

TRIDUUM: THE SACRED THREE DAYS

MAUNDY THURSDAY

March 28, 2024

7:00 PM



LAND ACKNOWLEDGMENT

Saint Mark's Cathedral acknowledges that we gather on the traditional land of the first people of Seattle, the Duwamish People, who are still here, and we honor with gratitude the land itself and the life of all the Coast Salish tribes.

WELCOME

On this happy Easter Day, we welcome you to Saint Mark's Cathedral. We are glad you have joined us to celebrate the Resurrection of our Lord. Thank you for sharing your Easter morning with us. Wherever you are on your spiritual journey, and whether you are joining in the nave or via the livestream, you are welcome here!

QUESTIONS?

Ushers (wearing purple Welcome laynards) are available during the liturgy should you have any questions or concerns, or if you need a hearing assist device.

All-gender restrooms are in the northwest stairwell and on the 5th floor of Cathedral House, accessible by elevator or via the southwest stairwell.

TO LEARN MORE ABOUT SAINT MARK'S

If you are new to Saint Mark's and would like to learn more, please consider completing a newcomer form, visit <u>saintmarks.org/newcomers</u> or simply contact one of the clergy. Grace and peace to you!

THE LITURGY OF THE WORD

A brief organ voluntary offered a few minutes before the hour bids all to keep silence for prayer and preparation.

PRELUDEKommt, ihr Töchter, helft mir klagen!"Come, you daughters, help me to lament"
from The Passion according to St. Matthew, BWV 244

LAND ACKNOWLEDGMENT

All stand, as able.

HYMN 480 When Jesus left his Father's throne • The Hymnal 1982

Kingsfold

J.S. Bach, arr. Miklos Árpás

OPENING ACCLAMATION

Presider Bless the Lord who forgives all our sins. *Assembly* God's mercy endures forever.

COLLECT FOR PURITY

Presider ALMIGHTY GOD, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

All Amen.



Words: German, ca. 1800; tr. Robert S. Bridges (1844-1930), alt. Music: *Laudes Domini*, Joseph Barnby (1838-1896)

COLLECT OF THE DAY Maundy Thursday

The Book of Common Prayer, p. 274

PresiderThe Lord be with you.AssemblyAnd also with you.PresiderLet us pray.

A LMIGHTY Father, whose dear Son, on the night before he suffered, instituted the Sacrament of his Body and Blood: Mercifully grant that we may receive it thankfully in remembrance of Jesus Christ our Lord, who in these holy mysteries gives us a pledge of eternal life; and who now lives and reigns with you and the Holy Spirit, one God, for ever and ever.

Please be seated.

READING Exodus 12:1-4,11-14

The LORD said to Moses and Aaron in the land of Egypt: This month shall mark for you the beginning of months; it shall be the first month of the year for you. Tell the whole congregation of Israel that on the tenth of this month they are to take a lamb for each family, a lamb for each household. If a household is too small for a whole lamb, it shall join its closest neighbor in obtaining one; the lamb shall be divided in proportion to the number of people who eat of it.

This is how you shall eat it: your loins girded, your sandals on your feet, and your staff in your hand; and you shall eat it hurriedly. It is the passover of the LORD. For I will pass through the land of Egypt that night, and I will strike down every firstborn in the land of Egypt, both human beings and animals; on all the gods of Egypt I will execute judgments: I am the LORD. The blood shall be a sign for you on the houses where you live: when I see the blood, I will pass over you, and no plague shall destroy you when I strike the land of Egypt.

This day shall be a day of remembrance for you. You shall celebrate it as a festival to the LORD; throughout your generations you shall observe it as a perpetual ordinance.

