



SAINT MARK'S
EPISCOPAL CATHEDRAL
SEATTLE, WASHINGTON

2024 CHOIR CAMP

CONCLUDING EVENSONG



SAINT MARK'S CATHEDRAL CHOIR CAMP
SEATTLE, WA ♦ JULY 15-21, 2024

Friday, July 19, 2024

The Feast of Macrina of Caesarea

4:00 PM

Saint Mark's Cathedral acknowledges that we gather on the traditional land of the first people of Seattle, the Duwamish People, who are still here, and we honor with gratitude the land itself and the life of all Coast Salish tribes.

ABOUT MACRINA OF CAESAREA

Macrina the younger (340–379) was a monastic, theologian, and teacher. She is described as having lived a “philosophical life” and she founded one of the earliest Christian monastic communities in the Cappadocian countryside, on the crossroad of Annisa. Macrina left no writings; we know of her through the works of her brother, Gregory of Nyssa. Gregory used the *Life of Macrina* not only to preserve the memory of his renowned sister, but also as a template in which to flesh out a practical theology of Christian holiness and union with God that supplements his more theoretical works.

Gregory relates that when Macrina’s prospective fiancé died, she refused to marry anyone else because of her conviction that there is but one marriage and because of her “hope in the resurrection.” This hope was the basis of her monastic, that is, her philosophical, life. Although he says that she, like other philosophers, chose to live “on her own,” Gregory immediately describes how Macrina lived as a student and servant to her mother, Emilia. He goes on to show Macrina taking a leadership role when she persuades her mother to join her by living on the same level as their servants. In setting out Macrina’s relationship with her brother, Peter, Gregory also shows the mutuality of Christian community. He not only describes Macrina as being everything to Peter—father, mother, and teacher of all good things—but Peter as being the person from whom Macrina learned the most.

Gregory credits Macrina with being the spiritual and theological intelligence behind her brothers’ notable

leadership in the church. She is shown challenging them, telling Gregory that his fame was not due to his own merit, but to the prayers of his parents, and taking Basil in hand when he returned from Athens “monstrously conceited about his skill in rhetoric.” Notably, although Gregory and Basil, as well as Peter, became bishops, in the *Life* it is Macrina who is portrayed saying a priestly, and thoroughly liturgical, prayer.



Gregory visited Macrina as she lay dying. It is only at this point in the story that he unveils how the hope of the resurrection with which Macrina began her philosophical life after the death of her fiancé was the inspiration for her decisions to free slaves and the reason why she could cross over otherwise firmly established gender divisions. He shows, too, that her belief in one marriage and her hope of union with her fiancé was, in fact, ultimately a striving toward the true bridegroom, Jesus Christ. In both his *Life of Macrina* and in his later treatise *On the Soul and Resurrection*, Gregory presents Macrina admiringly as a Christian Socrates, delivering eloquent deathbed prayers and teachings about the resurrection. This presentation of Macrina by Gregory serves as one sort of “Rule.” Basil also wrote a formal monastic rule for community life, ensuring that Macrina’s ideas for Christian community would have lasting authority through the centuries.

PRELUDE *Prelude in G*, Opus 37, No. 2a

Felix Mendelssohn (1809–1847)

LAND ACKNOWLEDGMENT

INTROIT *Song of Isaiah*

WORDS: Isaiah 12:2–6
MUSIC: Richard Proulx (1937–2010)

*Cry aloud, ring out your joy, ye citizens of Zion,
For the great one in the midst of you is the Holy One of Israel.*

Surely it is God who saves me;
I will trust in him and not be afraid.
For the Lord is my stronghold, my sure defense,
And he will be my Savior.
Therefore, you shall draw water with rejoicing
From the springs of salvation.

*Cry aloud, ring out your joy, ye citizens of Zion,
For the great one in the midst of you is the Holy One of Israel.*

THE INVITATORY & PSALTER

PRECES *Deus in adjutorium*

Book of Common Prayer p. 117

Officiant O God, make speed to save us.

Assembly O Lord, make haste to help us.

All Glory to the Father and to the Son, and to the Holy Spi - rit

as it was in the beginning, is now, and will be for ever. A - men.

