

EASTER DAY  
SUNRISE SERVICE  
THE HOLY EUCHARIST



*Alleluia · Alleluia · Alleluia*



SAINT MARK'S  
EPISCOPAL CATHEDRAL  
SEATTLE, WASHINGTON

March 31, 2024  
6:30 AM

*Saint Mark's Cathedral acknowledges that we gather on the traditional land of the first people of Seattle, the Duwamish People, who are still here, and we honor with gratitude the land itself and the life of all the Coast Salish tribes.*

*Welcome to Saint Mark's Cathedral and this Easter sunrise service. Wherever you are on your spiritual journey, you are welcome here!*

*If you are new to Saint Mark's and would like to learn more, please consider completing a newcomer form at [saintmarks.org/newcomers](http://saintmarks.org/newcomers) or simply contact one of the clergy. Grace and peace to you!*

## THE LITURGY OF THE WORD

### READING

*John 20:1-18*

EARLY on the first day of the week, while it was still dark, Mary Magdalene came to the tomb and saw that the stone had been removed from the tomb. So she ran and went to Simon Peter and the other disciple, the one whom Jesus loved, and said to them, "They have taken the Lord out of the tomb, and we do not know where they have laid him." Then Peter and the other disciple set out and went toward the tomb. The two were running together, but the other disciple outran Peter and reached the tomb first. He bent down to look in and saw the linen wrappings lying there, but he did not go in. Then Simon Peter came, following him, and went into the tomb. He saw the linen wrappings lying there, and the cloth that had been on Jesus' head, not lying with the linen wrappings but rolled up in a place by itself. Then the other disciple, who reached the tomb first, also went in, and he saw and believed; for as yet they did not understand the scripture, that he must rise from the dead. Then the disciples returned to their homes.

But Mary stood weeping outside the tomb. As she wept, she bent over to look into the tomb; and she saw two angels in white, sitting where the body of Jesus had been lying, one at the head and the other at the feet. They said to her, “Woman, why are you weeping?” She said to them, “They have taken away my Lord, and I do not know where they have laid him.” When she had said this, she turned around and saw Jesus standing there, but she did not know that it was Jesus. Jesus said to her, “Woman, why are you weeping? Whom are you looking for?” Supposing him to be the gardener, she said to him, “Sir, if you have carried him away, tell me where you have laid him, and I will take him away.” Jesus said to her, “Mary!” She turned and said to him in Hebrew, “Rabbouni!” (which means Teacher). Jesus said to her, “Do not hold on to me, because I have not yet ascended to the Father. But go to my brothers and say to them, ‘I am ascending to my Father and your Father, to my God and your God.’” Mary Magdalene went and announced to the disciples, “I have seen the Lord”; and she told them that he had said these things to her.

*Reader* Hear what the Spirit is saying to God’s people.  
*Assembly* **Thanks be to God.**

## **GREETING**

The Very Reverend Steven L. Thomason

*All stand, as able.*

## **EASTER AFFIRMATION**

*Presider* This is the good news—the grave is empty, Christ is risen.  
*Assembly* **Alleluia!**

*Presider* This is the good news—the light shines in the darkness,  
and the darkness can never put it out.  
*Assembly* **Alleluia!**

*Presider* This is the good news—once we were no people,  
now we are God’s people.  
*Assembly* **Alleluia!**

**HYMN OF PRAISE** *Welcome, happy morning*

TUNE: *Fortunatus*

1. "Wel - come, hap - py morn - ing!" age to age shall say: hell to - day is  
3. Months in due suc - ces - sion, days of length - 'ning light, hours and pass - ing  
van - quished, heav'n is won to - day! Lo! the dead is liv - ing,  
mo - ments praise thee in their flight. Bright - ness of the morn - ing,  
God for ev - er - more! Him their true Cre - a - tor, all his works a - dore!  
sky and fields and sea, Van - quish - er of dark - ness, bring their praise to thee.

*Refrain*  
"Wel - come, hap - py morn - ing!" age to age shall say.

*The Hymnal 1982* #179 (stanzas 1 & 3), WORDS: Venantius Honorius Fortunatus (540?-600?); tr. John Ellerton (1826-1893), alt., public domain; MUSIC: Arthur Seymour Sullivan (1842-1900); public domain.

**COLLECT OF THE DAY** *Easter Day*

*The Book of Common Prayer*, p. 222

*Presider* The Lord be with you.

***People* And also with you.**

*Presider* Let us pray.

ALMIGHTY GOD, who through your only-begotten Son Jesus Christ overcame death and opened to us the gate of everlasting life: Grant that we, who celebrate with joy the day of the Lord's resurrection, may be raised from the death of sin by your life-giving Spirit; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.

**All Amen.**

*Please be seated for the Poem and Reflection.*

**POEM**

*Seen: A Blessing for Easter Day*

*by: Jan Richardson*

**Y**OU had not imagined  
that something so empty  
could fill you  
to overflowing,  
and now you carry  
the knowledge  
like an awful treasure  
or like a child  
that roots itself  
beneath your heart:  
how the emptiness  
will bear forth  
a new world  
that you cannot fathom  
but on whose edge  
you stand.

