



SAINT MARK'S
EPISCOPAL CATHEDRAL
SEATTLE, WASHINGTON

THE HOLY EUCHARIST
THE TWELFTH SUNDAY AFTER PENTECOST:
PROPER 14B

August 11, 2024

11:00 AM



LAND ACKNOWLEDGMENT & WELCOME

Saint Mark's Cathedral acknowledges that we gather on the traditional land of the first people of Seattle, the Duwamish People, who are still here, and we honor with gratitude the land itself and the life of all the Coast Salish tribes.

QUESTIONS?

Please ask. Ushers (wearing the purple welcome lanyards) can answer your questions or concerns, or provide a hearing assist device. All-gender restrooms are available in the northwest stairwell and on the 5th floor of Cathedral House, accessible by elevator or southwest stairwell.

ABOUT TODAY'S ORGANIST

*We welcome Dr. Stephen C. Price who, in September 2023, became the inaugural Paul B. Fritts Faculty Fellow and Artist-in-Residence in organ performance at the University of Washington. He previously held the position of Assistant Teaching Professor in music (organ) at Ball State University, Muncie, Indiana. Dr. Price is a native of Buffalo, New York, where, during his senior year of high school, he served as Organ Scholar at St. Paul's Episcopal Cathedral. While pursuing his bachelor's degree at Western Connecticut State University, he served as Organ Scholar at St. Paul's Episcopal Church on the Green in Norwalk, Connecticut. As recipient of a Fulbright Grant, Dr. Price studied historic and modern performance practices of French organ literature in Toulouse, France. His Master and Doctor degrees are from Indiana University's Jacobs School of Music, where he was a pupil of Janette Fishell. A prize-winning organist in several international competitions, Dr. Price is frequently called upon to adjudicate such competitions. He maintains an active schedule of concert engagements as a soloist and collaborative artist. Dr. Price's debut album, *Paris Impact Organ Suites*, has been released on the Raven recording label and is available for purchase at RavenCD.com. Dr. Price is no stranger to the organs at Saint Mark's. Continuing a long-standing relationship between the cathedral and UW, he teaches on the Flentrop organ every Monday during University terms.*

NEW TO SAINT MARK'S?

Welcome to Saint Mark's Cathedral. Wherever you are on your spiritual journey, you are welcome here! We invite you to complete a newcomer form, visit saintmarks.org/newcomers or connect with one of the clergy.

ABOUT THE LITURGY

Worship lies at the heart of the Christian life. It is in worship that we express our theology and define our identity. We encounter God within worship and are formed and transformed as the people of God. One of the hallmarks of the Episcopal Church is its liturgical worship. Liturgy literally is "the work of the people," and refers to the patterns, forms, words, and actions through which public worship is conducted.

THE LITURGY OF THE WORD

The service usually begins with an organ prelude or other music designed to call us into worshipful presence.

PRELUDE *Summerland*

William Grant Still

LAND ACKNOWLEDGMENT

As a gathered community, we join together in praising God in song.

All stand, as able.

HYMN 48 *O day of radiant gladness* ♦ *The Hymnal 1982*

Es flog ein kleins Waldvögelein

OPENING ACCLAMATION

Enriching Our Worship 1, p. 50

Presider Blessed be the one, holy, and living God.
Assembly Glory to God for ever and ever.

COLLECT FOR PURITY

Presider **A**LMIGHTY God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.
All Amen.

SONG OF PRAISE *Gloria in excelsis ♦ sung by all*

John Rutter

Organ: *Everyone:*
 Glo-ry to God in the high-est, and peace to God's
 peo-ple on earth. Lord God, heav'n-ly King, al-might-y God and Fa-ther,
 we wor-ship you, we give you thanks, we praise you for your glo-ry.
 Lord Je-sus Christ, on-ly Son of the Fa-ther, Lord God, Lamb of God, you take a -
 way the sin of the world: have mer-cy on us; you are seat-ed at the right hand of the
 Fa-ther: re-ceive our prayer. For you a-lone are the Ho-ly One, you a -
 lone are the Lord, you a-lone are the Most High, Je-sus Christ, with the
 Ho - ly Spi-rit, in the glo-ry of God the Fa-ther. A - - men.

