



SAINT MARK'S  
EPISCOPAL CATHEDRAL  
SEATTLE, WASHINGTON

A CELEBRATION OF THE LIFE OF  
MARY MEADOWS

September 10, 1937 – November 14, 2023



January 12, 2024

12:00 PM

*Saint Mark's Cathedral acknowledges that we gather on the traditional land of the first people of Seattle, the Duwamish People, who are still here, and we honor with gratitude the land itself and the life of all the Coast Salish tribes.*

*Welcome to Saint Mark's Cathedral. Out of respect for the liturgy we are about to celebrate, please turn off all cell phones and audible devices. Please, no photography during the liturgy.*

# THE BURIAL RITE

**PRELUDE** *Music for organ by Antonio Vivaldi and Florence Price*

## WELCOME

*Please stand, as able.*

## ANTHEMS

**I**AM Resurrection and I am Life, says the Lord.  
Whoever has faith in me shall have life, even though he die.  
And everyone who has life,  
and has committed himself to me in faith,  
shall not die for ever.

**A**S FOR me, I know that my Redeemer lives  
and that at the last he will stand upon the earth.  
After my awaking, he will raise me up;  
and in my body I shall see God.  
I myself shall see, and my eyes behold him  
who is my friend and not a stranger.

**F**OR none of us has life in himself,  
and none becomes his own master when he dies.  
For if we have life, we are alive in the Lord,  
and if we die, we die in the Lord.  
So, then, whether we live or die,  
we are the Lord's possession.

**H**APPY from now on are those who die in the Lord!  
So it is, says the Spirit, for they rest from their labors.

## THE COLLECT

*The Book of Common Prayer, p. 493*

*Presider* The Lord be with you.

**People** **And also with you.**

*Presider* Let us pray.

**O** GOD of grace and glory, we remember before you this day our sister Mary. We thank you for giving her to us, her family and friends, to know and to love as a companion on our earthly pilgrimage. In your boundless compassion, console us who mourn. Give us faith to see in death the gate of eternal life, so that in quiet confidence we may continue our course on earth, until, by your call, we are reunited with those who have gone before. All this we pray through Jesus Christ our Lord.

**All** **Amen.**

Please remain standing, as able. Stanza 1 will be sung by the soloist. Everyone join singing stanzas 2-3.

**OPENING HYMN** *How great thou art* ♦ *sung by all*



*Soloist* 1. O Lord my God, when I in awe-some won - der con - sid - er  
*All sing* 2. When through the woods and for - est glades I wan - der, and hear the  
*All sing* 3. When Christ shall come with shout of ac - cla - ma - tion and take me



all the worlds thy hands have made, I see the stars, I hear the roll - ing  
birds sing sweet - ly in the trees; when I look down from loft - y moun-tain  
home, what joy shall fill my heart! Then I shall bow in hum ble ad - or -



thun - der, thy pow'r through-out the u - ni - verse dis - played.  
gran - deur and hear the brook and feel the gen - tle breeze,  
a - tion, and there pro - claim, my God, how great thou art.



Then sings my soul, my Sav-ior, God, to thee: How great thou art, how great thou art!



Then sings my soul, my Sav-ior God, to thee: How great thou art, how great thou art!

Please be seated for the Liturgy of the Word.

# THE LITURGY OF THE WORD

## READING

*Ecclesiastes 3:1-8*

*read by Will Beachy*

**F**OR everything there is a season, and a time for every matter under heaven:  
a time to be born, and a time to die;  
a time to plant, and a time to pluck up what is planted;  
a time to kill, and a time to heal;  
a time to break down, and a time to build up;  
a time to weep, and a time to laugh;  
a time to mourn, and a time to dance;  
a time to throw away stones, and a time to gather stones together;  
a time to embrace, and a time to refrain from embracing;  
a time to seek, and a time to lose;  
a time to keep, and a time to throw away;  
a time to tear, and a time to sew;  
a time to keep silence, and a time to speak;  
a time to love, and a time to hate;  
a time for war, and a time for peace.

