



SAINT MARK'S  
EPISCOPAL CATHEDRAL  
SEATTLE, WASHINGTON

THE HOLY EUCHARIST  
THE TWELFTH SUNDAY AFTER PENTECOST:  
PROPER 14B

August 11, 2024

9:00 AM



## LAND ACKNOWLEDGMENT & WELCOME

*Saint Mark's Cathedral acknowledges that we gather on the traditional land of the first people of Seattle, the Duwamish People, who are still here, and we honor with gratitude the land itself and the life of all the Coast Salish tribes.*

## QUESTIONS?

*Please ask. Ushers (wearing the purple welcome lanyards) can answer your questions or concerns, or provide a hearing assist device. All-gender restrooms are available in the northwest stairwell and on the 5th floor of Cathedral House, accessible by elevator or southwest stairwell.*

## ABOUT TODAY'S ORGANIST

*We welcome Dr. Stephen C. Price who, in September 2023, became the inaugural Paul B. Fritts Faculty Fellow and Artist-in-Residence in organ performance at the University of Washington. He previously held the position of Assistant Teaching Professor in music (organ) at Ball State University, Muncie, Indiana. Dr. Price is a native of Buffalo, New York, where, during his senior year of high school, he served as Organ Scholar at St. Paul's Episcopal Cathedral. While pursuing his bachelor's degree at Western Connecticut State University, he served as Organ Scholar at St. Paul's Episcopal Church on the Green in Norwalk, Connecticut. As recipient of a Fulbright Grant, Dr. Price studied historic and modern performance practices of French organ literature in Toulouse, France. His Master and Doctor degrees are from Indiana University's Jacobs School of Music, where he was a pupil of Janette Fishell. A prize-winning organist in several international competitions, Dr. Price is frequently called upon to adjudicate such competitions. He maintains an active schedule of concert engagements as a soloist and collaborative artist. Dr. Price's debut album, *Paris Impact Organ Suites*, has been released on the Raven recording label and is available for purchase at [RavenCD.com](http://RavenCD.com). Dr. Price is no stranger to the organs at Saint Mark's. Continuing a long-standing relationship between the cathedral and UW, he teaches on the Flentrop organ every Monday during University terms.*

## NEW TO SAINT MARK'S?

*Welcome to Saint Mark's Cathedral. Wherever you are on your spiritual journey, you are welcome here! We invite you to complete a newcomer form, visit [saintmarks.org/newcomers](http://saintmarks.org/newcomers) or connect with one of the clergy.*

## ABOUT THE LITURGY

*Worship lies at the heart of the Christian life. It is in worship that we express our theology and define our identity. We encounter God within worship and are formed and transformed as the people of God. One of the hallmarks of the Episcopal Church is its liturgical worship. Liturgy literally is "the work of the people," and refers to the patterns, forms, words, and actions through which public worship is conducted.*

# THE LITURGY OF THE WORD

The service usually begins with an organ prelude or other music designed to call us into worshipful presence.

**PRELUDE**     *Summerland*

William Grant Still

## LAND ACKNOWLEDGMENT

As a gathered community, we join together in praising God in song.

*All stand, as able.*

**HYMN 48**     *O day of radiant gladness (verses 1, 3) ♦ The Hymnal 1982*

*Es flog ein kleins Waldvögelein*

**OPENING ACCLAMATION**

*Presider* Blessed be the one, holy, and living God.  
*Assembly* Glory to God for ever and ever.

**COLLECT FOR PURITY**

*Presider* **A**Lmighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

*All* Amen.

**SONG OF PRAISE** *For the beauty of the earth ♦ sung by all*

1. For the beaut - y of the earth, for the beau - ty of the skies,  
2. For the beau - ty of each hour of the day and of the night,

for the love which from our birth o - ver and a - round us lies,  
hill and vale, and tree and flower, sun and moon, and stars of light,

*Refrain*

Christ our God, to thee we raise this our hymn of grate - ful praise.

Words: Folliot Sandford Pierpoint (1835-1917), alt.  
Music: *Dix*, melody Conrad Kocher (1786-1872); arr. William H. Monk (1823-1889); harm. The English Hymnal, 1906

The collect is the prayer designated for each Sunday that “collects” or captures the theme of the day or season of the Church year. It summarizes the attributes of God as revealed in the scriptures for the day.

**COLLECT OF THE DAY** *Proper 14*

*The Book of Common Prayer (1979), p. 232*

*Presider* God be with you.

*Assembly* **And also with you.**

*Presider* Let us pray.

**G**RANT to us, Lord, we pray, the spirit to think and do always those things that are right, that we, who cannot exist without you, may by you be enabled to live according to your will; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

*All* **Amen.**

*Please be seated for the readings.*

The first reading is usually drawn from the Hebrew Scriptures, inviting us to trace our heritage in God’s historical covenant with the People of God.

