



SAINT MARK'S  
EPISCOPAL CATHEDRAL  
SEATTLE, WASHINGTON

# THE HOLY EUCHARIST

THE TWENTY-FIRST SUNDAY AFTER PENTECOST:

PROPER 23B

October 13, 2024

8:00 AM





#### LAND ACKNOWLEDGMENT & WELCOME

*Saint Mark's Cathedral acknowledges that we gather on the traditional land of the first people of Seattle, the Duwamish People, who are still here, and we honor with gratitude the land itself and the life of all the Coast Salish tribes.*

#### QUESTIONS?

*Please ask one of the liturgical ministers. Restrooms are available in the narthex; all-gender restrooms are available in the northwest stairwell of the nave and on the 5th floor of Cathedral House, accessible by the elevator or southwest stairwell.*

#### NEW TO SAINT MARK'S?

*Welcome to Saint Mark's Cathedral. Wherever you are on your spiritual journey, you are welcome here! We invite you to complete a newcomer form, visit [saintmarks.org/newcomers](http://saintmarks.org/newcomers) or connect with one of the clergy.*

#### ABOUT THE LITURGY

*Worship lies at the heart of the Christian life. It is in worship that we express our theology and define our identity. We encounter God within worship and are formed and transformed as the people of God. One of the hallmarks of the Episcopal Church is its liturgical worship. Liturgy literally is "the work of the people," and refers to the patterns, forms, words, and actions through which public worship is conducted.*

# THE LITURGY OF THE WORD

**PRELUDE**     *Dies sind die heiligen zehen Gebot* [These are the holy Ten Commandments], BWV 679     J.S. Bach

## LAND ACKNOWLEDGMENT

*All stand, as able.*

**HYMN 680**     *O God, our help in ages past* [verses 1, 2, 3]     ♦     *The Hymnal 1982*     TUNE: *St. Anne*

## OPENING ACCLAMATION

*The Book of Common Prayer* (1979), p. 355

*Presider*     Blessed be God: Father, Son, and Holy Spirit.

*Assembly*     **And blessed be God's kingdom, now and for ever. Amen.**

## COLLECT FOR PURITY

*Presider*     **A**Lmighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

*All*     **Amen.**

**GLORIA**

*Presider* Glory to God in the highest,  
*Assembly* and peace to his people on earth.

**Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.**

**For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father. Amen.**

**COLLECT OF THE DAY** *Proper 23*

*The Book of Common Prayer (1979), p. 234*

*Presider* The Lord be with you.  
*Assembly* **And also with you.**  
*Presider* Let us pray.

**L**ORD, we pray that your grace may always precede and follow us, that we may continually be given to good works; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.

**All Amen.**

*Please be seated for the readings.*

**READING***Amos 5:6–7, 10–15*

**S**E EK the LORD and live,  
or he will break out against the house of Joseph like fire,  
and it will devour Bethel, with no one to quench it.  
Ah, you that turn justice to wormwood,  
and bring righteousness to the ground!

They hate the one who reproves in the gate,  
and they abhor the one who speaks the truth.  
Therefore, because you trample on the poor  
and take from them levies of grain,  
you have built houses of hewn stone,  
but you shall not live in them;  
you have planted pleasant vineyards,  
but you shall not drink their wine.  
For I know how many are your transgressions,  
and how great are your sins—  
you who afflict the righteous, who take a bribe,  
and push aside the needy in the gate.  
Therefore the prudent will keep silent in such a time;  
for it is an evil time.

Seek good and not evil,  
that you may live;  
and so the LORD, the God of hosts, will be with you,  
just as you have said.  
Hate evil and love good,  
and establish justice in the gate;  
it may be that the LORD, the God of hosts,  
will be gracious to the remnant of Joseph.

*Reader* Hear what the Spirit is saying to God's people.

