Climate Conversations**, held second Thursdays on Zoom from 6:30-7:30 p.m. These consist of very informative presentations by one or two experts on a range of topics focused on what people can do in their everyday lives to reduce their carbon footprint, with ample time for discussion by the participants and a lively exchange of ideas. Topics have included energy (heating/cooling and appliances), transportation, clothing, water, advocacy, shopping, and more. This summer we launched a Creation Care Story Sharing project for people to submit examples of actions they are taking, large or small, to reduce their climate impact via brief essays, videos, photo albums, a short podcast-style audio

NOTES

- Carbon neutral means attaining no net release of carbon dioxide to the atmosphere. See the full Mission, Vision, and Objectives at https:// saintmarks.org/justice/creation-care
- Learn about COTAP at: https://cotap.org/ and about the carbon offset cooperative mission at: https://ecww.org/about-the-diocese-of-olympia/ departments/stewardship-and-development/carbon-offset-cooperativemission/



by Michael Seewer

Whoever you are, and wherever you are on your spiritual journey, you are welcome here.

HIS is a phrase that many at Saint Mark's have become accustomed to hearing over the years. It's something we say, and in fact many churches say, to make it clear that anyone and everyone is welcome. The sad reality is, though, that it isn't always so cut and dried. Of course, at Saint Mark's, we really do mean anyone and everyone is welcome. But for someone who is unfamiliar with Saint Mark's, who may be a visitor, or someone from the community who walks by, they can't be sure that we really do mean it.

It is perhaps a sign of the sad state of how things are in our society. Our politics and culture become more and more polarized. After decades of progress and legislation granting more rights and freedoms to women and minority communities, it seems that in recent years, things have begun to shift backwards. This is sadly true for many, including the LGBTQ+community. We have to be careful when we see a place that says "all". Does all really mean all?

Questions like this were being asked with regularity at the monthly Newcomers Coffee, hosted by Deacon Earl and members of the Newcomer Ministry on the first Sundays each month. At Saint Mark's, does "all" really mean "all?" Does Saint Mark's actively welcome, accept, and affirm people who identify as queer? And in August 2022, connections made at the Newcomers Coffee between a person new to Saint Mark's, Steve Bryant, and Michael Seewer, led to a conversation about creating an LGBTQ+ ministry at Saint Mark's. Within a matter of a few months, several handfuls of people (a mix of longtime members and recent newcomers) expressed interest

in and commitment to such a ministry. By December, a visioning meeting was convened, led by Canon Eliacín Rosario-Cruz and Sacristan Michael Seewer. The result of that meeting was the decision to start a new ministry at Saint Mark's. After much discussion, the decision was made to call this ministry **Queer in Christ**.

The name "Queer in Christ," is itself a bold sign of radical acceptance and diversity. The term "queer" has, in recent years, been used as a more inclusive term within the LGBTQ+ community, reclaiming it from its former use as an expletive and insult from outsiders toward those who identify as non-heterosexual or non-cisgender. Our hope in using this term as part of our name is to make it clear to all that there are queer people at Saint Mark's, and we claim our belovedness as siblings in Christ and fully accepted members of the Body of Christ, and of Saint Mark's.

After some planning and brainstorming, the new ministry was introduced to the community of Saint Mark's in February 2023 at a Sunday morning forum. (A video of this forum can be viewed on Saint Mark's website and YouTube channel). The new Queer in Christ ministry, called "QuiC" for short, has already hosted or been involved in a number of events, including: a workshop on Queer Theology (co-hosted by the Santa Marta Center

in El Salvador), a celebration of Transgender Day of Visibility, numerous activities celebrating Pride Month, including Pride Fest Capitol Hill and the Seattle Pride Parade, and two events commemorating the life and legacy of Pauli Murray.

The Queer Theology workshop took place on February

18 and was facilitated by Hugo Alas, a member of the Ministry of Sexual Diversity of the Anglican Episcopal Church of El Salvador. Hosted on Zoom by Canon Rosario-Cruz, the workshop covered a variety of queer theology topics including: cis-heteropatriarchy, a discussion of what family means to queer people, and a number of topics related to intersectionality. A recording of this workshop is available at *saintmarks.org/queer*

The QuiC ministry has been extremely mindful of recent legislation across the country that has limited the rights of transgender people, so we focused on transgender issues through several

Taizé service commemorating Pauli Murray

events in spring 2023. On Transgender Day of Visibility, March 31, QuiC hosted a hybrid forum in Bloedel Hall with The Rev. Canon Carla Robinson, Canon for Multicultural Ministries and Community Transformation for the Diocese of Olympia; The Rev. Nat Johnson, Rector of Grace Episcopal Church on Bainbridge Island; and the Reverend Cedar James Monroe, until recently a leader with Chaplains on the Harbor. The three panelists dis-

"THE NEW QUEER IN CHRIST MINISTRY HOPES TO MAKE IT ABUNDANTLY CLEAR TO THOSE WHO ARE NEW TO SAINT MARK'S THAT THEY BELONG HERE, TOO."

cussed their journeys, struggles, and celebrations surrounding their transgender identities.