**READING** *1 Kings 19:4–8*

**E**LIJAH went a day’s journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: “It is enough; now, O LORD, take away my life, for I am no better than my ancestors.” Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, “Get up and eat.” He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again. The angel of the LORD came a second time, touched him, and said, “Get up and eat, otherwise the journey will be too much for you.” He got up, and ate and drank; then he went in the strength of that food forty days and forty nights to Horeb the mount of God.

*Reader* Hear what the Spirit is saying to God’s people.

*Assembly* **Thanks be to God.**

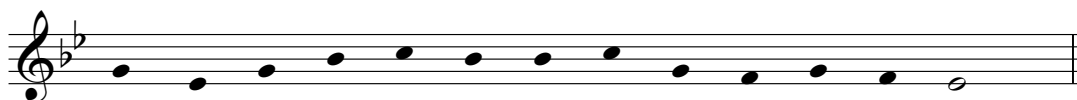
The Psalm is a sung response to the previous reading. Psalms are the songbook of the Hebrew Scriptures. They express every emotion known to humankind.

**PSALM**

*Psalm 34:1-8 ♦ St. Helena Psalter*

Plainsong, Tone V.1

*The cantor introduces the Antiphon, all repeat. The cantor chants the verses, all repeat the Antiphon as indicated.*



Those who seek the Ho - ly One lack no - thing that is good.

I will bless God at all times, \*  
and praise shall ever be in my mouth.

I will glory in the Most High; \*  
let the humble hear and rejoice. **ANTIPHON**

Proclaim with me the greatness of God; \*  
let us exalt God's Name together.

I sought, and God answered me \*  
and delivered me out of all my terror. **ANTIPHON**

Look upon the Most High and be radiant, \*  
and let not your faces be ashamed.

I called in my affliction, and God heard me \*  
and saved me from all my troubles. **ANTIPHON**

The angels encompass those who fear God, \*  
and God will deliver them.

Taste and see that God is good; \*  
happy are they who trust in the Most High! **ANTIPHON**

This reading, taken from the New Testament, is typically from a letter (epistle) to the early Church, the Acts of the Apostles, or the Revelation to John.

**READING** *Ephesians 4:25–5:2*

**P**UTTING away falsehood, let all of us speak the truth to our neighbors, for we are members of one another. Be angry but do not sin; do not let the sun go down on your anger, and do not make room for the devil. Thieves must give up stealing; rather let them labor and work honestly with their own hands, so as to have something to share with the needy. Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, and be kind to one another, tenderhearted, forgiving one another, as God in Christ has forgiven you. Therefore be imitators of God, as beloved children, and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

*Reader* Hear what the Spirit is saying to God's people.

*Assembly* **Thanks be to God.**

The sequence hymn or Gospel acclamation moves us toward the summit of the Liturgy of the Word—the reading of the Holy Gospel. Gospel means “good news”—specifically the “good news of Jesus Christ.”

*All stand, as able.*

*Children are invited to join the Gospel Procession, and gather around as the Gospel is proclaimed. Children ages 3-8 are then invited to Children's Chapel in Thomsen Chapel. They will return for the baptisms. Parents are welcome to join their children.*

**GOSPEL ACCLAMATION**

*The cantor introduces the Alleluias, all repeat them. The cantor chants the verse, then all repeat the Alleluias.*



*Verse:* I am the living bread that came down from heaven. Whoever eats this bread will live forever.

This reading is taken from one of the four Gospels (Matthew, Mark, Luke, and John), which depict the life, teachings, death, resurrection, and ascension of our Lord Jesus Christ. We stand for the Gospel reading to show the particular importance placed on Jesus's words and actions.

**THE HOLY GOSPEL** *John 6:35, 41-51*

*Deacon* The Holy Gospel of our Lord Jesus Christ according to John.  
*Assembly* **Glory to you, Lord Christ.**

**J**ESUS said, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

Then the Jews began to complain about him because he said, "I am the bread that came down from heaven." They were saying, "Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, 'I have come down from heaven?'" Jesus answered them, "Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, 'And they shall all be taught by God.' Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh."

*Deacon* The Gospel of the Lord.  
*Assembly* **Praise to you, Lord Christ.**

The homily directly follows the Gospel because it is grounded in the scriptures. It illuminates the scriptural readings and relates them to daily life.

**HOMILY**

The Reverend Canon Edie Weller

*Following the homily, the assembly is invited into a period of silence, reflecting on the scriptures and sermon. Please stand, as able, when the Presider stands as the liturgy continues.*

The word “creed” comes from the Latin “credo” for “I believe.” First formulated at the Council of Nicaea in 325 CE and confirmed in 381 CE, the Nicene Creed is said at the Holy Eucharist and reflects what Christians believe regarding the relationship between the Father, Jesus, and the Holy Spirit: The Holy Trinity.

