



SAINT MARK'S  
EPISCOPAL CATHEDRAL  
SEATTLE, WASHINGTON

# THE HOLY EUCHARIST

THE FIFTH SUNDAY IN LENT

March 17, 2024

8:00 AM





#### LAND ACKNOWLEDGMENT & WELCOME

*Saint Mark's Cathedral acknowledges that we gather on the traditional land of the first people of Seattle, the Duwamish People, who are still here, and we honor with gratitude the land itself and the life of all the Coast Salish tribes.*

#### QUESTIONS?

*Please ask one of the liturgical ministers. Restrooms are available in the narthex; all-gender restrooms are available in the northwest stairwell of the nave and on the 5th floor of Cathedral House, accessible by the elevator or southwest stairwell.*

#### NEW TO SAINT MARK'S?

*Welcome to Saint Mark's Cathedral. Wherever you are on your spiritual journey, you are welcome here! We invite you to complete a newcomer form, visit [saintmarks.org/newcomers](https://saintmarks.org/newcomers) or connect with one of the clergy.*

#### ABOUT THE LITURGY

*Worship lies at the heart of the Christian life. It is in worship that we express our theology and define our identity. We encounter God within worship and are formed and transformed as the people of God. One of the hallmarks of the Episcopal Church is its liturgical worship. Liturgy literally is "the work of the people," and refers to the patterns, forms, words, and actions through which public worship is conducted.*

# THE PENITENTIAL ORDER

**PRELUDE**     *O Mensch, beweine deine Sünde groß*, BWV 622  
“O mortal, lament your brokenness”

J.S. Bach

## LAND ACKNOWLEDGMENT

*All stand, as able.*

**HYMN 495**     *Hail, thou once despised Jesus!* (sts. 1 & 4) ♦ *The Hymnal 1982*

*In Babilone*

## OPENING ACCLAMATION

*Presider*    Bless the Lord who forgiveth all our sins.

*Assembly*   **His mercy endureth forever.**

*The Presider reads a sentence from scripture.*

## THE CONFESSION

*The Book of Common Prayer (1979), p. 320*

*Presider*    Let us humbly confess our sins unto Almighty God.

*You are invited to kneel or stand for the confession.*

*Presider*    Almighty and most merciful Father,

**All**    we have erred and strayed from thy ways like lost sheep,  
we have followed too much the devices and desires of our own hearts,  
we have offended against thy holy laws,  
we have left undone those things which we ought to have done,  
and we have done those things which we ought not to have done.  
But thou, O Lord, have mercy upon us,  
spare thou those who confess their faults,  
restore thou those who are penitent,  
according to thy promises declared unto mankind  
in Christ Jesus our Lord;  
and grant, O most merciful Father, for his sake,  
that we may hereafter live a godly, righteous, and sober life,  
to the glory of thy holy Name. Amen.

*The Presider pronounces God's forgiveness of our sins. All respond: Amen.*

*All remain kneeling or standing, as able.*

## KYRIE ELEISON

*Presider*    Lord, have mercy upon us.

*Assembly*   **Christ, have mercy upon us.**

*Presider*    Lord, have mercy upon us.

*Presider* The Lord be with you.

*Assembly* **And with thy spirit.**

*Presider* Let us pray.

**O** ALMIGHTY GOD, who alone canst order the unruly wills and affections of sinful men: Grant unto thy people that they may love the thing which thou commandest, and desire that which thou dost promise; that so, among the sundry and manifold changes of the world, our hearts may surely there be fixed where true joys are to be found; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever.

*All* **Amen.**

*Please be seated for the Liturgy of the Word.*

## THE LITURGY OF THE WORD

**READING** *Jeremiah 31:31-34*

**T**HE DAYS are surely coming, says the LORD, when I will make a new covenant with the house of Israel and the house of Judah. It will not be like the covenant that I made with their ancestors when I took them by the hand to bring them out of the land of Egypt—a covenant that they broke, though I was their husband, says the LORD. But this is the covenant that I will make with the house of Israel after those days, says the LORD: I will put my law within them, and I will write it on their hearts; and I will be their God, and they shall be my people. No longer shall they teach one another, or say to each other, “Know the LORD,” for they shall all know me, from the least of them to the greatest, says the LORD; for I will forgive their iniquity, and remember their sin no more.

*Reader* Hear what the Spirit is saying to God’s people.

*Assembly* **Thanks be to God.**

**PSALM***Psalm 119:9-16 ♦ In quo corrigit?**The Book of Common Prayer (1979), p. 764**Please join the lector in reading the Psalm aloud, starting after the first asterisk.*

**H**OW SHALL a young man cleanse his way? \*  
By keeping to your words.

With my whole heart I seek you; \*  
let me not stray from your commandments.

I treasure your promise in my heart, \*  
that I may not sin against you.

Blessed are you, O LORD; \*  
instruct me in your statutes.

With my lips will I recite \*  
all the judgments of your mouth.