QuiC also felt it was important to observe the July 1 commemoration of The Rev. Dr. Pauli Murray (1910-1985), which was recently added to The Episcopal Church's "calendar of saints," Lesser Feasts & Fasts. Pauli Murray, in addition to her work as a legal scholar, activist, and poet is celebrated as the first black female to be ordained an Episcopal priest, although she wrote throughout her life in her journals about feeling like a man trapped in a woman's body. Though she identified publicly as female throughout her life, many, including the Pauli Murray Center for History and Social Justice, have concluded that today she would likely have identified as transgender. We celebrated Pauli's life by hosting a Taizé Prayer liturgy on July 2, including poems and prayers written by her. We then offered a forum on July 12, hosted by author and creator of the Brave Sis Project, Rozella Kennedy, during which we learned about

Pauli's life, and discussed what led her to the priesthood. It is also exciting to note that Pauli will be featured on a U.S. Quarter as part of the "American Women Quarters" program, sometime in 2024.

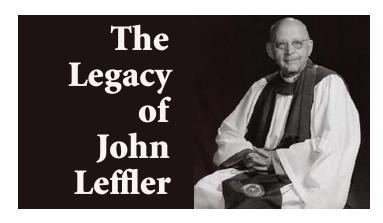
Saint Mark's and QuiC also partnered with the American Civil Liberties Union again for "Projecting Justice," to make a public statement in light of the unprecedented wave of anti-LGBTQ+ legislation, and the threat

that transgender people are now experiencing. For ten days at the end of June, two different messages were projected onto the west wall of the cathedral, visible after sunset from I-5, Lake Union, and beyond—"PROTECT TRANS LIVES" and "PROTECT TRANS KIDS." This display received coverage

in local media, including The Seattle Times and KNKX.

The response from the cathedral community to this new QuiC ministry has been overwhelmingly positive. Looking to the future, the leadership of QuiC hopes to continue being a resource to connect the cathedral community with existing LGBTQ+ resources, both inside and outside of the church; to increase the visibility of the queer presence and ministry, making it abundantly clear to those who are new to Saint Mark's that they belong here, too; and to explore intersectional opportunities with other cathedral and diocesan ministries.

Queer in Christ sends out periodic newsletters that include upcoming events, pertinent articles about being queer in the church, links to resources, and much more. If you would like to receive these newsletters, please email Saint Mark's Sacristan and Head Verger Michael Seewer mseewer@saintmarks.org



by The Rev. Carla Pryne

Dean Emeritus, Dean John Leffler occasionally preached in Thomsen Chapel at the 8 a.m. Sunday Eucharist. By then he was an old man. I didn't know him in his prime. But what does 'prime' mean?

Anyone who experienced a John Leffler sermon during those years is unlikely to have forgotten the experience. His years as Cathedral Dean—preaching from the (then very high) pulpit, towering ten feet over the congregation—were over. But in his later years, in Thomsen Chapel, he stood just a few feet from his fortunate listeners. And what a privilege it was to be there.

He walked slowly, leaning heavily on his cane. He couldn't see well. He preached without a note; his voice was raspy. But the quality of attention in the chapel was so alert, the silence of hearts standing on tiptoe: no one wanted to miss a word. And oh, the twinkle in his eye! It was as if John had a great and wonderful secret to share with us. I still remember several of his homilies, forty years later.

Back in the 1980s, Dean Leffler was already known for his pioneering leadership in church communication. His weekly essays in *The Rubric*, "From the Dean's Desk," and his collaborations with KING broadcasting reached thousands. He was a fine writer and public speaker. But his soul was that of a preacher.

I was fortunate to hear quite a few of his sermons, and I read many more, including those he selected for his collection of sermons: *Go Into the City: Sermons for a Strenuous Age* (Madrona Publishing, 1986). So many things made his preaching both powerful and memorable.

If I had to pick a single word to describe the experience? A John Leffler sermon was robust. There was a freshness to how he brought us the Word, a freshness grounded in individual human experience, but also drawing deeply from the context of what the city and the world were bringing us all.

His preaching was rich in stories and imagery drawn from daily life. It seemed to me that his preaching was rooted in the conviction that human experience reveals the holy God: experience being human, deeply and attentively—and you can't help but find the Holy. Like a good poem, a John Leffler sermon had an uncanny way of bringing you not into theology or even spirituality, but into you, your own embodied experience—to find it overflowing with Spirit and Life.

