

**Recommended Reading List for Saint Mark's Celtic Pilgrimage
Scotland/Northern England, July 2022**

Newell, John Phillip, Listening for the Heartbeat of God: A Celtic Spirituality, Paulist Press, New York, NY, 1997. *Former warden of Iona Abbey, Newell now leads the School of Celtic Consciousness and writes extensively. He has several other books, but this is still considered his magnum opus through which he has inspired millions to a deeper appreciation of creation, God and self as One.*

O'Donohue, John, Anam Cara: A Book of Celtic Wisdom, Harper Perennial, New York, NY, 1997. *Anam Cara is literally "holy friendship" and embodies God's design for all creation, for communities of faith, and for us as fellow pilgrims on the way. John is a late Irish Catholic priest and spiritual guide with deep roots in Celtic spirituality. His writings and poetry are sublime.*

Chittister, Joan, Wisdom Distilled from the Daily: Living the Rule of St. Benedict Today, Harper San Francisco, 2009. *Benedictine nun and theologian Joan Chittister reflects on the values of Benedictine spirituality – community, hospitality, stability, and more – and applies the depth, wisdom and insight of the tradition to our modern, daily life. Her writing is compassionate, frank, and often moving as she grapples with the big questions of our time – and all times.*

De Waal, Esther, The Celtic Way of Prayer, Hodder & Stoughton, UK, 2003, **Introduction and Chapter 1**. *De Waal is a scholar and practitioner of both Celtic and Benedictine spirituality and has great appreciation for how they have informed the Anglican tradition. This book explores some of the distinctive characteristics of the Celtic tradition, offering lovely prayers and metaphors along the way. A pdf copy of the introduction and Chapter 1: Journeying are attached to this email.*

Optional Reads:

Bede: Ecclesiastical History of the English People, translated by Leo Sherley-Price and D. H. Farmer, Penguin Classics, Random House, UK, 1995. *We will visit the tomb of St. Bede in Durham Cathedral, and possibly Jarrow and the ancient church of his monastic life. His writings are singularly important in conveying the history of early Celtic missions in England and Scotland, and we are deeply indebted to him. Note: It is church history...*

Tristram, K., The Story of Holy Island: An Illustrated History, Canterbury Press, Norwich, 2009. *Kate is a retired Anglican priest who has lived on the Holy Island of Lindisfarne since the 1940s and is as knowledgeable as any about the history and mystery of this special island. Steve spent an hour with her in August 2019, in the chancel of a 12th C. church, as she regaled us with witty banter and rich stories.*

Marcus, Clare Cooper, Iona Dreaming: The Healing Power of Place, A Memoir, Nicholar-Hayes, Inc., Lake Worth, FL, 2010. *An interesting reflection on her six-month solitary retreat on Iona, but more broadly, she develops an inspiring treatise on the role that place can play in spiritual healing as one unfolds into authenticity informed by her surroundings and the practice of presence there.*

Pemberton, C., Soulfaring: Celtic Pilgrimage Then and Now, Morehouse Publishing, Harrisburg, PA, 1999. *The author traces the history of pilgrimage to the sites we will visit—from early Celtic monks to Medieval and modern pilgrims who all search for the transformative experience of the Holy in these sacred places. She offers her personal meditations along the way as well.*