So why do you linger?  
You have seen,  
and so you are  
already blessed.  
You have been seen,  
and so you are  
the blessing.  
There is no other word  
you need.  
There is simply  
to go  
and tell.  
There is simply  
to begin.

**REFLECTION**

The Reverend Canon Richard C. Weyls

## THE RENEWAL OF BAPTISMAL VOWS

*All stand, as able.*

*Presider* Through the Paschal mystery, dear friends, we are buried with Christ by Baptism into his death, and raised with him to newness of life. I call upon you, therefore, now that our Lenten observance is ended, to renew the solemn promises and vows of Holy Baptism, by which we once renounced Satan and all his works, and promised to serve God faithfully in God's holy catholic Church.

## THE BAPTISMAL COVENANT

*The Book of Common Prayer, p. 292*

*Presider* Do you reaffirm your renunciation of evil and renew your commitment to Jesus Christ?

*Assembly* **I do.**

*Presider* Do you believe in God the Father?

*Assembly* **I believe in God, the Father almighty, creator of heaven and earth.**

*Presider* Do you believe in Jesus Christ, the Son of God?

*Assembly* **I believe in Jesus Christ, his only Son, our Lord.  
He was conceived by the power of the Holy Spirit  
and born of the Virgin Mary.  
He suffered under Pontius Pilate, was crucified, died, and was buried.  
He descended to the dead.  
On the third day he rose again.  
He ascended into heaven, and is seated at the right hand of the Father.  
He will come again to judge the living and the dead.**

*Presider* Do you believe in God the Holy Spirit?

*Assembly* **I believe in the Holy Spirit, the holy catholic Church,  
the communion of saints, the forgiveness of sins,  
the resurrection of the body, and the life everlasting.**

*Presider* Will you continue in the apostles' teaching and fellowship,  
in the breaking of bread, and in the prayers?

*Assembly* **I will, with God's help.**

*Presider* Will you persevere in resisting evil, and, whenever you fall into sin,  
repent and return to the Lord?

*Assembly* **I will, with God's help.**

*Presider* Will you proclaim by word and example the Good News of God in Christ?

*Assembly* **I will, with God's help.**

*Presider* Will you seek and serve Christ in all persons,  
loving your neighbor as yourself?

*Assembly* **I will, with God's help.**

*Presider* Will you strive for justice and peace among all people,  
and respect the dignity of every human being?

***Assembly* I will, with God's help.**

*Presider* Will you cherish the wondrous works of God, and protect the beauty and  
integrity of all creation?

***Assembly* I will, with God's help.**

*Presider* May Almighty God, the Father of our Lord Jesus Christ, who has  
given us a new birth by water and the Holy Spirit, and bestowed  
upon us the forgiveness of sins, keep us in eternal life by his grace,  
in Christ Jesus our Lord.

***All* Amen.**

### **BLESSING OF THE WATER**

*Presider* Almighty God, who through the water of Baptism has raised us from sin  
into new life, and by the power of your life-giving Spirit ever cleanses  
and sanctifies your people: Bless, we pray you, this water for the service  
of your holy Church; and grant that it may be a sign of the cleansing and  
refreshment of your grace; through Jesus Christ our Lord.

***All* Amen.**

### **BAPTISMAL SPRINKLING**

*The Assembly is sprinkled with baptismal water as a sign and reminder of our Baptism.*

### **PRAYERS OF THE PEOPLE**

*After each petition:*

*Intercessor* On this day God has acted;

***Assembly* we will rejoice and be glad in it.**

*The Presider concludes the prayers with a collect. All respond: Amen.*

### **THE PEACE**

*Presider* The peace of the Lord be always with you.

***Assembly* And also with you.**

*All greet one another in the name of the Lord.*

# THE HOLY EUCHARIST

## OFFERTORY

*An offering is received. You may place your offering in the basket as it is passed.  
For electronic donations, visit [saintmarks.org/give](https://saintmarks.org/give), or use the Venmo mobile app  
(@SaintMarksCathedralSeattle, or scan the code at right),*

*or visit this link on your mobile device:*

*<https://venmo.com/saintmarkscathedralseattle>.*

*If Venmo asks you for a four-digit code, enter **2076**.*

*You may also mail your gift to the cathedral (check payable to  
Saint Mark's Cathedral): 1245 10th Ave. E, Seattle, WA 98102.*



*All stand, as able.*

## THE GREAT THANKSGIVING

*adapted from the Scottish Episcopal Church*

*Presider* The Lord be with you.

***Assembly* And also with you.**

*Presider* Lift up your hearts.

***Assembly* We lift them to God.**

*Presider* Let us give thanks to the Lord our God.

***Assembly* It is right to give God thanks and praise.**

*Presider* Worship and praise belong to you, Author of all being. Your power sustains, your love restores our broken world. Christ, raised from the dead, proclaims the dawn of hope. He lives in us that we may walk in light. Your Spirit is fire in us, your breath is power to purge our sin and warm our hearts to love.

