

# THE HOLY EUCHARIST

January 14, 2024

8:00 AM





#### LAND ACKNOWLEDGMENT & WELCOME

Saint Mark's Cathedral acknowledges that we gather on the traditional land of the first people of Seattle, the Duwamish People, who are still here, and we honor with gratitude the land itself and the life of all the Coast Salish tribes.

#### **QUESTIONS?**

Please ask one of the liturgical ministers. Restrooms are available in the narthex; all-gender restrooms are available in the northwest stairwell of the nave and on the 5th floor of Cathedral House, accessible by the elevator or southwest stairwell.

#### NEW TO SAINT MARK'S?

Welcome to Saint Mark's Cathedral. Wherever you are on your spiritual journey, you are welcome here! We invite you to complete a newcomer form, visit <u>saintmarks.org/</u><u>newcomers</u> or connect with one of the clergy.

#### **ABOUT THE LITURGY**

Worship lies at the heart of the Christian life. It is in worship that we express our theology and define our identity. We encounter God within worship and are formed and transformed as the people of God. One of the hallmarks of the Episcopal Church is its liturgical worship. Liturgy literally is "the work of the people," and refers to the patterns, forms, words, and actions through which public worship is conducted.

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# THE LITURGY OF THE WORD

PRELUDE Sweet Hour of Prayer

# LAND ACKNOWLEDGMENT

All stand, as able.

HYMN 371 Thou, whose almighty word (sts. 1 & 2) • The Hymnal 1982

# **OPENING ACCLAMATION**

The Book of Common Prayer 1979, p. 355

Presider Blessed be God: Father, Son, and Holy Spirit. Assembly And blessed be God's kingdom, now and for ever. Amen.

# **COLLECT FOR PURITY**

Presider ALMIGHTY God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

All Amen.

William Bolcom

Moscow

#### GLORIA

Presider Glory to God in the highest, Assembly and peace to his people on earth. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

## **COLLECT OF THE DAY** Second Sunday after the Epiphany

The Book of Common Prayer 1979, p. 215

PresiderThe Lord be with you.AssemblyAnd also with you.

*Presider* Let us pray.

A LMIGHTY God, whose Son our Savior Jesus Christ is the light of the world: Grant that your people, illumined by your Word and Sacraments, may shine with the radiance of Christ's glory, that he may be known, worshipped, and obeyed to the ends of the earth; through Jesus Christ our Lord, who with you and the Holy Spirit lives and reigns, one God, now and for ever.

# All Amen.

*Please be seated for the readings.* 

#### **READING** 1 Samuel 3:1–10

Now the boy Samuel was ministering to the LORD under Eli. The word of the LORD was rare in those days; visions were not widespread.

At that time Eli, whose eyesight had begun to grow dim so that he could not see, was lying down in his room; the lamp of God had not yet gone out, and Samuel was lying down in the temple of the LORD, where the ark of God was. Then the LORD called, "Samuel! Samuel!" and he said, "Here I am!" and ran to Eli, and said, "Here I am, for you called me." But he said, "I did not call; lie down again." So he went and lay down. The LORD called again, "Samuel!" Samuel got up and went to Eli, and said, "Here I am, for you called me." But he said, "I did not call, my son; lie down again." Now Samuel did not yet know the LORD, and the word of the LORD had not yet been revealed to him. The LORD called Samuel again, a third time. And he got up and went to Eli, and said, "Here I am, for you called me." Then Eli perceived that the LORD was calling the boy. Therefore Eli said to Samuel, "Go, lie down; and if he calls you, you shall say, 'Speak, LORD, for your servant is listening." So Samuel went and lay down in his place.

Now the Lord came and stood there, calling as before, "Samuel! Samuel!" And Samuel said, "Speak, for your servant is listening."

*Reader* Hear what the Spirit is saying to God's people. *Assembly* Thanks be to God.

**PSALM** *Psalm* 139: 1-5, 12-17 • *Domine*, probasti

The Book of Common Prayer (1979), p. 794

Please join the lector in reading the Psalm aloud, starting after the first asterisk.