*Assembly* **Thanks be to God.**

**PSALM***Psalm 90:12–17**The Book of Common Prayer (1979), p. 717**Please join the lector in reading the Psalm aloud, starting after the first asterisk.*

**S**O TEACH us to number our days \*  
 that we may apply our hearts to wisdom.

Return, O LORD; how long will you tarry? \*  
 be gracious to your servants.

Satisfy us by your loving-kindness in the morning; \*  
 so shall we rejoice and be glad all the days of our life.

Make us glad by the measure of the days that you afflicted us \*  
 and the years in which we suffered adversity.

Show your servants your works \*  
 and your splendor to their children.

May the graciousness of the LORD our God be upon us; \*  
 prosper the work of our hands;  
 prosper our handiwork. ♦

**READING***Hebrews 4:12–16*

**T**HE word of God is living and active, sharper than any two-edged sword, piercing until it divides soul from spirit, joints from marrow; it is able to judge the thoughts and intentions of the heart. And before him no creature is hidden, but all are naked and laid bare to the eyes of the one to whom we must render an account.

Since, then, we have a great high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast to our confession. For we do not have a high priest who is unable to sympathize with our weaknesses, but we have one who in every respect has been tested as we are, yet without sin. Let us therefore approach the throne of grace with boldness, so that we may receive mercy and find grace to help in time of need.

*Reader* Hear what the Spirit is saying to God's people.

*Assembly* **Thanks be to God.**

*All stand, as able.*

**THE HOLY GOSPEL** *Mark 10:17-31*

*Presider* The Holy Gospel of our Lord Jesus Christ according to Mark.

*Assembly* **Glory to you, Lord Christ.**

**A**S JESUS was setting out on a journey, a man ran up and knelt before him, and asked him, “Good Teacher, what must I do to inherit eternal life?” Jesus said to him, “Why do you call me good? No one is good but God alone. You know the commandments: ‘You shall not murder; You shall not commit adultery; You shall not steal; You shall not bear false witness; You shall not defraud; Honor your father and mother.’” He said to him, “Teacher, I have kept all these since my youth.” Jesus, looking at him, loved him and said, “You lack one thing; go, sell what you own, and give the money to the poor, and you will have treasure in heaven; then come, follow me.” When he heard this, he was shocked and went away grieving, for he had many possessions.

Then Jesus looked around and said to his disciples, “How hard it will be for those who have wealth to enter the kingdom of God!” And the disciples were perplexed at these words. But Jesus said to them again, “Children, how hard it is to enter the kingdom of God! It is easier for a camel to go through the eye of a needle than for someone who is rich to enter the kingdom of God.” They were greatly astounded and said to one another, “Then who can be saved?” Jesus looked at them and said, “For mortals it is impossible, but not for God; for God all things are possible.”

Peter began to say to him, “Look, we have left everything and followed you.” Jesus said, “Truly I tell you, there is no one who has left house or brothers or sisters or mother or father or children or fields, for my sake and for the sake of the good news, who will not receive a hundredfold now in this age—houses, brothers and sisters, mothers and children, and fields with persecutions—and in the age to come eternal life. But many who are first will be last, and the last will be first.”

*Presider* The Gospel of the Lord.

*Assembly* **Praise to you, Lord Christ.**

**HOMILY**

The Rev. Canon Emily Griffin

*All stand, as able.*

**THE NICENE CREED**

*The Book of Common Prayer (1979), p. 358*

We believe in one God,  
the Father, the Almighty,  
Maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary;  
and was made man.

For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

**PRAYERS OF THE PEOPLE** *After each petition:*

*Intercessor* God, in your mercy,  
*Assembly* hear our prayer.