The collect is the prayer designated for each Sunday that “collects” or captures the theme of the day or season of the Church year. It summarizes the attributes of God as revealed in the scriptures for the day.

COLLECT OF THE DAY *Proper 14*

The Book of Common Prayer (1979), p. 232

Presider God be with you.

Assembly **And also with you.**

Presider Let us pray.

GRANT to us, Lord, we pray, the spirit to think and do always those things that are right, that we, who cannot exist without you, may by you be enabled to live according to your will; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

All **Amen.**

Please be seated for the readings.

The first reading is usually drawn from the Hebrew Scriptures, inviting us to trace our heritage in God’s historical covenant with the People of God.

READING *1 Kings 19:4–8*

ELIJAH went a day’s journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: “It is enough; now, O LORD, take away my life, for I am no better than my ancestors.” Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, “Get up and eat.” He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again. The angel of the LORD came a second time, touched him, and said, “Get up and eat, otherwise the journey will be too much for you.” He got up, and ate and drank; then he went in the strength of that food forty days and forty nights to Horeb the mount of God.

Reader Hear what the Spirit is saying to God’s people.

Assembly **Thanks be to God.**

The Psalm is a sung response to the previous reading. Psalms are the songbook of the Hebrew Scriptures. They express every emotion known to humankind.

PSALM

Psalm 34:1-8 ♦ St. Helena Psalter

Plainsong, Tone V.1

The cantor introduces the Antiphon, all repeat. The cantor chants the verses, all repeat the Antiphon as indicated.



This reading, taken from the New Testament, is typically from a letter (epistle) to the early Church, the Acts of the Apostles, or the Revelation to John.

READING *Ephesians 4:25–5:2*

PUTTING away falsehood, let all of us speak the truth to our neighbors, for we are members of one another. Be angry but do not sin; do not let the sun go down on your anger, and do not make room for the devil. Thieves must give up stealing; rather let them labor and work honestly with their own hands, so as to have something to share with the needy. Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, and be kind to one another, tenderhearted, forgiving one another, as God in Christ has forgiven you. Therefore be imitators of God, as beloved children, and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

Reader Hear what the Spirit is saying to God's people.

Assembly **Thanks be to God.**

The sequence hymn or Gospel acclamation moves us toward the summit of the Liturgy of the Word—the reading of the Holy Gospel. Gospel means “good news”—specifically the “good news of Jesus Christ.”

All stand, as able.

HYMN 339 *Deck thyself, my soul, with gladness* (verses 1, 3) ♦ *The Hymnal 1982* *Schmücke dich, O liebe Seele*

This reading is taken from one of the four Gospels (Matthew, Mark, Luke, and John), which depict the life, teachings, death, resurrection, and ascension of our Lord Jesus Christ. We stand for the Gospel reading to show the particular importance placed on Jesus's words and actions.

THE HOLY GOSPEL *John 6:35, 41-51*

Deacon The Holy Gospel of our Lord Jesus Christ according to John.
Assembly **Glory to you, Lord Christ.**

JESUS said, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

Then the Jews began to complain about him because he said, "I am the bread that came down from heaven." They were saying, "Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, 'I have come down from heaven?'" Jesus answered them, "Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, 'And they shall all be taught by God.' Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh."

Deacon The Gospel of the Lord.
Assembly **Praise to you, Lord Christ.**

The homily directly follows the Gospel because it is grounded in the scriptures. It illuminates the scriptural readings and relates them to daily life.

HOMILY

The Reverend Canon Edie Weller

Following the homily, the assembly is invited into a period of silence, reflecting on the scriptures and sermon. Please stand, as able, when the Presider stands as the liturgy continues.