Al - le - lu - ia.

The Hymnal 1982 #8-58, © Church Pension Fund

PHOS HILARON *O gladsome light ♦ sung by all, standing as able*

WORDS: *Φῶς Ἰλαρόν*, Greek, 3rd century
paraphrase by Robert Seymour Bridges (1844-1930)
TUNE: *Le Cantique de Siméon*, Loÿs Bourgeois (c. 1510-1559)

1. O gladsome Light, O grace of God the Fa-ther's face, the e-ter-nal splen-dor wear-ing;
2. Now, ere day fad-eth quite, we see the eve-ning light, our wont-ed hymn out-pour-ing;
3. To thee of right be-longs all praise of ho-ly songs, O Son of God, Life-giv-er;

ce - les - tial, ho - ly, blest, our Sa - vior Je - sus Christ, joy - ful in thine ap - pear - ing.
Fa - ther of might un - known, thee, his in - car - nate Son, and Ho - ly Spi - rit a - dor - ing.
thee, therefore, O Most High, the world doth glo - ri - fy, and shall ex - alt for ev - er.

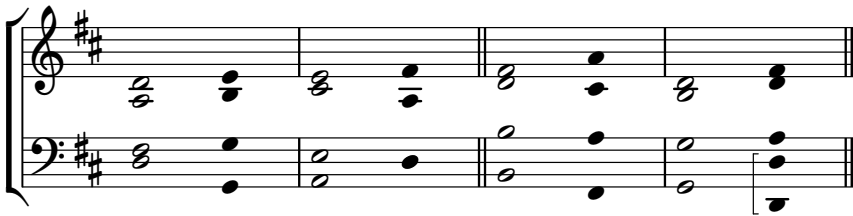
The Hymnal 1982 #36, public domain

Please be seated.

PSALMODY Psalm 119:97–104

Simplified Anglican Chant by J.W. Meachen (1930–2015)

Verses 97 and 98 will be chanted by the choir alone; all join in chanting the remaining verses.



Mem *Quomodo dilexi!*

Choir alone: Oh, how I love your / **law!** *
all the day long it is in my / **mind.**
Your commandment has made me wiser than my / **enemies,** *
and it is always / **with me.**

All sing: I have more understanding than all my / **teachers,** *
for your decrees are my / **study.**
I am wiser than the / **elders,** *
because I observe your com- / **mandments.**
I restrain my feet from every evil / **way,** *
that I may keep your / **word.**
I do not shrink from your / **judgments,** *
because you yourself have / **taught me.**
How sweet are your words to my / **taste!** *
they are sweeter than honey to my / **mouth.**
Through your commandments I gain under- / **standing;** *
therefore I hate every lying / **way.**
Glory to the Father and to the / **Son,**
and to the Holy / **Spirit;**
as it was in the beginning is / **now,**
and will be forever. A- / **men.**

CHANT: *The Hymnal* 1982 #8-415, ©1956 Jerome Webster Meachen

THE LESSONS

Please remain seated.

READING *Sirach (Ecclesiasticus) 51:13–22*

While I was still young, before I went on my travels,
I sought wisdom openly in my prayer.
Before the temple I asked for her,
and I will search for her until the end.
From the first blossom to the ripening grape
my heart delighted in her;
my foot walked on the straight path;
from my youth I followed her steps.

I inclined my ear a little and received her,
 and I found for myself much instruction.
 I made progress in her;
 to him who gives wisdom I will give glory.
 For I resolved to live according to wisdom,
 and I was zealous for the good,
 and I shall never be disappointed.
 My soul grappled with wisdom,
 and in my conduct I was strict;
 I spread out my hands to the heavens,
 and lamented my ignorance of her.
 I directed my soul to her,
 and in purity I found her.
 With her I gained understanding from the first;
 therefore I will never be forsaken.
 My heart was stirred to seek her;
 therefore I have gained a prize possession.
 The Lord gave me my tongue as a reward,
 and I will praise him with it. ♦

Please stand as you are able.