I have taken greater delight in the way of your decrees \*  
than in all manner of riches.

I will meditate on your commandments \*  
and give attention to your ways.

My delight is in your statutes; \*  
I will not forget your word. ♦

**READING***Hebrews 5:5-10*

**C**HRIST did not glorify himself in becoming a high priest, but was appointed by  
the one who said to him,

“You are my Son,  
today I have begotten you”;

as he says also in another place,

“You are a priest forever,  
according to the order of Melchizedek.”

In the days of his flesh, Jesus offered up prayers and supplications, with loud cries and tears, to the one who was able to save him from death, and he was heard because of his reverent submission. Although he was a Son, he learned obedience through what he suffered; and having been made perfect, he became the source of eternal salvation for all who obey him, having been designated by God a high priest according to the order of Melchizedek.

*Reader* Hear what the Spirit is saying to God’s people.

*Assembly* **Thanks be to God.**

*All stand, as able.*

**THE HOLY GOSPEL** *John 12:20-33*

*Presider* The Holy Gospel of our Lord Jesus Christ according to John.

*Assembly* **Glory be to thee, O Lord.**

**N**ow among those who went up to worship at the festival were some Greeks. They came to Philip, who was from Bethsaida in Galilee, and said to him, “Sir, we wish to see Jesus.” Philip went and told Andrew; then Andrew and Philip went and told Jesus. Jesus answered them, “The hour has come for the Son of Man to be glorified. Very truly, I tell you, unless a grain of wheat falls into the earth and dies, it remains just a single grain; but if it dies, it bears much fruit. Those who love their life lose it, and those who hate their life in this world will keep it for eternal life. Whoever serves me must follow me, and where I am, there will my servant be also. Whoever serves me, the Father will honor.

“Now my soul is troubled. And what should I say—‘Father, save me from this hour’? No, it is for this reason that I have come to this hour. Father, glorify your name.” Then a voice came from heaven, “I have glorified it, and I will glorify it again.” The crowd standing there heard it and said that it was thunder. Others said, “An angel has spoken to him.” Jesus answered, “This voice has come for your sake, not for mine. Now is the judgment of this world; now the ruler of this world will be driven out. And I, when I am lifted up from the earth, will draw all people to myself.” He said this to indicate the kind of death he was to die.

*Presider* The Gospel of the Lord.

*Assembly* **Praise be to thee, O Christ.**

**HOMILY**

Alison Leary Estep

*All stand, as able.*

**THE NICENE CREED**

*The Book of Common Prayer, p. 326*

I believe in one God,  
the Father Almighty,  
maker of heaven and earth,  
and of all things visible and invisible;

And in one Lord Jesus Christ,  
the only-begotten Son of God,  
begotten of his Father before all worlds,  
God of God, Light of Light,  
very God of very God,  
begotten, not made,  
being of one substance with the Father;  
by whom all things were made;  
who for us men and for our salvation  
came down from heaven,  
and was incarnate by the Holy Ghost of the Virgin Mary,  
and was made man;  
and was crucified also for us under Pontius Pilate;  
he suffered and was buried;  
and the third day he rose again according to the Scriptures,  
and ascended into heaven,  
and sitteth on the right hand of the Father;  
and he shall come again, with glory,  
to judge both the quick and the dead;  
whose kingdom shall have no end.

And I believe in the Holy Ghost the Lord, and Giver of Life,  
who proceedeth from the Father and the Son;  
who with the Father and the Son together is worshiped and glorified;  
who spake by the Prophets.

And I believe one holy Catholic and Apostolic Church;  
I acknowledge one Baptism for the remission of sins;  
and I look for the resurrection of the dead,  
and the life of the world to come.

Amen.

## PRAYERS OF THE PEOPLE

*After each petition:*

*Intercessor* God of compassion,

*Assembly* **in your mercy, hear us.**

*The Presider concludes the prayers with a collect. All respond: Amen.*

## THE COMFORTABLE WORDS

*The Book of Common Prayer (1979), p. 332*

*The Presider reads sentences of scripture.*

## THE PEACE

*Presider* The peace of the Lord be always with you.

*Assembly* **And with thy spirit.**

*All greet one another in the name of the Lord.*





# THE LITURGY OF THE TABLE

## OFFERTORY

*An offering of money is received. All worshipping in person are invited to place their offering in the plates as they are passed through through the rows.*

*For electronic giving options, visit [saintmarks.org/give](https://saintmarks.org/give), or use the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right), or visit this link on your mobile device: <https://venmo.com/saintmarkscathedralseattle>. If Venmo asks you for a four-digit code, enter **2076**.*



*All stand, as able.*

## THE GREAT THANKSGIVING *Eucharistic Prayer II*

*The Book of Common Prayer (1979), p. 340*

*Presider* The Lord be with you.

*Assembly* **And with thy spirit.**

*Presider* Lift up your hearts.