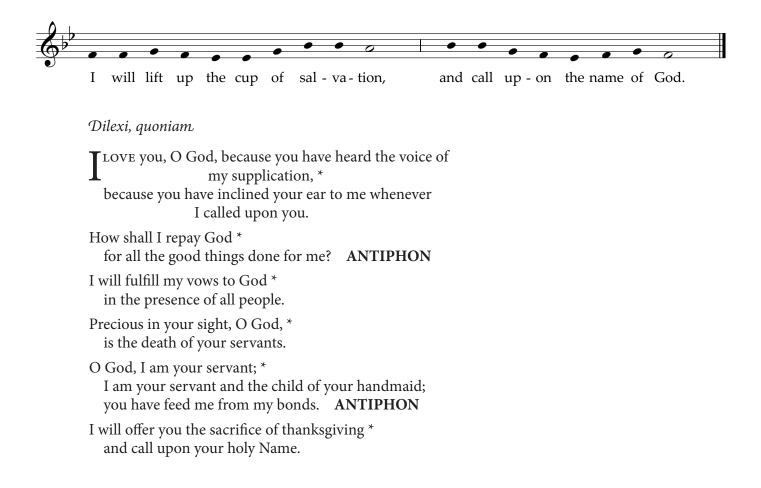
Reader Hear what the Spirit is saying to God's people.

Assembly Thanks be to God.

PSALM *Psalm* 116:1,10-17 • *St. Helena Psalter*

Plainsong, Tone VIII.1

The cantor introduces the antiphon, all repeat; the cantor chants the verses, all repeat the antiphon where indicated.



I will fulfill my vows to you * in the presence of all your people,

In the courts of God's house, * In the midst of you, O Jerusalem. **ANTIPHON**

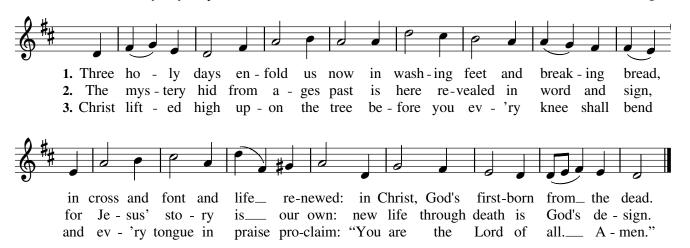
READING 1 Corinthians 11:23-26

TRECEIVED from the Lord what I also handed on to you, that the Lord Jesus on the night when he was betrayed took a loaf of bread, and when he had given thanks, he broke it and said, "This is my body that is for you. Do this in remembrance of me." In the same way he took the cup also, after supper, saying, "This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me." For as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes.

Reader Hear what the Spirit is saying to God's people. *Assembly* Thanks be to God.

All stand, as able.

SEQUENCE HYMN Three holy days enfold us now



WORDS: Delores Dufner, OSB, © 1997 G.I.A. Publications, Inc.,

TUNE: Rockingham

THE HOLY GOSPEL *John* 13:1-17, 31b-35

Deacon The Holy Gospel of our Lord Jesus Christ according to John. *Assembly* Glory to you, Lord Christ.

Now before the festival of the Passover, Jesus knew that his hour had come to depart from this world and go to the Father. Having loved his own who were in the world, he loved them to the end. The devil had already put it into the heart of Judas son of Simon Iscariot to betray him. And during supper Jesus, knowing that the Father had given all things into his hands, and that he had come from God and was going to God, got up from the table, took off his outer robe, and tied a towel around himself. Then he poured water into a basin and began to wash the disciples' feet and to wipe them with the towel that was tied around him. He came to Simon Peter, who said to him, "Lord, are you going to wash my feet?" Jesus answered, "You do not know now what I am doing, but later you will understand." Peter said to him, "You will never wash my feet." Jesus answered, "Unless I wash you, you have no share with me." Simon Peter said to him, "Lord, not my feet only but also my hands and my head!" Jesus said to him, "One who has bathed does not need to wash, except for the feet, but is entirely clean. And you are clean, though not all of you." For he knew who was to betray him; for this reason he said, "Not all of you are clean."