CANTICLE *Luke 1:46–55 [The Song of Mary] ♦ sung by the Choir*
Magnificat

David Hogan (1949–1996)
Service for the Washington National Cathedral

MY SOUL doth magnify the Lord, *
 and my spirit hath rejoiced in God my Savior.
 For he hath regarded *
 the lowliness of his handmaiden.
 For behold from henceforth *
 all generations shall call me blessed.
 For he that is mighty hath magnified me, *
 and holy is his Name.
 And his mercy is on them that fear him *
 throughout all generations.
 He hath showed strength with his arm; *
 he hath scattered the proud in the imagination of their hearts.
 He hath put down the mighty from their seat, *
 and hath exalted the humble and meek.
 He hath filled the hungry with good things, *
 and the rich he hath sent empty away.
 He remembering his mercy hath holpen his servant Israel, *
 as he promised to our forefathers, Abraham and his seed for ever.
 Glory be to the Father, and to the Son, and to the Holy Ghost: *
 as it was in the beginning, is now, and ever shall be, world without end. Amen.

Please be seated.

READING *Mark 3:20–34*

The crowd came together again, so that Jesus and his disciples could not even eat. When his family heard it, they went out to restrain him, for people were saying, “He has gone out of his mind.” And the scribes who came down from Jerusalem said, “He has Beelzebul, and by the ruler of the demons he casts out demons.” And he called them to him, and spoke to them in parables, “How can Satan cast out Satan? If a kingdom is divided against itself, that kingdom cannot stand. And if a house is divided against itself, that house will not be able to stand. And if Satan has risen up against himself and is divided, he cannot stand, but his end has come. But no one can enter a strong man’s house and plunder his property without first tying up the strong man; then indeed the house can be plundered.

“Truly I tell you, people will be forgiven for their sins and whatever blasphemies they utter; but whoever blasphemes against the Holy Spirit can never have forgiveness, but is guilty of an eternal sin”— for they had said, “He has an unclean spirit.”

Then his mother and his brothers came; and standing outside, they sent to him and called him. A crowd was sitting around him; and they said to him, “Your mother and your brothers and sisters are outside, asking for you.” And he replied, “Who are my mother and my brothers?” And looking at those who sat around him, he said, “Here are my mother and my brothers!” ♦

Please stand as you are able.

CANTICLE *Luke 2:29–32 [The Song of Simeon] ♦ sung by the Choir*

Hogan, Washington Service

Nunc dimmitis

LORD, now lettest thou thy servant depart in peace, *
according to thy word;

For mine eyes have seen thy salvation, *
which thou hast prepared before the face of all people,

To be a light to lighten the Gentiles, *
and to be the glory of thy people Israel.

Glory be to the Father, and to the Son, and to the Holy Ghost: *
as it was in the beginning, is now, and ever shall be, world without end. Amen.



THE APOSTLES' CREED *chanted by all on a monotone, remaining standing as able*

Officiant I believe in God,

All the Father almighty,
creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord.

He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.

He suffered under Pontius Pilate,
was crucified, died, and was buried.

He descended to the dead.

On the third day he rose again.

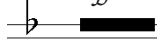


He ascended into heaven,
and is seated at the right hand of the Father.

He will come again to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

THE PRAYERS


SALUTATION & THE LORD'S PRAYER

<i>Officiant</i>	<i>Assembly</i>	<i>Officiant</i>
		
The Lord be with you.	And also with you.	Let us pray.

Officiant and Assembly



Our Father,
who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever.

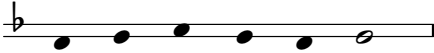

A - men.

SUFFRAGES

The Book of Common Prayer, p. 122



Officiant That this evening may be holy, good, and peaceful,



Assembly We en-treat you, O Lord. *(This response is sung after each petition.)*

Officiant That your holy angels may lead us in paths of peace and goodwill,

Assembly We entreat you, O Lord.

Officiant That we may be pardoned and forgiven for our sins and offenses

Assembly We entreat you, O Lord.

Officiant That there may be peace to your Church, and to the whole world,

Assembly We entreat you, O Lord.

Officiant That we may depart this life in your faith and fear,
and not be condemned before the great judgment seat of Christ,

Assembly We entreat you, O Lord.