OLORD, you search me and you know me, you know my resting and my rising, you discern my purpose from afar.

You mark when I walk or lie down, all my ways lie open to you.

Before ever a word is on my tongue you know it, O Lord, through and through.

Behind and before you besiege me, your hand ever laid upon me.

Too wonderful for me, this knowledge, too high, beyond my reach.

For it was you who created my being, knit me together in my mother's womb.

I thank you for the wonder of my being, for the wonders of all your creation.

Already you knew my soul, my body held no secret from you when I was being fashioned in secret and moulded in the depths of the earth.

Your eyes saw all my actions, they were all of them written in your book; every one of my days was decreed before one of them came into being.

To me, how mysterious your thoughts, the sum of them not to be numbered!

If I count them, they are more than the sand; to finish, I must be eternal, like you. •

# **READING** Galatians 3:23–25; 4:4–7

<sup>CC</sup>A LL THINGS are lawful for me," but not all things are beneficial. "All things are lawful for me," but I will not be dominated by anything. "Food is meant for the stomach and the stomach for food," and God will destroy both one and the other. The body is meant not for fornication but for the Lord, and the Lord for the body. And God raised the Lord and will also raise us by his power. Do you not know that your bodies are members of Christ? Should I therefore take the members of Christ and make them members of a prostitute? Never! Do you not know that whoever is united to a prostitute becomes one body with her? For it is said, "The two shall be one flesh." But anyone united to the Lord becomes one spirit with him. Shun fornication! Every sin that a person commits is outside the body; but the fornicator sins against the body itself. Or do you not know that your body is a temple of the Holy Spirit within you, which you have from God, and that you are not your own? For you were bought with a price; therefore glorify God in your body.

*Reader* Hear what the Spirit is saying to God's people.

Assembly Thanks be to God.

All stand, as able.

# **THE HOLY GOSPEL** John 1:43–51

*Presider* The Holy Gospel of our Lord Jesus Christ according to John.

Assembly Glory to you, Lord Christ.

JESUS decided to go to Galilee. He found Philip and said to him, "Follow me." Now Philip was from Bethsaida, the city of Andrew and Peter. Philip found Nathanael and said to him, "We have found him about whom Moses in the law and also the prophets wrote, Jesus son of Joseph from Nazareth." Nathanael said to him, "Can anything good come out of Nazareth?" Philip said to him, "Come and see." When Jesus saw Nathanael coming toward him, he said of him, "Here is truly an Israelite in whom there is no deceit!" Nathanael asked him, "Where did you get to know me?" Jesus answered, "I saw you under the fig tree before Philip called you." Nathanael replied, "Rabbi, you are the Son of God! You are the King of Israel!" Jesus answered, "Do you believe because I told you that I saw you under the fig tree? You will see greater things than these." And he said to him, "Very truly, I tell you, you will see heaven opened and the angels of God ascending and descending upon the Son of Man."

*Presider* The Gospel of the Lord.

Assembly Praise to you, Lord Christ.

HOMILY

The Reverend Linzi Stahlecker

# THE NICENE CREED

We believe in one God, the Father, the Almighty, Maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary; and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

#### **PRAYERS OF THE PEOPLE**

adapted from a resource by Trinity Episcopal Church, Toledo, Ohio, for the occasion of Dr. Martin Luther King, Jr., holiday

Presider	Creator of All, you have promised to hear when we pray in the name of your Son. Therefore, in confidence and trust we pray for the Church and the world.
	Holy One, enliven the Church for its mission, that we may be salt of the earth and light to the world.
	Breathe fresh life into your people. Give us power to reveal Christ in word and action.
	Creator of all, lead us and every people into ways of justice and peace.

Assembly That we may respect one another in freedom and truth.