After he had washed their feet, had put on his robe, and had returned to the table, he said to them, "Do you know what I have done to you? You call me Teacher and Lord—and you are right, for that is what I am. So if I, your Lord and Teacher, have washed your feet, you also ought to wash one another's feet. For I have set you an example, that you also should do as I have done to you. Very truly, I tell you, servants are not greater than their master, nor are messengers greater than the one who sent them. If you know these things, you are blessed if you do them.

"Now the Son of Man has been glorified, and God has been glorified in him. If God has been glorified in him, God will also glorify him in himself and will glorify him at once. Little children, I am with you only a little longer. You will look for me; and as I said to the Jews so now I say to you, 'Where I am going, you cannot come.' I give you a new commandment, that you love one another. Just as I have loved you, you also should love one another. By this everyone will know that you are my disciples, if you have love for one another."

Deacon The Gospel of the Lord. *Assembly* **Praise to you, Lord Christ.**

HOMILY

Emily Meeks

LITURGY OF THE FOOT WASHING

Presider Fellow servants of our Lord Jesus Christ: On the night before his death, Jesus set an example for his disciples by washing their feet, an act of humble service. He taught that strength and growth in the life of the Kingdom of God come not by power, authority or even miracle, but by such lowly service.

Tonight, we are all invited to join him in washing one another's feet, as we remember his admonition that the one who is greatest must be the servant of all.

If you wish to participate in the foot washing, simply take off your shoes and socks before leaving your seat and come to one of the stations at the platform steps or along the sides of the nave.

First, sit to have your feet washed. Then wash the feet of the next person who comes. After you have washed that person's feet, please return to your seat.

The footwashing will take some time. The Assembly is invited to remain present to this action while seated through quiet prayer and through participation in the music that is offered. Please remain seated to sing.

MUSIC DURING THE FOOT WASHING

ANTHEM Jesu, Jesu, fill us with your love WORDS: Ghanaian, tr. Thomas Stevenson Colvin, alt; MUSIC: Chereponi, Ghanaian folk song, adapt. T. S. Colvin, arr. Michael Kleinschmidt

Refrain: Jesu, Jesu, fill us with your love, how us how to serve the neighbors we have from you.

Kneels at the feet of his friends, silently washes their feet, Master who acts as a slave to them. Neighbors are rich and poor, neighbors are black and white, neighbors are nearby and far away. These are the ones we should serve, these are the ones we should love. All are neighbors to us and you. Loving puts us on our knees, serving as though we were slaves; this is the way we should live with you.

ANTHEM There is a balm in Gilead

Negro spiritual, arr. Robert Lau

There is a balm in Gilead, to make the wounded whole. There is a balm in Gilead, to heal the sin-sick soul.

Sometimes I feel discouraged, and think my work's in vain, But then the Holy Spirit revives my soul again. Refrain

If you cannot sing like angels, if you cannot preach like Paul, You can tell the love of Jesus, and say, "He died for all." Refrain

A Note on Terminology—The term "Negro spiritual" refers to the enormous body of folk songs created collectively by enslaved African Americans. Guided by present-day Black musicians, we respectfully use the term "Negro spiritual" to give credit to those unnamed slaves who composed these songs that speak truth to our souls, and we are invited to let the discomfort of the term "Negro" serve as a reminder of the work of justice still to be done.

VOLUNTARY Meditation on Love Unknown (Tune of Hymn 458, "My song is love unknown") Francis Jackson