Officiant That we may be bound together by the Holy Spirit in the communion of
Mary, Mark, Macrina of Caesarea, and all your saints,
entrusting one another and all our life to Christ,

Assembly We entreat you, O Lord.

COLLECT FOR THE COMMEMORATION OF MACRINA OF CÆSAREA

MERCIFUL God, who called your servant Macrina to reveal in her life and teaching the riches of your grace and truth: Grant that we, following her example, may seek after your wisdom and live according to the way of your Son our Savior Jesus Christ; who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

All Amen.

A COLLECT FOR PEACE

MOST holy God, the source of all good desires, all right judgments, and all just works: Give to us, your servants, that peace which the world cannot give, so that our minds may be fixed on the doing of your will, and that we, being delivered from the fear of all enemies, may live in peace and quietness; through the mercies of Christ Jesus our Savior.

All Amen.

A COLLECT FOR MISSION

KEEP watch, dear Lord, with those who work, or watch, or weep this night, and give your angels charge over those who sleep. Tend the sick, Lord Christ; give rest to the weary, bless the dying, soothe the suffering, pity the afflicted, shield the joyous; and all for your love's sake.

All Amen.

Please be seated for the anthem.

ANTHEM

The Chorister's Prayer

WORDS: traditional
MUSIC: Joanna Forbes L'Estrange (b. 1971)

Bless, O Lord,
us thy servants,
who minister in thy temple.
Grant that what we sing with our lips,
we may believe in our hearts,
and what we believe in our hearts,
we may show forth in our lives.
Through Jesus Christ our Lord.
Amen.

Please stand or kneel as you are able.

PRAYERS OF INTERCESSION

The Officiant offers prayers for the Church and the world.

A PRAYER OF ST. JOHN CHRYSOSTOM

Officiant Almighty God,

All you have given us grace at this time
with one accord to make our common supplication to you;
and you have promised through your well-beloved Son
that when two or three are gathered together in his Name
you will be in the midst of them:
Fulfill now, O Lord, our desires and petitions
as may be best for us;
granting us in this world knowledge of your truth,
and in the age to come life everlasting. Amen.



THE OFFICE HYMN *O wondrous souls of light* ♦ *sung by all, standing as able*

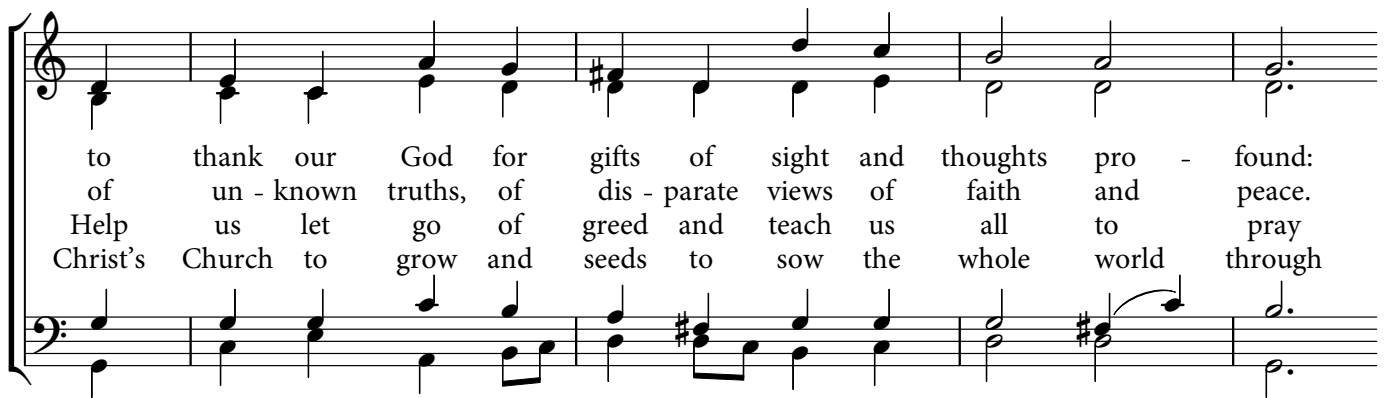
WORDS: Victoria Sirota (b. 1963)