At the core of it, I think his sermons reflected a profound respect for the souls assembled before him. When he looked out at those who had come that morning, in the sweet silence before his first word, he saw not so much a "congregation," but people who were bearers of God, and witnesses to God. They just needed a nudge to trust how the Holy Spirit was at work in their lives and in the world. He did this through vulnerability, humor, and a deep present-ness to those fortunate enough to have showed up that Sunday morning.

After I'd been working at the Cathedral for several months as a newly ordained deacon, the Dean and I shared lunch at a restaurant on East Madison. He said something complimentary about my sermon from the previous Sunday, then quickly followed it with this: "But you know, dear, you quote too much. People don't want to know what you have read; they want to know what you believe." Those words resonate still.

I don't know if Dean Leffler mentored any other preachers; I wouldn't be surprised if he did. What I do know is that the fund in his name has continued to support so many who aspire to be faithful to the Word for which they hope to be a witness. The Leffler Book Fund was established with the royalties from his book of sermons to provide "preaching education for the clergy of this diocese." Through the fund over the years, generously and generatively, Dean Leffler has effectively taken hundreds of aspiring preachers under his wing, through the wisdom and charisms of distinguished teachers such as Walter Brueggemann, Marcus Borg and Jennifer Baskerville-Burrows. This coming year, Saint Mark's Cathedral will host two preaching workshops—the first featuring Womanist theologian The Rev. Dr. Wil Gafney on November 30, 2023, and the second with Celtic theologian and poet Dr. Pádraig Ó Tuama on May 30, 2024. What a tremendous gift is continually given. •

The Rev. Carla V. Pryne served first as deacon, then priest, then Canon Pastor in her years at the Cathedral, 1983–1992. She retired in 2016 and lives with her husband Eric and a lot of honey bees on Vashon Island.

PHOTO ROUNDUP:

Special Moments in the Life of the Cathedral Community

CAPITOL HILL PRIDEFEST & SEATTLE



















DIOCESAN ORDINATIONS + JUNE 21, 2023



▲ The ordinands were (L to R) The Rev. Jana Lynn Whitworth, The Rev. Elizabeth Booton Walker, The Rev. Michael Shane Carlson, and The Rev. Charles Richard Huff II.

At right: Intergenerational Hike in Mt. Rainier National Park, July 22. Below left: Bike Ride to to Alki (also pitcured on the cover), July 30. Below right: Community Lawn Bowling & Picnic, August 4.







A FAREWELL TO CANON ELIACÍN





THE BLOEDEL LEGACY CONTINUES

by Deborah Person

of refuge, connection, serenity—these are some of the words Eulalie Bloedel Schneider and her daughter Eulalie ("Lalie") Scandiuzzi used to describe Saint Mark's, as they reflected on their family's connection to the cathedral over the generations. Eulalie Schneider has recently made a generous donation to help update and improve Bloedel Hall and kitchen, continuing the family's tradition of supporting what they view to be an essential part of this community.

The Bloedel family has been a part of Saint Mark's for five generations. Julius Harold Bloedel and his wife Mina were early supporters of the church. J.H.'s donation in memory of his wife and family became one of the key foundational gifts that funded the construction of Cathedral House in the late 1950s. The new building in the back of the cathedral would provide the necessary facilities for the parish and the community, including what became Bloedel Hall and kitchen.

Eulalie is one of J.H.'s granddaughters. While she lived most of her life outside of Seattle, physical distance hasn't weakened the feeling of connection she has to Saint Mark's: "We have loved Saint Mark's, and it is our go-to place for comfort and serenity. It's important to all of us, that connection, starting with my grandfather. We always recognized that Saint Mark's has a role. That we—all of us in



the community—need the cathedral. We need that spiritual connection."

Her daughter Lalie found that connection at a time in her life when she needed it most: "It was remarkable—to just be held by the energy in the church, the comfort that the parishioners and the clergy offered me. A home. It was really a refuge for me and my husband. When I go, I go to feel the comfort that Father Steve and others offer us—so kindly, so openheartedly."

The connection continues to the next generation. Lalie recalls how her son Sebastian sensed this connection at an early age: "I think he was 12 when he said, 'we have to all meet at a place—we have to meet somewhere in case

there's an emergency.' So he said, 'I think we should meet at Saint Mark's.' He felt that at 12! And from then on, every Thanksgiving we restate Saint Mark's as where we're going to meet."