ANTHEM Ubi caritas et amor

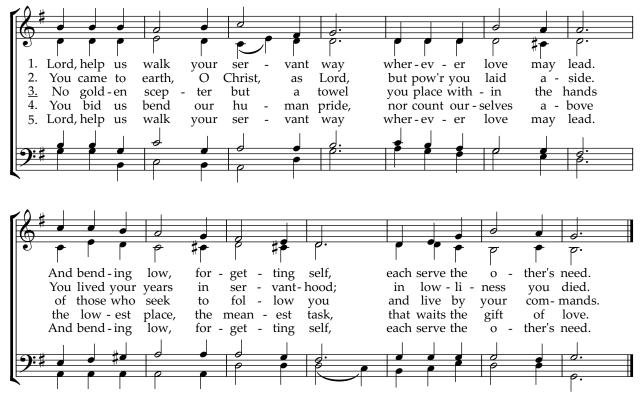
Ubi caritas et amor, Deus ibi est. Congregavit nos in unum Christi amor. Exultemus, et in ipso jucundemur. Timeamus, et amemus Deum vivum. Et ex corde diligamus nos sincero. Amen. words: Maundy Thursday Antiphon; мusic: Ola Gjeilo

Where there is charity and love, God is there. The love of Christ has gathered us together. Let us rejoice and be glad in it. Let us revere and love the living God. And from a sincere heart let us love one another. Amen.

НҮММ

Lord, help us walk your servant way





words: Herman G. Stuempfle (1923-2007) ©1997 G.I.A. Publications; public domain; MUSIC: John Bacchus Dykes (1823-1876), public domain.

When all the foot washing has been completed, the liturgy continues with the following spoken anthem. At the inviation of the Presider, all stand, as able.

ANTHEM

The Book of Common Prayer, p. 274

Presider	The Lord Jesus, after he had supped with his disciples and had washed their feet
	said to them, "Do you know what I, your Lord and Master, have done to you?
	I have given you an example, that you should do as I have done."
Assembly	Peace is my last gift to you, my own peace I now leave with you;
	peace which the world cannot give, I give to you.
Presider	I give you a new commandment:
	Love one another as I have loved you.
Assembly	Peace is my last gift to you, my own peace I now leave with you; peace which the world cannot give, I give to you.
Presider	By this shall the world know that you are my disciples: That you have love for one another.

PRAYERS OF THE PEOPLE

Intercessor God, in your mercy, *Assembly* Hear our prayer. *The Presider concludes the prayers with a collect. All respond:* Amen.

THE PEACE

Presider The peace of the Lord be always with you. *Assembly* And also with you. *All greet one another in the name of the Lord.*

THE LITURGY OF THE TABLE

OFFERTORY

An offering of money is received. Everyone participating in worship is invited to make an offering in gratitude for God's generosity. Together, these gifts make possible this community of welcome, reconciliation and service. Those worshiping in person may place their offering in baskets as they are passed through through the rows.

Visit <u>saintmarks.org/give</u>, or use the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right). If Venmo asks you for a four-digit code, enter **2076**.



ANTHEM Ave Verum corpus

WORDS. attributed to Pope Innocent VI; MUSIC: W. A. Mozart

Ave Verum corpus, natum de Maria Virgine, Vere passum, immolatum in cruce pro homine: Cujus latus perforatum fluxit aqua et sangine, Esto nobis praegustatum, mortis in examine. Hail, true body, born of the Virgin Mary,Who truly suffered, sacrificed on the cross for mankind,From whose pierced side flowed water and blood,Be for us a foretaste In death's final test. *Presider* The Lord be with you. *Assembly* And also with you.

Presider Lift up your hearts.

Assembly We lift them to the Lord.

Presider Let us give thanks to the Lord our God.

Assembly It is right to give God thanks and praise.

Presider It is right, and a good and joyful thing, always and every where to give thanks to you, the Creator of heaven and earth, through Jesus Christ our Lord. For our sins he was lifted high upon the cross, that he might draw the whole world to himself; and, by his suffering and death, he became the source of eternal salvation for all who put their trust in him. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:



Presider O God, you are holy and gracious: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, our Rock and our Foundation.

Jesus stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, Jesus took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, Jesus took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, we proclaim the mystery of faith:

All Christ has died. Christ is risen. Christ will come again.