The word “creed” comes from the Latin “credo” for “I believe.” First formulated at the Council of Nicaea in 325 CE and confirmed in 381 CE, the Nicene Creed is said at the Holy Eucharist and reflects what Christians believe regarding the relationship between the Father, Jesus, and the Holy Spirit: The Holy Trinity.

THE NICENE CREED

The Book of Common Prayer (1979), p. 358

**We believe in one God,
the Father, the Almighty,
Maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary;
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

We pray for ourselves and particularly on behalf of others. Each week, we pray for the Universal Church, the nation and its leaders, the welfare of the world, the concerns of our community of faith, including those who are in need or suffer, and for the departed. We are reminded in prayer that we are part of a larger fellowship, the Church—the Body of Christ.

PRAYERS OF THE PEOPLE *After each petition:*

Intercessor God, in your mercy,
Assembly **hear our prayer.**

The Presider concludes the prayers with a collect. All respond: Amen.

CONFESSION & ABSOLUTION

Enriching Our Worship 1, p. 56

Deacon Let us confess our sins to God.
You are invited to stand or kneel for the confession.

Deacon God of all mercy,
**All we confess that we have sinned against you,
opposing your will in our lives.
We have denied your goodness in each other,
in ourselves, and in the world you have created.
We repent of the evil that enslaves us,
the evil we have done,
and the evil done on our behalf.
Forgive, restore, and strengthen us
through our Savior Jesus Christ,
that we may abide in your love
and serve only your will. Amen.**

The Presider pronounces God's forgiveness of our sins. All respond: Amen.

The exchange of peace within the gathered community is an ancient Christian practice. It is a sign of reconciliation, love, and renewed relationships prior to coming to God's table for Eucharist.

THE PEACE

Presider The peace of Christ be always with you.
Assembly **And also with you.**

All greet one another in the name of the Lord.

Presider All thanks and praise
 are yours at all times and in all places,
 our true and loving God;
 through Jesus Christ, your eternal Word,
 the Wisdom from on high by whom you created all things.
 You laid the foundations of the world
 and enclosed the sea when it burst out from the womb;
 You brought forth all creatures of the earth
 and gave breath to humankind.
 Wondrous are you, Holy One of Blessing,
 all you create is a sign of hope for our journey;
 And so as the morning stars sing your praises
 we join the heavenly beings and all creation
 as we shout with joy:

The Sanctus (Holy, Holy, Holy) is the hymn of praise that
 never ceases before God, based on Isaiah 6:3.

SANCTUS & BENEDICTUS

Peter R. Hallock

Organ *Everyone*
 Ho - ly, ho - ly, ho - ly Lord, God of pow-er and might,
 heav-en and earth are full of your glo-ry. Ho - san - na in the high - est.
 Blest is the one who comes in the Name of the Lord. Ho - san - na in the high - est.

A Simple Missa brevis, Copyright 1992, 2021 The Peter R. Hallock Institute, Seattle, Washington.

We recall God's acts of salvation history. The presider says the "Words of Institution" that Jesus said at the Last Supper. At the Memorial Acclamation we remember Christ's death, resurrection, and promise to return at the end of the age. During the prayer, the Holy Spirit is invoked to bless and sanctify the gifts of bread and wine.

Presider Glory and honor are yours, Creator of all,
 your Word has never been silent;
 you called a people to yourself, as a light to the nations,
 you delivered them from bondage
 and led them to a land of promise.
 Of your grace, you gave Jesus
 to be human, to share our life,
 to proclaim the coming of your holy reign
 and give himself for us, a fragrant offering.

Through Jesus Christ our Redeemer,
you have freed us from sin,
brought us into your life,
reconciled us to you,
and restored us to the glory you intend for us.

We thank you that on the night before he died for us
Jesus took bread,
and when he had given thanks to you, he broke it,
gave it to his friends and said:
“Take, eat, this is my Body, broken for you.
Do this for the remembrance of me.”

After supper Jesus took the cup of wine,
said the blessing, gave it to his friends and said:
“Drink this, all of you:
this cup is the new Covenant in my Blood,
poured out for you and for all
for the forgiveness of sin.
Do this for the remembrance of me.”