**THE NICENE CREED**

*Authorized for use by the 1997 General Convention*

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
through him all things were made.**

**For us and for our salvation  
he came down from heaven,  
was incarnate of the Holy Spirit and the Virgin Mary  
and became truly human.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.**

**On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father,  
who with the Father and the Son is worshiped and glorified,  
who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.**

**We acknowledge one baptism for the forgiveness of sins.**

**We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

We pray for ourselves and particularly on behalf of others. Each week, we pray for the Universal Church, the nation and its leaders, the welfare of the world, the concerns of our community of faith, including those who are in need or suffer, and for the departed. We are reminded in prayer that we are part of a larger fellowship, the Church—the Body of Christ.

**PRAYERS OF THE PEOPLE** *After each petition:*

*Intercessor* God, in your mercy,  
*Assembly* hear our prayer.

*The Presider concludes the prayers with a collect. All respond: Amen.*

## CONFESSION & ABSOLUTION

*Enriching Our Worship 1, p. 56*

*Deacon* Let us confess our sins to God.

*You are invited to stand or kneel for the confession.*

*Deacon* God of all mercy,

**All we confess that we have sinned against you,  
opposing your will in our lives.**

**We have denied your goodness in each other,  
in ourselves, and in the world you have created.**

**We repent of the evil that enslaves us,  
the evil we have done,  
and the evil done on our behalf.**

**Forgive, restore, and strengthen us  
through our Savior Jesus Christ,  
that we may abide in your love  
and serve only your will. Amen.**

*The Presider pronounces God's forgiveness of our sins. All respond: Amen.*

The exchange of peace within the gathered community is an ancient Christian practice. It is a sign of reconciliation, love, and renewed relationships prior to coming to God's table for Eucharist.

## THE PEACE

*Presider* The peace of Christ be always with you.

*Assembly* **And also with you.**

*All greet one another in the name of the Lord.*

# THE LITURGY OF THE TABLE

Having listened to the Word of God, affirmed our faith, confessed our sins, received forgiveness, and shared in the peace, we are prepared for the mystery and miracle of the Holy Communion. At the offertory, we gratefully offer back to God some of what God has given us, symbolically in the bread and wine, and in the money we give.

## OFFERTORY

*An offering of money is received. Everyone participating in worship is invited to make an offering in gratitude for God's generosity. Together, these gifts make possible this community of welcome, reconciliation and service. Those worshipping in person may place their offering in baskets as they are passed through through the rows.*

Visit [saintmarks.org/give](https://saintmarks.org/give), or use the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right). If Venmo asks you for a four-digit code, enter **2076**.



## VOLUNTARY *Organ improvisation*

In the Great Thanksgiving, we do what Jesus himself asked us: thank God and recall all that God has done for us in the life, death, and resurrection of Christ. The Great Thanksgiving, or Eucharistic Prayer, is a lengthy prayer with several intentions. We recount the story of Jesus at the Last Supper, where he took, blessed, broke, and gave bread and wine as sacraments of his body and blood. We begin the Great Thanksgiving with the Sursum corda, meaning “Lift up your hearts.”

*All stand, as able.*

## THE GREAT THANKSGIVING *Eucharistic Prayer 3*

*Enriching Our Worship 1, p. 60*

*Presider* The Lord be with you.

*Assembly* **And also with you.**

*Presider* Lift up your hearts.

*Assembly* **We lift them to the Lord.**

*Presider* Let us give thanks to the Lord our God.

*Assembly* **It is right to give God thanks and praise.**

*Presider* All thanks and praise  
 are yours at all times and in all places,  
 our true and loving God;  
 through Jesus Christ, your eternal Word,  
 the Wisdom from on high by whom you created all things.  
 You laid the foundations of the world  
 and enclosed the sea when it burst out from the womb;  
 You brought forth all creatures of the earth  
 and gave breath to humankind.  
 Wondrous are you, Holy One of Blessing,  
 all you create is a sign of hope for our journey;  
 And so as the morning stars sing your praises  
 we join the heavenly beings and all creation  
 as we shout with joy:

The Sanctus (Holy, Holy, Holy) is the hymn of praise that never ceases before God, based on Isaiah 6:3.

**SANCTUS & BENEDICTUS**

Peter R. Hallock

*Organ* *Everyone*

Ho - ly, ho - ly, ho - ly Lord, God of pow-er and might,  
 heav-en and earth are full of your glo-ry. Ho - san - na in the high - est.  
 Blest is the one who comes in the Name of the Lord. Ho - san - na in the high - est.

A Simple Missa brevis, Copyright 1992, 2021 The Peter R. Hallock Institute, Seattle, Washington.

We recall God's acts of salvation history. The presider says the "Words of Institution" that Jesus said at the Last Supper. At the Memorial Acclamation we remember Christ's death, resurrection, and promise to return at the end of the age. During the prayer, the Holy Spirit is invoked to bless and sanctify the gifts of bread and wine.