Presider We celebrate the memorial of our redemption, Most Holy God, in this sacrifice of praise and thanksgiving. Recalling Christ's death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in Christ. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal Reign.

All this we ask through your Son Jesus Christ: By whom, and with whom, and in whom, in the unity of the Holy Spirit all honor and glory are yours, Most Blessed One, now and for ever.

All AMEN.

THE LORD'S PRAYER

All Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as in heaven.
Give us today our daily bread.
Forgive us our sins as we forgive those who sin against us.
Save us from the time of trial, and deliver us from evil.
For the kingdom, the power, and the glory are yours, now and for ever.
Amen. In silence, the Presider breaks the consecrated bread.

THE BREAKING OF THE BREAD Deutsche Messe



The Hymnal 1982 #S-164, ©1985 G.I.A. Publications

INVITATION TO COMMUNION

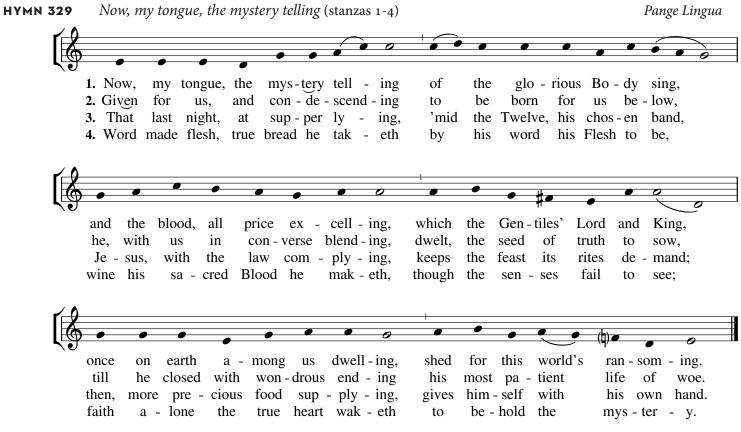
PresiderThe Gifts of God for the People of God:Take them in remembrance that Christ died for you,and feed on him in your hearts by faith, with thanksgiving.

All may be seated for the time of Communion. All seeking God are welcome at Christ's Table.

Please follow the directions of the Liturgical Ministers. Bread and wine are distributed at standing stations at the head of three aisles. The bread will placed into your outstretched palm taking care not to touch your hand. If you prefer a gluten-free wafer, simply ask for one at the time of Communion. If you wish to receive a blessing instead, please cross your arms in front of your chest.

Intinction (dipping the bread in the wine) is not available at this time. If you do not wish to drink from the common cup, please cross your arms in front of your chest as you pass by the chalice. The full grace of the sacrament is received with only the bread.

VOLUNTARYFugue à 5 and Récit du Chant de l'Hyme from Pange linguaNicolas de Grigny(Fugue for five voices and Aria on the tune of Hymn 329, "Now, my tongue, the mystery telling")



The Hymnal 1982 #329, translation © The Church Pension Fund

As communion is ending, the Presider and Deacon take the reserved sacrament to the Altar of Repose in McCaw Chapel, where it will be in place and veiled and for the all-night vigil.

All stand, as able.

POSTCOMMUNION PRAYER

- Presider Almighty and everliving God,
 - All we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom.
 And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

Please be seated.

THE STRIPPING OF THE ALTAR

As cantors chant Psalm 22, the altar—where Christ's self-offering is continually made present for us in the Eucharistic liturgy—and the entire altar platform are stripped bare and washed.

Psalm 22 • Deus, Deus meus

ANTIPHON: They divide my garments among them; they cast lots for my clothing.

M^Y GOD, my God, why have you forsaken me? * and are so far from my cry and from the words of my distress?

O my God, I cry in the daytime, but you do not answer; * by night as well, but I find no rest.

Yet you are the Holy One, * enthroned upon the praises of Israel.

Our forefathers put their trust in you; * they trusted, and you delivered them.

They cried out to you and were delivered; * they trusted in you and were not put to shame.