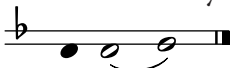
And so, remembering all that was done for us:
the cross, the tomb, the resurrection and ascension,
longing for Christ’s coming in glory,
and presenting to you these gifts
your earth has formed and human hands have made,
we acclaim you, O Christ:

**All Dying, you destroyed our death.
Rising, you restored our life.
Christ Jesus, come in glory!**

Presider Send your Holy Spirit upon us
and upon these gifts of bread and wine
that they may be to us
the Body and Blood of your Christ.
Grant that we, burning with your Spirit’s power,
may be a people of hope, justice and love.

Giver of Life, draw us together in the Body of Christ,
and in the fullness of time gather us
with blessed Mary, Mark, and all your people
into the joy of our true eternal home.

Through Christ and with Christ and in Christ,
by the inspiration of your Holy Spirit,
we worship you our God and Creator
in voices of unending praise.
Blessed are you, now and for ever.



All A - MEN.

VOLUNTARY *Organ improvisation*

HYMN 341 *For the bread which you have broken* ♦ *The Hymnal 1982*

Omni die

After communion, the assembly is invited to remain seated for a period of silence, contemplating the gifts of God given and received.

From the earliest days of the Church, members of the congregation took bread to those who were ill or could not be present in person.

All stand, as able.

SENDING OF EUCHARISTIC VISITORS

Presider One body are we.

Assembly **For, though many, we share one bread and one cup.**

Deacon Go in peace, bearing holy gifts for holy people.

POSTCOMMUNION PRAYER

Enriching Our Worship 1, p. 69

Presider God of abundance,

All **you have fed us
with the bread of life and cup of salvation;
you have united us
with Christ and one another;
and you have made us one
with all your people in heaven and on earth.
Now send us forth
in the power of your Spirit,
that we may proclaim your redeeming love to the world
and continue for ever
in the risen life of Christ our Savior. Amen.**

BLESSING *The Presider asks God's blessing on the assembly. All respond: Amen.*

HYMN 593 *Lord, make us servants of your peace ♦ The Hymnal 1982*

Dickinson College

DISMISSAL *The Deacon dismisses the assembly; all respond: Thanks be to God.*

VOLUNTARY *Joyful, Joyful*

Emma Lou Diemer

MINISTERS OF THE LITURGY

PRESIDER

The Rev. Canon Richard C. Weyls

PREACHER

The Rev. Canon Edie Weller

DEACON

The Rev. Earl Grout

ASSISTING LAY MINISTER

Peter Snyder

EUCCHARISTIC MINISTERS

Christopher Breunig, The Rev. Canon Dr. Marda Steedman Sanborn, Debra Waddell

ALTAR GUILD

James Davidson, TBD

VERGERS

Sharon Ferguson, Nancy Cleminshaw

ACOLYTES

Stacy Andersen, Hilary McLeland-Wieser, Rollin Salsbery

GREETERS

Barbara Selberg, John Selberg

USHERS

Jeff Sackett | Sarah McCord, Chris Rigos

OBLATION BEARERS

The Gilmore Morse family

LAND ACKNOWLEDGMENT

Michael Perera

LECTORS

Rachel Baker, Ruth McRee

INTERCESSOR

Theresa Barker

SOUND BOARD

TBD

LIVESTREAM

Timothy Shore

MUSICIANS

Josette Falzone, *cantor*

Dr. Stephen Price, *organist*

The Hymnal 1982 - #48 O day of radiant gladness

1 O day of ra - diant glad - ness, O day of joy and
 2 This day at the cre - a - tion, the light first had its
 3 This day, God's peo - ple meet - ing, his Ho - ly Scrip - ture
 4 That light our hope sus - tain - ing, we walk the pil - grim

light, O balm of care and sad - ness, most
 birth; this day for our sal - va - tion Christ
 hear; his liv - ing pres - ence greet - ing, through
 way, at length our rest at - tain - ing, our

beau - ti - ful, most bright; this day the high and
 rose from depths of earth; this day our Lord vic -
 Bread and Wine made near. We jour - ney on, be -
 end - less Sab - bath day. We sing to thee our

low - ly, through a - ges joined in tune, sing,
 to - rious the Spi - rit sent from heaven, and
 liev - ing, re - newed with heaven - ly might, from
 prais - es, O Fa - ther, Spi - rit, Son; the