*Presider* Glory and honor are yours, Creator of all,  
your Word has never been silent;  
you called a people to yourself, as a light to the nations,  
you delivered them from bondage  
and led them to a land of promise.  
Of your grace, you gave Jesus  
to be human, to share our life,  
to proclaim the coming of your holy reign  
and give himself for us, a fragrant offering.

Through Jesus Christ our Redeemer,  
you have freed us from sin,  
brought us into your life,  
reconciled us to you,  
and restored us to the glory you intend for us.

We thank you that on the night before he died for us  
Jesus took bread,  
and when he had given thanks to you, he broke it,  
gave it to his friends and said:  
"Take, eat, this is my Body, broken for you.  
Do this for the remembrance of me."

After supper Jesus took the cup of wine,  
said the blessing, gave it to his friends and said:  
"Drink this, all of you:  
this cup is the new Covenant in my Blood,  
poured out for you and for all  
for the forgiveness of sin.  
Do this for the remembrance of me."

And so, remembering all that was done for us:  
the cross, the tomb, the resurrection and ascension,  
longing for Christ's coming in glory,  
and presenting to you these gifts  
your earth has formed and human hands have made,  
we acclaim you, O Christ:

***All* Dying, you destroyed our death.  
Rising, you restored our life.  
Christ Jesus, come in glory!**

*Presider* Send your Holy Spirit upon us  
and upon these gifts of bread and wine  
that they may be to us  
the Body and Blood of your Christ.  
Grant that we, burning with your Spirit's power,  
may be a people of hope, justice and love.

Giver of Life, draw us together in the Body of Christ,  
and in the fullness of time gather us  
with blessed Mary, Mark, and all your people  
into the joy of our true eternal home.

Through Christ and with Christ and in Christ,  
by the inspiration of your Holy Spirit,  
we worship you our God and Creator  
in voices of unending praise.  
Blessed are you, now and for ever.

**All AMEN.**

We pray together the prayer that Jesus taught his disciples to pray. The link between our daily bread and the spiritual food we receive in the Eucharist is an ancient connection.

#### **THE LORD'S PRAYER**

**All Our Father in heaven,  
hallowed be your Name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those  
who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.**

*In silence, the Presider breaks the consecrated bread.*

#### **THE BREAKING OF THE BREAD**

Mode 6 melody; adapt. Mason Martens (b. 1933)

*The cantor introduces the Antiphon, all repeat it. The cantor chants the verses, all repeat the Antiphon as indicated.*



The dis - ci - ples\_\_ knew the Lord Je - sus in the break - ing\_\_ of the bread.

*Verse:* The bread which we break, alleluia, is the communion of the body of Christ. **ANTIPHON**

*Verse:* One body are we, alleluia, for though many we share one bread. **ANTIPHON**

## **INVITATION TO COMMUNION**

*Presider* The Gifts of God for the People of God.

*All may be seated for the time of Communion. All seeking God are welcome at Christ's Table.*

*Please follow the directions of the Liturgical Ministers. Bread and wine are distributed at standing stations at the head of three aisles. The bread will be placed into your outstretched palm. If you prefer a gluten-free wafer, simply ask for one at the time of Communion. If you wish to receive a blessing instead, please cross your arms in front of your chest.*

*Intinction (dipping the bread in the wine) is not available at this time. If you do not wish to drink from the common cup, please cross your arms in front of your chest as you pass by the chalice. The full grace of the sacrament is received with only the bread.*

**VOLUNTARY** *Organ improvisation*

**HYMN 341** *For the bread which you have broken ♦ The Hymnal 1982*

*Omni die*

*After communion, the assembly is invited to remain seated for a period of silence, contemplating the gifts of God given and received.*

From the earliest days of the Church, members of the congregation took bread to those who were ill or could not be present in person.

*All stand, as able.*

**SENDING OF EUCHARISTIC VISITORS**

*Presider* One body are we.

*Assembly* **For, though many, we share one bread and one cup.**

*Deacon* Go in peace, bearing holy gifts for holy people.