But as for me, I am a worm and no man, * scorned by all and despised by the people.

All who see me laugh me to scorn; * they curl their lips and wag their heads, saying,

"He trusted in the LORD; let him deliver him; * let him rescue him, if he delights in him."

Yet you are he who took me out of the womb, * and kept me safe upon my mother's breast.

I have been entrusted to you ever since I was born; * you were my God when I was still in my mother's womb.

Be not far from me, for trouble is near, * and there is none to help.

Many young bulls encircle me; * strong bulls of Bashan surround me.

They open wide their jaws at me, * like a ravening and a roaring lion.

I am poured out like water; all my bones are out of joint; * my heart within my breast is melting wax.

My mouth is dried out like a pot-sherd; my tongue sticks to the roof of my mouth; * and you have laid me in the dust of the grave.

Packs of dogs close me in, and gangs of evildoers circle around me; * they pierce my hands and my feet; I can count all my bones.

They stare and gloat over me; * they divide my garments among them; they cast lots for my clothing. Be not far away, O LORD; * you are my strength; hasten to help me.

Save me from the sword, * my life from the power of the dog.

Save me from the lion's mouth, * my wretched body from the horns of wild bulls.

I will declare your Name to my brethren; * in the midst of the congregation I will praise you.

Praise the LORD, you that fear him; * stand in awe of him, O offspring of Israel; all you of Jacob's line, give glory.

For he does not despise nor abhor the poor in their poverty; neither does he hide his face from them; * but when they cry to him he hears them.

My praise is of him in the great assembly; * I will perform my vows in the presence of those who worship him.

The poor shall eat and be satisfied, and those who seek the LORD shall praise him: * "May your heart live for ever!"

All the ends of the earth shall remember and turn to the LORD, * and all the families of the nations bow before him.

For kingship belongs to the LORD; * he rules over the nations.

To him alone all who sleep in the earth bow down in worship; * all who go down to the dust fall before him.

My soul shall live for him; my descendants shall serve him; * they shall be known as the LORD's for ever.

They shall come and make known to a people yet unborn * the saving deeds that he has done. ◆

When the stripping and washing of the altar is concluded, we disperse in silence.

There is no dismissal, for our celebration of the Paschal Triduum continues tomorrow with the Good Friday liturgy. Before leaving, you are welcome to spend some time in the cathedral in silence, or pray at the Altar of Repose in McCaw Chapel.

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MINISTERS OF THE LITURGY

PRESIDER

The Very Rev. Steven L. Thomason

PREACHER

Emily Meeks

DEACON The Rev. Earl Grout

ASSISTING LAY MINISTER

Alison Leary Estep

EUCHARISTIC MINISTERS

Jon Achee, Shelley Mackaman, Peter Snyder, The Rev. Canon Linzi Stahlecker, The Rev. Edie Weller, The Rev. Canon Richard C. Weyls, Jen Younggren

ALTAR GUILD

James Davidson, Jenny Donner, Deborah Person

VERGER Erik Donner

ACOLYTES Kate Halamay, Kevin Johnson, Ray Miller

GREETERS Rachel Baker, Barbara Erickson

USHERS

Liz Shea | Becky Haley, Hilary McLeland-Wieser

OBLATION BEARERS Michael Garrett & Alan Conrad

LAND ACKNOWLEDGMENT Doug Thorpe

LECTORS Sarah Elwood-Faustino, Doug Thorpe

> INTERCESSOR Sarah Elwood-Faustino

> > **SOUND BOARD** Michael Perera

LIVESTREAM TBD

MUSICIANS

The Sr. Choristers and Schola of Saint Mark's Choir School, Rebekah Gilmore, *director*; Elsie Nelson Brown, Canon Michael Kleinschmidt, & Rebekah Gilmore, *cantors*; Saint Mark's Singers, Michael Kleinschmidt, *director*; John Stuntebeck, *organist*



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