While appreciating their own personal and familial connection to St. Mark's, the Bloedel descendants appreciate even more its commitment to inclusivity. Eulalie has loved the church's efforts to continue to grow and learn how to open its arms even further in welcoming and celebrating all people. Lalie experienced this firsthand while recently taking the Inquirer's class: "I heard from people in the class, wondering about the Episcopalian church, wondering about their place, wondering if this felt like home, coming from all sorts of other religious backgrounds, and wanting to have a spiritual attachment to a church." She was touched to see many of them find that home at Saint Mark's. "If it can bring solace to people who haven't felt accepted other places... how beautiful."

Eulalie's recent gift will go towards some long-needed improvements to Bloedel Hall and kitchen, allowing Saint Mark's to continue to serve each other and the community at large. Eulalie was quick to point out that we all have connections to the cathedral and the role it plays in our lives and the greater community. She hopes this gift will inspire others to continue to contribute what they can to this important "go-to" in all our lives. •



Deborah Person is a member of Saint Mark's and a greatgranddaughter of J.H. Bloedel. She can often be found cooking in the kitchen of Bloedel Hall.

Saint Mark's Writers & Their Books

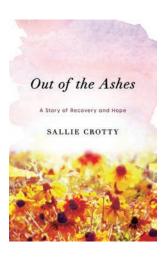
by Maria Coldwell

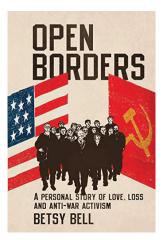
AINT Mark's Cathedral is blessed to have many writers among its parishioners. In fact, we have so many writers that Libby Carr and Elizabeth Clark Stern are organizing a new Writers' Support Group at Saint Mark's. The first meeting will be held via Zoom on September 19, 2023 at 5 p.m. (If you're interested in joining, email Libby Carr at libbycarroo7@gmail.com)

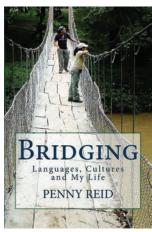
Did you know that there's a bookcase in Leffler House living room with a whole library of books written by Saint Mark's authors? The majority of books are what might be called "creative nonfiction," along with a little fiction and some poetry. Many of the books have beautiful photographs or illustrations enhancing the text. Dean Steve Thomason has invited Saint Mark's authors to donate one copy of their books to Saint Mark's collection, so that they'll be available for all parishioners to read.

MEMOIRS

The most recent memoir in the collection is Sallie Crotty's remarkable Out of the Ashes: A Story of Recovery and Hope (River Grove Books, 2022). Sallie and her husband Mark moved to Seattle from Texas and joined Saint Mark's in 2020. Out of the Ashes is the story of Sallie's experience of bipolar disorder and the essential role that her faith and spirituality have played in her healing. The book tells of her sudden-onset mental illness in mid-life—her struggles, time spent in







a psychiatric ward, and how lacking a clear diagnosis almost led to her death. She also describes how proper care and receiving the right diagnosis and treatment at The Menninger Clinic have provided hope, happiness, and a path to recovery for her.

Sallie, a lifelong educator, says that her book grew out of a personal essay that she wrote for a writing class. The essay was later workshopped at the Mayborn Literary Nonfiction Conference in Texas, and Sallie was encouraged to turn the essay into a booklength memoir. Sallie hopes the book will help others who live with mental illness, as well as their families. As a capstone project for her work toward earning an MFA, she is designing a creative writing program to bring into clinical settings. Learn more at www.salliecrotty.com

Two earlier memoirs of note in the Saint Mark's collection are Betsy Bell's *Open Borders: A Personal Story of Love, Loss and Anti-war Activism* (Epicenter Press, 2018), which tells

the story of Betsy's 1983 trip to Moscow and Tashkent carrying letters of peace as part of the Target Seattle project; and Penny Reid's *Bridging: Languages, Cultures and My Life* (2015), which reflects on Penny's journey to Nicaragua in 2014–2015 through journal entries and photographs. Learn more about Betsy's book at *www.betsybellauthor.com*; Penny continues to blog regularly at *www.alwaysbridging.com*

FICTION

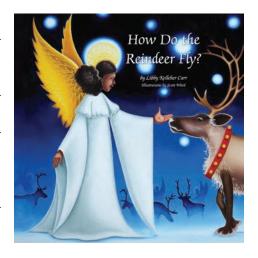
This spring Elizabeth Clark Stern published *The Language of Water* (Aqueduct Press, 2023), a science fiction novel about climate change. The book tells the story of water-war in the year 2100 between a female Turkish President and the Kurdish women's army in Northern Syria. It's about female power and ultimately unity that brings the hope of balance to the human spirit and a thirsty world.