*Assembly* **We lift them up unto the Lord.**

*Presider* Let us give thanks unto our Lord God.

*Assembly* **It is meet and right so to do.**

*Presider* It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God. Who dost bid thy faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that, fervent in prayer and in works of mercy, and renewed by thy Word and Sacraments, they may come to the fullness of grace which thou hast prepared for those who love thee. Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

**All Holy, holy, holy, Lord God of hosts:**

**heaven and earth are full of thy glory**

**Glory be to thee, O Lord most high.**

**Blessed is he that cometh in the name of the Lord.**

**Hosanna in the highest.**

*Presider* All glory be to thee, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks to thee, he broke it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly-beloved Son Jesus Christ.

And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, our selves, our souls and bodies. Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord;

By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end.

**All AMEN.**

#### **THE LORD'S PRAYER**

*The Book of Common Prayer (1979), p. 336*

*Presider* And now, as our Savior Christ hath taught us, we are bold to say,

**All Our Father,**

**who art in heaven,**

**hallowed be thy Name,**

**thy kingdom come,**

**thy will be done,**

**on earth as it is in heaven.**

**Give us this day our daily bread.**

**And forgive us our trespasses,**

**as we forgive those**

**who trespass against us.**

**And lead us not into temptation,**

**but deliver us from evil.**

**For thine is the kingdom,**

**and the power, and the glory,**

**for ever and ever. Amen.**

#### **THE BREAKING OF THE BREAD**

*Presider* Christ our passover is sacrificed for us.

*Assembly* Therefore let us keep the feast.

## AGNUS DEI

*Presider* O Lamb of God, that takest away the sins of the world,  
**All have mercy upon us.**

*Presider* O Lamb of God, that takest away the sins of the world,  
**All have mercy upon us.**

*Presider* O Lamb of God, that takest away the sins of the world,  
**All grant us thy peace.**

## PRAYER OF HUMBLE ACCESS

*The Book of Common Prayer (1979), p. 337*

**All** We do not presume to come to this thy Table, O merciful Lord,  
trusting in our own righteousness,  
but in thy manifold and great mercies.  
We are not worthy  
so much as to gather up the crumbs under thy Table.  
But thou art the same Lord  
whose property is always to have mercy.  
Grant us therefore, gracious Lord,  
so to eat the flesh of thy dear Son Jesus Christ,  
and to drink his blood,  
that we may evermore dwell in him, and he in us.  
**Amen.**

## INVITATION TO COMMUNION

*Presider* The Gifts of God for the People of God:  
Take them in remembrance that Christ died for you,  
and feed on him in your hearts by faith, with thanksgiving.

*All seeking God are welcome at Christ's Table.*

*If you need communion brought to your seat, please let any of the liturgical ministers know.*

*Rice wafers for those who do not eat wheat are available; simply ask for one at the time of communion.*

- ♦ *You are welcome to stand or kneel to receive communion.*
- ♦ *Hold out your hand to receive the bread and then eat. Guide the chalice of wine to your mouth and then drink.*
- ♦ *Intinction (dipping the bread in the wine) is not available at this time.*
- ♦ *To receive a blessing instead of the bread or wine, simply cross your arms over your chest.*

*All stand, as able.*

**PRAYER AFTER COMMUNION**

*The Book of Common Prayer (1979), p. 339*

*Presider* Let us pray.

*All* Almighty and everliving God,  
we most heartily thank thee  
for that thou dost feed us, in these holy mysteries,  
with the spiritual food of the most precious Body and Blood  
of thy Son our Savior Jesus Christ;  
and dost assure us thereby  
of thy favor and goodness towards us;  
and that we are very members incorporate  
in the mystical body of thy Son,  
the blessed company of all faithful people;  
and are also heirs, through hope, of thy everlasting kingdom.  
And we humbly beseech thee, O heavenly Father,  
so to assist us with thy grace,  
that we may continue in that holy fellowship,  
and do all such good works as thou hast prepared for us to walk in;  
through Jesus Christ our Lord,  
to whom, with thee and the Holy Ghost,  
be all honor and glory,  
world without end. Amen.

**SOLEMN PRAYER OVER THE ASSEMBLY** *The Presider prays over the Assembly. All respond: Amen.*

**HYMN 474** *When I survey the wondrous cross (sts. 1 & 4) ♦ The Hymnal 1982* *Rockingham*

**DISMISSAL** *The Presider dismisses the Assembly. The Assembly responds: Thanks be to God.*

**VOLUNTARY** *Fugue in G minor, BWV 542b* *J.S. Bach*

## MINISTERS OF THE LITURGY

**PRESIDER**

The Reverend Richard C. Weyls

**PREACHER**

Alison Leary Estep

**CHALICE BEARER**

TBD

**LECTOR & INTERCESSOR**

Kerry Allman

**ORGANIST**

John Stuntebeck

**FLOWER MINISTERS**

Eliza Davidson, Beatrix Roemheld-Hamm, Kathryn Schipper