*Reader* Here what the Spirit is saying to God's people.  
*People* **Thanks be to God.**

## PSALM

*Psalm 145:14-20* ♦ *read aloud in unison*

*Exaltabo te, Deus*

**T**HE LORD is faithful in all his words \*  
and merciful in all his deeds.  
The LORD upholds all those who fall; \*  
he lifts up those who are bowed down.  
The eyes of all wait upon you, O LORD, \*  
and you give them their food in due season.  
You open wide your hand \*  
and satisfy the needs of every living creature.  
The LORD is righteous in all his ways \*  
and loving in all his works.  
The LORD is near to those who call upon him, \*  
to all who call upon him faithfully.  
He fulfills the desire of those who fear him; \*  
he hears their cry and helps them. ♦

**READING***1 Peter 3:8-12**read by Tina Meadows*

**F**INALLY, all of you, have unity of spirit, sympathy, love for one another, a tender heart, and a humble mind. Do not repay evil for evil or abuse for abuse; but, on the contrary, repay with a blessing. It is for this that you were called—that you might inherit a blessing. For

“Those who desire life  
 and desire to see good days,  
 let them keep their tongues from evil  
 and their lips from speaking deceit;  
 let them turn away from evil and do good;  
 let them seek peace and pursue it.  
 For the eyes of the Lord are on the righteous,  
 and his ears are open to their prayer.  
 But the face of the Lord is against those who do evil.”

*Reader* Hear what the Spirit is saying to God’s people.

*People* **Thanks be to God.**

*All stand, as able.*

**THE HOLY GOSPEL** *John 10:11-16*

*Presider* The Holy Gospel of our Lord Jesus Christ according to John.

*People* **Glory to you, Lord Christ.**

**J**ESUS SAID, “I am the good shepherd. The good shepherd lays down his life for the sheep. The hired hand, who is not the shepherd and does not own the sheep, sees the wolf coming and leaves the sheep and runs away—and the wolf snatches them and scatters them. The hired hand runs away because a hired hand does not care for the sheep. I am the good shepherd. I know my own and my own know me, just as the Father knows me and I know the Father. And I lay down my life for the sheep. I have other sheep that do not belong to this fold. I must bring them also, and they will listen to my voice. So there will be one flock, one shepherd.”

*Presider* The Gospel of the Lord.

*People* **Praise to you, Lord Christ.**

**HOMILY**

The Reverend Linzi Stahlecker

*Following the homily, the assembly is invited into a period of silence, reflecting on the scriptures and sermon.*

*Please stand, as able, when the Presider stands to introduce the Creed.*

**THE APOSTLES’ CREED** *(spoken by all in unison)*

**I believe in God, the Father almighty,  
 creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord.**

**He was conceived by the power of the Holy Spirit  
 and born of the Virgin Mary.**

**He suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended to the dead.  
On the third day he rose again.  
He ascended into heaven,  
and is seated at the right hand of the Father.  
He will come again to judge the living and the dead.**

**I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.**

## **PRAYERS OF THE PEOPLE**

*led by David Gault*

*Presider* For our sister Mary let us pray to God our Creator saying: Hear our prayer

*Intercessor* God, your will for us is abundant life; receive Mary now into the fullness of life in your presence.

***People* Hear our prayer.**

*Intercessor* You know the thoughts of our hearts and our search for faith; shed the brightness of your light on Mary, who also sought understanding.

***People* Hear our prayer.**

*Intercessor* You are greater than all our ideas and images of you; draw Mary into the mystery of your being.

***People* Hear our prayer.**

*Intercessor* We know you as perfect Mercy and Love; welcome Mary in the grace of that love and mercy.

***People* Hear our prayer.**

*Intercessor* We praise you as the giver of life; gather all who mourn into the hope of renewed life.