Elizabeth came to Saint Mark's three years ago after discovering the Wis-

dom School. She's a recently retired Jungian psychotherapist who previously lived in Los Angeles and wrote for film and television. Seven years ago she had a dream of thirsty women in the desert and floating above them was a pattern of orange and turquoise design. She did some research and discovered that the pattern was Kurdish, identical to the one in her dream! This dream was the inspiration for The Language of Water. At Saint Mark's, Elizabeth is involved in Creation Care, Centering Prayer, Saint Mark's Singers, and the Radix planning team. She says "I feel deeply blessed every day to have found this vibrant, loving, curious and inclusive community!" Learn more at www.elizabethclarkstern.com

CHILDREN'S BOOK

Last December, at Christmastime, Libby Kelleher Carr published *How do the Reindeer Fly?* (EDK Books, 2022) with illustrations by Scott Ward. It's a beautifully illustrated picture book for kids of all ages that uncovers the mystery of just how Santa's reindeer actually fly. (Hint: it has something to do with carrots, crystals, and the reindeer's special angels.) Libby has been a member of Saint Mark's since 1975, when she was working on refugee resettlement for DSHS and became friends with John Huston.



She's now active in Creation Care and is taking the training to become a Eucharistic visitor. She is a grandmother (one of her grandchildren read the book in draft and provided feedback) and children's book author who loves bringing joy to kids and believes in the power of angels. Learn more at www.howdothereindeerfly.com

ESSAYS/SPIRITUALITY

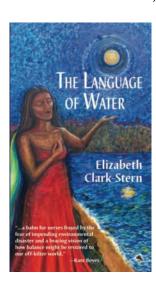
Doug Thorpe's, Rapture of the Deep: Reflections on the Wild in Art, Wilderness and the Sacred (Red Hen Press, 2007) is hard to categorize: part memoir (hiking and camping trips in the Pacific Northwest), part literary analysis, part spiritual reflections. Written over a 15-year period, the essays are both deep and deeply personal. Doug is a Vestry member at Saint Mark's and an active member of

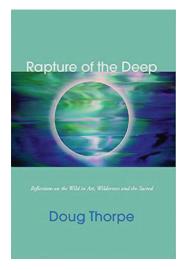
the Creation Care ministry. He is also Professor Emeritus of English at Seattle Pacific University.

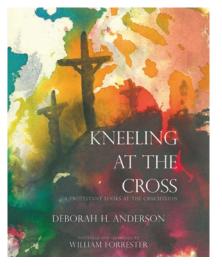
POETRY

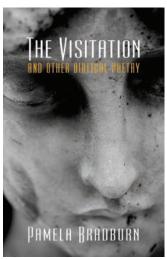
Deborah H. Anderson's contribution to the Saint Mark's collection is Kneeling at the Cross (LGC Publishing, 2015), with illustrations by William Forrester. Deborah says in the Preface to this book that when she began cantoring at a Roman Catholic church in Seattle she was unfamiliar with both the Mass and the crucifix. In the Protestant churches where she was raised, the cross had always been empty. She began to spend some time alone in the sanctuary contemplating the crucifix and wrote these poems as declarative conversations with Jesus hanging on the cross. She persuaded her friend Will Forrester to create illustrations for the poetry, and the result is a beautiful book of meditative poems and images. Deborah is a longtime woman of faith, a singer and pianist, a mother and grandmother; she lives on Vashon Island and writes for The Vashon Loop.

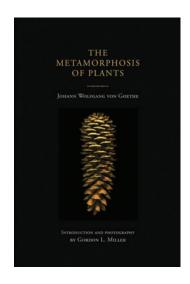
Another lovely book of poetry with illustrations in the collection is Pamela Bradburn's *The Visitation* (2016). Pamela's poetry focuses on people in the New Testament, especially women, whose lives were radically changed by their encounters with God.

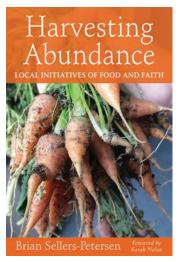


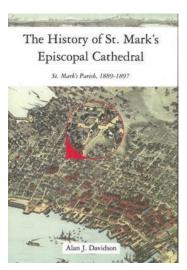


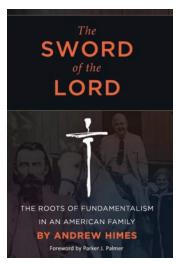












CREATION/NATURE/PHOTOGRAPHY

Gordon Miller has donated two of his books to the Saint Mark's collection: Wisdom of the Earth: Visions of an Ecological Faith (Green Rock Press, 1997) and The Metamorphosis of Plants, his photographic edition of Johann Wolfgang von Goethe's 18th-century botanical classic (MIT Press, 2009). Wisdom of the Earth combines creation-centered texts from the Old Testament, the New Testament, and ancient church fathers, selected by Gordon, along with sixty of his beautiful color photographs of the natural world. While Goethe originally intended to publish an illustrated version of The Metamorphosis of Plants, he never did. Gordon has done just

that: he provides a great series of color photographs and line drawings to illustrate the book in an English translation by Douglas Miller. Gordon is Professor Emeritus of Environmental Studies at Seattle University. At Saint Mark's he is most familiar as a long-time and dedicated member of the Habitat for Humanity group.