“Ho - ly, ho - ly, ho - ly,” to the great God Tri - une.
 thus this day most glo - rious a tri - ple light was given.
 grace more grace re - ceiv - ing on this blest day of light.
 Church her voice up - rais - es to thee, blest Three in One.

Words: Sts. 1-2, Christopher Wordsworth (1807-1885), alt.; st. 3, Charles P. Price (b. 1920) Copyright ©1982, Charles P. Price; st. 4, *Hymnal 1982*
 Copyright © The Church Pension Fund. All rights reserved. Used with permission. Music: *Es flog ein kleins Waldvögelein*, German folk song;
 harm. George Ratcliff Woodward (1848-1934)

- 1 O day of radiant gladness,
 O day of joy and light,
 O balm of care and sadness,
 most beautiful, most bright;
 this day the high and lowly,
 through ages joined in tune,
 sing, “Holy, holy, holy,”
 to the great God Triune.
- 2 This day at the creation,
 the light first had its birth;
 this day for our salvation
 Christ rose from depths of earth;
 this day our Lord victorious
 the Spirit sent from heaven,
 and thus this day most glorious
 a triple light was given.
- 3 This day, God’s people meeting,
 his Holy Scripture hear;
 his living presence greeting,
 through Bread and Wine made near.
 We journey on, believing,
 renewed with heavenly might,
 from grace more grace receiving
 on this blest day of light.
- 4 That light our hope sustaining,
 we walk the pilgrim way,
 at length our rest attaining,
 our endless Sabbath day.
 We sing to thee our praises,
 O Father, Spirit, Son;
 the Church her voice upraises



1. Deck thy - self, my soul, with glad - ness, leave the gloo-my haunts of sad - ness,
2. Sun, who all my life dost bright - en; Light, who dost my soul en - light - en;
3. Je - sus, Bread of Life, I pray thee, let me glad-ly here o - bey thee;



come in - to the day-light's splen - dor, there with joy thy prais-es ren - der
Joy, the best that a - ny know-eth; Fount, whence all my be - ing flow - eth:
ne - ver to my hurt in - vit - ed, be thy love with love re - quit - ed;



un - to him whose grace un-bound - ed hath this won - drous ban-quet found - ed;
at thy feet I cry, my Ma - ker, let me be a fit par - tak - er
from this ban - quet let me mea - sure, Lord, how vast and deep its trea - sure;



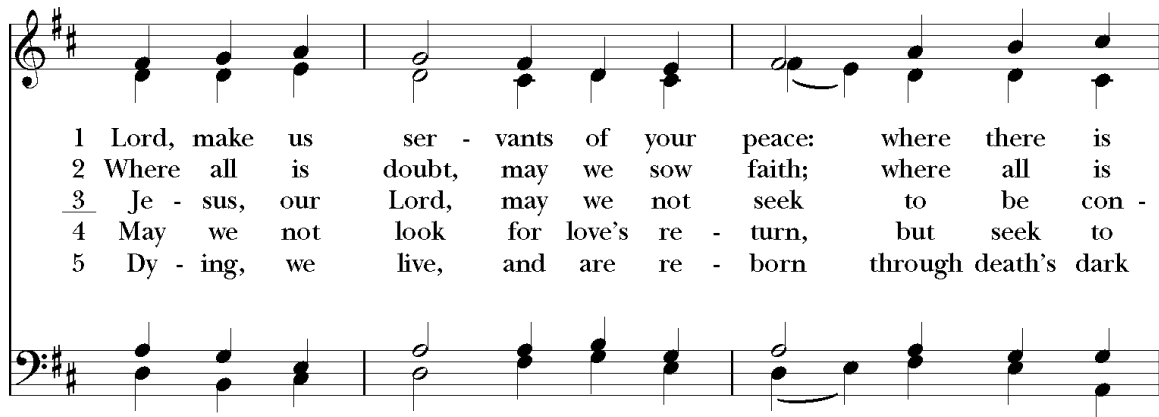
high o'er all the heavens he reign-eth, yet to dwell with thee he deign-eth.
of this bless - èd food from hea - ven, for our good, thy glo - ry, giv - en.
through the gifts thou here dost give me, as thy guest in heaven re - ceive me.