**POSTCOMMUNION PRAYER**

*Enriching Our Worship 1, p. 69*

*Presider* God of abundance,

*All* **you have fed us**

**with the bread of life and cup of salvation;**

**you have united us**

**with Christ and one another;**

**and you have made us one**

**with all your people in heaven and on earth.**

**Now send us forth**

**in the power of your Spirit,**

**that we may proclaim your redeeming love to the world**

**and continue for ever**

**in the risen life of Christ our Savior. Amen.**

**BLESSING** *The Presider asks God's blessing on the assembly. All respond: Amen.*

**HYMN 593** *Lord, make us servants of your peace ♦ The Hymnal 1982*

*Dickinson College*

**DISMISSAL** *The Deacon dismisses the assembly; all respond: Thanks be to God.*

**VOLUNTARY** *Joyful, Joyful*

*Emma Lou Diemer*

# MINISTERS OF THE LITURGY

## **PRESIDER**

The Rev. Canon Richard C. Weyls

## **PREACHER**

The Rev. Canon Edie Weller

## **DEACON**

The Rev. Earl Grout

## **ASSISTING LAY MINISTER**

Alison Leary Estep

## **VERGERS**

Theresa Barker

Alexandra Thompson

## **ACOLYTE**

Elli Howard

## **GREETER**

Marjorie Ringness

## **USHERS**

Eliza Davidson, Randy Urmston

## **OBLATION BEARERS**

Michael & Loy Dahl

## **LAND ACKNOWLEDGMENT**

Norm Harris

## **LECTORS**

Carlo Cennamo, Norm Harris

## **INTERCESSOR**

Carlo Cennamo

## **SOUND BOARD**

TBD

## **MUSICIANS**

Josette Falzone, *cantor*

Dr. Stephen Price, *organist*

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# CATHEDRAL NEWSLETTER

NEWS, ANNOUNCEMENTS, OFFERINGS & EVENTS... ON SUNDAYS AND BEYOND

August 11, 2024 ♦ The Twelfth Sunday after Pentecost



More details can be found  
in the email newsletter.

Scan the QR code, or visit:  
[saintmarks.org/newsletter](http://saintmarks.org/newsletter)

## ANNOUNCEMENTS

### Hunger Offering Today

On the second Sunday of the month a special offering is collected to support several food programs in the Seattle area. Please give generously in the boxes in the rear of the nave, or electronically. Choose "Hunger offering" on [saintmarks.org/give](http://saintmarks.org/give), or use Venmo (information on the back page of the leaflet) and write "Hunger Offering" in the memo line.

This ministry is currently helping the following hunger programs: Ballard Food Bank, Lifelong AIDS Alliance, Pike Market Food Bank, Immanuel Community Services, The Food Bank @ St. Mary's, and St. Brigid's Banquet. Contact Vicky Greenbaum to learn more or to get involved: [vgreenbaum1@gmail.com](mailto:vgreenbaum1@gmail.com)

### In Gratitude for the Ministry of The Most Rev. Melissa Skelton as Bishop Provisional of the Diocese of Olympia

SUNDAY, SEPTEMBER 1, 4:30-6:30 P.M.

Join us for Choral Evensong with gift presentation, reception to follow. Officiant: The Very Rev. Steven L. Thomason, Cathedral Dean, Preacher: The Rev. Phil LaBelle, Bishop-Elect.

### "Remember Your Baptism!" An Intergenerational Pilgrimage

SATURDAY, SEPTEMBER 7, 1:30-4:30 P.M.

In the baptism rite, parents and godparents of younger children are asked "by your prayers and witness will you help this child to grow into the full stature of Christ? Adult baptizands have sponsors, too, and the entire community is asked if we will "do all in your power to support these persons in their life in Christ?" Living into our baptism, then, is a lifelong pilgrimage. On Saturday, September 7, 2024, from 1:30 to 4:30 pm, Saint Mark's Cathedral invites parents, godparents, sponsors, and those baptized of every

generation to make a pilgrimage to your cathedral where we consider the fortifying qualities of baptismal waters that mark us sacramentally and indelibly as Christ's own forever. Those who gather will be invited to explore what it means to have inquiring and discerning hearts across a lifetime, the courage and will to persevere, a spirit to know and to love God, and to have joy and wonder in all God's works of creation, including you and me. Wherever you are on your spiritual journey, you are welcome here!

There will be reflection and activity stations for all ages (including the splash mat, weather permitting!). At 3 pm, we will gather at the font to renew our baptismal covenant in community.

### Saint Mark's Writers' Salon

SATURDAY, SEPTEMBER 7, 2-5 P.M., IN LEFFLER HOUSE

The members of Saint Mark's Writer's Group invite you to join us at our first in-person Salon, to listen to, and/or share writing from the heart and soul. We welcome 20's/30's, 40's/50's, and Third Acters (60 plus). You may bring an original work, or a work by a favorite author. 5-7 minutes. If you have a piece you would like to share but are shy to read to the group, one of us can read it for you. If you plan to attend and just be an audience, that is great. If you want to read please submit your request to Elizabeth Clark-Stern: [ecstern@yahoo.com](mailto:ecstern@yahoo.com). This is not an audition, just a way to keep track of how many readers we can expect. Everyone please bring a simple snack to share. There will be time for community, laughter, and joy!