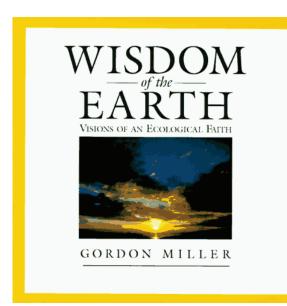
Brian Sellers-Peterson's book, *Harvesting Abundance* (Church Publishing, 2017) is the result of some 30 years working for international relief and development organizations, including 18 years with Episcopal Relief & Development. The book tells the stories (illustrated with color photographs) of 25 churches, schools, and small organizations that have developed community gardens, beehive colonies,

and other agricultural ministries. These churches and organizations are creatively using their land and property, providing training and cross-cultural experiences for people of all ages, and at the same time feeding the hungry and building community relationships. Brian developed the beekeeping ministry at Saint Mark's and helped set up our various gardens; he continues to serve part-time as the Agrarian Missioner for the Diocese of Olympia.

HISTORY

Alan J. Davidson published *The History of St. Mark's Episcopal Cathedral:* St. Mark's Parish, 1889–1897 in 2018. Alan may be a retired radiologist, but he's used his research skills to write some wonderful history books in his retirement. This book tells the story of the founding of Saint Mark's Parish in 1889 and focuses on its early charismatic pastor, David Claiborne Garrett. There are numerous black and white historical photographs and maps included, along with details about Seattle history and culture in the late nineteenth century.

Another fascinating history book in the collection is Andrew Himes' *The Sword of the Lord: The Roots of Fundamentalism in an American Family* (Chiara Press, 2011), which tells the story of Andrew's grandfather, John R. Rice, editor and publisher of the national paper *The Sword of the Lord*, and a mentor to people like Billy Graham and Jerry Falwell. •



If you are member of the community of Saint Mark's and you know of a book to add to the collection, please let Dean Thomason know! sthomason@saintmarks.org



Embodied Journeys:

Two Wisdom School Workshops from Spring 2023

by Carrie Kahler

DID not expect Dr. Hillary McBride's "Wisdom of the Body" workshop to include a 15-minute free-form dance set. Nor did I expect Dr. Christena Cleveland's "Mothered By God" workshop to include an opening song with hand motions that attendees learned in two minutes. Both workshops continued the Wisdom School's 2022/23 theme of embodied spirituality, and both leaned into the work of repairing the relationship between the thinking self and the sensing self.

Dr. McBride is a therapist, researcher, speaker, and writer with a Ph.D. in Counseling Psychology from the University of British Columbia. She often focuses on women's experience in and of the body, especially at transition points. Her workshop took place on a sunny May morning and she started by asking attendees to practice reclaiming agency for their bodies' needs—to stand up, stretch, or pace around. The workshop continued by alternating examinations of embodiment with exercises for participants. Dr. McBride emphasized that, despite various cultural assumptions, the body is not a meat taxi for the brain. That is, humans don't have bodies; we are bodies.

Exercises included prompts like "Connection with myself feels like..." and "Right now the experience of being a body is...." Participants answered some prompts in writing, and then again by creating shapes with their bodies. I was surprised by how clearly my sensing self spoke when creating the shapes, and surprised again by the beautiful variety of shapes other participants made. Dr. McBride noted that distancing the thinking self from the unpredictability of the body gives the illusion of control, but severing the sensing and thinking self impairs one's ability to connect with others. By the end of the workshop, there were tears, vulnerable stories, and dancing.

Those connections, however, were possible because of the work participants did and the space created for a few hours in Bloedel Hall. There is more work to do. Dr. McBride urged participants to help change the cultural stories around which bodies are valued and protected. Dr. Christena Cleveland has been working to change those cultural stories for decades. She is a social psychologist, public theologian, author, and activist with a Ph.D. in social psychology from U.C. Santa Barbara. She is the founder and director of the Center for Social Justice and Renewal as well as its sister organization, Sacred Folk. Her workshop, "Mothered By God: Divine Feminine and the Black Madonna" drew from her recent pilgrimage to France to visit the region's Black Madonnas. She details this journey in her most recent book, God Is A Black Woman. On a warm June morning, Dr. Cleveland led workshop participants through an examination of the ways white male supremacy infects Christianity and how that infection manifests both in our own lives from earliest childhood, in the Christian church more broadly, and in Anglo-American society at large. She then offered attendees the loving strength of the Sacred Black Feminine. Using research, pictures of the Black Madonnas, history, and personal experience, Dr. Cleveland demonstrated





that the Sacred Black Feminine can help us discard lies about who God is and learn to re-see the sacred in the body—especially in bodies our families, churches, and culture have treated as less than.