***People* Hear our prayer.**

*Intercessor* The Church commends all who die to the care of Christ, the love of God, and the communion of the Holy Spirit; and so we commend Mary to you, giving thanks for the gift of her life.

***People* Hear our prayer.**

*Intercessor* May the Holy One, to whom all the desires of our hearts are known before we ask, hear our prayers for Mary, and for all who mourn, and grant us newness of life, and peace.

***All* Amen.**

## **THE PEACE**

*Presider* The peace of the Lord be always with you.

***People* And also with you.**

*Those in the nave exchange a sign of peace, respecting others' desires for distance to be maintained.*

# THE LITURGY OF THE TABLE

**FLUTE SOLO** *Syrinx*

Claude Debussy

*All stand, as able.*

**THE GREAT THANKSGIVING** *Eucharistic Prayer B*

*The Book of Common Prayer, p. 367*

*Presider* The Lord be with you.

**People** **And also with you.**

*Presider* Lift up your hearts.

**People** **We lift them to the Lord.**

*Presider* Let us give thanks to the Lord our God.

**People** **It is right to give God thanks and praise.**

*Presider* It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Through Jesus Christ our Lord; who rose victorious from the dead, and comforts us with the blessed hope of everlasting life. For to your faithful people, O Lord, life is changed, not ended; and when our mortal body lies in death, there is prepared for us a dwelling place eternal in the heavens. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

**All** **Holy, Holy, Holy Lord, God of power and might,  
heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

*Presider* We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After Supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

**All** **We remember his death,  
we proclaim his resurrection,  
we await his coming in glory.**



*Presider* And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Mary, Mark, and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

**All AMEN.**

#### **THE LORD'S PRAYER**

**All Our Father in heaven,  
hallowed be your Name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins,  
as we forgive those who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.**

*In silence, the Presider breaks the consecrated bread. Silence is kept.*

#### **THE BREAKING OF THE BREAD**

*Presider* Alleluia. Christ our Passover is sacrificed for us;  
*People* **Therefore let us keep the feast. Alleluia.**

#### **INVITATION TO COMMUNION**

*Presider* The Gifts of God for the People of God.

*All may be seated for the time of Communion. All seeking God are welcome at Christ's Table.*

*Please follow the directions of the Liturgical Ministers. Bread and wine are distributed at standing stations at the head of the center aisle. The bread will be placed into your outstretched palm taking care not to touch your hand. If you prefer a gluten-free wafer, simply ask for one at the time of Communion. If you wish to receive a blessing instead, please cross your arms in front of your chest.*

*Intinction (dipping the bread in the wine) is not available at this time. If you do not wish to drink from the common cup, please cross your arms in front of your chest as you pass by the chalice. The full grace of the sacrament is received with only the bread.*

*All stand, as able.*

**POSTCOMMUNION PRAYER**

*Presider* Almighty God,

**All** we thank you that in your great love  
you have fed us with the spiritual food and drink  
of the Body and Blood of your Son Jesus Christ,  
and have given us a foretaste of your heavenly banquet.  
Grant that this Sacrament may be to us a comfort in affliction,  
and a pledge of our inheritance in that kingdom  
where there is no death, neither sorrow nor crying,  
but the fullness of joy with all your saints;  
through Jesus Christ our Savior. Amen.

## THE COMMENDATION

*The ministers stand at the Paschal Candle, the symbol of our risen life in Christ.*

*Presider* Give rest, O Christ, to your servant with your saints,

**All** where sorrow and pain are no more, neither sighing, but life everlasting.

*Presider* You only are immortal, the creator and maker of humankind; and we are mortal, formed of the earth, and to earth shall we return. For so did you ordain when you created me, saying, "You are dust, and to dust you shall return." All of us go down to the dust; yet even at the grave we make our song: Alleluia, alleluia, alleluia.

**All** Give rest, O Christ, to your servant with your saints,  
where sorrow and pain are no more, neither sighing, but life everlasting.