### Cathedral Tour & Recital Today

TOUR: 12:30 P.M., MEET AT THE BAPTISMAL FONT

RECITAL: 1:30 P.M. IN THE CATHEDRAL NAVE

As part of the summer *Sacred Spaces* offerings, a docent-led tour will be offered following the 11 a.m. service this morning (and each Sunday through August 18). The tour includes Thomsen Chapel, the crypt, and the columbarium. Following the tour, at 1:30 p.m., a 30-minute recital by multi-instrumentalist and community member James Falzone.



## TODAY

### Today's Guest Organist: Dr. Stephen C. Price

We welcome Dr. Stephen C. Price, guest organist while Canon Kleinschmidt is on vacation and John Stuntebeck is accompanying The Compline Choir as organist on their UK pilgrimage. Read more about Dr. Stephen C. Price in the email newsletter.

The **splash pad** is again available outside on the front lawn this morning! Everyone is welcome to get a little wet to cool off—kids, youth, and the young at heart!

### The Women's Compline Choir of Saint Mark's Cathedral

**TWO MORE SUNDAYS: AUGUST 11, & 18, 9:30 P.M., IN THE CATHEDRAL NAVE, BROADCAST, AND LIVESTREAMED**

This Sunday, the Women's Compline choir will return to the Compline corner with a liturgy celebrating the 100th anniversary of Peter Hallock's birth and his gift of music to St. Mark's and beyond. The women will sing one of the few pieces Peter composed for treble voices, *I am Wisdom*, accompanied by Naomi Kato, harp and Sheila Bristow, organ. The choir will also offer psalmody composed by Hallock, *Let my prayer arise* by Dimitri Bortniansky, and *Jesus Christ the apple tree* by Alice Parker. Join in person in the cathedral nave, tune in on KING 98.1 FM, or join via livestream.

## UPCOMING EVENTS

**Cathedral Yoga** will meet as usual at 6:30 p.m. on **Monday, August 12**. Please note that the main doors of the cathedral will open at 6 p.m., and then be **locked at the beginning of class at 6:30**. Opportunity for a **cathedral tour** (part of *Sacred Spaces* summer cathedral offerings) will follow the conclusion of class.

The Third Actors Retirees Group will gather on Zoom for a monthly check-in and chat on **Tuesday, August 13, 3 p.m.** For the link, email: [kminsch@gmail.com](mailto:kminsch@gmail.com)

### Art Making Workshop

**WEDNESDAY, AUGUST 14, 2:15 P.M., IN BLOEDEL HALL**

All ages and abilities are invited to a Wednesday afternoon art making workshop with our Sacred Spaces Artist-in-residence Sandy Nelson.

### 20s/30s Group Sunday Scripture Time

**SUNDAY, AUGUST 18, 1:30-3:30 P.M.**

All 20s/30s are invited to join for summer meetings on alternate Sundays to gather together, discuss a passage of scripture, share a bite to eat, and pray for one another through the summer months. The meetings rotate hosts and locations each time. Email Adrienne at [adriennehub@gmail.com](mailto:adriennehub@gmail.com) for more information.

### Night Prayer with Music from Taizé on the Labyrinth

**WEDNESDAY, AUGUST 21, 7 P.M.-8 P.M., OUTSIDE ON THE LABYRINTH AND FRONT LAWN**

All ages are welcome to join the 20s/30s group for an outdoor evening of music and prayer. Using *Night Prayer* from the New Zealand Prayer Book as our guide, we will end our day gathering on the Labyrinth in front of Saint Mark's. We will also intersperse simple singing together inspired by music from Taizé and other short refrains. If you play an outdoor appropriate instrument and want to join in helping to make music you are welcome to join! Musicians are invited to gather early at 6 p.m. to review the songs - melody and chords will be provided. We will stay afterward for casual social time. Feel free to bring some cookies to share!

## EAT! PLAY! LOVE! 2024 SACRED JOURNEYS

**FRIDAY, AUGUST 23, 5-8 P.M. (INCLUDES DINNER) AND SATURDAY, AUGUST 24, 10 A.M.-1 P.M. (INCLUDES LUNCH); REGISTRATION REQUIRED.**

First offered in the summer of 2019, *Eat! Play! Love! (Not Your Average Bible Study)* is an intergenerational opportunity to share a meal, learn, explore, and have fun together at the cathedral. This year's theme is **Sacred Journeys**—in scripture and in our own lives. Through story, conversation, art, music, making, and more, we'll explore the stories of **Abraham and Sarah** and **The Boy Jesus in the Temple at Jerusalem**. Everyone will come together over Friday dinner and Saturday lunch. Both days conclude with a time of prayer together: the beloved music liturgy known as *Holden Evening Prayer* on Friday night, and a brief sending liturgy on Saturday afternoon. Register to participate both days or just one or the other. More information and the registration link at: [saintmarks.org/community](http://saintmarks.org/community)

## Wisdom School Opening Plenary: A Spirituality of Hope and Healing

WEDNESDAY, SEPTEMBER 18, 2024, 6:45-8:15 P.M., (AS CATHEDRAL COMMONS) IN PERSON IN BLOEDEL HALL AND ONLINE VIA ZOOM.