*The Presider concludes the prayers with a collect. All respond: Amen.*

## CONFESSION & ABSOLUTION

*Presider* Let us confess our sins against God and our neighbor.  
*You are invited to stand or kneel for the confession.*

*Presider* Most merciful God,  
**All we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.**

*The Presider pronounces God's forgiveness of our sins. All respond: Amen.*

## THE PEACE

*Presider* The peace of the Lord be always with you.  
*Assembly* **And also with you.**  
*All greet one another in the name of the Lord.*

## OFFERTORY SENTENCE

*During the Fall Stewardship Appeal, we invite everyone present for worship to say the following Offertory sentence together as we turn to the Liturgy of the Table, giving thanks to God for the sacred meal we are about to share. We are invited to present our offerings in thanksgiving for the blessings of this life.*

**All All that we are and all that we have comes from God.  
Let us offer our gifts of life and labor to God with grateful hearts.**

# THE LITURGY OF THE TABLE

## OFFERTORY

*An offering of money is received. All worshipping in person are invited to place their offering in the plates as they are passed through through the rows.*

*For electronic giving options, visit [saintmarks.org/give](https://saintmarks.org/give), or use the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right), or visit this link on your mobile device: <https://venmo.com/saintmarkscathedalseattle>. If Venmo asks you for a four-digit code, enter **2076**.*



*All stand, as able.*

**THE GREAT THANKSGIVING** *Eucharistic Prayer B*

*The Book of Common Prayer (1979), p. 367*

*Presider* The Lord be with you.

*Assembly* **And also with you.**

*Presider* Lift up your hearts.

*Assembly* **We lift them to the Lord.**

*Presider* Let us give thanks to the Lord our God.

*Assembly* **It is right to give God thanks and praise.**

*Presider* It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. For you are the source of light and life, you made us in your image, and called us to new life in Jesus Christ our Lord. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

**All Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is the one who comes in the name of the Lord.**

**Hosanna in the highest.**

*Presider* We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After Supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

**All We remember his death,  
we proclaim his resurrection,  
we await his coming in glory;**

*Presider* And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Mary, Mark, and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

*Presider* By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

**All AMEN.**

#### **THE LORD'S PRAYER**

**All** Our Father in heaven,  
hallowed be your Name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those  
who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.

#### **THE BREAKING OF THE BREAD**

*Presider* Alleluia. Christ our passover is sacrificed for us.

*Assembly* Therefore let us keep the feast. Alleluia.

#### **INVITATION TO COMMUNION**

*Presider* The Gifts of God for the People of God.

*All seeking God are welcome at Christ's Table.*

*If you need communion brought to your seat, please let any of the liturgical ministers know.*

*Rice wafers for those who do not eat wheat are available; simply ask for one at the time of communion.*

- ◆ *You are welcome to stand or kneel to receive communion.*
- ◆ *Hold out your hand to receive the bread and then eat. Guide the chalice of wine to your mouth and then drink.*
- ◆ *Intinction (dipping the bread in the wine) is not available at this time.*
- ◆ *To receive a blessing instead of the bread or wine, simply cross your arms over your chest.*

*All stand, as able.*

**POSTCOMMUNION PRAYER**

*The Book of Common Prayer (1979), p. 365*

*Presider* Eternal God,  
*All* **heavenly Father,**  
you have graciously accepted us  
as living members  
of your Son our Savior Jesus Christ,  
and you have fed us with spiritual food  
in the Sacrament of his Body and Blood.  
Send us now into the world in peace,  
and grant us strength and courage  
to love and serve you  
with gladness and singleness of heart;  
through Christ our Lord. Amen.

**BLESSING** *The Presider asks God's blessing on the Assembly. All respond: Amen.*

**HYMN 707** *Take my life, and let it be consecrated* ♦ *The Hymnal 1982*

TUNE: *Hollingside*

**DISMISSAL**

*Presider* Let us go forth in the name of Christ.  
*Assembly* **Thanks be to God.**

**VOLUNTARY** *Dies sind die heiligen zehen Gebot* [These are the holy Ten Commandments], BWV 635 J.S. Bach

## MINISTERS OF THE LITURGY

**PRESIDER & PREACHER**  
The Rev. Canon Emily Griffin

**CHALICE BEARER**  
Kerry Allman

**LECTOR & INTERCESSOR**  
Mary Dickinson

**ORGANIST**  
John Stuntebeck

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