Awaken in us a sense of wonder for the earth and all that is in it. <b>Teach us to care creatively for its resources.</b>
God of truth, inspire with your wisdom those whose decisions affect the lives of others, <b>that all may act with integrity and courage.</b>
Give grace to all whose lives are linked with ours. May we serve Christ in one another, and love as he loves us.
Fill us with gratitude for all the blessings of our lives. We especially give thanks for [], and all those blessings we now name []. Fill our hearts with your peace, <b>as we serve your world in gratitude and love.</b>
We pray for those on our Cathedral Prayer List [], and for those we now name silently or aloud []. God of hope, comfort and restore all who suffer in body, mind or spirit. <b>May they know the power of your healing love.</b>
Make us willing agents of your compassion. Strengthen us as we share in making people whole.
Grant eternal rest to those who have died, especially [], and those we now name []. Give comfort to those who mourn. Bring them peace in their time of loss.
We praise you for all your saints who have entered your eternal glory. <b>May their example inspire and encourage us</b>

The Presider concludes the prayers with a collect. All respond: Amen.

# **CONFESSION & ABSOLUTION**

Presider Let us confess our sins against God and our neighbor.

You are invited to stand or kneel for the confession.

Presider Most merciful God,

All we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone.
We have not loved you with our whole heart; we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Presider pronounces God's forgiveness of our sins. All respond: Amen.

# THE PEACE

*Presider* The peace of the Lord be always with you. *Assembly* And also with you.

All greet one another in the name of the Lord.

# THE LITURGY OF THE TABLE

### OFFERTORY

*An offering of money is received. All worshipping in person are invited to place their offering in the plates as they are passed through through the rows.* 

For electronic giving options, visit <u>saintmarks.org/give</u>, or use the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right), or visit this link on your mobile device: <u>https://venmo.com/saintmarkscathedralseattle</u>. If Venmo asks you for a four-digit code, enter **2076**.



All stand, as able.

THE GREAT THANKSGIVING Eucharistic Prayer B

The Book of Common Prayer 1979, p. 367

*Presider* The Lord be with you.

Assembly And also with you.

Presider Lift up your hearts.

Assembly We lift them to the Lord.

*Presider* Let us give thanks to the Lord our God.

Assembly It is right to give God thanks and praise.

*Presider* It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

All Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest.
Blessed is the one who comes in the name of the Lord. Hosanna in the highest.

*Presider* We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After Supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

- All We remember his death, we proclaim his resurrection, we await his coming in glory;
- Presider And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Mary, Mark, and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

All AMEN.

## THE LORD'S PRAYER

All Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as in heaven.
Give us today our daily bread.
Forgive us our sins as we forgive those who sin against us.
Save us from the time of trial, and deliver us from evil.
For the kingdom, the power, and the glory are yours, now and for ever. Amen.

## THE BREAKING OF THE BREAD

*Presider* Alleluia. Christ our passover is sacrificed for us. *Assembly* Therefore let us keep the feast. Alleluia.

#### INVITATION TO COMMUNION

*Presider* The Gifts of God for the People of God.

All seeking God are welcome at Christ's Table.

*If you need communion brought to your seat, please let any of the liturgical ministers know. Rice wafers for those who do not eat wheat are available; simply ask for one at the time of communion.* 

- You are welcome to stand or kneel to receive communion.
- Hold out your hand to receive the bread and then eat. Guide the chalice of wine to your mouth and then drink.
- Intinction (dipping the bread in the wine) is not available at this time.
- To receive a blessing instead of the bread or wine, simply cross your arms over your chest.

All stand, as able.

# **POSTCOMMUNION PRAYER**

The Book of Common Prayer 1979, p. 365

Presider Eternal God,

- All heavenly Father,
  - you have graciously accepted us

as living members

of your Son our Savior Jesus Christ, and you have fed us with spiritual food

in the Sacrament of his Body and Blood.

Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen. **BLESSING** The Presider asks God's blessing on the Assembly. All respond: Amen.

**HYMN 533** How wondrous and great thy works • The Hymnal 1982

#### DISMISSAL

*Presider* Let us go forth in the name of Christ. *Assembly* Thanks be to God.

**VOLUNTARY** Small Fugue

Theophil Forchhammer

# MINISTERS OF THE LITURGY

**PRESIDER & PREACHER** The Rev. Linzi Stahlecker

**CHALICE BEARER** Amanda Mogg **LECTOR & INTERCESSOR** Kerry Allman

**ORGANIST** John Stuntebeck

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