Drawing on his decades of experience as a hospice physician and parish priest, Dean Thomason will explore a spirituality of hope, as a virtue worthy of practice especially in challenging times, and a spirituality of healing, as the prevailing gift of peace that comes to those who lean into newfound creativity and freedom.

Program is free; optional community dinner at 6 p.m. (\$8/adult; \$25/family max)

## Youth Acolyte Ministry

Saint Mark's is expanding its youth acolyte ministry. We are looking for crucifer & torchbearers. Kids! Are you between 3rd - 12th grade? Can do a one-time training that lasts 30 minutes? Arrive 30 minutes before a service? Are you in choir? You can still be an acolyte. Send an email to [lit-min@saintmarks.org](mailto:lit-min@saintmarks.org) with questions. Families can sign up their children to acolyte using this QR code.



## OTHER ANNOUNCEMENTS

**Tuesday Bible Study** is on hiatus in August. It will resume on September 10.

## An Invitation to Apply to The Center for Spirituality and Action

DEADLINE TO APPLY: AUGUST 12

Dean Thomason invites members of the cathedral community to prayerfully consider applying to join the inaugural cohort of the The Center for Spirituality and Action (CSA), a new ministry of Saint Mark's launching this fall and based in Leffler House. Please carefully review the information on [saintmarks.org/learn/center-for-spirituality-and-action](http://saintmarks.org/learn/center-for-spirituality-and-action) including the individual pages on what the group's plan for study and prayer might look like, and what form its action and service in the world could take. Then visit [saintmarks.org/csa-apply](http://saintmarks.org/csa-apply) to download an application. The deadline to submit an application is August 12, and the group will begin gathering in September.

## Wisdom School 2024/25 Program Year Schedule Announced

Saint Mark's Cathedral is happy to announce the 2024/25 schedule of offerings from The Wisdom School at Saint Mark's. Highlights include the Rev. Phil Labelle—Bishop-Elect of the Diocese of Olympia, Debie Thomas, Dr. Joseph Benton Howell, The Rev. Dr. Hillary Raining, an icon writing workshop, Men's and Women's Retreats, Wisdom Practice Days, and internationally renowned presenter Pádraig Ó Tuama. Watch out for a brochure arriving in your mailbox shortly, pick up a brochure in the cathedral narthex (entryway), or check out the complete schedule and descriptions here:

[saintmarks.org/learn/wisdom-school](http://saintmarks.org/learn/wisdom-school).

## Sacred Spaces: Summer at Saint Mark's

MONDAYS, WEDNESDAYS, & SUNDAYS, JULY 8-AUGUST 18

The cathedral's suite of summer offerings, *Sacred Spaces*, has begun and continues through August 18 on Mondays, Wednesdays, and Sundays:

◆ **MONDAYS, 5-9 P.M.**

Extended evening open hours and a docent-led tour following Cathedral Yoga.

◆ **WEDNESDAYS, 9:30 A.M.-4:30 P.M.**

Open hours all day, Noonday Prayer, 12:30 docent-led tour, 1:30 guest recitalist.

◆ **SUNDAYS, 12:30-2:30 P.M.**

Leffler Garden open until 1 p.m., Docent-led tour follows the 11 a.m. service, 1:30 guest recitalist.

**Available whenever the cathedral is open:** art installations, children's corner, labyrinth resources, self-guided tour, and more. Special pop-up events and experiences are planned—stay tuned for details in the coming weeks. For more information, visit: [saintmarks.org/sacredspaces](http://saintmarks.org/sacredspaces)



## Supporting Tent City 3

Tent City 3 will be in residence in the lower parking lot until early September. The whole community of Saint Mark's is invited to participate in supporting our guests while they are here. Donations can be dropped off at any time. (See a list of requests at: [sharewheel.org/tent-city-3](http://sharewheel.org/tent-city-3)) Saint Mark's Meal Sharing Ministry are preparing breakfast each Sunday morning. Email to get involved: [mealministry@saintmarks.org](mailto:mealministry@saintmarks.org)



Wherever you are on your spiritual journey, you are welcome here.

**SUNDAY SERVICES**

\* indicates livestreamed services

8 A.M.

The Holy Eucharist, Thomsen Chapel

9 A.M.

The Holy Eucharist, Cathedral Nave

11 A.M.

\* The Holy Eucharist, Cathedral Nave

4:30 P.M.

\* Choral Evensong, Cathedral Nave  
first Sunday of the month only, October–June.

7 P.M.

Contemplative Eucharist, Thomsen Chapel  
On hiatus June, July, & August. Resumes September 8.

9:30 P.M.

\* Compline, Cathedral Nave  
also broadcast live on Classical KING-FM 98.1

**WEEKDAY OFFERINGS**

MONDAY–FRIDAY, 7:30 A.M.