1 For the bread which you have bro - ken, for the
 2 By this pledge, Lord, that you love us, by your
 3 As our bless - ed ones a - dore you, seat - ed
 4 In your ser - vice, Lord, de - fend us; in our

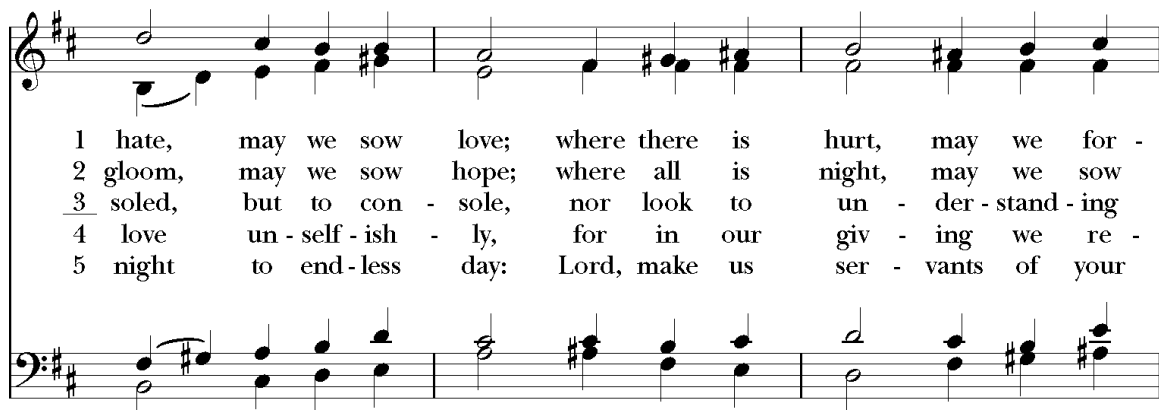
wine which you have poured, for the words which you have
 gift of peace re - stored, by your call to heaven a -
 at our Fa - ther's board, may the Church still wait - ing
 hearts keep watch and ward, in the world to which you

spo - ken, now we give you thanks, O Lord.
 bove us, hal - low all our lives, O Lord.
 for you keep love's tie un - bro - ken, Lord.
 send us let your king - dom come, O Lord.

The Hymnal 1982 - #593 Lord, make us servants of your peace



1 Lord, make us ser - vants of your peace: where there is
2 Where all is doubt, may we sow faith; where all is
3 Je - sus, our Lord, may we not seek to be con -
4 May we not look for love's re - turn, but seek to
5 Dy - ing, we live, and are re - born through death's dark



1 hate, may we sow love; where there is hurt, may we for -
2 gloom, may we sow hope; where all is night, may we sow
3 soled, but to con - sole, nor look to un - der - stand - ing
4 love un - self - ish - ly, for in our giv - ing we re -
5 night to end - less day: Lord, make us ser - vants of your



1 give; where there is strife, may we make one.
2 light; where all is tears, may we sow joy.
3 hearts, but look for hearts to un - der - stand.
4 ceive, and in for - giv - ing are for - given.
5 peace, to wake at last in hea - ven's light.

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- 1 Lord, make us servants of your peace:
where there is hate, may we sow love;
where there is hurt, may we forgive;
where there is strife, may we make one.
- 2 Where all is doubt, may we sow faith;