TUNE: *Darwall's 148th*, John Darw (1731–1789),

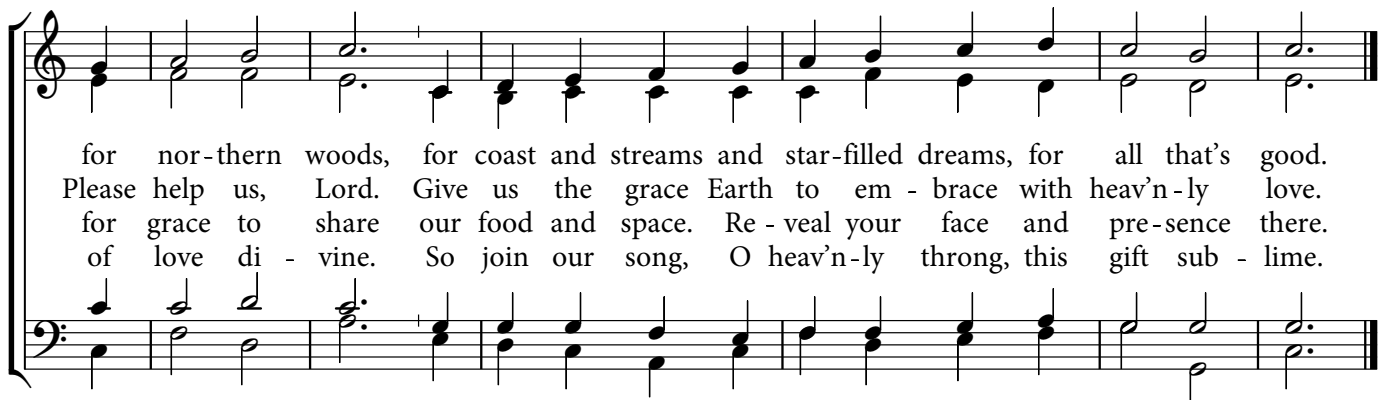
harm. W.H. Monk (1823–1889).



1. O wondrous souls of light, we meet on sacred ground
2. Christ calls us to release our sinful hates and fears
3. We have more than we need. Please guide us on our way.
4. O wondrous souls of light, we now begin a new



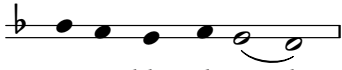
to thank our God for gifts of sight and thoughts profound:
of unknown truths, of disparate views of faith and peace.
Help us let go of greed and teach us all to pray
Christ's Church to grow and seeds to sow the whole world through



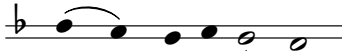
for northern woods, for coast and streams and star-filled dreams, for all that's good.
Please help us, Lord. Give us the grace Earth to embrace with heav'n-ly love.
for grace to share our food and space. Re-veal your face and pre-sence there.
of love di-vine. So join our song, O heav'n-ly throng, this gift sub-lime.

WORDS: © 2022 Victoria Sirota; MUSIC: public domain

DISMISSAL



Officiant Let us bless the Lord.



All Thanks be to God.

THE GRACE

Officiant The grace of our Lord Jesus Christ, and the love of God,
and the fellowship of the Holy Spirit, be with us all evermore.

All Amen.

Please remain standing, as able, for the procession of ministers.

VOLUNTARY *Prelude in C Minor, Opus 37, No. 1a*

Mendelssohn

Please remain standing, as able, for the procession of ministers, then be seated for the rest of the Organ Voluntary. At its conclusion, in keeping with the prayerfulness of this evening's liturgy, please express your appreciation with a silent 'Amen' rather than applause.



MINISTERS OF THE LITURGY

OFFICIANT

The Rev. Canon Richard C. Weyls

ACOLYTE

Alexandra Thompson

LECTORS

Peter Barrie

—

MUSICIANS

The participants of the
2024 Saint Mark's Cathedral Choir School Chorister Camp

Rebekah Gilmore, *director*

Canon Michael Kleinschmidt, *organist*



SAINT MARK'S
EPISCOPAL CATHEDRAL

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