MONDAY–FRIDAY, 6 P.M.

The Daily Office online via Zoom only.  
Find the link at: [saintmarks.org/prayer](http://saintmarks.org/prayer)

MONDAY, 6:30 P.M.

Cathedral Yoga  
in the cathedral nave: [saintmarks.org/yoga](http://saintmarks.org/yoga)

TUESDAY, 12 P.M.

Bible Study via Zoom: [saintmarks.org/classes](http://saintmarks.org/classes)

TUESDAY, 7 P.M.

Contemplative Prayer in the cathedral nave  
On hiatus June, July, & August. Resumes September 10.  
a \* Taizé service replaces Contemplative Prayer  
on October 1 & November 19.

THURSDAY, 7 A.M.

Holy Eucharist in Thomsen Chapel,  
1<sup>st</sup>/3<sup>rd</sup>/5<sup>th</sup> Thursdays only

Morning Prayers online via Zoom  
2<sup>nd</sup>/4<sup>th</sup> Thursdays. [saintmarks.org/prayer](http://saintmarks.org/prayer)

Weekday services are occasionally canceled due to holidays or conflicts. Check the cathedral events calendar at [saintmarks.org/calendar](http://saintmarks.org/calendar)

**CATHEDRAL OFFICE HOURS**

MONDAY–FRIDAY, 9 A.M.–4:30 P.M.

Main office number: 206.323.0300  
General email: [info@saintmarks.org](mailto:info@saintmarks.org)

**PASTORAL CARE**

For urgent spiritual concerns after hours, call or text a priest on their personal cell phone. Parishioners can find these numbers via the online Parish Directory, the ChurchLife mobile app, or by contacting the office. For non-urgent needs after hours, call the main office number 206.323.0300 and leave a message.

**NEWSLETTERS**

A number of special email newsletters and announcements are sent out regularly by the cathedral, including those for Liturgical Ministries, 20s/30s Group, Mideast Focus, Creation Care, and more. You can sign up for each list individually. Find the link at: [saintmarks.org/newsletter](http://saintmarks.org/newsletter)

**SAINT MARK'S ONLINE**

The cathedral website contains a great deal of information and resources, including archive videos of all livestreamed services, audio recordings and written transcripts of sermons, a calendar of events, a directory of cathedral ministries, and much more: [saintmarks.org](http://saintmarks.org)

The “Community Life” page on the website contains events, reports, personal reflections, and more: [saintmarks.org/community](http://saintmarks.org/community)

Please follow the cathedral on social media:

- Facebook: SaintMarksSeattle
- Instagram: saintmarksseattle
- YouTube: @saintmarksseattle

**CATHEDRAL LEADERSHIP & STAFF**

The Very Rev. Steven L. Thomason, Dean & Rector . . . . . sthomason@saintmarks.org  
The Rev. Canon Richard C. Weyls, Canon for Community Life . . . . . rweyls@saintmarks.org  
The Rev. Earl Grout, Deacon . . . . . egrout@saintmarks.org  
Alison Estep, Seminarian/Ministerial Intern

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Micah Clark, On-site Cathedral Caretaker & Security Manager . . . . . mclark@saintmarks.org

**VESTRY**

**DEAN & RECTOR** The Very Rev. Steven L. Thomason; **BISHOP'S REPRESENTATIVE** Canon Valerie Reinke; **SENIOR WARDEN** Greg Hamm; **JUNIOR WARDENS** Peter Snyder, Phillip Haas, Julia Logan; **VESTRY MEMBERS** Scott Hulet, Wayne Duncan, Kristen Kelly, Justin Mills, Doug Thorpe, Alexandra Thompson, Martha Craig, Christopher Breunig; **DIOCESAN VESTRY MEMBERS** Tina Blondino, Becky Kacel, The Rev. Gail Wheatley; **CHANCELLOR** Re Knack; **CLERK** Barbara Erickson; **TREASURER** Lynne Cobb

**NEWCOMERS**

You are welcome to all aspects of the life of this cathedral! Please help us know how best to serve you by completing a Visitor Card in the cathedral nave, or by using the form at [saintmarks.org/newcomers](http://saintmarks.org/newcomers). Contact the welcome team at: [newcomers@saintmarks.org](mailto:newcomers@saintmarks.org)



**PRAYER LIST**

The complete cathedral prayer list, including recent and long-term prayer requests, as well as the Anglican, Diocesan, and Cathedral cycles of prayer, is posted each week at: [saintmarks.org/prayer](http://saintmarks.org/prayer)



**DONATIONS**

You may make a donation to Saint Mark's at any time using the electronic giving page at [saintmarks.org/give](http://saintmarks.org/give), or using the Venmo mobile app—scan the code, or search for @SaintMarksCathedralSeattle