As children of your redeeming purpose, freed by him who burst from the tomb and opened the gate of life, we offer you our praise, with angels and archangels and the whole company of heaven, singing the hymn of your unending glory

***All* Holy, Holy, Holy Lord, God of power and might,  
heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

*Presider* Praise and thanksgiving be to you, God of all: In the first light of Easter glory broke from the tomb and changed the women's sorrow into joy. From the Garden the mystery dawned that he whom they had loved and lost is with us now in every place for ever.

Making himself known in the breaking of the bread, speaking peace to the fearful disciples, he renewed the promise of his presence and of new birth in the Spirit who sets the seal of freedom on your sons and daughters.

Before he was given up to suffering and death, at supper with his disciples he took bread and offered you thanks. He broke the bread, and gave it to them, saying: "Take, eat. This is my Body: it is broken for you."

After supper, he took the cup, he offered you thanks, and gave it to them saying: "Drink this, all of you. This is my Blood of the new covenant; it is poured out for you, and for all. Do this in remembrance of me."

We now obey your Son's command. We recall his blessed passion and death, his glorious resurrection and ascension; and we look for the coming of his Kingdom. Made one with him, we offer you these gifts and with them ourselves a holy living sacrifice. Hear us, most Holy One, and send your Holy Spirit upon us and upon this bread and this wine, that they may be the Body and Blood of your Son, and we may be kindled with the fire of your love and renewed for the service of your Reign.

Help us, who are gathered into the fellowship of Christ's Body to live and work to your praise and glory; may we grow together in unity and love until at last, in your new creation, we enter into our heritage in the company of Mary, Mark and all the apostles and prophets, and of all our brothers and sisters living and departed.

Through Jesus Christ, with whom, and in whom, in the unity of the Holy Spirit, all honor and glory be to you, God of all creation, world without end.

***All* AMEN.**

## THE LORD'S PRAYER

*Presider* Our Father in heaven,  
*All* hallowed be your Name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those  
who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.

## THE FRACTION

*A period of silence is kept. Then may be said:*

*Presider* Alleluia. Christ our Passover is sacrificed for us.  
*Assembly* Therefore let us keep the feast. Alleluia.

## INVITATION TO COMMUNION

*Presider* The Gifts of God for the People of God.

*All may be seated for the time of Communion. All seeking God are welcome at Christ's Table.*

*Bread and wine are distributed at standing stations in front of the altar. The bread will placed into your outstretched palm taking care not to touch your hand. If you prefer a gluten-free wafer, simply ask for one at the time of Communion. If you wish to receive a blessing instead, please cross your arms in front of your chest.*

*Intinction (dipping the bread in the wine) is not available at this time. If you do not wish to drink from the common cup, please cross your arms in front of your chest as you pass by the chalice. The full grace of the sacrament is received with only the bread.*

## MUSICAL REFLECTION

*All stand, as able.*

## PRAYER AFTER COMMUNION

*Presider* Lord,

*All* we have so much to be thankful for this Easter morning.  
In the chill of the morning air, we feel the warm blessing of your Spirit.  
We are thankful that you come to greet us in a garden  
of hope, trust, and faith.  
We thank you that a dark and empty tomb  
has emerged into a garden of light and living.  
We thank you for feeding us with these holy mysteries,  
nourished for the work we are called to do in Christ's name.  
In all our days, we shall live for Christ,  
the resurrected and risen Savior. Amen.

## BENEDICTION

*Presider* The tomb is empty, Christ has risen. As you journey in faith, may your life be full, your love be abundant, and your hope be eternal. Live this day and always for Christ Jesus because the Risen Christ lives in you.

*All* Alleluia. Christ is Risen!

**CLOSING HYMN** *Jesus Christ is risen today*TUNE: *Easter Hymn*

1. Je - sus Christ is ris'n to - day, Al - - le - lu - ia!  
4. Sing we to our God a - bove, Al - - le - lu - ia!

our tri - um - phant ho - ly day, Al - - le - lu - ia!  
praise e - ter - nal as his love, Al - - le - lu - ia!

who did once up - on the cross, Al - - le - lu - ia!  
praise him, all ye heav'n - ly host, Al - - le - lu - ia!

suf - fer to re - deem our loss. Al - - le - lu - ia!  
Fa - ther, Son, and Ho - ly Ghost. Al - - le - lu - ia!

*The Hymnal 1982 #207; WORDS: Latin, 14<sup>th</sup> cent.; tr. *Lyra Davidica*, 1708, alt. St. 4, Charles Wesley (1707-1788), public domain;  
MUSIC: from *Lyra Davidica*, 1708; adapt. *The Compleat Psalmodist*, 1749, alt., public domain.*

**PRESIDER**

The Very Rev. Steven L. Thomason

**PREACHER**

The Rev. Canon Richard C. Weyls

**CHALICE BEARER**

Rose Hazard

**LECTOR & INTERCESSOR**

Mark Lundquist

**GREETER**

Barbara Erickson

**USHERS**

Alexandra &amp; Nicole Thompson

**ALTAR GUILD**

Deborah Person

**OBLATION BEARERS**

Alexandra &amp; Nicole Thompson

**MUSICIAN**James Falzone, *woodwinds*

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