Dr. Cleveland noted that while there is no systematic theology of the Black Madonna, there are 60,000 different names for her, often specific to locale and context: "She whose breath sustains us;" "She who holds us in her lap;" "Our Lady of the Good Death." "Our Lady of the Sick"—the Madonna of Vichy—had been stolen, then beheaded, and finally through the communities' efforts, rejoined and repaired. It seemed a fitting image of our need to repair the dichotomy of mind and body in community with one another.

Dr. Cleveland had created her own names for the Black Madonnas she encountered—names specific to her own locale and context: "She Who Cherishes Our Hot Mess" and "Our Lady of the Side Eye." The nicknames both joined the long tradition of encounter with the Sacred Black Feminine, but also encouraged participants to remember that God is active, and that our job is to see and connect. Attention, after all, is a form of love. Dr. Cleveland then had participants practice this kind of nurturing attention by telling each other what we most needed to hear, a surprising and moving exercise. She also emphasized that healing does not have a deadline. The Black Madonna accepts every step of each person's journey, and her acceptance helps us accept ourselves and each other.

Both these workshops approached embodiment from different angles. Both provided attendees with new ways to understand disconnection and new tools to facilitate repair. Dancing, singing, poetry, and looking into the eyes of other humans helped me feel, as a whole person, how the divine rests in each of us. •

THE WISDOM SCHOOL

OFFERINGS FOR FALL 2023

THEME FOR THE YEAR: A SPIRITUALITY OF PLACE

Place matters. It is the locus of spiritual purpose, whether at home, on the pilgrim's way, or in the wilderness. It is the locus of belonging, of grounding, of meaning. It allows us to situate our own story into God's story of presence in creation and divine movement across history.

Most gatherings are hybrid—participants can join in person or online via Zoom. For more information, registration, and fees, go to saintmarks.org/wisdomschool

A Spirituality of Place: The Pilgrim's Journey & Finding Home

Two Wednesdays, September 20 & 27, 2023, 6:45–8:15 p.m. PDT, in person in Bloedel Hall and online via Zoom

LED BY THE VERY REV. STEVEN L. THOMASON



The geography of the heart is shaped by the land and the ties that bind us to particular places, especially when we come to see it all as holy ground. This two-

part series will explore the spirituality of place, pilgrimage, and finding home, with spiritual practices that serve as maps for the journey.

Spirituality of the Meal: Our Daily Bread

Saturday, October 21, 2023, 9:30 a.m.-1 p.m.

LED BY MARC AUBERTIN & DEBORAH PERSON



The act of feeding ourselves and sharing food with others is a daily necessity. It can also provide opportunities to deepen our spiritual paths and practices.

We will explore how, in practice, we connect







our faith to the work of providing "daily bread". We will also put our ideas of abundance and stewardship into action by preparing a meal together.

Sacred Stories of Place

Wednesday, October 25, 2023, 6:45–8:15 p.m., in person in Bloedel Hall and online via Zoom

LED BY THE REV. CANON JENNIFER KING DAUGHERTY



Why do the sights, smells, and sounds of certain places and landscapes evoke deep spiritual resonance? How do our own stories and spirituality

connect to the places of our ancestors? We will explore how our experiences of place provide grounding for our identity and relationships with God.

Killian Noe—Discovering Call

Wednesday, November 8, 2023, 6:45–8:15 p.m. in person in Bloedel Hall and online via Zoom



All of us know that it is in giving our lives that we find life, full of joy and meaning. How do we discover the specific way we are to offer our lives, the place our

gifts connect with some need in the world? This evening we will work with the "hallmarks of call" and listen for any new call within our long-time call or any new, emerging call on our lives.

The Rev. Wil Gafney, Ph.D.— Womanist Midrash & Biblical Interpretation

Saturday, December 2, 2023, 9 a.m.–12 p.m. PST in person in Bloedel Hall and online via Zoom



Womanist Biblical scholar and renowned author of *A Women's Lectionary for the Whole Church*, Dr. Gafney, will lead a seminar on Womanist Midrash,

exploring the complexity of scripture and importance of translation as she interprets the Hebrew Biblical tradition of women prophets and leaders

SUMMER PILGRIMAGES

The Wisdom School at Saint Mark's has plans to offer three pilgrimage experiences next summer as we ponder the theme, **A Spirituality of Place**. These offerings are designed to present a range of touchstones—points of connection, regionally and globally—trusting that we all have opportunities to discern what sort of travel as pilgrim makes sense at a particular time in our spiritual journey. This is transformative work—experiential, mystical, and incarnational—drawing on ancient wisdom and innovative design.

