

TRIDUUM: THE SACRED THREE DAYS

HOLY SATURDAY

March 30, 2024

12:00 PM



Saint Mark's Cathedral acknowledges that we gather on the traditional land of the first people of Seattle, the Duwamish People, who are still here, and we honor with gratitude the land itself and the life of all Coast Salish tribes. *Welcome to Saint Mark's Cathedral. Wherever you are on your spiritual journey, you are welcome here!*

If you are new to Saint Mark's and would like to learn more, please consider completing a newcomer form found in the pew rack, visit <u>saintmarks.org/newcomers</u> or simply contact one of the clergy. Grace and peace to you!

CONTEMPLATIVE SILENCE

The Assembly gathers in quiet. At noon, the McCaw Chapel bell is rung 12 times, calling all to bring their work and conversations to an end, and make their way to the northwest corner of the nave.

The Officiant rings a singing bowl to signal the end of the contemplative silence.

All may remain seated for the entirety of the service.

OPENING COLLECT Holy Saturday

The Book of Common Prayer, p. 283

Officiant Let us pray.

OGOD, Creator of heaven and earth: Grant that, as the crucified body of your dear Son was laid in the tomb and rested on this holy Sabbath, so we may await with him the coming of the third day, and rise with him to newness of life; who now lives and reigns with you and the Holy Spirit, one God, for ever and ever

All Amen.

Please join the lector in reading the Psalm aloud, starting after the first asterisk.

PSALM Psalm 31:1-4,15-16 • In te, Domine, speravi

In YOU, O LORD, have I taken refuge; let me never be put to shame; * deliver me in your righteousness.

Incline your ear to me; * make haste to deliver me.

Be my strong rock, a castle to keep me safe, for you are my crag and my stronghold; * for the sake of your Name, lead me and guide me.

Take me out of the net that they have secretly set for me, * for you are my tower of strength.

My times are in your hand; * rescue me from the hand of my enemies, and from those who persecute me.

Make your face to shine upon your servant, * and in your loving-kindness save me." •

The Book of Common Prayer, p. 622

READING Matthew 27:57-66

WHEN it was evening, there came a rich man from Arimathea, named Joseph, who was also a disciple of Jesus. He went to Pilate and asked for the body of Jesus; then Pilate ordered it to be given to him. So Joseph took the body and wrapped it in a clean linen cloth and laid it in his own new tomb, which he had hewn in the rock. He then rolled a great stone to the door of the tomb and went away. Mary Magdalene and the other Mary were there, sitting opposite the tomb.

The next day, that is, after the day of Preparation, the chief priests and the Pharisees gathered before Pilate and said, "Sir, we remember what that impostor said while he was still alive, `After three days I will rise again.' Therefore command the tomb to be made secure until the third day; otherwise his disciples may go and steal him away, and tell the people, `He has been raised from the dead,' and the last deception would be worse than the first." Pilate said to them, "You have a guard of soldiers; go, make it as secure as you can." So they went with the guard and made the tomb secure by sealing the stone.

Reader Hear what the Spirit is saying to God's people.

Assembly Thanks be to God.

A time for silent reflection is kept after the reading, begun and ended by the sound of the singing bowl.

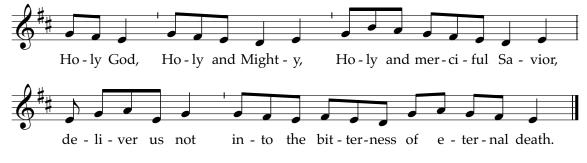
REFLECTION

Hannah Hochkeppel

ANTHEM In the midst of life

The Book of Common Prayer, p. 492

A cantor introduces the Antiphon; all repeat it. A cantor chants the verses, all repeating the Antiphon as indicated.



In the midst of life we are in death; from whom can we seek help? From you alone, O Lord, who by our sins are justly angered. **ANTIPHON** Lord, you know the secrets of our hearts; shut not your ears to our prayers, but spare us, O Lord. **ANTIPHON**

O worthy and eternal Judge, do not let the pains of death turn us away from you at our last hour. ANTIPHON

THE LORD'S PRAYER (prayed by all)

Officiant Our Father in heaven,

All hallowed be your Name, your kingdom come, your will be done, on earth as in heaven.
Give us today our daily bread.
Forgive us our sins as we forgive those who sin against us.
Save us from the time of trial, and deliver us from evil.
For the kingdom, the power, and the glory are yours, now and for ever. Amen.

THE GRACE

Officiant The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore.

All Amen.

You are welcome to remain in quiet prayer while others leave in silence, or continue their work in this space.

OFFICIANT The Very Reverend Steven L. Thomason

> **REFLECTION** Hannah Hochkeppel

LECTOR Wendy Claire Barrie



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