*Presider* Into your hands, O merciful Savior, we commend your servant Mary. Acknowledge, we humbly beseech you, a sheep of your own fold, a lamb of your own flock, a sinner of your own redeeming. Receive her into the arms of your mercy, into the blessed rest of everlasting peace, and into the glorious company of the saints in light.

**All** Amen.

**BLESSING** *The Presider asks God's blessing on the Assembly. All respond: Amen.*



1. A - maz - ing grace! how sweet the sound, that saved a wretch like me!  
4. Through ma - ny dan - gers, toils, and snares, I have al - read - y come;  
5. When we've been there ten thou - sand years, bright shin - ing as the sun,



I once was lost but now am found, was blind but now I see.  
'tis grace that brought me safe thus far, and grace will lead me home.  
we've no less days to sing God's praise than when we'd first be - gun.

**DISMISSAL**

*Presider* Let us go forth in the name of Christ. Alleluia, alleluia.

*People* **Thanks be to God. Alleluia, alleluia.**

*Please remain standing, as able, for the closing procession. When the ministers have departed, please be seated for the remainder of the organ voluntary.*

**VOLUNTARY** *Badinerie*, from Suite No. 2 in B minor

J. S. Bach

*All are invited to join the family in Bloedel Hall for a reception.  
To access Bloedel Hall, go to the first floor by using the stairs on the west side of the nave,  
or by using the elevator in the southwest corner.*

## MINISTERS OF THE LITURGY

**PRESIDER & PREACHER**

The Reverend Linzi Stahlecker

**EUCCHARISTIC MINISTER**

Michael Seewer

**ACOLYTE**

Ray Miller

**LECTORS**

Will Beachy  
Tina Meadows

**INTERCESSOR**

David Gault

**USHERS**

Sandra Piscitello  
Kathy Sodergren

**MUSICIANS**

Ike Rosenthal, *flute*  
Rebekah Gilmore, *soloist*  
Canon Michael Kleinschmidt, *organist*

**SOUND BOARD**

Michael Perera

**VIDEOGRAPHY**

Gregory Bloch

# MARY MEADOWS

September 10, 1937 – November 14, 2023

MARY ANNA (BENNER) MEADOWS was born to her mother Helen and father John, September 1937 in rural Tuscola, Illinois. Her first marriage yielded her beloved children: daughter Sue and son Will, but it was a marriage of unkindness and so with the support of her family she left. Mary fell in love with Jimmie, and became pregnant with daughter Annie; but before he could get her down the aisle her heart was stolen by Robert Meadows and airman stationed in Champaign. After marrying, Robert & Mary packed up Sue, William and Annie and moved to Robert's homeland of the Pacific Northwest. It was there they added daughter Tina; and their family was complete. Their family had an adventurous life; they went boating, fishing, hunting and camping in Westport, Eastern Washington or the San Juan Islands any chance they got. Bob and Mary jumped when they got the opportunity to live and work in Vienna. After the last of their children left home, Bob haltingly did the same. Finding herself single again, Mary took up swing dancing. It was there she met retiree, Merle Anderson, a movie-star-handsome bass player for a country western band. Merle soon became part of the family, and her companion. Merle took care of Mary when she recovered from illness and she did the same for him when he was living his last



days. Mary was born in a time with no indoor plumbing, and a woman could have no credit of her own, even if she had two children. She had a variety of careers: she was a waitress, hair stylist, a seamstress, a bookkeeper, and after late-life schooling, an accountant. Once she retired, she found she missed the camaraderie of co-workers, so she became a usher at the Mariners games, and worked media door security at the Seahawks & Sounders games until the venerable age of 84. She was also an accomplished knitter, woodcarver, and drum maker. Most of all, she was a mother who inspired her children to be their best. Mary succumbed to congestive heart failure on November 14, 2023 and is survived by her brother Claude, Sue, Will, Annie, Tina, Julius, Andy, Ike, family, friends, co-workers, and a small green frog that lived in her walker on her back patio.



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[www.saintmarks.org](http://www.saintmarks.org)