An Intergenerational Racial Justice Pilgrimage to Georgia & Alabama

July 2-July 9, 2024

FACILITATED BY CANON WENDY CLAIRE BARRIE & THE REV. LINZI STAHLECKER



This pilgrimage is grounded in our commitment to racial justice and our faith that calls us to "strive for justice and peace among all people and respect the dignity of every human being." We'll learn about the history of racial inequity in the United States and examine the Civil Rights Movement to help us understand and find our

place in the continued and current struggle. We'll also have opportunities to acknowledge and celebrate Black culture, achievement, and joy.

Pilgrimage stops include the National Center for Civil and Human Rights, the Martin Luther King Jr. Center, Ebenezer Baptist Church, the APEX Museum, and the Smith Plantation (Atlanta and Roswell, Georgia); the Sixteenth Street Baptist Church, Kelly Ingram Park, and the Gaston Motel (Birmingham, AL); the Tuskegee Airman National Historic Site, The Legacy Museum: From Enslavement to Mass Incarceration, Dexter Avenue Baptist Church, Rosa Parks' Bus Stop, the National Memorial for Peace and Justice (Montgomery, AL); the National Voting Rights Museum, Edmund Pettus Bridge, and St. Paul's Episcopal Church (Selma, AL).

This trip is open to those ages 14 and older. Pilgrims will participate in pre-trip preparation including three local mini-pilgrimages and orientation meetings, and post-trip reflection and response events.

A Celtic Pilgrimage to Ireland

July 24-August 2, 2024, with optional extension to Iona August 2-7 LED BY DEAN STEVE THOMASON & CANON JENNIFER KING DAUGHERTY



The shape of this sacred excursion is contemplative and communal, drawing on the ancient wisdom of Celtic spirituality and the monastic rhythms of worship, prayer, and life in community, while also breathing in the serene beauty of the landscape.

Following our flight from Seattle to Dublin, we will spend three nights on Inis Mor, an

island off the west coast known for its "thin places" and spiritual presence. We will visit ancient Celtic sites where St. Brigid, St. Kevin, and St. Patrick left their marks. The group will have time to hike









and overnight in Glendalough, one of Ireland's most sacred sites. We will visit neolithic burial mounds along the Boine River to see the pre-Christian ruins there, along with St. Patrick's Hill of Slane, before bookending our trip with three nights in Belfast as we take in the Troubles with an eye toward the work of peace and reconciliation in our own time. A day retreat at beautiful Corrymeela on the north coast will invite reflection on the whole experience and what we will take home with us Those continuing on to Iona will enjoy three nights on the holy island before spending the last evening in Edinburgh.

There will be two pre-pilgrimage gatherings for those who make the trip, including a private reception for our group with Irish poet and theologian Padraig Ó Tuama on May 30, 2024. Space is limited. A deposit will be required to hold your place.

Compline Choir Pilgrimage to England's Historic Cathedrals

August 1-19, 2024



Join the Compline Choir as a companion pilgrim to three of England's most storied and historic cathedrals: Saint Alban's, Saint Paul's in London, and Canterbury. Canterbury Cathedral is especially significant because it served as a spiritual home and place of learning for the Choir's founder, Dr. Peter Hallock, during his formative

years as a leading musician in the Episcopal Church. During Compline Choir's last pilgrimage in 2019, they were invited to sing the service of compline in the crypt.

Drawing on Benedictine values and pilgrimage rhythms, our time together will include daily prayer, study, community building, rehearsals for the Choir, and group excursions to Windsor (including St. George's Chapel), Oxford, Cambridge (including King's College Chapel), and Canterbury (including St. Augustine's Abbey and St. Martin's Church), with ample free time to explore the many sights and attractions in London on your own or in smaller groups. We hope to deepen connections with our Anglican heritage, share music unique to the Pacific Northwest and Saint Mark's Cathedral, and establish lasting relationships with the people we encounter, while forging bonds among us who make this trip together.

Space is limited. A deposit will be required to hold your place.







THE SAINT MARK'S MUSIC SERIES PRESENTS

Apollo5

SATURDAY, OCTOBER 28, 7:30 P.M.



One of the world's pre-eminent a cappella choral ensembles, **Apollo5** will fill Saint Mark's with their exquisite one-on-a-part blend. With a versatile approach to music programming, and a repertoire spanning renaissance, classical and contemporary choral works to folk, jazz, and pop, the group's five voices bring the music of five centuries to life.

They will share a portion of the program with Seattle-area students with whom they will work during the days prior.

Find the link to purchase tickets at: saintmarks.org/concerts